

COUNTRYMEN UK

England & Wales - Charity number 1184921

Details

Status Registered

Legal form CIO

Registered 2019-08-15

Register [View on the Charity Commission register](#)

Contact

Address Rylands
Holnest
Sherborne
DT9 5PS

Phone 01963210703

Email julie@futereroots.net

Website www.countrymenuk.org

Activities

Objects: - TO RELIEVE THE NEEDS OF OLDER MEN IN THE UK WHO ARE LIVING WITH COGNITIVE AND MOBILITY ISSUES IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF SOCIAL AGRICULTURE AND HORTICULTURE, RURAL CRAFTS, CARE FARMING, RESPITE SERVICES AND OTHER ECOTHERAPY TECHNIQUES.- TO PROMOTE SOCIAL INCLUSION AMONG OLDER MEN IN THE UK WHO ARE SOCIALLY EXCLUDED BY COMBATTING LONELINESS AND SOCIAL ISOLATION ARISING AS A RESULT OF THEIR AGE, INFIRMITY, ILL-HEALTH, DISABILITY OR SOCIAL CIRCUMSTANCE.FOR THE PURPOSE OF THIS CLAUSE "SOCIALLY EXCLUDED" MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS:UNEMPLOYMENT, FINANCIAL HARDSHIP, YOUTH OR OLD AGE; AND ILL HEALTH (PHYSICAL OR MENTAL)

Activities: Countrymen UK use the farm and countryside environments help to meet the challenges being faced by men who find themselves isolated because of deteriorating physical or mental health or changing social circumstances. Conditions may include: Dementia, Parkinsons, Stroke, Isolation, Injuries, Anxiety, Depression, Post Traumatic Stress, Chronic Pain, Cancer, Heart & Lung Conditions and others.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£75,862	£45,340	-	-
2023-10-31	£56,059	£44,494	-	-
2022-10-31	£35,487	£35,277	-	-
2021-10-31	£21,984	£16,369	-	-
2020-10-31	£29,510	£3	-	-

Trustees

Name	Role	Appointed
Andrew James Woodcock		2024-01-01
Charlotte Ruth Woodcock		2024-04-01
Harry William Ridgewell		2024-01-01
Julie Ann Plumley		2019-08-15
REVEREND JONATHAN PATRICK HERBERT		2019-08-15
ROSEMARY ELIZABETH LOCKYER		2019-08-15
Susan Spencer		2024-01-01

