

**MOTHERS FOR MOTHERS**  
**FINANCIAL STATEMENTS**

**31 MARCH 2024**

**Company Registration Number 08764052**  
**Charity Number 1185281**

**MOTHERS FOR MOTHERS**

**FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2024**

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MOTHERS FOR MOTHERS

TRUSTEES’ ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

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Company number	08764052	
Charity number	1185281	
Registered office and operational address	The Gatehouse Centre Hareclive Road Bristol BS13 9JN	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:  Elizabeth Joan Scourse Chandrika Balachandar Claire Storey Kym Birtwell-Thompson Natalie Anne Campbell Kelly Jane Anne Avis-Hay Melanie Lloyd Dr Christy Burden Dr Caroline Scrase Laura Kathleen Ward Annette Lang Suzanne Stollery (resigned June 2024)	
Key Management Personnel	Maria Viner	Chief Executive Officer
Bankers	CAF Bank 25 Kings Hill Avenue Kent ME19 4JQ	Flagstone 1 <sup>st</sup> Floor, Clareville House 26-27 Oxendon Street London SW1Y 4EL
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

# **MOTHERS FOR MOTHERS**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 MARCH 2024**

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The trustees present their report and the examined financial statements for the period ended 31 March 2024.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Governance and Management**

Mothers for Mothers began work as a voluntary organisation in January 1981. It was originally registered as a charity on 10 July 1992 (1012642). The original charity's funds and assets were gifted to the successor charitable company which has taken on the charitable activities.

A charitable company limited by guarantee was incorporated on 6 November 2013 registered as a charity on 12 September 2019. On 1st April 2020 the charity began to operate under the new charity number: 1185281. The organisation is a company limited by guarantee and registered charity.

The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

#### **Method of Recruiting and Appointing Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of two years after which they must be re-elected at the next Annual General Meeting.

#### **Organisational structure**

Mothers for Mothers has a Board of Trustees who meet at least once a quarter and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has eleven members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

#### **Risk Management**

The Board of Trustees is legally responsible for ensuring that the organisation is adequately resourced, and that financial procedures and controls are effective and in place. The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces.

# **MOTHERS FOR MOTHERS**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 MARCH 2024**

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#### **Related parties**

Mothers for Mothers have entered into a collaboration agreement with a number of parties and the University of Bristol relating to the PARTNER Trial. Mother for Mothers are therefore considered a collaborator and the CEO is a co-applicant in the Trial. Mothers for Mothers receives a quarterly payment to represent the CEO time in the PARTNER Trial. Christy Burden, a Trustee/Director of Mothers for Mothers is the Chief Investigator in the PARTNER Trial.

#### **Objectives and Activities**

The Company's objectives:

The charitable purposes of the company are:

- (a) the advancement of mental health for mothers, particularly through the care of those suffering from emotional or psychiatric disorder or mental illness associated with pregnancy and childbirth and those affected by their conditions, including their children, spouses, partners and other family members, and
- (b) the advancement and promotion of high standards of education and care in all matters concerning emotional or psychiatric disorder or mental illness associated with pregnancy and childbirth.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Mothers for Mothers should undertake.

#### **Review of main achievements and activities during the year**

Since 1981 Mothers for Mothers has supported families affected by maternal mental illness (PMH) across Bristol, South Gloucestershire and North Somerset. We offer support to women during pregnancy and until their youngest child attends school, from illness to wellness, through our support services: Reach helpline/support calls, Home Visiting, Art Psychotherapy and Counselling, Peer Support Groups/Antenatal Groups/Dads Groups and SEND support.

Our services are delivered by women with lived experience of perinatal mental illness.

We aim to achieve the following outcomes for the women and families we work with:

- Improved confidence, resilience and relationships with children and family, leading to faster recovery.
- Improving children's emotional development by supporting mothers to be sensitive and responsive in their relationships with their children.
- Reduced social isolation and improved social and support networks.
- More awareness of perinatal mental illness (PMH) and the support available
- Improved care and services for maternal mental illness.

During the accounting period, to deliver the above services Mothers for Mothers has employed 15 members of staff.

Mothers for Mothers has trained and supported a team of volunteers to include student placements. During this accounting period Mothers for Mothers has received Pro Bono Support from The Cranfield Trust and has used Staple Hill, Hartcliffe, Clevedon, Oldmixon and Patchway Family Hubs for 2 hours per week free of charge.

