

# THE TREASURE BASKET ASSOCIATION

England & Wales · Charity number 1185114

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-08-30

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 7 Mulberry Lane  
Goring-By-Sea  
Worthing  
BN12 4NR

**Phone** 07833583047

**Email** [info@treasurebasketassociation.co.uk](mailto:info@treasurebasketassociation.co.uk)

**Website** <https://www.treasurebasketassociation.co.uk/>

## Activities

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**Objects:** THE OBJECT OF THE CIO IS, FOR THE PUBLIC BENEFIT: THE RELIEF AND PROTECTION OF MENTAL HEALTH OF CHILDREN AGED BETWEEN 4 AND 11 LIVING IN WEST SUSSEX, IN PARTICULAR BUT NOT EXCLUSIVELY, THOSE WITH EMOTIONAL / BEHAVIOURAL DIFFICULTIES THROUGH THE PROVISION OF THERAPEUTIC SERVICES AND MATERIALS AND THE COACHING / MENTORING OF SUPPORTING FAMILIES.

**Activities:** We are a small West Sussex charity providing relief and protection of the mental health of children, in particular but not exclusively, for those with emotional / behavioural difficulties, through the provision of therapeutic services and materials and the coaching / mentoring of supporting families.

## Classification

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- **How:** Provides Services, Other Charitable Activities
- **What:** Disability
- **Who:** Children/young People

## Geography

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- West Sussex

## Finances

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Period end	Income	Expenditure	Assets	Employees	
2024-12-31		£0	£2,314	-	-
2023-12-31	£8,169	£9,525		-	-
2022-12-31	£2,838	£23,612		-	-
2021-12-31	£31,968	£11,266		-	-
2020-12-31	£11,122	£10,456		-	-

## Trustees

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Name	Role	Appointed
Robert Pope	Chair	2023-03-27
Felicia Lycett		2025-07-02
Lisa Fillion		2023-03-27

**THE TREASURE BASKET ASSOCIATION**

England & Wales - Charity number 1185114

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# Accounts

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# **Trustees' annual report and accounts for the 12 months ended 31 December 2024.**

CIO 1185114

The Trustees have pleasure in presenting The Treasure Basket Association's report together with the financial statements for the 12-month period ended 31 December 2024.

## **About The Treasure Basket Association**

We are a small West Sussex charity providing relief and protection of the mental health of children, in particular but not exclusively for those with emotional and/or behavioural difficulties, through the provision of therapeutic services and materials and the coaching and mentoring of supporting families.

Increasingly, restricted funding of schools and other educational organisations are not sufficient to support therapy for children and families as a preventative measure before they reach crisis point. In addition many families are, sadly, not picked up by or meet the requirements for government backed services. This is where we come in - if we can reach out to these children and families before they develop detrimental coping strategies then there is a better likelihood that the support has a greater impact.

Trauma, deprivation and adverse childhood experiences causes multiple complexities for children, young people and families. The barriers that some families face can make it feel impossible to increase their skills, employment opportunities, income and accommodation standards. This can produce an outcome of childhood of poverty with effects that can become detrimental to a child's emotional well-being and their own life patterns. In such situations there is clearly a need for the intervention of an organisation that provides play therapy with a holistic approach, focusing on meeting the short and long term needs. We offer qualified, registered and supervised professionals who have the experience, knowledge and understanding to work with - and heal - young minds. The result is that during the therapeutic process the family grows in confidence as they have new tools to manage the conflict and make the necessary changes.

Our name, The Treasure Basket Association, was inspired by Elinor Goldschmied whose work has had a profound influence on theory and practice within early childhood education. A "Treasure Basket", originally designed for sitting babies to explore, is full of real objects which are sensory-enriching, which assist the promotion of mental, emotional and physical development.

The Treasure Basket Association uses play and creative arts and advocates the importance of these for good mental health in children, young people, and adults. Regular exploration promotes the development of creativity, imagination, self-confidence, intrinsic values, self-efficacy as well as physical, social, cognitive and emotional well-being. The freedom of non-directive play is an opportunity to raise self-awareness and alter behaviour constructively.

Operating from a base in Goring-By-Sea, West Sussex, the Treasure Basket Association was founded in 2016 and became a Charitable Incorporated Organisation (CIO) in 2019. Our founder member Felicia had worked previously as a professional play therapist and continues to play a key and fundamental role in the charity.

**The Treasure Basket Association provides support through:**

- **Increasing access to Play Therapy sessions in designated areas of deprivation by supporting funding in schools.**
- **Securing preventative initiatives by facilitating one-to-one Play Therapy sessions for children experiencing emotional distress.**
- **Providing families' access to therapeutic play materials and mentoring and coaching support.**

## **Review of the year 2024**

In 2024 we were not able to secure any grant nor fundraising income. We completed outstanding works for which we were holding restricted funds at the beginning of the year. We were also committed to rebuilding the website in 2024 but were not able to raise funds to cover the cost of the redesign. We continue to maintain a bank account and commit to necessary overheads such as licencing and insurance.

## **Financial performance**

### **Financial summary for 2024**

For 2024 the charity recorded a deficit of £2,314, compared to a deficit of £1,356 in the previous year. No grants were received nor income from community fundraising. The project for which grant funds were carried over from 2023 was completed during the year.

### **Basis of accounting**

In accordance with guidance relating to CIOs, we have opted to prepare our accounts on a receipts and payments basis as our gross income is less than £250,000. Under this method, transactions are recorded in the charity's books only when cash or bank funds are received or expended. Accordingly debtors and creditors are not recognised in the financial statements and the charity's Balance Sheet is represented by cumulative surplus reserves and bank and cash balances only.

### **Audit of accounts**

Where an audit is not required under the Charities Act or by its governing document an independent examination is required if the CIO's gross income is more than £25,000 in the financial year. In accordance with this guidance, the Trustees have elected for the charity's books for 2024 not to be audited nor independently examined as the gross income for the year is less than £25,000. The Trustees have elected to review this requirement on a year-by-year basis.

# Financial summary for 2024

The Treasure Basket Association

Charity No. 1185114

Financial Statements for the year to 31/12/2024



## Summary

### INCOME

	2024 £	2023 £
Donations & Legacies (inc Gift Aid)	-	301
Grants	-	4,831
Community Fundraising	-	3,035
Interest received	-	2
<b>TOTAL INCOME</b>	<b>-</b>	<b>8,169</b>

### EXPENDITURE

Therapist's Professional Fees	720	4,970
Other Professional Fees	-	2,605
Therapeutic Resources	-	670
Treasure Basket items	-	66
Other Direct Project Expenses	-	70
Fundraising costs	-	310
Website and Social Media	1,505	154
Training	-	360
Insurance	-	218
Bank Charges	60	73
Travel & Subsistence	29	114
Office General Expenses	-	35
Sundries	-	120
<b>TOTAL EXPENDITURE</b>	<b>2,314</b>	<b>9,525</b>

### Surplus/(Deficit)

-	<b>2,314</b>	-	<b>1,356</b>
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### Movement in funds

Bank Account at 1 January	3,054	4,410
Net Surplus/Deficit for the period	-	-
Bank Account at 31 December	<b>740</b>	<b>3,054</b>

### Represented by

Restricted funds (see report)	2,354	2,354
Unrestricted funds (charity reserves c/f)	-	700
	<b>740</b>	<b>3,054</b>

# Utilisation of Restricted Funds in 2024

The Treasure Basket Association  
 Charity No. 1185114  
 Financial statement for the year to 31/12/2024  
 Utilisation of Restricted Funds



	2024			
	£	£	£	£
	B/f 31/12/2023	Received in year	Expended in year	C/f 31/12/24
<b>Donations</b>		-	-	-
<b>Total donations</b>		-	-	-
<b>Grants</b>				
Hendy Foundation	700	-	700	-
<b>Total grants</b>	700	-	700	-
<b>Total restricted funds</b>				-

We are very grateful to all those who have provided grants and donations in previous years, which enabled us to fulfil our aims.

## Reserves policy

We regularly and stringently monitor and account for Restricted and General (unrestricted) funds in our financial and reporting processes. The two types of fund can be defined as follows:

**Restricted Funds** - are where all the funds raised for a particular cause must be used in accordance with the requests of the funder. Examples include grants or donations given for specific projects. The Treasure Basket allocates expenditure on these “projects” in a way that provides transparency to the grantor or donor, who at any time has an opportunity to examine the transactions. Where Restricted Funds are unspent at a reporting date we identify and highlight the unspent portion for future action.

**General Funds** - are those that a charity has received which are not held for any specific purpose. They can be spent as deemed fit in accordance with the charity’s terms of reference, and can include where a charity has received funds through general donations, or fundraising. General funds are used to cover overheads and to support growth, and in exceptional situations can be used to support extended support in Restricted Funds projects.