COUNTRYMEN UK

England & Wales - Charity number 1184921

Accounts

Profit & Loss
2023 - 2024

Report date 05/11/24
YEAR END

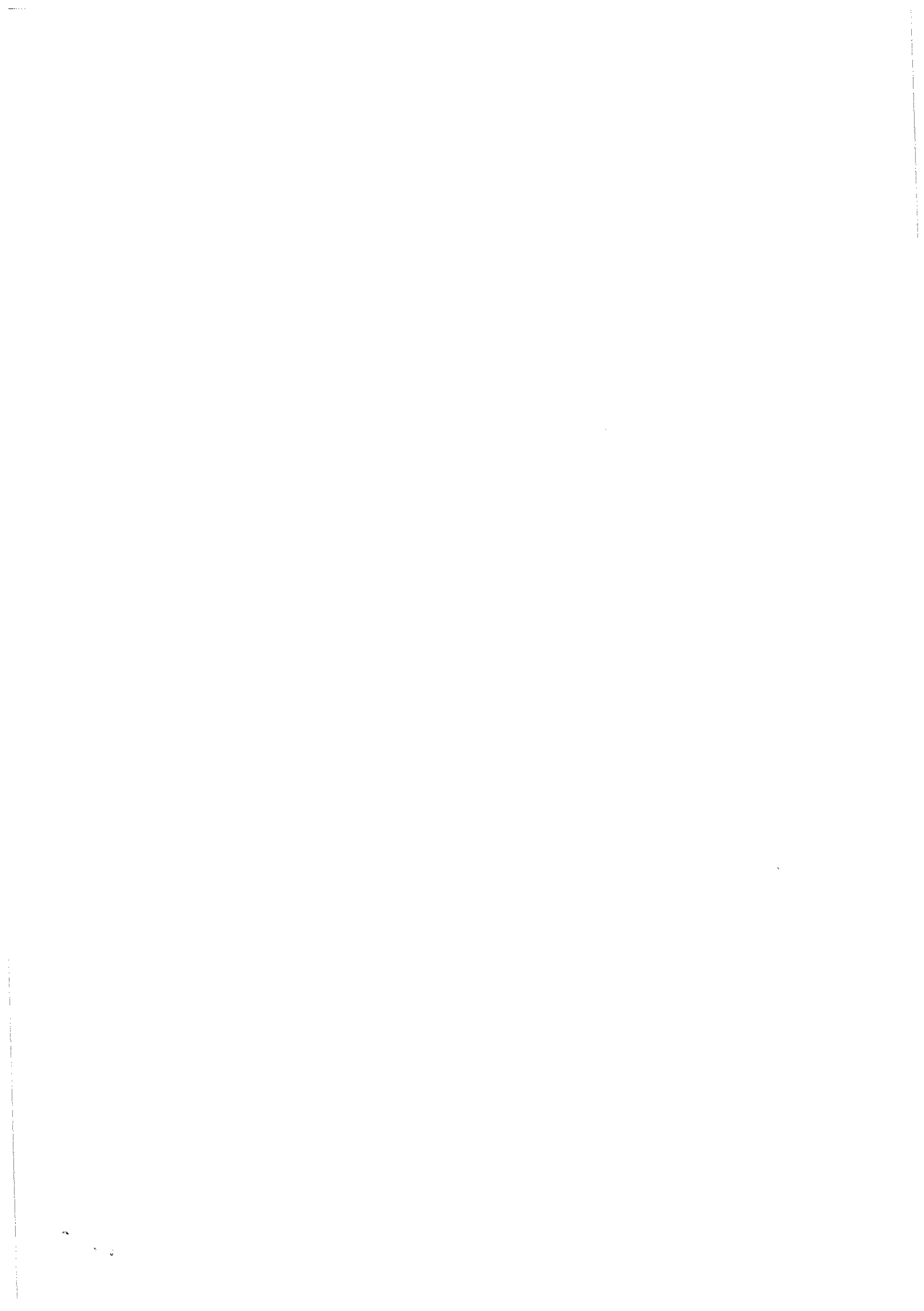
	Debit	Credit
Income		
CC Fees		£ 16,380.00
Donations		£ 10,583.26
Grants		£ 26,675.00
Just Giving		£ 15,073.34
Bank Interest Received		£ 267.00
FR Petty cash monies back		£ 2,120.00
Petty Cash		£ 531.55
Total Income		£ 71,630.15
less Expenses		
activity Costs	£ 356.89	
Repairs and Maintance	£ 215.98	
Web Design	£ 176.25	
Telephone & Internet		
Insurance	£ 686.95	
Professional Fees	£ 2,131.02	
Bank Charges	£ 50.60	
Wages Including Pensions	£ 24,644.28	
PAYE	£ 4,258.79	
OH & Rent	£ 7,000.00	
Unknown	£ 378.40	
Petty cash FR	£ 2,120.00	
Total Expenditure	£ 42,019.16	
Operating Profit		£ 29,610.99

Budget to Year end	Notes
	<u>Accounts start 1st Nov 2023; Month 12 31st October 2024</u>
£ 16,380.00	this now takes into account cash fees in petty cash
£ 10,583.26	exceed budget
£ 26,675.00	meet budget
£ 15,073.34	below budget but very good going
£ 267.00	
£ 2,120.00	this is monies paid back from FR when Cash is transferred in the office
£ 531.55	
£ 71,630.15	<i>Above forecast</i>
£ 356.89	food etc purchased through petty cash
£ 215.98	
£ 176.25	not touched no attempt to update website not sure why
£ -	phones now on FR system so no more phone bills, just handest fee paid by FR £17 per month
£ 686.95	Renewal Date 28th April 2024
£ 2,131.02	
£ 50.60	
£ 24,644.28	on Budget
£ 4,258.79	over budget, Liz tax makes big effect, may be due to pension draw down??
£ 7,000.00	Fr Rent & OH recovery restarted April 2024 @ £1000 per month
£ 378.40	
£ 2,120.00	cash paid to FR
£ 42,019.16	<i>As Forecast</i>
£ 29,610.99	<i>Triodos CUK Account as of 05/11/2024 £67,070</i>

Strategy required

- 1) Securing Grants, Simon & Liz on board, Simon now securing grants and getting traction
- 2) Legacy fund raising, Simon & Liz to pursue, Any progress?
- 3) maximising Charity status with local buisness and high net worth individules, Liz & Simon now leading, any progress
- 4) CUK CEO to head direction, CCG leads etc and social subscribing etc is this happening
- 5) Website not being maintained even though contact details given at start of LR role as head of CUK







BOARD REPORT

It has been a very busy few months with emphasis on getting more men to attend. We have succeeded in this and now have large groups attending both Tuesday and Thursday afternoons.

