

SOUTH GWYNEDD FOODBANK

England & Wales · Charity number 1185190

Details

Status Registered

Legal form CIO

Registered 2019-09-05

Register [View on the Charity Commission register](#)

Contact

Address South Gwynedd Foodbank
King Edward Street
Barmouth
Gwynedd
LL42 1AD

Phone 07973914599

Email info@southgwynedd.foodbank.org.uk

Website www.southgwynedd.foodbank.org.uk

Activities

Objects: THE RELIEF OF FINANCIAL HARDSHIP AMONGST PEOPLE IN SOUTH GWYNEDD AND SURROUNDING AREA OR IN ANY OTHER PARTS OF THE UNITED KINGDOM IN SUCH WAYS AS THE TRUSTEES FROM TIME TO TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:(A) PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED AND/OR FOR DISTRIBUTION BY CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY;(B) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES.

Activities: South Gwynedd Foodbank operates throughout South Gwynedd and surrounding areas of North Wales. In partnership with over 60 voluntary and statutory Agencies, we help to relieve poverty by providing a minimum of three days emergency food and toiletries (supplemented on occasions by clothing and furniture) to individuals and families who are experiencing financial hardship, sickness or need.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Gwynedd

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£51,982	£62,526	-	-
2024-04-05	£67,343	£43,025	-	-
2023-04-05	£70,980	£52,494	-	-
2022-04-05	£61,390	£47,813	-	-
2021-04-05	£71,966	£38,966	-	-

Trustees

Name	Role	Appointed
Claire Laura Owen	Chair	2020-02-17
David Antony Gee		2024-11-21
Helen Frances Blackmore Hooper		2019-04-11
Rev Dawn Elizabeth Robinson		2019-04-11

SOUTH GWYNEDD FOODBANK

England & Wales - Charity number 1185190

Accounts

ANNUAL REPORT

**Charity registration Number:
1185190**

Chairperson's Report 2025

The objects of the Charity are:

The relief of financial hardship amongst people in South Gwynedd and surrounding area or in any other parts of the United Kingdom in such ways as the Trustees from time to time think fit, in particular, but not exclusively by:

- (a) providing emergency food, essential toiletries and household items to individuals and families in need and/or for distribution by charities or other organisations working to prevent or relieve poverty.
- (b) such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services.

Governance:

Type of Governing Document – CIO (Charitable Incorporated Organisation)

Our Trustees:

Mrs Claire Owen - Chair
Rev Dawn Robinson
Mrs Helen Hooper
Mr David Gee (New Trustee)
Mrs Denise Bott (Retired June 2024)

Our Staff:

Mr Dave Hooper – Manager.
Mr Damian McKeown – Assistant Manager

Affiliation:

South Gwynedd Foodbank is affiliated to Trussell, Registered Charity Number 1110522, (formerly known as The Trussell Trust) and undergoes an annual governance health check by Trussell which checks that we have all appropriate policies and procedures in place. Trussell provides training, our Data Collection System, annual conference, and regular meetings with other Trussell foodbanks in North Wales.

Activity:

2025 has seen a steady continuation of demand for food parcels whilst ending with a very small increase in the overall number of people we helped over the number in 2023-2024, almost one third being children. Our statistics indicate that we are providing more food parcels to the younger working age group of clients (26.5% to 25-34 yr olds, with 21% to 35- 44 yr olds).

Although we are still receiving good support from the general public with donations of food to our numerous collection points around South Gwynedd, it is concerning to see that, year-on-year, the trend has been for more food to be given out than we are getting in. If we look at our stocks in 2021, we had over 10 tonnes but now, in 2025 it has reduced to just over 3.0 tonnes. Over £3,000 has been spent by the foodbank during the year in buying essential items to fulfil our food parcels.

As always, we are very grateful to our team of volunteers and staff who work hard ensuring that donations are brought into the warehouse, checked, sorted, and stored correctly, and who pack our emergency food parcels. In addition, we are grateful to all of the Agencies who support our work by referring clients to us. We rely upon these Agencies to assess the client's needs before making the referral, Signposting and referring go both ways, we are directly able to make referrals to CAB.

The foodbank base and warehouse are located in King Edward Street, Barmouth, occupying premises owned by Barmouth Oasis Community Group Ltd. (Reg. Charity No. 1199257). Through BOCG, we have access to a Community Support Hub, charity shop and numerous advisory services including CAB, Energy Support and Cost of Living Advice, Carers Support, Dementia Support and others.

As the foodbank serves a widespread rural area of South Gwynedd, we continue to locate Emergency Food Boxes in towns around the area to help clients pick up their food without having to travel long distances. We are grateful to the staff at all of these locations who are providing such a valuable service to the foodbank whilst carrying out their normal day-to-day tasks.

