

# NIKO NESTOR

England & Wales · Charity number 1185080

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-08-29

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 12 Balfour Grove  
London  
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**Website** [www.nikonestor.com](http://www.nikonestor.com)

## Activities

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**Objects:** FOR THE BENEFIT OF CHILDREN AND YOUNG PEOPLE PARTICULARLY BUT NOT EXCLUSIVELY THOSE WHO ARE FINANCIALLYDISADVANTAGED THROUGHOUT THE WORLD:(1) THE ADVANCEMENT OF HEALTH AND THE SAVING OF LIVES BY THE PROVISION OF FREE SWIMMING LESSONS ANDTEACHING AND TRAINING IN ALL ASPECTS OF WATER SAFETY.(2) THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION IN PARTICULAR THE PROVISION OF FACILITIESFOR SWIMMING

**Activities:** For the benefit of children and young people particularly but not exclusively those who are financiallydisadvantaged throughout the world.Advancement of health and the saving of lives by provision of free swimming lessons, teaching and training in all aspects of water safety.Promotion of community participation in healthy recreation in particular the provision of facilities for swimming.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- Austria
- Czech Republic
- Denmark
- Finland
- France
- Germany
- Greece
- Hungary
- Italy
- Luxembourg
- Macedonia
- Malta
- Montenegro
- Netherlands
- Norway
- Poland
- Portugal
- Scotland
- Slovakia
- Slovenia
- Spain
- Sweden
- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-01	£606	£150	-	-
2024-04-01	£0	£0	-	-
2023-04-01	£250	£0	-	-
2022-04-01	£250	£0	-	-
2021-04-01	£250	£0	-	-

## Trustees

Name	Role	Appointed
<b>Victoria Nestor</b>	Chair	2018-08-27
Dr Elvira Dragas		2018-08-23
Michael Read		2018-08-25
Peter Van Vooren		2019-05-14
Rev. Dr. Ann Jeffers		2018-08-24

**NIKO NESTOR**

England & Wales - Charity number 1185080

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# Accounts

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## 2024-2025 Annual Report – NIKO NESTOR CHARITY

**Bank Balance:** £ 2739.11

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### 1. Overview

The 2024–2025 year has been a period of strong consolidation, growth and preparation for the next phase of the Niko Nestor Charity.

Our central focus remained promoting water safety, swimming ability and access to aquatic activities for children, young people and disadvantaged communities, while expanding the therapeutic and inclusive dimension of our work.

Major milestone this year has been the near-completion of our structured **training course**, alongside the professional development of our trustee **Victoria Nestor**, who successfully qualified as a **Swimming Therapist – Level 1**. This represents a significant step towards integrating rehabilitation, inclusion and therapeutic swimming into our charity’s delivery.

#### Promotion of the Charity Through International Representation

Our trustee, **Michael Read MBE**, has continued to raise the profile of the Niko Nestor Charity on the international swimming stage. Throughout 2025, Michael competed at major global masters’ events, showcasing both athletic excellence and the values of lifelong participation in aquatic sport. His presence at these competitions directly supports the charity’s mission by strengthening international relationships and increasing recognition of our work in water safety, coaching and community inclusion.

#### World Masters Games – Taiwan, May 2025

Michael achieved outstanding results across multiple disciplines, inspiring swimmers of all ages and reinforcing the charity’s commitment to lifelong aquatic development:

- **200 Free – 4th place (04:01.27)**
- **400 Free – 1st place (08:15.74)**
- **200 IM – 1st place (05:14.26)**
- **400 IM – 1st place (11:10.29)**
- **800 Free – 1st place (17:10.29)**
- **3 km Open Water – 1st place (1:13:49.34)**

#### British Long Course Championships – London, June 2025

Michael continued to demonstrate excellence at national level, achieving:

- **400 Free – 3rd place (08:28.20)**
- **1500 Free – 1st place (34:46.58)**
- **400 IM – 2nd place (11:12.70)**
- **800 Free – 3rd place (17:24.38)**

## World Masters Championships – Singapore, July/August 2025

A highlight of the year was Michael becoming a **World Masters Champion**:

- **200 Free – 9th place (03:57.99)**
- **400 Free – 8th place (08:32.99)**
- **200 IM – 6th place (05:13.00)**
- **400 IM – 2nd place (10:57.11)**
- **800 Free – 7th place (17:28.93)**
- **3 km Open Water – 1st place (1:27:32.10) – World Masters Champion**
- **Mixed Freestyle Relay – 2nd place (02:19.94)**
- **Mixed Medley Relay – 2nd place (02:36.51)**

Michael's consistent top-tier performances, across pool and open water, have significantly contributed to elevating the charity's name among international coaches, clubs and swimmers.

