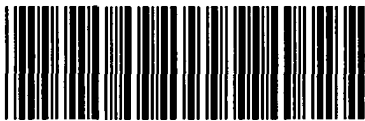


**MOTHERS FOR MOTHERS  
FINANCIAL STATEMENTS**

**31 MARCH 2025**

**Company Registration Number 08764052  
Charity Number 1185281**

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COMPANIES HOUSE

# **MOTHERS FOR MOTHERS**

## **FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2025**

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### **CONTENTS**

### **PAGE**

Reference and administrative details of the charity and its advisors

**1**

Trustees' annual report

**2 to 7**

Independent Examiners report

**8**

Statement of financial activities (including income and expenditure account)

**9**

Balance sheet

**10**

Notes to the financial statements

**11 to 24**

# MOTHERS FOR MOTHERS

## TRUSTEES' ANNUAL REPORT

### YEAR ENDED 31 MARCH 2025

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<b>Company number</b>	08764052	
<b>Charity number</b>	1185281	
<b>Registered office and operational address</b>	The Gatehouse Centre Hareclive Road Bristol BS13 9JN	
<b>Trustees</b>	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Elizabeth Joan Scourse	
	Chandrika Balachandar	
	Claire Storey	
	Kym Birtwell-Thompson	
	Natalie Anne Campbell	resigned March 2025
	Kelly Jane Anne Avis-Hay	Secretary
	Melanie Lloyd	
	Dr Christy Burden	
	Dr Caroline Scrase	
	Laura Kathleen Ward	
	Annette Lang	resigned February 2025
	Bryony Strachan	appointed January 2025
<b>Key Management Personnel</b>	Maria Viner	Chief Executive Officer
	Kaeti Morrison	Business Manager
<b>Bankers</b>	CAF Bank	Flagstone
	25 Kings Hill Avenue	1 <sup>st</sup> Floor, Clareville House
	Kent	26-27 Oxendon Street
	ME19 4JQ	London
		SW1Y 4EL
<b>Independent Examiners</b>	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

## **MOTHERS FOR MOTHERS**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2025**

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The trustees present their report and the examined financial statements for the period ended 31 March 2025.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Governance and Management**

Mothers for Mothers began work as a voluntary organisation in January 1981. It was originally registered as a charity on 10 July 1992 (1012642). The original charity's funds and assets were gifted to the successor charitable company which has taken on the charitable activities.

A charitable company limited by guarantee was incorporated on 6 November 2013 registered as a charity on 12 September 2019. On 1st April 2020 the charity began to operate under the new charity number: 1185281. The organisation is a company limited by guarantee and registered charity.

The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

#### **Method of Recruiting and Appointing Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of two years after which they must be re-elected at the next Annual General Meeting.

#### **Organisational structure**

Mothers for Mothers has a Board of Trustees who meet at least once a quarter and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has eleven members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

#### **Risk Management**

The Board of Trustees is legally responsible for ensuring that the organisation is adequately resourced, and that financial procedures and controls are effective and in place. The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces.

## **MOTHERS FOR MOTHERS**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2025**

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##### **Related parties**

Mothers for Mothers have entered into a collaboration agreement with a number of parties and the University of Bristol relating to the PARTNER Trial. Mothers for Mothers are therefore considered a collaborator and the CEO is a co-applicant in the Trial. Mothers for Mothers receives a quarterly payment to represent the CEO time in the PARTNER Trial. Christy Burden, a Trustee/Director of Mothers for Mothers is the Chief Investigator in the PARTNER Trial.

##### **Objectives and Activities**

The Company's objectives:

The charitable purposes of the company are:

- (a) the advancement of mental health for mothers, particularly through the care of those suffering from emotional or psychiatric disorder or mental illness associated with pregnancy and childbirth and those affected by their conditions, including their children, spouses, partners and other family members, and
- (b) the advancement and promotion of high standards of education and care in all matters concerning emotional or psychiatric disorder or mental illness associated with pregnancy and childbirth.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Mothers for Mothers should undertake.

