



Doctors in Distress

Charity Numbers: England & Wales (1184953) Scotland (SC049715)

Trustees' Annual Report & Financial Statements for the Year to 30 June 2023

**Prepared by Darren Cockburn and Ann Paul
(on behalf of the trustees)**

(26 March 2024)

Doctors in Distress

Trustees' Annual Report & Financial Statements

for the period from 01 July 2022 to 30 June 2023

Reference & Administration Details

Charity Details:

The Charity is constituted as a Charitable Incorporated Organisation (CIO in England & Wales, SCIO in Scotland)

Registered Numbers: England & Wales (1184953) Scotland (SC049715)

Address: 28 Stratford Way, Watford, Herts, WD17 3DJ

Type of Governing Document:

Foundation model constitution

Trustees during the Year

Dame Clare Gerada (Chair) (Resigned 1 July 2023)

Mr Amandip Sidhu (Vice-Chair)

Mr Darren Cockburn (Treasurer)

Mr Ali Esmaeili (Appointed 27 March 2023)

Mr Stephen Cohen

Dr Ananta Dave

Professor Subodh Dave

Dr Chaand Nagpaul (Appointed 27 March 2023)

Ms Fiorella Massey (Resigned 12 October 2022)

Dr Gavin McColl

Dr Jonathan Osborn (Appointed 27 March 2023)

Dr Nishma Shah

Rt. Hon. Anna Soubry

Senior Staff with Delegated Responsibilities

Ms Ann Paul – Chief Executive Officer

Trustee Selection Methods:

By voting method among existing Trustees

How New Trustees are Inducted and Trained:

Doctors in Distress has a number of experienced people as members of the Trustee Board. They have received a copy of the charity's Articles and Memorandum of Association, Trustee terms of reference together with the latest update of charitable activities. Declarations of Conflict of Interest are completed and are regularly updated. The Trustee Policy has been written and a skills audit undertaken.

Objects and activities

Objectives

Our objects are to promote and protect the mental health of those working in the medical profession, and their families, throughout England and Wales, primarily (but not exclusively) by providing information to doctors, health care professionals, members of the public and organisational leaders to raise awareness and encourage measures that might prevent work place stress, burnout and suicide and by providing information on available support and resources to help those affected by workplace stress, burnout and suicide.

These objectives can be summarised as:

1. To promote and protect the mental health of health professionals
2. To eliminate stigma around mental health in the health sector
3. To promote a duty of care by employers for the mental health of health workers
4. To develop and provide initiatives and interventions to promote and protect the mental health of health professionals

Our ultimate goal is to reduce the number of suicides throughout the medical workforce.

Activities and impact for the year

With the trustees, the team has agreed the charity vision as follows:

To promote and protect the mental health of all Healthworkers and to prevent suicide.

Programmes:

Throughout 2022/2023, **Doctors in Distress** ran 7 separate, fully funded programmes and 3 webinars, which meant that we had services running over 45 weeks (concurrently). In addition to this, we published articles in three publications and had speakers at a wide range of conferences and meetings, allowing us to influence and support nearly 3000 individuals. **Doctors in Distress** has a presence across all social media platforms and continues to build on these communication opportunities.

Several commissioning organisations requested repeated programmes, such as The Wesleyan Foundation and The Royal College of Nursing (through CHSA) and the College of Paramedics. The Royal Literary Fund and The Photographic Society have continued to work in partnership to deliver the creativity programmes. New and innovative programmes have been funded by the likes of The Balcombe Trust and the Surrey and Borders Partnership NHS Foundation Trust.

Awareness Raising and Influencing:

Doctors in Distress is pleased to announce the appointment of eleven new Ambassadors who are tasked with raising both awareness and funds for the charity. This brings the total number of Ambassadors to 35.

For the first time in their 30-year history, the European Musculo-Skeletal Oncology Conference included a session on the mental health of their workforces, provided by **Doctors in Distress**, with an exhibition at their Annual Conference.

Doctors in Distress was honoured to be the focus of two events hosted by Tortoise Media – a Think-In specifically focusing on medical mental health and several sessions at their Annual Kite Festival in June 2023.

In August 2022, **Doctors in Distress** was included in the planting of the first Memorial Tree to

honour the lives of all those medical professionals who have died by suicide. This initiative was started by Dr Adam Kay who has subsequently become a Patron of the charity. From that first tree-planting ceremony, **Doctors in Distress** has started a National Memorial Tree campaign with trees in Derby and at the Royal National Orthopaedic Hospital in Stanmore. Many more are being planned.

