

# THE CHAPEL GYM CORBY

England & Wales · Charity number 1185403

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-09-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Chapel Gym  
Elizabeth Street  
Corby  
Northamptonshire  
NN17 1TU

**Phone** 01536410554

**Email** [stjohnscorby@gmail.com](mailto:stjohnscorby@gmail.com)

**Website** <https://www.thechapelgym.org.uk/>

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT IN CORBY: A. THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH BY PROMOTING AND PROVIDING ACCESS TO HEALTHY RECREATION, PHYSICAL ACTIVITY AND INFORMATION, ADVICE AND TRAINING IN SUBJECTS RELATING TO HEALTH, PRIMARILY THROUGH THE ESTABLISHMENT AND OPERATION OF A PUBLIC GYM FACILITY, AND TO CARRY OUT THIS PURPOSE WITH A CHRISTIAN ETHOS AND AS AN OUTWORKING OF THE CHRISTIAN FAITH; B. THE ADVANCEMENT OF THE CHRISTIAN RELIGION BY THE PROVISION OF FACILITIES FOR WORSHIP, PRAYER, BIBLE READING AND REFLECTION.

**Activities:** The preservation and protection of good physical and mental health by providing advice and training in subjects relating to health, primarily through a public gym facility, and to carry out this purpose with a Christian ethos and as an outworking of the Christian faith;

## Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Accommodation/housing, Religious Activities, Amateur Sport, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

- Leicestershire
- Northamptonshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-16	£301,790	£227,380	-	-
2023-09-16	£192,772	£183,611	-	-
2022-09-16	£168,067	£180,648	-	-
2021-09-16	£183,127	£155,681	-	-
2020-09-16	£232,443	£216,118	-	-

## Trustees

Name	Role	Appointed
Rev PAUL WILLIAM FROST	Chair	2019-09-17
Dr Paul Vinton BUCKINGHAM		2019-09-17
James Charles Cullis Watkins		2022-01-24
LYNN CAROL HAY		2019-09-17
Rev Joseph William Griffiths		2024-04-08
SUSAN LORRAINE NORMAN		2019-09-17

**THE CHAPEL GYM CORBY**

England & Wales - Charity number 1185403

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# Accounts

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**Corby Chapel Gym**  
**Annual Accounts and Reports**

Year ending 16<sup>th</sup> September 2024

Registered Charity 1185403

**Annual accounts for Chapel Gym Corby to year-end 16th September 2024**

**Income**

Gym Membership Fees	270,635.50	
Grants to Chapel Gym	26,996.96	
Gifts to Chapel Gym	4,157.20	
<b>Total Income</b>		<b>301,789.66</b>

**Expenditure**

Staff Salaries NI and pensions	68,302.91	
Service agreements	40,310.48	108,613.19
Gym Equipment purchased	23,220.28	
Gym Equipment repaired	7,015.00	
Computer and phone	1,552.28	
Refuse collection	1,587.94	
Utilities (gas, electricity water)	16,381.27	
ID cards and fees	2,882.40	
Insurances	5,189.85	
Misc payments	533.07	
Performing rights and fees	749.03	
Cleaning	5,298.79	
Planning and Development	772.80	
Builders and tradesmen	20,696.13	
Car Park	20,642.99	
Hope in Action subs	1,390.00	
Loans refunded Nat West	8983.50	
Interest paid Nat West loan	621.42	
Bank Charges	549.96	
Petty Cash	700.00	
<b>Total Expenditure</b>		<b>227,380.10</b>
<b>Income less expenditure</b>		<b>74,409.56</b>

## Net Assets Statement at 16<sup>th</sup> September 2024

### Position at 16/9/2024

Cash at Bank / Deposit	116,043.48
Loan from Nat West	- 17,835.47
	<hr/>
<b>Balance at 16/9/2024</b>	<b>98,208.01</b>


### Position at 17/9/2023

Cash at Bank / Deposit	41,633.92
Loan from Nat West	- 26,818.97
	<hr/>
<b>Balance at 17/9/2023</b>	<b>14,814.95</b>

These accounts have been prepared by Dr Paul Buckingham and independently assessed by Mr Benjamin Matthews FCCA MAAT

There were no material accruals for the year ends 2023 and 2024

The gym remains a going concern.

