

CHARITY REGISTRATION NUMBER: 1185175



Martsang Kagyu UK Buddhist Centre CIO Unaudited Financial Statements

Period start date 6th April 2021

Period end date 5th April 2022

Financial Statements

Year ended 5th April 2022

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The trustees present their report and the unaudited financial statements of the charity for the year ended 5th April 2022

Reference and administrative detail

Registered Charity Name	Martsang Kagyu UK Buddhist Centre CIO
Charity registration number	1185175
Principal office	4 Crossways Ely CB6 3TP

The trustees	His Holiness Gangri Karma Rinpoche C Gyaltzen Mr J A McIntyre Ms T A Bryson
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Trustees' Annual Report (continued)

Year ended 5th April 2022

The Trustees present their report with the financial statements of the charity for the year ended 5th April 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice relevant to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Introduction

The Martsang Kagyu tradition of Tibetan Buddhism is an unbroken lineage based on the teachings of Shakyamuni Buddha's sutras and tantras which was founded 857 years ago by Choje Marpa Sherab Yeshe in 1167 (1134-1203).

His Holiness Gangri Karma Rinpoche is the spiritual director of the Martsang Kagyu UK Buddhist Centre and is eminently qualified to carry out this role. He is the current lineage holder of the Martsang Kagyu tradition of Tibetan Buddhism and the reincarnation of the Eleventh Gangri Karma Rinpoche. He is an exceptional scholar of the Dharma and has played a key role internationally exploring the interface of Buddhism with modern science and psychology.

Structure, governance and management

Martsang Kagyu UK Buddhist Centre is a Charitable Incorporated Organisation (CIO) and was registered as such with the Charity Commission on 5th September 2019. The CIO was established under a constitution based largely on the Standard Constitution drafted by the Charity Commission, which establishes the objectives, powers and governance of the CIO. Some of the amendments and additions made relate to Martsang Kagyu traditional Tibetan Buddhism.

Trustees are provided with copies of Public Benefit Guidance Notices from the Charity Commission on the organization (PB1), activities (PB2), and reporting responsibilities (PB3) to maintain the objectives of the organization, and in turn their Public Benefit.

To fulfil their duties, the trustees are required to have knowledge and experience of the practices of the Martsang Kagyu tradition. The Trustees are therefore drawn from the volunteers of the organisation, who are already familiar with the core values.

The trustees are provided with an induction regarding their duties and responsibilities and provided with a copy of the constitution and Charity Commission Guide CC3 (The Essential Trustee). Trustees are appointed for a period of three years as per the governing document.

Trustees' Annual Report (continued)

Year ended 5th April 2022

To maximise a line of sight, meetings took place online or in person on a monthly basis between trustees, events coordinators and volunteers. These are conducted to increase transparency throughout the organisation, and ensure shared understanding of the values and objectives of the organisation. The responsibility for day-to-day management of the centre and its communications falls on Dolma Sherab.

The CIO has been building relationships with other Buddhist organisations and plans to create relationships with academic bodies to increase knowledge and understanding, and to explore the potential to share resources.

Risk management

The courses, workshops and practices operate on an experiential level. As such the CIO has implemented a risk policy to increase awareness of any participant or visitor who is experiencing any difficulty when exploring or practising any of the Buddhist material or activities. Event coordinators are aware of and contribute to the risk policy and a risk register is available for all volunteers and coordinators. Mental and physical health services in the area have been identified for access where necessary.

Additionally, as the centre is a place of worship and can be open to members of the public, the risk policy includes guidelines for volunteers and coordinators to handle situations where a member of the public may pose risk to other visitors. No incidents were reported in this period.

Objectives and activities

The object of the charity is "To advance Buddhism in the UK for the benefit of the public in accordance with the Martsang Kagyu tradition of Tibetan Buddhism mainly but not exclusively by the holding of prayer meetings, lectures, seminars, public celebrations of religious festivals and meditation to enlighten others about the Buddhist religion."

