



# Trustees' Annual Report for the period

Period start date			Period end date				
From	06	April	2024	To	05	April	2025

## Section A Reference and administration details

Charity name SHINE for Autism

Other names charity is known by SHINE

Registered charity number (if any) 1185018

Charity's principal address 4 Devonshire Road

Millom

Cumbria

Postcode

LA18 4JF

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jane McFie	Chair		
2	Julie Craghill			
3	Stephen Evans			
4	Bettina Evans			
5	Shelagh Cloudsdale			
6				
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
N/A		

**Name of chief executive or names of senior staff members (Optional information)**

N/A
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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Foundation' Model Constitution adopted on 23 <sup>rd</sup> August 2019
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation – Registered Charity No. 1185018
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed by current trustees as required.

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and receive no remuneration.

We have Trustee Role Descriptions, Code of Conduct, Acceptance Form and Declarations for New Trustees. They are also be given the latest copy of the Constitution, Annual Accounts Report, Treasurers Report and Trustee's Report for information.

We have procedures in place for Acceptance & Refusal of Donations, Complaints, Confidentiality, Conflict of Interest, Data Breach, Data Protection, Equal Opportunities, Financial Control, Fundraising, Grants, Harassment, Meetings, Photos & Images, Safeguarding Children, Safeguarding Vulnerable Adults and Social Media. Trustees receive copies of all procedures on induction.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To promote social inclusion for the public benefit of individuals with Autistic Spectrum Disorder who are socially excluded from society, or parts of society in Cumbria, as a result of being autistic by the provision of services, resources, facilities, support and information for both them and their parents/carers.



**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

In planning our activities for the year we have complied with the Charity Commission's guidance in Section 4 of The Charities Act 2006 with regards to public benefit at our Trustee meetings. Our main activities are as follows:

- Providing resources, support and information for individuals with autistic spectrum disorder and their parents/carers.
- Providing the opportunity for parents/carers to meet in order to develop a mutual support network and enable sharing of skills, experience and knowledge within the group.
- Organising recreation facilities and opportunities for individuals with autistic spectrum disorder to develop social networks, friendships, peer groups and self-esteem.
- Providing workshops, online forums and 1:1 support for parents/carers to gain knowledge and strategies to enable them to support individuals with autistic spectrum disorder.
- Raising public awareness of the issues affecting individuals with autistic spectrum disorder and their parents/carers both generally and in relation to their social exclusion through fundraising and public training/awareness.
- Providing small grants to local individuals/schools to provide support/equipment for autistic individuals.

The focus of our activities this year has been to support parent/carers through our support groups, 1:1 support with an Autism Specialist, training and planning training/podcasts. We have also been concentrating on fundraising to enable us to achieve our future objectives.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

A great contribution is made by our trustees who have spent many hours supporting families in the area.

Without this time we would not be able to achieve any of our goals for the group.

Any surplus funds which are not likely to be needed are held for future activities, resources and training.

We have a Grant Procedure which sets out the criteria for selecting individuals/schools that are eligible to receive grants from SHINE.

The charity does not invest any of its money.

**Summary of the main achievements of the charity during the year**

**May 24** – Keswick to Barrow and Coniston to Barrow walks took place. We had many walkers in both walks (t-shirt costs were £430.75 and refreshments for walkers £45.60). Keswick to Barrow raised £1,900.

Part of the grant for Stepping Stones Nursery for initial assessments with an autism practitioner was used (cost £120).

**September 24** – We received an amazing donation from Millom Striders for £250.

**October 24** – We were given some very generous donations from A Gibson from his mother's funeral (£315/£35/£515.18/£10).

We gave out vouchers for Alpaca walks to some of our young people (costs £100).

We began to organise our next set of parent/carer training and 1:1 support with Jemma Swales.

**November 24** – Our Pamper Event took place and we raised £430 (costs were £168).

We sponsored Whitehaven Rugby kit to bring more awareness to our charity (costs £600).

Our parent/carer support groups restarted.

**December 24** – We added a SHINE for Autism Christmas Tree in the local Christmas Tree Festival to raise awareness of our group.

**January 25** – We have again entered joint teams into the Keswick to Barrow this year with Autus.

Heavy Horses CIC have chosen SHINE to be their asset locked charity.

Jemma Swales ran an 'Anxiety' training course for parent/carers and individuals (costs £200).

**February 25** – SHINE have decided to donate £1,000 to Youthability out of our activity funds to enable young people with autism and other disabilities the chance to climb Blackcombe.

Jemma Swales ran a 'Food' training course for parent/carers and individuals (costs £200).

**March 25** – Jemma Swales ran a 'Communication' training course for parent/carers and individuals (costs £200).

Jemma Swales also ran some parent/carer 1:1 sessions (costs £180).

