

SHINE FOR AUTISM

England & Wales · Charity number 1185018

Details

Other names SHINE

Status Registered

Legal form CIO

Registered 2019-08-23

Register [View on the Charity Commission register](#)

Contact

Address 4 Devonshire Road
Millom
LA18 4JF

Phone 01229779138

Email shineforautism@hotmail.com

Website www.shineforautism.com

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT OF INDIVIDUALS WITH AUTISTIC SPECTRUM DISORDER WHO ARE SOCIALLY EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY IN CUMBRIA, AS A RESULT OF BEING AUTISTIC BY THE PROVISION OF SERVICES, RESOURCES, FACILITIES, SUPPORT AND INFORMATION FOR BOTH THEM AND THEIR PARENTS/CARERS, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:-PROVIDING RESOURCES, SUPPORT AND INFORMATION FOR INDIVIDUALS WITH AUTISTIC SPECTRUM DISORDER AND THEIR PARENTS/CARERS.-PROVIDING THE OPPORTUNITY FOR PARENTS/CARERS TO MEET IN ORDER TO DEVELOP A MUTUAL SUPPORT NETWORK AND ENABLE SHARING OF SKILLS, EXPERIENCE AND KNOWLEDGE WITHIN THE GROUP.-ORGANISING RECREATION FACILITIES AND OPPORTUNITIES FOR INDIVIDUALS WITH AUTISTIC SPECTRUM DISORDER TO DEVELOP SOCIAL NETWORKS, FRIENDSHIPS, PEER GROUPS AND SELF-ESTEEM.-PROVIDING WORKSHOPS, ONLINE FORUMS AND 1:1 SUPPORT FOR PARENTS/CARERS TO GAIN KNOWLEDGE AND STRATEGIES TO ENABLE THEM TO SUPPORT INDIVIDUALS WITH AUTISTIC SPECTRUM DISORDER.-RAISING PUBLIC AWARENESS OF THE ISSUES AFFECTING INDIVIDUALS WITH AUTISTIC SPECTRUM DISORDER AND THEIR PARENTS/CARERS BOTH GENERALLY AND IN RELATION TO THEIR SOCIAL EXCLUSION THROUGH FUNDRAISING AND PUBLIC TRAINING/AWARENESS.-PROVIDING SMALL GRANTS TO LOCAL SCHOOLS/INDIVIDUALS TO PROVIDE SUPPORT/EQUIPMENT FOR AUTISTIC INDIVIDUALS.

Activities: SHINE for Autism provides support, information, group meetings, 1:1 support, workshops, recreational activities and small grants to individuals with autistic spectrum condition and their families in Cumbria. We also raise public awareness of issues affecting autistic individuals and their families through fundraising and public training/awareness.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** People With Disabilities

Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£3,545	£2,519	-	-
2024-04-05	£6,365	£918	-	-
2023-04-05	£3,068	£1,214	-	-
2022-04-05	£5,300	£717	-	-
2021-04-05	£410	£3,399	-	-

Trustees

Name	Role	Appointed
Jane Elizabeth McFie	Chair	2018-06-04
Bettina Nelda Montero		2018-06-04
Julie Craghill		2018-06-04
Shelagh Bernadette Cloudsdale		2018-06-04
Stephen John Evans		2018-06-04

SHINE FOR AUTISM

England & Wales - Charity number 1185018

Accounts



Trustees' Annual Report for the period

Period start date			Period end date				
From	06	April	2024	To	05	April	2025

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jane McFie	Chair		
2	Julie Craghill			
3	Stephen Evans			
4	Bettina Evans			
5	Shelagh Cloudsdale			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation' Model Constitution adopted on 23 rd August 2019
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation – Registered Charity No. 1185018
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed by current trustees as required.

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and receive no remuneration.

We have Trustee Role Descriptions, Code of Conduct, Acceptance Form and Declarations for New Trustees. They are also be given the latest copy of the Constitution, Annual Accounts Report, Treasurers Report and Trustee's Report for information.

We have procedures in place for Acceptance & Refusal of Donations, Complaints, Confidentiality, Conflict of Interest, Data Breach, Data Protection, Equal Opportunities, Financial Control, Fundraising, Grants, Harassment, Meetings, Photos & Images, Safeguarding Children, Safeguarding Vulnerable Adults and Social Media. Trustees receive copies of all procedures on induction.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit of individuals with Autistic Spectrum Disorder who are socially excluded from society, or parts of society in Cumbria, as a result of being autistic by the provision of services, resources, facilities, support and information for both them and their parents/carers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year we have complied with the Charity Commission's guidance in Section 4 of The Charities Act 2006 with regards to public benefit at our Trustee meetings. Our main activities are as follows:

- Providing resources, support and information for individuals with autistic spectrum disorder and their parents/carers.
- Providing the opportunity for parents/carers to meet in order to develop a mutual support network and enable sharing of skills, experience and knowledge within the group.
- Organising recreation facilities and opportunities for individuals with autistic spectrum disorder to develop social networks, friendships, peer groups and self-esteem.
- Providing workshops, online forums and 1:1 support for parents/carers to gain knowledge and strategies to enable them to support individuals with autistic spectrum disorder.
- Raising public awareness of the issues affecting individuals with autistic spectrum disorder and their parents/carers both generally and in relation to their social exclusion through fundraising and public training/awareness.
- Providing small grants to local individuals/schools to provide support/equipment for autistic individuals.

The focus of our activities this year has been to support parent/carers through our support groups, 1:1 support with an Autism Specialist, training and planning training/podcasts. We have also been concentrating on fundraising to enable us to achieve our future objectives.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

A great contribution is made by our trustees who have spent many hours supporting families in the area.

