

## **Chairman's Report**

### **THE ROBERT ALLEN LIFE PROMOTION AND HEALTHY HEARTS TRUST ANNUAL REPORT FOR THE YEAR 2022-23**

The previous 12 months have been a period of considerable success for the charity, which finishes the financial year on a much stronger note than the year previously. All targets set at the start of the year by the trustees have been met and preparations are well advanced for further partnership activity in 2023-24.

Results in the year against the stated charitable objectives are:

- Five applicable sporting locations now have defibrillation equipment, thanks to support and partnership work from RALPHH.
- A cardiac and circulatory testing programme was run in association with British Rowing, aimed at those shortlisted for potential national honours.
- Use of information on the RALPHH website addressing personal step-down from exerting sports continues to be appreciated and referenced.

In September 2022, the Trustees were delighted to welcome Susy Broekhuizen as a member of the Board. There are now four Trustee Board members, each bringing a complementary range of experience and skills to the charity

The first priority in the year that has concluded was to build the financial resources. This has been achieved through diverse ways in raising donations, but absolutely key was a sponsored row in September by students, staff and alumni of Kingston Grammar School from Henley to Thames Ditton that contributed £20,100. Many thanks are due to those organising and others taking part. Additionally, RALPHH has benefited from fund-raising concerts performed by three community choirs, as well as gifts resulting from a wedding and funeral. Continuing support is coming from employees of VMware in Britain and RALPHH's inclusion on giving websites.

The charity was also a partner in helping to fund defibrillator installations at five locations in England. The five new locations to be equip with a defibrillation due to RALPHH funding includes a first sailing club which resulted from closer relations with the management of British Sailing. A further interesting installation was at an outdoor activity centre for young people with special educational needs. Already for the following year we have completed the groundwork for three new defibrillator installations in the early part of Summer 2023 and will be engaged in a number of sporting partnerships in growing RALPHH-supported locations.

In all of our work we have attempted to keep expenses to a minimum, but the progress continuing to be achieved would not have been possible without considerable travel in this country. The Board does not see this abating in the foreseeable future but a new partnership with an independent business supporter does mean that we may be able to supply without charge defibrillation equipment that will be useful to amateur sporting venues. The shape of these arrangements in yet to be concluded but this is an exciting new development and illustrates the impact that RALPHH has already had since its inception in 2018. We therefore look forward to the future with encouragement.

2<sup>nd</sup> July 2023

# RALPHH Financial Accounts for the Year from 6th April 2022 to 5th April 2023

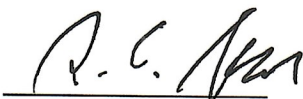
Charity Number: 1184900

HMRC Charities Reference Number: ZD04185

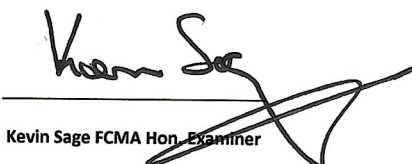
	2022-23 £	2021-22 £
Direct Donations	390	125
Funds Raised from Events	42	145
Just Giving	20,555	229
Global Giving	3,595	357
Charities Aid Foundation	1,785	0
Yonder Consulting	0	70
Mayors Charity	0	110
Other Donations	1,954	0
Interest Received	20	0
<b>Income for Year</b>	<b>28,341</b>	<b>1,036</b>
<b>Grants made:</b>		
Widerness Foundation	850	
Middle Nene Sailing Club	1,400	
Molesey Boat Club	650	
British Rowing Ltd	4,000	
Plymouth Amateur Rowing Club	1,200	
	0	
<b>Total Grants Made</b>	<b>8,100</b>	<b>4,975</b>
<b>Running costs:</b>		
Internet set up and hosting charges	840	1,011
Defibrillator Pads	368	0
Travel & Subsistence	1,086	887
<b>Expenditure for Year</b>	<b>10,394</b>	<b>6,874</b>
<b>Net Increase/(Decrease) in Funds</b>	<b>£17,947</b>	<b>-£5,837</b>
Cash Book Balance B/Fwd	14,538	20,376
Less Potential Liability	-3,000	0.00
<b>Assets as at 5th April 2022</b>	<b>£29,485</b>	<b>£14,538</b>
<b>Represented by:</b>		
Treasurers Bank Account Balance	17,831	9,708
Deposit Account	15,022	5,002
Less:		
Unpresented Cheques	-368	-171
Potential Liability	-3,000	0
	<b>£29,485</b>	<b>£14,538</b>

Signed on

by the Chairman, given the agreement of all three Charitable Trustees



Examiners Certificate: I hereby certify these accounts to be full true and correct according to the records, explanations and information given to me.

  
Kevin Sage FCMA Hon. Examiner

11<sup>th</sup> MAY 2023

Date

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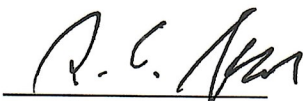
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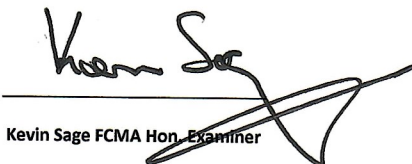
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