



ESSEX RECOVERY FOUNDATION
ANNUAL REPORT & ACCOUNTS
FOR THE YEAR ENDED 30th SEPTEMBER 2023

Registered Charity Number 1185335

EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

ESSEX RECOVERY FOUNDATION
YEAR ENDED 30 SEPTEMBER 2023

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ESSEX RECOVERY FOUNDATION
CHARITY INFORMATION
YEAR ENDED 30 SEPTEMBER 2023

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name Essex Recovery Foundation

Charity Number 1185335

Address Moulsham Mill
Parkway
Chelmsford
Essex
CM2 7PX

Trustees Dr M Roberts
Mrs M Goldie
Mr J Harrington
Mr D Clarke
Mr A Sheldon
Mrs D Patel
Mr J Cook
Mr N Marsh

Independent Examiner Sandra Morrell FCCA
Edmund Carr LLP
146 New London Road
Chelmsford
Essex CM2 0AW

ESSEX RECOVERY FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 30 SEPTEMBER 2023

The trustees have pleasure in presenting their report and financial statements of the Charity for the year ended 30 September 2023.

OBJECTIVES AND ACTIVITIES

Our vision:

“Essex Recovery Foundation aims to build a visible recovery community who will use their voice to influence how services function and change perceptions of addiction and recovery.”

One of our core objectives is to take over the management and future commissioning of Essex County Council's addiction and recovery service contracts.

Our innovative approach brings together the evidence, the providers, and the community to revolutionise recovery at an individual and systemic level.

We will deliver this vision by:

Growing the recovery community - whether in person or online, the dedicated recovery community spaces we strive to create are safe and non-judgemental. They exist with the aim of providing opportunities for people to connect to others with shared experience.

Empowering people and their ideas - a crucial part of our work is to develop a model which focuses on listening to the recovery community and providing a platform for people to share their experiences, opinions, and ideas to help us influence positive change within drug and alcohol addiction services in Essex.

Influencing life-changing services - Essex Recovery Foundation is in a unique position to influence where funding for drug and alcohol services is spent in Essex. We believe that lived experience of addiction needs to be at the heart of the commissioning process and we will ensure that the recovery community's opinions are central to the decision-making process.

Changing perceptions - in order to achieve true societal change, we will challenge and change people's perceptions of addiction and make recovery everybody's responsibility. Through our work at Essex Recovery Foundation, we will create a movement where people in Essex are proud to understand addiction and support recovery.

Public Benefit

The directors confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

Essex Recovery Foundation worked alongside an agency called The Brainwheel to conduct a full rebrand of the charity which included a new website and logo. This was launched in January 2023.

ESSEX RECOVERY FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 30 SEPTEMBER 2023

As set out within our strategy, we continued with a focus on growing the recovery community. This has included fortnightly 'Walk and Talk' tours in all 14 districts in Essex (including Southend and Thurrock), as well as 'Welcome to Essex Recovery Foundation' sessions to provide an opportunity to meet the local community and share our mission.

We attended community events to raise our profile and were invited to speak at several statutory voluntary sector meetings including Family Solutions, District Council, CVS Networking and Think Family partnership meetings.

The Needs Assessment report commissioned in the previous financial year highlighted a gap in provision for people post-treatment, so we held focus groups with members of the recovery community to determine what regular activities people wanted to access. This feedback led us to developing permanent Recovery Spaces hosted in public locations across Essex. To deliver this work, we recruited three Space Coordinators to develop Recovery Spaces in North, West, Mid and South Essex and we are aiming to have three spaces launched by October 2023. We have also organized a number of ad-hoc events, including a day at a beach hut, a wellbeing event, paddle-boarding instructing and social meet-ups.

To expand our reach, we developed two volunteering roles for people with lived experience of addiction: Outreach Volunteers and Voices of Recovery Volunteers. The volunteers have supported us with a number of opportunities, including a week-long tour of the county for Alcohol Awareness Week from the 3rd-7th July which saw us speak to over 200 members of the public. We also hosted an 'Introduction to Volunteering' session on the 14th September 2023 which was attended by 10 more people who expressed an interest in being involved.

In September 2023, we delivered a Speaker Workshop for the Voices of Recovery volunteers with the Project Manager for Aspirations in Southend. This workshop aimed to empower volunteers with lived experience of addiction to feel confident about sharing their personal recovery journey.