##### **Review of main achievements and activities during the year**

Since 1981 Mothers for Mothers has supported families affected by maternal mental illness (PMH) across Bristol, South Gloucestershire and North Somerset. We offer support to women during pregnancy and until their youngest child attends school, from illness to wellness, through our support services: Reach helpline/support calls, Home Visiting, Art Psychotherapy and Counselling, Peer Support Groups/Antenatal Groups/Dads Groups and SEND support.

Our services are delivered by women with lived experience of perinatal mental illness. We aim to achieve the following outcomes for the women and families we work with:

- Improved confidence, resilience and relationships with children and family, leading to faster recovery.
- Improving children's emotional development by supporting mothers to be sensitive and responsive in their relationships with their children.
- Reduced social isolation and improved social and support networks.
- More awareness of perinatal mental illness (PMH) and the support available
- Improved care and services for maternal mental illness.

During the accounting period, to deliver the above services Mothers for Mothers has employed 15 members of staff.

Mothers for Mothers has trained and supported a team of volunteers to include student placements. During this accounting period Mothers for Mothers has received Pro Bono Support from The Cranfield Trust, Tesco Staple Hill, Ritorno Lounge, Showtime Photo Booth, Giving Print, We The Curious, With-You, Pandek Group Ltd, CMS, Family Hubs, The Pixel Fund, Ellie Starkwood and Amaia Lesta and Simmons and Simmons LLP.

## **MOTHERS FOR MOTHERS**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2025**

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In the reporting year Mothers for Mothers has supported 846 families. Of these families 106 received 831 home visits, 97 received 517 sessions of Art Psychotherapy or Counselling, 227 attended 341 peer support group session, 72 accessed SEND support and 34 attended 31 sessions of Antenatal support. In addition to this 4214 helpline calls were responded to, 6800 support calls were made and there were 13256 instances of SMS/DM support. We also have a closed group with 1327 members.

#### **Brief statement of the Charity's policy on reserves**

Funds to deliver the services are raised from statutory funding, grants, foundations and trusts, fundraising events and donations.

In order to meet future plans we have secured funding to ensure our continued effectiveness and sustainability by increasing leadership capacity and strengthening key functions with the charity to underpin an expansion in service delivery to meet the significant increases in demand we have experienced over recent years.

General Funds £58,560

Designated Funds:

Staff Contingency Reserves £23,996

3 months running costs £125,000

Staff restructure and development £70,000

#### **Staff Contingency Reserve**

This fund represents the costs of making all staff redundant based on staffing levels and years employed as of the 1st April 2025. It is good practice and a reasonable mitigation of risk by the Trustees to ensure that redundancy costs are earmarked to protect the rights of staff and the legal obligations of the Charity should a situation arise where this was deemed necessary. However, trustees anticipate an increase in this required reserve to approximately £33,084 during the 2025/2026 financial year due to planned staff and salary increases

#### **3 months running costs**

In accordance with Mothers for Mothers reserves policy this fund is held in reserves to cover interruption to normal operating activities. The level is based on 3 months' budgeted operating costs for the following financial year.

#### **Staff restructure and development:**

We have a core team of 15 full and part time lived experience staff who are skilled, well trained and well supported. By the nature of year-to-year funding from grants and foundations, and from local authorities, we need to ensure that we are able to provide security and retain this rich talent resource in the event of a longer than ideal transition between funders. There is significant work and investment into recruiting, training and supporting good quality staff who are able to work from their lived experience in a trauma informed way with the complexity and intersecting needs we see at Mothers for Mothers. Uncertainty relating to employment could be a huge risk to us as a charity. We also need to ensure we are able to provide competitive salary increases and have capacity to match potential

## **MOTHERS FOR MOTHERS**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2025**

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increases to NHS and local authority equivalent roles given changes in the political climate. This is heightened due to the ICB procurement process which will remove funding for one of core services.

It is important that the Trustees mitigate against this risk by holding funds in a staff restructure and development fund which would allow us to retain staff and make changes as needed to service delivery which do not have a negative impact upon the families that we support. The sum held is £70,000 which represents the funding needed for 5 months for one of our core services.

These funds – plus the additional funds we are accumulating this year – are to protect our position, our services and our staff – to enable us to provide the Board with a budget that can ensure business as usual moving forward into 2025/26.