Our policy for reserves is that the general fund should be sufficient to allow us to work with the children we support until they can be safely discharged – whilst retaining adequate resources to

maintain and grow the charity. The balance of these two aims is a continual challenge, which include sometimes taking calculated risks of using our reserves to meet the needs until the grants materialise, always knowing that our community fundraising events and donations will replenish funds in due course.

Movements in reserves during 2024, with comparatives, are as follows:



**The Treasure Basket Association**  
**Charity No. 1185114**  
**Financial Statements for 2024**  
**Movement in Reserves**

	<b>2024</b>		<b>2023</b>	
	<b>Restricted £</b>	<b>General £</b>	<b>Restricted £</b>	<b>General £</b>
<b>Funds at start of year</b>	700	2,354	2,305	2,106
<b>Income</b>				
Donations	-	-	-	301
Grants	-	-	3,622	1,209
Community fundraising	-	-	-	3,035
Interest received	-	0	-	2
<b>Total income</b>	-	-	3,622	4,547
<b>Expenditure</b>				
Grant-aided	700	20	5,227	3,733
Unrecovered	-	-	-	-
Fundraising costs	-	-	-	310
Overheads	-	1,594	-	256
<b>Total expenditure</b>	700	1,614	5,227	4,299
<b>Total restricted funds</b>	-	740	700	2,354

**THE TREASURE BASKET ASSOCIATION**

England & Wales - Charity number 1185114

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# Accounts

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## **Trustees' annual report and accounts for the 12 months ended 31 December 2023.**

**(CIO Reg No. 1185114)**

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Trauma, deprivation and adverse childhood experiences causes multiple complexities for children, young people and families. The barriers that some families face can make it feel impossible to increase their skills, employment opportunities, income and accommodation standards. This can produce an outcome of childhood of poverty with effects that can become detrimental to a child's emotional well-being and their own life patterns. In such situations there is clearly a need for the intervention of an organisation that provides play therapy with a holistic approach, focusing on meeting the short and long term needs. We offer qualified, registered and supervised professionals who have the experience, knowledge and understanding to work with - and heal - young minds. The result is that during the therapeutic process the family grows in confidence as they have new tools to manage the conflict and make the necessary changes.

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### **The Treasure Basket Association provides support through:**

- **Increasing access to Play Therapy sessions in designated areas of deprivation by supporting funding in schools.**
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- **Providing families' access to therapeutic play materials and mentoring and coaching support.**

## **Review of the year 2023**

2023 was considered by the Trustees to be a further period of consolidation following the three previous years which had all been impacted by the Covid-19 pandemic, either directly or indirectly. Activities during the year 2023 focussed somewhat on sustainability, and a small number of trainees were introduced. However the lack of available funding restricted the charity's capacity to take on new projects, with only four started in the year. A falling away of personnel generally, especially in the number of trustees, volunteers and in practitioner time resulted in us not being able to fully achieve the growth target we had hoped for and at the end of the year we were left with one project to finish in 2024.

In May 2023 and in fantastic weather we held our second car boot sale at Adur Recreation Ground and achieved a healthy surplus, which supported us at an important time.

## **2024 and beyond**

In early 2024 we completed the outstanding project at a school in Worthing. We also worked with Nyewood Junior and Infants School in Bognor. Since then no funding has been forthcoming, and the lack of personnel resource and capacity in particular continues to place restrictions on the charity.

However we are viewing this time as a an opportunity to "rest and rekindle" and some ideas are bouncing around which are being discussed, as well as the strategy document that is so important to the future of the Treasure Basket Association.

In early 2024 we rebuilt the website [www.treasurebasketassociation.co.uk](http://www.treasurebasketassociation.co.uk) and we are targeting a social media strategy that will use technology to revitalise the charity.

# Financial results for 2023

**The Treasure Basket Association**  
**Charity No. 1185114**  
**Financial Statements for the year to 31/12/2023**



## Summary

### INCOME

	2023 £	2022 £
Donations & Legacies (inc Gift Aid)	301	840
Grants	4,831	-
Community Fundraising	3,035	1,997
Interest received	2	-
<b>TOTAL INCOME</b>	<b>8,169</b>	<b>2,837</b>

### EXPENDITURE

Therapist's Professional Fees	4,970	18,070
Other Professional Fees	2,605	680
Therapeutic Resources	670	75
Treasure Basket items	66	-
Other Direct Project Expenses	70	1,489
Fundraising costs	310	860
Website and Social Media	154	11
Training	360	87
Insurance	218	132
Bank Charges	73	71
Travel & Subsistence	114	116
Office General Expenses	35	41
Sundries	-	120
<b>TOTAL EXPENDITURE</b>	<b>9,525</b>	<b>21,632</b>

### Surplus/(Deficit)

-	<b>1,356</b>	-	<b>18,795</b>
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### Movement in funds

Bank Account at 1 January	4,410	25,185
Net Surplus/Deficit for the period	-	1,356
Bank Account at 31 December	<b>3,054</b>	<b>6,390</b>

### Represented by

Restricted funds (see report)	2,354	2,306
Unrestricted funds (charity reserves c/f)	700	4,084
	<b>3,054</b>	<b>6,390</b>

## **Basis of accounting**

In accordance with guidance relating to CIOs, we have opted to prepare our accounts on a receipts and payments basis as our gross income is less than £250,000. Under this method, transactions are recorded in the charity's books only when cash or bank funds are received or expended. Accordingly debtors and creditors are not recognised in the financial statements and the charity's Balance Sheet is represented by cumulative surplus reserves and bank and cash balances only.

## **Audit of accounts**

Where an audit is not required under the Charities Act or by its governing document an independent examination is required if the CIO's gross income is more than £25,000 in the financial year. In accordance with this guidance, the Trustees have elected for the charity's books for 2023 not to be audited nor independently examined as the gross income for the year is less than £25,000. The Trustees have elected to review this requirement on a year-by-year basis.

## **Financial summary for 2023**

For 2023 the charity recorded a deficit of £1,356, compared to a deficit of £20,774 in the previous year. Grants were received to the value of £4,831 and a further £3,035 was received as a result of community fundraising. Apart from specific costs relating to the community fundraising, the charity once again concentrated its efforts in a few small projects, some of which were in respect of grants received during the previous two years. Overheads (which for us are minimal) remained at a similar level to previous years.

## **Utilisation of Restricted Funds in 2022**

During the year to 31 December 2023 the charity received three new grants and completed four projects. One project was carried over to 2024, and this has now been finalised.

	2023			
	£	£	£	£
	B/f 31/12/2022	Received in year	Expended in year	C/f 31/12/23
<b>Donations</b>		-	-	-
<b>Total donations</b>		-	-	
<b>Grants</b>				
Artswork	1,480	-	1,480	-
Chapman Charitable Trust	825	-	825	-
Little Lives	-	2,200	2,200	-
Hendy Foundation	-	700	-	700
Percy Bilton Foundation		722	722	-
<b>Total grants</b>	2,305	3,622	5,227	
<b>Total restricted funds</b>				<b>700</b>

We are extremely grateful to all those who provided grants and donations, which enabled us to fulfil our aims for the year.

## Reserves policy

We regularly and stringently monitor and account for Restricted and General (unrestricted) funds in our financial and reporting processes. The two types of fund can be defined as follows:

**Restricted Funds** - are where all the funds raised for a particular cause must be used in accordance with the requests of the funder. Examples include grants or donations given for specific projects. The Treasure Basket allocates expenditure on these “projects” in a way that provides transparency to the grantor or donor, who at any time has an opportunity to examine the transactions. Where Restricted Funds are unspent at a reporting date we identify and highlight the unspent portion for future action. An analysis of Restricted Funds in 2022 is shown above.

**General Funds** - are those that a charity has received which are not held for any specific purpose. They can be spent as deemed fit in accordance with the charity’s terms of reference, and can include where a charity has received funds through general donations, or fundraising. General funds are used to cover overheads and to support growth, and in exceptional situations can be used to support extended support in Restricted Funds projects.

Our policy for reserves is that the general fund should be sufficient to allow us to work with the children we support until they can be safely discharged – whilst retaining adequate resources to maintain and grow the charity. The balance of these two aims is a continual challenge, which include sometimes taking calculated risks of using our reserves to meet the needs until the grants

materialise, always knowing that our community fundraising events and donations will replenish funds in due course.