Several of our trustees and Ambassadors have included **Doctors in Distress** in presentations and speeches including on television and in print, enabling the reach for the charity to expand each time.

Income Generation:

We are so grateful to have the generous support of so many more individuals and organisations this year, both financial and advice, as well as pro-bono support. A list of our most generous supporters can be found below. On behalf of every doctor, nurse, and other healthcare professionals who has benefited from **Doctors in Distress** programmes, as well as the team, we cannot thank you enough. Without your help, none of this would have been possible. A list of our supporters can be found as Appendix 1

We held two specific fundraisings events during the year – January 2023 Support Those in Blue which was not well supported due to lack of marketing expertise within the team but 5km in May, held for the third year, has gained traction and is growing year on year. In May 2023 we raised over £20,000 with a number of individuals and companies joining in – Killik & Co and Cygnet participated as well as several Ambassadors and friends. We aim to build on this annual fundraiser and expect that it will continue to grow in volume and value.

Our Annual Winter Event at the end of November 2022 was held at the Royal Society of Medicine as in previous years. The play commissioned by **Doctors in Distress**, written by Brian Daniels and produced by Pluto Play productions was the central focus of this event, held largely to thank supporters. This was attended by 87 guests.

Internal organisation:

The **Doctors in Distress** team remained constant through this financial year with everyone working hard to maintain the momentum. We take this opportunity to thank them – Marie Searle, Susannah Basile and Eilean Crombie. We also thank Kuki Taylor and Catherine Breen for providing maternity cover for Susannah. None of the work would have been possible without them.

Our wider family includes an increasing group of Ambassadors, all of whom have joined this group to assist with our mission. We cannot thank them enough.

Conclusion:

This has been a very busy and eventful year of slow and steady growth. The charity's aim to eliminate the pervasive stigma around mental health continues to be very challenging but no less important. The Trustee Board, together with the executive team, will continue to promote and protect the mental health of our national medical workforce in order to stop suicides in the profession.

To do this, our focus in the coming year will include influencing decision makers and generating income to show that our programmes are effective as proof of concept in order to scale up to meet the need.

Statutory Declaration on Public Benefit

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

No trustee received any remuneration or benefits in kind during the year other than reimbursement for out-of-pocket travel expenses.

Financial Review

Change in accounting approach

The charity has previously reported its financial position on a cash basis. During 2022/23 the cash receipts of the charity exceeded £250,000 and so the charity has moved from reporting its financial results on a cash basis to an accrual basis. This means that figures for previous years have had to be restated and also has implications for reserves and funds held, as discussed in more detail below. During the year the Charity took the decision that the existing computer equipment be fully depreciated to reflect its value and useful economic life more accurately.

Statement of the Charity's Policy on Reserves

The Trustee's aim and policy is to build up the reserves sufficient to cover 3 months' running costs of day-to-day operation. At the end of the financial year the charity had £76,780 cash available (equivalent to nearly 4 months running costs), although some £60,000 of that cash is ear-marked for delivery of programmes where the grant money has already been received but the programme has still to be delivered. Since the charity operates a cost recovery model for programmes these funds can be released to meet the day-to-day running costs as programmes are delivered. The restricted activities deficit balance is higher than planned due to unexpected delays in service delivery.

The charity typically requests payment of grants in advance of delivery of programmes. This is a prudent approach. The charity accounts for money received in advance of delivery as "Income in Advance". At the year end the "Income in Advance" balance was nearly £60,000.

Historically the charity has made a loss (after cost recovery) on restricted activities, which has been supported by unrestricted fundraising. During 2022/23 this effect was particularly marked (with a deficit of over £47,000 on programmes on a fully costed basis) and this was combined with lower-than-expected unrestricted fundraising, meaning that the unrestricted funds decreased materially during the year.

Although the unrestricted net asset balance is below the three month's running cost total, the Trustees are comfortable that the delivery of programmes through 2023/24 will release the £60,000 of restricted funds in a way that means that the charities running costs are appropriately covered and that there is at least 3 months' cash available.

A priority for 2023/24 is to both reduce the requirement for deficit funding of programmes as well build up the unrestricted funds to ensure greater reserves.

Details of Any Funds Materially in Deficit

There were no funds materially in deficit at the year end.

State of the Charity's Finances

On an accruals basis, in the period ended 30 June 2023 the Charity received £203,348 in donations and other funding (including restricted funding) and spent £251,983 on expenses related to its charitable activities. These costs were primarily staff and subcontractor related. A significant proportion of the deficit for the year relates to the delivery of programmes that were contracted (and cash received) in the previous financial year as well as a decision to continue activities despite a reduction in unrestricted funding (which, as discussed elsewhere part funds the programmes which overall run at a deficit against the restricted funding received for them).