In exercising the powers of the trust and pursuing the objects of the charity, public benefit is accomplished by:

- Weekly free meditation classes
- Free public lectures around UK
- Practitioners of Martsang Kagyu Tibetan Buddhism
- Reciting Prayers and rituals-Medicine Buddha, Green Tara, Vajrapani Bodhisattva Puja, Martsang Lama Chopa and Avalokiteshvara Puja
- Presenting Buddhist textual teachings
- Personal Buddhist consultancy

Trustees' Annual Report (continued)

Year ended 5th April 2022

- Making available Buddhist books, images, prayer items
- Providing translations of Tibetan Buddhist texts
- Providing cultural and social events
- Support young monks training
- Support rescuing animals
- Support meditation teacher training

Further details are provided below:

Meditation classes:

We currently run five mediation classes a week that help all practitioners increase their wellbeing and health, reduce stress and gain a sense of peace. In addition, meditation increases patience and compassion and can help to improve personal and family relationships. This feedback from our meditation students has been documented to support the aims and objectives of our activities and indicated that many students were achieving excellent results.

Buddhist teachings:

Knowledge of Tibetan Buddhism was provided through training in the Marsang Kagyu tradition, as transmitted through His Holiness Gangri Karma Rinpoche and handouts distributed in respect to Buddhism and other media to inform others. We have experienced an increase in students requesting teachings from His Holiness.

We provide free lectures in the UK for the public to increase the joy and happiness within their minds and daily life.

In the Buddhist theory of change, the practice of the Medicine Buddha within Martsang Kagyu actualises prayers that the Medicine Buddha made in the past to bring happiness by bringing about causes for enlightenment, appeasing problems, satisfying good wishes, and helping those in a state of distress due to illness.

Prayers and rituals:

We undertake various rituals and ceremonies to promote traditional Tibetan Buddhism including:

The Martsang Kagyu Green Tara puja practice was conducted monthly during this period. This puja is traditionally understood to bring strong help to people's careers. This is understood to bring them benefit and benefit those with whom they interact.

The precious Avalokiteshvara Puja is within the Martsang Kagyu system, which includes the Avalokiteshvara offering, Refuge and so on. It is a prayer for increasing fearlessness and longevity.

Martsang Lama Chopra is a practice of guru devotion specific to the Martsang Kagyu tradition of Tibetan Buddhism. We celebrate the Nirvana and enlightenment Day of our lineage founder, Choje Marpa Rinpoche. In gratitude to our founder Choje Marpa's compassion, charitable activities provided by Martsang Kagyu on the day, included releasing animals from captivity into the wild.

The Vajrapani Bodhisattva puja is a special religious ceremony for Buddhist practitioners.

Other activities:

Provision of Buddhist books, images, prayer items and other materials as aids to the study and practice of Martsang Kagyu Tibetan Buddhism.

Providing translations of Tibetan Buddhist texts to Buddhist practitioners. This enables students to gain a deep understanding of Buddhist philosophy.

Holding cultural and social events to increase access to the centre for local communities.

His Holiness provides education to young monks to ensure they receive the appropriate training to continue our charity objectives in the future.

We support a farm in Scotland to ensure the animals rescued have enough food to survive for the year.

We continue to train meditation teachers to provide more free regular classes for the public. Benefits to meditation have been proved scientifically to improve mental wellbeing, reduce stress, improve concentration, sleep and relaxation.

Contribution of volunteers

The charitable activities are staffed entirely by unpaid volunteers. The role of volunteering is essential to our charity and the contributions of our volunteers has a tremendous impact in terms of public benefit. This includes greater community engagement and developing caring and compassionate qualities in our daily life. The direct social impact and improved wellbeing helps to increase resilience, which is essential during these uncertain times for both volunteers and public.

Volunteering can help the individual in several ways including increasing employability skills, reducing stress, supporting personal development, increasing happiness, making friends and strengthening communities.

Achievement and performance

Charitable activities that were undertaken for public benefit:

The CIO is governed in a manner where the intention is to achieve a degree of public benefit in all activities

The charity's meditation teachers trained by His Holiness Gangri Karma Rinpoche have delivered free meditation classes for 189 residents. The meditation teacher training is an ongoing project and will continue to benefit many more people in the future. We continue to receive positive feedback from our students with many achieving profound results. This includes being calmer and coping much better with stress on a daily basis. Our simple meditation technique has increased happiness and well-being for our practitioners. This results in a positive impact on both their professional and personal lives.

