

# **MOTHERS FOR MOTHERS**

(A Company Limited by Guarantee)

## **FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022**

Registered Charity Number: 1185281  
Company Number: 08764052



**TYRRELL  
PROCTER**

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**Chartered Accountants  
Business Advisors**

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Beaufort House  
113 Parson Street  
Bristol  
BS3 5QH

# **MOTHERS FOR MOTHERS**

## **FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**COMPANY INFORMATION****FOR THE YEAR ENDED 31 MARCH 2022**

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**Administrative Information**

Charity Name:	Mothers for Mothers
Charity Number:	1185281
Company Number:	08764052
Registered office and Operational address:	New Fulford Family Centre 237-239 Gatehouse Avenue Bristol BS13 9AQ

**Directors and Trustees**

Belinda Cox	Chair
Mrs Annette Lang	
Ms Pip A'Ness – left during year	
Mrs Laura Ward	Vice chair
Mrs Emily Matthews – left during year	
Nicky Pedwell	
Amanda Clarke	Treasurer
Mel Lloyd	
Dr Christy Burden	Miss Karen Joash – left during year
Dr Caroline Scrase	Kelly Avis-Hay Secretary
Suzy Stollery – joined during the year	

**Accountants**

TYRRELL PROCTER  
Chartered Accountants  
Beaufort House  
113 Parson Street  
Bristol,  
BS3 5QH

**REPORT OF THE DIRECTORS AND TRUSTEES****FOR THE YEAR ENDED 31 MARCH 2022**

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The Trustees present their directors' report and financial statements for the year ended 31 March 2022.

**Trustees Statement**

Since 1981 Mothers for Mothers has supported families affected by maternal mental illness across Bristol, South Gloucestershire and North Somerset. We offer support to women during pregnancy and until their youngest child attends school, from illness to wellness, through four arms of our support services: Reach helpline/support calls, Home Visiting, Art Psychotherapy and Counselling and Peer Support/Antenatal Groups. Our services are delivered by women with lived experience of perinatal mental illness. We aim to achieve the following outcomes for the women and families we work with:

- Improved confidence, resilience and relationships with children and family, leading to faster recovery.
- Improving children's emotional development by supporting mothers to be sensitive and responsive in their relationships with their children.
- Reduced social isolation and improved social and support networks.
- More awareness of perinatal mental illness and the support available.
- Improved care and services for maternal mental illness.

During the accounting period, to deliver the above services Mothers for Mothers has employed 12 members of staff. This has included an administration assistant with full financial support from the kickstart scheme. Mothers for Mothers has trained and supported a team of volunteers to include student placements.

During this accounting period Mothers for Mothers has received Pro Bono Support from OR Pro Bono and from Project Giving Back. Mothers for Mothers has also received financial support from CBRE for the garden at RHS Chelsea flower show alone. The financial support from CBRE has not been used in service delivery or charity core costs.

Funds to deliver the services are raised from statutory funding; grants, foundations and trusts, fundraising events and donations.



**REPORT OF THE DIRECTORS AND TRUSTEES (continued)****FOR THE YEAR ENDED 31 MARCH 2022**

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**Structure, Governance and Management**

Mothers for Mothers began work as a voluntary organisation in January 1981. It was originally registered as a charity on 10 July 1992 (1012642). A charitable company limited by guarantee was incorporated on 6 November 2013 and on 1<sup>st</sup> April 2020 the charity has restructured into the legal form of a company limited by guarantee and began to operate under the new charity number: 1185281. The original charity's funds and assets were gifted to the successor charitable company which has taken on the charitable activities. The final "zero" position accounts were submitted to the Charity Commission on 23<sup>rd</sup> February 2022.

The original charity number will be closed down upon agreement by the Charity Commission.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also the charity's trustees for the purposes of charity law.

