

# SIKH RECOVERY NETWORK

England & Wales · Charity number 1184884

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-08-13

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 7 Squires Way  
Littleover  
Derby  
DE23 3XB

**Phone** 07830525756

**Email** [sadauk@hotmail.co.uk](mailto:sadauk@hotmail.co.uk)

**Website** [www.sikhrecoverynetwork.org](http://www.sikhrecoverynetwork.org)

## Activities

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**Objects:** THE RELIEF OF PEOPLE IN NEED BY REASON OF ADDICTION TO DRUGS OR ALCOHOL AND ASSOCIATED PSYCHOLOGICAL DIFFICULTIES, INCLUDING SUPPORT FOR THEIR FAMILIES AND CO-DEPENDENTS, IN PARTICULAR, BUT NOT EXCLUSIVELY BY, THE PROVISION OF ADVICE, INFORMATION AND GUIDANCE.

**Activities:** We provide support for addicts who are struggling with alcohol dependency or drug misuse.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- Birmingham City
- Derby City
- Derbyshire
- Ealing
- Leicester City
- Leicestershire
- North Yorkshire

## Finances

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| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £54,819 | £44,126     | -      | -         |
| 2023-12-31 | £17,090 | £18,087     | -      | -         |
| 2022-12-31 | £2,560  | £11,751     | -      | -         |
| 2021-12-31 | £13,190 | £12,801     | -      | -         |
| 2020-12-31 | £22,333 | £8,565      | -      | -         |

## Trustees

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| Name                  | Role | Appointed  |
|-----------------------|------|------------|
| Paramjit Sidhu        |      | 2019-08-01 |
| Sarbjit Bitter        |      | 2019-08-01 |
| Sukninder Kaur Poonia |      | 2021-12-20 |

**SIKH RECOVERY NETWORK**

England & Wales - Charity number 1184884

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# Accounts

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# **SIKH RECOVERY NETWORK**

Charitable Incorporated Organisation

Charity Number:

1184884

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

Period of accounts

Start Date: 1st January 2024

End Date: 31st December 2024

**SIKH RECOVERY NETWORK**  
**Contents**  
**for the year ending 31 December 2024**

|                                   | <b>Page</b> |
|-----------------------------------|-------------|
| Trustees' Report                  | 2           |
| Independent Examiner's Report     | 6           |
| Statement of Financial Activities | 7           |
| Balance Sheet                     | 8           |
| Notes to the Accounts             | 9           |

Prepared by:



**Sunder & Thandi Accountants**  
Chartered Certified Accountants

**Section A****Reference and administration details**

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littleover

Derby

Postcode

DE23 3XB

**Names of the charity trustees who manage the charity**

|   | Trustee name          | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|-----------------------|-----------------|-----------------------------------|---|
| 1 | SARBJIT BITTER        |                 |                                   |   |
| 2 | PARAMJIT SIDHU        |                 |                                   |   |
| 3 | SUKNINDER KAUR POONIA |                 |                                   |   |
| 4 |                       |                 |                                   |   |
| 5 |                       |                 |                                   |   |

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

**Name of chief executive or names of senior staff members**

MR JASVINDER RAI

**Section B****Structure, governance and management****Description of the charity's trusts**Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Association

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

**Summary of the main achievements of the charity during the year**

In addition to directly supporting individuals in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to make significant progress in expanding its reach and impact across the UK and beyond.

During the year, SRN successfully secured a Lottery Development Grant, which has enabled the charity to establish dedicated office space. This space now provides a safe and confidential environment for therapy sessions, counselling, and one to one support for clients. It has also become a hub for the charity's weekly Recovery and Wellbeing Meetings, offering individuals a welcoming and consistent space for connection, reflection, and recovery support.

The SRN has delivered three Sikh Recovery Retreats in the UK, each spanning four days and attended by a minimum of 20 participants. Following each retreat, individuals were supported through a structured 90 Day aftercare programme to help strengthen their recovery journey. In addition, SRN expanded its international outreach by delivering a highly successful Recovery Retreat in Vancouver Canada, reaching members of the Sikh community effected by addiction abroad.

Our Prevention Programme has also grown significantly, with SRN delivering talks and workshops in schools and academies, across the country. These sessions focus on raising awareness among students about the dangers of alcohol and drug addiction, encouraging prevention and early intervention through education and open discussion. Weekly recovery meetings continue to take place in Coventry, London, Leicester, Birmingham, Derby and three weekly Zoom Meetings, with growing attendance and strong community engagement locally and internationally.