On the 17th May 2023, we hosted our official launch event at the County Hotel in Chelmsford. This was attended by over 120 guests and provided us an opportunity to share our five-year strategic framework with the recovery community. This event was supported by a recovery-based record label called Not Saints who invited two artists to perform. During the event, members of the community were presented with Recognition Awards for three separate categories: recognition for a person's progress in recovery; recognition for outstanding work in recovery services; and recognition for a positive contribution to the recovery community.

The Workforce Training & Development Lead started in November 2022 to take the lead on the second area of our strategy: 'Empowering People & Their Ideas'. The role was created to assist in upskilling and building the capacity of the drug and alcohol workforce and volunteers across Essex and to coordinate an effective system-wide training programme which strengthens the effectiveness of service delivery and improves recruitment and retention within the system.

We conducted a needs assessment for the whole drug and alcohol recovery system in Essex to highlight the gaps in provision and any areas for concern. Initially, the focus will be on rolling out a training programme which increases the workforce's knowledge surrounding housing pathways in Essex, this will include information on housing legislation and improved support for navigating the housing system. A further menu of training for the workforce is being developed and details will be shared within next year's report.

ESSEX RECOVERY FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 30 SEPTEMBER 2023

We have also started a project to create a comprehensive map of the addiction and recovery services in Essex. This will lead to an interactive section of the Essex Recovery Foundation's website which we hope to share within next year's report.

To deliver the third area of our strategy, 'Influencing Life-Changing Services', we appointed a Radical Change Lead who would be responsible for putting the lived experience of addiction at the centre of the commissioning process for addiction and recovery service contracts in Essex. We developed a model called the 'Three Steps to Radical Change' which Southend, Essex & Thurrock Drug & Alcohol Partnership (SETDAP) have agreed to adopt when commissioning and managing contracts. The three steps are:

1. To review all existing contracts and tender processes.
2. To implement a new lived experience element to all future contracts and tender processes: one which includes people with lived experience, to identify the gaps, issues, and positive work from the very beginning of the process.
3. To implement an ongoing monitoring and measurement of success tool which will be led by Essex Recovery Foundation and act as a human context to the data and statistics we currently have access to.

Off the back of this, we delivered a training session called 'Understanding Commissioning' to the recovery community to empower them to get involved with this work and to help them better understand the role they will play within the commissioning process. The training was delivered by the Head of Public Health and Wellbeing at Essex County Council and was attended by 21 people.

We appointed an independent agent to conduct a comprehensive board and governance review of the two Essex Recovery Foundation's boards: the Board of Trustees and the Recovery Advisory Committee which is made up of people with lived experience of addiction. The review was completed to ensure we had the best possible structure to help the charity move into its next phase of growth. On the 14th September 2023 following extensive consultation with the Recovery Advisory Committee, it was determined that this board would be dissolved to pave the way for more inclusive opportunities for people with lived experience of addiction and recovery to share their voice in a non-hierarchical format as reflected within the second step of the 'Three Steps to Radical Change'.

Finally, to support the ongoing growth of the charity, an Executive Assistant was appointed in June 2023 to assist with operations and administration.

With the recruitment of five new members of staff in total, we coordinated several training opportunities for the whole team: Emergency First Aid, Professional Boundaries and Safeguarding Adults. We also registered with an online training provider, IHASCO, accessible to all staff and volunteers, which covers all mandatory training in alignment with our policies and procedures.

By the end of the financial year, we had 384 members registered to Essex Recovery Foundation.

ESSEX RECOVERY FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 30 SEPTEMBER 2023

FINANCIAL REVIEW

We received quarterly payments of £32,275 from year two of the three year National Lottery Community Fund grant (RC London and South East Region), totalling £129,100 within the financial year. The total value of the grant over three years is £366,700.

In May 2023 we received grants of £215,000 and £360,000 from Essex County Council which contributed to our overall operational costs, and particularly around community development and the lived experience element of commissioning drug and alcohol services in Essex.

Expenditure has increased through the year due to recruiting paid employees and subsequent elevated activity.

We have secured further funds from Essex County Council and have grant agreements in place for the 2023/24 and 2024/25 financial years.

In addition to these secure grant agreements, we are confident that we will continue to attract further funding due to our unique project with comprehensive plans for the future.

Reserves Policy

Our reserves policy is to hold minimum free reserves of £150,000. Unrestricted funds at 30 September 2023 were £407. The balance of restricted funds from Essex County Council held at the year end was £487,201. This included funds to cover project and core operating costs in the period 1 October 2023 to 31 March 2024 which amounted to £300,000. The National Lottery Community Fund grant fund balance of £163,080 is restricted to use on our projects.