**Responsibilities of the Trustees**

Under charity and company law, the Trustees are responsible for preparing financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, generally accepted accounting practice entails that the trustees:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are responsible and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**REPORT OF THE DIRECTORS AND TRUSTEES (continued)**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**Responsibilities of the Directors**

The Directors, regulated by company law are also trustees for the purposes of charity law, who served during the year and up to the date of this report are set out on page 2.

In accordance with company law, as the company directors, we certify that:

- so far as we are aware, there is no relevant information of which the company's examiners are unaware; and
- as the directors of the company we have taken all the necessary steps that we ought to have taken in order to make ourselves aware of any relevant information necessary for the independent examination and to establish that the charity's examiners are aware of that information; and
- the Statement of Recommended Practice ("Accounting by Charities") have been followed, subject to any material departures disclosed and explained in the financial statements.

Approved by the Trustees



Belinda Cox (Oct 19, 2022, 5:22pm)

Belinda Cox

....18 Oct.2022.....Dated

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

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We have examined the financial statements set out on page 6.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of accounts. The charity's members consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to our attention.

### Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

This report is made to you in accordance with the terms of our engagement and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the trustees, for our work or for this report.

### Independent examiner's statement

In connection with our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act and the Regulations have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**TYRRELL PROCTER**  
Chartered Accountants

Beaufort House 113 Parson Street Bristol BS3 5QH 21/10/2022



## STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>INCOME AND EXPENDITURE:</b>				
Income Resources:				
Local Authority Grants	89,321	-	89,321	19,236
Fund Raising and Other Income	24,280	-	24,280	16,662
Investment Income	35	-	35	63
Statutory NHS funding	127,726	-	127,726	58,000
Other Grants	-	58,571	58,571	117,695
CBRE – RHS Chelsea flower show		37,455	37,455	-
<b>TOTAL INCOMING RESOURCES</b>	<b>241,362</b>	<b>96,026</b>	<b>337,388</b>	<b>211,656</b>
<b>RESOURCES EXPENDED:</b>				
Direct Charitable Expenditure	89,782	116,722	206,504	160,851
Management, Administration and Support of the Charity	855	-	855	855
<b>TOTAL RESOURCES EXPENDED</b>	<b>90,637</b>	<b>116,722</b>	<b>207,359</b>	<b>161,706</b>
<b>NET INCOMING RESOURCES</b>	<b>150,725</b>	<b>(20,696)</b>	<b>130,029</b>	<b>49,950</b>
Balance of Funds – Brought Forward	102,053	64,197	166,250	116,300
Balance of Funds – Carried Forward	252,778	43,501	296,279	166,250

The notes on pages 8 to 12 form part of these accounts.



## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible Assets	2	57	76
CURRENT ASSETS			
Debtors	3	899	10,441
Balance at Bank		298,980	158,710
		299,879	169,151
CURRENT LIABILITIES			
Creditors falling due within one year	4	(3,657)	(2,976)
NET CURRENT ASSETS		296,222	166,175
NET ASSETS		296,279	166,250
Represented by:			
UNRESTRICTED FUNDS	5		
GENERAL		7,929	17,053
DESIGNATED - Staff contingency		8,653	5,000
- 3 months running costs		75,000	50,000
- Staff restructure & development		45,000	30,000
RESTRICTED FUNDS		159,697	64,197
		296,279	166,250

Approved by the Board of Trustees and signed on its behalf:

  
 !  5:22pm)

– Chair

– Acting Treasurer

Amanda Clarke (Oct 19, 2022, 8:45pm)  
 18 Oct 2022 19 Oct 2022 Date

The notes on pages 8 to 12 form part of these accounts.

**NOTES TO THE FINANCIAL STATEMENTS****FOR THE YEAR ENDED 31 MARCH 2022**

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**1. PRINCIPAL ACCOUNTING POLICIES**

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year.