Movements in reserves during 2023, with comparatives, are as follows:



**The Treasure Basket Association**  
**Charity No. 1185114**  
**Financial Statements for 2023**  
**Movement in Reserves**

	<b>2023</b>		<b>2022</b>	
	<b>Restricted £</b>	<b>General £</b>	<b>Restricted £</b>	<b>General £</b>
<b>Funds at start of year</b>	2,305	2,106	20,679	4,506
<b>Income</b>				
Donations	-	301	-	840
Grants	3,622	1,209	-	-
Community fundraising	-	3,035	-	1,997
Interest received		2		-
<b>Total income</b>	<b>3,622</b>	<b>4,547</b>	<b>-</b>	<b>2,837</b>
<b>Expenditure</b>				
Grant-aided	5,227	3,733	18,374	-
Unrecovered	-			4,053
Fundraising costs	-	310		860
Overheads	-	256		324
<b>Total expenditure</b>	<b>5,227</b>	<b>4,299</b>	<b>18,374</b>	<b>5,237</b>
<b>Total restricted funds</b>	<b>700</b>	<b>2,354</b>	<b>2,305</b>	<b>2,106</b>

**THE TREASURE BASKET ASSOCIATION**

England & Wales - Charity number 1185114

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# Accounts

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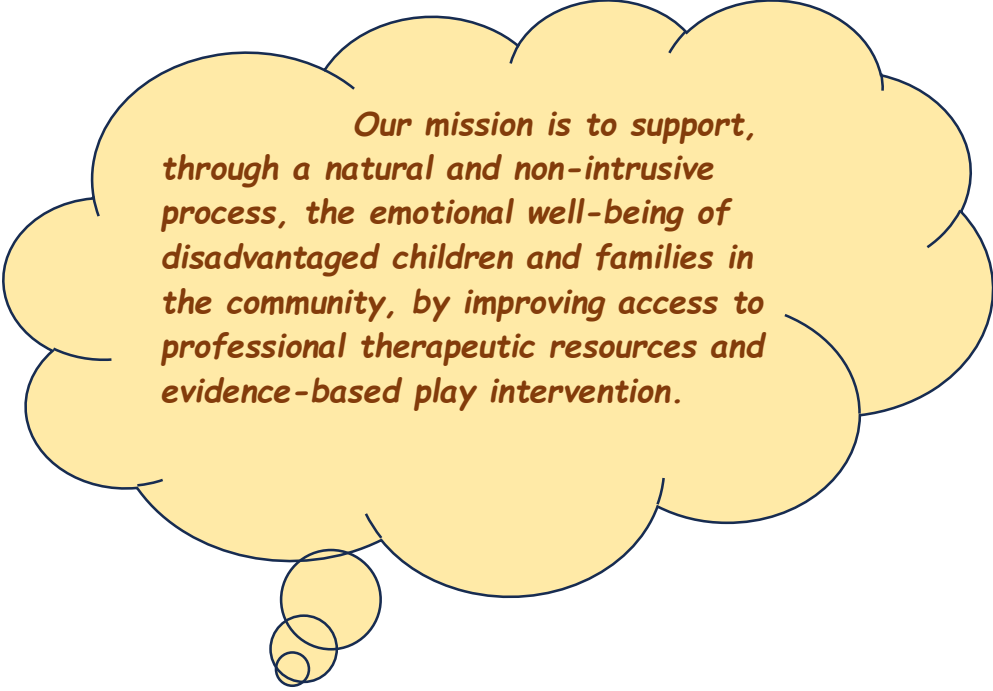
*The Treasure Basket Association*  
Prioritising Therapeutic Projects and Services

(CIO Reg. No.: 1185114)

**Trustees' Annual Report and accounts for  
the 12 months to 31 December 2022**

The Trustees have pleasure in presenting The Treasure Basket Association's report together with the financial statements for the 12-month period ended 31 December 2022.

## Our Mission and Activities



*Our mission is to support, through a natural and non-intrusive process, the emotional well-being of disadvantaged children and families in the community, by improving access to professional therapeutic resources and evidence-based play intervention.*

Operating from a base in Goring-By-Sea, West Sussex, the Treasure Basket Association was founded in 2016 and became a Charitable Incorporated Organisation (CIO) in 2019. Our founder member Felicia had worked previously as a professional play therapist and continues to play a key and fundamental role in the charity.

The Treasure Basket Association is passionate about helping to create calm and clarity for disadvantaged children who are experiencing emotional distress, particularly in the pockets of deprivation in the geographical area in which we operate, some of which are in the top 20% of the most deprived areas in the UK. We do this in two principal ways:

- By providing Play Therapy to children with emotional and behavioural difficulties in the age group 4-11, supplemented with emotional support to parents and/or carers and the provision of training and supervision to school staff. These interventions can take place either at school or in the charity's "hub", according to what is best for the child. At present we prioritise children who need therapeutic support urgently and can't access it elsewhere. However, we also work with children whose mental health needs are less severe, and we are looking to develop our capacity to do more preventive work in the future.
- By assembling and delivering "Treasure Baskets" which contain a range of materials for emotionally vulnerable/deprived young people to be creative, to learn and to play as a means of healing outside the remit of school. The baskets are packed with sensory, play and art materials

chosen to help children explore what is on their mind therapeutically. The assembly and delivery of the treasure baskets is carried out by our willing volunteers.

When opportunities arise, we will initiate and deliver additional projects and fundraising events that align with our charitable objectives and allow us to grow the charity both financially and in its community presence.

The number of children and professionals that our Play Therapists work with each year is determined by both funding, and by each child's therapeutic needs.

The pace at which children respond to Play Therapy varies, and our experience is in line with several studies finding that it takes an average of 20 play therapy sessions to resolve the problems of the typical child referred for treatment. Whilst we tend to provide children an initial block of between six and twelve therapy sessions (depending on the severity of the presenting issues), we carry on seeing children until they can be discharged safely - whether funded or not – and this is a key factor in our Reserves strategy.

We target our work in areas with high indices of deprivation and many of the children from these areas have complex needs such as ACEs (Adverse Childhood Experiences), for which therapy requires more sessions and therefore greater funding. In all cases we want the child to improve their emotional wellbeing and be better equipped to cope with family, community and school life.

This commitment to working as open-endedly as possible enhances our effectiveness. We use "**Strength and Difficulty Questionnaires**" that provide us with a qualitative picture of the children at the beginning and end of each intervention, on a quantifiable scale. We also provide "**Closing Reports**" and the documentation enables us to determine how individual children have progressed in their therapeutic journey, and the extent to which this has helped them overcome their presenting issues. We are very pleased to find that the majority of children have responded well to therapy, and indeed benefit from it. The feedback we receive from families and schools is that they become more socially and academically engaged as a result.

## Our People

At the time of publication of this report:

- ❖ Debi Daisley (Trustee)
- ❖ Robert Pope (Trustee)
- ❖ Lisa Fillion (Trustee)
- ❖ 2 Trustee vacancies
  
- ❖ Felicia Lycett (Professional Play Therapist)
- ❖ Simona Florio (Grants Writer)

Robert and Lisa joined the Charity during 2023.

During 2022 and 2023 we have been ably supported by willing trainees, University interns and volunteers and we are very grateful for the ideas and ongoing commitment of these people. We currently have vacancies for two volunteer Trustees.

## Financial Results for 2022

The Treasure Basket Association

Charity No. 1185114

### Financial Statement for 2022



#### Summary

	2022 £	2021 £
<b>INCOME</b>		
Donations & Legacies	840	2,466
Grants	-	28,358
Community Fundraising	1,998	1,144
<b>TOTAL INCOME</b>	<b>2,838</b>	<b>31,968</b>
<b>EXPENDITURE</b>		
Therapist's Professional Fees	18,070	6,470
Other Professional Fees	680	-
Therapeutic Resources	75	582
Treasure Basket items	-	2,158
Other Direct Project Expenses	3,469	1,327
Fundraising costs	860	217
Website and Social media	11	87
Training	87	125
Insurance	132	143
Bank Charges	71	7
Travel & Subsistence	116	-
Office General Expenses	41	123
Sundries	-	28
<b>TOTAL EXPENDITURE</b>	<b>23,612</b>	<b>11,267</b>
<b>Surplus/(Deficit)</b>	<b>- 20,774</b>	<b>20,701</b>
<b>Movement in funds</b>		
Bank Account at 1 January	25,185	4,484
Net Surplus/Deficit for the period	- 20,774	20,701
Bank Account at 31 December	<b>4,411</b>	<b>25,185</b>
<b>Represented by</b>		
Cash funds - Restricted (see report)	2,305	20,679
Cash funds - Unrestricted funds (charity reserves c/f)	2,106	4,506
	<b>4,411</b>	<b>25,185</b>

## Basis of accounting

The Charity uses the Cash Basis of accounting for transactions. Under this method, transactions are recorded in the charity's books only when cash or bank funds are received or expended. Thus debtors and creditors are not recognised in the financial statements and the charity's Balance Sheet is represented by cumulative surplus reserves and bank and cash balances only.

## Audit of accounts

In accordance with Charities Commission guidance and the charity's governing document, the Trustees have elected for the charity's books for 2022 not to be audited nor independently examined as the gross income for the year is less than £25,000. The Trustees have elected to review this requirement on a year-by-year basis.