We are seeing more homeless people being placed into local hotels where they are unable to cook a proper meal. We continue to provide 'Food Vouchers' that can be redeemed in local cafes where hot meals can be obtained in both Porthmadog and Barmouth.

Finally, a word of thanks to everyone who supports the foodbank, whether by volunteering, donating food, donating money, or generally encouraging us in our work. Thank you.

Statistics for 2024-2025

No. of Vouchers issued: 782

No. of people receiving three days' worth of food: 1409 (1017 adults, 392 children)

Amount of food received: 17801kg

Amount of food given out: 18518kg

No of active Referral Agencies: 54

Main reasons for referrals: Rising Costs

Health (Physical & Mental)

Insecure Housing (Homeless)

Debt

Unexpected Expenditure

SOUTH GWYNEDD FOODBANK
YEAR ENDED 5th APRIL 2025
INCOME & EXPENDITURE ACCOUNT



		2024 - 2025			2023 - 2024
		Total	Unrestricted	Restricted	5th April 24
		£	£	£	£
Income					
Donations	- Individuals	22,278	22,278	-	23,298
	- Organisations	22,619	22,619	-	32,246
		44,897	44,897	-	55,543
Grants		4,740	1,500	3,240	11,800
Bank Interest Received		2,345	2,345	-	1,425
Total Income		51,982	48,742	3,240	68,768
Expenditure					
		3,080	3,080	-	1,863
		910	910	-	250
		45	45	-	713
		34,376	34,376	-	22,305
		-	-	-	-
		833	833	-	108
		4,505	1,265	3,240	1,802
		4,695	4,695	-	4,387
		9,411	9,411	-	7,945
		796	796	-	751
		241	241	-	124
		730	730	-	453
		528	528	-	681
		278	278	-	69
		1,008	1,008	-	-
		630	630	-	1,274
		350	350	-	300
		110	110	-	106
Total Expenditure		62,526	59,286	3,240	43,132
Surplus / (Deficit) for the year		-10,544	-10,544	-	25,636
RESERVES:					
As at 6th April 2024 :	Current Act	15,855	15,855	-	101,976
	Deposit Act	111,425	111,425	-	-
	Petty Cash	741	741	-	409
Total B/fwd		128,021	128,021	-	102,385
Movement for the year		-10,544	-10,544	-	25,636
As at 5th April 2025 :	Current Act	8,244	8,244	-	15,855
	Deposit Act	108,770	108,770	-	111,425
	Petty Cash	464	464	-	741
Total C/fwd		117,477	117,477	-	128,021

Preswylfa
3 Osmond Terrace
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Penrhyndeduraeth
Gwynedd
LL48 6HW

Claire Owen
Chair of Trustees
South Gwynedd Foodbank
36 Heol Fadog
Porthmadog
Gwynedd
LL49 9BU

17th April 2025

Dear Claire Owen

Independent Examiner's Report to the Trustees of the South Gwynedd Foodbank.

I report on the accounts of the Foodbank for the financial year ended 5th April 2024.

Respective responsibilities of trustees and examiner.

The Foodbank's trustees are responsible for the preparation of the accounts. The Foodbank's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- . examine the accounts under section 145 of the 2011 Act,
- . to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and
- . to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination no matter has come to my attention

1) which gives me reasonable cause to believe that in any material respect the requirements

- . to keep accounting records in accordance with section 130 of the 2011 Act, and
- . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met, or

2) to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

My Fee is £50

(R.M.Williams) Dated theday of 20.....

SOUTH GWYNEDD FOODBANK

England & Wales - Charity number 1185190

Accounts



South Gwynedd Foodbank

ANNUAL REPORT

Charity registration Number: **1185190**

Chairperson's Report 2024

The objects of the Charity are:

The relief of financial hardship amongst people in South Gwynedd and surrounding area or in any other parts of the United Kingdom in such ways as the Trustees from time to time think fit, in particular, but not exclusively by:

- (a) providing emergency food, essential toiletries and household items to individuals and families in need and/or for distribution by charities or other organisations working to prevent or relieve poverty.
- (b) such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services.

Governance:

Type of Governing Document – CIO (Charitable Incorporated Organisation)

Our Trustees:

Mrs Claire Owen - Chair
Rev Dawn Robinson
Mrs Helen Hooper
Mrs Denise Bott

Our Staff:

Mr Dave Hooper – Manager.
Mr Damian McKeown – Assistant Manager

Affiliation:

South Gwynedd Foodbank is affiliated to the Trussell Trust (Registered Charity Number 1110522) and undergoes an annual governance health check by the Trussell Trust which checks that we have all appropriate policies and procedures in place. Trussell Trust provides training, our Data Collection System, annual conference, and other regular meetings of other Trussell Trust foodbanks in North Wales.