 (Trustee)

Dr Paul Buckingham October 2024

## Annual Report Chapel Gym Corby at year ending 16<sup>th</sup> September 2024

The objects of the Chapel Gym Corby on 16/9/2024 are

A. The preservation and protection of good physical and mental health by promoting and providing access to healthy recreation, physical activity and information, advice and training in subjects relating to health, primarily through the establishment and operation of a public gym facility, and to carry out this purpose with a Christian ethos and as an outworking of the Christian faith.

B. The advancement of the Christian religion by the provision of facilities for worship, prayer, Bible reading and reflection.

The Charity provides the facilities for a gymnasium There is an employed staff to run the facility and personal trainers to assist members. Although there is a subscription for membership, a considerable part of the activities is devoted to the support and development of

Children/young People, Elderly / old People, People with Disabilities,

Other Charities and Voluntary Bodies, such as mental health, substance abuse, school excludees, etc.

The charity helps by providing buildings/facilities/open space; services, advocacy / advice/ information.

The trustees have had due regard to the guidance issued by the Charity Commission on public benefit

Chapel Gym has provided quality equipment and training for members along with supportive conversation and advice to a wide range of people. There is a caring approach towards our membership which is appreciated and commented upon.

As a not-for-profit organisation the CIO is able to plough back excess income into improving the facilities and we have upgraded a lot of our equipment and expanded the carpark in the last year.

A reserve in the current account is enough to manage cash-flow (£10,000)

The CIO bank balance on 16<sup>th</sup> September 2024 was £116,043. The loan from HMG (currently £17,835) offsets this, but if income comes at the usual rate this loan will be paid off in a year or two.

The Chapel Gym is a going concern. It has to date relied upon income from membership subscriptions, donations and grants, and Corby Council and North Northants Council for foregoing business rates charges.

Chapel Gym Trustees are most grateful for this support.



Section A

Independent Examiner's Report

Report to the trustees	The Chapel Gym		
On accounts for the year ended	16 <sup>th</sup> September 2024	Charity no (if any)	1185403
	Set out on pages 1-2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **16<sup>th</sup> September 2024**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of our examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out our examination, We have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement


The charity's gross income exceeded £250,000 and we are qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants (ACCA).

We have completed my examination. We confirm that no material matters have come to our attention in connection with the examination (other than that disclosed below \*) which gives us cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:  Date: 15<sup>th</sup> July 2025

Name: Benjamin Matthews

Relevant professional qualification(s) or body (if any): FCCA

**Address:** CDA Accountancy, Unit 11/12 Hall Farm, Sywell Aerodrome, Sywell, Northants, NN6 0BN

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**Section B Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Provide here brief details of any items that the examiner wishes to disclose.

**THE CHAPEL GYM CORBY**

England & Wales - Charity number 1185403

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# Accounts

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# Trustees' Annual Report for the period

	Period start date				Period end date		
<b>From</b>	17	9	2022	<b>To</b>	16	9	2023

## Section A Reference and administration details

Charity name

The Chapel Gym Corby

Other names charity is known by

Registered charity number (if any)

1185403

Charity's principal address

The Chapel Gym

Elizabeth Street

Corby

Postcode

NN17 1TU

### Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Revd. Paul Frost	Chair		
2 Dr Paul Buckingham	Treasurer		
3 Mrs Lynn Hay	Secretary		
4 Mrs Susan Norman	Trustee		
5 Mr Daniel Eastwood	Trustee		
6 Mr James Watkins	Trustee		
7			

## Section B

## Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Trust with Trust Deed
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Current Trustees as per constitution

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The objects of the Chapel Gym, Corby are

A. The preservation and protection of good physical and mental health by promoting and providing access to healthy recreation, physical activity and information, advice and training in subjects relating to health, primarily through the establishment and operation of a public gym facility, and to carry out this purpose with a Christian ethos and as an outworking of the Christian faith;

B. The advancement of the Christian religion by the provision of facilities for worship, prayer, Bible reading and reflection.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Charity provides the facilities for a gymnasium There is an employed staff to run the facility and personal trainers to assist members. Although there is a subscription for membership, a considerable part of the activities is devoted to the support and development of

Children/young People,

Elderly / old People,

People with Disabilities,

Other Charities and Voluntary Bodies, such as mental health, substance abuse, school excludees, etc.


The charity helps by providing buildings/facilities/open space; services, advocacy / advice/ information.