Without this time we would not be able to achieve any of our goals for the group.

Any surplus funds which are not likely to be needed are held for future activities, resources and training.

We have a Grant Procedure which sets out the criteria for selecting individuals/schools that are eligible to receive grants from SHINE.

The charity does not invest any of its money.

Summary of the main achievements of the charity during the year

May 24 – Keswick to Barrow and Coniston to Barrow walks took place. We had many walkers in both walks (t-shirt costs were £430.75 and refreshments for walkers £45.60). Keswick to Barrow raised £1,900.

Part of the grant for Stepping Stones Nursery for initial assessments with an autism practitioner was used (cost £120).

September 24 – We received an amazing donation from Millom Striders for £250.

October 24 – We were given some very generous donations from A Gibson from his mother's funeral (£315/£35/£515.18/£10).

We gave out vouchers for Alpaca walks to some of our young people (costs £100).

We began to organise our next set of parent/carer training and 1:1 support with Jemma Swales.

November 24 – Our Pamper Event took place and we raised £430 (costs were £168).

We sponsored Whitehaven Rugby kit to bring more awareness to our charity (costs £600).

Our parent/carer support groups restarted.

December 24 – We added a SHINE for Autism Christmas Tree in the local Christmas Tree Festival to raise awareness of our group.

January 25 – We have again entered joint teams into the Keswick to Barrow this year with Autus.

Heavy Horses CIC have chosen SHINE to be their asset locked charity.

Jemma Swales ran an 'Anxiety' training course for parent/carers and individuals (costs £200).

February 25 – SHINE have decided to donate £1,000 to Youthability out of our activity funds to enable young people with autism and other disabilities the chance to climb Blackcombe.

Jemma Swales ran a 'Food' training course for parent/carers and individuals (costs £200).

March 25 – Jemma Swales ran a 'Communication' training course for parent/carers and individuals (costs £200).

Jemma Swales also ran some parent/carer 1:1 sessions (costs £180).

User Feedback - In the financial year 2024-2025 we haven't received any complaints. We have received lots of verbal compliments with regards to the training courses that were run and many comments to join further training. People are very keen to see the Pamper Night fundraiser return next year.

Section E Financial review

Brief statement of the charity's policy on reserves

We hold cash at the bank of £15,692.77, there are currently no restricted funds (although we have £155 and £400 set aside for future grants and training). We have incoming invoices for Jemma Swales training (£800), website renewal (£360) and 1:1 Parent/carer autism support (£180). These funds are held for future activities and training. We aim to hold £1,000, but no more than £15,000 in reserve at year end. However, it is not necessary to have any reserves as we only use money that is available in our account.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been donations and fundraising. We rely on the local community for their continued support for both of these.

Expenditure this year has been used mainly toward fundraising, awareness and training.

The charity does not invest any of its money and it has no staff costs.

The charity does not hold any funds as a custodial trustee on behalf of others.

Section F Other optional information

Future Plans

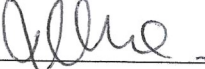
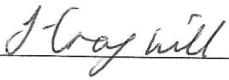
This coming year will see an emphasis on supporting autism acceptance in our community by promoting understanding through the Podcasts which will involve as many autistic individuals as possible, this has been an ongoing process which will be produced in 2025. We hope to reach a vast amount of local people this way and we hope it will also be accessible to communities further afield. We will continue to support parent/carers through workshops, support groups and 1:1 sessions. We will also be running more training to support parent/carers.

We will be looking into various funding routes and fundraising nights (if government guidelines allow for this).

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JANE MCFIE	JULIE CRAGHILL
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER
Date	08/07/2025	



Receipts and Payments Accounts

Period start date		Period end date					
From	06	04	2024	To	05	04	2025

CC16a

Charity name **SHINE for Autism**

Registered charity number (if any) **1185018**

Section A – Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
A1 Receipts					
Grants and Donations	£1,155.18	-	-	£1,155.18	£3,000.00
Fundraising	-	-	-	-	-
CGP Grant	-	-	-	-	-
Interest	-	-	-	-	-
Pamper Event	£430.00	-	-	£430.00	£2,215.00
K2B	£1,900.00	-	-	£1,900.00	£1,150.00
Toy/Parent Donation	£60.00	-	-	£60.00	-
Sub Total	£3,545.18	-	-	£3,545.18	£6,365.00
A2 Assets and Investment Sales, etc	-	-	-	-	-
Total Receipts	£3,545.18	-	-	£3,545.18	£6,365.00
A3 Payments					
Activity Costs	£100.00	-	-	£100.00	-
Training	£800.00	-	-	£800.00	-
CGP Grant	-	-	-	-	-
Administration	£184.24	-	-	£184.24	£178.68
Fundraising	£495.92	-	-	£495.92	£173.29
Pamper Event	£168.44	-	-	£168.44	£139.89
Copeland Grant	-	-	-	-	-
Awareness	£650.00	-	-	£650.00	£51.23
Grants/Donations	£120.00	-	-	£120.00	£375.00
Sub Total	£2,518.60	-	-	£2,518.60	£918.09
A4 Asset and Investment Purchases, etc	-	-	-	-	-
Total Payments	£2,518.60	-	-	£2,518.60	£918.09

<i>Net of receipts/(payment)</i>	£1,026.58	-	-	£1,026.58	£5,446.91
A5 Transfers Between Funds	-	-	-	-	-
A6 Cash Funds Last Year End	£14,666.19	-	-	£14,666.19	£9,219.28
Cash funds this year end	£15,692.77	-	-	£15,692.77	£14,666.19

