

# OPENMIND.ED

England & Wales · Charity number 1185048

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2019-08-27

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 19 Southwick Road  
Bournemouth  
BH6 5PR

**Phone** 07825 704494

**Email** [info@openmindedcharity.org.uk](mailto:info@openmindedcharity.org.uk)

**Website** [www.openmindedcharity.org](http://www.openmindedcharity.org)

## Activities

---

**Objects:** THE OBJECTS OF THE CIO ARE:TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY:A) PROMOTING BETTER UNDERSTANDING OF MENTAL HEALTH AND MENTAL WELFARE TO CHILDREN, YOUNG PERSONS AND ADULTS AND THOSE WHO WORK WITH THEM IN EDUCATIONAL INSTITUTIONS AND OTHER SETTINGS BY PROVIDING INFORMATION, TRAINING, SUPERVISION AND OTHER SIMILAR ACTIVITIES;B) PROVIDING ADVICE AND ASSISTANCE IN THE FIELD OF MENTAL HEALTH AND MENTAL WELFARE TO CHILDREN, YOUNG PERSONS AND ADULTS AND THOSE WHO WORK WITH THEM IN EDUCATIONAL INSTITUTIONS AND ALLIED SERVICES; ANDC) ADVANCING RESEARCH AND EDUCATION AS TO THE MANAGEMENT AND PROMOTION OF MENTAL HEALTH AND MENTAL WELFARE.

**Activities:** Our charity promotes better understanding of, and provides advice and assistance in respect of, good mental health and wellbeing to children, young persons and adults who work with them in educational institutions and other settings by providing information, training, supervision and other similar activities. provide advice and assistance. We also support research and education in this field.

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

## Geography

---

- Throughout England And Wales

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£147,978	£90,925	-	-
2023-12-31	£107,619	£73,100	-	-
2022-12-31	£49,104	£38,952	-	-
2021-12-31	£20,731	£10,244	-	-
2020-12-31	£7,493	£2,356	-	-

## Trustees

---

Name	Role	Appointed
<b>Luke William Stuart Menzies</b>	Chair	2019-03-26
Chereece Marie Tina Helen Ryan		2024-09-24
Dr Isabel Oriane Clare de Salis MBBS, PhD		2019-03-26
Emma Kathryn Jennings		2025-02-05
Stacey Jayne Gabriel		2024-10-22

**OPENMIND.ED**

England & Wales - Charity number 1185048

---

# Accounts

---

# Openmind.ed CIO

registered charity (England & Wales) 1185048

## Trustees' Report for 2024

This report is for the Charity's financial year 1 January to 31 December 2024.

In 2024 the Trustees and Members of Openmind.ed CIO ("the Charity") were:

- Chair: Luke Menzies
- Trustee and CEO: Clare Short (resigned 31 December 2024)
- Trustee and Treasurer: Isabel de Salis
- Trustee and CEO: Chereece Ryan (appointed 24 September 2024)
- Trustee: Stacey Gabriel (appointed 22 October 2024)

The Trustee appointments

### General

The Charity, a CIO, is governed by its Constitution as approved by the Charity Commission. The Charity operates on a simple and informal basis, run by its board of trustees. It delivered its charitable activities (services to clients) during the year through the voluntary work of its Chair, Treasurer and Secretary and fee-paid work of the CEO, Operations Manager and by several Associates.

The Charity is governed, and managed at a high level, through periodic trustee meetings and occasional less formal meetings. There is also a management team. The CEO leads on matters of policy and direction. Financial affairs are handled by the Treasurer and governance oversight provided by the Chair. The Operations Manager is responsible for correspondence and records of trustee meetings, as well as administrative activities. The Charity is developing its policy for the recruitment and appointment of new trustees.

The Charity's work focusses on undertaking and funding activities to promote good mental health and wellbeing amongst those in Education, with a current focus on school students and university students in Bristol. This includes working with school staff, students and their parents. The work includes facilitation of reflective practice groups, running workshops, providing one-to-one mentoring, speaking at school assemblies and holding discussion sessions with parents of students. In addition, the Charity provides occasional funding to small projects aimed at improving mental health and wellbeing of young persons.

### Main achievements this year

The main achievements of the charity this year are:

The successful transition in leadership, with the appointment of Chereece Ryan as CEO (September 2024) and Tracey Pegden as Operational Manager (October 2024). These appointments have provided consistency and stability at a time of significant change, helping to strengthen the management and day to day running of the charity.

This has been a year of consolidation and streamlining following a period of organisational change. Our focus has been on stabilising operations, clarifying roles and responsibilities, and

reviewing our projects and partnerships to make sure they are sustainable and remain true to the charity's purpose and values.

Alongside this internal work, we have continued to deliver our core reflective practice supervision and wellbeing support for education staff across schools and universities. This remains at the heart of what we do, supporting those who hold the wellbeing of others in complex and demanding roles.

