

REGISTERED CHARITY NUMBER: 1184934

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
FOR
SOUL FOUNDATION

SOUL FOUNDATION

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for the year ended 31 March 2022**

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SOUL FOUNDATION

REPORT OF THE TRUSTEES for the year ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's mission is to give hope to the destitute, restoring dignity, by ending cycles of poverty, addiction, abuse and violence.

The charity's aims are to work in the community and beyond, to promote social justice, mercy, accountability, restoration and hope.

Public benefit

The trustees have referred to the Charity Commission's guidance on reporting on public benefit (section 17 of Charities Act 2011) when reviewing the charity's aims and objectives, and when planning the charity's activities. The trustees are therefore confident that the charity meets the public benefit requirements.

Volunteers

The bulk of the charity's day to day services are run by unpaid volunteers from the community. These people give up their time week after week to help others.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity's work is focused around delivering quality projects and services which promote the charity's principal aims and objectives.

During the period the charity has operated activities under headings of:-

SOUL GLOBAL supports and partners with missions across the world, building relationships and sowing into their work to make a difference in the lives of others.

THE WONDER TREE initiative partnered with businesses and schools in Norwich to provide gifts to children who otherwise might not receive anything.

SOUL WELLBEING offered a wellbeing weekly support group to provide support to those in our local community who struggled with mental health issues. Our volunteers served food to place value and build relationships with those in need.

SOUL FOOD has run a food redistribution centre to provide free food for people struggling to feed themselves.

SOUL STREETS feeds the homeless of our city each week, taking a hot meal and additional cold food to help right in the heart of our city.

SOUL RESTART offers free training courses aimed at empowering individuals to help themselves out of poverty, including CAP Job Club and CAP Money.

SOUL FOUNDATION

REPORT OF THE TRUSTEES for the year ended 31 March 2022

FINANCIAL REVIEW

Principal funding sources

The income of the charity was made up of voluntary donations and grant income.

Investment policy and objectives

The trustees are empowered to invest funds in a manner appropriate to the financial requirements of the charity, having regard to the security of any investments made and the requirements of the Charity Commissioner's order. The trustees hold cash in a current account to ensure it is available for charitable purposes at short notice.

Reserves policy

The charity's unrestricted reserves are represented mostly by cash at bank and in hand. The trustees consider that unrestricted reserves should be sufficient to cover the charity's planned expenditure for the foreseeable future.

The charity has established restricted funds for specific activities of the charity.

Financial position:

There was a deficit of £353,273 for the period with total funds of £320,241 held at the end of the period, made up of £138,636 unrestricted and £181,605 restricted funds. This deficit was in line with the charity's plans for this year, having raised significant funds in the previous year to fund the substantial costs of SOUL FOOD throughout the calendar year 2021.

FUTURE PLANS

Going forward the charity's focus will be on maintaining and developing current services and community projects during difficult economic times. The charity will only develop and deliver new projects which clearly meet the charity's aims and objectives and which add real value to people and local communities.

The food distribution programme through which Soul Foundation has supported people with free food parcels will transition to become a social supermarket, to cater for different needs post-pandemic.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation, governed by its constitution dated 15 August 2019.

Recruitment and appointment of new trustees

The governing document states that there must be at least two trustees.

Organisational structure

Day to day management of the charity is in the hands of the trustees. The board of trustees meet regularly for formal board meetings at which they receive detailed activity and financial reports. They also discuss key projects and ideas, agree and review policies, review progress and monitor performance.

Induction and training of new trustees

In selecting new individuals for appointment as trustees, the existing trustees have regard to the skills, knowledge and experience needed for the effective administration of the charity. The charity does not currently have formal systems in place for the induction and training of new trustees however new trustees are briefed on their legal obligations as trustees under charity law, the content of the charity's governing document and the decision making process. The trustees make available to each new trustee, on their first appointment, a copy of the constitution and a copy of the charity's latest report and statement of accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The board of trustees review the risks of the charity on a regular basis and have implemented policies and procedures to mitigate exposure to these risks.