Activity:

2024 has seen a steady continuation of demand for food parcels whilst ending in an 18% reduction in the number of people we helped over the number in 2022-2023. However, we saw a smaller reduction in the number of vouchers issued, indicating that we are seeing more larger families than in previous years. Our statistics also indicate that we are continuing to see more working families and more elderly people coming to us for help.

Although we are still receiving good support from the general public with donations of food to our numerous collection points around South Gwynedd, it is concerning to see that, year-on-year, the trend has been for more food to be given out than we are getting in. If we look at our stocks in 2021, we had over 10 tonnes but now, in 2024 it has reduced to 3.7 tonnes. Thankfully we receive financial contributions which enable us to buy those items that run short.

As always, we are very grateful to our team of volunteers who work hard ensuring that donations are brought into the warehouse, checked, sorted, and stored correctly, and who pack our emergency food parcels. However, this year has seen the appointment of our Assistant Foodbank Manager who took up his post at the beginning of February, now working four days a week. This appointment has been established in order to give the Foodbank Manager greater opportunity to consider and implement longer term strategies, develop different approaches for the provision of food to those in need and re-affirm relationships with our Referral Agencies.

As the foodbank serves a widespread rural area of South Gwynedd, we continue to locate Emergency Food Boxes in towns around the area to help clients pick up their food without having to travel long distances. We are grateful to the staff at all of these locations who are providing such a valuable service to the foodbank whilst carrying out their normal day-to-day tasks. We welcome the staff at Porthmadog Library who have now joined the team.

We are seeing more homeless people being placed into local hotels where they are unable to cook a proper meal. With the provision of a grant from Gwynedd Council, we are developing the provision of 'Food Vouchers' that can be redeemed in local cafes where hot meals can be obtained.

Finally, a word of thanks to everyone who supports the foodbank, whether by volunteering, donating food, donating money, or generally encouraging us in our work. Thank you.

Statistics for 2023-2024

No. of Vouchers issued: 757

No. of people receiving three days' worth of food: 1408 (992 adults, 416 children)

Amount of food received: 16649kg

Amount of food given out: 17569kg

No of active Referral Agencies: 49

Main reasons for referrals: Rising Costs

Health (Physical & Mental)

Insecure Housing (Homeless)

Debt

Unexpected Expenditure

SOUTH GWYNEDD FOODBANK**Summary of Accounts for Year Ended 5th April 2024****Balance at Beginning of Year**

	<u>Total</u>	<u>Unrestricted</u>	<u>Restricted</u>
Bank	101,975.72	98,154.39	3,821.33
Petty Cash	408.96	408.96	-00
	<u>102,384.68</u>	<u>98,563.35</u>	<u>3,821.33</u>

Income

Individual Donations	23,192.68	23,192.68	-00
Company/Organisation Donations	32,245.55	32,245.55	-00
Grants	11,800.00	-00	11,800.00
Total Income	67,238.23	55,438.23	11,800.00

Expenditure

Food Purchase	1,883.12	1,883.12	-00
Client Electricity or Gas	650.00	100.00	550.00
Client Transport	62.90	62.90	-00
Stationary/Printing/Computer	444.32	444.32	-00
Telephone	123.61	123.61	-00
Postage	27.80	27.80	-00
Catering & Cleaning	681.31	681.31	-00
Travel & Van Costs	4,387.03	4,387.03	-00
Accommodation Costs, Electricity & Water	7,945.12	7,945.12	-00
Building Repair & Renovation	415.48	415.48	-00
EWSL	481.57	-00	481.57
Employment Costs	22,413.60	22,413.60	-00
Insurance	750.50	750.50	-00
Transfer to Dep A/C	110,000.00	110,000.00	-00
Equipment	905.00	905.00	-00
Data Protection	35.00	35.00	-00
Independent Examiner	50.00	50.00	-00
Food Vouchers	250.00	-00	250.00
Other	1,539.14	739.14	800.00
Total Expenditure	£153,045.50	150,963.93	2,081.57

Balance at End of Year

Bank	Current A/C	15,855.03	2,315.27	13,539.76
Petty Cash		721.28	721.28	-00
	Total	<u>16,577.41</u>	<u>3,037.65</u>	<u>13,539.76</u>

Balance at Deposit Account 110,000.00 + 1424.72 interest

Preswylfa
3 Osmond Terrace
Minffordd
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Gwynedd
LL48 6HW

Claire Owen
Chair of Trustees
South Gwynedd Foodbank
36 Heol Fadog
Porthmadog
Gwynedd
LL49 9BU

29th May 2024

Dear Claire Owen

Independent Examiner's Report to the Trustees of the South Gwynedd Foodbank.