The trustees have had due regard to the guidance issued by the Charity Commission on public benefit

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

The Chapel Gym has continued to provide an excellent fitness facility for the people of Corby. Ensuring our memberships are significantly lower than any comparable gym and this, when combined with our even cheaper rates for those on benefits, enables us to make fitness more accessible.

In the past 12 months we provided two intervention courses with two local secondary schools. Targeting 10 year 8-10 students most at risk of permanent exclusion from school, we combined a range of physical activities (including boxing, BJJ, football, circuit training) with informal mentoring using gym instructors with lived experience.

In recognition of the success of the first intervention course, in the November we were nominated for the North Northamptonshire Council Active Communities Award 2022 as a project that improved lives in the local community.

Following a virtual talk with the Gretton WI during lockdown, we ran a strength conditioning course for older ladies. The importance of building strength in older age is well established and the carefully designed programme was greatly appreciated by the participants. Four of the ladies continued their strength building after the course and have made lifting weights part of their weekly schedule.

By creating a community gym we have seen an increase in conversations taking place and friendships being made. This is especially significant for our male members who are at risk of isolation and poor mental health.

Our partnership with the Spirit of Siam Academy continues and the free children's Thai Boxing classes regularly have between 60 and 70 participants. Encouraging parents to exercise with their children has been a valuable feature of this activity.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

A reserve in the current account is enough to manage cash-flow (£10,000)

### Details of any funds materially in deficit

The CIO bank balance on 16<sup>th</sup> September 2023 was £41,634. The loan from HMG (currently £26,819) offsets this, but if income comes at the usual rate this loan will be paid off in a year or two.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Chapel Gym is a going concern. It has to date relied upon income from membership subscriptions, and Corby Council and North Northants Council for foregoing business rates charges.

Chapel Gym Trustees are most grateful for this support

## Section F

## Other optional information


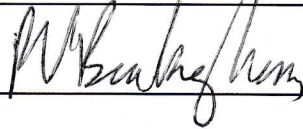
## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Paul William Frost	Paul Vinton Buckingham
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Position (eg Secretary,  
Chair, etc)

Chair



Treasurer

Date

2-5-24



Section A Independent Examiner's Report

Report to the trustees Charity Name The Chapel Gym Corby

On accounts for the year ended 16th September 2023 Charity no (if any) 1185403

Set out on pages 1-2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 16/09/2023

Responsibilities and basis of report As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement [The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below\*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature] Date: 20.9.2023

Name: John Hindle

Relevant professional qualification(s) or body

(if any):

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Address:

49 Kirby Road,

Gretton,

Northants NN17 3DB

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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**THE CHAPEL GYM CORBY**

England & Wales - Charity number 1185403

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# Accounts

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**Chapel Gym Epiphany, Corby. Annual accounts and report 17/9/2021 to 16/9/2022**

<b><u>Income</u></b>	<b>£</b>	<b>£</b>
Chapel Gym fees / membership	161,909.59	
Gifts to Chapel Gym	5,000.00	
Grants to Chapel Gym	1,157.30	
<b>Total Income</b>		<b>168,066.89</b>
<b><u>Expenditure</u></b>	<b>£</b>	
Staff salaries, service agreements, tax & NI, NEST	114,304.09	
Gym equipment and repairs	31,446.66	
Utilities and insurance	19,544.62	
Miscellaneous expenditure	4,403.47	
Outside Charity expenses	1,352.48	
Petty Cash excess expenditure	- (8.24)	
Refund of part of loan with interest	9,604.92	
<b>Total Expenditure</b>		<b>180,648.00</b>

**Bank balances**

	<b><u>16/9/2022</u></b>	<b><u>17/9/2021</u></b>
Epiphany A/C	41,494.75	54,075.86
Epiphany 2	0.37	0.37
Petty cash	202.74	210.38
	<b>£41,697.86</b>	<b>£54,286.61</b>
Excess Payments over Receipts (main and petty cash accounts)		<b>(£12,588.75)</b>

<b>Petty Cash Account 17/9/2021 to 16/9/2022</b>		<b>£</b>
Petty Cash in Hand at 17/9/2021		<b>210.38</b>
Cash added to Petty cash account	+ 900.00	
Cash expenditure from Petty Cash account		
Minor repairs	- 308.08	
Outside Charities	- 272.00	
Administration	- 73.36	
Miscellaneous small items	- 254.80	
	<hr/>	
Petty Cash in Hand at 16/9/2022		<b>202.74</b>