SOUL FOUNDATION

**REPORT OF THE TRUSTEES
for the year ended 31 March 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1184934

Principal address

4 Mason Road
Norwich
Norfolk
NR6 6RF

Trustees

R Nash
S Milchem (Resigned on 1st February 2022)
M Hollinger
Pastor J Norman
K Rawlinson
R Mayes

Independent Examiner

Sexty and Co.
Chartered Certified Accountants and Registered Auditors
124 Thorpe Road
Norwich
NR1 1RS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 21st December 2022 and signed on its behalf by:

.....
J Norman - Trustee

SOUL FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOUL FOUNDATION

I report to the charity trustees on my examination of the accounts of the Soul Foundation (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report:

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement:

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



A M Orves FCCA FCA

For and behalf of Sexty & Co

Chartered Certified Accountants & Registered Auditors

124 Thorpe Road

Norwich

NR1 1RS

Date: 21st December 2022

SOUL FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	74,243	184,849	259,092	1,216,553
Investment income	3	<u>17</u>	<u>-</u>	<u>17</u>	<u>14</u>
Total		74,260	184,849	259,109	1,216,567
EXPENDITURE ON					
Raising funds		-	(1,278)	(1,278)	-
Charitable activities					
Charitable Activity	4	<u>(27,435)</u>	<u>(583,669)</u>	<u>(611,104)</u>	<u>(588,503)</u>
Total		<u>(27,435)</u>	<u>(584,947)</u>	<u>(612,382)</u>	<u>(588,503)</u>
NET INCOME		46,825	(400,098)	(353,273)	628,064
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>91,811</u>	<u>581,703</u>	<u>673,514</u>	<u>45,450</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>138,636</u></u>	<u><u>181,605</u></u>	<u><u>320,241</u></u>	<u><u>673,514</u></u>


The notes form part of these financial statements

SOUL FOUNDATION

**BALANCE SHEET
31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	8	5,781	11,628	17,409	18,138
CURRENT ASSETS					
Stocks	9	-	11,678	11,678	42,514
Debtors	10	23,279	48,560	71,839	26,097
Cash at bank and in hand		<u>117,775</u>	<u>149,438</u>	<u>267,213</u>	<u>665,374</u>
		141,054	209,676	350,730	733,985
CREDITORS					
Amounts falling due within one year	11	(8,199)	(39,699)	(47,898)	(78,609)
NET CURRENT ASSETS		<u>132,855</u>	<u>169,977</u>	<u>302,832</u>	<u>655,376</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>138,636</u>	<u>181,605</u>	<u>320,241</u>	<u>673,514</u>
NET ASSETS		<u>138,636</u>	<u>181,605</u>	<u>320,241</u>	<u>673,514</u>
FUNDS	12				
Unrestricted funds				138,636	91,811
Restricted funds				<u>181,605</u>	<u>581,703</u>
TOTAL FUNDS				<u>320,241</u>	<u>673,514</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 21st December 2022 and were signed on its behalf by:


.....
J Norman - Trustee

The notes form part of these financial statements

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants

Income from grants, whether 'capital' grants or 'revenue' grants, are recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating income are those incurred in seeking voluntary contributions and other income generation, for example, the costs associated with running events.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
Motor vehicles	- 20% to 33% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Value added tax

The charity is not registered for VAT and accordingly, all costs include irrecoverable VAT where appropriate.

Volunteer help

The value of any voluntary help received is not included in the financial statements but is described in the trustees annual report.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2022

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes, within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements where appropriate.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Public benefit

Soul Foundation meets the definition of a public benefit entity under SORP 2019.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Grants	197,197	984,970
Donations	27,193	75,527
Gift aid	692	4,225
Gift aided donations received	2,970	13,658
Donated services and facilities	31,040	138,173
	<u>259,092</u>	<u>1,216,553</u>

3. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	<u>17</u>	<u>14</u>

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2022

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
Charitable Activity	<u>479,098</u>	<u>132,006</u>	<u>611,104</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022 £	2021 £
Equipment hire	55,261	55,954
Insurance	4,060	2,542
Postage, printing and stationery	184	1,107
Advertising	4,850	5,665
Food purchases	174,101	254,051
Miscellaneous charitable costs	91,034	47,231
Vehicle and travel costs	21,119	29,148
Repairs and renewals	6,673	25,711
General activities, outgoings and non food items	-	20,076
Support for overseas projects	20,291	-
Clothing	3,242	-
Rent of premises	75,941	-
Light and heat	7,142	-
Telephone	3,671	-
Depreciation	<u>11,529</u>	<u>7,643</u>
	<u>479,098</u>	<u>449,128</u>

6. SUPPORT COSTS

	Management £	Contractors £	Other £	Governance costs £	Totals £
Charitable Activity	<u>16,380</u>	<u>106,992</u>	<u>4,326</u>	<u>4,308</u>	<u>132,006</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the period ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the period ended 31 March 2021.

