

MURRAY FAMILY FOUNDATION
CHARITY COMMISSION REGISTERED NO. 1184997

STATEMENT OF ACCOUNTS
for the year ended
31 August 2024

MURRAY FAMILY FOUNDATION

Charity Information

Charity number: 1184997

Registered Office

Panthera Private Office LLP
Aldermay House
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London
EC4N 1TX

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Trustees

James Murray
Natasha Murray
Simon James Russell

Chair

Bankers

Metro Bank
One Southampton Row
London
WC1B 5HA

Independent Examiner

K.J. Maggs B.A, F.C.A.
Hoekman Way
Spalding
PE11 3HE

MURRAY FAMILY FOUNDATION
Annual Report
for the year ended 31 August 2024

The Murray Family Foundation was formed by constitution dated 21 January 2019 and was registered in England and Wales as a Charitable Incorporated Organisation on the 21 August 2019 with charity registered number 1184997.

The objects of the charity are to relieve the needs of persons suffering from mental health conditions, in particular by providing grants to organisations and/or charities working to relieve the needs of such people, and funding research into the prevention, causes, treatment and care of mental health conditions.

The charity uses funds to support the promotion of public education and research into mental health problems. It offers to support the relief of persons suffering from mental health, preserve and protect the mental health of persons and relieve poverty among families of persons suffering from mental health problems.

Trustees

The trustees who are also the members and served the charity during the period are detailed on Page 1.

New trustees are appointed by the current trustees from people over 16 who have shown a keen interest in the work of the charity and have abilities required on the governing body.

The board shall consist of at least three trustees and at least one of the trustees must be 18 years of age or over. When they are inducted the trustees are presented with a current copy of the constitution and latest annual report and financial statements.

Trustees responsibilities

The Trustees are required to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Charity and of its income and expenditure for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011.

Public benefit

The trustees consider that the objectives and activities of the charity are in accordance with the Charity Commissions' general guidance on public benefit. The details of public benefit are covered within other areas of this report especially under the heading of 'Achievements, performance and developments'.

The foundation makes grants to charities, or other organisations working to advance charitable purposes, which gives benefit to everyone regardless of age, ability, creed or ethnic origin.

Financial review

The results for the charity for the financial year are detailed on pages 6 to 8.

At the period end the charity had received funds which had yet to be distributed. There are worthwhile causes which the trustees are considering worthy of support and meeting the charity objects.

MURRAY FAMILY FOUNDATION
Annual Report (continued)
for the year ended 31 August 2024

Achievements, performance and developments

The foundation has generated income and awarded grants under its formal Grant making policy as shown within the financial statements. The charity has been able to offer support the following main charities.

- **Charlie Waller Memorial Trust** - is a UK registered charity which gives free mental health training to schools; reaching thousands of pupils, teachers and parents. It provides training to universities, workplaces, GPs and nurses, encouraging those who may be too depressed to seek help and raises awareness of depression and other mental health issues, particularly among young people, helping them take care of their emotional wellbeing and fighting the associated stigma.
- **Hampshire Medical Fund** - is a UK registered charity, which buys cutting-edge medical equipment for Basingstoke, Winchester and Andover hospitals to assist them with the ever increasing burden of funding requirements on the NHS. The charity's work is increasingly necessary to help enable the Hampshire Hospitals to provide the best possible care for patients and putting our Hampshire NHS Trust at the forefront of clinical excellence.

By supplying pioneering equipment to our hospitals, the Hampshire Medical Fund aids the Hampshire NHS Trust in being able to attract and retain the best consultants, junior doctors, nurses and therapists to care for the community of Hampshire.

- **I Can and I Am's** mission is to ignite self-belief and self-confidence in young people. The charity supports teachers, parents and businesses to create environments that nurture healthy self-esteem, develop self-confidence and positive self-talk, and foster a sense of belonging.

I Can and I Am Ltd is a charity registered in England and Wales, charity number 1163075 and they operate through simple yet powerful tools, to help people recognise their inner strengths, embrace their individuality, develop a mindset that fosters growth and resilience and to learn how to face challenges

The charity has used funds to invest in a second bus from which their charitable activities focus on building self belief in young people and equipping parents and those in schools who work in positions of pastoral care. The services are provided free of charge to schools within the state sector. The work on board the bus enables small group work with a focus on the individual and embedding further the messages delivered within the presentations. The main focus of their work with the buses this year was to improve the offering and gauge for which age groups the workshops proved most impactful.

- **Nepal Youth Foundation UK** is another charity registered with the Charity Commission in England and Wales, registered number 1182261. The charity offer hope and opportunity to Nepal's most disadvantaged children by providing them with what is every child's birth right - vital healthcare, education and a nurturing home.
- **Blue Dragon Children's Foundation UK**, a charity registered in England and Wales, number 1165180 has a mission to end human trafficking. The aim is a world where every child grows up safe and loved; where we are all free from slavery and exploitation.

Blue Dragon finds children and young people in crisis situations: slavery, homelessness, and extreme poverty. They rescue people from danger, then work with them for the long-term so they can heal from trauma, injustice and disadvantage. Everything that they learn on the frontline is used in their advocacy to improve laws and policies protecting the vulnerable.

MURRAY FAMILY FOUNDATION
Annual Report (continued)
for the year ended 31 August 2024

Achievements, performance and developments (continued)

- **Breakthrough T1D** is the working name of **Juvenile Diabetes Research Foundation Limited**, a charity registered in England and Wales, number 295716 is part of an international network with a shared vision of a world without type 1 diabetes. In the UK, they fund research to cure, treat and prevent type 1 diabetes, work to accelerate the pace of research and the delivery of treatments and give support and a voice to children and adults living with type 1, and their families.