# **MOTHERS FOR MOTHERS**

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### **YEAR ENDED 31 MARCH 2024**

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In the reporting year Mother for Mothers has supported 792 families. Of these families 117 received 782 home visits, 85 received 506 sessions of Art Psychotherapy or Counselling, 228 attended 270 peer support group session, 30 accessed SEND support and 32 attended 40 sessions of Antenatal support. In addition to these, 3061 helpline calls were responded to, 6407 support calls were made and there were 9382 instances of SMS/DM support. We also have a closed group with 1114 members.

#### **Brief statement of the Charity's policy on reserves**

Funds to deliver the services are raised from statutory funding, grants, foundations and trusts, fundraising events and donations.

In order to meet future plans we have secured funding to ensure our continued effectiveness and sustainability by increasing leadership capacity and strengthening key functions with the charity to underpin an expansion in service delivery to meet the significant increases in demand we have experienced over recent years.

General Funds £3,087

Designated Funds:

Staff Contingency Reserves £20,773

3 months running costs £125,000

Staff restructure and development £50,000

#### **Staff Contingency Reserve**

This fund represents the costs of making all staff redundant based on staffing levels and years employed as of the 1st April 2024. It is good practice and a reasonable mitigation of risk by the Trustees to ensure that redundancy costs are earmarked to protect the rights of staff and the legal obligations of the Charity should a situation arise where this was deemed necessary.

#### **3 months running costs**

In accordance with Mothers for Mothers reserves policy this fund is held in reserves to cover interruption to normal operating activities. The level is based on 3 months' budgeted core operating costs for the following financial year.

#### **Staff restructure and development:**

We have a core team of 15 full and part time lived experience staff who are skilled, well trained and well supported. By the nature of year-to-year funding from grants and foundations, and from local authorities, we need to ensure that we are able to provide security and retain this rich talent resource in the event of a longer than ideal transition between funders. There is significant work and investment into recruiting, training and supporting good quality staff who are able to work from their lived experience in a trauma informed way with the complexity and intersecting needs we see at Mothers for Mothers. Uncertainty relating to employment could be a huge risk to us as a charity. We also need to ensure we are able to provide competitive salary increases and have capacity to match potential increases to NHS and local authority equivalent roles given changes in the political climate. This is heightened due to the ICB procurement process which will remove funding for one of core services.

# **MOTHERS FOR MOTHERS**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 MARCH 2024**

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It is important that the Trustees mitigate against this risk by holding funds in a staff restructure and development fund which would allow us to retain staff and make changes as needed to service delivery which do not have a negative impact upon the families that we support. The sum held is £50,000 which represents the funding needed for 5 months for one of our core services.

These funds – plus the additional funds we are accumulating this year – are to protect our position, our services and our staff – to enable us to provide the Board with a budget that can ensure business as usual moving forward into 25/26.

#### **Plans for the Future**

The year 24/25 will see the introduction of the first Senior Leadership Team composed of the CEO role, plus a Business Manager and Operations Manager funded by the National Lottery. This will increase the capacity of the organisation to match the unplanned growth and demand for services that has arisen during and following the pandemic and as a result of changes within our local system and to the perinatal mental health pathway. We intend to build on capacity and begin work to diversify income streams. There will also be a move to a new premises in a well resourced community building providing a psychological safe environment for families and staff, and better resourced therapy and office spaces.

We will continue to support approximately 800 families a year through our core support services and discreet projects. We will continue our National work with the Tommy's National Centre for Maternity Improvement and the Bristol Trials Unit. As a number of our funding streams will be coming to an end we will concentrate on raising funds for our core services and will take part in the ICB procurement process for the perinatal mental health non-statutory community redesign.

#### **Funds Received as Agent or Funds Held as Custodian Trustee**

There are no assets, classes of assets or categories of assets held on behalf of other entities.

#### **Statement of Responsibilities of the Board of Trustees**

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

MOTHERS FOR MOTHERS

TRUSTEES’ ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

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The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31<sup>st</sup> March 2024 was twelve. The Charity CEO is also a member of the board.

