

Trustees' Annual Report for the period

From		Period start date			To			Period end date		
		01	Nov	2023				31	Oct	2024

Section A

Reference and administration details

Charity name Cycling Without Age West Devon and East Cornwall

Other names charity is known by None

Registered charity number (if any) 1185221

Charity's principal address Denver

Franklyns

Plymouth

Postcode

PL6 5JG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julie Dinnis			
2	Colin MacKenzie	Chair		
3	Allen Meredith	Treasurer		
4	Lynn Roddy			
5	Evelyn White			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIC
Trustee selection methods (eg. appointed by, elected by)	Appointed by majority of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote recreation, inclusivity and social welfare with the object of improving the conditions of life of those in need by reason of age, ill-health, disability, complex needs or other disadvantage, in particular by the provision of free excursions by tricycle.

The charity was established in 2019 and has two trishaws and over thirty volunteers providing rides around the Tavistock and Launceston areas.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity visits a variety of local care and residential homes, dementia groups, organisations supporting people with complex-need care and private clients and their families.

The charity has continued to offer rides to a wide variety of local care and community groups in and around the Launceston and Tavistock areas.

Whilst strengthening our existing partners, we have extended our reach to care and residential homes beyond Tavistock including Peter Tavy and Yelverton.

Using our own transport capabilities and community resources such as the Tavistock Area Support Services (TASS) mini-bus, we have promoted rides from established community centres such as Roadford Lake nr Launceston, RAF Harrowbeer in Yelverton and The Wharf, Tavistock.

This is especially important where there are no suitable routes in the immediate vicinity of a care home/organisation's premises. Using a local centre also promotes social inclusion and a regular/sustainable income for local community hubs and businesses.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We cannot exist without our volunteers – they are amazing. Thank you to each and every one.

Volunteer nurturing and promotion events have been at the centre of our activities with our annual awareness day held at Roadford Lake in March 2024.

We have welcomed several new volunteers and have been busy with trishaw skills practice and First Aid training sessions.

Our volunteers have actively promoted the charity within their own social and business spheres and together through local clubs and societies.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

As well as continuing to support our established customer base, we have provided rides to a number of new organisations and care homes across both Launceston and Tavistock areas. Both trishaws have been busy supporting local communities with rides extending throughout the year (weather dependent).

Our social media and funding has been bolstered with trishaw awareness days at a host of local events including Launceston Hospital Fete, Methodist Homes Walk across the Tamar and Tavistock Steam Fair.

Local storage of both trishaws through kind generosity of local businesses has been instrumental in allowing frequent/regular rides within the towns.

Section E

Financial review

Brief statement of the charity's policy on reserves

CWA WDEC strives to maintain sufficient funds to meet annual insurance, operational and trishaw maintenance costs.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

We are pleased to report a sustainable financial status and keen to express our gratitude for all our donations and support received from individuals, care homes, local businesses and not-for-profit organisations.

Donations have been used to fund:

- insurance
- volunteer training and development
- operational costs (Trishaw maintenance, transport, etc)
- awareness, volunteer and fund raising events

Section F

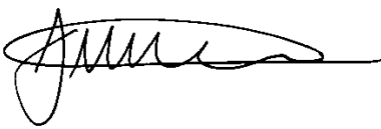

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Allen Mark Meredith	Colin Alexander MacKenzie
Position (eg Secretary, Chair, etc)	Treasurer	Chair
Date	18 th August 2025	



Receipts and payments accounts

For the period
from

01/11/2023

To

31/10/2024

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and grants	3,441	-	-	3,441	5,795
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,441	-	-	3,441	5,795
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,441	-	-	3,441	5,795
A3 Payments					
Insurances	1,072	-	-	1,072	1,042
Safety Clothing	-	-	-	-	-
Mileage expenses	-	-	-	-	228
Repairs to Trishaw	1,071	-	-	1,071	248
Administrative	79	-	-	79	-
Software	-	-	-	-	281
Eventa and publicity	181	-	-	181	-
Training	47	-	-	47	-
Vehicle Hire	64	-	-	64	-
Sub total	2,514	-	-	2,514	1,799
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,514	-	-	2,514	1,799
Net of receipts/(payments)	927	-	-	927	3,996
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,210	-	-	5,210	1,214
Cash funds this year end	6,137	-	-	6,137	5,210

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	6,137	-	-
		-	-	-
		-	-	-
	Total cash funds	6,137	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

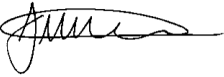

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Trishaw	Unrestricted	8,785	-
	Trailer	Unrestricted	1,519	-
	Trishaw	Unrestricted	9,750	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on
behalf of all the trustees

Signature	Print Name	Date of approval
	A M MEREDITH	18th Aug 2025
	C A MACKENZIE	18th Aug 2025