



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	19	September	2019		31	December	2020

Section A Reference and administration details

Charity name **Empower Squash Foundation**

Other names charity is known by **Previously Empower Squash Academy**

Registered charity number (if any) **1185427**

Charity's principal address **1257 Bristol Road South**

Northfield, Birmingham

West Midlands

Postcode **B31 2SW**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deon Saffrey	Chair		
2	Lynn Paino		December 2019 to present	
3	Dr David Green			
4	Laura Surridge		Left April 2020	
5	Ginny Lee		June 2021 to present	
6	Sarah Ann Moore	Treasurer	December 2019 to present	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser Name Address

N/A

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation
Select invitation from existing trustees based on skills/ experience

Trustee selection methods
(eg. appointed by, elected by)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are the promotion of community participation in healthy recreation for the benefit of young people across the UK by the provision of facilities for playing squash.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Empower Squash Foundation ('Empower' or 'the Charity') is the Midland's first squash, education and nutrition program founded in 2019 and registered in September 2019 as a charity (no. 1185427).

The Charity provides an after-school program which focuses on squash, life lessons and nutrition for children from income-deprived families. This program has been adopted based on a successful and proven model used for over 20 years in the United States.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

MISSION:
Empower Squash Foundation is dedicated to providing a better future to the lives of underserved youth throughout the Midlands with a combined approach of squash, education and nutrition.

GOALS:

- To introduce children to a game they would never have been able to otherwise access
- To help raise their academic performance
- To provide a safe space to the often unpredicted home life environment
- Increase participation to the game of squash
- To have a lasting impact on the students in our program

Summary of the main achievements of the charity during the year

- Empower partnered with Lozells School – in the first year of our operation 14 girls were able to come and take part in the coaching program once a week for 2 hours. The girls were introduced to the game of squash and from the onset enjoyed training and learning about the health and benefits of the sport.
- In addition to the core squash coaching, the girls were supported with extra academic needs by their teachers who attended with them and received focused tutoring related to the valuable life lessons available through participation in sport.
- Empower sponsored an Empower Mini-Series squash tournament which allowed girls from our program the chance to take part in a tournament with children from other clubs/ community squash programs.
- Empower arranged an Exhibition Squash event involving several of the top 10 female players in the world. This event raised valuable funds for the program through ticket sales and related donations, but also allowed the demonstration of world class squash to our program participants to build their confidence and aspiration.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Trustees have discussed and agreed a reserves policy of maintaining appropriate cash reserves sufficient to fund a minimum of 6 months of programme delivery. This policy will be discussed and reviewed annually.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Empower is funded entirely through donations, sponsorship, and time/equipment volunteered in kind.

The Charity operates at and supported by both Edgbaston Priory Club and Leamington Lawn Tennis & Squash Club.

Section F

Other optional information

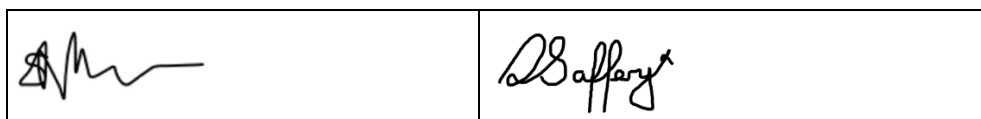
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Sarah Ann Moore	Deon Saffrey
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Position (eg Secretary, Chair, etc)

Treasurer	Chair
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Date

2/1/22



CHARITY COMMISSION
FOR ENGLAND AND WALES

Empower Squash Foundation

1185427

Receipts and payments accounts

CC16a

For the period
from

20/9/2019

To


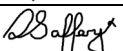
31/12/2020

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Corporate sponsorship	7,000	-	-	7,000	-
Other trading activities - Exhibition squash match	7,783	-	-	7,783	-
Other trading activities - Gala dinner ticket sales	6,800	-	-	6,800	-
Donations - Individual giving	3,250	-	-	3,250	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	24,833	-	-	24,833	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,833	-	-	24,833	-
A3 Payments					
Costs of charitable activities - Equipment	388	-	-	388	-
Costs of charitable activities - IT	562	-	-	562	-
Costs of charitable activities - Squash coaching	2,200	-	-	2,200	-
Other expenditure - Gala ticket refund	100	-	-	100	-
Costs of raising funds - Exhibition squash match expenses	11,482	-	-	11,482	-
Costs of raising funds - Gala Dinner expenses	375	-	-	375	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	15,107	-	-	15,107	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,107	-	-	15,107	-
Net of receipts/(payments)	9,726	-	-	9,726	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	9,726	-	-	9,726	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	9,726	-	-
		-	-	-
		-	-	-
	Total cash funds	9,726	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Sarah Ann Moore	02/01/2021
		Deon Saffrey	02/01/2021