## Financial summary for 2022

For 2022 the charity recorded a deficit of £20,774, compared to a surplus of £20,701 in the previous year. No grants were received in the year, and the charity concentrated its efforts in completing projects for which Restricted Fund reserves were carried over from 2021. Overheads (which for us are minimal) remained at a similar level to the previous year.

## Utilisation of Restricted Funds in 2022

The year 2022 saw the charity deliver to completion many projects for which grants had been received in 2021, but had to be deferred, partly due to the pandemic, and at the end of 2022 there were only two grant-aided projects which were not completed.

### The Treasure Basket Association

Charity No. 1185114

Financial Statement for 2022



### Utilisation of Restricted Funds

	B/f 31/12/2021 £	Received in year £	Expended in year £	C/f 31/12/2022 £
<b>Donations</b>				
Worthing Lions	1,509	-	1,509	-
<b>Total donations</b>	1,509	-	1,509	-
<b>Grants</b>				
West Sussex County Council	3,893	-	3,893	-
Littlehampton Town Council	2,273	-	2,273	-
Albert Hunt Trust	737	-	737	-
Artwork	3,728	-	2,248	1,480
Chapman Charitable Trust	912	-	87	825
Clarion Futures	2,431	-	2,431	-
The Magdalen Hospital Trust	1,900	-	1,900	-
West Sussex Community Fund	3,296	-	3,296	-
<b>Total grants</b>	19,170	-	16,865	2,305
<b>Total restricted funds</b>	20,679	-	18,374	2,305

The charity is looking to complete in 2023 the two projects carried forward.

We are extremely grateful to all those who provided grants and donations, which enabled us to fulfil our aims.

## Reserves policy

We regularly and stringently monitor and account for Restricted and General (unrestricted) funds in our financial and reporting processes. The two types of fund can be defined as follows:

**Restricted Funds** - are where all the funds raised for a particular cause must be used in accordance with the requests of the funder. Examples include grants or donations given for specific projects. The Treasure Basket allocates expenditure on these “projects” in a way that provides transparency to the grantor or donor, who at any time has an opportunity to examine the transactions. Where Restricted Funds are unspent at a reporting date we identify and highlight the unspent portion for future action. An analysis of Restricted Funds in 2022 is shown above.

**General Funds** - are those that a charity has received which are not held for any specific purpose. They can be spent as deemed fit in accordance with the charity’s terms of reference, and can include where a charity has received funds through general donations, or fundraising. General funds are used to cover overheads and to support growth, and in exceptional situations can be used to support extended support in Restricted Funds projects.

Our policy for reserves is that the general fund should be sufficient to allow us to work with the children we support until they can be safely discharged – whilst retaining adequate resources to maintain and grow the charity. The balance of these two aims is a continual challenge, which include sometimes taking calculated risks of using our reserves to meet the needs until the grants materialise, always knowing that our community fundraising events and donations will replenish funds in due course.

Movements in reserves during 2022, with comparatives, are as follows:

**The Treasure Basket Association**  
**Charity No. 1185114**  
**Financial Statement for 2022**



### Movement in Reserves

	2022		2021	
	Restricted £	General £	Restricted £	General £
<b>Funds at start of year</b>	20,679	4,506	-	4,485
<b>Income</b>				
Donations	-	840	2,000	466
Grants	-	-	27,098	1,260
Community fundraising	-	1,997	-	1,144
<b>Total income</b>	-	2,837	29,098	2,870
<b>Expenditure</b>				
Grant-aided	18,374	-	8,419	-
Unrecovered	-	4,053	-	1,538
Treasure basket items	-	-	-	668
Fundraising costs	-	860	-	217
Overheads	-	324	-	426
<b>Total expenditure</b>	18,374	5,237	8,419	2,849
<b>Total restricted funds</b>	2,305	2,106	20,679	4,506

Although general funds were depleted during 2022 we have made a very good start to 2023 and at the half-year point general funds in reserves are back to around £5,000.

## 2022 Highlights

2022 was considered by the Trustees to be a period of consolidation following the two previous years which had both been impacted by the Covid-19 pandemic. Activities during the year 2022 were mostly concentrated on fulfilling projects for which funding was received in the previous year. There is no doubt that the general post-pandemic shift has had an impact on both the availability of funding and the timing of our interventions. In addition there were a number of personnel changes during 2022, in both Trustees and volunteers. Consequently it is not until 2023 that we were able to put our minds towards a non-reactive strategy development.

- In June 2022 we held our first car boot sale at Adur Recreation Ground. This was a great success and is planned to be a regular annual event.
- Felicia was very busy during 2022 fulfilling grant-funded projects, providing therapy, training and supervision at various schools in Littlehampton, Worthing and Bognor.
- At the beginning of 2022 we aimed to deliver 30 Treasure Baskets to emotionally vulnerable children to help bridge the gap between school and home. With public support and community spirit we managed to raise enough material for 12 therapeutic baskets to children were able to go home with a smile on their faces, feeling loved and a bit more optimistic.
- During the summer of 2022 we were able to deliver an innovative project at a primary school in West Sussex that has a high proportion of pupils with SEND and other ACEs. This project – which was funded by Artsworld via Arun Inspires – took the form of a series of 10 art-based workshops for two groups of children identified by the school's SENCo. The sessions were delivered by Felicia and Simona and encouraged team collaboration and the children made creations involving collages, clay, flower-making, food and sensory items such as palydough, fidget toys and bubble wrap.



- We also hosted our second event in Angmering with combined arts charity Joy of Sound, which this time was for two days, supported by a grant from West Sussex County Council in 2021. Joy of Sound promote social inclusion through music and creative arts. The coordinators are trained in working with children, young people and vulnerable adults through music.

The purpose of this music workshop was to use music and the creative arts as a form of self-expression. All of the activities were planned so that children with SEND could attend and enjoy themselves with their families, using instruments in group interplay or to relax with the play material available to them. 15 families attended, including 61 children.

*"It was great to see the activities planned for the day. My daughter loved the painting and the play time area. Food was amazing too especially being a vegetarian I was surprised to see the veg options in food. The music group 'Joy of sound' were great as well."*

## Going forward

*"Children and young people's mental health has been neglected for years and in the meantime, we know that the need is increasing. We were already struggling to meet demand before the pandemic, but the pandemic has absolutely resulted in increase in mental health disorders in children and young people."*  
(The Guardian, July 2021)

We continue to work as a small charity with limited resources, and the need to balance the need for children's long-term support with those who need emotional intervention urgently has not reduced. We want and need to continue to respond to crises promptly and effectively, and we have maintained our efforts to apply for grants to fund this work. Grants as a method of raising funds is unpredictable (particularly evident through the pandemic years) and we have focused also on hosting community fundraising events, individual and corporate giving and increasing the charity's profile through these events, social media and other publicity.

In 2023 we have also concentrated some effort in personnel resources. We have introduced two new trainees, a fully-funded internship for admin work, and a social media volunteer. We plan to increase and plan to recruit more, and will include this in a new strategy document currently being worked on.

The Trustee base changed in 2023 and a new team – whilst short of numbers at present – is bringing in new skills, enthusiasm and focus.

**THE TREASURE BASKET ASSOCIATION**

England & Wales - Charity number 1185114

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# Accounts

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# The Treasure Basket Association's Trustees' Annual Report & Accounts

(For the year ending 31 December 2021)



*The Treasure Basket Association*  
Prioritising Therapeutic Projects and Services

(CIO Reg. No.: 1185114)

## Our Mission and activities in brief

The Treasure Basket Association (TTBA) was founded to help break the vicious cycle of mental-ill health, poverty and abuse affecting children who live in the most deprived parts of West Sussex.

We pursue this aim mainly -though not exclusively- through the provision of in-school Therapy to children aged 4 to 11. Currently, we deliver Play Therapy services predominantly- which include individual child sessions, emotional support to parents/carers, and training and supervision for school staff.

At present, we prioritise children who need therapeutic support urgently, and can't access it anywhere else. However, we also work with children whose mental health needs are less severe, and aim to develop our capacity to do more preventive work in the future.

In addition, we assemble and deliver 'Treasure Baskets' to children from deprived households who struggle with their emotions. These are packed with sensory, play and art materials chosen to help children explore what is on their mind therapeutically.

When opportunities arise, we also initiate and deliver additional projects that align with our charitable objectives.

### Our origins:

The Treasure Basket Association was "conceived" in 2015, only a few months after our founder's first baby. Felicia -who had been working for local charity The Play Team as a Play Therapist until their retiring Trustees decided to close it- saw her time on maternity leave as an opportunity to try and help fill the gap it had left.

She knew of too many children who were falling through the net due to there being no mental health support available to them when they needed it, and - recalling consultations meetings which highlighted referral needs that could not be met- she recounts:

*"Those I remember more vividly are: a recent parental death, a child's self-harming, [...] many known cases of domestic violence and abuse [...]". "I simply could not sit comfortably knowing what I knew".*

Thus the Treasure Basket Association was born (in 2016)

## Our Main Activities in 2021 - a Year of Achievements

While TTBA has been operating since 2016, it only registered as a CIO in August 2019, not long before the start of the pandemic - which frustrated our aspirations, partly due to it causing the life circumstances of key members of our team to change significantly, and to them having to leave us as a result.