### Community & Charity Engagement

In addition to competition, Michael also represented the charity at community events.

- **On 28 September 2025**, he was invited to open the **Arundel Lido Charity Swim**, supporting the *Keep Me Breathing Trust*. His participation strengthened the connection between swimming, community wellbeing and charitable action.

## 2. Education, Training & Professional Development

Our core training programme is now **nearly ready for launch**, following extensive development and consultation.

Key progress:

- The course structure, learning outcomes and practical elements have been finalised.
- It is designed to support:
  - Swimming teachers
  - Volunteer coaches (Katerina; Akva sport coaches; Evgenij's suggestion- coach)
  - Community swimming leaders
  - Parents and carers interested in water safety and therapeutic swimming.
- The course includes elements of water safety, confidence-building in water, and inclusive swimming principles.

It is provided/ delivered by :

- Michael Read; Christina Simeonides; Peter Van Vooren; Nicki Pope
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Victoria's qualification as a **Swimming Therapist (Level 1)** adds professional depth and credibility to the programme, allowing the charity to:

- Offer structured therapeutic swimming sessions
- Better support children and adults with additional or physical needs
- Align our work with recognised inclusive swimming methodologies, including Halliwick principles.

### 3. International Engagement & Ohrid Plans

This year also marked the strengthening of our international links.

Victoria also had the opportunity to visit and attend training sessions led by **Nicki Pope's inclusive swimming group**, a programme coordinated by **Head Teacher James Allan** and organised with the support of **Mike**, whose ongoing contribution to swimming development continues to be invaluable. This visit provided a unique insight into the group's training philosophy and the remarkable impact they have had on enabling swimmers of all abilities to take part in open-water challenges.

James and Nikki successfully trained a team of **non-specialist swimmers** to complete a **Channel relay crossing**, demonstrating that with the right coaching and support, open-water achievements can be accessible to a far wider community. Their team completed another relay crossing this year and received a **CSA Award** in recognition of their dedication and achievement.

During Victoria's visit, she engaged in constructive discussions on how the **Niko Nestor Charity** can collaborate with their programme in future. The connection formed during this visit is now laying the foundation for a broader partnership between inclusive swimming networks in the **UK, mainland Europe**, and even further afield. One of the charity's international links—**Enrique in Mexico**, whose progress qualifies for our possible donation—illustrates the growing global reach of this inclusive approach.

The intention is to continue developing this cooperation, sharing knowledge, coaching methods and opportunities that will strengthen inclusion, safety and participation across the wider swimming community.

We are planning an **inclusive swimming and safety event in Ohrid**, alongside the Ohrid Swimming Marathon.

The vision is to bring together:

- Halliwick practitioners (coach Dawn with a group of young swimmers – Ohrid swimming event)
- Therapeutic swimming specialists
- Inclusive swim groups
- Open-water swimmers

Our focus will not be competition, but **access, safety, inclusion and shared learning**, especially for children and vulnerable participants.

### 4. Recognition – Niko Nestor Award

This year, the **Niko Nestor Award- Swimming for Peace** was presented to **Evgenij Pop Acev**, in recognition of his successful swim across the Channel and his inspirational impact within the swimming community.

Evgenij is known for completing a solo English Channel crossing, a feat requiring exceptional endurance, discipline and mental strength, which reflects the spirit and values of Niko Nestor's legacy. Evgenij, a world class open water marathon swimmer from Skopje, North Macedonia, competed in 106 world-class events across 21 countries during his marathon swimming career from 2007 to 2021. He won three major titles in the FINA series: the 2015 and 2017 FINA Grand Prix Series, and the 2019 FINA UltraMarathon Swim Series. Consistently performing at a high level, Acev achieved podium positions in these series for nine consecutive years.

## 5. Fundraising & Community Support

A special highlight of the year was the fundraising effort led by **Jeffrey Gill**.

Jeffrey successfully completed an **English Channel relay swim** as part of his open-water challenge.

In addition to his own fundraising, the Niko Nestor Charity supported Jeffrey by:

- Making a financial donation towards his preparation
- Organising a professional coaching session with Michael Read MBE to support his preparation

His swim was not only a physical achievement, but also a powerful example of how open-water swimming can be used to raise awareness and support charitable work.

