

# **Counselling and Support Services Southend**

## **FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025**

# **Counselling and Support Services Southend**

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# **Counselling and Support Services Southend**

## **LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31ST MARCH 2025**

### **Trustees:**

Angela Dress	(Appointed 09/11/21)
Donna Kilday	(Resigned 04/12/24)
Karen Sutton	(Appointed 09/11/21)
Lauren Draycott	(Appointed 23/11/23)
Elena Clements	(Appointed 04/12/24)
Dan Gurner	(Appointed 15/10/24)

**Registered Charity Number:** 1184892

**Registered Office:** 135 Norwich Avenue  
Southend on sea  
SS2 4DH

**Independent Examiner:** David Andrew Robb  
Associate of the Chartered Governance Institute  
Affiliate of the Association of Charity Independent  
Examiners  
MBA

**Banker:** National Westminster Bank plc  
250 Bishopsgate  
London  
EC2M 4AA

# Counselling and Support Services Southend

## RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
<b>Receipts</b>					
Donations and Gifts	4	2,000.00	-	2,000.00	3,038.38
Grants Receivable	5	-	-	0.00	2,000.00
Other income		-	-	0.00	135.36
Client session fees		-	-	0.00	-
Interest Received		-	-	0.00	0.00
<b>Total Receipts</b>		<b>2,000.00</b>	<b>0.00</b>	<b>2,000.00</b>	<b>5,173.74</b>
<b>Payments</b>					
Fundraising Activities		-	-	-	-
Session and Charitable Activities Costs	6	1,259.77	20.00	1,279.77	4,759.78
Governance Costs	7	62.50	-	62.50	50.00
<b>Total Payments</b>		<b>1,322.27</b>	<b>20.00</b>	<b>1,342.27</b>	<b>4,809.78</b>
<b>Net Receipts/(Payments)</b>		<b>677.73</b>	<b>-20.00</b>	<b>657.73</b>	<b>363.96</b>
<b>Net Receipts/(Payments) after Transfers</b>		<b>677.73</b>	<b>-20.00</b>	<b>657.73</b>	<b>363.96</b>
		Unrestricted Funds £	Restricted Funds £	Total Funds £	
<b>Cash Funds at 31st March 2025</b>		<b>4,012.94</b>	<b>0.00</b>	<b>4,012.94</b>	
<b>Cash Funds at 31st March 2024</b>		<b>3,335.21</b>	<b>20.00</b>	<b>3,355.21</b>	

Notes on pages 4 to 6 form part of these accounts

## Counselling and Support Services Southend

### ASSETS AND LIABILITIES ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 £	2024 £
<b>Monetary Assets</b>			
Cash at Bank and in Hand	3	4,012.94	3,355.21
		<u>4,012.94</u>	<u>3,355.21</u>
<b>Represented by Funds</b>			
	Restricted	0.00	20.00
Unrestricted Funds		4,012.94	3,335.21
		<u>4,012.94</u>	<u>3,355.21</u>

The accounts were approved by the Trustees and signed on their behalf by:

Signed:



Name:

Date:

Don Curner  
19/12/25

Angela Dress - Chair of Counselling and Support Services Southend

# Counselling and Support Services Southend

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

### 1. Basis of Preparation

These accounts are prepared on a receipts and payments basis, following best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) issued in October 2005, with all revenue and expenses shown on a cash basis.

### 2. Independent Examination

The cost of the Independent Examination was

### 3. Bank Accounts

	2025	2024
	£	£
NatWest current account	4,012.94	3,355.21
Barclays current account		
Deposit account		
	<u>4,012.94</u>	<u>3,355.21</u>

### 4. Donations and Gifts

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Michael Chard	2,000.00	-	2,000.00	2,000.00
HMRC gift aid	-		0.00	1,038.38
Donations below £250	-	-	0.00	135.36
Inter Church Caring Trust	-	-	0.00	2,000.00
	<u>2,000.00</u>	<u>0.00</u>	<u>2,000.00</u>	<u>5,173.74</u>

## Counselling and Support Services Southend

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

#### 5. Grants Receivable

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Inter Church Caring Trust Credit	-	-	0.00	2,000.00
	-	-	0.00	-
	-	-	0.00	-
	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>2,000.00</b>

#### 6. Session and Charitable Activities Cost

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
CPD/training	-	-	0.00	1,500.00
Telephone Internet	558.77	20.00	578.77	659.90
Expenses mileage	3.60	-	3.60	56.04
Refreshments	-	-	0.00	48.50
Publicity/marketing	363.00	-	363.00	2,025.00
Office/overheads	-	-	0.00	0.00
Venue hire	-	-	0.00	183.00
Insurance	334.40	-	334.40	287.34
	<b>1,259.77</b>	<b>20.00</b>	<b>1,279.77</b>	<b>4,759.78</b>

## Counselling and Support Services Southend

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

#### 7. Governance Costs

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Independent Examination	62.50	0.00	62.50	50.00
	-	-	0.00	-
	<b>62.50</b>	<b>0.00</b>	<b>62.50</b>	<b>50.00</b>

#### 8. Trustees' Remuneration

There was no trustee remuneration paid by the charity