PLANS FOR THE FUTURE

Our key plans for the future are to continue delivering on our aims and objectives from our four areas within our strategic framework:

Growing the recovery community:

Communicate our vision and reach more people in Essex.

Through our visible recovery community, we will share our vision for a more hopeful future for people affected by drug and alcohol addiction. Our work will cover the entirety of Essex to ensure we reach those who are not in traditional recovery pathways or who are still in active addiction.

Create spaces to bring people together.

People tell us that connecting with others is a crucial element of long-term recovery. To help us achieve our mission, we will create a variety of spaces to encourage the recovery community to connect with people who have shared experiences in safe environments which harness hope, creativity, and joy.

We will be setting up a new and permanent hub which will become the home of Essex Recovery Foundation. It will have a community cafe, flexible workspace and a training room for the whole recovery community and workforce to utilise and enjoy.

ESSEX RECOVERY FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 30 SEPTEMBER 2023

Support people to navigate addiction and recovery services.

We will help people to access life-changing services in Essex, at whatever stage they are in their recovery.

Connect with partners who share our vision.

We believe that the recovery workforce should actively be part of the recovery community. We will work with any people, organisations, groups, or services who share our goal of improving the experience of recovery in Essex.

Empowering people and their ideas:

Provide a variety of ways for people to share their opinions.

By recognising that people have differing capacity to engage with us, we will ensure equality of opportunity to contribute to Essex Recovery Foundation's work within the community.

Develop a volunteering, training, and employment programme.

We will provide meaningful opportunities to help people achieve their personal aspirations, whether as a volunteer or employee.

Equip people with the skills to speak publicly about their experiences.

As an organisation with lived experience at its core, we will amplify the voices of the recovery community and ensure they are heard.

Nurture grassroots projects.

We want recovery spaces to be led and created by the community. We will develop a clear process for people to contribute to our mission with their own ideas, projects, and initiatives.

Influencing life-changing services.

Put the recovery community at the heart of influencing life-changing services.

We will use the voices and experiences of the recovery community to contribute to the ongoing improvement of drug and alcohol addiction services in Essex.

Take a brave and radical approach to commissioning.

We aim to transform the commissioning process and ensure that the recovery community influence key decisions around commissioning services, with support from Essex County Council.

Gather evidence for informed decision-making.

In order to assess the effectiveness of services, we have created a system where we can record feedback from people with lived experience and use it as evidence to influence change. This is our 3 steps to radical change, a model which is building momentum and having a profound impact on how the commissioning of drug and alcohol services works in Essex.

ESSEX RECOVERY FOUNDATION
TRUSTEES' REPORT
YEAR ENDED 30 SEPTEMBER 2023

Help make Essex the best place to work in recovery.

Essex Recovery Foundation will work with our partners to create a workforce that feel valued and are proud to work within addiction and recovery in Essex.

Changing perceptions.

Educate the wider community about recovery.

We will promote compassion towards addiction and improve society's awareness and understanding of recovery.

Be visible and celebrated in our community.

Through our recovery spaces and beyond, we will make recovery visible and an integral part of the Essex community.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a charitable incorporated organisation (CIO) and is governed by its constitution dated 16 September 2019. Trustees have been appointed based on their skill set, lived experience of addiction and recovery and passion for the endeavour. We have an aspiration to eventually have 100% of trustees who have lived experience. Moving forward, we will identify any skills gaps and continue to approach potential trustees from within our recovery community and where appropriate and necessary, we will advertise externally via an open and transparent recruitment process.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Approved by the Trustees on19 July 2024..... and signed on their behalf by:


James Cook
Trustee

ESSEX RECOVERY FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 30 SEPTEMBER 2023

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 September 2023 which are set out on pages 8 to 16.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Edmund Carr LLP provides book-keeping services to the charity and I can confirm that I have applied the provisions of the Revised Ethical Standard 2024 issued by the Financial Reporting Council.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sandra Morrell
.....