## 6. Impact Summary 2024–2025

This year the charity has:

- Progressed a new open water swimming course to near-completion
- Developed therapeutic swimming capacity through trustee qualification
- Strengthened international swimming partnerships
- Promoted inclusive swimming and open-water awareness
- Supported fundraising through athlete engagement
- Continued to build visibility through content creation and outreach

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## Outlook & Action Plan 2025–2026

### 1. Strategic Outlook

Over the next year, our focus will move from preparation into **delivery and expansion**.

Key objectives:

- Official launch of the Niko Nestor Swimming Course
  - Delivery of pilot therapeutic and inclusive swimming sessions
  - Organisation of the Ohrid inclusive swimming event- partnership with Ohridski branovi and Akva Sport
  - Stronger volunteer structure and growth
  - Expansion of digital presence and resources
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## 2. Action Plan

### A. Course Launch

- Finalise materials and approvals
- Deliver first pilot cohorts in the UK
- Gather feedback and refine the programme
- Introduce online modules for international access – You tube subscription

### B. Ohrid Event Delivery

- Formalise collaboration with Halliwick networks; Ohrid team and Akva sport
- Invite UK and international inclusive swimming groups
- Organise workshops: water safety, therapy swimming, confidence for beginners
- Develop safeguarding and accessibility framework for all participants

### C. Volunteer Monitoring & Development

Volunteers are central to our work — and we need both **better monitoring** and **more volunteers**.

We will try to introduce:

- 1. Volunteer Register & Monitoring**
  - Create a database of all volunteers
  - Record roles, training completed,
  - Possibly log volunteer hours and involvement
- 2. Volunteer Coordinator Role**
  - Appoint a volunteer coordinator- Biljana Gligorova
  - Responsible for recruitment, communication and scheduling
  - Acts as first point of contact for volunteers
- 3. Training & Retention**
  - Offer short volunteer training sessions
  - Provide certificates and recognition
  - Publicly acknowledge volunteers in reports and on social media
- 4. Where we can find more volunteers**
  - **Universities & Colleges**
    - Sports science students
    - Physiotherapy and education students
    - Volunteering offices and student unions

- **Swimming Clubs & Leisure Centres**
  - Local coaches and trainee teachers
  - Competitive swimmers interested in community work
  - Lifeguards seeking experience
  
- **Community & Disability Organisations**
  - Groups working with children with additional needs
  - Parent networks linked to special education
  - Local charities and community hubs
  
- **Online Volunteering Platforms**
  - Reach Volunteering
  - Do-It.org
  - Local council volunteer hubs
  
- **Social Media & YouTube**
  - Call-outs on Instagram and Facebook
  - Volunteer stories posted on your YouTube channel
  - Behind-the-scenes videos to attract new supporters

**NIKO NESTOR**

England & Wales - Charity number 1185080

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# Accounts

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## 2023-2024 Annual Report – Niko Nestor Charity

**Bank Balance:** £ 2132.54

### Fundraising events

The Niko Nestor Charity, through the Embassy of the Republic of North Macedonia has established a collaborative relationship with the Embassy of Mexico, focusing on fostering connections between the countries.

1. **Legacy of Niko Nestor and Miguel González López:** with this event, the charity is dedicated to honouring the inspiring legacy of Niko Nestor and Miguel González López, who famously swam across the English Channel in 1959, symbolising perseverance, friendship, and international collaboration.
2. **Planned Joint Event:** A joint event between North Macedonia and Mexico is being organised to celebrate the historic friendship between the two countries. The event will commemorate Niko and Miguel's achievements and highlight the unifying power of sport.
3. **Values Promoted:** The event will focus on promoting values of unity, camaraderie, health, water safety, and youth empowerment through swimming, aligning with the charity's core mission.
4. **Event Vision:** The event aims to bring together stakeholders, communities, and enthusiasts from both nations, featuring cultural exchanges, storytelling, and activities that highlight the historical significance of Niko and Miguel's journey.
5. **Community Impact:** The event is designed to inspire future generations to uphold the ideals of unity and collaboration and deepen the Macedonian Mexican bond
6. **Future Steps:** Plans are in place to move forward with organising the event, with ongoing support and collaboration from both countries' stakeholders, and organise similar fundraising events with other countries.