Consequently, we entered 2021 with fewer Trustees, no Treasurer or fundraisers, and only £ 4483.89 in the bank.

This notwithstanding, we did not lose our vision, nor hope. On the contrary, the year starting with a lockdown that kept most children out of schools until March motivated us to do all we could to mitigate the impact that this would have on children "distance-learning" in poor households. Thus, we intensified our efforts, so that we could provide well-stocked Treasure Baskets to as many as possible.

To this end, we reached out to our families, friends, and -using social media- to the general public. This resulted in a group of some 10 local people volunteering their time to the project, which also involved reaching out to anyone who could help us with donations in kind. As times were hard for many, we were moved by the generosity with which our request for help was met.

For instance, individuals who could not help in other ways knitted toys so that our budget for other items (such as stationery and art materials) could stretch farther.

Some hand-made items were even left outside our founder's front door anonymously -which, as well as moving us to tears - strengthened our motivation.

Thus, we were able to distribute 90 Treasure Baskets before schools reopened. This, as well as benefiting the children, provided some of the volunteers (who had previously been experiencing social isolation) with a sense of connectedness, and purpose.

In the meantime, we invested more of our time in fundraising from grant makers, so that we could resume our work in schools as soon as they would reopen. We knew that, due to the length of funding cycles, we probably would not hear back from funders before April or May. However, our main concern was that the pandemic was having a devastating effect on the mental health of many children.

Therefore we took the calculated risk of using our unrestricted reserves to meet need until the first grants would materialise, and planned to replenish these by holding community fundraising events in the summer.



When working with children whose needs are severe, we always offer an initial block of 12 sessions. Each block costs £750 circa, and when schools reopened, we still had £4,000 in the bank.

Thus, when two schools approached us with desperate calls for help, we were able to commit to working with three pupils who were deemed to be in the most urgent need of mental health support. We consider that this was prudent in that -had no grants materialised- we would still have been able to complete these three interventions within the school year, and still have enough money left to cover both our minute overheads, including the cost of community fundraising.

As it happened, we were able to secure several grants to support our main activities (Play Therapy and The provision of Treasure Baskets), and we are particularly pleased that 3 of these (plus a donation from Worthing's Lyons) brought in £14,500, restricted to deliver our interventions at a school we are particularly committed to, due to so many of their pupils having high levels of need, and being 'at risk'. These funds have been enabling us to place a Play Therapist at the School, where she has been seeing six children weekly since the start of the Autumn term.

This work is ongoing, and we are working on equipping this project with sustainability, so that it may continue indefinitely. This school is based in an area of Worthing where the level of deprivation, and resulting needs, is dire.

In addition, we had two grants, totalling £5,650, to deliver in-schools Therapy and Treasure Baskets in Littlehampton, where we have also been working. On 31 December 2021 we still had £4703.67 of this money left, and we are now spending this to provide 1:1 Play Therapy sessions to three children (who will benefit from 12 sessions each). The rest will be used to either continue working with these children, if needed, or to support new referrals once the 12 weeks period is over.

A further £4,128 grant we secured (from Artworks) is to deliver an arts-based project to children with ACE in Arun (to take place in summer 2022).

### **Additional Activities: a Special Project**

In the summer we had the opportunity to apply for a small grant from West Sussex County Council to organise a "short break" event for children with special educational

needs and/or disabilities and their families, and we did so successfully, working in partnership with another small charity, but well-established, award-winning charity (Joy of Sound).

This initiative is in line with our objectives because low levels of mental health are prevalent amongst this client group.

Short breaks, as well as providing an essential source of peer-support for families that include children with SEND, can improve the state of their mental health.

### **Facts and recents statistics about the social and mental wellbeing of children with SEND and their families**

- 96% of the families who responded to a recent survey conducted by the Family Fund reported that the coronavirus pandemic has negatively affected their disabled children's overall health and wellbeing. In particular, families reported that their disabled children's behaviour and emotions (91%) and mental health (86%) was negatively impacted upon, and this includes disabled children and young people feeling increasingly anxious and stressed, becoming upset and experiencing more regular mood swings, as well as escalating challenging behaviour.
- A survey by Contact a Family found that 65% of families with disabled children reported feeling isolated frequently or all of the time even before the COVID pandemic. However, the lockdowns made matters worse, as many of these families were cut off from friends, their support networks, and local community - which had a devastating impact on the wellbeing of children, as well as on the mental health of parents.
- A survey conducted by the Disabled Children's Partnership in March this year found that 90% of disabled children were found to be socially isolated, with nearly half of parents (49%) reporting that their child had not seen a friend either online or in person in the past month. The same survey also found that 9 out of 10 parents reported some level of anxiety and 46% had probable depression.

The short break we organised with Joy of Sound consisted of a "Fun Day Out" during which families could engage in music-making workshops and other art-based activities. It also provided opportunities for the children to engage in free play, and the adults to socialise. A free

buffet lunch was provided, and prepared taking into accounts all the suggestions that parents were invited to make when booking their place on Eventbrite.

A parent whom we emailed to clarify a suggestion before the day, replied to us saying:

*“It’s so so so kind to reach out directly. X will LOVE all those snacks. So will Y too !!! We are really excited as this will be our first SEN event, we are attending so I’m also very nervous.*

*I hope he will enjoy it and just being able to attend is so wonderful. The world needs more people like you, so a big thank you already”*

The event was attended by nine families. These included 15 adults and 19 children, including 14 children with SEND. Thus 34 individuals benefited, and levels of engagement and enjoyment were high.

As the feedback was positive, West Sussex County Council has given us a further grant to deliver three more of these “Fun Days Out”. On the 31th of December 2021 this money was still unspent, but now the first of these three events has already taken place, and the other two are scheduled to take place in March and May 2022 respectively.



## **Play Therapy: its impact and our plans**

The number of children our Play Therapists work with each year is determined by both funding, and by each child's therapeutic needs.

The pace at which children respond to therapy varies, and our experience is in line with several studies finding that it takes an average of 20 play therapy sessions to resolve the problems of the typical child referred for treatment. Children with complex needs can take much longer. This applies to many of the children we see because we work in areas with high indices of deprivation, where children are more likely to face ACEs (Adverse Childhood Experiences).

Thus, while we offer children an initial block of 6 to 12 sessions (depending on the severity of the presenting issues), we carry on seeing children until they can be discharged safely.

### **Typically the children who are referred to us have experienced/have been exposed to one or more of the following:**

- Psychological, physical and/or sexual abuse
- Substance misuse
- Criminal behaviour in their households
- Violent treatment of a maternal figure
- Bereavement
- Homelessness
- Abandonment
- Other traumas

Our commitment to working as open-endedly as possible enhances our effectiveness. We use "Strength and Difficulty Questionnaires" that provide us with a qualitative picture of where children "are at" at the beginning and end of each intervention, on a quantifiable scale. This, and the fact that our therapists need to produce "closing reports", enables us to determine how individual children engaged in the therapeutic journey, and the extent to which this has helped them overcome their presenting issues. Normally we find that the children we see respond well to therapy, and that they benefit from it. The feedback

we receive from families and schools is that they become more socially and academically engaged as a result.

While we are pleased with the outcome of our work, as a small charity with very limited resources, we need to balance some children's need for long term support with the need to respond to the needs of children who need mental support urgently and who cannot access it anywhere else - a situation which is not uncommon where we live. In West Sussex, children's mental health services were overstretched and could not meet demand even before the pandemic. In 2017-18, for instance, only 72% of the children and young people with diagnosable conditions who were referred to Coastal West Sussex CAMHS eventually received treatment, after waiting 56 days (on average) for their first appointment.

In the light of these delays, the "troubleshooting approach" we adopted during the pandemic can, literally save lives. This -responding to crises promptly- is something we want to continue doing. Thus, we will continue applying for grants to support this work.

However, we are also committed to Play Therapy as a means of preventing the life long consequences of ACEs<sup>1</sup>, and this often requires therapists to work with individual children long term (partially due to the fact that children with ACE are more likely to have attachment styles that make it difficult for them to establish a relationship of trust with the therapist). This -working with more children open-endedly- is something we want to do more of, and we view the grants we had to work at one particular school in Worthing (see above), as an opportunity to do so this year, and beyond.