Other areas of development and achievement this year include:

- Continuing our family work and mentoring work, supporting SEMH and SEND families around school attendance and engagement. This has included mentoring and parent work aimed at strengthening relationships between home and school and improving outcomes for children with additional needs.
- Exploring new partnerships with local authority partners to deliver CPD and reflective practice support to headteacher and leadership clusters.
- Developing a new training and resource pack to support reflective practice in key areas of need, including autism, safeguarding, and mental health.
- Working with SENCO networks and attending sector events to promote the importance of reflective practice in schools managing complex safeguarding and mental health issues, and to encourage a more systemic and relational approach within education.
- Experimenting with new supervision and support systems for Associates, particularly in remote working contexts, integrating CPD and opportunities to share learning from different areas of practice.
- Trialling group supervision formats including group work and collaborating with voluntary sector organisations delivering complementary education and wellbeing programmes.
- Exploring different models of reflective practice, including the Balint model, to deepen the quality of supervision and peer learning.
- Recruiting new Associates to replace outgoing practitioners and to broaden the range of expertise across the team, helping to secure capacity and continuity in delivery.
- Capturing and evidencing the impact of our work to better understand outcomes and strengthen how we communicate our impact to partners and funders.
- Reviewing and refining operational processes to improve how we work, making systems more efficient and supportive of the team.
- Strengthening governance and management oversight to help ensure long term stability.

The trustees are satisfied that the charity has continued to deliver public benefit in line with its charitable objectives throughout this period of transition and have had regard to the Charity Commission's guidance on public benefit.

## **Future plans**

The focus for the coming year is on embedding stability and building strong foundations so that we can sustain and grow our work with confidence. This includes:

- Continuing to provide high quality reflective practice supervision and wellbeing support for education staff.
- Developing partnerships with local authorities, SENCO networks, and education leaders to extend the reach and impact of our work.
- Further developing and sharing our training and resource packs to support reflective practice in key areas of need, particularly for educators working with neurodivergent students and families.

- Continuing to refine supervision and support systems for Associates, with an emphasis on professional development, shared learning, and connection across the team.
- Enhancing how we capture and evidence impact to demonstrate the difference our work makes.
- Building organisational capacity with training and support for Associates.
- Reviewing and developing projects and partnerships that align with the charity's strategic direction and values.

Once the charity's core work and operational structure is fully stabilised for this year, we plan to explore opportunities for steady and purposeful growth, extending our training offer, enhancing our reflective practice supervision at leadership level, and continuing to grow and strengthen our message and Associate network.

## **Financial**

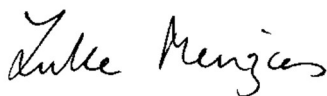
In financial terms, during the year the Charity received income of £147,978 (2023 £107,619) through donations and client fees. Expenditure was £90,925 (2023 £73,100), resulting in a surplus of £57,053 (2023 £34,519). There were no creditors or debtors at year end.

There were no material risks or uncertainties worthy of note.

The Charity's principal source of fundings are client fees from the educational institutions it works with; donations from private individuals; and donations from other organisations. There are no restricted funds and the Charity's policy is not to accept any restricted funds.

The Charity does not employ any person on a PAYE basis, and has no current plans to do so. Its Associates engaged to assist in the delivery of the Charity's services are engaged on a self-employed, fee-paid basis.

The Charity has no reserves policy and no plan to accumulate substantial reserves. No funds were held by any custodian trustee.



**Luke Menzies**  
Chair of Trustees

27 October 2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.ed CIO	1185048
-----------------	---------

CC16a

## Receipts and payments accounts

For the period from	1/1/2024	To	31/12/2024
---------------------	----------	----	------------

### Section A Receipts and payments

	Unrestricted to the nearest £	Restricted to the nearest £	Endowment to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	15,387	-	-	15,387	12,478
Fees for charitable services	132,212	-	-	132,212	93,154
Bank interest	379	-	-	379	101
Other	-	-	-	-	1,886
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for</b>	<b>147,978</b>	<b>-</b>	<b>-</b>	<b>147,978</b>	<b>107,619</b>
<b>A2 Asset and investment sales,</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>147,978</b>	<b>-</b>	<b>-</b>	<b>147,978</b>	<b>107,619</b>
<b>A3 Payments</b>					
Bank charges	41	-	-	41	22
Regulatory compliance	35	-	-	35	97
Insurance	479	-	-	479	447
Professional fees	50,973	-	-	50,973	30,115
Travel expenses	1,646	-	-	1,646	3,641
Room hire	7,183	-	-	7,183	11,455
Grants & donations paid	-	-	-	-	1,301
Training	8,363	-	-	8,363	2,697
Administration and operational	22,205	-	-	22,205	22,453
Other	-	-	-	-	874
<b>Sub total</b>	<b>90,925</b>	<b>-</b>	<b>-</b>	<b>90,925</b>	<b>73,100</b>
<b>A4 Asset and investment</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>90,925</b>	<b>-</b>	<b>-</b>	<b>90,925</b>	<b>73,100</b>
<b>Net of receipts/(payments)</b>	<b>57,053</b>	<b>-</b>	<b>-</b>	<b>57,053</b>	<b>34,519</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>60,639</b>	<b>-</b>	<b>-</b>	<b>60,639</b>	<b>26,120</b>
<b>Cash funds this year end</b>	<b>117,692</b>	<b>-</b>	<b>-</b>	<b>117,692</b>	<b>60,639</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
<b>B1 Cash funds</b>	Cash in bank account	117,692	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>117,692</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which	Amount due	When due
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on