The Board of Trustees are members of the charity, but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company’s independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

17/10/2024

Approved by the Board of Trustee on .....and signed on its behalf

Signed by:



B33708EF12024F7...

by: ..... Natalie Anne Campbell - Chair

Mothers for Mothers



# MOTHERS FOR MOTHERS

## INDEPENDENT EXAMINERS REPORT

### YEAR ENDED 31 MARCH 2024

I report on the accounts of the company for the year ended 31st March 2024 which are set out on pages 8 - 23.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

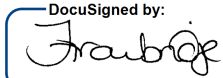
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:  
  
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Bristol Community Accountants CIC  
 The Park  
 Daventry Road  
 Knowle Bristol BS4 1DQ

21/10/2024

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**MOTHERS FOR MOTHERS****STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)****YEAR ENDED 31 MARCH 2024**

		<b>General Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming and Endowments from:</b>					
<i>Incoming resources from generated funds</i>					
Donations and legacies	<b>2</b>	37,333	239,855	277,188	167,639
Charitable activities	<b>3</b>	10,218	107,983	118,201	128,880
Other trading activities	<b>4</b>	-	-	-	1,000
Investment income	<b>5</b>	6,133	-	6,133	1,834
<b>Total</b>		<b>53,684</b>	<b>347,838</b>	<b>401,522</b>	<b>299,353</b>
<b>Expenditure On:</b>					
Charitable activities	<b>7</b>	2,236	273,155	275,391	274,828
Other	<b>8</b>	11,716	43,706	55,422	30,672
<b>Total</b>		<b>13,952</b>	<b>316,861</b>	<b>330,813</b>	<b>305,500</b>
<b>Net income/(expenditure)</b>		<b>39,732</b>	<b>30,977</b>	<b>70,709</b>	<b>(6,147)</b>
Transfers between funds	<b>15</b>	17,000	(17,000)	-	-
<b>Net income/(expenditure) before other gains and losses</b>		<b>56,732</b>	<b>13,977</b>	<b>70,709</b>	<b>(6,147)</b>
<b>Net movement in funds</b>		<b>56,732</b>	<b>13,977</b>	<b>70,709</b>	<b>(6,147)</b>
<b>Total funds brought forward</b>		<b>142,128</b>	<b>148,004</b>	<b>290,132</b>	<b>296,279</b>
<b>Total Funds Carried Forward</b>	<b>15</b>	<b>198,860</b>	<b>161,981</b>	<b>360,841</b>	<b>290,132</b>

All of the activities of the charity are classed as continuing

**The notes on pages 10 to 23 form part of these financial statements**

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

**MOTHERS FOR MOTHERS****BALANCE SHEET****YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	12	32	43
<b>Current assets</b>			
Debtors	13	250	40,386
Cash at bank and in hand		372,580	255,217
<i>Total current assets</i>		372,830	295,603
<b>Creditors : Amounts falling due within one year</b>	14	(12,021)	(5,514)
<i>Net current assets or liabilities</i>		360,809	290,089
<b>Total net assets or liabilities</b>		360,841	290,132
<b>The Funds of the Charity</b>	15		
Restricted funds		161,981	148,004
Unrestricted funds		198,860	142,128
		360,841	290,132

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

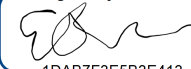
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

17/10/2024

These financial statements were approved by the trustees on ..... and are signed on their behalf by:

Signed by:  
  
 .....B33708EF42024F7..  
 Natalie Anne Campbell- Chair

Signed by:  
  
 .....1DAB7F3E5B3E413..  
 Elizabeth Joan Scourse - Treasurer

The notes on pages 10 to 23 form part of these financial statements

# MOTHERS FOR MOTHERS

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDED 31 MARCH 2024

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#### 1 Accounting Policies

##### Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102 and has therefore taken the advantage of the disclosure exemption available to it in relation to presentation of a cash flow statement.

##### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

##### Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

##### Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts <sup>2</sup>	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.