#### **Plans for the Future**

##### **Strategic Plans for 2025/26 and Beyond**

In 2025/26, we will launch our new five-year Strategy and Business Plan, reaffirming our commitment to delivering core services in alignment with our Vision, Mission, Aims and Values. Our focus remains on maintaining continuity and excellence in service provision for women, birthing people and their families while advancing our strategic priorities.

##### **Equality, Equity, Diversity, and Inclusion**

As part of our ongoing commitment to equality, equity, diversity, and inclusion, we will enhance the accessibility of our Reach service by introducing support in four additional languages. This initiative aims to reduce barriers faced by women and birthing people in accessing vital services. We will also seek funding to explore further language expansion and identify the most effective service models for inclusive delivery. Our annual staff away day will centre on the theme of allyship, fostering a culture of solidarity and shared responsibility.

##### **Strengthening Partnerships**

We will continue to deepen our collaboration with local VCSE (Voluntary, Community, and Social Enterprise) organisations. In particular, we will formalise partnerships with perinatal mental health VCSEs through a new collaborative network known as HoPE, designed to enhance coordinated support and shared learning across the sector and where appropriate to bid for partnership funding.

##### **National Survey and 45th Anniversary Milestone**

To mark our 45th anniversary, we will launch a national Survey “Tell Us Your Truth: Maternal Mental Health, In Your Words” capturing the experiences of women and birthing people in relation to maternal mental health experiences, alongside insights from VCSE organisations across the UK that support them. The findings will be published in a landmark report, to be launched at the House of Commons on 24 February 2026.

This report will amplify the voices of our community and those of similar organisations nationwide, elevating their lived experiences and ideas to key decision-makers. It will serve as a powerful tool in our efforts to reduce stigma and shame, drive systemic change, and improve outcomes for families both within BNSSG and across the UK.

##### **Impact and Influence**

The data generated will support local advocacy and funding applications, while also providing a national evidence base for lobbying and influencing policy. By making the report accessible to other

## **MOTHERS FOR MOTHERS**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2025**

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VCSEs, we aim to empower peer organisations in strengthening their own services. This initiative will also foster stronger relationships and shared purpose across the VCSE landscape.

#### **Funds Received as Agent or Funds Held as Custodian Trustee**

There are no assets, classes of assets or categories of assets held on behalf of other entities.

#### **Statement of Responsibilities of the Board of Trustees**

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31<sup>st</sup> March 2024 was twelve. The Charity CEO is also a member of the board.

The Board of Trustees are members of the charity, but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

#### **Independent Examiners**

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.



**MOTHERS FOR MOTHERS**

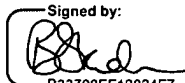
**TRUSTEES' ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2025**

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22/10/2025

Approved by the Board of Trustee on .....and signed on its behalf

Signed by:  


by: .....B33708EF12024F7..... **Bryony Strachan - Chair**

**Mothers for Mothers**

## MOTHERS FOR MOTHERS

### INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2025

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I report on the accounts of the company for the year ended 31st March 2025 which are set out on pages 9 - 24.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

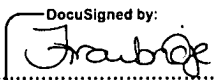
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:  
  
C2F8368E18574EA  
Bristol Community Accountants CIC  
The Park  
Daventry Road  
Knowle Bristol BS4 1DQ