As we have mentioned, we are aiming at equipping "the project" (i.e. the provision of play therapy services at that school) with sustainability, to make sure that more of the many children with ACE there can benefit from therapy for as long as they need. Meeting the level of need at the school, however, will require extending our presence to several days a week. To this end, we have just offered a work-experience placement to a trainee therapist and, pending our evaluation of our first experience as placement-hosts, we will be recruiting more. In the meantime, we have already applied for (and secured) a

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<sup>1</sup> There is consistent evidence that ACEs result in harmful physical, learning, social, emotional, and behavioural health outcomes during childhood, with far reaching effects lasting across the lifespan. Trauma in early life is associated with health and social problems in adulthood, including a wide range of mental and physical illnesses, suicide, homelessness, drug and alcohol use and incarceration.

small grant restricted to paying for the trainee to receive clinical supervision over the course of a school year.

### **Weaknesses and plans to limit risk**

While our achievements highlight our resilience, and our finances are in good health, we now need to strengthen our foundations, to ensure we can keep up the good work and sustain our growth in the long term.

As it is evident from the accounts, we have not been investing in core functions and, whilst this has enabled us to use our unrestricted income to meet need at short notice, it has also made us too reliant on the unpaid labour of the key members of our team.

Our reliance on in-kind inputs that could dry up unexpectedly (as they did in 2020) poses our charity at risk, as could our over-reliance on grant income.

As well as being unpredictable, grant income is more likely to be restricted, and the sums we can raise through 'cost recovery' when applying for project funding are limited by (a) the size and number of our projects, and (b) by there still being funders who are unwilling to contribute to overheads. Consequently, in 2021, 'cost recovery' only brought in £1,260 (I.e. less than 4% of our total income).

Against this background, we consider it a priority that -as well as applying for some unrestricted grants- to pay for core staff's time- we should develop our capacity to raise increasingly more unrestricted income through community fundraising and individual giving.

Opportunities to raise funds through community fundraising events were limited by COVID-related restrictions over the last two years, and these only brought in £1,144 in 2021. However, we consider that, now that restrictions have been lifted, there is potential for us to raise more.

While people who live in our area of benefit (i.e. people living in areas with high indices of deprivation) are unlikely to be able to support us financially, they may be able to contribute their time and skills to a new fundraising project we are planning to launch before the end of the year.

We will set up a Meet-Up group willing to handcraft items for us to sell both in person and online. We will advertise this both as a 'social' (for people who'd like to make new friends, and enjoy their company somewhere warm), and as a volunteering opportunity. While participants will be able to make and donate items of their choice, we are hoping that some volunteers will help us by making "build-a-bear" kits. Each kit will include the material needed to make a bear, and the bear-to-be "birth certificate", a card on which buyers will be able to note the name of the bear and the date on which it was completed.

This project is our own, modest, version of UNICEF Pigotta's initiative. The Pigotta is a rag doll that groups of volunteers stuff and dress with clothes they make themselves, using their creativity and safe materials. It started in Italy in 1988, spread to other countries, and generated \$18.4 million (in Italy alone) since. Our own target is that the "Meetups" will generate a profit of at least £4000 over the first year, and increasingly more in subsequent years. We would like the build-a-bear kits to eventually become a familiar symbol of our little charity which- by spreading awareness of our work- will help us grow.

We realise that threats to the local economy may reduce the likeliness of people wanting to buy our kits. However, the project will bring people from the local community together, engendering them with a sense of belonging to a group united by a common purpose. This will be an important outcome because lack of sense of belonging is an even stronger predictor of poor mental health than loneliness itself. Thus we consider that the project will succeed regardless of the extent it will succeed as a fundraiser.

### **Our Reserve Policy**

Our current policy is that our reserves should allow us to work with children we support until they can be discharged, or referred on, safely, usually after a period of 12 weeks (3 months) on average. However, our charity needs to accumulate enough unrestricted funds to reach the point when we will be able to support the cost of core functions for at least 4 months circa (so that, if we were to cease operating, we would also be able to unwind safely). Consequently, we will work on building additional reserves until we reach that point.



The Treasure Basket Association  
 Promoting Therapeutic Projects and Services

## The Treasure Basket Association

### Profit and Loss Statement For the year ended 31 December 2021

	Note	Unrestricted Funds	Restricted Funds	Total	30/08/2019 - 31/12/2020 £
<b>INCOME</b>					
Donations and Legacies	1	466.25	2,000.00	2,466.25	9,885.90
Grants	1	1,260.00	27,098.00	28,358.00	
Community Fundraising		1,144.00		1,144.00	1,236.36
<b>TOTAL INCOME</b>		<b>2,870.25</b>	<b>29,098.00</b>	<b>31,968.25</b>	<b>11,122.26</b>
<b>EXPENSES</b>					
Computer, Web & Software Costs			87.50	87.50	195.61
Training		125.00		125.00	
Fundraising Costs		216.95		216.95	
Insurance		142.80		142.80	181.76
Office / General Administration Expenses		123.35		123.35	891.90
Other Professional Services				0.00	2,114.31
Printing, Postage and Stationery				0.00	437.56
Sundry		28.09		28.09	20.88
Therapists Professional Fees	2	1,365.00	5,105.00	6,470.00	4,135.00
Travel & Subsistence				0.00	170.84
Therapeutic Resources		172.60	409.13	581.73	
Bank Charges		6.60		6.60	
Treasure Basket Items		667.58	1,490.47	2,158.05	
Other Direct Projects Expenses			1,326.89	1,326.89	2,308.29
<b>TOTAL EXPENSES</b>		<b>2,847.97</b>	<b>8,418.99</b>	<b>11,266.96</b>	<b>10,456.15</b>
<b>NET INCOME</b>		<b>22.28</b>	<b>20,679.01</b>	<b>20,701.29</b>	<b>666.11</b>



The Treasure Basket Association  
 Promoting Therapeutic Projects and Services

## The Treasure Basket Association

### Balance Sheet As at 31 December 2021

	Note	Unrestricted Funds	Restricted Funds	Total	30/08/2019 - 31/12/2020 £
<b>ASSETS</b>					
Cash at Bank				25,185.18	666.11
<b>TOTAL</b>				<b>25,185.18</b>	<b>666.11</b>
<b>REPRESENTED BY</b>					
Profit and Loss Brought Forward		4,483.89		4,483.89	3,817.78
Profit for the Year		22.28	20,679.01	20,701.29	666.11
Profit and Loss Carried Forward	1	4,506.17	20,679.01	25,185.18	4,483.89

## The Treasure Basket Association

Notes to the Accounts - Year Ended 31 December 2021

**Note**

1 Restricted Funds	B/F	Received in year	Expended in year	C/F
Donations				
- Worthing Lions	0.00	2,000.00	490.44	1,509.56
<b>Total Restricted Donations</b>	<b>0.00</b>	<b>2,000.00</b>	<b>490.44</b>	<b>1,509.56</b>
Grants				
- West Sussex County Council	0.00	5,220.00	1,326.89	3,893.11
- Littlehampton Town Council	0.00	2,650.00	377.13	2,272.87
- Charitable Trusts and Foundations				
Albert Hunt Trust	0.00	1,000.00	263.52	736.48
Artswork	0.00	3,728.00		3,728.00
Chapman Charitable Trust	0.00	1,000.00	87.50	912.50
Clarion Futures	0.00	3,000.00	569.20	2,430.80
The Magdalen Hospital Trust	0.00	1,900.00		1,900.00
West Sussex Community Fund	0.00	8,600.00	5,304.31	3,295.69
	0.00	27,098.00	7,928.55	19,169.45
<b>Total Restricted Funds</b>	<b>0.00</b>	<b>29,098.00</b>	<b>8,418.99</b>	<b>20,679.01</b>

**Signed on behalf of the Trustees by:**

Simona Florio  
(Bookkeeping Volunteer)



Felicia Lycett  
(Founder and Director)



## Independent Examiner's Report

I report to the trustees of The Treasure Basket Association ( CIO No. 1185114) on the accounts for the year ended 32/12/2021 set out on pages 11 and 12.

**Responsibilities and Basis of Report:** As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement:** I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- The accounting records were not kept in accordance with section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed on 23-11-2022 by:



Shaun Tymon CPFA, 4 Duchy Avenue, Scalby, Scarborough, YO13 0S

**THE TREASURE BASKET ASSOCIATION**

England & Wales - Charity number 1185114

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# Accounts

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# The Treasure Basket Association's Trustees' Annual Report & Accounts

(For the year ending 31 December 2021)



*The Treasure Basket Association*  
Prioritising Therapeutic Projects and Services

(CIO Reg. No.: 1185114)

## Our Mission and activities in brief

The Treasure Basket Association (TTBA) was founded to help break the vicious cycle of mental-ill health, poverty and abuse affecting children who live in the most deprived parts of West Sussex.

We pursue this aim mainly -though not exclusively- through the provision of in-school Therapy to children aged 4 to 11. Currently, we deliver Play Therapy services predominantly- which include individual child sessions, emotional support to parents/carers, and training and supervision for school staff.