This consists of 13 men booked for Tuesdays – 11 every week and 2 fortnightly
14 men booked for Thursdays- 10 every week , 2 fortnightly and 1 when able.

We have had 20 enquiries in the past 2 months

Ref source		attending	considering	Visited but not ready	To visit	Unable to take at moment	To arrange visit	Not for the m
Mental Health	5	2		1	1		1	
GP	1		1					
Carer	9	3	2	1		1(wheelchair)	2	
Self	1	1						
Soc Prescriber	4	1	1				1	1

Break down of payments can be seen in Managers plan

We have men with varying abilities. Now have 3 gentlemen who are immobile, 1 who is blind, 3 with learning disabilities, 7 with dementia, 1 with PTSD, 1 involved with safeguarding.

With these complexities we need to ensure we can meet their needs and cannot consider extra groups until we are sure we have sufficient staff and volunteers. It has been necessary to employ Steve until December to cover leave and

support HJ. He has been great and we really would have struggled without him. He is innovative, has foresight, sees what needs to be done, assesses risks and is able to manage 1:1 or men in groups.

Gentleman's story

Nigel was referred by CMHT. They felt that he needed to have some social interaction and his wife was struggling at home. He has a keen interest in classic cars and according to his wife has a garage full of them. He worked most of his life as a caretaker at a school. He was diagnosed with Alzheimer's disease and was being seen by CMHT as he presented with some 'irritability' which wife was struggling with. He was initially brought to the farm to 'have a look' by his care worker from CMHT and then a visit was planned, and he spent time going around the farm with a member of staff and meeting some of the men. It is evident that Nigel has short-term memory loss and some word-finding difficulties. He was lacking in confidence and appeared anxious.

At the next visit he stayed a little longer and enjoyed walking round and feeding the donkeys. He commented that everything was 'so tidy' and we were 'doing a good job'. It was agreed that Nigel would come again for the session. He arrived with a carer who explained that he had been very reluctant to come and she did not know how long he would stay. He stayed for the whole session! Carer was away the next week so CMHT supported him to come and his wife picked him up. By now Nigel was relaxed and engaging in conversation with other men. I introduced his wife to another wife and they chatted away about their roles and how they manage.

Outcome- Nigel is now attending weekly. He has made friends. Last session he sat chatting with two other men, was laughing making jokes. He is accepted in the group. His wife has exchanged telephone numbers with other wife whose son it transpires had helped to reupholster one of Nigel's cars and has now been to visit him again and taken him for a drive. We hope that Nigel will continue to develop and hope to introduce him to some small carpentry projects. His wife is keen to attend the Carers group.

CUK is about acceptance, creating a space where men can feel safe and make friendships. It works to their strengths and staff/vols are patient and provide support for men to find their way whatever their ability. It also creates support and connections for their family.

Next steps

Our next step is to work on volunteer recruitment. We clearly need good, reliable, trained volunteers to look after the men. We will be contacting Dorset Volunteer Centre and Dorset Community Action Network, publishing on Social Media, working with GP surgeries and attending any appropriate events.

Website- we are aware of need to redesign our website although we have had several referrals from this so it is effective. Working with Board member, Lottie and Maumbury Design we plan to launch a new website which reflects the Dorset

work and our growth and is interactive and will also work for professionals. Safeguarding Policies has been updated and added.

Engagement- events next year plan to improve our connections with the community but more importantly with Dorset County Council and NHS. We plan in January to set out 4 events which will bring in important people and organisations and create the role of Ambassador.

Paperwork/recording- daily and monthly review session records are kept. Monthly review will be updated in November to show how the groups are meeting the men's individual goals. All individual photo albums are up to date.

Site management- Liz now having meetings with Julie to understand what is happening on the farm and how CUK can fit in. Hopefully this will reduce any possible friction or concern about groups and help us to work together with young people. Joint meeting to be held in February 2024.