Section B – Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest	Restricted funds to the nearest	Endowment funds to the nearest
		£	£	£
B1 Cash Funds	<i>Cash at bank</i>	£15,692.77	£0.00	£0.00
	Total cash funds	£15,692.77	£0.00	£0.00
	(agree balances with receipts and payment account(s))			
B2 Other Monetary Assets				
B3 Investment Assets		Fund to which assets belong	Cost (optional)	Current value (optional)
B4 Assets Retained For The Charity's Own Use	Sensory Equipment / Disability Aids	Unrestricted		
	Podcast Equipment	Unrestricted		
	Administrative / Promotional Items	Unrestricted		
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)

Notes - The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

Signed by one or two trustees on behalf of all the trustees

Signature
<i>J. Craghill</i>
<i>Jane</i>

Print Name
JULIE CRAGHILL
JANE MCFIE

Date of approval
23/06/25
08/07/25

SHINE FOR AUTISM

England & Wales - Charity number 1185018

Accounts



Trustees' Annual Report for the period

Period start date

Period end date

06 April 2023

05 April 2024

From

To

Section A Reference and administration details

Charity name SHINE for Autism

Other names charity is known by SHINE

Registered charity number (if any) 1185018

Charity's principal address 4 Devonshire Road

Millom

Cumbria

Postcode

LA18 4JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jane McFie	Chair		
2	Julie Craghill			
3	Stephen Evans			
4	Bettina Evans			
5	Shelagh Cloudsdale			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

Foundation' Model Constitution adopted on 23rd August 2019

How the charity is constituted

Charitable Incorporated Organisation – Registered Charity No. 1185018

Trustee selection methods

Trustees are appointed by current trustees as required.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and receive no remuneration.

We have Trustee Role Descriptions, Code of Conduct, Acceptance Form and Declarations for New Trustees. They are also be given the latest copy of the Constitution, Annual Accounts Report, Treasurers Report and Trustee's Report for information.

We have procedures in place for Acceptance & Refusal of Donations, Complaints, Confidentiality, Conflict of Interest, Data Breach, Data Protection, Equal Opportunities, Financial Control, Fundraising, Grants, Harassment, Meetings, Photos & Images, Safeguarding Children, Safeguarding Vulnerable Adults and Social Media. Trustees receive copies of all procedures on induction.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit of individuals with Autistic Spectrum Disorder who are socially excluded from society, or parts of society in Cumbria, as a result of being autistic by the provision of services, resources, facilities, support and information for both them and their parents/carers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year we have complied with the Charity Commission's guidance in Section 4 of The Charities Act 2006 with regards to public benefit at our Trustee meetings. Our main activities are as follows:

- Providing resources, support and information for individuals with autistic spectrum disorder and their parents/carers.
- Providing the opportunity for parents/carers to meet in order to develop a mutual support network and enable sharing of skills, experience and knowledge within the group.
- Organising recreation facilities and opportunities for individuals with autistic spectrum disorder to develop social networks, friendships, peer groups and self-esteem.
- Providing workshops, online forums and 1:1 support for parents/carers to gain knowledge and strategies to enable them to support individuals with autistic spectrum disorder.
- Raising public awareness of the issues affecting individuals with autistic spectrum disorder and their parents/carers both generally and in relation to their social exclusion through fundraising and public training/awareness.
- Providing small grants to local individuals/schools to provide support/equipment for autistic individuals.

The focus of our activities this year has been to support parent/carers through our online support and planning training/podcasts. We have also been concentrating on fundraising to enable us to achieve our future objectives.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

A great contribution is made by our trustees who have spent many hours supporting families in the area.

Without this time we would not be able to achieve any of our goals for the group.

Any surplus funds which are not likely to be needed are held for future activities, resources and training.

We have a Grant Procedure which sets out the criteria for selecting individuals/schools that are eligible to receive grants from SHINE.

The charity does not invest any of its money.

Summary of the main achievements of the charity during the year

May 23 – Keswick to Barrow and Coniston to Barrow walks took place. We had many walkers in both walks (t-shirt costs were £29.77 and refreshments for walkers £57.52). Keswick to Barrow raised £1,150.

July 23 – We again gave an annual donation of £100 to the Community Track which will be running Wheels for All sessions in the future, making it inclusive for all.

Jemma Swales ran a 'Nurturing friendships' training course for parent/carers and individuals (cost £200).

Part of the grant for Stepping Stones Nursery for initial assessments with an autism practitioner was used (cost £275).

September 23 – Jemma Swales ran an 'Anxiety, meltdowns and shutdowns' training course for parent/carers and individuals (cost (£200)).

October 23 – Jemma Swales ran a 'Puberty and autism' training course for parent/carers and individuals (cost (£200)).

November 23 – Our Pamper Event took place and we raised £915 (costs were £225.89).

We were also given a generous donation of £3,000 from the Harbour Ladies Fundraisers.

Jemma Swales ran a 'Masking and autism in girls' training course for parent/carers and individuals (cost (£200)).

December 23 – We added a SHINE for Autism Christmas Tree in the local Christmas Tree Festival to raise awareness of our group (costs £51.23).

We also donated £50 to a charity tractor pull to raise awareness of our group.

January 24 – We have entered joint teams into the Keswick to Barrow this year with Autus.

February 24 – Discussions are going ahead with regards to the content of the Podcasts that will take place over the next few months. We are looking into using a studio for this and Caleb from Autus will be putting together the content and editing for us.