### 'Coach the Coach' program

- **Partnership with Akva Sport and Ohridski Branovi:** In collaboration with the Macedonian swimming and water polo team, **Akva Sport**, and the coaches from **Ohridski Branovi**, a select group of coaches has been identified for participation in the **"Coach the Coach" program**. This initiative aims to further develop coaching expertise, particularly in open-water swimming, through online sessions, with the possibility of in-person sessions in the future.
- **"Coach the Coach" Program Details:** The **"Coach the Coach" program** is being conducted in partnership with **Red Top Swim**, a hub for athletes renowned for their expertise in both pool and open-water swimming. This collaboration focuses on:
  - a) developing the fundamentals of swimming into technically advanced strokes.
  - b) transferring these skills from the pool into open-water conditions.
- **Target Group and Objectives:** The program is designed to coach at least **5-10 coaches** from North Macedonia (and potentially neighbouring countries) who are eager to enhance their skills in open-water swimming coaching.
- **Program Structure and Goals:** The primary goal is to develop coaching expertise in open-water swimming, with the aim of preparing coaches and swimmers to swim the **English Channel** in a relay. This ambitious goal will not only motivate swimmers but also encourage teenagers to continue in the sport and pursue swimming at a higher level.

- **Engagement with Red Top Swim: Matt Dugan** from **Red Top Swim** has participated in an online meeting with the charity to discuss the program's structure and objectives. A clear framework for success is being developed to ensure the program's impact and effectiveness.

### **Encouraging Youth Participation**

The program aligns with the charity's goal to encourage young swimmers to remain engaged with the sport and continue developing their skills, with the **CSA Awards ceremony** serving as a powerful reminder of the extraordinary achievements possible through perseverance and dedication.

As part of the **"Coach the Coach" program**, the charity is also focused on engaging and inspiring the next generation of swimmers, particularly youth, to stay connected to the sport and develop their skills in open-water swimming. A key component of this initiative is the planning of a **youth open-water event**, which will take place either on the **River Drim in Struga**, which flows into **Lake Ohrid**, or in another location around **Ohrid**, as discussed with **Michel Read** and in alignment with the wishes of the late **Niko Nestor**. This event will offer young swimmers the opportunity to experience open-water swimming in a natural and challenging environment, encouraging them to embrace the sport at an early age.

The event is expected to bring together youth swimmers from North Macedonia and neighbouring countries, providing them with an exciting platform to showcase their skills, build confidence, and foster a love for the sport. It will also emphasise the connection between coaching excellence and the development of young athletes, in line with the **"Coach the Coach" program's** objectives.

This initiative holds great significance, not only as a competition but also as a celebration of Niko Nestor's vision. His dedication to the sport and his belief in the power of swimming to connect and empower individuals across borders continues to inspire the charity's efforts. The event will honour his legacy by encouraging youth participation, just as Niko Nestor himself embodied the spirit of perseverance, friendship, and international collaboration throughout his career.

### **Niko Nestor Award Swimming for Peace at the 2024 CSA Annual Dinner event**

At the CSA Annual Dinner Event 2024, the prestigious Niko Nestor Award for Swimming for Peace was presented to **Team Indian Dolphins** for their incredible achievement.

**Team Name:** TEAM INDIAN DOLPHINS

**Swimmers:**

- RACHNA SHARMA
- SAMIIR WHEATON
- SHAASWAT SHARMA

**Country:** India

**Type/Route:** Relay (3 Swimmers), 1 way / England to France

**Completed:** 17th July 2024, 6:00 PM

**Time:** 11 hours, 31 minutes

**Pilot/Vessel:** Stuart Gleeson / Sea Leopard

**Observer:** Jon Miell

The announcement of this remarkable accomplishment was shared widely on social media, amplifying the impact of the award. The recognition extends far beyond the event itself, sparking inspiration and motivating others—especially young individuals—to aim high and relentlessly pursue

their dreams. This ripple effect encourages a new generation to set bold, audacious goals and embrace the dedication needed to achieve them.

### **Collaboration with Halliwick Penguins Swimming Club**

This year, our charity extended its support to an event where swimmers with disabilities from the Halliwick Penguins Swimming Club in Southgate, London, aimed to qualify for the British Long Distance Swimming Association. The Halliwick Penguins, established in 1949 as the first Halliwick swimming club globally, operate entirely on a voluntary basis, teaching water safety and promoting independence in the water for individuals with any type of disability, regardless of age. (source: [www.halliwickpenguins.org](http://www.halliwickpenguins.org))

This initial engagement has blossomed into a meaningful collaboration between our organisations. Notably, we have connected with their open water swimming coach, Christina Symeonides, who has agreed to be a guest speaker at one of our upcoming meetings. We are also exploring the possibility of her participation in our 'Coach the Coach' program, aiming to enhance coaching techniques within our charity.