Policies- all policies which were in record book have been updated, to be checked by Board. Unaware if there are any new policies we should be devising- how would we know this for the future? Attached policies for Board to agree.

Finance- see attachments, Simon to discuss at meeting.

We continue to apply for grants, have specifically been trying for a new tramper which is much needed especially with more men with mobility problems being referred. We would also like to purchase new publicity banners.

DATES for Diary

December 19th 2.30pm- 3.30pm Christmas Party

We will be offering to open 24th December for any gentleman who wants to attend and will also be open on 31st December.

Liz Rose

LR 31.10.2024

COUNTRYMEN UK

England & Wales - Charity number 1184921

Accounts

Trustee Meeting for Countrymen UK

Date 16/11/2023

Apologies Johnathan, James, Woody (Andy)

Marilyn has requested to step down from the trustees due to ill health but would like to be kept updated on progress

Present Julie Sue Liz Harry Rose Becci

Conflict of interest..... Julie and Sue are also on the board for Future Roots...Julie and James own Rylands site.

Minutes agreed as accurate Harry proposed and Rose second

Health and safety

One Participant speeds on the tramper....organized a kill switch to be fitted so we have control to make it safer for everyone on site when he is here

Safe guarding

1 participant has very poor mental health and is explicit to the team. He is accessing CMHT and has an appointment with them regularly. We informed them we were concerned about the level of his distress. The team need support if he has been particularly focal.

We have offered a second session for free for the foreseeable future.

Challenges

Some session volunteers need support and we are feeling there is a growing need for volunteers to be able to access the farm in their own right. More physically able men having a get together. Funding to be sought to do this.

We have had several visits from men who feel the price is too high they are capable and don't need one to one support. We have proposed that the session return to 15.00 as the cost is having an impact on the numbers of men coming. If the men need one to one support or need a buggy the cost will remain the same.

January will be difficult because of need to cover Jans job or induct another person. Jan has said the odd session she will come in if needed.

Finance has improved slightly with some funding coming through but there is still a need to progress and keep Countrymen UK in people's minds so more funding comes through

Staffing

Has changed to reflect finances and need

Nigel 1 week a month but will do more in Jan Feb to help out

Bev continues as is and if she has half an hour spare will do the fridge as she used to do.

David has reduced his time down

We are down to the bare wire in terms of workers so very reliant on good volunteers but we can operate safely as long as there isn't long write ups to do

We have around 10 volunteers on the books who come usually a session a week.

Liz left the meeting at this point while we discussed the manager role as she has requested to be considered for the job.

The quality of applicants were not up to the whole job with different people being good at aspects of the role and needing lots of support to get going which isn't available.

Options we have is to appoint Liz to part of the role with a support person to assist the areas she is least familiar with or readvertise. Liz is very qualified to run the club with vast experience of working with people with similar needs but hasn't done project management before.

There is an applicant who could compliment these skills and we could request that he meets and discusses the options available.

Job roles were briefly discussed, and it was proposed that we offer Liz the role 2 days a week and the other applicant one day a week.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Countrymen Uk

1184921

Receipts and payments accounts

CC16a

For the period
from

1st November 2022

To

31st October 2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	19,350	-	-	19,350	10,500
Donations	14,226	-	-	14,226	5,461
Fees	22,394	-	-	22,394	19,510
Interest Received	89	-	-	89	16
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	56,059	-	-	56,059	35,487
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	56,059	-	-	56,059	35,487
A3 Payments					
Wages & NI costs	26,341	-	-	26,341	24,710
Staff training & welfare	419	-	-	419	371
Rent	14,500	-	-	14,500	6,000
Computer & IT costs	228	-	-	228	354
Insurance	677	-	-	677	677
Repairs & maintenance	740	-	-	740	1,926
Printing, post & stationery	296	-	-	296	-
Telephone & broadband	147	-	-	147	344
Accountancy fees	870	-	-	870	840
Bank charges	53	-	-	53	55
Sundry expenses	223	-	-	223	-
Sub total	44,494	-	-	44,494	35,277
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	44,494	-	-	44,494	35,277
Net of receipts/(payments)	11,565	-	-	11,565	210
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	35,332	-	-	35,332	35,122
Cash funds this year end	46,897	-	-	46,897	35,332

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank & cash in hand	37,091	-	-
	Fees outstanding	9,893	-	-
	PAYE creditor	87	-	-
	Total cash funds	46,897	-	-
	<small>(agree balances with receipts and payments account(s))</small>			