Signature	Print Name	Date of
	Luke Menzies	27/10/2025



Section A

Independent Examiner's Report

<b>Report to the trustees</b>	Charity Name Openmind.ed		
<b>On accounts for the year ended</b>	31 December 2024	<b>Charity no (if any)</b>	1185048
<b>Set out on pages</b>	Accounts upload (via CC16A) <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2024**.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

<b>Signed:</b>		<b>Date:</b>	27 October 2025
----------------	---	--------------	-----------------

<b>Name:</b>	Emma Jennings
--------------	---------------

<b>Relevant professional qualification(s) or body (if any):</b>	FCA (ICAEW)
---	-------------

**Address:** 26 Blenheim Road, Bristol BS6 7JP

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

The accounts are supported by underlying accounting records, with no material differences noted. The charity has increased its charitable activities during the year and the Trustees must now give regard to VAT registration, seeking appropriate professional advice where required.

**OPENMIND.ED**

England & Wales - Charity number 1185048

---

# Accounts

---

# Openmind.ed CIO

registered charity (England & Wales) 1185048

## Trustees' Report for 2023

This report is for the Charity's financial year 1 Jan to 31 Dec 2023.

In 2023 the Trustees and Members of Openmind.ed CIO ("the Charity") were:

- Chair: Luke Menzies
- Trustee and CEO: Clare Short
- Trustee and Treasurer: Isabel de Salis

The role of Charity Secretary is provided by the Operations Manager, who attends trustee meetings.

### General

The Charity, a CIO, is governed by its Constitution as approved by the Charity Commission. The Charity operates on a simple and informal basis, run by its board of trustees. It delivered its charitable activities (services to clients) during the year through the voluntary work of its CEO, Treasurer and Secretary and several fee-paid Associates.

The Charity is governed, and managed at a high level, through periodic trustee meetings and occasional less formal meetings. There is also a Management team. The CEO leads on matters of policy and direction. Financial affairs are handled by the Treasurer and governance oversight provided by the Chair. The Secretary role, currently carried out by the Operations Manager, is responsible for correspondence and records of trustee meetings. The Operations Manager is responsible for carrying out or overseeing administrative activities.

No new trustees were recruited during the year. Since the end of this year, the Charity has developed a recruitment and appointment policy for new trustees and is actively recruiting.

The Charity's work focusses on undertaking and funding activities to promote good mental health and wellbeing amongst those in Education, with a current focus on school students and university students in Bristol. This includes working with school staff, students and their parents. The work includes facilitation of reflective practice groups, running workshops, providing one-to-one mentoring, speaking at school assemblies and holding discussion sessions with parents of students. In addition, the Charity provides occasional funding to small projects aimed at improving mental health and wellbeing of young persons.

### Main achievements this year

The main achievements of the Charity in this year were:

- A major contract for reflective practice supervision was agreed with a large multi-academy trust.
- A project to trial the charity working with families was developed.
- Financial processes were developed.
- Reviewing and improving our contractual terms with client schools, including developing pricing structures.
- Recruitment of additional Associates, with a wider range of complementary skills, to deliver services to clients and to run projects.
- Development of recruitment procedures.
- Training funding for key personnel to allow them to develop skills to enhance service delivery.
- Continuing to develop our provision of well-being programmes to Bristol University medical students and liaison with other University faculties to develop offers suited to them.
- The holding of the charity's second 'away day', in which trustees and practitioners met for a day to discuss the work of the Charity, its future, their individual contributions and potential developments.

The Charity was able to achieve its intended public benefit through its delivery of the above activities, on the basis that these activities directly relate to the Charity's charitable objectives. The trustees have had regard to the Charity Commission's guidance on public benefit.

### **Future plans**

The Charity's plans for the future are to continue and expand its current work. This includes engaging more Associates to expand the Charity's work and funding training on key skills for some of those who work for it to assist in the quality and breadth of their delivery.

### **Financial**

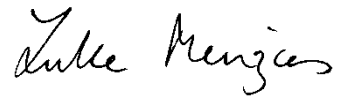
In financial terms, during the year the Charity received income of £107,619 (2022 £49,104) through donations and client fees. Expenditure was £73,100 (2022 £38,952), resulting in a surplus of £34,519 (2022 £10,151) although the majority of this figure is already committed to the payment of Associates to complete the ongoing work with client schools to the end of the current academic year. There were no creditors or debtors at year end.

There were no material risks or uncertainties worthy of note.

The Charity's principal source of fundings are client fees from the educational institutions it works with; donations from private individuals; and donations from other organisations. There are no restricted funds and the Charity's policy is not to accept any restricted funds.