22/10/2025

**MOTHERS FOR MOTHERS****STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)****YEAR ENDED 31 MARCH 2025**

		<b>General Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2025</b>	<b>Total Funds 2024</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income and Endowments from:</b>					
<i>Incoming resources from generated funds</i>					
Grants and donations	<b>2</b>	43,641	345,450	389,091	277,188
Charitable activities	<b>3</b>	-	131,947	131,947	118,201
Other trading activities	<b>4</b>	10,630	-	10,630	-
Investment income	<b>5</b>	13,591	-	13,591	6,133
<b>Total</b>		<b>67,862</b>	<b>477,397</b>	<b>545,259</b>	<b>401,522</b>
<b>Expenditure On:</b>					
Raising funds		-	79,063	79,063	50,428
Charitable activities		(5,834)	396,867	391,033	280,385
<b>Total</b>	<b>7</b>	<b>(5,834)</b>	<b>475,930</b>	<b>470,096</b>	<b>330,813</b>
<b>Net income/(expenditure)</b>		<b>73,696</b>	<b>1,467</b>	<b>75,163</b>	<b>70,709</b>
Transfers between funds	<b>14</b>	5,000	(5,000)	-	-
<b>Net income/(expenditure) before other gains and losses</b>		<b>78,696</b>	<b>(3,533)</b>	<b>75,163</b>	<b>70,709</b>
<b>Net movement in funds</b>		<b>78,696</b>	<b>(3,533)</b>	<b>75,163</b>	<b>70,709</b>
<b>Total funds brought forward</b>		<b>198,860</b>	<b>161,981</b>	<b>360,841</b>	<b>290,132</b>
<b>Total Funds Carried Forward</b>	<b>14</b>	<b>277,556</b>	<b>158,448</b>	<b>436,004</b>	<b>360,841</b>

All of the activities of the charity are classed as continuing

The notes on pages 11 to 24 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

**MOTHERS FOR MOTHERS****BALANCE SHEET****YEAR ENDED 31 MARCH 2025**

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	11	24	32
<b>Current assets</b>			
Debtors	12	21,006	250
Cash at bank and in hand		429,432	372,580
<i>Total current assets</i>		<u>450,438</u>	<u>372,830</u>
<b>Creditors : Amounts falling due within one year</b>	13	(14,458)	(12,021)
<i>Net current assets or liabilities</i>		<u>435,980</u>	<u>360,809</u>
<b>Total net assets or liabilities</b>		<u>436,004</u>	<u>360,841</u>
<b>The Funds of the Charity</b>	14		
Restricted funds		158,448	161,981
Unrestricted funds		277,556	198,860
		<u>436,004</u>	<u>360,841</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

22/10/2025

These financial statements were approved by the trustees on ..... and are signed on their behalf by:

Signed by:  
  
 B33708EF12024F7  
 Bryony Strachan - Chair

Signed by:  
  
 1DAB7F3E5B3E413...  
 Elizabeth Joan Scourse - Treasurer

The notes on pages 11 to 24 form part of these financial statements

# MOTHERS FOR MOTHERS

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDED 31 MARCH 2025

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#### 1 Accounting Policies

##### Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102 and has therefore taken the advantage of the disclosure exemption available to it in relation to presentation of a cash flow statement.

##### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

##### Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
--------------------	---

Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
------------------	---

Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.
------------------	---

##### Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
-----------------------	---

Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
------------------------	--

Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
-------------------------------------	---

## MOTHERS FOR MOTHERS

## NOTES TO THE FINANCIAL STATEMENTS

**YEAR ENDED 31 MARCH 2025**

Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
<b>Expenditure</b>	
Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

## Taxation

The charity is exempt from corporation tax on its charitable activities.

### Tangible fixed assets and depreciation

Tangible fixed assets are carried at cost less accumulated depreciation and impairment losses.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures and Fittings	25	% reducing balance
Equipment	25	% reducing balance

### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

## **MOTHERS FOR MOTHERS**

### **NOTES TO THE FINANCIAL STATEMENTS**

#### **YEAR ENDED 31 MARCH 2025**

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##### **Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

##### **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

##### **Pensions costs**

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

# MOTHERS FOR MOTHERS

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDED 31 MARCH 2025

#### Income and endowments from:

#### 2 Grants and donations

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Local Authority grants	-	39,826	39,826	131,460
Fundraising and other income	29,308	12,750	42,058	21,273
Other grants	14,333	292,874	307,207	124,455
	<u>43,641</u>	<u>345,450</u>	<u>389,091</u>	<u>277,188</u>

#### Donations and legacies - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Local Authority Grants	-	131,460	131,460
Fundraising and other income	19,833	1,440	21,273
Other grants	17,500	106,955	124,455
	<u>37,333</u>	<u>239,855</u>	<u>277,188</u>

#### 3 Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Statutory NHS Funding	-	131,947	131,947	107,983
Collaboration income	-	-	-	10,218
	<u>-</u>	<u>131,947</u>	<u>131,947</u>	<u>118,201</u>