### **Report**

These accounts have been prepared by Dr Paul Buckingham (21/09/2022), and checked by John Hindle

1. There were no material accruals for the year-ends 2019 and 2020
2. Loans outstanding:- A sum of £9,604.92p was repaid to HMG from the £45,100.00 government loan. Monthly direct debit payments of capital and interest have been paid over the year and the debt remaining on 16/09/2022 was - £35,583.37p.
3. Cash assets at 16/09/2022 were £41,494.75 – £35,583.37 + £202.74 = **£6,114.12**
4. The gym remains a going concern.



Dr. Paul Buckingham (Trustee, treasurer) September 2022

**Chapel Gym Epiphany, Corby. Annual accounts and report 17/9/2021 to 16/9/2022**

<b><u>Income</u></b>	<b>£</b>	<b>£</b>
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Gifts to Chapel Gym	5,000.00	
Grants to Chapel Gym	1,157.30	
<b>Total Income</b>		<b>168,066.89</b>
<b><u>Expenditure</u></b>	<b>£</b>	
Staff salaries, service agreements, tax & NI, NEST	114,304.09	
Gym equipment and repairs	31,446.66	
Utilities and insurance	19,544.62	
Miscellaneous expenditure	4,403.47	
Outside Charity expenses	1,352.48	
Petty Cash excess expenditure	- (8.24)	
Refund of part of loan with interest	9,604.92	
<b>Total Expenditure</b>		<b>180,648.00</b>

**Bank balances**

	<b><u>16/9/2022</u></b>	<b><u>17/9/2021</u></b>
Epiphany A/C	41,494.75	54,075.86
Epiphany 2	0.37	0.37
Petty cash	202.74	210.38
	<b>£41,697.86</b>	<b>£54,286.61</b>
Excess Payments over Receipts (main and petty cash accounts)		<b>(£12,588.75)</b>

<b>Petty Cash Account 17/9/2021 to 16/9/2022</b>		<b>£</b>
Petty Cash in Hand at 17/9/2021		<b>210.38</b>
Cash added to Petty cash account	+ 900.00	
Cash expenditure from Petty Cash account		
Minor repairs	- 308.08	
Outside Charities	- 272.00	
Administration	- 73.36	
Miscellaneous small items	- 254.80	
	<hr/>	
Petty Cash in Hand at 16/9/2022		<b>202.74</b>

### **Report**

These accounts have been prepared by Dr Paul Buckingham (21/09/2022), and checked by John Hindle

1. There were no material accruals for the year-ends 2019 and 2020
2. Loans outstanding:- A sum of £9,604.92p was repaid to HMG from the £45,100.00 government loan. Monthly direct debit payments of capital and interest have been paid over the year and the debt remaining on 16/09/2022 was - £35,583.37p.
3. Cash assets at 16/09/2022 were £41,494.75 – £35,583.37 + £202.74 = **£6,114.12**
4. The gym remains a going concern.



Dr. Paul Buckingham (Trustee, treasurer) September 2022



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name  
The Chapel Gym Corby

On accounts for the year ended

16<sup>th</sup> September 2022

Charity no (if any)

1185403

Set out on pages

2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 00/00/0000.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below \*~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*J. Hindle*

Date:

5.10.22

Name:

Mr John Hindle

Relevant professional qualification(s) or body

(if any):

**Address:** 49 Kirby Road  
Gretton, Corby  
Northants NN17 3DB

**Section B Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

**THE CHAPEL GYM CORBY**

England & Wales - Charity number 1185403

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day	Month	Year		Day	Month	Year

## Section A Reference and administration details

**Charity name**

**Other names charity is known by**

**Registered charity number (if any)**

**Charity's principal address**

**Postcode**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document

(eg. trust deed, constitution)

How the charity is constituted

(eg. trust, association, company)

Trustee selection methods

(eg. appointed by, elected by)


**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

A large empty rectangular box with a thin black border, occupying the majority of the page. It is intended for the summary of the main achievements of the charity during the year.