The Charity does not employ any person on a PAYE basis, and has no current plans to do so. Its Associates engaged to assist in the delivery of the Charity's services are engaged on a self-employed, fee-paid basis.

The Charity has no reserves policy and no plan to accumulate substantial reserves. No funds were held by any custodian trustee.

A handwritten signature in black ink that reads "Luke Menzies". The signature is written in a cursive style with a large initial 'L'.

**Luke Menzies**  
Chair of Trustees

Date: 28 August 2024



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.ed CIO

1185048

## Receipts and payments accounts

CC16a

For the period  
from

1/1/2023

To

12/31/2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	12,478	-	-	12,478	6,609
Fees for charitable services	93,154	-	-	93,154	40,440
Bank interest	101	-	-	101	18
Other	1,886	-	-	1,886	2,037
	-	-	-	-	
	-	-	-	-	
	-	-	-	-	
	-	-	-	-	
<b>Sub total (Gross income for AR)</b>	<b>107,619</b>	<b>-</b>	<b>-</b>	<b>107,619</b>	<b>49,104</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>107,619</b>	<b>-</b>	<b>-</b>	<b>107,619</b>	<b>49,104</b>
<b>A3 Payments</b>					
Bank charges	22	-	-	22	12
Regulatory compliance	97	-	-	97	35
Insurance	447	-	-	447	314
Professional fees	30,115	-	-	30,115	26,382
Travel expenses	3,641	-	-	3,641	4,736
Room hire	11,455	-	-	11,455	2,103
Grants & donations paid	1,301	-	-	1,301	4,923
Training	2,697	-	-	2,697	-
Administration and operational	22,453	-	-	22,453	447
Other	874	-	-	874	-
<b>Sub total</b>	<b>73,100</b>	<b>-</b>	<b>-</b>	<b>73,100</b>	<b>38,952</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>73,100</b>	<b>-</b>	<b>-</b>	<b>73,100</b>	<b>38,952</b>
<b>Net of receipts/(payments)</b>	<b>34,519</b>	<b>-</b>	<b>-</b>	<b>34,519</b>	<b>10,151</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>£26,119.80</b>	<b>-</b>	<b>-</b>	<b>26,120</b>	<b>15,969</b>
<b>Cash funds this year end</b>	<b>60,639</b>	<b>-</b>	<b>-</b>	<b>60,639</b>	<b>26,120</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank account	60,639	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	60,639	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Luke Menzies	



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Openmind.ed

**On accounts for the year  
ended**

31/12/2023

**Charity no  
(if any)**

1185048

**Set out on pages**

3-4

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

09/08/2024

**Name:**

Sally Renison

**Relevant professional  
qualification(s) or body  
(if any):**

Chartered Accountant (ICAEW)

**Address:**

86 Kennington Avenue

Bristol BS7 9ES

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

A large, empty rectangular box with a thin black border, occupying the right two-thirds of the page. It is intended for the user to provide details of items for disclosure as requested in the text to the left.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.ed CIO

1185048

## Receipts and payments accounts

CC16a

For the period  
from

01/01/2023

To

31/12/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	12,478	-	-	12,478	6,609
Fees for charitable services	93,154	-	-	93,154	40,440
Bank interest	101	-	-	101	18
Other	1,886	-	-	1,886	2,037
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>107,619</b>	<b>-</b>	<b>-</b>	<b>107,619</b>	<b>49,104</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>107,619</b>	<b>-</b>	<b>-</b>	<b>107,619</b>	<b>49,104</b>
<b>A3 Payments</b>					
Bank charges	22	-	-	22	12
Regulatory compliance	97	-	-	97	35
Insurance	447	-	-	447	314
Professional fees	30,115	-	-	30,115	26,382
Travel expenses	3,641	-	-	3,641	4,736
Room hire	11,455	-	-	11,455	2,103
Grants & donations paid	1,301	-	-	1,301	4,923
Training	2,697	-	-	2,697	-
Administration and operational	22,453	-	-	22,453	447
Other	874	-	-	874	-
<b>Sub total</b>	<b>73,100</b>	<b>-</b>	<b>-</b>	<b>73,100</b>	<b>38,952</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>73,100</b>	<b>-</b>	<b>-</b>	<b>73,100</b>	<b>38,952</b>
<b>Net of receipts/(payments)</b>	<b>34,519</b>	<b>-</b>	<b>-</b>	<b>34,519</b>	<b>10,151</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>£26,119.80</b>	<b>-</b>	<b>-</b>	<b>26,120</b>	<b>15,969</b>
<b>Cash funds this year end</b>	<b>60,639</b>	<b>-</b>	<b>-</b>	<b>60,639</b>	<b>26,120</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank account	60,639	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>60,639</b>	<b>-</b>	<b>-</b>
(agree balances with receipts and payments account(s))		OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature <span style="float: right;">_____</span> 	Print Name Luke Menzies	Date of approval 
--	----------------------------	----------------------

**OPENMIND.ED**

England & Wales - Charity number 1185048

---

# Accounts

---

# Openmind.ed CIO

registered charity (England & Wales) 1185048

## Trustees' Report for 2022

This report is for the Charity's financial year 1 Jan to 31 Dec 2022.