## **MOTHERS FOR MOTHERS**

### **NOTES TO THE FINANCIAL STATEMENTS**

#### **YEAR ENDED 31 MARCH 2024**

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##### **Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

##### **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

##### **Pensions costs**

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

# MOTHERS FOR MOTHERS

## NOTES TO THE FINANCIAL STATEMENTS

### YEAR ENDED 31 MARCH 2024

#### Income and Endowments From:

#### 2 Grants, Donations and Legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Local Authority grants	-	131,460	131,460	9,456
Fundraising and other income	19,833	1,440	21,273	19,090
Other grants	17,500	106,955	124,455	139,093
	<u>37,333</u>	<u>239,855</u>	<u>277,188</u>	<u>167,639</u>

#### Donations and legacies - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Local Authority Grants	9,456	-	9,456
Fundraising and other income	19,090	-	19,090
Other grants	-	139,093	139,093
	<u>28,546</u>	<u>139,093</u>	<u>167,639</u>

#### 3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Statutory NHS Funding	-	107,983	107,983	128,880
Collaboration income	10,218	-	10,218	-
	<u>10,218</u>	<u>107,983</u>	<u>118,201</u>	<u>128,880</u>

#### Charitable Activities - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Statutory NHS Funding	87,590	41,290	128,880
	<u>87,590</u>	<u>41,290</u>	<u>128,880</u>

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

**4 Other Trading Activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Earned income	-	-	-	1,000
	-	-	-	1,000
<i>Other Trading Activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>	
<i>Earned income</i>	<i>1,000</i>	<i>-</i>	<i>1,000</i>	
	<i>1,000</i>	<i>-</i>	<i>1,000</i>	

**5 Investment income**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Bank and savings interest	6,133	-	6,133	1,834
	6,133	-	6,133	1,834
<i>Raising Funds - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>	
<i>Bank and savings interest</i>	<i>1,834</i>	<i>-</i>	<i>1,834</i>	
	<i>1,834</i>	<i>-</i>	<i>1,834</i>	

**6 Government Grants**

The charity receives government grants, defined as funding from Bristol City Council, South Gloucestershire Council and North Somerset Council to fund charitable activities. The total value of such grants in the period ending 31 March 2024 was £131,460 (2023: £9,456). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2024.



**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****Expenditure on:****7 Charitable Activities**

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Salaries	833	227,092	227,925	204,851
Telephone	-	2,762	2,762	2,622
Project Costs	128	7,112	7,240	24,313
IT	-	3,857	3,857	3,647
Training and supervision	-	7,727	7,727	9,459
Printing, postage and stationery	49	972	1,021	944
Website	-	765	765	270
Travel	-	3,785	3,785	4,224
Room hire	-	1,580	1,580	2,135
Volunteer expenses	46	1,313	1,359	1,940
Sessional fees	-	7,422	7,422	1,440
Trustee costs	-	197	197	451
Refreshments	-	38	38	-
Rent	-	5,000	5,000	5,000
Bank charges	62	-	62	72
Insurance	-	1,883	1,883	1,904
Repairs and renewals	-	686	686	9,801
Sundry expenses	(58)	239	181	405
Subscriptions	1,165	725	1,890	1,336
Depreciation	11	-	11	14
	<u>2,236</u>	<u>273,155</u>	<u>275,391</u>	<u>274,828</u>

*Continued...*

**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024**

<i>Charitable Activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
<i>Salaries</i>	<i>90,548</i>	<i>114,303</i>	<i>204,851</i>
<i>Telephone</i>	<i>-</i>	<i>2,622</i>	<i>2,622</i>
<i>Project Costs</i>	<i>157</i>	<i>24,156</i>	<i>24,313</i>
<i>IT</i>	<i>281</i>	<i>3,366</i>	<i>3,647</i>
<i>Training and supervision</i>	<i>155</i>	<i>9,304</i>	<i>9,459</i>
<i>Printing, postage and stationery</i>	<i>-</i>	<i>944</i>	<i>944</i>
<i>Website</i>	<i>-</i>	<i>270</i>	<i>270</i>
<i>Travel</i>	<i>-</i>	<i>4,224</i>	<i>4,224</i>
<i>Room hire</i>	<i>390</i>	<i>1,745</i>	<i>2,135</i>
<i>Volunteer expenses</i>	<i>-</i>	<i>1,940</i>	<i>1,940</i>
<i>Sessional fees</i>	<i>-</i>	<i>1,440</i>	<i>1,440</i>
<i>Trustee costs</i>	<i>451</i>	<i>-</i>	<i>451</i>
<i>Rent</i>	<i>-</i>	<i>5,000</i>	<i>5,000</i>
<i>Bank charges</i>	<i>72</i>	<i>-</i>	<i>72</i>
<i>Insurance</i>	<i>-</i>	<i>1,904</i>	<i>1,904</i>
<i>Repairs and renewals</i>	<i>-</i>	<i>9,801</i>	<i>9,801</i>
<i>Sundry expenses</i>	<i>-</i>	<i>405</i>	<i>405</i>
<i>Subscriptions</i>	<i>809</i>	<i>527</i>	<i>1,336</i>
<i>Depreciation</i>	<i>-</i>	<i>14</i>	<i>14</i>
	<b><i>92,863</i></b>	<b><i>181,965</i></b>	<b><i>274,828</i></b>