SRN has continued to deliver family workshops to educate and support the relatives of those affected by addiction. These workshops provide culturally sensitive guidance and help families connect with others facing similar challenges, empowering them with tools, and understanding to support both their loved ones and themselves. A weekly Zoom Meeting continues to support loved ones living with an addict to cope with how they can heal from the family disease.

Our partnerships with Turning Point, CGL,NHS, Trusts, Local Authorities, and Police Forces have remained strong, ensuring an integrated approach to addiction recovery and prevention. In addition, new collaborations with other faith based organisations have been formed, enabling shared learning and collective action in supporting recovery within diverse communities.

The year has marked a period of growth, development, and strengthened foundations for SRN. The support from the Lottery Development Grant has been instrumental in advancing our mission to provide recovery, prevention, and hope to individuals and families affected by addiction.

**Section E****Financial Review****Brief statement of the charity's policy on reserves**

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.



**Details of any funds materially in deficit**

No funds in deficit

**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                     |   |   |
|---------------------|---|---|
| <b>Signature(s)</b> |  |  |
| <b>Full name(s)</b> | Sukninder Poonia  | Sarbjit Bitter  |
| <b>Position</b>     | Trustee   | Trustee   |
| <b>Date</b>         | 31/10/2025  |   |

**SIKH Recovery Network**  
**Independent Examiners Report to the trustees of Sikh Recovery Network**

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2024, which are set out on pages 7-10

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2025

**Sunder & Thandi Accountants Limited**

Association of Chartered Certified Accountants  
Union House, 111 New Union Street, Coventry, CV1 3NT

**SIKH RECOVERY NETWORK**  
**Statement of Financial Activities**  
**for the year ending 31 December 2024**


|  | Note | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | Total<br>2024<br>£ | Total<br>2023<br>£ |
|--|------|----------------------------|--------------------------|--------------------|--------------------|
| <b><u>Incoming resources</u></b>         |      |                            |                          |                    |                    |
| Donations                                |      | 14,731                     | -                        | 14,731             | 13,590             |
| Fundraising Events                       |      | -                          | -                        | -                  | -                  |
| Grant Funding                            |      | -                          | 40,088                   | 40,088             | 3,500              |
| <b>Total incoming resources</b>          |      | <b>14,731</b>              | <b>40,088</b>            | <b>54,819</b>      | <b>17,090</b>      |
| <b><u>Resources expended</u></b>         |      |                            |                          |                    |                    |
| Wages, Salaries, Pensions and NI         |      | -                          | -                        | -                  | -                  |
| Cost of Charitable Activities            |      | 6,117                      | 5,309                    | 11,426             | 9,402              |
| Travel, Accomodation & Subsistence       |      | 662                        | 2,000                    | 2,662              | 2,208              |
| Professional, Admin & Consulting Fees    |      | 446                        | 23,918                   | 24,364             | 186                |
| Telephone                                |      | 1,036                      | -                        | 1,036              | 970                |
| Postage & Stationery                     |      | 794                        | -                        | 794                | 629                |
| Design, Print & Media                    |      | 2,494                      | -                        | 2,494              | 2,915              |
| Insurance                                |      | 591                        | -                        | 591                | 686                |
| Software                                 |      | 186                        | -                        | 186                | 415                |
| IT Costs                                 |      | 282                        | -                        | 282                | 285                |
| Depreciation                             |      | 290                        | -                        | 290                | 290                |
| Other Expenditure                        |      | -                          | -                        | -                  | 102                |
| <b>Total resources expended</b>          |      | <b>12,899</b>              | <b>31,227</b>            | <b>44,126</b>      | <b>18,087</b>      |
| <b>Transfers between funds</b>           |      | <b>-</b>                   | <b>-</b>                 | <b>-</b>           | <b>-</b>           |
| <b>Net incoming/(outgoing) resources</b> |      | <b>1,832</b>               | <b>8,861</b>             | <b>10,693</b>      | <b>(997)</b>       |
| Reconciliation of Funds                  |      |                            |                          |                    |                    |
| <b>Net movement in funds</b>             |      | <b>1,832</b>               | <b>8,861</b>             | <b>10,693</b>      | <b>(997)</b>       |
| <b>Total funds brought forward</b>       |      | <b>3,990</b>               | <b>-</b>                 | <b>3,990</b>       | <b>4,987</b>       |
| <b>Total funds carried forward</b>       |      | <b>5,822</b>               | <b>8,861</b>             | <b>14,683</b>      | <b>3,990</b>       |