In 2022 the Trustees and Members of Openmind.ed CIO ("the Charity") were:

- Chair: Luke Menzies
- Trustee and CEO: Clare Short
- Trustee: Robin Herbert (and Secretary until 6 September 2022)
- Trustee and Treasurer: Isabel de Salis

On 6 September 2022 Robin Herbert retired as Secretary and Chereece Ryan, Operations Manager, was appointed as Secretary on an interim basis. The charity's registered address was thus altered to the new Secretary's home address in Bournemouth.

### General

The Charity, a CIO, is governed by its Constitution as approved by the Charity Commission. The Charity operates on a simple and informal basis, run by its board of trustees. It delivered its charitable activities (services to clients) during the year through the voluntary work of its CEO, Treasurer and Secretary and several fee-paid Associates.

The Charity is governed, and managed at a high level, through periodic trustee meetings and occasional less formal meetings. This year, Management meetings were also introduced, including peer supervision discussions. The CEO leads on matters of policy and direction. Financial affairs are handled by the Treasurer and governance oversight provided by the Chair. The Secretary is responsible for correspondence and records of trustee meetings. All management and administrative activities are carried out by the trustees. No new trustees were recruited during the year and the Charity has not yet developed a recruitment or appointment policy for new trustees.

The Charity's work focusses on undertaking and funding activities to promote good mental health and wellbeing amongst those in Education, with a current focus on school students and university students in Bristol. This includes working with school staff, students and their parents. The work includes facilitation of reflective practice groups, running workshops, providing one-to-one mentoring, speaking at school assemblies and holding discussion sessions with parents of students. In addition, the Charity provides occasional funding to small projects aimed at improving mental health and wellbeing of young persons.

### Main achievements this year

The main achievements of the Charity in this year were:

- Creation of the role of Operations Manager: Chereece Ryan appointed May 2022. Functions of role: (i) to provide the necessary administrative and HR support to ensure smooth running of day to day activities; (ii) to develop an organisational infrastructure that enables the work of the charity to function and grow in line with its values and objectives; and (iii) to assist the CEO and trustees in carrying out their role. This has brought a

consistency and professionalisation to the management of the charity and quickly allowed administrative and operational activities and structures to expand, quicken and improve

- Creation of a Management Team, Autumn 2022, to include experienced Associates with a compliment of skills and interests. Function of team: to ensure a 'plan, do, review' mechanism that influences decision-making at an executive level. The management team considers issues and decisions that affect our day-to-day practice and learning. This promotes a collaborative approach to shaping our projects and priorities both in the interest of associates and in response to direct feedback from service users.
- Creation of a Working Group, Autumn 2022, to include (on rotation) Associates with knowledge and experience relevant to the agenda of the group. This group meets to progress project ideas or workstreams that require additional resource or capacity to move forward, or that would benefit from associate input in specific areas. Associates with relevant knowledge/experience are identified and invited to participate. The group meets for a series of sessions to achieve set aims, with recommendations then presented to the management team or CEO as required, either directly or via Ops Manager.
- Reviewing and improving our contractual terms with client schools.
- The further developed our offer of support in secondary schools to include:
  - A menu of training opportunities to school support staff
  - Workshops for school parents targeting specific issues
  - Family consultation work in schools - ongoing
  - An independent mentoring service (focusing on school attendance)
  - School leadership consultation and supervision
- The furthering of our contribution to policy and practice around supervision in education. This includes attending a UCL network group and formally training associate staff via UCL.
- Continuing to develop our provision of well-being programmes to Bristol University medical students and liaison with other University faculties to develop offers suited to them.
- The further expanded our Associate practitioner team, to include a wider range of practitioners with complimentary skills including a mentor and psychoanalyst. This will enable us to continue in our reflective practice supervision support and training offer to staff in schools, as well as delivering other arts based and youth work interventions and to increase the capacity of the family work we are able to do.
- The holding of the charity's first 'away day' on 11 November 2022, in which the majority of trustees and practitioners met for a day to discuss the work of the charity, its future, their individual contributions and potential developments.

The Charity was able to achieve its intended public benefit through its delivery of the above activities, on the basis that these activities directly relate to the Charity's charitable objectives. The trustees have had regard to the Charity Commission's guidance on public benefit.

## **Future plans**

The Charity's plans for the future are to continue and expand its current work. This includes engaging more Associates to expand the Charity's work and funding training on key skills for some of those who work for it to assist in the quality and breadth of their delivery.

## **Financial**

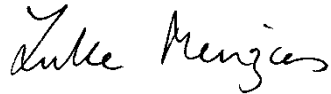
In financial terms, during the year the Charity received income of £49,110 (2021 £20,731) through donations and client fees. Expenditure was £38,952 (2021 £10,244), resulting in a surplus of £10,157 (2021 £10,487). There were no creditors or debtors at year end.

There were no material risks or uncertainties worthy of note.

