

SIKH RECOVERY NETWORK

Charitable Incorporated Organisation

Charity Number:
1184884

ANNUAL REPORT AND FINANCIAL STATEMENTS

Period of accounts

Start Date: 1st January 2021

End Date: 31st December 2021

SIKH RECOVERY NETWORK
Contents
for the year ending 31 December 2021

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Prepared by:



Sunder & Thandi Accountants
Chartered Certified Accountants

Section A Reference and administration details

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littleover

Derby

Postcode

DE23 3XB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SARBJIT BITTER			
2	PARAMJIT SIDHU			
3	JASVINDER RAI		Up to 20 th December 2021	
4	SUKNINDER KAUR POONIA		From 20 th December 2021	
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Name of chief executive or names of senior staff members

MR JASVINDER RAI

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Association

Trustee selection methods
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

Summary of the objects of the charity set out in its governing document

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

Summary of the main achievements of the charity during the year

In addition to directly supporting people in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to deliver talks and presentations up and down the country with great responses from the community.

Weekly meetings now take place in Coventry and Leamington Spa where the original planned commencement of these meetings was delayed in 2020 due to Covid-19. Weekly meetings are also taking place in Leicester, Birmingham, Southall, and Derby which were established before Covid-19.

Despite the challenges of Covid-19, SRN was able to reach out and provide much needed direct support to addicts and their families. Zoom was a very successful alternative to face-to-face meetings, allowing us to continue to provide support to individuals through two meetings a week via Zoom.

Existing partnerships with Turning Point, CGL, NHS Trusts, Local Authorities and various Police forces continued to be strong during the year. Healthy working relationships were maintained with all our partners. New partnerships have been formed with charities such as National Association of Children of Alcoholics (NACOA) as well as other NHS trusts.

TV work with the Sikh Channel has continued to be a success where our founder and CEO, Jaz Rai, hosts his show 'Alcohol and Beyond', giving the charity valuable exposure and helps reach out to those who need our support. The 'Under The Influence' Podcast was launched in November 2021 and has proved to be a great success; this is something SRN will continue to engage in which gives us another opportunity to connect with people who may need help.

In the Queens Birthday Honours for June 2021, our founder and CEO, Jaz Rai was awarded an OBE for the charity's services to the Sikh Community during Covid-19. This was a huge honour for the Charity and Jaz who was also awarded the Points of Light Award by the Prime Minister the year before.

SRN plan to launch a survey in the new year to engage with the Sikh Community specifically around their relationship with alcohol and substance misuse. This will provide vital information, allowing the charity to better focus its services.

Although 2021 brought its own challenges with Covid-19, SRN believe we made valuable progress in the year. We are committed to building on this and looking towards funding streams to employ a dedicated team to deliver recovery solutions which will consist of full time and part time staff.

Section E**Financial Review**

Brief statement of the charity's policy on reserves

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.



Details of any funds materially in deficit

No funds in deficit

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sukninder Poonia	Sarbjit Bitter
Position	Trustee	Trustee
Date	31/10/2022	

SIKH Recovery Network

Independent Examiners Report to the trustees of Sikh Recovery Network

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2021, which are set out on pages 7-10

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2022

Sunder & Thandi Accountants Limited

Association of Chartered Certified Accountants
Union House, 111 New Union Street, Coventry, CV1 3NT


SIKH RECOVERY NETWORK
Statement of Financial Activities
for the year ending 31 December 2021


	Note	Unrestricted funds £	Restricted income funds £	Total 2021 £	Total 2020 £
<u>Incoming resources</u>					
Donations		1,234		1,234	3,122
Fundraising Events		-		-	511
Grant Funding		2,000	9,956	11,956	18,700
Total incoming resources		3,234	9,956	13,190	22,333
<u>Resources expended</u>					
Wages, Salaries, Pensions and NI	5	-	710	710	-
Travel, Accommodation & Subsistence		549	3,111	3,660	3,464
Professional, Admin & Consulting Fees		107	605	712	622
Telephone		58	331	389	-
Postage & Stationery		65	371	436	2,042
Design, Print & Media		542	2,341	2,883	-
Insurance		-	176	176	-
Software		285	1,616	1,901	-
IT Consumables		69	387	455	780
Depreciation		1,265		1,265	-
Other Expenditure		213		213	1,657
Total resources expended	4	3,154	9,647	12,801	8,565
Transfers between funds		-	-	-	-
Net incoming/(outgoing) resources		80	309	389	13,768
Reconciliation of Funds					
Net movement in funds		80	309	389	13,768
Total funds brought forward		3,599	10,190	13,789	21
Total funds carried forward		3,679	10,499	14,178	13,789

SIKH RECOVERY NETWORK
Balance Sheet as at 31 December 2021

	Note	Total 2021 £	Total 2020 £
Fixed Assets			
Tangible Assets	2	1,265	-
Total Fixed Assets		1,265	-
Current Assets			
Cash at bank and in hand		12,912	13,789
Total Current Assets		12,912	13,789
Liabilities			
Creditors: Amounts falling due within one year	3	-	-
Net current assets/(liabilities)		12,912	13,789
Total assets less current liabilities		14,178	13,789
Net Assets		14,178	13,789
Funds of the Charity			
Designated funds		-	-
Undesignated funds		3,679	3,599
Total Unrestricted funds		3,679	3,599
Total Restricted income funds		10,499	10,190
Total Funds		14,178	13,789

The financial statements were approved and authorised for issue by the
 Trustees on: 31st October 2022

Sign 
 Print Sukninder Poonia

Sign 
 Print Sarbjit Bitter

SIKH RECOVERY NETWORK
Notes to the Financial Statements
for the year ending 31 December 2021

1. Accounting Policies

Basis for preparing financial statements

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

Incoming Resources

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Resources Expended and Liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

Tangible Fixed Assets

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

2. Tangible Fixed Assets

	Computer Equipment £
<u>Cost</u>	
At 31 December 2020	-
Additions	2,530
Disposals	-
At 31 December 2021	<u>2,531</u>

<u>Depreciation</u>	
At 31 December 2020	-
Charge for the year	1,265
Disposals	-
At 31 December 2021	<u>1,265</u>

<u>Net Book Value</u>	
At 31 December 2020	<u>-</u>
At 31 December 2021	<u>1,265</u>

3. Creditors due within one year

Other Creditors & Accruals	<u>-</u>
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4. Trustees' Expenses

No trustees received any expenses during the period.

5. Staff Wages & Salaries

	2021 £	2020 £
Wages & Salaries	<u>710</u>	<u>-</u>