I report on the accounts of the Foodbank for the financial year ended 5th April 2024.

Respective responsibilities of trustees and examiner.

The Foodbank's trustees are responsible for the preparation of the accounts. The Foodbank's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- . examine the accounts under section 145 of the 2011 Act,
- . to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and
- . to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination no matter has come to my attention

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - . to keep accounting records in accordance with section 130 of the 2011 Act, and
 - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met, or
- 2) to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

My Fee is £50



(R.M.Williams) Dated the 29th day of May, 2024.

SOUTH GWYNEDD FOODBANK

England & Wales - Charity number 1185190

Accounts

Chairperson's Report 2023

Our Report for the year to April 2022 showed a small reduction on the number of people who received three days' worth of food from the foodbank over the previous year which had been largely affected by the COVID outbreak. No one could have forecast the knock-on effects the fuel and cost-of-living increases would bring and the burden this would put onto so many more people. Across the UK, almost 3 million food parcels were distributed by the Trussell Trust Network of Foodbanks, over 185,000 in Wales, more than ever before, a 41% increase over the 2021/2022 figures. Wales has the highest rate of poverty over the 4 UK nations, at 24%.

In South Gwynedd, we too have seen the highest increase ever. With last year having shown a reduction down to 895 people, this year we were up to 1709, a staggering increase of 91%. We have seen an increase in the number of working families needing our help, more elderly, more people having to make return visits to the foodbank, with earnings or benefits simply not being sufficient to last through the month.

The higher cost-of-living has had a further effect upon the amount of food in stock. At the end of 2021/2022 we were holding around 8.6 tonnes of food but with the huge increase in demand for our services, by the end of 2022/2023 our stock had reduced to 4.6 tonnes, this was despite having received 21383kg of food during the year.

However, our financial position has remained strong. During the year there has been a greater level of involvement with Gwynedd Council, largely as a result of the foodbank being linked to the recently formed Barmouth Community Hub. This has enabled us to obtain a number of small grants from the Council, plus the Trussell Trust and others, to help with the cost-of-living crisis. As pressure built up on our stock levels, we have been able to use the additional income to buy those items of food and toiletries that regularly run out.

Since the foodbank was opened in March 2013, we have seen a considerable growth in our activities but have largely operated with an amazing group of volunteers who serve each week and on other special occasions, in a number of different roles. In July 2018, the then Management Team agreed to make the Foodbank Manager post a paid position, with the Manager receiving a minimum wage for 20 hours per week. This position has continued through to the current year with the Manager still being paid for 20 hours per week on a little above the Real Living Wage. In July 2022 it was agreed to appoint an Assistant Manager on a paid basis for 10 hours per week at £10.00 per hour. Sadly, the post holder was unable to continue in this role due to personal reasons and resigned in March 2023. Our Trustees are re-examining the staff and volunteer needs of the foodbank with a view to ensuring its sustainability over the coming years.

Through the Trussell Trust, South Gwynedd Foodbank and Arfon Foodbank have renewed their joint project of Financial Inclusion. Funding for two CAB Advisers and a Signposting Co-ordinator has been provided for a three-year programme that will continue and enhance the help that can be given to clients with debts, housing, benefits or other general advice issues. We continue to work with many Agencies across Gwynedd and beyond, and have seen a number of new Agencies now working with us, in particular we now have links with more departments in Gwynedd Council including the Energy Support Team.

We continue to locate Emergency Food Boxes around South Gwynedd which help clients to pick up their food without having to travel long distances. We are grateful to the staff at all of these locations and welcome the staff at Dolgellau Library to the team.

Finally, we wish to thank all our volunteers for their continued support and hard work, those who regularly place donations in our collection points around South Gwynedd, those who are giving finance through regular monthly donations to our Bank, and those who have given us generous one-off donations. Without your support we could not help those in need in South Gwynedd.

Trustees, Staff & Volunteers

Our Trustees:

Mrs Claire Owen - Chair
Rev Dawn Robinson
Mrs Helen Hooper
Mrs Denise Bott

Our Staff:

Mr Dave Hooper – Manager.

Our Volunteers:

We have a regular weekly rota of volunteers working in the foodbank Centre in Barmouth, receiving the donations, checking use by dates, sorting, placing into store, packing three-day food parcels for clients who come to the Centre and packing the Emergency Food Boxes ready for distribution. Volunteers collect donations from the various collection points in supermarkets, other shops and churches and deliver them to the Centre, they deliver Emergency Food Boxes to the various locations and man supermarket collections – in all, over 60 people are involved. We are most grateful to those who allow us to place the Emergency Food Boxes at their premises and take the time to serve our clients often interrupting their business activities.