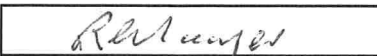
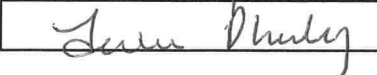
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MRS R E LOCKYER	23/5/24
	JULIA PLUMLEY	23/5/24

**Profit & Loss
2022 - 2023**

Report date 10/10/23

	Debit	Credit
Income		
CC Fees		£ 14,960.00
Donations		£ 4,354.43
Grants		£ 19,350.00
Just Giving		£ 10,073.00
Bank Interest Received		£ 77.25
Unkown		£ 3,376.00
Total Income		£ 52,190.68
less Expenses		
Web Design	£ 460.35	
Telephone & Internet	£ 147.16	
Insurance	£ 676.95	
Professional Fees	£ 690.00	
Bank Charges	£ 46.40	
Wages Including Pensions	£ 22,617.90	
PAYE	£ 1,608.83	
OH & Rent	£ 7,500.00	
Unknown	£ 307.50	
Total Expenditure	£ 34,055.09	
Operating Profit		£ 18,135.59

Budget to Year end	Notes
	<u>Accounts start 1st Nov 2022; Month 8 31st June 2023</u>
£ 16,320.00	Prorated to 12 months
£ 4,750.29	Assume CUK will carry out several fund raising events before 31st Oct 2023
£ 19,350.00	Hunts Grant £8,750 per anum secured for 3 years subject to Outcome reports per Anuum
£ 10,073.00	£10K donation from local chap to be split 50/50 with FR, £2500 tax back to come
£ 84.27	Assume will just maintain
£ 3,682.91	mix of odd cheques not yet catogrised, also £2K transferred back by FR to CUK to aid
£ 54,260.47	
£ 542.89	this has £150 annual maintance fee included plus £100 for web content updates
£ 147.16	phones now on FR system so no more phone bills,
£ 676.95	Renewal Date 28th April 2024
£ 1,400.00	Accounts fee
£ 50.62	
£ 24,674.07	
£ 1,755.09	
£ 7,500.00	FR have stopped rent until CUK stands on own finacial status
£ 307.50	general
£ 37,054.28	Wages reduced
	JP secured £8.75K funding a year for 3 years
	JP secured £12500 donation at Holnest church
	JP has £10K of grants awaiting feed back
	FR £2K transfer
£ 17,206.19	<u>Triodos CUK Account as of 10/10/23 £39,456.86</u>

Stratagy required

- 1) Securing Grants
- 2) Countrymen Fees are they enough
- 3) Legacy fund raising,
- 4) maximising Charity status with local buisness and high net worth individules
- 5) CUK CEO to head direction, CCG leads etc and social subscribing etc

COUNTRYMEN UK

England & Wales - Charity number 1184921

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

COUNTRYVIEW (UK)

1104923

Receipts and payments accounts

CC16a

For the period from	1st November 2021	To	31st October 2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	10,500	-	-	10,500	6,000
Donations	5,461	-	-	5,461	7,888
Fees	19,510	-	-	19,510	8,080
Interest Received	16	-	-	16	16
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	35,487	-	-	35,487	21,984
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	35,487	-	-	35,487	21,984
A3 Payments					
Wages & NI costs	24,710	-	-	24,710	13,695
Staff training & welfare	371	-	-	371	-
Rent	6,000	-	-	6,000	-
Computer & IT costs	354	-	-	354	1,390
Insurance	677	-	-	677	677
Repairs & maintenance	1,926	-	-	1,926	18
Printing, post & stationery	-	-	-	-	33
Telephone & broadband	344	-	-	344	180
Accountancy fees	840	-	-	840	288
Bank charges	55	-	-	55	15
Sundry expenses	-	-	-	-	73
Sub total	35,277	-	-	35,277	16,369
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	35,277	-	-	35,277	16,369
Net of receipts/(payments)	210	-	-	210	5,615
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	35,122	-	-	35,122	29,507
Cash funds this year end	35,332	-	-	35,332	35,122

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank & cash in hand	27,205	-	-
	Fees outstanding	8,195	-	-
	PAYE creditor	68	-	-
	Total cash funds	35,332	-	-

(agree balances with receipts and payments account(s))

