

# **SIKH RECOVERY NETWORK**

Charitable Incorporated Organisation

Charity Number:  
1184884

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

Period of accounts

Start Date: 1st January 2022

End Date: 31st December 2022

**SIKH RECOVERY NETWORK**  
**Contents**  
**for the year ending 31 December 2022**

	<b>Page</b>
Trustees' Report	2
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Accounts	9

Prepared by:



**Sunder & Thandi Accountants**  
Chartered Certified Accountants

## Section A Reference and administration details

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littleover

Derby

Postcode

DE23 3XB

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SARBJIT BITTER			
2	PARAMJIT SIDHU			
3	SUKNINDER KAUR POONIA			
4				
5				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Name of chief executive or names of senior staff members

MR JASVINDER RAI

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Association

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

**Summary of the objects of the charity set out in its governing document**

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

**Summary of the main achievements of the charity during the year**

In addition to directly supporting people in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to deliver talks and presentations up and down the country with great responses from the community.

Weekly meetings continue to take place in Coventry, London, Leicester, Birmingham Derby, and Leamington Spa.

SRN launched a survey in the 2022 to engage with the Sikh Community specifically around their relationship with alcohol and substance misuse. This provided vital information, allowing the charity to better focus its support services. The findings of the survey were launched in Parliament on December 15th where MP's, Lords and service providers were present and supported the launch.

In September Jaz Rai CEO of the charity was nominated by University of Derby for the award of Honorary Master of the University in recognition of his outstanding work around alcohol and substance addiction issues. This was another proud moment for SRN.

2022 also saw the very first workshop to be delivered around the 'Sikh 12 Step' recovery program. This was very well received and something that will be repeated more in the future.

Existing partnerships with Turning Point, CGL, NHS Trusts, Local Authorities and various Police forces continued to be strong during the year. Healthy working relationships were maintained with all our partners. New partnerships have been formed with other faith groups, so we can support each other and learn how we can deliver more recovery solutions in the community.

TV work with the Sikh Channel has continued to be a success where our founder and CEO, Jaz Rai, hosts his show 'Alcohol and Beyond', giving the charity valuable exposure and helps reach out to those who need our support. The 'Under the Influence' Podcast, launched in November 2021, has continued to provide an opportunity to connect with people who may need help.

2022 brought some new challenges with having to adapt to post Covid-19 and new ways of working. SRN believe it's made valuable progress in the year. The charity is committed to building on this and looking towards funding streams to employ a dedicated team to deliver recovery solutions which will consist of full time and part time staff and an office to work from.

**Section E****Financial Review**

**Brief statement of the charity's policy on reserves**

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.



**Details of any funds materially in deficit**

No funds in deficit

**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>		
<b>Full name(s)</b>	Sukninder Poonia	Sarbjit Bitter
<b>Position</b>	Trustee	Trustee
<b>Date</b>	31/10/2023	

## **SIKH Recovery Network**

### **Independent Examiners Report to the trustees of Sikh Recovery Network**

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2022, which are set out on pages 7-10

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2023

#### **Sunder & Thandi Accountants Limited**

Association of Chartered Certified Accountants  
Union House, 111 New Union Street, Coventry, CV1 3NT

**SIKH RECOVERY NETWORK**  
**Statement of Financial Activities**  
**for the year ending 31 December 2022**


	Note	Unrestricted funds £	Restricted income funds £	Total 2022 £	Total 2021 £
<b><u>Incoming resources</u></b>					
Donations		2,560	-	2,560	1,234
Fundraising Events		-	-	-	-
Grant Funding		-	-	-	11,956
<b>Total incoming resources</b>		<b>2,560</b>	<b>-</b>	<b>2,560</b>	<b>13,190</b>
<b><u>Resources expended</u></b>					
Wages, Salaries, Pensions and NI	5	-	-	-	710
Travel, Accommodation & Subsistence		427	2,422	2,850	3,660
Professional, Admin & Consulting Fees		2,225	251	2,476	712
Telephone		81	457	537	389
Postage & Stationery		50	283	333	436
Design, Print & Media		346	1,962	2,308	2,883
Insurance		97	548	645	176
Software		41	234	275	1,901
IT Costs		159	903	1,062	455
Depreciation		1,265	-	1,265	1,265
Other Expenditure		-	-	-	213
<b>Total resources expended</b>	4	<b>4,692</b>	<b>7,059</b>	<b>11,751</b>	<b>12,801</b>
<b>Transfers between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net incoming/(outgoing) resources</b>		<b>(2,132)</b>	<b>(7,059)</b>	<b>(9,191)</b>	<b>389</b>
Reconciliation of Funds					
<b>Net movement in funds</b>		<b>(2,132)</b>	<b>(7,059)</b>	<b>(9,191)</b>	<b>389</b>
<b>Total funds brought forward</b>		<b>3,679</b>	<b>10,499</b>	<b>14,178</b>	<b>13,789</b>
<b>Total funds carried forward</b>		<b>1,548</b>	<b>3,439</b>	<b>4,987</b>	<b>14,178</b>




**SIKH RECOVERY NETWORK**  
**Balance Sheet as at 31 December 2022**

	Note	Total 2022 £	Total 2021 £
<b>Fixed Assets</b>			
Tangible Assets	2	-	1,265
<b>Total Fixed Assets</b>		<b>-</b>	<b>1,265</b>
<b>Current Assets</b>			
Cash at bank and in hand		4,987	12,912
<b>Total Current Assets</b>		<b>4,987</b>	<b>12,912</b>
<b>Liabilities</b>			
Creditors: Amounts falling due within one year	3	-	-
<b>Net current assets/(liabilities)</b>		<b>4,987</b>	<b>12,912</b>
<b>Total assets less current liabilities</b>		<b>4,987</b>	<b>14,178</b>
<b>Net Assets</b>		<b>4,987</b>	<b>14,178</b>
<b>Funds of the Charity</b>			
Designated funds		-	-
Undesignated funds		1,548	3,679
Total Unrestricted funds		1,548	3,679
Total Restricted income funds		3,439	10,499
<b>Total Funds</b>		<b>4,987</b>	<b>14,178</b>

The financial statements were approved and authorised for issue by the Trustees on: 31st October 2023

Sign   
 Print Sukninder Poonia

Sign   
 Print Sarbjit Bitter

**SIKH RECOVERY NETWORK**  
**Notes to the Financial Statements**  
**for the year ending 31 December 2022**

**1. Accounting Policies**

**Basis for preparing financial statements**

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

**Incoming Resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

**Resources Expended and Liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

**Tangible Fixed Assets**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

## 2. Tangible Fixed Assets

	Computer Equipment £
<b><u>Cost</u></b>	
At 31 December 2021	2,531
Additions	-
Disposals	-
At 31 December 2022	-
<b><u>Depreciation</u></b>	
At 31 December 2021	1,265
Charge for the year	1,265
Disposals	-
At 31 December 2022	2,531
<b><u>Net Book Value</u></b>	
At 31 December 2021	1,265
At 31 December 2022	-

## 3. Creditors due within one year

Other Creditors & Accruals	-
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## 4. Trustees' Expenses

No trustees received any expenses during the period.

## 5. Staff Wages & Salaries

	2022 £	2021 £
Wages & Salaries	-	710