The Charity's principal source of fundings are client fees from the educational institutions it works with; donations from private individuals; and donations from other organisations. There are no restricted funds and the Charity's policy is not to accept any restricted funds.

The Charity does not employ any person on a PAYE basis, and has no current plans to do so. Its Associates engaged to assist in the delivery of the Charity's services are engaged on a self-employed, fee-paid basis.

The Charity has no reserves policy and no plan to accumulate substantial reserves. No funds were held by any custodian trustee.



**Luke Menzies**  
Chair of Trustees

21 June 2023



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.ed CIO

1185048

## Receipts and payments accounts

CC16a

For the period  
from

1/1/2022

To

12/31/2022

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	6,609	-	-	6,609	5,402
Fees for charitable services	40,440	-	-	40,440	15,325
Bank interest	18	-	-	18	4
Other	2,037	-	-	2,037	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>49,104</b>	<b>-</b>	<b>-</b>	<b>49,104</b>	<b>20,731</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>49,104</b>	<b>-</b>	<b>-</b>	<b>49,104</b>	<b>20,731</b>
<b>A3 Payments</b>					
Bank charges	12	-	-	12	5
Regulatory compliance	35	-	-	35	35
Insurance	314	-	-	314	314
Professional fees	26,382	-	-	26,382	-
Travel expenses	4,736	-	-	4,736	-
Room hire	2,103	-	-	2,103	-
Grants & donations paid	4,923	-	-	4,923	-
Training	-	-	-	-	-
Other	447	-	-	447	9,890
	-	-	-	-	-
<b>Sub total</b>	<b>38,952</b>	<b>-</b>	<b>-</b>	<b>38,952</b>	<b>10,244</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>38,952</b>	<b>-</b>	<b>-</b>	<b>38,952</b>	<b>10,244</b>
<b>Net of receipts/(payments)</b>	<b>10,151</b>	<b>-</b>	<b>-</b>	<b>10,151</b>	<b>10,487</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>15,969</b>	<b>-</b>	<b>-</b>	<b>15,969</b>	<b>5,482</b>
<b>Cash funds this year end</b>	<b>26,120</b>	<b>-</b>	<b>-</b>	<b>26,120</b>	<b>15,969</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank account	26,120	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	26,120	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Luke Menzies	22.08.2023



**Section A**

**Independent Examiner's Report**

<b>Report to the trustees/ members of</b>	Openmind.ed		
<b>On accounts for the year ended</b>	31/12/2022	<b>Charity no (if any)</b>	1185048
	<b>Set out on pages</b> 3-4		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").


**Independent  
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**  **Date:** 25/08/2023

**Name:** Sally Renison

**Relevant professional  
qualification(s) or body  
(if any):** Chartered Accountant (ICAEW)

**Address:** 86 Kennington Avenue  
Bristol BS7 9ES

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

A large, empty rectangular box with a thin black border, occupying the majority of the page. It is intended for the user to provide details of items for disclosure as requested in the text to the left.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.ed CIO

1185048

## Receipts and payments accounts

CC16a

For the period from	01/01/2022	To	31/12/2022
------------------------	------------	----	------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	6,609	-	-	6,609	5,402
Fees for charitable services	40,440	-	-	40,440	15,325
Bank interest	18	-	-	18	4
Other	2,037	-	-	2,037	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>49,104</b>	<b>-</b>	<b>-</b>	<b>49,104</b>	<b>20,731</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>49,104</b>	<b>-</b>	<b>-</b>	<b>49,104</b>	<b>20,731</b>
<b>A3 Payments</b>					
Bank charges	12	-	-	12	5
Regulatory compliance	35	-	-	35	35
Insurance	314	-	-	314	314
Professional fees	26,382	-	-	26,382	-
Travel expenses	4,736	-	-	4,736	-
Room hire	2,103	-	-	2,103	-
Grants & donations paid	4,923	-	-	4,923	-
Training	-	-	-	-	-
Other	447	-	-	447	9,890
	-	-	-	-	-
<b>Sub total</b>	<b>38,952</b>	<b>-</b>	<b>-</b>	<b>38,952</b>	<b>10,244</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>38,952</b>	<b>-</b>	<b>-</b>	<b>38,952</b>	<b>10,244</b>
<b>Net of receipts/(payments)</b>	<b>10,151</b>	<b>-</b>	<b>-</b>	<b>10,151</b>	<b>10,487</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>15,969</b>	<b>-</b>	<b>-</b>	<b>15,969</b>	<b>5,482</b>
<b>Cash funds this year end</b>	<b>26,120</b>	<b>-</b>	<b>-</b>	<b>26,120</b>	<b>15,969</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank account	26,120	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>26,120</b>	<b>-</b>	<b>-</b>
(agree balances with receipts and payments account(s))		OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name Luke Menzies	Date of approval 22.08.2023
---------------	----------------------------	--------------------------------

**OPENMIND.ED**

England & Wales - Charity number 1185048

---

# Accounts

---

# Openmind.Ed CIO

registered charity (England & Wales) 1185048  
24 Somerset Street, Bristol BS2 8LZ

## Trustees' Report for 2021

This report is for the Charity's financial year 1 Jan to 31 Dec 2021.