Sandra Morrell FCCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

25 July 2024
.....

ESSEX RECOVERY FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 30 SEPTEMBER 2023

	Notes	Unrestricted Funds	Restricted Funds	Total 2023 £	Total 2022 £
INCOME from:					
Donations and legacies	2	406	475,000	475,406	210,001
TOTAL INCOME		<u>406</u>	<u>475,000</u>	<u>475,406</u>	<u>210,001</u>
EXPENDITURE on:					
Charitable activities	3	-	322,038	322,038	78,061
TOTAL EXPENDITURE		<u>-</u>	<u>322,038</u>	<u>322,038</u>	<u>78,061</u>
NET INCOME/(EXPENDITURE)		<u>406</u>	<u>152,962</u>	<u>153,368</u>	<u>131,940</u>
Transfer between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
NET MOVEMENT IN FUNDS		406	152,962	153,368	131,940
RECONCILIATION OF FUNDS					
Total funds brought forward		1	497,319	497,320	365,380
Total funds carried forward	10/11	<u>407</u>	<u>650,281</u>	<u>650,688</u>	<u>497,320</u>

The notes on pages 11 to 16 form part of these financial statements.

ESSEX RECOVERY FOUNDATION

BALANCE SHEET

AS AT 30 SEPTEMBER 2023

		2023		2022	
	Note	£	£	£	£
FIXED ASSETS					
Tangible assets	7		7,777		1,558
CURRENT ASSETS					
Cash at bank		471,751		98,108	
Debtors	8	<u>181,205</u>		<u>401,196</u>	
		652,956		499,304	
CREDITORS: Amounts falling due within one year	9	<u>10,045</u>		<u>3,542</u>	
NET CURRENT ASSETS			642,911		495,762
NET ASSETS			<u>650,688</u>		<u>497,320</u>
FUNDS OF THE CHARITY					
Unrestricted	10		407		1
Restricted	11		650,281		497,319
TOTAL CHARITY FUNDS			<u>650,688</u>		<u>497,320</u>

These financial statements were approved by the Trustees on 19 July 2024 and signed on their behalf by:


James Cook
Trustee

The notes on pages 11 to 16 form part of these financial statements.

ESSEX RECOVERY FOUNDATION
STATEMENT OF CASH FLOWS
YEAR ENDED 30 SEPTEMBER 2023

	Notes	Total 2023 £	Total 2022 £
Net movement in funds for the reporting period (as per the statement of financial activities)		153,368	131,940
Adjustments for:			
(Increase) / decrease in debtors	8	219,991	(34,496)
Increase / (decrease) in creditors	9	6,503	2,222
Depreciation charge	4	1,130	342
Cash flows from operating activities:			
Net cash provided by / (used in) operating activities		<u>380,992</u>	<u>100,008</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets	7	<u>(7,349)</u>	<u>(1,900)</u>
Net cash provided by / (used in) investing activities		<u>(7,349)</u>	<u>(1,900)</u>
Change in cash and cash equivalents in the reporting period		373,643	98,108
Cash and cash equivalents brought forward		98,108	-
Cash and cash equivalents carried forward		<u><u>471,751</u></u>	<u><u>98,108</u></u>

The notes on pages 11 to 16 form part of these financial statements.

ESSEX RECOVERY FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 30 SEPTEMBER 2023

1. ACCOUNTING POLICIES

Basis of accounting

The accounts (financial statements) have been prepared in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts for the year ended 30 September 2023 have been prepared on an accruals basis as income has exceeded £250,000. The accounts for the year ended 30 September 2022 were prepared on a receipts and payments basis. Comparatives have therefore been restated on an accruals basis.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Essex Recovery Foundation is a Charitable Incorporated Organisation (CIO). It is a registered charity and meets the definition of a public benefit entity under FRS 102.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Resources expended

All expenditure is accounted for on an accruals basis. The majority of costs are attributable to specific charitable activities. Governance costs are associated with the governance arrangements of the charity.

YEAR ENDED 30 SEPTEMBER 2023

ESSEX RECOVERY FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 30 SEPTEMBER 2023****3. CHARITABLE EXPENDITURE**

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Marketing costs	-	70,905	70,905	5,998
Consultancy fees	-	48,275	48,275	-
Event costs	-	12,174	12,174	-
Staff costs (see note 6)	-	169,958	169,958	62,535
Support costs (see note 4)	-	20,726	20,726	9,528
	<u>-</u>	<u>322,038</u>	<u>322,038</u>	<u>78,061</u>

4. ANALYSIS OF SUPPORT COSTS

	Total Funds 2023	Total Funds 2022
	£	£
Rent and rates	1,094	2,039
Insurance	1,016	1,016
Printing, postage, and stationery	352	318
Sundry and admin costs	331	114
IT and other computer costs	4,274	1,242
Staff training	1,202	-
Legal and professional	5,783	1,817
Governance costs (see note 5)	5,544	2,640
Depreciation	1,130	342
	<u>20,726</u>	<u>9,528</u>