User Feedback - In the financial year 2023-2024 we haven't received any complaints. We have received lots of verbal compliments with regards to the training courses that have previously been run and many comments to join further training. People are very keen to see the Pamper Night fundraiser return next year.

Section E

Financial review

Brief statement of the charity's policy on reserves

We hold cash at the bank of £14,666.19, there are currently no restricted funds (although we have £275 and £400 set aside for future grants and training). We have incoming invoices for Jemma Swales training (£800), website renewal (£145.50) and donation for the tractor pull (£50). These funds are held for future activities and training. We aim to hold £1,000, but no more than £15,000 in reserve at year end. However, it is not necessary to have any reserves as we only use money that is available in our account.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been donations and fundraising. We rely on the local community for their continued support for both of these.

Expenditure this year has been used mainly toward fundraising and training.

The charity does not invest any of its money and it has no staff costs.

The charity does not hold any funds as a custodial trustee on behalf of others.

Section F

Other optional information

Future Plans

This coming year will see an emphasis on supporting autism acceptance in our community by promoting understanding through the Podcasts which will involve as many autistic individuals as possible, this has been an ongoing process which will be produced in 2024. We hope to reach a vast amount of local people this way and we hope it will also be accessible to communities further afield. We will continue to support parent/carers through workshops and support groups. We will also be running more training to support parent/carers.

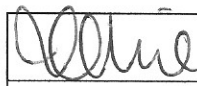
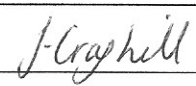
We will be looking into various funding routes and fundraising nights (if government guidelines allow for this).

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JANE MCPIE	JULIE CRAGHILL
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER.
Date	9/5/24.	



Receipts and Payments Accounts

Period start date

Period end date

CC16a

From

06 04 2023

To

05 04 2024

Charity name SHINE for Autism

Registered charity number (if any) 1185018

Section A – Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
A1 Receipts					
Grants and Donations	£3,000.00	-	-	£3,000.00	£615.00
Fundraising	-	-	-	-	-
CGP Grant	-	-	-	-	-
Interest	-	-	-	-	-
Pamper Event	£2,215.00	-	-	£2,215.00	-
K2B	£1,150.00	-	-	£1,150.00	£2,453.00
Sensory Box/Toys	-	-	-	-	-
Sub Total	£6,365.00			£6,365.00	£3,068.00
A2 Assets and Investment Sales, etc					
	-	-	-	-	-
Total Receipts	£6,365.00			£6,365.00	£3,068.00

A3 Payments

Activity Costs	-	-	-	-	£202.09
Training	-	-	-	-	£243.17
CGP Grant	-	-	-	-	-
Administration	£178.68	-	-	£178.68	£33.18
Fundraising	£173.29	-	-	£173.29	£174.86
Pamper Event	£139.89	-	-	£139.89	£237.07
Copeland Grant	-	-	-	-	-
Awareness	£51.23	-	-	£51.23	£72.69
Grants/Donations	£375.00	-	-	£375.00	£251.00
Sub Total	£918.09			£918.09	£1,214.06

A4 Asset and Investment Purchases, etc

Total Payments

£918.09

-

-

£918.09

£1,214.06



<i>Net of receipts/(payment)</i>	£5,446.91	-	-	£5,446.91	£1,853.94
A5 Transfers Between Funds	-	-	-	-	-
A6 Cash Funds Last Year End	£9,219.28	-	-	£9,219.28	£7,365.34
<i>Cash funds this year end</i>	£14,666.19	-	-	£14,666.19	£9,219.28

Section B – Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash Funds	<i>Cash at bank</i>	£14,666.19	£0.00	£0.00
	<i>Total cash funds</i>	£14,666.19	£0.00	£0.00
	(agree balances with receipts and payment account(s))			
B2 Other Monetary Assets				
		Fund to which assets belong	Cost (optional)	Current value (optional)
B3 Investment Assets				
		Fund to which assets belong	Cost (optional)	Current value (optional)
B4 Assets Retained For The Charity's Own Use	Sensory Equipment / Disability Aids	Unrestricted		
	Podcast Equipment	Unrestricted		
	Administrative / Promotional Items	Unrestricted		
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Notes - The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

Signed by one or two trustees on behalf of all the trustees

Signature 


Print Name JANE MCNE.
SULIE CRAMILL

Date of approval 9/5/24.
9/5/24

SHINE FOR AUTISM

England & Wales - Charity number 1185018

Accounts

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

Foundation' Model Constitution adopted on 23rd August 2019

How the charity is constituted

Charitable Incorporated Organisation – Registered Charity No. 1185018

Trustee selection methods

Trustees are appointed by current trustees as required.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and receive no remuneration.

We have Trustee Role Descriptions, Code of Conduct, Acceptance Form and Declarations for New Trustees. They are also be given the latest copy of the Constitution, Annual Accounts Report, Treasurers Report and Trustee's Report for information.

We have procedures in place for Acceptance & Refusal of Donations, Complaints, Confidentiality, Conflict of Interest, Data Breach, Data Protection, Equal Opportunities, Financial Control, Fundraising, Grants, Harassment, Meetings, Photos & Images, Safeguarding Children, Safeguarding Vulnerable Adults and Social Media. Trustees receive copies of all procedures on induction.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit of individuals with Autistic Spectrum Disorder who are socially excluded from society, or parts of society in Cumbria, as a result of being autistic by the provision of services, resources, facilities, support and information for both them and their parents/carers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year we have complied with the Charity Commission's guidance in Section 4 of The Charities Act 2006 with regards to public benefit at our Trustee meetings. Our main activities are as follows:

- Providing resources, support and information for individuals with autistic spectrum disorder and their parents/carers.
- Providing the opportunity for parents/carers to meet in order to develop a mutual support network and enable sharing of skills, experience and knowledge within the group.
- Organising recreation facilities and opportunities for individuals with autistic spectrum disorder to develop social networks, friendships, peer groups and self-esteem.
- Providing workshops, online forums and 1:1 support for parents/carers to gain knowledge and strategies to enable them to support individuals with autistic spectrum disorder.
- Raising public awareness of the issues affecting individuals with autistic spectrum disorder and their parents/carers both generally and in relation to their social exclusion through fundraising and public training/awareness.
- Providing small grants to local individuals/schools to provide support/equipment for autistic individuals.