On a cash basis, the charity received £263,893 in cash inflows and spent £251,450, leading to an increase in the cash balances, despite the income and expenditure deficit on an accruals basis. Although cash expenses were very similar to the expenses on an accruals basis, the fact that

several programmes were unexpectedly delayed beyond the financial year end meant that the income for those programmes could not be recognised in the year, leading to an increase in the "Income in Advance" balance.

As previously discussed, the charity had a total cash at bank and in hand of £76,780 as of 30 June 2023, representing over 3 months of running costs.

The Trustees are satisfied that the Charity has sufficient funds to carry out its objectives.

Restricted Funds

The Trustees declare that in the period to 30 June 2023 Restricted Donations and Grants of £124,496 were received (on an accruals basis, with the actual cash receipts in the financial year for restricted activities being £162,570) These restricted funds were provided to deliver programmes of group discussion sessions, webinars and similar activities for specific groups of health professionals. The majority of the activities associated with this funding were delivered within the year, with outstanding restricted cash funding already received of £59,990 to be delivered in the period from 1 July 2023 to 30 June 2024. The significant costs associated with the restricted activities as well as the ongoing delivery of programmes commissioned and paid for in the previous financial year meant that there was a significant deficit on the activities completed during the year using restricted funding, which was covered by the use of unrestricted funding.

Designated Funds

The Charity did not set aside any unrestricted funds for any specific purposes during the year.

Risk Register

A risk register, to record risks identified, and management's analysis of the likelihood and the consequences of those risks, along with the mitigations and the residual likelihood and consequences of those risks. The risk register is kept up to date by the management and treasurer and is periodically reviewed by the trustees. The trustees are satisfied that the risks of the charity are being well managed.

Gifted Services

During the year the Charity received pro-bono support from Impact Privacy, in respect of certain legal services.

Trustees Expenses

During the year the charity did not reimburse any Trustees for expenses.

Outstanding Guarantees

The Trustees declare that the charity gave no financial guarantees during the year and that it had no potential liability outstanding at the date of this statement.

Outstanding Debts

The Trustees declare that the charity had no outstanding debts, secured or unsecured as at 30 June 2023 and that it had no such debts at the date of this statement.

Declaration

The Trustees declare that they have approved the above report and authorised that it be signed on their behalf.

On Behalf of the Trustees,

A handwritten signature in black ink, appearing to read 'D Cockburn', written over a horizontal line.

Signed by Darren Cockburn

Date: 26 March 2024

DOCTORS IN DISTRESS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF DOCTORS IN DISTRESS

I report to the trustees on my examination of the financial statements of Doctors in Distress (the charity) for the year ended 30 June 2023.

Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

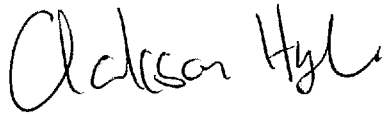
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

A handwritten signature in black ink, appearing to read 'Clarkson Hyde', written in a cursive style.

Clarkson Hyde LLP

3rd Floor
Chancery House
St Nicholas Way
Sutton
Surrey
SM1 1JB

Dated: 26 March 2024

Financial statements for the year ended 30 June 2023

Doctors in Distress

Financial Statements for the year ended 30 June 2023

Statement of Financial Activities

	Notes	Unrestricted funds 2022/23 £	Restricted Funds 2022/23 £	Total Funds 2022/23 £	Unrestricted funds 2021/22 £	Restricted Funds 2021/22 £	Total Funds 2021/22 £
Income and donations							
Donations and Grants		77,576.55	74,100.00	151,676.55	126,765.89	141,452.98	268,218.87
Fees for services		1,075.00	49,146.29	50,221.29	1,200.00	2,400.00	3,600.00
Book sales		-	1,250.00	1,250.00	-	6,000.00	6,000.00
Other receipts		200.00	-	200.00	300.00	-	300.00
Total Income	(3)	78,851.55	124,496.29	203,347.84	128,265.89	149,852.98	278,118.87
Expenditure on							
Raising funds		1,191.46	-	1,191.46	1,741.47	-	1,741.47
Book purchases		-	920.65	920.65	321.86	3,448.50	3,770.36
Subcontractors for programmes and similar		85.00	17,892.50	17,977.50	1,085.00	29,730.01	30,815.01
Restricted Charitable activities		47,271.76	105,683.14	152,954.90	38,881.39	116,674.47	155,555.86
Unrestricted Charitable activities		78,938.09	-	78,938.09	74,105.89	-	74,105.89
Total Expenditure	(4)	127,486.31	124,496.29	251,982.60	116,135.61	149,852.98	265,988.59
Net movement in funds		(48,634.76)	0.00	(48,634.76)	12,130.28	0.00	12,130.28
Reconciliation of funds							
Total funds brought forward		64,095.15	0.00	64,095.15	51,964.87	0.00	51,964.87
Surplus for the year		(48,634.76)	0.00	(48,634.76)	12,130.28	0.00	12,130.28
Total funds carried forward		15,460.39	-	15,460.39	64,095.15	-	64,095.15
Cash held on balance sheet against restricted activities		-	59,990.02	59,990.02	-	25,875.02	25,875.02