**SIKH RECOVERY NETWORK**  
**Balance Sheet as at 31 December 2024**

|  | Note     | Total<br>2024<br>£ | Total<br>2023<br>£ |
|--|----------|--------------------|--------------------|
| <b>Fixed Assets</b>                            |          |                    |                    |
| Tangible Assets                                | 2 -      | 0                  | 289                |
| <b>Total Fixed Assets</b>                      | <b>-</b> | <b>0</b>           | <b>289</b>         |
| <b>Current Assets</b>                          |          |                    |                    |
| Cash at bank and in hand                       |          | 14,683             | 3,701              |
| <b>Total Current Assets</b>                    |          | <b>14,683</b>      | <b>3,701</b>       |
| <b>Liabilities</b>                             |          |                    |                    |
| Creditors: Amounts falling due within one year | 3        | -                  | -                  |
| <b>Net current assets/(liabilities)</b>        |          | <b>14,683</b>      | <b>3,701</b>       |
| <b>Total assets less current liabilities</b>   |          | <b>14,683</b>      | <b>3,990</b>       |
| <b>Net Assets</b>                              |          | <b>14,683</b>      | <b>3,990</b>       |
| <b>Funds of the Charity</b>                    |          |                    |                    |
| Designated funds                               |          | -                  | -                  |
| Undesignated funds                             |          | 5,822              | 3,990              |
| Total Unrestricted funds                       |          | 5,822              | 3,990              |
| Total Restricted income funds                  |          | 8,861              | -                  |
| <b>Total Funds</b>                             |          | <b>14,683</b>      | <b>3,990</b>       |

The financial statements were approved and authorised for issue by the Trustees on: 31st October 2025

Sign   
 Print Sukninder Poonia

Sign   
 Print Sarbjit Bitter

**SIKH RECOVERY NETWORK**  
**Notes to the Financial Statements**  
**for the year ending 31 December 2024**

**1. Accounting Policies**

**Basis for preparing financial statements**

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

**Incoming Resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

**Resources Expended and Liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

**Tangible Fixed Assets**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

**2. Tangible Fixed Assets**

|                                  |                            |
|----------------------------------|----------------------------|
|                                  | Computer<br>Equipment<br>£ |
| <b><u>Cost</u></b>               |                            |
| At 31 December 2023              | 3,110                      |
| Additions                        | -                          |
| Disposals                        | -                          |
| At 31 December 2024              | <u>3,110</u>               |
| <br><b><u>Depreciation</u></b>   |                            |
| At 31 December 2023              | 2,821                      |
| Charge for the year              | 290                        |
| Disposals                        | -                          |
| At 31 December 2024              | <u>3,110</u>               |
| <br><b><u>Net Book Value</u></b> |                            |
| At 31 December 2023              | <u>289</u>                 |
| At 31 December 2024              | <u>-</u>                   |

**3. Creditors due within one year**

|                            |          |
|----------------------------|----------|
| Other Creditors & Accruals | <u>-</u> |
|----------------------------|----------|

**4. Trustees' Expenses**

No trustees received any expenses during the period.

**5. Staff Wages & Salaries**

|                  |           |           |
|------------------|-----------|-----------|
|                  | 2024<br>£ | 2023<br>£ |
| Wages & Salaries | <u>-</u>  | <u>-</u>  |

**SIKH RECOVERY NETWORK**

England & Wales - Charity number 1184884

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# Accounts

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# **SIKH RECOVERY NETWORK**

Charitable Incorporated Organisation

Charity Number:  
1184884

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

Period of accounts

Start Date: 1st January 2023

End Date: 31st December 2023

**SIKH RECOVERY NETWORK**  
**Contents**  
**for the year ending 31 December 2023**

|                                   | <b>Page</b> |
|-----------------------------------|-------------|
| Trustees' Report                  | 2           |
| Independent Examiner's Report     | 6           |
| Statement of Financial Activities | 7           |
| Balance Sheet                     | 8           |
| Notes to the Accounts             | 9           |