**User Feedback** - In the financial year 2024-2025 we haven't received any complaints. We have received lots of verbal compliments with regards to the training courses that were run and many comments to join further training. People are very keen to see the Pamper Night fundraiser return next year.



## Section E

## Financial review

### Brief statement of the charity's policy on reserves

We hold cash at the bank of £15,692.77, there are currently no restricted funds (although we have £155 and £400 set aside for future grants and training). We have incoming invoices for Jemma Swales training (£800), website renewal (£360) and 1:1 Parent/carer autism support (£180). These funds are held for future activities and training. We aim to hold £1,000, but no more than £15,000 in reserve at year end. However, it is not necessary to have any reserves as we only use money that is available in our account.

### Details of any funds materially in deficit

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been donations and fundraising. We rely on the local community for their continued support for both of these.

Expenditure this year has been used mainly toward fundraising, awareness and training.

The charity does not invest any of its money and it has no staff costs.

The charity does not hold any funds as a custodial trustee on behalf of others.

## Section F

## Other optional information

### Future Plans

This coming year will see an emphasis on supporting autism acceptance in our community by promoting understanding through the Podcasts which will involve as many autistic individuals as possible, this has been an ongoing process which will be produced in 2025. We hope to reach a vast amount of local people this way and we hope it will also be accessible to communities further afield. We will continue to support parent/carers through workshops, support groups and 1:1 sessions. We will also be running more training to support parent/carers.

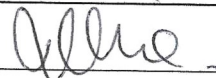
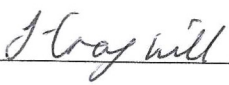
We will be looking into various funding routes and fundraising nights (if government guidelines allow for this).

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JANE MCFIE	JULIE CRACHILL
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER
Date	08/07/2025	





# Receipts and Payments Accounts

Period start date		Period end date		
From	06 04 2024	To	05 04 2025	

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Charity name **SHINE for Autism**

Registered charity number (if any) **1185018**

## Section A – Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
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### A1 Receipts

Grants and Donations	£1,155.18	-	-	£1,155.18	£3,000.00
Fundraising	-	-	-	-	-
CGP Grant	-	-	-	-	-
Interest	-	-	-	-	-
Pamper Event	£430.00	-	-	£430.00	£2,215.00
K2B	£1,900.00	-	-	£1,900.00	£1,150.00
Toy/Parent Donation	£60.00	-	-	£60.00	-
<b>Sub Total</b>	<b>£3,545.18</b>	-	-	<b>£3,545.18</b>	<b>£6,365.00</b>
<b>A2 Assets and Investment Sales, etc</b>	-	-	-	-	-
<b>Total Receipts</b>	<b>£3,545.18</b>	-	-	<b>£3,545.18</b>	<b>£6,365.00</b>

### A3 Payments

Activity Costs	£100.00	-	-	£100.00	-
Training	£800.00	-	-	£800.00	-
CGP Grant	-	-	-	-	-
Administration	£184.24	-	-	£184.24	£178.68
Fundraising	£495.92	-	-	£495.92	£173.29
Pamper Event	£168.44	-	-	£168.44	£139.89
Copeland Grant	-	-	-	-	-
Awareness	£650.00	-	-	£650.00	£51.23
Grants/Donations	£120.00	-	-	£120.00	£375.00
<b>Sub Total</b>	<b>£2,518.60</b>	-	-	<b>£2,518.60</b>	<b>£918.09</b>
<b>A4 Asset and Investment Purchases, etc</b>	-	-	-	-	-
<b>Total Payments</b>	<b>£2,518.60</b>	-	-	<b>£2,518.60</b>	<b>£918.09</b>

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<i>Net of receipts/(payment)</i>	£1,026.58	-	-	£1,026.58	£5,446.91
<b>A5 Transfers Between Funds</b>	-	-	-	-	-
<b>A6 Cash Funds Last Year End</b>	£14,666.19	-	-	£14,666.19	£9,219.28
<b>Cash funds this year end</b>	£15,692.77	-	-	£15,692.77	£14,666.19

## Section B – Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
<b>B1 Cash Funds</b>	<i>Cash at bank</i>	£15,692.77	£0.00	£0.00
	<b>Total cash funds</b>	£15,692.77	£0.00	£0.00
	(agree balances with receipts and payment account(s))			
<b>B2 Other Monetary Assets</b>				
<b>B3 Investment Assets</b>		Fund to which assets belong	Cost (optional)	Current value (optional)
<b>B4 Assets Retained For The Charity's Own Use</b>	<b>Sensory Equipment / Disability Aids</b>	Unrestricted		
	<b>Podcast Equipment</b>	Unrestricted		
	<b>Administrative / Promotional Items</b>	Unrestricted		
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)

Notes - The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

Signed by one or two  
trustees on behalf of all  
the trustees

Signature
J. Craghill
Jane McPhee

Print Name
JULIE CRAGHILL
JANE MCPHEE

Date of approval
23/06/25
08/07/25