Doctors in Distress

Financial Statements for the year ended 30 June 2023

Balance Sheet

	Notes	Unrestricted funds 2022/23 £	Restricted Funds 2022/23 £	Total Funds 2022/23 £	Unrestricted funds 2021/22 £	Restricted Funds 2021/22 £	Total Funds 2021/22 £
Fixed assets							
Tangible assets	(10)	-	-	-	5,219.90	-	5,219.90
Total Fixed Assets		-	-	-	5,219.90	-	5,219.90
Current Assets							
Cash at bank and in hand		16,790.19	59,990.02	76,780.21	36,719.73	25,875.02	62,594.75
Other current assets	(11)	12,910.30	2,604.75	15,515.05	31,852.55	3,338.85	35,191.40
Total Current Assets		29,700.49	62,594.77	92,295.26	68,572.28	29,213.87	97,786.15
Total Current Liabilities	(12)	14,240.10	62,594.77	76,834.87	9,697.03	29,213.87	38,910.90
Net Current Assets		15,460.39	-	15,460.39	58,875.25	-	58,875.25
Total Assets Less Current Liabilities		15,460.39	-	15,460.39	64,095.15	-	64,095.15
Total Net Assets		15,460.39	-	15,460.39	64,095.15	-	64,095.15
The Funds of the Charity							
Restricted funds		-	-	-	-	-	-
Unrestricted funds							
General Funds		15,460.39	-	15,460.39	64,095.15	-	64,095.15
Designated Funds		-	-	-	-	-	-
Total Charity Funds		15,460.39	-	15,460.39	64,095.15	-	64,095.15

Notes to the Accounts

1. Accounting policies

Charity information

Doctors in distress is constituted as a charity with a board of trustees. It is an unincorporated body.

1.1. Accounting convention:

The accounts have been prepared in accordance with the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention.

1.2. Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3. Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives. Restricted funds are subject to specific conditions by donors as to how they may be used.

1.4. Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

1.5. Expenditure

Expenditure is recognised as soon as there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

1.6. Tangible fixed assets

The tangible fixed assets consist of computer equipment which is expensed on purchase. During the year the Charity expensed computer equipment acquired historically by fully depreciating it in the year.

1.7. Cash and cash equivalents

Cash and cash equivalents include cash in hand, bank deposits and similar liquid resources. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8. Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Analysis of income

The table below provides an analysis of income. The charity received no grants from government during the year.

	Unrestricted funds 2022/23 £	Restricted Funds 2022/23 £	Total Funds 2022/23 £	Unrestricted funds 2021/22 £	Restricted Funds 2021/22 £	Total Funds 2021/22 £
Income and donations						
Donations and Grants	77,576.65	74,100.00	151,676.55	126,765.89	141,452.98	268,218.87
Fees for services	1,075.00	49,146.29	50,221.29	1,200.00	2,400.00	3,600.00
Book sales	-	1,250.00	1,250.00	-	6,000.00	6,000.00
Other receipts	200.00	-	200.00	300.00	-	300.00
Total Income	78,851.55	124,496.29	203,347.84	128,265.89	149,852.98	278,118.87

4. Analysis of expenditure

The table below provides an analysis of expenditure:

Summary of expenditure

	2022/23	2021/22
Books Purchased	£ 920.65	£ 3,770.36
Fundraising Fees	£ 1,191.46	£ 1,741.47
Sub-Contractors - Other	£ 17,977.50	£ 30,815.01
Administration (including accountancy, bookkeeping, bank fees and insurance)	£ 10,759.48	£ 10,058.36
Advertising & Marketing (including events and website)	£ 9,002.49	£ 13,000.03
Consulting	£ 3,000.00	£ 250.00
Employers National Insurance	£ 14,320.73	£ 14,608.35
IT Software and Consumables	£ 10,634.61	£ 6,379.01
Pensions Costs	£ 6,742.06	£ 5,933.32
Rent of Office Space	£ 3,916.80	£ 3,755.41
Salaries	£ 171,199.82	£ 174,924.88
Other costs	£ 2,317.00	£ 752.39
TOTAL	£ 251,982.60	£ 265,988.59

5. Extraordinary items

There were no extraordinary items in the year.