**8 Other**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Legal and professional	10,383	43,556	53,939	29,817
Independent examinations including accountancy fees	1,333	150	1,483	855
	<b>11,716</b>	<b>43,706</b>	<b>55,422</b>	<b>30,672</b>

<i>Other - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
<i>Legal and professional</i>	<i>20,323</i>	<i>9,494</i>	<i>29,817</i>
<i>Accountancy fees</i>	<i>239</i>	<i>616</i>	<i>855</i>
	<b><i>20,562</i></b>	<b><i>10,110</i></b>	<b><i>30,672</i></b>

**MOTHERS FOR MOTHERS**

**NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2024**

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**9 Net incoming resources for the year**

This is stated after charging:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Depreciation	11	14
Independent Examination	696	855
	<u>696</u>	<u>855</u>

**10 Staff costs and numbers**

The aggregate payroll costs were:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	214,020	191,426
Social security costs	8,228	8,068
Pension costs	5,677	5,357
	<u>227,925</u>	<u>204,851</u>

No employee received emoluments of more than £60,000 (2023: £Nil)

The average monthly head count was 14 staff (2023: 14 staff)

Total employee benefits paid to key management personnel during the year were £38,271

**Trustee expenses**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil) One trustee was reimbursed expenses of £14 during the year (2023: £nil). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

**11 Related Party Transactions**

Mothers for Mothers have entered into a collaboration agreement with a number of parties and the University of Bristol relating to the PARTNER Trial. Mother for Mothers are therefore considered a collaborator and the CEO is a co-applicant in the Trial. Mothers for Mothers receives a quarterly payment to represent the CEO time in the PARTNER Trial. Christy Burden, a Trustee/Director of Mothers for Mothers is the Chief Investigator in the PARTNER Trial.

Other than disclosed above, there were no other related party transactions in the year.

**MOTHERS FOR MOTHERS**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

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**12 Tangible fixed assets**

	<b>Fittings &amp; Equipment £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 April 2023	6,010	6,010
At 31 March 2024	<u>6,010</u>	<u>6,010</u>
<b>Depreciation</b>		
At 1 April 2023	5,967	5,967
Charge for the year	11	11
At 31 March 2024	<u>5,978</u>	<u>5,978</u>
<b>Net book value</b>		
At 31 March 2024	<u>32</u>	<u>32</u>
At 1 April 2023	<u>43</u>	<u>43</u>

**13 Debtors**

	<b>2024 £</b>	<b>2023 £</b>
Trade debtors	250	40,386
	<u>250</u>	<u>40,386</u>

**14 Creditors: amounts falling due within one year**

	<b>2024 £</b>	<b>2023 £</b>
Sundry Creditors	7,053	5,229
Accruals	4,968	285
	<u>12,021</u>	<u>5,514</u>

