



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	31	12	2021		30	12	2022

Section A Reference and administration details

Charity name **TAMAR FAMILY SUPPORT UNIT**

Other names charity is known by **N/A**

Registered charity number (if any) **1185021**

Charity's principal address **193A Crayford Road**

Crayford

Dartford

Postcode

DA1 4HA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Olusola Fasubaa	N/A	Full Year	N/A
2	Yewande Ajayi	N/A	Full Year	N/A
3	Ronke Adeyemi	N/A	Full Year	N/A
4	Olamide Ajayi	N/A	Full Year	N/A
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO - FOUNDATION Registered 23 Aug 2019
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed by other Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity has policies for

- Risk management
- Safeguarding vulnerable beneficiaries
- Conflicting interests
- Volunteer management
- Complaints handling
- Paying staff

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of domestic abuse and their families throughout the UK in particular but not exclusively by providing workshops, seminars, and counselling sessions.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Tamar Family Support Unit (TFSU) charity provides holistic tailored intervention for Victims and Survivors of Domestic Abuse and Violence. We aim to elevate the mental well-being of individuals who have experienced or are living with the menace within the community; from the grassroots to the larger society. We support them through their traumatic experience, help them re-align for the future and improve social integration. Furthermore, TFSU works with other agencies to prevent the menace, and ensure improved mental health and general well-being of Victims and Survivors. Our support team are efficient, highly trained professionals from all walks of life.

We support Victims and Survivors of Domestic Abuse and Violence and their immediate families. Our team of professionals supports this individual, regardless of age, gender/gender identity, race, sexual orientation, marital status, ethnicity, belief, status quo, disability or time of experience (recent or historic).

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

While not exclusively, we support, by providing the following:

- Therapeutic Interventions
- Empowerment Initiatives
- Educating the Populace

TFSU operates within local communities, throughout the United Kingdom in particular and the world at large, via our online services.

At Tamar Family Support Unit, we describe our clientele by their experience of Domestic Abuse and Violence irrespective of when (recent or historic), where or how things happened. Our services are:

- Sponsored, friendly, non-judgemental and confidential.
- Facilitated by highly qualified professionals from

different walks of Life, insured and registered with relevant professional bodies.

- Aimed to support individuals and their families holistically; from Victims to Survivors and beyond.

Section D

Achievements and performance

Section D	Achievements and performance
<p>Summary of the main achievements of the charity during the year</p>	<p>Strong fundraising efforts and campaigns resulted in a good donation of GBP 12,873 for the reporting period, which was used by the Charity to continue its public benefit in 2022. TFSU successfully organized fundraising events for supporting victims and survivors of domestic abuse and regain campaigns launched that help women to regain their confidence, rediscover themselves and re-align for the future.</p>

Section E

Financial review

Brief statement of the charity's policy on reserves

NOT APPLICABLE

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are donations from the general public.

Section F

Other optional information

Tamar Family Support Unit (TFSU) aims to provide a web of support that empowers Victims, Survivors and their families to reintegrate into society.

Our mission is to provide tailored support that revamps Victims and/or Survivors of Domestic Abuse and Violence by educating the populace to “Break the Silence” on the menace.

Thereby, helping build a society with “Zero Tolerance to Domestic Abuse and Violence”, to ensure the general well-being of individuals within a society.

Our Agenda is to:

*Provide therapeutic intervention for Victims, Survivors and their families to improve mental health

*Providing daily essentials to support Victims and Survivors on the run, staying with families and friends within the community

*Create campaigns to educate the populace to help build a community with “Zero Tolerance to Domestic Abuse and Violence”.


*Provide a platform to air the Voices of Victims and Survivors.

Section G

Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)	Olusola Fasubaa	
Position (eg Secretary, Chair, etc)	Trustee (Chair)	
Date	19/01/2023	




CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name: TAMAR FAMILY SUPPORT UNIT		Charity No (if any)	
			1185021
Annual accounts for the period			
Period start date	31/12/2021	To	Period end date
			30/12/2022

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	12,873	-	-	12,873	19,028
Charitable activities	S02	-	-	-	-	-
General Grants	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	12,873	-	-	12,873	19,028
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	2,000	-	-	2,000	1,303
Charitable activities	S09	8,436	-	-	8,436	16,157
Separate material item of expense	S10	1,189	-	-	1,189	1,800
Other	S11	966	-	-	966	39
Total	S12	12,591	-	-	12,591	19,299
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	282	-	-	282	272
Net income/(expenditure)	S14	-	-	-	-	-
Extraordinary items	S15	282	-	-	282	272
Transfers between funds	S16	-	-	-	-	-
Other recognised gains/(losses):	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	282	-	-	282	272
Reconciliation of funds:						
Total funds brought forward	S21	- 52	-	-	- 52	220
Total funds carried forward	S22	230	-	-	230	52

Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	230	-	-	230	52
Total current assets		B10	230	-	-	230	52
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	230	-	-	230	52
Total assets less current liabilities		B13	230	-	-	230	52
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	230	-	-	230	52
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	52
Unrestricted funds		B19	230	-	-	230	-
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	230	-	-	230	52
Signed by one or two trustees on behalf of all the trustees			Signature		Print Name		Date of approval dd/mm/yyyy
					Olusla Fasubaa		19/01/2023

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

Yes

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

<i>Not applicable</i>

Disclosure of any uncertainties that make the going concern assumption doubtful;

<i>Not applicable</i>

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

<i>Not applicable</i>

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	<i>Not applicable</i>
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	<i>Not applicable</i>

<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	Not applicable
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1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

<i>(i) the nature of any changes;</i>	Not applicable
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	Not applicable
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	Not applicable

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

<i>(i) the nature of the prior period error;</i>	Not applicable
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	Not applicable
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	Not applicable

Note 3 Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	12,873	-	-	12,873	19,028
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
Total		12,873	-	-	12,873	19,028
Charitable activities:						
		-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Other trading activities:						
		-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Income from investments:						
	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Separate material item of income:						
		-	-	-	-	-
	Receivable from Bristol City Council	-	-	-	-	-
Total		-	-	-	-	-
Other:						
	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		12,873	-	-	12,873	19,028

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Not applicable

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Not applicable

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Not applicable

Section C

Notes to the accounts

(cont)

Note 6

Analysis of expenditure

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis					
Expenditure on raising funds:					
Incurring seeking donations	2,000	-	-	2,000	1,303
Incurring seeking legacies	-	-	-	-	-
Incurring seeking grants	-	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-	-
Staging fundraising events	-	-	-	-	-
Fundraising agents	-	-	-	-	-
Operating charity shops	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-
Database development costs	-	-	-	-	-
Other trading activities	-	-	-	-	-
Investment management costs:	-	-	-	-	-
Portfolio management costs	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-
Investment administration costs	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-
Total expenditure on raising funds	2,000	-	-	2,000	1,303
Expenditure on charitable activities					
This includes for support of victims of domestic abuse and Violence. These have all been used for charitable purpose and sent to relevant parties/People.	8,436	-	-	8,436	16,157
Total expenditure on charitable activities	8,436	-	-	8,436	16,157
Separate material item of expense					
Advertising, marketing, direct mail and	1,189	-	-	1,189	1,800
	-	-	-	-	-
	-	-	-	-	-
Total	1,189	-	-	1,189	1,800
Other					
Travelling	411	-	-	411	-
Postage	28	-	-	28	-
Telecommunication & Data Cost	485	-	-	485	-
Bank Charges	0.39	-	-	0.39	-
Accounting	42	-	-	42	39
Total other expenditure	966	-	-	966	39
TOTAL EXPENDITURE	12,591	-	-	12,591	19,299

Section C	Notes to the accounts	(cont)
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Note 20 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	45	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	45	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	37	36
Amounts added in current period	50	40
Amounts released to income from previous periods	- 42	- 39
Balance at the end of the reporting period	45	37

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
230	- 52
-	-
230	- 52

Section C **Notes to the accounts** **(cont)**

Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Donations and Gifts	UR	The Unrestricted funds represents the free funds of the charity which are not designated for the particular purpose.	- 52	12,873	-	-	-	12,821
Charitable Activities	UR	The Unrestricted funds represents the free funds of the charity which are not designated for the particular purpose.	-	-	- 8,436	-	-	- 8,436
Incurred Seeking Donations	UR	The Unrestricted funds represents the free funds of the charity which are not designated for the particular purpose.	-	-	- 4,155	-	-	- 4,155
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			- 52	12,873	- 12,591	-	-	230

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Donations and Gifts	UR	The Unrestricted funds represents the free funds of the charity which are not designated for the particular purpose.	220	19,028	-	-	-	19,248
Charitable Activities	UR	The Unrestricted funds represents the free funds of the charity which are not designated for the particular purpose.		-	- 16,157	-	-	- 16,157
Incurred Seeking Donations	UR	The Unrestricted funds represents the free funds of the charity which are not designated for the particular purpose.			- 3,142			- 3,142
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			220	19,028	- 19,299	-	-	52

Section C	Notes to the accounts	(cont)
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Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

Please give details of why remuneration or other employment benefits were paid.

NOT APPLICABLE

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

NOT APPLICABLE

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Subsistence		
Other (please specify):		
TOTAL		

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

NOT APPLICABLE

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

NOT APPLICABLE

For any related party, please provide details of any guarantees given or received.

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Section C	Notes to the accounts	(cont)
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Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Not Applicable