6. Fees for examination of accounts

Fees of £1,560 were incurred for the examination of the accounts (2021/22: £300).

7. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2021/22 – none).

8. Employees

The average monthly number of employees during the year was 4 (2021/22 : 4). The cost of employees is set out below:

	2022/23	2021/22
Salaries:	£171,200	£174,925
Employers National Insurance:	£14,321	£14,608
Pensions:	<u>£6,742</u>	<u>£5,933</u>
TOTAL:	£192,263	£195,466

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

9. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10. Tangible fixed assets

Computer Equipment

Cost

At 1 July 2022	£5,220
At 30 June 2023	£5,220

Depreciation and impairment

At 1 July 2022	£0
Depreciation charged in the year	<u>£5,220</u>
At 30 June 2023	£5,220

Carrying amount

At 30 June 2022	£5,220
At 30 June 2023	£0

11. Debtors

Amounts falling due within one year:

	2022/23	2021/22
Accrued Income	£12,228	£34,117
Other Debtors	£2,567	-
Prepayments	<u>£720</u>	<u>£1,075</u>
	<u>£15,515</u>	<u>£35,192</u>

There were no amounts falling due after one year.

12. Creditors: Amounts falling due within one year:

	2022/23	2021/22
Accruals	£5,124	£7,286
Deferred income	£59,990	£25,875
Other Creditors	£8,000	£980
PAYE Payable	£2,762	£3,806
Pensions Payable	<u>£959</u>	<u>£964</u>
	<u>£76,835</u>	<u>£38,911</u>

There were no amounts falling due after one year.

13. Deferred income

Deferred income is included in the financial statements as follows:

	2022/23	2021/22
Deferred income is included within:		
Current liabilities	<u>£59,990</u>	<u>£25,875</u>
Movements in the year:		
Deferred income at 1 July	£25,875	£46,051
Released from previous periods	(£25,875)	(£46,051)
Resources deferred in the year	<u>£59,990</u>	<u>£25,875</u>
Deferred income at 30 June	<u>£59,990</u>	<u>£25,875</u>

14. Related party transactions

There were no disclosable related party transactions during the year (2021/22 – none).

APPENDIX 1 Supporters

Doctors in Distress wishes to acknowledge the support of the following **Individuals** with our grateful thanks

Adam Kay	Pete Checketts
Adrian James	Peter Hughes
Ahmed Aber	Phil Caplin
Allan Barton	Rob Pollock
Benjamin Holdsworth	Samantha Wathen
Brian Daniels	Sarah Hyman
Brian Fairchild	Stephen Firn
Carole Stone	Tony Romero
Caroline Fryar	Treveni Joshi
Caroline Roodhouse	Victoria Paul
Carolyn Peers	Will Beharrell
Claire Ashley	
Claire Bennett	
Claire Enders	
Costas Michael	
Ed Hutchinson	
Emma Wadey	
Gareth Williams	
Gordon Bailey	
Helen Garr	
Henrietta Bowden-Jones	
Henriette Lang	
James Harding	
Jenny Gibson	
Jer O'Mahony	
Jeremy Hunt	
Jess Morgan	
Jo Betterton	
Jon Van Niekerk	
Laura Ingenhaag	
Leel Bayliss	
Leon Atkins	
Lucy Scarborough	
Lucy Warner	
Madeleine Woodley	
Maria Papanastassiou	
Martin Bannister	
Mia Bains	
Michele Acton	
Nathan Wallis	
Nicola Morgan	

Doctors in Distress wishes to acknowledge the support of the following **Companies** with our grateful thanks:

Balance Books
Broadcast Revolution
Cavendish Medical
Cygnet Healthcare and the Snowdon Team
Derbyshire NHS Hospital Trust
Havas Lynx Group
Killik & Co, and the 5km in May team
Kogo Limited
NHS Practitioner Health
Royal College of GPs
Royal College of Psychiatrists
The Balcombe Trust
The Holiday Saturday Fund
The Medical Defence Union
The RCN Foundation
The Royal College of Psychiatrists
The Royal Literary Fund
The Royal National Orthopaedic Hospital
The Royal Photographic Society
The Royal Society of Medicine
The Wesleyan Foundation
Tortoise Media
Z Zurich Foundation