OK OK OK

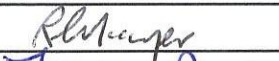

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MRS R E LOCKYER	18/7/23
	JULIA PLUMLEY	18/7/23

COUNTRYMEN UK

England & Wales - Charity number 1184921

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

COUNTRYMEN (UK)

1164921

Receipts and payments accounts

CC16a

For the period
from

1st November 2020

To

31st October 2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	6,000	-	-	6,000	28,500
Donations	7,888	-	-	7,888	1,006
Fees	8,080	-	-	8,080	-
Interest Received	16	-	-	16	4
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	21,984	-	-	21,984	29,510
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,984	-	-	21,984	29,510
A3 Payments					
Wages & NI costs	13,695	-	-	13,695	-
Computer & IT costs	1,380	-	-	1,380	-
Insurance	677	-	-	677	-
Repairs & maintenance	18	-	-	18	-
Printing, post & stationery	33	-	-	33	-
Telephone & broadband	180	-	-	180	-
Accountancy fees	288	-	-	288	-
Bank charges	15	-	-	15	3
Sundry expenses	73	-	-	73	-
Sub total	16,369	-	-	16,369	3
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,369	-	-	16,369	3
Net of receipts/(payments)	5,615	-	-	5,615	29,507
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	29,507	-	-	29,507	-
Cash funds this year end	35,122	-	-	35,122	29,507

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank & cash in hand	32,702	-	-
	Fees outstanding	2,420	-	-
		-	-	-
	Total cash funds	35,122	-	-

(agree balances with receipts and payments account(s))

OK

OK

OK

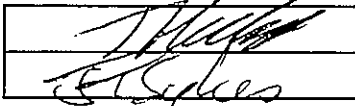

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J. P. HERBERT	21/7/22
	J. T. SYKES	21/7/22

COUNTRYMEN UK

England & Wales - Charity number 1184921

Accounts

Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of older men living with cognitive and mobility issues.

Summary of the main activities undertaken for the public benefit in relation to these objects

Social agricultural and horticulture, rural crafts, care farming, respite services and other eco-therapy techniques.

Additional details of objectives and activities (optional information)

[Empty box for additional details of objectives and activities]

[Empty box for additional details of objectives and activities]

Achievements and performance

Summary of the main achievements of the charity during the year

Established initial sources of funding for the future activities of the charity following registration.

[Empty box for achievements and performance]

Financial review

Brief statement of the charity's policy on reserves

Funds held at the end of the financial period are reserved for future costs in respect of the charity objectives.

Details of any funds materially in deficit

None.

[Empty box for details of funds materially in deficit]

Further financial review details: (Optional information)

[Empty box for further financial review details]

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees

Signature(s)	<i>Julia Plumley</i>
Full name(s)	Julie Ann Plumley
Position (e.g. secretary, chair)	CEO
Date	25-5-21

Independent examiner's report on the accounts

Countrymen UK	Report to the trustees/ members of
31-Oct-20	On accounts for the period ended
1 to 2	Set out on pages

I report to the trustees on my examination of the accounts for the period from 15 August 2019 to 31 October 2020

Responsibilities and basis of report
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under s145 of the Act and in carrying out my examination, I have followed the application Directions given by the Charity Commission under s145(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- Accounting records were not kept in accordance with section 130 the Act; or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:	<i>K. Robertson</i>	Date:	28 May-21
Name:	Keith Bretherton		
Relevant Professional qualification (s) or body (if any):	Association of Chartered Certified Accountants		
Address:	St Georges House Greenhill Sherborne Dorset DT9 4HF		

Disclosure section
Give here brief details of
any items that the
examiner wishes to
disclose.



Signed (on behalf of all the trustees)

Debra Plumb

B5 Liabilities					
B4 Assets retained for the charity's own use					
B3 Investment assets					
B2 Other monetary assets					
B1 Cash funds	29,507.00	Total cash funds			
		Unrestricted funds to	1,007.00		
		Endowment funds to	28,500.00		
		Restricted funds to			
		nearst £			
		to nearest £			
		nearst £			

Section B statement of assets and liabilities at the end of the period

A6 Cash funds at year end	1,007.00	28,500.00	0.00	29,507.00	0.00
A5 Transfers Between Funds					
Net of receipts/(payments)	1,007.00	28,500.00	0.00		0.00
Total payments	3.00	0.00	0.00	3.00	0.00
A4 Asset & Investment purchases etc					