5. GOVERNANCE COSTS

	Total Funds 2023	Total Funds 2022
	£	£
Accountancy, bookkeeping and examination fees	5,400	2,040
Other financial service fees payable to independent examiner	144	600
Total fees payable to independent examiner	<u>5,544</u>	<u>2,640</u>

ESSEX RECOVERY FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 30 SEPTEMBER 2023

6. ANALYSIS OF STAFF COSTS

	2023	2022
	£	£
Wages and salaries	156,704	62,045
Social security costs	11,144	-
Pension costs	1,572	240
Staff and volunteer expenses	538	250
	<u>169,958</u>	<u>62,535</u>

Staff costs are allocated between funds based upon the time spent by staff members on restricted charitable activities and administration

None of the employees' emoluments exceeded £60,000.

None of the trustees or persons connected with them received any remuneration for their services.

The average number of employees during the year, by head count, was 4 (2022: 1).

The remuneration benefits of key management personnel totalled £56,674 (2022: £49,579)

7. TANGIBLE FIXED ASSETS

	Equipment £	Total £
Cost		
At 1 October 2022	1,900	1,900
Additions	7,349	7,349
At 30 September 2023	<u>9,249</u>	<u>9,249</u>
Depreciation		
At 1 October 2022	342	342
Charge for the year	1,130	1,130
At 30 September 2023	<u>1,472</u>	<u>1,472</u>
Carrying amount		
At 30 September 2023	<u>7,777</u>	<u>7,777</u>
At 30 September 2022	<u>1,558</u>	<u>1,558</u>

8. DEBTORS

	2023	2022
	£	£
Prepayments and accrued income	168,534	394,000
Taxation and social security	12,527	7,196
Other debtors	144	-
	<u>181,205</u>	<u>401,196</u>

ESSEX RECOVERY FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 30 SEPTEMBER 2023

9. CREDITORS: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	4,070	719
Accruals and deferred income	5,400	2,655
Other creditors	575	168
	<u>10,045</u>	<u>3,542</u>

10. UNRESTRICTED FUNDS

	Balance at 01/10/2022 £	Movement in funds		Balance at 30/09/2023 £
		Income £	Expenditure £	
General Fund				
General unrestricted funds	<u>1</u>	<u>406</u>	<u>-</u>	<u>407</u>

Comparative

	Balance at 01/10/2021 £	Movement in funds		Balance at 30/09/2022 £
		Income £	Expenditure £	
General Fund				
General unrestricted funds	<u>-</u>	<u>1</u>	<u>-</u>	<u>1</u>

11. RESTRICTED FUNDS

	Balance at 01/10/2022 £	Movement in funds		Balance at 30/09/2023 £
		Income £	Expenditure £	
Restricted funds				
1 National Lottery Community Fund	292,180	-	129,100	163,080
2 Essex County Council Grants	205,139	475,000	192,938	487,201
	<u>497,319</u>	<u>475,000</u>	<u>322,038</u>	<u>650,281</u>

Comparative

	Balance at 01/10/2021 £	Movement in funds		Balance at 30/09/2022 £
		Income £	Expenditure £	
Restricted funds				
1 National Lottery Community Fund	365,380	-	73,200	292,180
2 Essex County Council Grants	-	210,000	4,861	205,139
	<u>365,380</u>	<u>210,000</u>	<u>78,061</u>	<u>497,319</u>

ESSEX RECOVERY FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 30 SEPTEMBER 2023

11. RESTRICTED FUNDS (continued)

- 1 The National Lottery Community Fund grant was awarded under the RC London and South East programme towards the costs of setting up and running the charity's projects.
- 2 Essex County Council has provided grants in 2022/23 and 2023/24 to enable the charity to support the local drug and alcohol recovery system and recovery community.

12. ANALYSIS OF NET ASSETS (between restricted and unrestricted funds)

	Tangible fixed assets	Other net assets	Total 2023
	£	£	£
Unrestricted funds	-	407	407
Restricted	7,777	642,504	650,281
	<u>7,777</u>	<u>642,911</u>	<u>650,688</u>

	Tangible fixed assets	Other net assets	Total 2022
	£	£	£
Unrestricted funds	-	1	1
Restricted	1,558	495,761	497,319
	<u>1,558</u>	<u>495,762</u>	<u>497,320</u>

13. RELATED PARTY TRANSACTIONS

There were no related party transactions for the year end 30 September 2023 (2022: Nil).