**Brief statement of the charity's policy on reserves**

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**Details of any funds materially in deficit**

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**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

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**Section F Other optional information**

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**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>		
<b>Position (eg Secretary, Chair, etc)</b>		
<b>Date</b>		

**Chapel Gym Epiphany, Corby. Annual accounts and report 17/9/2020  
to 16/9/2021**

<b><u>Income</u></b>		<b>£</b>
Chapel Gym fees / membership		116,866.25
Furlough payments	40117.91	
Grants to Chapel Gym	26,143.00	66,260.91
<b>Total Income</b>		
<b>183,127.16</b>		

<b><u>Expenditure</u></b>		<b>£</b>
Staff salaries, service agreements, tax & NI, NEST		97,696.34
Gym equipment and repairs		43,577.89
Utilities and insurance		8,482.91
Miscellaneous expenditure		4,723.97
Petty Cash		400.00
Refund of part of loan (Start-up)		800.41

**Total Expenditure**  
**155,681.52**

Bank balances

	<b><u>16/9/2020</u></b>	<b><u>17/9/2021</u></b>
Epiphany A/C	26,630.22	54,075.86
Epiphany 2	0.37	0.37
Petty cash	338.03	210.38
	<b>£26,968.62</b>	<b>£54,286.61</b>

Excess Receipts over Payments (main and petty cash accounts)  
**£27,317.99**

**Petty Cash Account 17/9/2020 to 16/9/2021** **£**

Cash in Hand at 17/9/2020	<b>338.03</b>
Cash added to Petty cash account	+ 400.00
Cash expenditure from Petty Cash account	
Minor repairs	- 30.00
Staff Uniforms	- 248.00
Administration	- 5.99
Miscellaneous small items	- 243.66
	<hr/>
Cash in Hand at 16/9/2021	<b>210.38</b>

**Report**

These accounts have been prepared by Dr Paul Buckingham (18/09/2021), and checked by John Hindle

1. There were no material accruals for the year-ends 2019 and 2020
2. Loans outstanding:- A sum of £800.41p was repaid to HMG from the £45,100.00 government loan (interest-free for first year). Monthly direct debit payments of capital and interest have just commenced.
3. The Covid-19 pandemic caused the gym to be closed again from 30/12/2020 to 12/4/2021. The staff were furloughed during that time. Since reopening, after refurbishments and ensuring Covid-safety measures were in place, members have been returning. It will take some time to build membership to its former levels, but the gym remains a going concern.

Dr. Paul Buckingham (Trustee, treasurer) September 2021



**Section A Independent Examiner's Report**

<b>Report to the trustees/ members of</b>	Charity Name The Chapel Gym Corby		
<b>On accounts for the year ended</b>	16 September 2021	<b>Charity no (if any)</b>	1185403
<b>Set out on pages</b>	(remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 16/09/2021.

**Responsibilities and basis of report** As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement** I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**  **Date:**