The focus of our activities this year has been to support parent/carers through our online support and planning training/podcasts. We have also been concentrating on fundraising to enable us to achieve our future objectives.

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

A great contribution is made by our trustees who have spent many hours supporting families in the area.

Without this time we would not be able to achieve any of our goals for the group.

Any surplus funds which are not likely to be needed are held for future activities, resources and training.

We have a Grant Procedure which sets out the criteria for selecting individuals/schools that are eligible to receive grants from SHINE.

The charity does not invest any of its money.

Summary of the main achievements of the charity during the year

April 22 – Support groups continued. SHINE for Autism was involved with Wheels for All, supporting their taster days.

May 22 – Keswick to Barrow and Coniston to Barrow walks took place. We had many walkers in both walks including one of our trustees (t-shirt costs were £174.86). We also hosted a Sensory workshop for parent/carers with Hanna Munroe Occupational Therapist (venue and drinks cost £43.17).

July 22 – We again gave an annual donation of £100 to the Community Track which will be running Wheels for All sessions in the future, making it inclusive for all. We produced 18 Messy Play at Home bags for parent/carers for the summer holidays (cost to produce £186.10).

September 22 – SHINE paid an individual grant for a weighted and lap pad, the cost of which was £151.

October 22 – Jemma Swales ran another 'Introduction to Autism' session for individuals, businesses, organisations and parent/carers (Cost £200). SHINE also procured a Sleep workshop from A Stitch Different CIC (Cost £400), this will take place in 2023.

November 22 – We received a donation from Freddie Gribbin who raised £605 from his penny for the guy.

We awarded Stepping Stones Nursery £550 for initial assessments with an autism practitioner for some of their children who have autistic traits to help put in place strategies that will help them thrive. Our Pamper Event took place and we raised £1,124.98.

December 22 – We added a SHINE for Autism Christmas Tree in the local Christmas Tree Festival to raise awareness of our group.

March 23 – Discussions are ongoing with regards to the content of the Podcasts that will take place over the next few months. The equipment has been tested and everything works well.

User Feedback - In the financial year 2022-2023 we haven't received any complaints. We have received lots of verbal compliments with regards to the training courses that have previously been run and many comments to join further training. People are very keen to see the Pamper Night fundraiser return next year.

Section E

Financial review

Brief statement of the charity's policy on reserves

We hold cash at the bank of £9,219.28, there are currently no restricted funds (although we have £550 and £400 set aside for future grants and training). We have no outstanding outgoing or incoming invoices. These funds are held for future activities and training. We aim to hold £1,000, but no more than £10,000 in reserve at year end. However, it is not necessary to have any reserves as we only use money that is available in our account.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been donations and fundraising. We rely on the local community for their continued support for both of these.

Expenditure this year has been used mainly toward fundraising.

The charity does not invest any of its money and it has no staff costs.

The charity does not hold any funds as a custodial trustee on behalf of others.

Section F

Other optional information

Future Plans

This coming year will see an emphasis on supporting autism acceptance in our community by promoting understanding through the Podcasts which will involve as many autistic individuals as possible. We hope to reach a vast amount of local people this way and we hope it will also be accessible to communities further afield. We will continue to support parent/carers through workshops and support groups. We will also be running more training to support parent/carers.

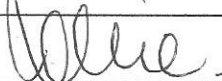
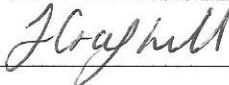
We will be looking into various funding routes and fundraising nights (if government guidelines allow for this).

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	J. MCFIE	J. CRAIGHILL
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER
Date	02/10/23	



Receipts and Payments Accounts

Period start date

Period end date

CC16a

From 06 04 2022 To 05 04 2023

Charity name SHINE for Autism

Registered charity number (if any) 1185018

Section A – Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
A1 Receipts					
Grants and Donations	£615.00	-	-	£615.00	£671.00
Fundraising	-	-	-	-	£500.00
CGP Grant	-	-	-	-	-
Interest	-	-	-	-	-
Pamper Event	-	-	-	-	£1,120.00
K2B	£2,453.00	-	-	£2,453.00	£3,009.00
Sensory Box/Toys	-	-	-	-	-
Sub Total	£3,068.00			£3,068.00	£5,300.00
A2 Assets and Investment Sales, etc	-	-	-	-	-
Total Receipts	£3,068.00			£3,068.00	£5,300.00
A3 Payments					
Activity Costs	£202.09	-	-	£202.09	-
Training	£243.17	-	-	£243.17	-
CGP Grant	-	-	-	-	-
Administration	£33.18	-	-	£33.18	£178.68
Fundraising	£174.86	-	-	£174.86	£66.50
Pamper Event	£237.07	-	-	£237.07	£173.65
Copeland Grant	-	-	-	-	-
Awareness	£72.69	-	-	£72.69	£198.24
Grants/Donations	£251.00	-	-	£251.00	£100.00
Sub Total	£1,214.06			£1,214.06	£717.07
A4 Asset and Investment Purchases, etc	-	-	-	-	-
Total Payments	£1,214.06			£1,214.06	£717.07