#### Charitable Activities - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Statutory NHS Funding	-	107,983	107,983
Collaboration income	10,218	-	10,218
	<u>10,218</u>	<u>107,983</u>	<u>118,201</u>



**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

**4 Other trading activities**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Earned income	10,630	-	10,630	-
	<u>10,630</u>	<u>-</u>	<u>10,630</u>	<u>-</u>

**5 Investment income**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Bank and savings interest	13,591	-	13,591	6,133
	<u>13,591</u>	<u>-</u>	<u>13,591</u>	<u>6,133</u>

*Raising Funds - prior year*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Bank and savings interest	6,133	-	6,133
	<u>6,133</u>	<u>-</u>	<u>6,133</u>

**6 Government grants**

The charity receives local government grants, defined as funding from Bristol City Council, South Gloucestershire and North Somerset Council to fund charitable activities. The total value of such grants in the period ending 31 March 2025 was £39,825 (2024: £131,460). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2025.

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

**Expenditure on:**

**7 Analysis of expenditure by activities**

	Raising funds 2025 £	Charitable activities 2025 £	Support and Governance costs 2025 £	Total Funds 2025 £	Total Funds 2024 £
Salaries	30,404	281,952	14,530	326,886	227,925
Telephone	-	2,750	-	2,750	2,762
Project Costs	-	7,077	-	7,077	7,240
IT	-	-	7,672	7,672	3,857
Training and supervision	-	-	13,391	13,391	7,727
Printing, postage and stationery	-	-	273	273	1,021
Website	-	-	1,423	1,423	765
Travel	-	4,612	302	4,914	3,785
Room hire	-	-	1,065	1,065	1,580
Volunteer expenses	-	687	-	687	1,359
Sessional fees	-	20,479	-	20,479	7,422
Trustee costs	-	-	437	437	197
Refreshments	-	-	-	-	38
Rent	-	-	11,221	11,221	5,000
Bank charges	-	-	272	272	62
Insurance	-	-	2,338	2,338	1,883
Repairs and renewals	-	-	3,606	3,606	686
Sundry expenses	-	-	2,233	2,233	181
Subscriptions	-	-	2,140	2,140	1,890
Depreciation	-	-	8	8	11
Legal and professional	40,720	26	19,238	59,984	53,939
Independent examinations including accountancy fees	-	-	1,240	1,240	1,483
	<u>71,124</u>	<u>317,583</u>	<u>81,389</u>	<u>470,096</u>	<u>330,813</u>
Allocation of support and governance costs	7,939	73,450	(81,389)	-	
<b>Total expenditure by activity</b>	<u><u>79,063</u></u>	<u><u>391,033</u></u>	<u><u>-</u></u>	<u><u>470,096</u></u>	

10% of support costs have been allocated to fundraising activities in the current year (2023: 3.5%) based on salary allocation

Total governance costs were £2,176 (2024: 1,680)

**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025***Charitable Activities - prior year*

	<i>Raising funds 2024 £</i>	<i>Charitable activities 2024 £</i>	<i>Support and Governance costs 2024 £</i>	<i>Total Funds 2024 £</i>
<i>Salaries</i>	7,654	212,617	7,654	227,925
<i>Telephone</i>	-	2,762	-	2,762
<i>Project Costs</i>	-	7,240	-	7,240
<i>IT</i>	-	-	3,857	3,857
<i>Training and supervision</i>	-	-	7,727	7,727
<i>Printing, postage and stationery</i>	-	-	1,021	1,021
<i>Website</i>	-	-	765	765
<i>Travel</i>	-	3,371	414	3,785
<i>Room hire</i>	-	-	1,580	1,580
<i>Volunteer expenses</i>	-	1,359	-	1,359
<i>Sessional fees</i>	-	7,422	-	7,422
<i>Trustee costs</i>	-	-	197	197
<i>Refreshments</i>	-	-	38	38
<i>Rent</i>	-	-	5,000	5,000
<i>Bank charges</i>	-	-	62	62
<i>Insurance</i>	-	-	1,883	1,883
<i>Repairs and renewals</i>	-	-	686	686
<i>Sundry expenses</i>	-	-	181	181
<i>Subscriptions</i>	-	-	1,890	1,890
<i>Depreciation</i>	-	-	11	11
<i>Legal and professional</i>	41,120	-	12,819	53,939
<i>Independent examinations including accountancy fees</i>	-	-	1,483	1,483
	<u>48,774</u>	<u>234,771</u>	<u>47,268</u>	<u>330,813</u>
	1,654	45,614	(47,268)	-
	<u>50,428</u>	<u>280,385</u>	<u>-</u>	<u>330,813</u>
<b>Total expenditure by activity</b>	<u>50,428</u>	<u>280,385</u>	<u>-</u>	<u>330,813</u>