At present, we prioritise children who need therapeutic support urgently, and can't access it anywhere else. However, we also work with children whose mental health needs are less severe, and aim to develop our capacity to do more preventive work in the future.

In addition, we assemble and deliver 'Treasure Baskets' to children from deprived households who struggle with their emotions. These are packed with sensory, play and art materials chosen to help children explore what is on their mind therapeutically.

When opportunities arise, we also initiate and deliver additional projects that align with our charitable objectives.

### Our origins:

The Treasure Basket Association was "conceived" in 2015, only a few months after our founder's first baby. Felicia -who had been working for local charity The Play Team as a Play Therapist until their retiring Trustees decided to close it- saw her time on maternity leave as an opportunity to try and help fill the gap it had left.

She knew of too many children who were falling through the net due to there being no mental health support available to them when they needed it, and - recalling consultations meetings which highlighted referral needs that could not be met- she recounts:

*"Those I remember more vividly are: a recent parental death, a child's self-harming, [...] many known cases of domestic violence and abuse [...]". "I simply could not sit comfortably knowing what I knew".*

Thus the Treasure Basket Association was born (in 2016)

## Our Main Activities in 2021 - a Year of Achievements

While TTBA has been operating since 2016, it only registered as a CIO in August 2019, not long before the start of the pandemic - which frustrated our aspirations, partly due to it causing the life circumstances of key members of our team to change significantly, and to them having to leave us as a result.

Consequently, we entered 2021 with fewer Trustees, no Treasurer or fundraisers, and only £ 4483.89 in the bank.

This notwithstanding, we did not lose our vision, nor hope. On the contrary, the year starting with a lockdown that kept most children out of schools until March motivated us to do all we could to mitigate the impact that this would have on children "distance-learning" in poor households. Thus, we intensified our efforts, so that we could provide well-stocked Treasure Baskets to as many as possible.

To this end, we reached out to our families, friends, and -using social media- to the general public. This resulted in a group of some 10 local people volunteering their time to the project, which also involved reaching out to anyone who could help us with donations in kind. As times were hard for many, we were moved by the generosity with which our request for help was met.

For instance, individuals who could not help in other ways knitted toys so that our budget for other items (such as stationery and art materials) could stretch farther.

Some hand-made items were even left outside our founder's front door anonymously -which, as well as moving us to tears - strengthened our motivation.

Thus, we were able to distribute 90 Treasure Baskets before schools reopened. This, as well as benefiting the children, provided some of the volunteers (who had previously been experiencing social isolation) with a sense of connectedness, and purpose.

In the meantime, we invested more of our time in fundraising from grant makers, so that we could resume our work in schools as soon as they would reopen. We knew that, due to the length of funding cycles, we probably would not hear back from funders before April or May. However, our main concern was that the pandemic was having a devastating effect on the mental health of many children.

Therefore we took the calculated risk of using our unrestricted reserves to meet need until the first grants would materialise, and planned to replenish these by holding community fundraising events in the summer.



When working with children whose needs are severe, we always offer an initial block of 12 sessions. Each block costs £750 circa, and when schools reopened, we still had £4,000 in the bank.

Thus, when two schools approached us with desperate calls for help, we were able to commit to working with three pupils who were deemed to be in the most urgent need of mental health support. We consider that this was prudent in that -had no grants materialised- we would still have been able to complete these three interventions within the school year, and still have enough money left to cover both our minute overheads, including the cost of community fundraising.

As it happened, we were able to secure several grants to support our main activities (Play Therapy and The provision of Treasure Baskets), and we are particularly pleased that 3 of these (plus a donation from Worthing's Lyons) brought in £14,500, restricted to deliver our interventions at a school we are particularly committed to, due to so many of their pupils having high levels of need, and being 'at risk'. These funds have been enabling us to place a Play Therapist at the School, where she has been seeing six children weekly since the start of the Autumn term.

This work is ongoing, and we are working on equipping this project with sustainability, so that it may continue indefinitely. This school is based in an area of Worthing where the level of deprivation, and resulting needs, is dire.

In addition, we had two grants, totalling £5,650, to deliver in-schools Therapy and Treasure Baskets in Littlehampton, where we have also been working. On 31 December 2021 we still had £4703.67 of this money left, and we are now spending this to provide 1:1 Play Therapy sessions to three children (who will benefit from 12 sessions each). The rest will be used to either continue working with these children, if needed, or to support new referrals once the 12 weeks period is over.

A further £4,128 grant we secured (from Artworks) is to deliver an arts-based project to children with ACE in Arun (to take place in summer 2022).

### **Additional Activities: a Special Project**

In the summer we had the opportunity to apply for a small grant from West Sussex County Council to organise a "short break" event for children with special educational

needs and/or disabilities and their families, and we did so successfully, working in partnership with another small charity, but well-established, award-winning charity (Joy of Sound).

This initiative is in line with our objectives because low levels of mental health are prevalent amongst this client group.

Short breaks, as well as providing an essential source of peer-support for families that include children with SEND, can improve the state of their mental health.

### **Facts and recents statistics about the social and mental wellbeing of children with SEND and their families**

- 96% of the families who responded to a recent survey conducted by the Family Fund reported that the coronavirus pandemic has negatively affected their disabled children's overall health and wellbeing. In particular, families reported that their disabled children's behaviour and emotions (91%) and mental health (86%) was negatively impacted upon, and this includes disabled children and young people feeling increasingly anxious and stressed, becoming upset and experiencing more regular mood swings, as well as escalating challenging behaviour.
- A survey by Contact a Family found that 65% of families with disabled children reported feeling isolated frequently or all of the time even before the COVID pandemic. However, the lockdowns made matters worse, as many of these families were cut off from friends, their support networks, and local community - which had a devastating impact on the wellbeing of children, as well as on the mental health of parents.
- A survey conducted by the Disabled Children's Partnership in March this year found that 90% of disabled children were found to be socially isolated, with nearly half of parents (49%) reporting that their child had not seen a friend either online or in person in the past month. The same survey also found that 9 out of 10 parents reported some level of anxiety and 46% had probable depression.

The short break we organised with Joy of Sound consisted of a "Fun Day Out" during which families could engage in music-making workshops and other art-based activities. It also provided opportunities for the children to engage in free play, and the adults to socialise. A free

buffet lunch was provided, and prepared taking into accounts all the suggestions that parents were invited to make when booking their place on Eventbrite.

A parent whom we emailed to clarify a suggestion before the day, replied to us saying:

*“It’s so so so kind to reach out directly. X will LOVE all those snacks. So will Y too !!! We are really excited as this will be our first SEN event, we are attending so I’m also very nervous.*

*I hope he will enjoy it and just being able to attend is so wonderful. The world needs more people like you, so a big thank you already”*

The event was attended by nine families. These included 15 adults and 19 children, including 14 children with SEND. Thus 34 individuals benefited, and levels of engagement and enjoyment were high.

As the feedback was positive, West Sussex County Council has given us a further grant to deliver three more of these “Fun Days Out”. On the 31th of December 2021 this money was still unspent, but now the first of these three events has already taken place, and the other two are scheduled to take place in March and May 2022 respectively.



## **Play Therapy: its impact and our plans**

The number of children our Play Therapists work with each year is determined by both funding, and by each child's therapeutic needs.

The pace at which children respond to therapy varies, and our experience is in line with several studies finding that it takes an average of 20 play therapy sessions to resolve the problems of the typical child referred for treatment. Children with complex needs can take much longer. This applies to many of the children we see because we work in areas with high indices of deprivation, where children are more likely to face ACEs (Adverse Childhood Experiences).

Thus, while we offer children an initial block of 6 to 12 sessions (depending on the severity of the presenting issues), we carry on seeing children until they can be discharged safely.

### **Typically the children who are referred to us have experienced/have been exposed to one or more of the following:**

- Psychological, physical and/or sexual abuse
- Substance misuse
- Criminal behaviour in their households
- Violent treatment of a maternal figure
- Bereavement
- Homelessness
- Abandonment
- Other traumas

Our commitment to working as open-endedly as possible enhances our effectiveness. We use "Strength and Difficulty Questionnaires" that provide us with a qualitative picture of where children "are at" at the beginning and end of each intervention, on a quantifiable scale. This, and the fact that our therapists need to produce "closing reports", enables us to determine how individual children engaged in the therapeutic journey, and the extent to which this has helped them overcome their presenting issues. Normally we find that the children we see respond well to therapy, and that they benefit from it. The feedback

we receive from families and schools is that they become more socially and academically engaged as a result.

While we are pleased with the outcome of our work, as a small charity with very limited resources, we need to balance some children's need for long term support with the need to respond to the needs of children who need mental support urgently and who cannot access it anywhere else - a situation which is not uncommon where we live. In West Sussex, children's mental health services were overstretched and could not meet demand even before the pandemic. In 2017-18, for instance, only 72% of the children and young people with diagnosable conditions who were referred to Coastal West Sussex CAMHS eventually received treatment, after waiting 56 days (on average) for their first appointment.