In 2021 the Trustees and Members of Openmind.Ed CIO ("the Charity") were:

- Chair: Luke Menzies
- Trustee and CEO: Clare Short
- Trustee and Secretary: Robin Herbert
- Trustee and Treasurer: Isabel de Salis

The Charity, a CIO, is governed by its Constitution as approved by the Charity Commission. The Charity operates on a simple and informal basis, run by its board of trustees. It delivered its charitable activities (services to clients) during 2021 through the voluntary work of its CEO, Treasurer and Secretary and several fee-paid Associates.

The Charity is governed and managed through periodic trustee meetings and occasional less formal meetings, including peer supervision discussions. The CEO leads on matters of policy and direction. Financial affairs are handled by the Treasurer and governance oversight provided by the Chair. The Secretary is responsible for correspondence and records of trustee meetings. All management and administrative activities are carried out by the trustees. No new trustees were recruited during the year and the Charity has not yet developed a recruitment or appointment policy for new trustees.

The Charity's work focusses on undertaking and funding activities to promote good mental health and wellbeing amongst those in Education, with a current focus on school students and university students in Bristol. This includes working with school staff, students and their parents. The work includes facilitation of reflective practice groups, running workshops, providing one-to-one mentoring, speaking at school assemblies and holding discussion sessions with parents of students. In addition, the Charity provides occasional funding to small projects aimed at improving mental health and wellbeing of young persons.

The main achievements of the Charity in 2021 were:

- Recruitment of more Associate members of the team, who are able to provide one-to-one supervision to pastoral staff in secondary schools and also to deliver well-being programmes to the Bristol University medical faculty.
- Commencing delivery of consultations to schools and families, especially in circumstances where there is an issue with the young person's attendance or ability to access the curriculum. This aspect of our service delivery has required service level agreements with schools and families, including consent.

The Charity was able to achieve its intended public benefit through its delivery of the above activities, on the basis that these activities directly relate to the Charity's charitable objectives. The trustees have had regard to the Charity Commission's guidance on public benefit.

The Charity's plans for the future are to continue its current work. This includes engaging more Associates to expand the Charity's work and hiring assistance for its administrative tasks.

## **Financial**

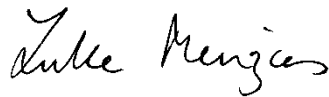
In financial terms, the Charity received income of £20,731 through donations and client fees. Expenditure was £10,244, resulting in a surplus of £10,487. There were no creditors or debtors at year end.

There were no material risks or uncertainties worthy of note.

The Charity's principal source of fundings are client fees from the educational institutions it works with; donations from private individuals; and donations from other organisations. There are no restricted funds and the Charity's policy is not to accept any restricted funds.

The Charity does not employ any person on a PAYE basis, and has no current plans to do so. Its Associates engaged to assist in the delivery of the Charity's services are engaged on a self-employed, fee-paid basis.

The Charity has no reserves policy and no plan to accumulate substantial reserves. No funds were held by any custodian trustee.



**Luke Menzies**

Chair of Trustees

4 October 2022



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.Ed CIO	1185048
-----------------	---------

CC16a

## Receipts and payments accounts

For the period from	01/01/2021	To	31/12/2021
---------------------	------------	----	------------

### Section A Receipts and payments

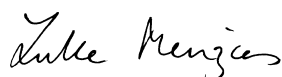
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	5,402	-	-	5,402	5,193
Fees for charitable services	15,325	-	-	15,325	2,300
Bank interest	4	-	-	4	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>20,731</b>	<b>-</b>	<b>-</b>	<b>20,731</b>	<b>7,493</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>20,731</b>	<b>-</b>	<b>-</b>	<b>20,731</b>	<b>7,493</b>
<b>A3 Payments</b>					
Bank charges	5	-	-	5	6
Regulatory compliance	35	-	-	35	146
Insurance	314	-	-	314	309
Cost of charitable activities	9,890	-	-	9,890	360
Grants & donations	-	-	-	-	585
Training	-	-	-	-	200
Other	-	-	-	-	750
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>10,244</b>	<b>-</b>	<b>-</b>	<b>10,244</b>	<b>2,356</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>10,244</b>	<b>-</b>	<b>-</b>	<b>10,244</b>	<b>2,356</b>
<b>Net of receipts/(payments)</b>	<b>10,487</b>	<b>-</b>	<b>-</b>	<b>10,487</b>	<b>5,137</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,482</b>	<b>-</b>	<b>-</b>	<b>5,482</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>15,969</b>	<b>-</b>	<b>-</b>	<b>15,969</b>	<b>5,137</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank account	15,969.00	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>15,969</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

Luke Menzies

Date of approval

6.9.22

**OPENMIND.ED**

England & Wales - Charity number 1185048

---

# Accounts

---

# Openmind.Ed CIO

registered charity (England & Wales) 1185048  
24 Somerset Street, Bristol BS2 8LZ

## Trustees' Report 2020

In 2020 the Trustees and Members of Openmind.Ed CIO ("the Charity") were:

- Chair: Luke Menzies
- Trustee and CEO: Clare Short
- Trustee and Secretary: Robin Herbert
- Trustee and Treasurer: Isabel de Salis

The Charity, a CIO, is governed by its Constitution as approved by the Charity Commission. The Charity operates on a simple and informal basis, run by its board of trustees. It delivered its charitable activities (services to clients) during 2020 through the voluntary work of its CEO, Treasurer and Secretary and one fee-paid Associate.