<i>Net of receipts/(payment)</i>	£1,853.94	-	-	£1,853.94	£4,582.93
A5 Transfers Between Funds	-	-	-	-	-
A6 Cash Funds Last Year End	£7,365.34	-	-	£7,365.34	£2,782.41
<i>Cash funds this year end</i>	£9,219.28	-	-	£9,219.28	£7,365.34

Section B – Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash Funds	<i>Cash at bank</i>	£9,219.28	£0.00	£0.00
	<i>Total cash funds</i>	£9,219.28	£0.00	£0.00
	(agree balances with receipts and payment account(s))			
B2 Other Monetary Assets				
B3 Investment Assets				
B4 Assets Retained For The Charity's Own Use	Sensory Equipment / Disability Aids	Unrestricted		
	Podcast Equipment	Unrestricted		
	Administrative / Promotional Items	Unrestricted		
B5 Liabilities				

Notes - The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

Signed by one or two trustees on behalf of all the trustees

Signature
J. Craghill
S. Cloudsdale

Print Name
J. CRAGHILL
S. Cloudsdale

Date of approval
02/10/23
02/10/23

SHINE FOR AUTISM

England & Wales - Charity number 1185018

Accounts



Trustees' Annual Report for the period

Period start date
From 06 April 2021 **To** 05 April 2022
 Period end date

Section A Reference and administration details

Charity name SHINE for Autism

Other names charity is known by SHINE

Registered charity number (if any) N/A

Charity's principal address

4 Devonshire Road
 Millom
 Cumbria
 Postcode LA18 4JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jane McFie	Chair		
2	Julie Craghill			
3	Stephen Evans			
4	Bettina Evans			
5	Shelagh Cloudsdale			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	Foundation' Model Constitution adopted on 23 rd August 2019
How the charity is constituted	Charitable Incorporated Organisation – Registered Charity No. 1185018
Trustee selection methods	Trustees are appointed by current trustees as required.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and receive no remuneration.

We have Trustee Role Descriptions, Code of Conduct, Acceptance Form and Declarations for New Trustees. They are also be given the latest copy of the Constitution, Annual Accounts Report, Treasurers Report and Trustee's Report for information.

We have procedures in place for Acceptance & Refusal of Donations, Complaints, Confidentiality, Conflict of Interest, Data Breach, Data Protection, Equal Opportunities, Financial Control, Fundraising, Grants, Harassment, Meetings, Photos & Images, Safeguarding Children, Safeguarding Vulnerable Adults and Social Media. Trustees receive copies of all procedures on induction.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit of individuals with Autistic Spectrum Disorder who are socially excluded from society, or parts of society in Cumbria, as a result of being autistic by the provision of services, resources, facilities, support and information for both them and their parents/carers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our Trustee meetings. Our main activities are as follows:

- Providing resources, support and information for individuals with autistic spectrum disorder and their parents/carers.
- Providing the opportunity for parents/carers to meet in order to develop a mutual support network and enable sharing of skills, experience and knowledge within the group.
- Organising recreation facilities and opportunities for individuals with autistic spectrum disorder to develop social networks, friendships, peer groups and self-esteem.
- Providing workshops, online forums and 1:1 support for parents/carers to gain knowledge and strategies to enable them to support individuals with autistic spectrum disorder.
- Raising public awareness of the issues affecting individuals with autistic spectrum disorder and their parents/carers both generally and in relation to their social exclusion through fundraising and public training/awareness.
- Providing small grants to local individuals/schools to provide support/equipment for autistic individuals.

The focus of our activities this year has been to support parent/carers through our online support and planning for after the pandemic. We have also been concentrating on fundraising to enable us to achieve our future objectives.

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

A great contribution is made by our trustees who have spent many hours supporting families in the area.

Without this time we would not be able to achieve any of our goals for the group.

Any surplus funds which are not likely to be needed are held for future activities, resources and training.

We have a Grant Procedure which sets out the criteria for selecting individuals/schools that are eligible to receive grants from SHINE.

The charity does not invest any of its money.

Summary of the main achievements of the charity during the year

April 21 – Due to the pandemic SHINE has again been limited in our activities this year.

June 21 – We received a £200 donation from Ros and £100 donation from John.

August 21 – We had a 100 number square fundraiser and made £250 for the group.

September 21 – The postponed 2020 Keswick to Barrow and Coniston to Barrow walks took place. Our walkers raised a massive £2,359. We also donated £100 to the Community Track which will be running Wheels for All sessions in the future, making it inclusive for all.

November 21 – Our Pamper Event took place and we raised nearly £900.

December 21 – We had a 100 number square fundraiser and made £250 for the group.

February 22 – There were some additional discussions with wheels for all who are hoping to hold a taster sessions in May.

March 22 – Discussions are ongoing with regards to the content of the Podcasts that will take place over the next few months. The equipment has been tested and everything works well.

Our parent/carer support group catch ups started back this month.

Section E

Financial review

Brief statement of the charity's policy on reserves

We hold cash at the bank of £7,365.24, there are currently no restricted funds. These funds are held for future activities and training. We aim to hold £1,000, but no more than £10,000 in reserve at year end. However, it is not necessary to have any reserves as we only use money that is available in our account.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been donations and fundraising. We rely on the local community for their continued support for both of these.

Expenditure this year has been used mainly toward fundraising.

The charity does not invest any of its money and it has no staff costs.