We have expanded our scope by providing free lectures in the UK for public to increase joy and happiness within their mind and daily life. The lectures have taken place in Forest Hill, Canterbury, and London. We intend to continue our free lectures across the UK including Bristol, Manchester, Scotland, and other cities in 2023.

The charity's spiritual director His Holiness Gangri Karma Rinpoche held prayers and blessings for residents when performing the Green Tara puja, Medicine Buddha puja, Martsang Lama Chopra, Avalokiteshvara Puja and Vajrapani Bodhisattva Puja. The attendance rate for all our pujas was 100%. The pujas were free to attend.

We are able to provide support when requested by the public from His Holiness and teachers for those with mental health issues. This included increasing their understanding from a Buddhist perspective resulting in a positive impact on their mental health, jobs, family relationships, and other personal issues.

Our Charity supported a farm in Scotland that rescues animals in the area. We donated food to ensure they had enough to eat for a year. In addition, we donated fruits to homeless people during the celebration of the founder of Martsang Kagyu.

In total His Holiness supported and trained 5 young monks.

We successfully cooperated with academic institutions, and other Buddhist organisations including The University of Bristol by providing a free public lecture for students.

Fundraising activities

We continue to suggest donations for the Support Fund through the opportunity to pay a "support" fee for all our events.

We held a successful sale of goods kindly donated by members, and students to raise money for the charity.

We successfully secured a grant to continue and support the free meditation classes. We continue to apply for further grants to support the free classes throughout the year.

PESTLE and Stakeholder analysis has been introduced as a practice to increase financial resilience to meet future turbulent times as well to ensure we can maximise public benefit.

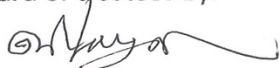
Financial Review

Reserves policy

The charity's unallocated reserve allows for the value of five months' rental and utilities' bills to be paid. This will enable the charity to continue to operate in the event of a major decline in donations. Efforts continue to be made to keep our cost base as low as possible whilst looking ahead to the development of the strategic direction of the charity.

The accounts show a surplus on 5th April 2022 of £23,934.67

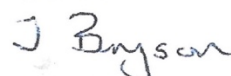
The trustees' annual report was approved on 10th February 2023 and signed on behalf of the board of trustees by:



His Holiness Gangri Karma Rinpoche C Gyaltzen
Trustee



Mr J A McIntyre
Trustee



Ms T A Bryson
Trustee



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Martsang Kagyu UK Buddhist Centre		
On accounts for the year ended	2021/2022	Charity no (if any)	1185175
Set out on pages	1 <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **05/04/2022**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:  **Date:** 06/02/23

Name: Dr Spencer Santry

**Relevant professional
qualification(s) or body
(if any):**

MSc Voluntary Sector Management (CASS)
Institute of Governance Diploma Voluntary Sector
Management

Address: 165 Birchanger Road, Woodside, London SE25
5BS



CHARITY COMMISSION
FOR ENGLAND AND WALES

Martsang Kagyu UK Buddhist Centre
Charity No. 1185175

Receipts and payments accounts

For the period
06/04/2021

05/04/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts			
Income donations	11,590	11,590	7,528
Income grants	10,000	10,000	20,500
		-	-
		-	-
		-	-
Sub total (Gross income for AR)	21,590	21,590	28,028
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	21,590	21,590	28,028
A3 Payments			
Charity Activities	11,316	11,316	14,367
		-	-
		-	-
Sub total	11,316	11,316	14,367
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	11,316	11,316	14,367
Net of receipts/(payments)	10,274	10,274	13,661
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	-	-	-
Cash funds this year end	10,274	10,274	13,661

Signed by one or two trustees on
behalf of all the trustees

CCXX R1 accounts (SS)

Signature

J Bryson

Date of
approval

6/2/2023