Agencies

We now have over 70 Agencies registered with us who can hold and issue vouchers to clients although but not all are currently active. It is the Agencies who are in regular contact with their clients, know individual's circumstances and determine when help is needed.

The more active Agencies include:

Adra	Age Cymru	Barnardo's	Cais
CAB	Cyfle Support Services	GISDA	Gorwel
Grwp Cynefin	Health Visitors	Hafal	Community Mental Health Teams
Adferiad	Shelter Cymru	PCSO's	Social Services – numerous departments
Housing Officers	Job Centres	Church Ministers	Job Centres
The Probation Service	North Wales Housing Association		Substance Misuse Service

Facts and Figures (to end March 2023):

	<u>All time</u>	<u>2020-2021</u>	<u>2021-2022</u>	<u>2022-2023</u>
People fed	7080 (5302 Adults + 1778 Children)	1062	895	1709
Food donated	135613 Kg	24200 Kg	14916	21383
Food distributed	131885Kg	18185 Kg	16560	25358
Food stock in hand	3727 kg			

SOUTH GWYNEDD FOODBANK**Summary of Accounts for Year Ended 5th April 2023****Balance at Beginning of Year**

	<u>Total</u>	<u>Unrestricted</u>	<u>Restricted</u>
Bank	83,071.04	81,489.71	1,581.33
Petty Cash	827.10	827.10	-00
	<u>83,898.14</u>	<u>82,316.81</u>	<u>1,581.33</u>

Income

Individual Donations	28,501.63	28,501.63	
Company/Organisation Donations	21,978.41	21,978.41	
Grants	20,500.00	5,267.67	15,232.33
Total Income	<u>70,980.04</u>	<u>55,747.71</u>	<u>15,232.33</u>

Expenditure

Food Purchase	2,983.26	-124.36	3,107.62
Client Electricity or Gas	1,095.00	60.00	1,035.00
Client Transport	-	-00	-00
Stationary/Printing	793.28	793.28	-00
Telephone	141.56	141.56	-00
Postage	75.14	75.14	-00
Catering & Cleaning	637.83	637.83	-00
Travel & Van Costs	5,053.83	2,466.93	2,586.90
Accommodation Costs, Electricity & Water	6,739.80	4,934.32	1,805.48
Building Repair & Renovation	10,808.00	10,808.00	-00
EWSL	-	-00	-00
Wages	16,604.58	16,604.58	-00
Insurance	726.71	726.71	-00
Community Support Hub	4,457.33	-00	4,457.33
Equipment	1,557.17	1,557.17	-00
Data Protection	35.00	35.00	-00
Independent Examiner	40.00	40.00	-00
Gifts to Volunteers	514.04	514.04	-00
Other	116.53	116.53	-00
Bank Charges	114.44	-00	-00
Total Expenditure	<u>52,493.50</u>	<u>39,386.73</u>	<u>12,992.33</u>

Balance at End of Year

Bank	101,975.72	98,154.39	3,821.33
Petty Cash	408.96	408.96	-00
Total	<u>102,384.68</u>	<u>98,677.79</u>	<u>3,821.33</u>

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Claire Owen
Chair of Trustees
South Gwynedd Foodbank
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5^h July 2023

Dear Claire Owen

Independent Examiner's Report to the Trustees of the South Gwynedd Foodbank.
I report on the accounts of the Foodbank for the financial year ended 5th April 2023.

Respective responsibilities of trustees and examiner.

The Foodbank's trustees are responsible for the preparation of the accounts. The Foodbank's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

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- 2) to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

My Fee is £50

R M Williams (R.M.Williams) Dated the *5^a* day of *July* 20*23*....

SOUTH GWYNEDD FOODBANK

England & Wales - Charity number 1185190

Accounts



South Gwynedd Foodbank

ANNUAL REPORT

Chairperson's Report 2022

The end of the first year of COVID left the foodbank in a relatively strong position. Having relocated the main Foodbank Centre and store to the new part of the building, we now have everything in one level area with easier access for clients and easier working conditions for our volunteers. It was anticipated that foodbanks would see a marked increase in demand, whilst this has occurred with many foodbanks, here at South Gwynedd we have actually seen a small reduction in the number of people receiving three days' worth of food, from 1062 in 2020/21 to 895 in 2021/22. The biggest difference seen was in the amount of food donated to the foodbank, down from 24200kg to 14916 kg – a reduction of around 10 tonnes.

Many of our Agencies had still not returned to normal working practices and were not seeing their clients face to face. We are pleased that the e-referral system has been taken up by many of the Agencies, enabling vouchers to be issued remotely and we would encourage all Agencies to move to this system. We continue to locate Emergency Food Boxes around South Gwynedd which help clients to pick up their food without having to travel long distances. We are grateful to the staff at all of these locations.