Section F

Other optional information

Future Plans

This coming year will see an emphasis on supporting autism acceptance in our community by promoting understanding through the Podcasts which will involve as many autistic individuals as possible. We hope to reach a vast amount of local people this way and we hope it will also be accessible to communities further afield. We will continue to support parent/carers through workshops and support groups. We will also be running activities through the holidays to encourage peer relationships between our young people.


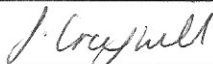
We will be looking into various funding routes and fundraising nights (if government guidelines allow for this).

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JANE MCFIE	JULIE CRAGHILL
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER
Date	13/05/22	



Receipts and Payments Accounts

Period start date

Period end date

CC16a

From

06 04 21

To

05 04 2022

Charity name SHINE for Autism

Registered charity number (if any) N/A

Section A - Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
A1 Receipts					
<i>Grants and Donations</i>	£671.00	-	-	£671.00	110.00
<i>Fundraising</i>	£500.00	-	-	£500.00	-
<i>CGP Grant</i>	-	-	-	-	300.00
<i>Interest</i>	-	-	-	-	-
<i>Pamper Event</i>	£1,120.00	-	-	£1,120.00	-
<i>K2B / Manc Run</i>	£3,009.00	-	-	£3,009.00	-
<i>Sensory Box/Toys</i>	-	-	-	-	-
Sub Total	£5,300.00	-	-	£5,300.00	410.00
A2 Assets and Investment Sales, etc					
	-	-	-	-	-
Total Receipts	£5,300.00	-	-	£5,300.00	410.00
A3 Payments					
<i>Activity Costs</i>	-	-	-	-	-
<i>Training</i>	-	-	-	-	425.00
<i>CGP Grant</i>	-	-	-	-	299.00
<i>Administration</i>	£178.68	-	-	£178.68	241.65
<i>Fundraising</i>	£66.50	-	-	£66.50	-
<i>Pamper Event</i>	£173.65	-	-	£173.65	-
<i>Copeland Grant</i>	-	-	-	-	1,220.48
<i>Awareness</i>	£198.24	-	-	£198.24	462.60
<i>Grants/Donations</i>	£100.00	-	-	£100.00	750.00
Sub Total	£717.07	-	-	£717.07	3,398.73
A4 Asset and Investment Purchases, etc					
	-	-	-	-	-

Total Payments	£717.07	-	-	£717.07	3,398.73
Net of receipts/ (payment)	£4,582.93	-	-	£4,582.93	-2988.73
A5 Transfers Between Funds	-	-	-	-	-
A6 Cash Funds Last Year End	£2,782.41	-	-	£2,782.41	5,771.14
Cash funds this year end	£7,365.34	-	-	£7,365.34	2,782.41

Section B - Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash Funds	<i>Cash at bank</i>	£7,365.34	£0.00	£0.00
	Total cash funds	£7,365.34	£0.00	£0.00
	(agree balances with receipts and payment account(s))			
B2 Other Monetary Assets				
B3 Investment Assets				
B4 Assets Retained For The Charity's Own Use	Sensory Equipment / Disability Aids	Unrestricted		
	Podcast Equipment	Unrestricted		
	Administrative / Promotional Items	Unrestricted		

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Notes - The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.

SHINE FOR AUTISM

England & Wales - Charity number 1185018

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	06	April	2020		05	April	2021

Section A Reference and administration details

Charity name SHINE for Autism

Other names charity is known by SHINE

Registered charity number (if any) N/A

Charity's principal address

4 Devonshire Road
Millom
Cumbria
Postcode LA18 4JF

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Jane McFie	Chair		
2 Julie Craghill			
3 Stephen Evans			
4 Bettina Evans			
5 Shelagh Cloudsdale			
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18			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Foundation' Model Constitution adopted on 23rd August 2019

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation – Registered Charity No. 1185018

Trustee selection methods
(eg. appointed by, elected by)

Trustees are appointed by current trustees as required.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All trustees give their time voluntarily and receive no remuneration.

We have Trustee Role Descriptions, Code of Conduct, Acceptance Form and Declarations for New Trustees. They are also be given the latest copy of the Constitution, Annual Accounts Report, Treasurers Report and Trustee's Report for information.

We have procedures in place for Acceptance & Refusal of Donations, Complaints, Confidentiality, Conflict of Interest, Data Breach, Data Protection, Equal Opportunities, Financial Control, Fundraising, Grants, Harassment, Meetings, Photos & Images, Safeguarding Children, Safeguarding Vulnerable Adults and Social Media. Trustees receive copies of all procedures on induction.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit of individuals with Autistic Spectrum Disorder who are socially excluded from society, or parts of society in Cumbria, as a result of being autistic by the provision of services, resources, facilities, support and information for both them and their parents/carers.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our Trustee meetings. Our main activities are as follows:

- Providing resources, support and information for individuals with autistic spectrum disorder and their parents/carers.
- Providing the opportunity for parents/carers to meet in order to develop a mutual support network and enable sharing of skills, experience and knowledge within the group.
- Organising recreation facilities and opportunities for individuals with autistic spectrum disorder to develop social networks, friendships, peer groups and self-esteem.
- Providing workshops, online forums and 1:1 support for parents/carers to gain knowledge and strategies to enable them to support individuals with autistic spectrum disorder.
- Raising public awareness of the issues affecting individuals with autistic spectrum disorder and their parents/carers both generally and in relation to their social exclusion through fundraising and public training/awareness.
- Providing small grants to local individuals/schools to provide support/equipment for autistic individuals.

