



RALPHH Chairman's Report for the Year 2024-25

It has been a record-breaking year for the Robert Allen Life Promotion and Healthy Hearts (RALPHH) Trust as the reputation of the charity continues to grow.

A remarkable 29 defibrillators were given to the sports department of schools and to sporting clubs. Expanding from previous sports areas, RALPHH has assisted clubs in horse riding, canoeing and cricket for the first time. However, rowing continues to be the largest area of focus. The geographic reach of all of this partnership work now extends from Gateshead in the North East to Fowey, Cornwall as well from Colwyn Bay and Chester to King's Lynn, Eastbourne and the Isle of Wight. We have also been able to enhance the support for sport for disabled people in the last year. So much of this progress has been possible thanks to the donations of pre-owned defibrillators from a major facilities management group which have then been refurbished as necessary by the charity. Therefore, there has been no need for RALPHH to make any financial grants linked to defibrillator availability in the last 12 months. A considerable over-performance against plan has also had the consequence of a sizeable rise in costs linked to travel, but Trustees are fully aware of the position and the reduction in assets was at least in-part anticipated at the start of the financial year.

The year also saw a doubling in the cardiac testing schemes sponsored by RALPHH. The testing programme run through British Rowing attracted RALPHH support for a third consecutive year, whilst a new programme linked to a collection of schools in the Windsor area happened in January.

The on-line information contained on the RALPHH website has again been accessed by many people and was confirmed as being just as relevant and important by a cardiac specialist, as had been the case when first written in 2020. We welcome the reinforcement of the relevance of this material by professional cardiologists.

The investment made in the previous year in improving our on-line presentation has led to increased popularity, ably supported by improvements in the use of social media.

In 2024-25 both Andrew Beard and Susmita Brockhizen stepped down as trustees. It is questionable whether RALPHH could have become as properly established at its instigation without Andrew's welcome guidance. We wish him and Susy well in the future. Joining the Board have been Edmund Green and Connor Rawlins, both of whom having made an immediate impact in the cause of the charity.

A key challenge in the year ahead will be to increase fund-raising, after several years of grants and expenditure exceeding income. Most of this was pre-planned by the Trustees but fund-raising must assume a much higher priority, whilst continuing to build defibrillator numbers and adequately supporting the other objectives of the charity.

RALPHH has ongoing benefit from the extensive volunteer efforts made. As a charity we continue to work exclusively by drawing upon the efforts of concerned people and organisations who, whilst very keen that people of all ages and abilities have access to exerting sport, do so in a manner which includes the appropriate care for their safety and well-being.

26th June 2025

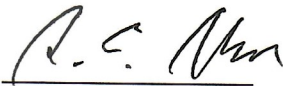
RALPHH Financial Accounts for the Year from 6th April 2024 to 5th April 2025

Charity Number: 1184900

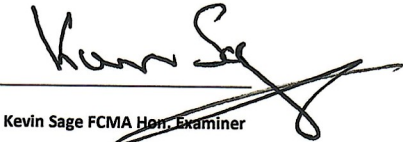
HMRC Charities Reference Number: ZD04185

	2024-25	2023-24
	£	£
Direct Donations	1,922	700
Funds Raised from Events	5	223
Just Giving	2,167	9
Charities Aid Foundation	0.00	201
Charities Trust	538	148
Bright Fund/VMware	0	4,147
Other Donations	0	95
Write Back Potential Liability	0	3,000
Interest Received	177	167
Income for Year	4,808	8,690
Grants made:		
Various Sporting Clubs	0	4,900
Windsor Boys School Boat Club	2,000	0
British Rowing Ltd.	4,000	4,000
Total Grants Made	6,000	8,900
Running costs:		
Internet set up and hosting charges	535	1,540
Defibrillator Pads	1,480	0
Marketing Expenses	0	600
Insurance	222	0
Travel & Subsistence	3,125	1,526
Expenditure for Year	11,361	12,566
Net Increase/(Decrease) in Funds	-£6,553	-£3,876
Cash Book Balance B/Fwd	25,609	29,485
Assets as at 5th April 2025	£19,056	£25,609
Represented by:		
Treasurers Bank Account Balance	10,177	11,020
Deposit Account	10,366	15,189
Less:		
Unpresented Cheques and Accruals	-1,487	-600
	£19,056	£25,609

Signed on by the Chairman, given the agreement of all three Charitable Trustees



Examiners Certificate: I hereby certify these accounts to be full true and correct according to the records, explanations and information given to me.


Kevin Sage FCMA Hon. Examiner

25 June 2025,
Date