**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****15 Movement in funds**

	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
<b>Restricted funds</b>					
BNSSG ICB Client Care	38,898	107,982	(112,608)		34,272
Avon & Wiltshire MH partnership	34,850	-	(34,850)	-	-
The National lottery RC comm. Fund	4,162	37,389	(33,036)	-	8,515
The National lottery Awards for All	3,066	-	(3,066)	-	-
Children in Need	10,000	10,000	(10,000)	-	10,000
Nisbet Trust	5,000	10,000	(9,167)	-	5,833
Newby Trust	10,000	-	-	(10,000)	-
Garfield Weston	25,000	-	(25,000)	-	-
Northwick	5,000	-	-	(5,000)	-
McFarlane Walker	1,000	-	(1,000)	-	-
Albert Hunt	2,000	-	-	(2,000)	-
Doughty	2,000	-	(2,000)	-	-
NHS Art Psychotherapy	2,400	-	(2,400)	-	-
Quartet Express	4,628	5,000	(4,628)	-	5,000
Quartet Express		1,000	(1,000)		-
Quartet Catalyst	-	5,060	(1,362)		3,698
Quartet Wesleyan	-	6,646	(2,670)		3,976
Bristol City Council	-	79,304	(25,724)	-	53,580
Feeding Bristol	-	3,300	(3,300)	-	-
Medlock	-	5,000	(5,000)	-	-
North Somerset Council	-	40,000	(20,000)	-	20,000
South Gloucestershire Council	-	12,157	(9,726)	-	2,431
St James Place	-	10,000	(3,324)	-	6,676
St Stephen & St James Trust	-	5,000	-	-	5,000
Jack Lane	-	2,000	(2,000)	-	-
J & M Britton	-	2,000	-	-	2,000
Society of Merchant Venturers	-	5,000	(5,000)	-	-
Tesco	-	1,000	-	-	1,000
<b>Total restricted funds</b>	<b>148,004</b>	<b>347,838</b>	<b>(316,861)</b>	<b>(17,000)</b>	<b>161,981</b>
<b>Unrestricted funds</b>					
General funds	2,653	53,684	(13,952)	(39,298)	3,087
Designated:					
Staff Contingency Reserve	14,475	-	-	6,298	20,773
3 months running costs	75,000	-	-	50,000	125,000
Staff restructure & development	50,000	-	-	-	50,000
<b>Total unrestricted funds</b>	<b>142,128</b>	<b>53,684</b>	<b>(13,952)</b>	<b>17,000</b>	<b>198,860</b>
<b>Total funds</b>	<b>290,132</b>	<b>401,522</b>	<b>(330,813)</b>	<b>-</b>	<b>360,841</b>

**Notes:****Transfer between funds**

Contribution from restricted funds for core costs

**Purpose of Designated funds**

Funds held for futures running costs and restructuring and development of the organisation in the event of a reduction in funding as detailed in the reserves policy on page 4.

## MOTHERS FOR MOTHERS

### NOTES TO THE FINANCIAL STATEMENTS

#### YEAR ENDED 31 MARCH 2024

##### Purpose of restricted funds

BNSSG ICB Client Care	Provide support for women suffering with Maternal Mental Health and emotional wellbeing needs.
Avon & Wiltshire MH partnership	Staff salaries
The National lottery RC comm. Fund	Art Psychotherapy Year 2 of 3
The National lottery Awards for All	South Gloucestershire Home visiting service
Children in Need	Play Support Worker
Nisbet Trust	Core costs
Newby Trust	Core costs
Garfield Weston	Core costs
Northwick	Art Psychotherapy
McFarlane Walker	Core costs
Albert Hunt	Supporting women living in disadvantaged areas of Bristol who are challenged by
Doughty	Core Costs
NHS Art Psychotherapy	Art Psychotherapy
Quartet Express	Groups
Quartet Catalyst	Dads and Partners Peer Support Group
Quartet Wesleyan	Antenatal Group
Bristol City Council	HV and Art Psych
Feeding Bristol	Project Costs
Medlock	North Somerset
North Somerset Council	Mental Health Community Grant for work in NS
South Gloucestershire Council	Part fund peer support groups
St James Place	SEND Support
St Stephen & St James Trust	Groups
Jack Lane	South Gloucestershire
J & M Britton	Support in the Bristol area
Society of Merchant Venturers	Core costs
Tesco	North Somerset

**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****16 Analysis of net assets between funds**

	<b>General Fund £</b>	<b>Designated Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
Tangible Fixed Assets	32	-	-	32
Cash at Bank and in Hand	14,826	195,773	161,981	372,580
Other Net Current Assets/(Liabilities)	(11,771)	-	-	(11,771)
<b>Total</b>	<b>3,087</b>	<b>195,773</b>	<b>161,981</b>	<b>360,841</b>