Our team of volunteers continued to work throughout the pandemic, receiving food donations, sorting, checking, storing and packing food parcels. Whilst some volunteers have left us, we welcome new volunteers who have joined during the year.

As we work together towards seeing the UK without the need for foodbanks, we have received a number of opportunities to apply for grants that help us fulfil these aims. A number of these grants encourage the development of food schemes that promote activities that help reduce the need for foodbanks. We have been successful in obtaining grants to purchase kitchen equipment with the aim of establishing a 'Community Kitchen' that can provide free lunches for those in need. The kitchen will also provide for breakfast, lunch, afternoon tea clubs, bringing together people of all ages, helping to reduce loneliness and isolation. Utilising items from our Community Foodshare Scheme, volunteers will be able to produce nourishing meals whilst also reducing the amount of food waste.

We continue to see clients with the whole range of needs putting them in crisis, unable to afford to buy enough food for themselves and their family. We are anxious to make sure that our clients are receiving all of the income that they are entitled to. The joint project between South Gwynedd Foodbank, Arfon Foodbank Gwynedd CAB has enabled us to refer people for help with debts, housing, benefits or other general advice. It is planned to continue this aspect of Financial Inclusion as a means to reduce the need for foodbanks.

No Annual Report would be complete without recognising the valued support that we receive from so many individuals. Those who regularly place their donations in our collection points around South Gwynedd, those who are giving finance through regular monthly donations to our Bank, those who have given us generous one-off donations and, of course, the volunteers who serve so willingly week on week. Thank you to you all.

Trustees, Staff & Volunteers

Our Trustees:

Mrs Claire Owen - Chair

Rev Dawn Robinson

Mrs Helen Hooper

Mrs Denise Bott

Our Staff:

Mr Dave Hooper – Manager.

Our Volunteers:

We have a regular weekly rota of volunteers working in the foodbank Centre in Barmouth, receiving the donations, checking use by dates, sorting, placing into store, packing three-day food parcels for clients who come to the Centre and packing the Emergency Food Boxes ready for distribution. Volunteers collect donations from the various collection points in supermarkets, other shops and churches and deliver them to the Centre, they deliver Emergency Food Boxes to the various locations and man supermarket collections – in all, over 60 people are involved. We are most grateful to those who allow us to place the Emergency Food Boxes at their premises and take the time to serve our clients often interrupting their business activities.

Agencies

We now have over 70 Agencies registered with us who can hold and issue vouchers to clients although but not all are currently active. It is the Agencies who are in regular contact with their clients, know individual's circumstances and determine when help is needed.

The more active Agencies include:

Adra	Age Cymru	Barnardo's	Cais
CAB	Cyfle Support Services	GISDA	Gorwel Domestic Abuse Service
Grwp Cynefin	Health Visitors	Hafal	Community Mental Health Teams
Hafan Cymru	Shelter Cymru	PCSO's	Social Services – numerous departments
Housing Officers	Job Centres	Church Ministers	Job Centres
The Probation Service	North Wales Housing Association		

Facts and Figures (to end March 2022):

	<u>All time</u>	<u>2020-2021</u>	<u>2021-2022</u>
People fed	7080 (5302 Adults + 1778 Children)	1062	895
Food donated	111168 Kg	24200 Kg	14916
Food distributed	102542Kg	18185 Kg	16560
Food stock in hand	8626 kg		

SOUTH GWYNEDD FOODBANK**Summary of Accounts for Year Ended 5th April 2022****Balance at Beginning of Year**

	<u>Total</u>	<u>Unrestricted</u>	<u>Restricted</u>
Bank	69,804.65	61,560.58	8,244.07
Petty Cash	544.85	544.85	-00
	<u>70,349.50</u>	<u>62,105.43</u>	<u>8,244.07</u>

Income

Individual Donations	21,877.11	21,877.11	-00
Company/Organisation Donations	10,364.26	10,364.26	-00
Grants	29,148.49	5,298.54	23,849.95
Total Income	61,389.86	37,539.91	23,849.95

Expenditure

Food Purchase + Ancillaries	955.75	251.63	704.12
Client Electricity or Gas	385.00	25.00	360.00
Client Transport	-	-00	-00
Stationary/Printing	803.90	803.90	-00
Telephone & Computer	242.90	242.90	-00
Postage	-	-00	-00
Catering & Cleaning	495.42	365.42	130.00
Travel & Van Costs	2,885.75	2,671.00	214.75
Accommodation Costs, Electricity & Water	2,096.90	1,955.77	141.13
Building Repair & Renovation	3,440.00	1,063.23	2,376.77
EWSL	-	-00	-00
Wages	11,697.52	8,257.03	3,440.49
Insurance	538.25	538.25	-00
Covid-19 Expenditure	34.24	34.24	-00
Equipment	23,585.79	440.36	23,145.43
Data Protection	35.00	35.00	-00
Independent Examiner	40.00	40.00	-00
TV Licence	159.00	159.00	-00
Other	418.00	418.00	-00
Total Expenditure	47,813.42	17,300.73	30,512.69