Additionally, we are considering organising joint events during the Halliwick Penguins' regular swimming sessions. Such initiatives align with their principal aim of providing a safe and friendly environment for disabled individuals to learn and practice swimming.

This partnership signifies our commitment to fostering inclusivity and supporting the development of swimming skills among individuals with disabilities.

### **Our Commitment to Fostering Skills Among Disadvantaged Children**

In line with our objectives, the Niko Nestor Charity is dedicated to advancing health and saving lives by providing free swimming lessons and comprehensive water safety training. We promote community participation in healthy recreation, particularly by offering swimming facilities. Our efforts are directed towards benefiting children and young people, especially those who are disadvantaged worldwide.

Through collaborations like the one with the Halliwick Penguins Swimming Club, we aim to extend our reach and impact, ensuring that disadvantaged children and young people have access to essential swimming skills and water safety education. This commitment not only enhances their physical health but also contributes to their overall personal development and well-being.

### **Ohrid Swimming Marathon**

Niko Nestor was the honorary president of the Ohrid Swimming marathon. Brazil's Matheus Evangelista (men) and France's Caroline Jousse (women) won this year's Ohrid Swimming Marathon, held in Ohrid on 31 August. Evangelista completed the 25-kilometer race in 5:45:05, while Jousse finished in 5:46:51.

Evangelista, who previously placed second in 2015 and third in 2016, described this year's race as particularly challenging due to strong winds and waves but expressed joy at his victory. In the men's category, Marcel Schouten from the Netherlands finished second, and Macedonian Evgenij Pop Acev took third place. Among the women, Argentina's Mayte Puca secured second, while France's Ines Delacroix came in third. (source: MIA, <https://mia.mk/en/story/37th-ohrid-swimming-marathon-ends-with-winners-from-brazil-and-france>).

Now in its 37th year, the Ohrid Swimming Marathon serves as the final event of the Water Festival, organised by the Municipality of Ohrid with support from the Ministry for Sports and the Swimming Federation of Macedonia. Trustees Zora Nestor and Victoria Nestor were present at the event and introduced the Niko Nestor Charity to the President of North Macedonia Dr. Gordana Siljanovska-Davkova, who is also the patron of the Ohrid Swimming Marathon.

### **Social media and Web page development**

- Webpages are in the process of being updated with a new template that will include a payment processor, allowing for smooth donations and easier event registrations. This upgrade is expected to improve user experience and streamline our operations.
- Volunteer and Cambridge student, Stefan Mitik, has taken the role of creating a LinkedIn profile and posting news and events on social media, helping to increase the visibility of the charity and engage with a broader audience. Through his efforts, we hope to foster a stronger online presence and connect with more supporters and potential donors.
- Stefan is also working on developing regular updates and content to ensure our followers stay informed about the charity's progress and upcoming events. His contributions are crucial to building awareness and encouraging community involvement in our mission.

Victoria Nestor- Chairperson

**NIKO NESTOR**

England & Wales - Charity number 1185080

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# Accounts

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## **2022-2023 Annual Review - Niko Nestor Charity**

- **Donations received from the CSA:** £250
- **Bank Balance:** £ 2132.54
- **Providing Sponsors and Donors**

Continue to approach companies and businesses for funding.

- **“Coach the coach” program**

the ‘Coach the coach’ program in partnership with Red Top Swim, a hub for athletes renowned for enabling swimmers to access quality knowledge and expertise by merging the technicalities of Peter Prijdekker, a former Olympian and World Masters sprint swimming Champion, with the open-water knowledge of Tim Denyer, an English Channel distance-swimming specialist. Their target matches very closely ours: to firstly develop the fundamentals of swimming into technically advanced strokes and secondly, to transfer those strokes from the pool into the open water. A group of swimming coaches was identified, and in consultation with Katerina Ilievska (swimming coach from Ohridski branovi) and the renowned swimmer Evgenij Pop Acev, we should be able to identify how best to meet the objectives. Matt Dugan from Red Top Swims has attended our online meeting and we’ve had a chance to discuss this idea. Objectives and measure of success need to be clearly established and agreed. The preliminary plan of the program is to coach 4-5 coaches from North Macedonia (and maybe neighbouring countries) who are able and interested into developing their coaching skills into open water swimming. If possible, coaching the coaches to swim the Channel in relay, which would motivate swimmers to embrace open water swimming and encourage swimmers in their teenage years to stay in the sport and continue swimming. After all, the CSA Awards ceremony was a testament to the remarkable feats of those who have taken the challenge, and it undoubtedly sparked a new wave of determination in the hearts of everyone present.