Type 1 diabetes (T1D) is a chronic autoimmune disease, which means that it does not go away. Anyone can be diagnosed with type 1 diabetes at any age, though it usually is diagnosed in childhood or adolescence. In T1D, the body's immune system attacks the insulin-producing cells in the pancreas. Insulin is an essential hormone that helps the body turn food into energy. People living with type 1 diabetes must take insulin by injection or insulin pump to survive. Living with T1D requires extra work, but with the right support and information, you or your loved one can lead a full and healthy life.

- **Yorkshire Air Ambulance** is a charity registered in England and Wales, number 1084305 provide, deliver and develop with integrity, transparency and pride, state-of-the-art emergency response air ambulances for the protection of human life across Yorkshire and its environs.

Yorkshire Air Ambulance helicopters fly seven days a week, 365 days a year. One helicopter flies with a crew consisting of a highly experienced Pilot, a qualified Technical Crew Member (TCM), a Consultant Doctor with experience in A&E with a specialism in Anaesthesiology, and two Specialist Critical Care Paramedics. The other helicopter flies with a highly experienced Pilot, a qualified TCM and two Specialist Critical Care Paramedics. Together, they form a highly skilled team that responds to those in urgent need or emergency care, starting their specialised treatment at the scene of an incident before they are transported to an appropriate major trauma centre or another hospital for further medical care.

Although the aforementioned charities are not always directly associated with mental health and wellbeing the impact that those charities have on the public does help those with such problems and alleviates others also.

Reserves policies

The trustees do not currently have a reserves policy but funding is sought and may build over a short period while the trustees consider applications for grants. Should a worthwhile cause arise which requires more funds than are currently available then grants will either be made in instalments or funds held until they are sufficient to meet the requirements.

Any funds held by the charity are retained in bank accounts with the providers shown on the charity information page. These funds are considered to be held in low risk accounts.

Risk assessment

The trustees have considered the major risks to which the charity is exposed and consider that those risks have currently been negligible. When the charity makes investments then it will need to re-address those risks and ensure that suitable mixes are used to mitigate risk.

The trustees do have a grant making policy which incorporates ensuring that the institutions to which grants are made are suitable and charitable in their own activities. The trustees have a policy to avoid direct individual contact with any vulnerable persons.

For and on behalf of the trustees:



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James Murray

Date: 18 March 2025

Independent Examiner's Report to the Trustees of MURRAY FAMILY FOUNDATION

I report to the charity on my examination of the accounts of the charity for the year ended 31 August 2024 which are set out on pages 6 to 8.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records, or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


K.J. Maggs B.A., F.C.A.
Chartered Accountants
Spalding

Date: 18 March 2025

MURRAY FAMILY FOUNDATION
Statement of Financial Activity
for the year ended 31 August 2024

	2024		2023	
	£	£	£	£
Incoming resources				
Donations received	-		30,000	
Gift Aid	-		7,500	
		-		37,500
Total incoming resources		-		37,500
Resources expended				
Grants made				
Charlie Waller Memorial Trust	5,000		3,000	
Hampshire Medical Fund	5,000		1,000	
I Can and I Am	5,000		-	
Nepal Youth Foundation	2,000		-	
Blue Dragon Children's Foundation UK	500		-	
Breakthrough T1D	500		-	
Yorkshire Air Ambulance	500		-	
Cancer Research UK	-		500	
Great Ormond Street Hospital	-		500	
Children's Charity	-		500	
Prostate Cancer UK	-		500	
The Brain Tumour Charity	-		500	
UK to Ukraine Appeal	-		500	
Other small grants	1,050		1,200	
		19,550		7,700
Support Costs				
Bank charges	360		360	
Independent examiners fees	715		695	
Professional Fees	1,535		1,465	
		2,610		2,520
Total resources expended		22,160		10,220
Net income		(22,160)		27,280
Cash funds brought forward		70,680		43,400
Cash funds carried forward		48,520		70,680

All activities undertaken related to unrestricted funds.

The notes on page 8 form a part of these accounts

MURRAY FAMILY FOUNDATION

Statement of Net Assets

at 31 August 2024

	2024	2023
	£	£
Cash deposits		
Cash at bank	48,520	70,680
Monetary assets	<u>48,520</u>	<u>70,680</u>
Creditors		
Professional fees	1,628	1,535
Independent examiner's fee	735	715
Monetary liabilities	<u>2,363</u>	<u>2,250</u>
Total net assets	<u>46,157</u>	<u>68,430</u>

These accounts were approved by the board on 18 March 2025



James Murray



S.J. Russell

The notes on page 8 form a part of these accounts

MURRAY FAMILY FOUNDATION
Notes to the Accounts
for the year ended 31 August 2024

1 Accounting policies

The financial statements have been prepared in accordance with the exemptions applicable under the Statement of Recommended Practice on Accounting by Charities and the Charities Act 2011.

The statements of financial activities has been prepared on a receipts and payments basis.

The statement of Net Assets shows the assets of the charity and any amounts due to or owed by the charity. The statement will not include any provisions for liabilities and charges. The trustees are of the opinion that should any significant matters occur prior to the year end, they will be disclosed within the notes of the accounts.

2. Trustees remuneration, expenses and control

There have been no remuneration or expenses paid to any of the trustees during the current or prior year.

The charity decisions are made by the trustees as a body and are detailed on page 1 of this report. No one trustee or group of trustees has a dominant control.

3. Related party transactions

All donations have been received from parties connected to the trustees.

There have been no other related party transactions during the current or prior year.