

SIKH RECOVERY NETWORK

Charitable Incorporated Organisation

Charity Number:
1184884

ANNUAL REPORT AND FINANCIAL STATEMENTS

Period of accounts

Start Date: 1st January 2024

End Date: 31st December 2024

SIKH RECOVERY NETWORK
Contents
for the year ending 31 December 2024

	Page
Trustees' Report	2
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Accounts	9

Prepared by:



Sunder & Thandi Accountants
Chartered Certified Accountants

Section A Reference and administration details

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littleover

Derby

Postcode

DE23 3XB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SARBJIT BITTER			
2	PARAMJIT SIDHU			
3	SUKNINDER KAUR POONIA			
4				
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Name of chief executive or names of senior staff members

MR JASVINDER RAI

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Association

Trustee selection methods
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

Summary of the main achievements of the charity during the year

In addition to directly supporting individuals in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to make significant progress in expanding its reach and impact across the UK and beyond.

During the year, SRN successfully secured a Lottery Development Grant, which has enabled the charity to establish dedicated office space. This space now provides a safe and confidential environment for therapy sessions, counselling, and one to one support for clients. It has also become a hub for the charity's weekly Recovery and Wellbeing Meetings, offering individuals a welcoming and consistent space for connection, reflection, and recovery support.

The SRN has delivered three Sikh Recovery Retreats in the UK, each spanning four days and attended by a minimum of 20 participants. Following each retreat, individuals were supported through a structured 90 Day aftercare programme to help strengthen their recovery journey. In addition, SRN expanded its international outreach by delivering a highly successful Recovery Retreat in Vancouver Canada, reaching members of the Sikh community effected by addiction abroad.

Our Prevention Programme has also grown significantly, with SRN delivering talks and workshops in schools and academies, across the country. These sessions focus on raising awareness among students about the dangers of alcohol and drug addiction, encouraging prevention and early intervention through education and open discussion.

Weekly recovery meetings continue to take place in Coventry, London, Leicester, Birmingham, Derby and three weekly Zoom Meetings, with growing attendance and strong community engagement locally and internationally.

SRN has continued to deliver family workshops to educate and support the relatives of those affected by addiction. These workshops provide culturally sensitive guidance and help families connect with others facing similar challenges, empowering them with tools, and understanding to support both their loved ones and themselves. A weekly Zoom Meeting continues to support loved ones living with an addict to cope with how they can heal from the family disease.

Our partnerships with Turning Point, CGL, NHS, Trusts, Local Authorities, and Police Forces have remained strong, ensuring an integrated approach to addiction recovery and prevention. In addition, new collaborations with other faith based organisations have been formed, enabling shared learning and collective action in supporting recovery within diverse communities.

The year has marked a period of growth, development, and strengthened foundations for SRN. The support from the Lottery Development Grant has been instrumental in advancing our mission to provide recovery, prevention, and hope to individuals and families affected by addiction.

Section E**Financial Review**

Brief statement of the charity's policy on reserves

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.

Details of any funds materially in deficit



No funds in deficit

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Sukninder Poonia

Sarbjit Bitter

Position

Trustee

Trustee

Date

31/10/2025

SIKH Recovery Network

Independent Examiners Report to the trustees of Sikh Recovery Network

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2024, which are set out on pages 7-10

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement


My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2025

Sunder & Thandi Accountants Limited

Association of Chartered Certified Accountants
Union House, 111 New Union Street, Coventry, CV1 3NT

SIKH RECOVERY NETWORK
Statement of Financial Activities
for the year ending 31 December 2024


	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<u>Incoming resources</u>					
Donations		14,731	-	14,731	13,590
Fundraising Events		-	-	-	-
Grant Funding		-	40,088	40,088	3,500
Total incoming resources		14,731	40,088	54,819	17,090
<u>Resources expended</u>					
Wages, Salaries, Pensions and NI		-	-	-	-
Cost of Charitable Activities		6,117	5,309	11,426	9,402
Travel, Accommodation & Subsistence		662	2,000	2,662	2,208
Professional, Admin & Consulting Fees		446	23,918	24,364	186
Telephone		1,036	-	1,036	970
Postage & Stationery		794	-	794	629
Design, Print & Media		2,494	-	2,494	2,915
Insurance		591	-	591	686
Software		186	-	186	415
IT Costs		282	-	282	285
Depreciation		290	-	290	290
Other Expenditure		-	-	-	102
Total resources expended		12,899	31,227	44,126	18,087
Transfers between funds		-	-	-	-
Net incoming/(outgoing) resources		1,832	8,861	10,693	(997)
Reconciliation of Funds					
Net movement in funds		1,832	8,861	10,693	(997)
Total funds brought forward		3,990	-	3,990	4,987
Total funds carried forward		5,822	8,861	14,683	3,990

SIKH RECOVERY NETWORK
Balance Sheet as at 31 December 2024

	Note	Total 2024 £	Total 2023 £
Fixed Assets			
Tangible Assets	2 -	0	289
Total Fixed Assets	-	0	289
Current Assets			
Cash at bank and in hand		14,683	3,701
Total Current Assets		14,683	3,701
Liabilities			
Creditors: Amounts falling due within one year	3	-	-
Net current assets/(liabilities)		14,683	3,701
Total assets less current liabilities		14,683	3,990
Net Assets		14,683	3,990
Funds of the Charity			
Designated funds		-	-
Undesignated funds		5,822	3,990
Total Unrestricted funds		5,822	3,990
Total Restricted income funds		8,861	-
Total Funds		14,683	3,990

The financial statements were approved and authorised for issue by the
Trustees on: 31st October 2025

Sign 
Print Sukninder Poonia

Sign 
Print Sarbjit Bitter

SIKH RECOVERY NETWORK
Notes to the Financial Statements
for the year ending 31 December 2024

1. Accounting Policies

Basis for preparing financial statements

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

Incoming Resources

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Resources Expended and Liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

Tangible Fixed Assets

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

2. Tangible Fixed Assets

	Computer Equipment £
<u>Cost</u>	
At 31 December 2023	3,110
Additions	-
Disposals	-
At 31 December 2024	<u>3,110</u>
<u>Depreciation</u>	
At 31 December 2023	2,821
Charge for the year	290
Disposals	-
At 31 December 2024	<u>3,110</u>
<u>Net Book Value</u>	
At 31 December 2023	<u>289</u>
At 31 December 2024	<u>-</u>

3. Creditors due within one year

Other Creditors & Accruals	<u>-</u>
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4. Trustees' Expenses

No trustees received any expenses during the period.

5. Staff Wages & Salaries

	2024 £	2023 £
Wages & Salaries	<u>-</u>	<u>-</u>