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2021	13,491	14,493	27,984
Additions	<u>-</u>	<u>10,800</u>	<u>10,800</u>
At 31 March 2022	<u>13,491</u>	<u>25,293</u>	<u>38,784</u>
DEPRECIATION			
At 1 April 2021	4,412	5,434	9,846
Charge for year	<u>4,497</u>	<u>7,032</u>	<u>11,529</u>
At 31 March 2022	<u>8,909</u>	<u>12,466</u>	<u>21,375</u>
NET BOOK VALUE			
At 31 March 2022	<u>4,582</u>	<u>12,827</u>	<u>17,409</u>
At 31 March 2021	<u>9,079</u>	<u>9,059</u>	<u>18,138</u>

9. STOCKS

	2022 £	2021 £
Finished goods	<u>11,678</u>	<u>42,514</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	274	24
Amounts owed from Soul Church	23,004	-
Prepayments and accrued income	<u>48,561</u>	<u>26,073</u>
	<u>71,839</u>	<u>26,097</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	20,898	9,568
Other creditors	<u>27,000</u>	<u>69,041</u>
	<u>47,898</u>	<u>78,609</u>

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

12. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	91,811	46,825	-	138,636
Restricted funds				
Love In Action Restricted Fund	2,625	(2,625)	-	-
Fixed Assets Restricted Fund	8,617	(7,790)	10,800	11,627
Food Restricted Fund	354,241	(189,012)	(10,800)	154,429
Love Your Neighbour Restricted	215,720	(206,598)	-	9,122
Misc Restricted Fund	500	5,927	-	6,427
	<u>581,703</u>	<u>(400,098)</u>	<u>-</u>	<u>181,605</u>
TOTAL FUNDS	<u>673,514</u>	<u>(353,273)</u>	<u>-</u>	<u>320,241</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	74,260	(27,435)	46,825
Restricted funds			
Love In Action Restricted Fund	-	(2,625)	(2,625)
Fixed Assets Restricted Fund	-	(7,790)	(7,790)
Food Restricted Fund	62,444	(251,455)	(189,011)
Love Your Neighbour Restricted	84,637	(291,235)	(206,598)
Misc Restricted Fund	37,768	(31,842)	5,926
	<u>184,849</u>	<u>(584,947)</u>	<u>(400,098)</u>
TOTAL FUNDS	<u>259,109</u>	<u>(612,382)</u>	<u>(353,273)</u>

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2022

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	42,377	49,434	-	91,811
Restricted funds				
Love In Action Restricted Fund	2,625	-	-	2,625
Fixed Assets Fund	1,675	(3,903)	10,845	8,617
Food Restricted Fund	(1,227)	366,313	(10,845)	364,241
Love Your Neighbour Restricted	-	215,720	-	215,720
Misc Restricted Fund	-	500	-	500
	<u>3,073</u>	<u>578,630</u>	<u>-</u>	<u>581,703</u>
TOTAL FUNDS	<u>45,450</u>	<u>628,064</u>	<u>-</u>	<u>673,514</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	75,467	(26,033)	49,434
Restricted funds			
Fixed Assets Fund	-	(3,903)	(3,903)
Food Restricted Fund	596,052	(229,739)	366,313
Love Your Neighbour Restricted	534,200	(318,480)	215,720
Misc Restricted Fund	10,848	(10,348)	500
	<u>1,141,100</u>	<u>(562,470)</u>	<u>578,630</u>
TOTAL FUNDS	<u>1,216,567</u>	<u>(588,503)</u>	<u>628,064</u>

13. RESTRICTED & DESIGNATED FUNDS

FUND	PURPOSE
Fixed Asset Designated	The charity's fixed assets are held within a designated fund rather than the General fund, so that stakeholders can more easily identify monies which are readily available for other purposes.
Fixed Asset Restricted	The charity's fixed assets that are purchased using restricted funds for this purpose are held in this fund.
Food Restricted	This fund comprises of restricted income for the Soul Food Initiative.
Love in Action Restricted	This restricted fund comprises funds received from Love in Action (Norwich) which are to be used for purposes in accordance with their objects.
Love your Neighbour Restricted	This fund encompasses activities part funded by grants from Church Revitalisation Trust and donations and grants given to support those activities and which were the subject of "match funding" by Church Revitalisation Trust.
Miscellaneous Restricted	Amounts which are given restricted to a purpose not covered by any other restricted fund and are held in this fund until expended.

SOUL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
for the year ended 31 March 2022

14. RELATED PARTY DISCLOSURES

Soul Church (charity number 1138459) is a related party due to having trustees in common. At the year-end there was an outstanding debtor balance of £23,004 (2021: £297 creditor). During the year Soul Church donated £68,129 to Soul Foundation as a tithe (2021 £57,564).

15. ULTIMATE CONTROLLING PARTY

The charity is controlled by the trustees.