**(a) Basis of Accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Statement of Recommended Practice.

**(b) Fund Accounting**

- (i) Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- (ii) Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- (iii) Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**(c) Incoming Resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- (i) Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- (ii) Donated services and facilities are included at the value to the charity where this can be quantified.
- (iii) The value of services provided by volunteers has not been included in these accounts.
- (iv) Investment income is included when receivable.
- (v) Incoming resources from charitable trading activity are accounted for when earned.
- (vi) Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

**NOTES TO THE FINANCIAL STATEMENTS (continued)****FOR THE YEAR ENDED 31 MARCH 2022**

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**(d) Resources Expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered.

- (i) Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- (ii) Charitable expenditure comprises the costs associated with attracting voluntary income and the costs of trading for fundraising purposes.
- (iii) Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- (iv) All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

**(e) Fixed Assets**

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the reducing balance basis.

## NOTES TO THE FINANCIAL STATEMENTS (continued)

## FOR THE YEAR ENDED 31 MARCH 2022

## 2. TANGIBLE FIXED ASSETS

	2022 £	2021 £
<b>COST</b>		
Balance Brought Forward	6,010	6,010
Additions during the Year	-	-
	6,010	6,010
<b>DEPRECIATION</b>		
Balance Brought Forward	5,934	5,909
Charge for the Year	19	25
	5,953	5,934
<b>NET BOOK VALUE CARRIED FORWARD</b>	57	76
<b>NET BOOK VALUE BROUGHT FORWARD</b>	76	101

## 3. DEBTORS

	2022 £	2021 £
Trade Debtors	899	10,441
HMRC	-	-
	899	10,441

## 4. CREDITORS – FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Payroll	-	-
Sundry Creditors	3,372	2,691
Accruals	285	285
	-	-
	3,657	2,976



## NOTES TO THE FINANCIAL STATEMENTS (continued)

## FOR THE YEAR ENDED 31 MARCH 2022 continued

## 5. MOVEMENTS IN FUNDS

	Balance 01.04.2021	Incoming	Outgoing	Funds Transfer	Balance 31.03.2022
<b><u>Restricted Funds</u></b>					
Children in Need	8,333	-	8,333	-	
James Tudor Foundation	300	5,000	5,300	-	-
Garfield Weston	10,000	-	10,000	-	-
Evelyn May	3,344	-	3,344	-	-
Quartet	10,000	-	10,000	-	-
St James Place	10,000	-	10,000	-	-
NHS #213	5,000	-	5,000	-	-
Newby	5,000	-	5,000	-	-
Above & Beyond	3,700	-	3,700	-	-
TNL Awards for All	8,520	-	8,520	-	-
Bristol City Council	-	72,531	17,125	-	55,406
NHS Art Psychotherapy	-	9,000	-	-	9,000
NHS client care	-	25,276	-	-	25,276
NHS Peer Support	-	8,000	-	-	8,000
NHS SEND	-	15,000	-	-	15,000
NHS Antenatal	-	5,000	-	-	5,000
Quartet N Somerset	-	19,996	8,748	-	11,248
Quartet resilience	-	9,964	-	-	9,964
Quartet Express	-	5,000	4,578	-	422
CBRE (Chelsea)	-	37,455	17,074	-	20,381
<b>Total</b>	<b>64,197</b>	<b>212,222</b>	<b>116,722</b>	<b>-</b>	<b>159,697</b>
<b><u>Unrestricted Funds</u></b>					
<b><u>Designated</u></b>					
Staff Contingency Reserve	5,000	-	-	3,653	8,653
3 months running costs	50,000	-	-	25,000	75,000
Staff restructure & development	30,000	-	-	15,000	45,000
General Funds	17,053	125,166	90,637	(43,653)	7,929
<b>Total</b>	<b>102,053</b>	<b>125,166</b>	<b>90,637</b>	<b>-</b>	<b>136,582</b>
<b>Total</b>	<b>166,250</b>	<b>337,388</b>	<b>207,359</b>	<b>-</b>	<b>296,279</b>