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

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**8 Net incoming resources for the year**

This is stated after charging:

	2025	2024
	£	£
Depreciation	8	11
Independent Examination	766	696

**9 Staff costs and numbers**

The aggregate payroll costs were:

	2025	2024
	£	£
Wages and salaries	300,092	214,020
Social security costs	23,515	13,228
less		
Employers allowance	(5,000)	(5,000)
Pension costs	8,279	5,677
	<u>326,886</u>	<u>227,925</u>

No employee received emoluments of more than £60,000 (2024: £Nil)

The average monthly head count was 16 staff (2024: 14 staff)

Total employee benefits paid to two key management personnel during the year were £88,526 (2024: one key management personnel £38,271)

**Trustee expenses**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil) No trustees were reimbursed expenses during the year (2024: £14). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

**10 Related Party Transactions**

Mothers for Mothers have entered into a collaboration agreement with a number of parties and the University of Bristol relating to the PARTNER Trial. Mother for Mothers are therefore considered a collaborator and the CEO is a co-applicant in the Trial. Mothers for Mothers receives a quarterly payment to represent the CEO time in the PARTNER Trial. Christy Burden, a Trustee/Director of Mothers for Mothers is the Chief Investigator in the PARTNER Trial.

Other than disclosed above, there were no other related party transactions in the year.

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

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**11 Tangible fixed assets**

	<b>Fittings &amp; Equipment £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 April 2024	6,010	6,010
At 31 March 2025	<u>6,010</u>	<u>6,010</u>
<b>Depreciation</b>		
At 1 April 2024	5,978	5,978
Charge for the year	8	8
At 31 March 2025	<u>5,986</u>	<u>5,986</u>
<b>Net book value</b>		
At 31 March 2025	<u>24</u>	<u>24</u>
At 1 April 2024	<u>32</u>	<u>32</u>

**12 Debtors**

	<b>2025 £</b>	<b>2024 £</b>
Trade debtors	17,779	250
Rental deposits	3,227	-
	<u>21,006</u>	<u>250</u>

**13 Creditors: amounts falling due within one year**

	<b>2025 £</b>	<b>2024 £</b>
Sundry Creditors	9,937	7,053
Accruals	4,521	4,968
	<u>14,458</u>	<u>12,021</u>