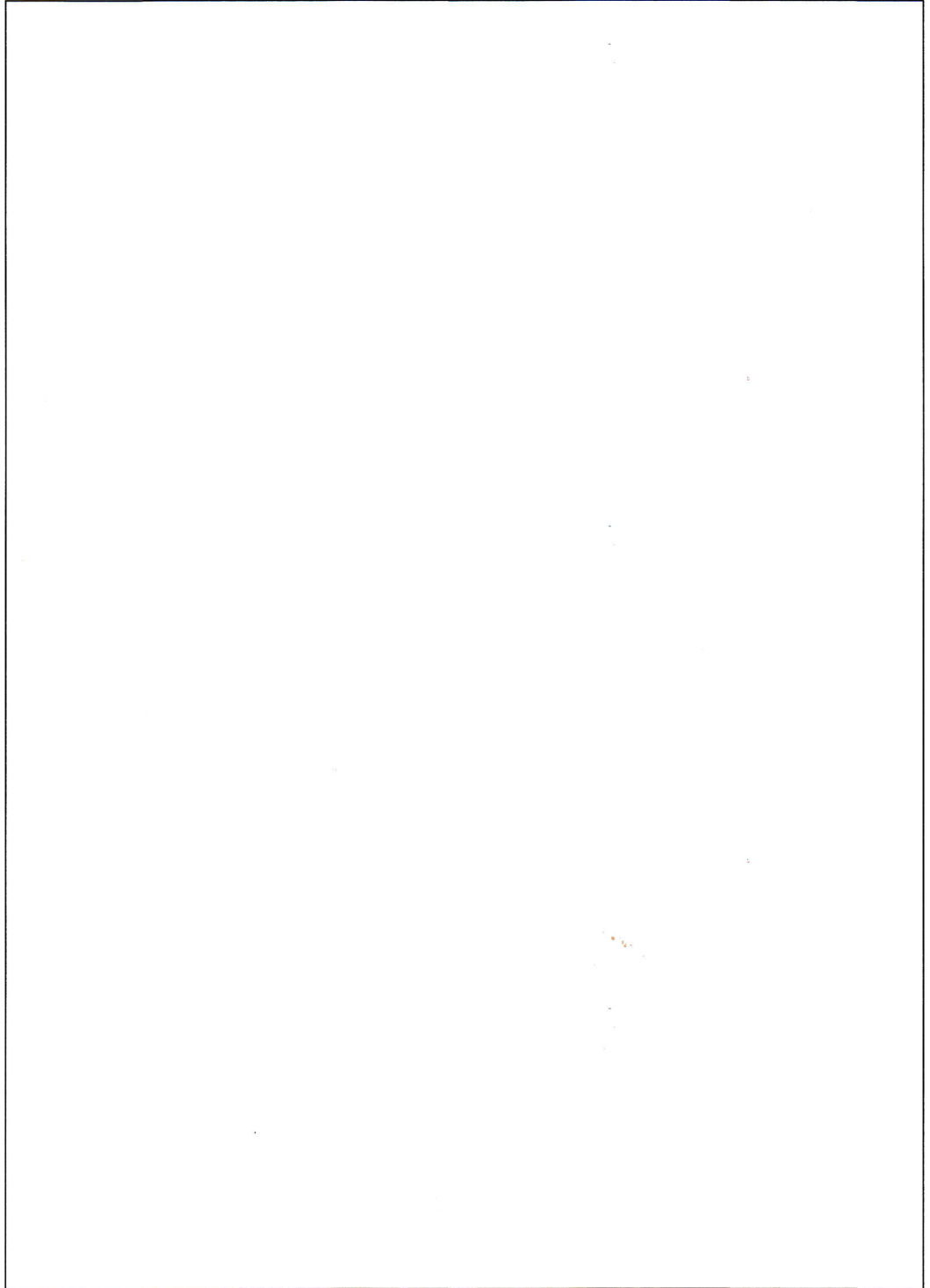
**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here details of any items that the examiner wishes to disclose.**



**THE CHAPEL GYM CORBY**

England & Wales - Charity number 1185403

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# Accounts

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**Chapel Gym Epiphany, Corby. Annual accounts and report 17/9/2019 to 16/9/2020**

<b><u>Income</u></b>	<b>£</b>	
Chapel Gym fees / membership	127,149.72	
Miscellaneous gifts	7,050.00	
Grants to Chapel Gym	53,143.42	
Loan to Chapel Gym (HMG)	45,100.00	
<b>Total Income</b>		<b>232,443.14</b>

<b><u>Expenditure</u></b>	<b>£</b>	
St John's Church	19,587.89	
Staff salaries, service agreements, tax & NI, NEST	115,133.77	
Gym equipment and repairs	48,864.57	
Utilities and insurance	13,703.03	
Miscellaneous expenditure	3,728.53	
Petty Cash	2,200.00	
Loans repaid	12,900.00	
<b>Total Expenditure</b>		<b>216,117.79</b>

**Bank balances**

	<b><u>17/9/2019</u></b>	<b><u>16/9/2020</u></b>
Epiphany A/C	10,304.87	26,630.22
Epiphany 2	0.37	0.37
Petty cash	30.47	338.03
	<b>£10,335.71</b>	<b>£26,968.62</b>
<b>Excess Receipts over Payments (main and petty cash accounts)</b>		<b>£16,632.91</b>

<b>Petty Cash Account 17/9/2019 to 16/9/2020</b>		<b>£</b>
Cash in Hand at 17/9/2019		<b>30.47</b>
Cash added to Petty cash account		+ 2200.00
Cash expenditure from Petty Cash account		
Cleaning and maintenance		- 1324.89
Minor repairs		- 159.35
Staff Uniforms		- 167.28
Administration		- 134.92
Miscellaneous small items		- 106.00 (S/T = - 1892.44)
		<hr/>
Cash in Hand at 16/9/2020		<b>338.03</b>

