

2022-2023 Annual Review - Niko Nestor Charity

- **Donations received from the CSA:** £250
- **Bank Balance:** £ 2132.54
- **Providing Sponsors and Donors**

Continue to approach companies and businesses for funding.

- **“Coach the coach” program**

the ‘Coach the coach’ program in partnership with Red Top Swim, a hub for athletes renowned for enabling swimmers to access quality knowledge and expertise by merging the technicalities of Peter Prijdekker, a former Olympian and World Masters sprint swimming Champion, with the open-water knowledge of Tim Denyer, an English Channel distance-swimming specialist. Their target matches very closely ours: to firstly develop the fundamentals of swimming into technically advanced strokes and secondly, to transfer those strokes from the pool into the open water. A group of swimming coaches was identified, and in consultation with Katerina Ilievska (swimming coach from Ohridski branovi) and the renowned swimmer Evgenij Pop Acev, we should be able to identify how best to meet the objectives. Matt Dugan from Red Top Swims has attended our online meeting and we’ve had a chance to discuss this idea. Objectives and measure of success need to be clearly established and agreed. The preliminary plan of the program is to coach 4-5 coaches from North Macedonia (and maybe neighbouring countries) who are able and interested into developing their coaching skills into open water swimming. If possible, coaching the coaches to swim the Channel in relay, which would motivate swimmers to embrace open water swimming and encourage swimmers in their teenage years to stay in the sport and continue swimming. After all, the CSA Awards ceremony was a testament to the remarkable feats of those who have taken the challenge, and it undoubtedly sparked a new wave of determination in the hearts of everyone present.

- **Niko Nestor Award Swimming for Peace at the CSA Annual Dinner event -**

At the CSA Annual Dinner Event 2022-2023, the Niko Nestor Award Swimming for Peace was awarded to the Watford Ocean Warriors, 6 young swimmers from Great Britain who swam Relay: Prisha Tapre; Megan Reader; Sam Trigwell; William Harris; Barnaby O'Donnell; Felipe Irvine. The Observer was Adam King; the pilot/ vessel: Andy and James King / Louise Jane II. They have also won the Fastest Junior Relay Team; Fastest Relay Team and Fastest Mixed Relay Team. The news was published in the Macedonian media as well. The impact of the awards goes far beyond the dinner itself, creating a ripple effect that inspires and encourages others, especially young people to set audacious goals and pursue them with unwavering commitment.

- **Membership- Memorandum of Association**

Memorandum of Association drawn outlining the requirements for annual membership of the Charity, the contribution being £20.00 per annum.

The membership will give us the opportunity to involve people who are very keen to contribute to the cause of Niko Nestor Charity, whether is through fundraising or sharing their skills and expertise.

Once the Memorandum is approved by the board of trustees, it will be sent to potential members.

- **Newsletter and Web page development**

Primarily aimed at keeping our members abreast of the development of the Charity, we discussed starting our Newsletter, which will be sent to members via email.

Webpages need to be updated with content.

Victoria Nestor- Chairperson