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

<b>14 Movement in funds</b>	<b>At 01-Apr 2024 £</b>	<b>Incoming resources £</b>	<b>Outgoing resources £</b>	<b>Transfers £</b>	<b>At 31-Mar 2025 £</b>
<b>Restricted funds</b>					
BNSSG ICB Client Care	34,272	88,387	(119,886)	-	2,773
NHS England	-	29,008	-	-	29,008
The National lottery RC comm. Fund	8,515	34,833	(28,753)	-	14,595
The National lottery Awards for All	-	18,975	(1,736)	-	17,239
The National lottery	-	150,833	(129,088)	-	21,745
Children in Need	10,000	-	(10,000)	-	-
Nisbet Trust	5,833	4,167	-	-	10,000
29 May 1961 Charitable Trust	-	10,000	-	(5,000)	5,000
Garfield Weston	-	25,000	(25,000)	-	-
James Tudor	-	15,000	(15,000)	-	-
Quartet Express Groups	5,000	-	(1,513)	-	3,487
Quartet North Somerset	-	10,000	(607)	-	9,393
Quartet Catalyst	3,698	7,997	(3,698)	-	7,997
Quartet Wesleyan	3,976	-	(3,976)	-	-
Quartet Resilience	-	8,100	(3,191)	-	4,909
Bristol City Council	53,580	19,825	(73,405)	-	-
Feeding Bristol	-	2,970	(2,970)	-	-
Medlock Charitable Trust	-	5,000	(5,000)	-	-
North Somerset Council	20,000	-	(20,000)	-	-
North Somerset via ICB	-	14,552	-	-	14,552
South Gloucestershire Council	2,431	20,000	(17,431)	-	5,000
St James Place	6,676	-	(6,676)	-	-
St Stephen & St James Trust	5,000	-	(5,000)	-	-
J & M Britton	2,000	-	(2,000)	-	-
Tesco	1,000	-	(1,000)	-	-
Mewburn Ellis Corporation	-	7,000	-	-	7,000
Denman	-	1,200	-	-	1,200
Sir Jules Thorn	-	3,000	-	-	3,000
Bristol Masons	-	1,550	-	-	1,550
<b>Total restricted funds</b>	<b>161,981</b>	<b>477,397</b>	<b>(475,930)</b>	<b>(5,000)</b>	<b>158,448</b>
<b>Unrestricted funds</b>					
General funds	3,087	67,862	5,834	(18,223)	58,560
Designated:					
Staff Contingency Reserve	20,773	-	-	3,223	23,996
3 months running costs	125,000	-	-	-	125,000
Staff restructure and development	50,000	-	-	20,000	70,000
<b>Total unrestricted funds</b>	<b>198,860</b>	<b>67,862</b>	<b>5,834</b>	<b>5,000</b>	<b>277,556</b>
<b>Total funds</b>	<b>360,841</b>	<b>545,259</b>	<b>(470,096)</b>	<b>-</b>	<b>436,004</b>

**Purpose of Designated funds**

Staff contingency, running costs and development - Funds held for future running costs and restructuring and development of the organisation in the event of a reduction in funding as detailed in the reserves policy on page 4.

# MOTHERS FOR MOTHERS

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

### Purpose of restricted funds

BNSSG ICB Client Care

Provide Reach peer support workers salaries

NHS England

Support towards staff time during training

The National Lottery RC comm. Fund

Art psychotherapy Year 3 of 3

The National Lottery Awards for All

South Gloucestershire home visiting service

The National Lottery

Senior leadership team

Children in Need

Play support worker

Nisbet Trust

Core costs

29 May 1961 Charitable Trust

Core costs

Garfield Weston

Core costs

James Tudor

Core costs

Quartet Express

Peer support groups

Quartet North Somerset

North Somerset Project

Quartet Catalyst

Dads and Partners peer support group

Quartet Wesleyan

Antenatal group

Quartet Resilience

Wide ranging support for structure and development of the charity

Bristol City Council

Home visiting and diadic art psychotherapy

Feeding Bristol

Project costs

Medlock Charitable Trust

North Somerset

North Somerset Council

Mental Health Community Grant for work in North Somerset

North Somerset via ICB

For children and young people

South Gloucestershire Council

Part funding for peer support groups and home visiting

St James Place

SEND support

St Stephen & St James Trust

Peer support groups

J & M Britton

Support in the Bristol area

Tesco

North Somerset Project

Mewburn Ellis Corporation

Dad's group

Denman

Core costs

Sir Jules Thorn

Reach service

Bristol Masons

Furniture and IT

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

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**15 Analysis of net assets between funds**

	<b>General Fund £</b>	<b>Designated Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
Tangible Fixed Assets	24	-	-	24
Cash at Bank and in Hand	51,988	218,996	158,448	429,432
Other Net Current Assets/(Liabilities)	6,548	-	-	6,548
<b>Total</b>	<b>58,560</b>	<b>218,996</b>	<b>158,448</b>	<b>436,004</b>

*Analysis of net assets between funds - prior year*

	<i>General Fund £</i>	<i>Designated Funds £</i>	<i>Restricted Funds £</i>	<i>Total £</i>
<i>Tangible Fixed Assets</i>	<i>32</i>	<i>-</i>	<i>-</i>	<i>32</i>
<i>Cash at Bank and in Hand</i>	<i>14,826</i>	<i>195,773</i>	<i>161,981</i>	<i>372,580</i>
<i>Other Net Current Assets/(Liabilities)</i>	<i>(11,771)</i>	<i>-</i>	<i>-</i>	<i>(11,771)</i>
<b>Total</b>	<b>3,087</b>	<b>195,773</b>	<b>161,981</b>	<b>360,841</b>