The Charity is governed and managed through periodic trustee meetings and occasional less formal meetings, including peer supervision discussions. The CEO leads on matters of policy and direction. Financial affairs are handled by the Treasurer and governance oversight provided by the Chair. The Secretary is responsible for correspondence and records of trustee meetings. All management and administrative activities are carried out by the trustees. No new trustees were recruited during the year and the Charity has not yet developed a recruitment or appointment policy for new trustees.

The Charity's work focusses on undertaking and funding activities to promote good mental health and wellbeing amongst those in Education, with a current focus on school students and university students in Bristol. This includes working with school staff, students and their parents. The work includes facilitation of reflective practice groups, running workshops, providing one-to-one mentoring, speaking at school assemblies and holding discussion sessions with parents of students. In addition, the Charity provides occasional funding to small projects aimed at improving mental health and wellbeing of young persons.

2020 was the Charity's first full year of operation, during which time it worked to establish its operations and set up a website. The intention was to continue working with clients in the manner that trustees had previously done in a more informal manner prior to inception of the Charity. However, the COVID-19 pandemic halted the normal functioning of school clients early on in the year and consequently relatively little could be achieved, compared with those planned, for the remainder of the year.

The main achievements of the Charity in 2020 were:

- Provision of reflective practice and supervision to secondary schools in Bristol including members of the senior leadership and pastoral team
- Provision of online training to school nurses on the theme of attachment and mental health, as well as pragmatic ways to work with young people and families.
- Provision of online training opportunities for Bristol University medical students on the theme of play in clinical practice.
- Provision of placements to Bristol University medical students to look at themes of loneliness and ways to connect to enhance well-being
- More recently the provision of consultation to secondary schools and collaborating with members of the pastoral team to open discussions with families and young

people where things had become stuck within the educational setting for that young person

The Charity was able to achieve its intended public benefit through its delivery of the above activities, on the basis that these activities directly relate to the Charity's charitable objectives. The trustees have had regard to the Charity Commission's guidance on public benefit.

The Charity's plans for the future are to continue in its current work.

## **Financial**

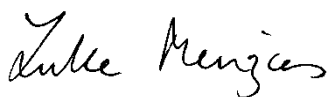
In financial terms, the Charity received income of 7,493 through donations and client fees. Expenditure was £2,356, resulting in a surplus of £5,137. There were no creditors or debtors at year end. The Charity's plans are to normally expend most income received over a year on delivering its services and making grants, and it was largely as a consequence of the pandemic during 2020 that this not possible and such a comparatively large surplus was accumulated at year end.

The COVID pandemic, which severely hampered the Charity's ability to delivery its intended volume of services. However, this had no significant detrimental effect on the Charity's finances or viability. There were no material risks or uncertainties worthy of note.

The Charity's principal source of fundings are donations from private individuals; donations from other organisations; and client fees from the educational institutions it works with. There are no restricted funds and the Charity's policy is not to accept any restricted funds.

The Charity does not, and never has, employed any person, and has no plans to do so. Any Associates engaged to assist in the delivery of the Charity's services will be engaged on a self-employed, fee-paid basis.

The Charity has no reserves policy and no plan to accumulate substantial reserves. No funds were held by any custodian trustee.



**Luke Menzies**

Chair of Trustees

28 October 2021



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Openmind.Ed CIO	1185048
-----------------	---------

CC16a

## Receipts and payments accounts

For the period from	01/01/2020	To	31/12/2020
---------------------	------------	----	------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations, legacies & grants	5,193	-	-	5,193	-
Fees for charitable services	2,300	-	-	2,300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>7,493</b>	<b>-</b>	<b>-</b>	<b>7,493</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,493</b>	<b>-</b>	<b>-</b>	<b>7,493</b>	<b>-</b>
<b>A3 Payments</b>					
Bank charges	6	-	-	6	-
Regulatory compliance	146	-	-	146	-
Insurance	309	-	-	309	-
Cost of charitable activities	360	-	-	360	-
Grants & donations	585	-	-	585	-
Training	200	-	-	200	-
Other	750	-	-	750	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>2,356</b>	<b>-</b>	<b>-</b>	<b>2,356</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>2,356</b>	<b>-</b>	<b>-</b>	<b>2,356</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>5,137</b>	<b>-</b>	<b>-</b>	<b>5,137</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>5,137</b>	<b>-</b>	<b>-</b>	<b>5,137</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank account	5,137	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	5,137	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature  	Print Name  Luke Menzies	Date of approval  28.10.21
--	--------------------------------	----------------------------------