- **Niko Nestor Award Swimming for Peace at the CSA Annual Dinner event -**

At the CSA Annual Dinner Event 2022-2023, the Niko Nestor Award Swimming for Peace was awarded to the Watford Ocean Warriors, 6 young swimmers from Great Britain who swam Relay: Prisha Tapre; Megan Reader; Sam Trigwell; William Harris; Barnaby O'Donnell; Felipe Irvine. The Observer was Adam King; the pilot/ vessel: Andy and James King / Louise Jane II. They have also won the Fastest Junior Relay Team; Fastest Relay Team and Fastest Mixed Relay Team. The news was published in the Macedonian media as well. The impact of the awards goes far beyond the dinner itself, creating a ripple effect that inspires and encourages others, especially young people to set audacious goals and pursue them with unwavering commitment.

- **Membership- Memorandum of Association**

Memorandum of Association drawn outlining the requirements for annual membership of the Charity, the contribution being £20.00 per annum.

The membership will give us the opportunity to involve people who are very keen to contribute to the cause of Niko Nestor Charity, whether is through fundraising or sharing their skills and expertise.

Once the Memorandum is approved by the board of trustees, it will be sent to potential members.

- **Newsletter and Web page development**

Primarily aimed at keeping our members abreast of the development of the Charity, we discussed starting our Newsletter, which will be sent to members via email.

Webpages need to be updated with content.

Victoria Nestor- Chairperson

**NIKO NESTOR**

England & Wales - Charity number 1185080

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# Accounts

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## **Annual Return for December 2021**

Niko Nestor accounts 1185080 FH5FPXN2

2020 CSA Donation £250

Paypal £1132.54 from Evedeni's swim

Total funds £1382.54

7<sup>th</sup> April 2021 CSA £250

Total £1632.54

## **2020-21 Annual Review**

In this tough period for all of us, despite our efforts, we have not achieved as many objectives as forecasted in our target.

The proposal is to have another meeting on Monday, October 4<sup>th</sup> at 5.30 pm, alternatively Thursday October 7<sup>th</sup> at 5.30 pm.

Please let me know your availability.

In the meantime, my intention is to make you familiar with the last 25 km Open Water Race on the occasion of the traditional Ohrid Lake Swimming Marathon in the frame of FINA organisation, held on August 21<sup>st</sup> 2021 in Ohrid, Macedonia.

I was invited to be present to this traditional competition in the name of my late father, Honorary life president of the Ohrid Swimming Marathon.

I had the privilege to be present with its patron, the president of North Macedonia Mr. Stevo Pendarovski and the FINA representative Mr. Jean Paul Narce.

There were in total 20 swimmers, of which 12 men and 8 women. Amongst them, several big names of the discipline were highlighted in the line-up.

The classification was as follows:

### **MEN**

Reymond Axel (FRA) 5:10: 31.0

Stochino Edoardo (ITA) 5:10: 32.0

Pop Acev Evgenij (MKD) 5:10: 34.5

#### WOMEN

Cassagnol Oceane (FRA) 5:16: 39.3

Jouisse Caroline (FRA) 5:45: 42.2

Geijo Pilar (ARG) 5:47: 21.4

We had a constructive conversation with Mr Jean Paul Narce for the possibility of providing tutorials for Macedonian swimming coaches. He had kindly shared the contact of the person in charge (or who could help us) in the UK: Mr Samuel Greetham.

I intend to write to Mr Greetham but I'd appreciate your suggestions and proposals for the content of this letter, in order to be clear about our demand. ("Teach the coach" program as mentioned previously in our meeting).

One of the Argentinian swimmers said that he'd be delighted to swim to raise money for our Charity.

There was also an initial contact with Katerina Ilieska who's involved as a coach for the Ohrid swimming club Ohridski Branovi and few possibilities for donations were discussed: from sponsoring swimmers who have achieved some results and are amongst the best from the 150 swimmers in the club to donating some essential swimming tools (e.g Fins; Paddles; Kickboards; Swim Snorkels; Pull Buoys) with the Charity's Logo.

Victoria Nestor

Chairperson