**16 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.



**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****17 Analysis of prior year funds, as required by paragraph 4.2. of the SORP**

	<b>Prior Year Unrestricted Funds 2024 £</b>	<b>Prior Year Restricted Funds 2024 £</b>	<b>Prior Year Total Funds 2024 £</b>
<b>Income and Endowments From:</b>			
Donations and legacies	37,333	239,855	277,188
Charitable activities	10,218	107,983	118,201
Investment income	6,133	-	6,133
<b>Total</b>	<b>53,684</b>	<b>347,838</b>	<b>401,522</b>
<b>Expenditure On:</b>			
Raising funds	-	50,428	50,428
Charitable activities	13,952	266,433	280,385
<b>Total</b>	<b>13,952</b>	<b>316,861</b>	<b>330,813</b>
<b>Net income/(expenditure)</b>	<b>39,732</b>	<b>30,977</b>	<b>70,709</b>
Transfers between funds	17,000	(17,000)	-
<b>Net movement in funds</b>	<b>56,732</b>	<b>13,977</b>	<b>70,709</b>
<b>Reconciliation of Funds:</b>			
Total funds brought forward	142,128	148,004	290,132
<b>Total funds carried forward</b>	<b>198,860</b>	<b>161,981</b>	<b>360,841</b>

**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****18 Movement in material funds for previous period**

	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
<b>Restricted funds</b>					
BNSSG ICB Client Care	38,898	107,982	(112,608)		34,272
Avon & Wiltshire MH partnership	34,850	-	(34,850)	-	-
The National lottery RC comm. Fund	4,162	37,389	(33,036)	-	8,515
The National lottery Awards for All	3,066	-	(3,066)	-	-
Children in Need	10,000	10,000	(10,000)	-	10,000
Nisbet Trust	5,000	10,000	(9,167)	-	5,833
Newby Trust	10,000	-	-	(10,000)	-
Garfield Weston	25,000	-	(25,000)	-	-
Northwick	5,000	-	-	(5,000)	-
McFarlane Walker	1,000	-	(1,000)	-	-
Albert Hunt	2,000	-	-	(2,000)	-
Doughty	2,000	-	(2,000)	-	-
NHS Art Psychotherapy	2,400	-	(2,400)	-	-
Quartet Express	4,628	5,000	(4,628)	-	5,000
Quartet Express		1,000	(1,000)		-
Quartet Catalyst	-	5,060	(1,362)		3,698
Quartet Wesleyan	-	6,646	(2,670)		3,976
Bristol City Council	-	79,304	(25,724)	-	53,580
Feeding Bristol	-	3,300	(3,300)	-	-
Medlock	-	5,000	(5,000)	-	-
North Somerset Council	-	40,000	(20,000)	-	20,000
South Gloucestershire Council	-	12,157	(9,726)	-	2,431
St James Place	-	10,000	(3,324)	-	6,676
St Stephen & St James Trust	-	5,000	-	-	5,000
Jack Lane	-	2,000	(2,000)	-	-
J & M Britton	-	2,000	-	-	2,000
Society of Merchant Venturers	-	5,000	(5,000)	-	-
Tesco	-	1,000	-	-	1,000
<b>Total restricted funds</b>	<b>148,004</b>	<b>347,838</b>	<b>(316,861)</b>	<b>(17,000)</b>	<b>161,981</b>
<b>Unrestricted funds</b>					
General funds	2,653	53,684	(13,952)	(39,298)	3,087
Designated:					
Staff Contingency Reserve	14,475	-	-	6,298	20,773
3 months running costs	75,000	-	-	50,000	125,000
Staff restructure & development	50,000	-	-	-	50,000
<b>Total unrestricted funds</b>	<b>142,128</b>	<b>53,684</b>	<b>(13,952)</b>	<b>17,000</b>	<b>198,860</b>
<b>Total funds</b>	<b>290,132</b>	<b>401,522</b>	<b>(330,813)</b>	<b>-</b>	<b>360,841</b>