Balance at End of Year

Bank	83,071.04	81,489.71	1,581.33
Petty Cash	827.10	827.10	-00
Total	<u>83,925.94</u>	<u>82,344.61</u>	<u>1,581.33</u>

Preswylfa
3 Osmond Terrace
Minffordd
Penrhyneduraeth
Gwynedd
LL48 6HW

Claire Owen
Chair of Trustees
South Gwynedd Foodbank
36 Heol Fadog
Porthmadog
Gwynedd
LL49 9BU

26th July 2022

Dear Claire Owen

Independent Examiner's Report to the Trustees of the South Gwynedd Foodbank.

report on the accounts of the Foodbank for the financial year ended 5th April 2022.

Respective responsibilities of trustees and examiner.

The Foodbank's trustees are responsible for the preparation of the accounts. The Foodbank's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- . examine the accounts under section 145 of the 2011 Act,
- . to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and
- . to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, apart from the difficulties with your Electricity Supplier no matter has come to my attention

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - . to keep accounting records in accordance with section 130 of the 2011 Act, and
 - . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met, or
- 2) to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

My Fee is £40

R.M. Williams

(R.M. Williams)

Dated the 26th day of July 2022

SOUTH GWYNEDD FOODBANK

England & Wales - Charity number 1185190

Accounts



South Gwynedd Foodbank

ANNUAL REPORT

Chairperson's Report 2021

The year began with the country having just entered the Coronavirus (COVID-19) lockdown. No one could have foreseen the effect that this virus was going to have on the work of the foodbank.

At a time when the public were panicking over the shortage of loo rolls, the foodbank began to see a doubling of demand which gave us concern over availability of stocks. However, these concerns did not last too long as we began to receive donations of items that would have gone out of date from shops and cafes that had to close due to the COVID-19 restrictions. In addition, with the closure of schools, food that would have been wasted from school kitchens was redistributed to foodbanks by Gwynedd Council. Our main supermarket, Tesco, began to directly send weekly donations, replacing the reduction of public donations. As time passed and the public regained confidence to go shopping, we saw our donations begin to return to normal levels.

Whilst some volunteers needed to shield or self-isolate, the foodbank continued to operate under the new restrictions of social distancing and cleaning regimes. No longer could clients come in for a chat and a cup of tea, signposting became more difficult, Emergency Food Box Locations closed or reduced their hours making it necessary to implement new procedures for the issuing of boxes to clients, procedures that had to change each time COVID restrictions changed. It became necessary to set up an 'Updating' system to keep all our Agencies informed as changes occurred. We are grateful to Gwynedd Council staff who have supported us during these difficult months.

The Trussell Trust encouraged foodbanks in the Network to make use of the E-Referral system enabling vouchers to be issued to clients remotely. This system has proved to be of great benefit during the pandemic, particularly as Agencies had not been able to see their clients face to face. Zoom meetings began to take place, enabling foodbanks to share their experiences and to keep up to date with Government rules and funding opportunities.

As time progressed, the number of clients began to fall back to normal levels with the final year's figures ending up slightly less than the previous year. The Coronavirus has brought about an increase in awareness of the need for foodbanks resulting in an even greater level of donations particularly in the run up to Christmas. These increases forced us to relocate the foodbank into a different part of our building necessitating a substantial amount of building works, some carried out by volunteers, some by contractors. Our gratitude must go to those volunteers who worked so hard to complete the relocation and sorting the food into its new location.

Throughout the pandemic numerous opportunities became available to seek grants to ensure the resilience of the foodbank. We were successful in obtaining grants for: purchase of additional food, assisting clients with gas & electricity, increased running costs, building work and purchase of equipment. In addition, the greater awareness of foodbanks raised the number of individuals making financial donations either 'one off' or regularly. This has truly helped to put the foodbank into a financially sound position. Our thanks must go to all the organisations who have provided us with grants and to individuals for their support.

We continue to see clients with the whole range of needs putting them in crisis, unable to afford to buy enough food for themselves and their family. The effects of the pandemic have yet to be fully seen as more people become unemployed, lose income from time on furlough or self-employment or become affected by domestic abuse. Many families have struggled with the extra costs of children not being at school; heating the home, providing extra lunches etc. coupled with reduced income. Low income is causing many people to struggle, to be unable to budget and to get into debt. Funding has been obtained to enable South Gwynedd Foodbank and Arfon Foodbank to join with CAB Gwynedd to introduce an advisory service to help people with debts, housing, benefits or other general advice.

