



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 01/04/2022  
Period end date

Period start date To 31/03/2023

**Charity name: International Forum for Wellbeing In Pregnancy (IFWIP)**

**Charity registration number: 1185194**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance the preservation and protection of good health and wellbeing of women during pregnancy by providing evidence-based information and raising awareness; developing and implementing a global pregnancy wellbeing programme and promote research, including without limitation in relation to health and wellbeing during pregnancy and by publishing the useful results of such research.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We provided comprehensive and most recent evidence-based information on different aspects of health and wellbeing during pregnancy. This web-based information was aimed at improving knowledge and awareness of healthy lifestyle during pregnancy.</p> <p>This included the importance of addressing mental wellbeing during pregnancy and what they could do for staying healthy and well during pregnancy through simple lifestyle modification and stress management strategies.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees adhered to the guidance issued by the Charity Commission on public benefit

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity website (<a href="http://www.ifwip.org">www.ifwip.org</a>) continued to provide valuable evidence-based information for good health and wellbeing during pregnancy.</p> <p>We shared useful information through social media platforms, so that they can reach the beneficiaries.</p> <p>We continued to work for setting up a Pregnancy Wellbeing Programme. Unfortunately, due to lack of funding, this could not be rolled out yet.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Since the registration of the Charity in September 2019, we could not secure a Grant or carry out fundraising events during this financial period. We depended on public donation only.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves are held to meet the future expenditures, such as website maintenance.
Amount of reserves held	Para 1.22	£857
Reasons for holding zero reserves	Para 1.22	Nil
Details of fund materially in deficit	Para 1.24	Nil
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Charity needs to secure a sound financial foundation to be able to carry out all the activities as set out as the purpose in the Governing Document. Trustees are unsure, how the Covid-19 pandemic will impact on the charity's finances.

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees have been selected for 3 years. Then an election will take place.

## Reference and Administrative details

Charity name	International Forum for Wellbeing In Pregnancy (IFWIP)
Other name the charity uses	IFWIP
Registered charity number	1185194
Charity's principal address	22 Rosslyn Crescent HA9 7NZ

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Raja Gangopadhyay			
2	Lesley Lopez			
3	Hala Jawad			
4				
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19				
20				



## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	Raja Gangopadhyay	
<b>Full name(s)</b>	Raja Gangopadhyay	
<b>Position (eg Secretary, Chair, etc)</b>	Chair of Trustees	
<b>Date</b>	26/01/2023	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name

International Forum for Wellbeing In pregnancy

No (if any)

1185194

## Receipts and payments accounts

For the period from	01/04/2022	To	Period end date 31/03/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Previous balance	857	-	-	857
Donations	528	-	-	528
Receipt of outstanding dues	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,385</b>	<b>-</b>	<b>-</b>	<b>1,385</b>
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>857</b>	<b>-</b>	<b>-</b>	<b>Cross Add Error</b>
<b>A3 Payments</b>				
IT Expenditures	528	-	-	528
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>528</b>	<b>-</b>	<b>-</b>	<b>528</b>
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>528</b>	<b>-</b>	<b>-</b>	<b>528</b>
<b>Net of receipts/(payments)</b>	<b>528</b>	<b>-</b>	<b>-</b>	<b>#VALUE!</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>528</b>	<b>-</b>	<b>-</b>	<b>#VALUE!</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>		-	-
		-	-
		-	-
	<b>Total cash funds</b>	<b>857</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B2 Other monetary assets</b>		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
<b>B3 Investment assets</b>			
			-
			-
			-
			-
			-
<b>B4 Assets retained for the charity's own use</b>			
			-
			-
			-
			-
			-
			-
			-
			-
			-
<b>B5 Liabilities</b>			
			-
			-
			-
			-
			-

  

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name
	Raja Gangopadhyay	Raja Gangopadhyay

**CC16a**

**Last year  
to the nearest £**

-
-
-
-
-
-
-
-
653

-
-
-

653
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-
-
-
-
-
-
-
-
-
608

-
-
-

608
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-
-
-



**Endowment  
funds  
to nearest £**

-
-
-
-

OK

**Endowment  
funds  
to nearest £**

-
-
-
-
-
-

**Current value  
(optional)**

-
-
-
-
-

**Current value  
(optional)**

-
-
-
-
-
-
-
-
-

**When due  
(optional)**


**Date of approval**

10/05/2024