*Analysis of net assets between funds - prior year*

	<i>General Fund £</i>	<i>Designated Funds £</i>	<i>Restricted Funds £</i>	<i>Total £</i>
<i>Tangible Fixed Assets</i>	<i>43</i>	<i>-</i>	<i>-</i>	<i>43</i>
<i>Cash at Bank and in Hand</i>	<i>(32,262)</i>	<i>139,475</i>	<i>148,004</i>	<i>255,217</i>
<i>Other Net Current Assets/(Liabilities)</i>	<i>34,872</i>	<i>-</i>	<i>-</i>	<i>34,872</i>
<b><i>Total</i></b>	<b><i>2,653</i></b>	<b><i>139,475</i></b>	<b><i>148,004</i></b>	<b><i>290,132</i></b>

**17 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****18 Analysis of prior year funds, as required by paragraph 4.2. of the SORP**

	<i>Prior Year Unrestricted Funds 2023 £</i>	<i>Prior Year Restricted Funds 2023 £</i>	<i>Prior Year Total Funds 2023 £</i>
<b><i>Income and Endowments From:</i></b>			
Donations and legacies	28,546	139,093	167,639
Charitable activities	87,590	41,290	128,880
Other trading activities	1,000	-	1,000
Investment income	1,834	-	1,834
<b>Total</b>	<b>118,970</b>	<b>180,383</b>	<b>299,353</b>
<b><i>Expenditure On:</i></b>			
Charitable activities	92,862	181,966	274,828
Other	20,562	10,110	30,672
<b>Total</b>	<b>113,424</b>	<b>192,076</b>	<b>305,500</b>
<b><i>Net income/(expenditure)</i></b>	<b>5,546</b>	<b>(11,693)</b>	<b>(6,147)</b>
<i>Transfers between funds</i>	-	-	-
<b><i>Net movement in funds</i></b>	<b>5,546</b>	<b>(11,693)</b>	<b>(6,147)</b>
<b><i>Reconciliation of Funds:</i></b>			
Total funds brought forward	136,582	159,697	296,279
<b>Total funds carried forward</b>	<b>142,128</b>	<b>148,004</b>	<b>290,132</b>



**MOTHERS FOR MOTHERS****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****19 Movement in material funds for previous period**

	<b>At 01-Apr 2022 £</b>	<b>Incoming resources £</b>	<b>Outgoing resources £</b>	<b>Transfers £</b>	<b>At 31-Mar 2023 £</b>
<b>Restricted funds</b>					
BNSSG ICB Client Care	-	38,898	-	-	38,898
Avon & Wiltshire MH partnership	-	34,850	-	-	34,850
The national lottery RC comm. Fund	-	31,835	(27,673)	-	4,162
The national lottery awards for all	-	9,800	(6,734)	-	3,066
Children in Need	-	10,000	-	-	10,000
Nisbet Trust	-	5,000	-	-	5,000
Newby Trust	-	10,000	-	-	10,000
Garfield Weston	-	25,000	-	-	25,000
Northwick	-	5,000	-	-	5,000
McFarlane Walker	-	1,000	-	-	1,000
Albert Hunt	-	2,000	-	-	2,000
Doughty	-	2,000	-	-	2,000
Bristol City Council	55,406	-	(55,406)	-	-
NHS Art Psychotherapy	9,000	-	(6,600)	-	2,400
NHS client care	25,276	-	(25,276)	-	-
NHS Peer Support	8,000	-	(8,000)	-	-
NHS SEND	15,000	-	(15,000)	-	-
NHS antenatal	5,000	-	(5,000)	-	-
Quartet N Somerset	11,248	-	(11,248)	-	-
Quartet resilience	9,964	-	(9,964)	-	-
Quartet Express	422	5,000	(794)	-	4,628
CBRE (Chelsea)	20,381	-	(20,381)	-	-
<b>Total restricted funds</b>	<b>159,697</b>	<b>180,383</b>	<b>(192,076)</b>	<b>-</b>	<b>148,004</b>
<b>Unrestricted funds</b>					
General funds	7,929	118,970	(113,424)	(10,822)	2,653
Designated:					
Staff Contingency Reserve	8,653	-	-	5,822	14,475
3 months running costs	75,000	-	-	-	75,000
Staff restructure & development	45,000	-	-	5,000	50,000
<b>Total unrestricted funds</b>	<b>136,582</b>	<b>118,970</b>	<b>(113,424)</b>	<b>-</b>	<b>142,128</b>
<b>Total funds</b>	<b>296,279</b>	<b>299,353</b>	<b>(305,500)</b>	<b>-</b>	<b>290,132</b>

**Notes:**