In the light of these delays, the "troubleshooting approach" we adopted during the pandemic can, literally save lives. This -responding to crises promptly- is something we want to continue doing. Thus, we will continue applying for grants to support this work.

However, we are also committed to Play Therapy as a means of preventing the life long consequences of ACEs<sup>1</sup>, and this often requires therapists to work with individual children long term (partially due to the fact that children with ACE are more likely to have attachment styles that make it difficult for them to establish a relationship of trust with the therapist). This -working with more children open-endedly- is something we want to do more of, and we view the grants we had to work at one particular school in Worthing (see above), as an opportunity to do so this year, and beyond.

As we have mentioned, we are aiming at equipping "the project" (i.e. the provision of play therapy services at that school) with sustainability, to make sure that more of the many children with ACE there can benefit from therapy for as long as they need. Meeting the level of need at the school, however, will require extending our presence to several days a week. To this end, we have just offered a work-experience placement to a trainee therapist and, pending our evaluation of our first experience as placement-hosts, we will be recruiting more. In the meantime, we have already applied for (and secured) a

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<sup>1</sup> There is consistent evidence that ACEs result in harmful physical, learning, social, emotional, and behavioural health outcomes during childhood, with far reaching effects lasting across the lifespan. Trauma in early life is associated with health and social problems in adulthood, including a wide range of mental and physical illnesses, suicide, homelessness, drug and alcohol use and incarceration.

small grant restricted to paying for the trainee to receive clinical supervision over the course of a school year.

### **Weaknesses and plans to limit risk**

While our achievements highlight our resilience, and our finances are in good health, we now need to strengthen our foundations, to ensure we can keep up the good work and sustain our growth in the long term.

As it is evident from the accounts, we have not been investing in core functions and, whilst this has enabled us to use our unrestricted income to meet need at short notice, it has also made us too reliant on the unpaid labour of the key members of our team.

Our reliance on in-kind inputs that could dry up unexpectedly (as they did in 2020) poses our charity at risk, as could our over-reliance on grant income.

As well as being unpredictable, grant income is more likely to be restricted, and the sums we can raise through 'cost recovery' when applying for project funding are limited by (a) the size and number of our projects, and (b) by there still being funders who are unwilling to contribute to overheads. Consequently, in 2021, 'cost recovery' only brought in £1,260 (I.e. less than 4% of our total income).

Against this background, we consider it a priority that -as well as applying for some unrestricted grants- to pay for core staff's time- we should develop our capacity to raise increasingly more unrestricted income through community fundraising and individual giving.

Opportunities to raise funds through community fundraising events were limited by COVID-related restrictions over the last two years, and these only brought in £1,144 in 2021. However, we consider that, now that restrictions have been lifted, there is potential for us to raise more.

While people who live in our area of benefit (i.e. people living in areas with high indices of deprivation) are unlikely to be able to support us financially, they may be able to contribute their time and skills to a new fundraising project we are planning to launch before the end of the year.

We will set up a Meet-Up group willing to handcraft items for us to sell both in person and online. We will advertise this both as a 'social' (for people who'd like to make new friends, and enjoy their company somewhere warm), and as a volunteering opportunity. While participants will be able to make and donate items of their choice, we are hoping that some volunteers will help us by making "build-a-bear" kits. Each kit will include the material needed to make a bear, and the bear-to-be "birth certificate", a card on which buyers will be able to note the name of the bear and the date on which it was completed.

This project is our own, modest, version of UNICEF Pigotta's initiative. The Pigotta is a rag doll that groups of volunteers stuff and dress with clothes they make themselves, using their creativity and safe materials. It started in Italy in 1988, spread to other countries, and generated \$18.4 million (in Italy alone) since. Our own target is that the "Meetups" will generate a profit of at least £4000 over the first year, and increasingly more in subsequent years. We would like the build-a-bear kits to eventually become a familiar symbol of our little charity which- by spreading awareness of our work- will help us grow.

We realise that threats to the local economy may reduce the likeliness of people wanting to buy our kits. However, the project will bring people from the local community together, engendering them with a sense of belonging to a group united by a common purpose. This will be an important outcome because lack of sense of belonging is an even stronger predictor of poor mental health than loneliness itself. Thus we consider that the project will succeed regardless of the extent it will succeed as a fundraiser.

### **Our Reserve Policy**

Our current policy is that our reserves should allow us to work with children we support until they can be discharged, or referred on, safely, usually after a period of 12 weeks (3 months) on average. However, our charity needs to accumulate enough unrestricted funds to reach the point when we will be able to support the cost of core functions for at least 4 months circa (so that, if we were to cease operating, we would also be able to unwind safely). Consequently, we will work on building additional reserves until we reach that point.



The Treasure Basket Association  
 Promoting Therapeutic Projects and Services

## The Treasure Basket Association

### Profit and Loss Statement For the year ended 31 December 2021

	Note	Unrestricted Funds	Restricted Funds	Total	30/08/2019 - 31/12/2020 £
<b>INCOME</b>					
Donations and Legacies	1	466.25	2,000.00	2,466.25	9,885.90
Grants	1	1,260.00	27,098.00	28,358.00	
Community Fundraising		1,144.00		1,144.00	1,236.36
<b>TOTAL INCOME</b>		<b>2,870.25</b>	<b>29,098.00</b>	<b>31,968.25</b>	<b>11,122.26</b>
<b>EXPENSES</b>					
Computer, Web & Software Costs			87.50	87.50	195.61
Training		125.00		125.00	
Fundraising Costs		216.95		216.95	
Insurance		142.80		142.80	181.76
Office / General Administration Expenses		123.35		123.35	891.90
Other Professional Services				0.00	2,114.31
Printing, Postage and Stationery				0.00	437.56
Sundry		28.09		28.09	20.88
Therapists Professional Fees	2	1,365.00	5,105.00	6,470.00	4,135.00
Travel & Subsistence				0.00	170.84
Therapeutic Resources		172.60	409.13	581.73	
Bank Charges		6.60		6.60	
Treasure Basket Items		667.58	1,490.47	2,158.05	
Other Direct Projects Expenses			1,326.89	1,326.89	2,308.29
<b>TOTAL EXPENSES</b>		<b>2,847.97</b>	<b>8,418.99</b>	<b>11,266.96</b>	<b>10,456.15</b>
<b>NET INCOME</b>		<b>22.28</b>	<b>20,679.01</b>	<b>20,701.29</b>	<b>666.11</b>



The Treasure Basket Association  
 Promoting Therapeutic Projects and Services

## The Treasure Basket Association

### Balance Sheet As at 31 December 2021

	Note	Unrestricted Funds	Restricted Funds	Total	30/08/2019 - 31/12/2020 £
<b>ASSETS</b>					
Cash at Bank				25,185.18	666.11
<b>TOTAL</b>				<b>25,185.18</b>	<b>666.11</b>
<b>REPRESENTED BY</b>					
Profit and Loss Brought Forward		4,483.89		4,483.89	3,817.78
Profit for the Year		22.28	20,679.01	20,701.29	666.11
Profit and Loss Carried Forward	1	4,506.17	20,679.01	25,185.18	4,483.89

## The Treasure Basket Association

Notes to the Accounts - Year Ended 31 December 2021

**Note**

1 Restricted Funds	B/F	Received in year	Expended in year	C/F
Donations				
- Worthing Lions	0.00	2,000.00	490.44	1,509.56
Total Restricted Donations	0.00	2,000.00	490.44	1,509.56
Grants				
- West Sussex County Council	0.00	5,220.00	1,326.89	3,893.11
- Littlehampton Town Council	0.00	2,650.00	377.13	2,272.87
- Charitable Trusts and Foundations				
Albert Hunt Trust	0.00	1,000.00	263.52	736.48
Artswork	0.00	3,728.00		3,728.00
Chapman Charitable Trust	0.00	1,000.00	87.50	912.50
Clarion Futures	0.00	3,000.00	569.20	2,430.80
The Magdalen Hospital Trust	0.00	1,900.00		1,900.00
West Sussex Community Fund	0.00	8,600.00	5,304.31	3,295.69
	0.00	27,098.00	7,928.55	19,169.45
Total Restricted Funds	0.00	29,098.00	8,418.99	20,679.01

**Signed on behalf of the Trustees by:**

Simona Florio  
(Bookkeeping Volunteer)



Felicia Lycett  
(Founder and Director)



## Independent Examiner's Report

I report to the trustees of The Treasure Basket Association ( CIO No. 1185114) on the accounts for the year ended 32/12/2021 set out on pages 11 and 12.

**Responsibilities and Basis of Report:** As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement:** I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- The accounting records were not kept in accordance with section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed on 23-11-2022 by:



Shaun Tymon CPFA, 4 Duchy Avenue, Scalby, Scarborough, YO13 0S