### **Report**

These accounts have been prepared by Dr Paul Buckingham (18/10/2020), and checked by Mr John Hindle

1. The separation of the two accounting areas (St John's PCC and Chapel Gym) occurred on 17th September 2019. This allowed a cash basis for year 2019 onwards and is simpler and preferable. There were no material accruals for the year-ends 2019 and 2020
2. In previous years the accounts for St John's and those for Epiphany (Chapel Gym) had been merged. Registration of Epiphany Church known as Chapel Gym Corby (as a Charitable Incorporated Organisation (CIO) # 1185403 has been completed, and accountancy is now separate for the two accounts.
3. The CIO will be under the control of the Trustees from St John's church, and will play its part in part-payment of the Parish Share and the Rector's time (details to be finalised)
4. Loans outstanding:- A £45,100.00 government loan (interest-free for first year) was received on 16/9/2020
5. The Covid-19 pandemic caused the gym to be closed from 20/3/2020 to 25/7/2020. The staff were furloughed during that time. Since reopening, after refurbishments and ensuring Covid-safety measures were in place, members have been returning. It will take some time to build membership to its former levels, but the gym remains a going concern.

Dr. Paul Buckingham (Trustee, treasurer) October 2020



## Trustees' Annual Report for the period

From 17/9/2019 To 16/9/2020

Charity name: The Chapel Gym, Corby Charity registration number: 1185403

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the Chapel Gym, Corby are  <b>A. The preservation and protection of good physical and mental health by promoting and providing access to healthy recreation, physical activity and information, advice and training in subjects relating to health, primarily through the establishment and operation of a public gym facility, and to carry out this purpose with a Christian ethos and as an outworking of the Christian faith;</b> <b>B. The advancement of the Christian religion by the provision of facilities for worship, prayer, Bible reading and reflection.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity provides the facilities for a gymnasium. There is an employed staff to run the facility and personal trainers to assist members. Although there is a subscription for membership, a considerable part of the activities is devoted to the support and development of  Children/young People, Elderly/old People,  People with Disabilities, Other Charities and Voluntary Bodies, such as mental health, substance abuse, school excludees, etc.  The charity helps by providing buildings/facilities/open space; services; advocacy/advice/information
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had due regard to the guidance issued by the Charity Commission on public benefit

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Chapel Gym has provided quality equipment and training for members along with supportive conversation and advice to a wide range of people. There is a caring approach towards our membership which is appreciated and commented upon.</p> <p>As a not-for-profit organisation the CIO is able to plough back excess income into improving the facilities and we have upgraded a lot of our equipment in the last year.</p> <p>The Covid pandemic has limited the classes we have previously offered <i>pro bono</i> to young people in particular, but we would like to reinstate these when it is safe to do so.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The CIO bank balance at 16/9/2020 was £26,968. The loan from HMG offset this, but if income comes at the usual rate this loan will be paid off in a year or two.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	A reserve in the current account is enough to manage cash-flow
Amount of reserves held	Para 1.22	£10,000

## Structure, Governance and Management

Description of charity's trusts:		Foundation Trust
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Current Trustees as per constitution

## Reference and Administrative details

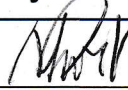
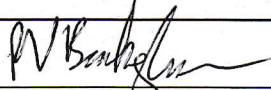
Charity name	The Chapel Gym
Registered charity number	1185403
Charity's principal address	The Chapel Gym Elizabeth Street Corby, Northants NN17 1TU

	Trustee name	Office (if any)
1	Revd Paul Frost	Chair
2	Dr Paul Buckingham	Treasurer
3	Mrs Lynn Hay	Secretary
4	Mrs Susan Norman	Trustee
5	Mrs Janet Hynes	Trustee

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature</b>		
<b>Full name</b>	Revd Paul William Frost	Dr Paul Vinton Buckingham
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Trustee, Treasurer
<b>Date</b>	17-5-2024	



**Section A**

**Independent Examiner's Report**

<b>Report to the trustees/ members of</b>	Charity Name The Chapel Gym Corby		
	<b>On accounts for the year ended</b>	16 September 2020	<b>Charity no (if any)</b>
<b>Set out on pages</b>			

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**Signed:**  **Date:**

**Name:**

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**