The focus of our activities this year has been to support parent/carers through our online support and by supplying sensory items/visual schedules that could be used at home during the Covid 19 National Lockdown. We have also been supporting the community with a donation towards Stepping Stones Nursery so that they could continue to support autistic children during the pandemic.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

A great contribution is made by our trustees who have spent many hours supporting families in the area.

Without this time we would not be able to achieve any of our goals for the group.

Any surplus funds which are not likely to be needed are held for future activities, resources and training.

We have a Grant Procedure which sets out the criteria for selecting individuals/schools that are eligible to receive grants from SHINE.

The charity does not invest any of its money.

Summary of the main achievements of the charity during the year

April 20 - Due to the National Lockdown SHINE has been limited in our activities this year. However, during April we distributed many Hidden Disability sunflower lanyards and exercise cards allowing autistic individuals the chance to exercise more often during lockdown (as per government guidelines).

SHINE also provided Stepping Stones Nursery with a grant for £750 to help provide 1:1 support to several autistic children who have continued to attend the nursery during the pandemic.

SHINE received a £50 donation from M Wren from a Fun Run.

June 20 - Following on from the Hidden Disability sunflower lanyards and changes to government guidelines, SHINE ordered and distributed face covering exemption cards for those individuals that required them.

Both the Keswick to Barrow and Great North Run have been rescheduled for September 2021.

November 20 - As last year's Pamper/Shopping Evening went so well, we decided to hold a Virtual Shopping Event which was again a huge success.

December 20 - Discussions were ongoing with regards to the content of the Podcasts that will take place in a few months.

The Podcast equipment was purchased from the CGP Grant as well as a Laptop from the Copeland Community Fund Grant. The laptop was purchased due to SHINE having to repurpose the PDA Conference funding because of the pandemic.

A donation of £100 was received from John Mcglaughlan in lieu of sending Christmas cards.

January 21 - A projector and screen was purchased from the Copeland Community Grant.

A donation of £200 was received from Rosalind Twiname from selling handmade stuffed animals.

During the pandemic SHINE have also continued to distribute sensory bags and visual schedules to any individuals who have required them.

Brief statement of the charity's policy on reserves

We hold cash at the bank of £2,782.41, there are currently no restricted funds. These funds are held for future activities and training. We aim to hold £1,000, but no more than £10,000 in reserve at year end. However, it is not necessary to have any reserves as we only use money that is available in our account.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been donations and fundraising, although both of these have been affected by the pandemic. We rely on the local community for their continued support for both of these.

Expenditure this year has been used mainly toward supporting the community through grants. We have also purchased equipment which will be used for our Podcast project in the future.

The charity does not invest any of its money and it has no staff costs.

Future Plans

This coming year will see an emphasis on supporting autism acceptance in our community by promoting understanding through the Podcasts. We hope to reach a vast amount of local people this way and we hope it will also be accessible to communities further afield. We will continue to support parent/carers through workshops and support groups. We will also be running activities through the holidays to encourage peer relationships between our young people.

We will be looking into various funding routes and fundraising nights (if government guidelines allow for this).

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date



Receipts and Payments Accounts

Period start date

Period end date

CC16a

From

06 04 20

To

05 04 2021

Charity name SHINE for Autism

Registered charity number (if any) N/A

Section A - Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last Year to the nearest £
A1 Receipts					
<i>Grants and Donations</i>	110.00	-	-	110.00	7,687.73
<i>Administration</i>	-	-	-	-	-
<i>Fundraising</i>	-	-	-	-	427.00
<i>CGP Grant</i>	-	300.00	-	300.00	-
<i>Interest</i>	-	-	-	-	-
<i>Pamper Event</i>	-	-	-	-	445.00
<i>Copeland Grant</i>	-	-	-	-	1,180.00
<i>Sensory Box/Toys</i>	-	-	-	-	517.00
Sub Total	110.00	300.00	-	410.00	10,256.73
A2 Assets and Investment Sales, etc	-	-	-	-	-
Total Receipts	110.00	300.00	-	410.00	10,256.73
A3 Payments					
<i>Activity Costs</i>	-	-	-	-	223.09
<i>Training</i>	425.00	-	-	425.00	1,115.80
<i>CGP Grant</i>	-	299.00	-	299.00	172.70
<i>Administration</i>	241.65	-	-	241.65	1,512.12
<i>Fundraising</i>	-	-	-	-	404.89
<i>Copeland Grant</i>	39.48	1,181.00	-	1,220.48	-
<i>Awareness</i>	462.60	-	-	462.60	144.60
<i>SHINE Grants</i>	750.00	-	-	750.00	6,061.75
Sub Total	1,918.73	1,480.00	-	3,398.73	9,634.95
A4 Asset and Investment Purchases, etc	-	-	-	-	-

Total Payments	1,918.73	1,480.00	-	3,398.73	9,634.95
Net of receipts/ (payment)	-1,808.73	-1,180.00	-	-2,988.73	621.78
A5 Transfers Between Funds	-	-	-	-	-
A6 Cash Funds Last Year End	4,591.14	1,180.00	-	5,771.14	5,149.36
Cash funds this year end	2,782.41	0.00	-	2,782.41	5,771.14

Section B - Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash Funds	<i>Cash at bank</i>	2,782.41	0.00	
	Total cash funds	2,782.41	0.00	
	(agree balances with receipts and payment account(s))			
B2 Other Monetary Assets				
B3 Investment Assets				
B4 Assets Retained For The Charity's Own Use	Sensory Equipment / Disability Aids	Unrestricted		
	Podcast Equipment	Unrestricted		
	Administrative / Promotional Items	Unrestricted		

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Notes - The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on assets of the CIO.