As part of our continued involvement in the community and following discussions with Gwynedd Council we have linked with the local Co-op store in Barmouth by taking fresh and other foods that were going out of date and making these available through a Foodshare scheme. Commercial fridges and freezers were grant funded and anyone in the community can freely receive the items available thereby reducing food waste.

As the year draws to a close, the country is beginning to see a reduction in COVID restrictions and things beginning to return to a new normal. There is a long way to go but the foodbank will continue to serve the people of South Gwynedd to the best of its ability.

Trustees, Staff & Volunteers

Our Trustees:

Rev Dawn Robinson - Chair

Mrs Helen Hooper

Mrs Denise Bott

Mrs Claire Owen

Our Staff:

Mr Dave Hooper – Manager.

Our Volunteers:

We have a regular weekly rota of volunteers working in the foodbank Centre in Barmouth, receiving the donations, checking use by dates, sorting, placing into store, packing three-day food parcels for clients who come to the Centre and packing the Emergency Food Boxes ready for distribution. Volunteers collect donations from the various collection points in supermarkets, other shops and churches and deliver them to the Centre, they deliver Emergency Food Boxes to the various locations and man supermarket collections – in all, over 60 people are involved. We are most grateful to those who allow us to place the Emergency Food Boxes at their premises and take the time to serve our clients often interrupting their business activities.

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We now have over 70 Agencies registered with us who can hold and issue vouchers to clients although but not all are currently active. It is the Agencies who are in regular contact with their clients, know individual's circumstances and determine when help is needed. The more active Agencies include:

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CAB	Cyfle Support Services	GISDA	Gorwel Domestic Abuse Service
Grwp Cynefin	Health Visitors	Hafal	Community Mental Health Teams
Hafan Cymru	Shelter Cymru	PCSO's	Social Services – numerous departments
Housing Officers	Job Centres	Church Ministers	Job Centres
The Probation Service	North Wales Housing Association		

Facts and Figures (to end March 2020):

	<u>All time</u>	<u>2020-2021</u>
People fed	6207 (4683 Adults + 1524 Children)	1062
Food donated	96533 Kg	24200 Kg
Food distributed	86290 Kg	18185 Kg
Food stock in hand	10243 kg	

SOUTH GWYNEDD FOODBANK

Summary of Accounts for Year Ended 5th April

Balance at Beginning of Year

	<u>Total</u>	<u>Unrestricted</u>
Bank	36,100.50	30,998.84
Petty Cash	1,249.82	1,249.82
	<u>37,350.32</u>	<u>32,248.66</u>

Income

Individual Donations	28,230.61	28,230.61
Company/Organisation Donation	12,614.42	12,614.42
Grants	31,120.58	1,000.00
Total Income	71,965.61	41,845.03

Expenditure

Food Purchase	1,297.89	297.89
Client Electricity or Gas	1,223.67	-
Client Transport	36.00	36.00
Stationary/Printing	600.74	600.74
Telephone	110.16	110.16
Postage	29.00	29.00
Catering & Cleaning	115.34	115.34
Travel & Van Costs	2,312.02	1,275.25
Accommodation Costs, Electricit	1,453.05	- 3,546.95
Building Repair & Renovation	12,452.81	12,452.81
EWSL	-	-
Wages	10,883.30	70.00
Insurance	242.97	242.97
Covid-19 Expenditure	1,186.41	749.45
Equipment	5,574.72	307.19
Data Protection	35.00	35.00
Independent Examiner	40.00	40.00
TV Licence	157.50	157.50
Other	1,215.85	1,215.85
Total Expenditure	38,966.43	14,188.20

Balance at End of Year

Bank	69,804.65	59,360.64
Petty Cash	544.85	544.85
Total	<u>70,349.50</u>	<u>59,905.49</u>

I 2021

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-

10,444.01

Preswylfa
3 Osmond Terrace
Minffordd
Penrhyneduraeth
Gwynedd
LL48 6HW

Mrs Claire Owen
Chair of Trustees
South Gwynedd Foodbank
Revelation
Park Road
Barmouth
Gwynedd
LL42 1 PH

17th May 2021

Dear Claire,

Independent Examiner's Report to the Trustees of the South Gwynedd Foodbank.

I report on the accounts of the Foodbank for the financial year ended 5th April 2021.

Respective responsibilities of trustees and examiner.

The Foodbank's trustees are responsible for the preparation of the accounts. The Foodbank's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

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- . to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and
- . to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention

1 which gives me reasonable cause to believe that in any material respect the requirements

- . to keep accounting records in accordance with section 130 of the 2011 Act, and
- . to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met, or

2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

(R.M.Williams) Dated theday of 20.....