Prepared by:



**Sunder & Thandi Accountants**  
Chartered Certified Accountants

**Section A****Reference and administration details**

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littleover

Derby

Postcode

DE23 3XB

**Names of the charity trustees who manage the charity**

|   | Trustee name          | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|-----------------------|-----------------|-----------------------------------|---|
| 1 | SARBJIT BITTER        |                 |                                   |   |
| 2 | PARAMJIT SIDHU        |                 |                                   |   |
| 3 | SUKNINDER KAUR POONIA |                 |                                   |   |
| 4 |                       |                 |                                   |   |
| 5 |                       |                 |                                   |   |

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

**Name of chief executive or names of senior staff members**

MR JASVINDER RAI

**Section B****Structure, governance and management****Description of the charity's trusts**Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Association

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

**Summary of the main achievements of the charity during the year**

In addition to directly supporting people in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to deliver talks and presentations up and down the country with great responses from the community.

Weekly meetings continue to take place in Coventry, London, Leicester, Birmingham, Derby, Southall and Leamington Spa.

Following on from the survey launched in in 2022 highlighting the size of the issue of alcohol and substance misuse, a request for funding has been made to the National Lottery to enable further development of the charity. This would include, securing premises for families and those in addiction to visit, holding workshops and weekly meetings, and have a safe space for counselling and therapy session.

In 2023, the SRN delivered three four-day retreats for individuals who felt they had an addiction to alcohol or other substances. Each retreat saw a minimum of 20 candidates, and following the retreat, they were put on a 90-day programme to help secure their recovery further. To support such services, more volunteers have joined the team, all from different career backgrounds to ensure the retreats are as successful as possible. The feedback following on from the retreats has been incredibly positive. The retreats will continue year on year.

Further workshops took place for the families of loved ones in addiction. The purpose of these workshops was to inform families that the SRN can support them as a culturally sensitive service and help them network with other families who are experiencing similar challenges. This also educated them on the illness of addiction and how they can better understand and support their loved one as well as taking some time for themselves to cope and heal.

Existing partnerships with Turning Point, CGL, NHS Trusts, Local Authorities and various Police forces continued to be strong during the year. Healthy working relationship were maintained with all our partners. New partnerships have been formed with other faith groups, so we can support each other and learn how we can deliver more recovery solutions in the community

**Section E****Financial Review****Brief statement of the charity's policy on reserves**

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.



**Details of any funds materially in deficit**

No funds in deficit

**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                     |   |  |
|---------------------|---|--|
| <b>Signature(s)</b> |  |  |
| <b>Full name(s)</b> | Sukninder Poonia  | Sarbjit Bitter   |
| <b>Position</b>     | Trustee   | Trustee  |
| <b>Date</b>         | 31/10/2024  |  |

**SIKH Recovery Network**  
**Independent Examiners Report to the trustees of Sikh Recovery Network**

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2023, which are set out on pages 7-10

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2024

**Sunder & Thandi Accountants Limited**

Association of Chartered Certified Accountants  
Union House, 111 New Union Street, Coventry, CV1 3NT

**SIKH RECOVERY NETWORK**  
**Statement of Financial Activities**  
**for the year ending 31 December 2023**

|  | Note | Unrestricted<br>funds<br>£ | Restricted<br>income<br>funds<br>£ | Total<br>2023<br>£ | Total<br>2022<br>£ |
|--|------|----------------------------|------------------------------------|--------------------|--------------------|
| <b><u>Incoming resources</u></b>         |      |                            |                                    |                    |                    |
| Donations                                |      | 13,590                     | -                                  | 13,590             | 2,560              |
| Fundraising Events                       |      | -                          | -                                  | -                  | -                  |
| Grant Funding                            |      | 3,500                      | -                                  | 3,500              | -                  |
| <b>Total incoming resources</b>          |      | <b>17,090</b>              | <b>-</b>                           | <b>17,090</b>      | <b>2,560</b>       |
| <b><u>Resources expended</u></b>         |      |                            |                                    |                    |                    |
| Wages, Salaries, Pensions and NI         | 5    | -                          | -                                  | -                  | -                  |
| Cost of Charitable Activities            |      | 5,963                      | 3,439                              | 9,402              | -                  |
| Travel, Accomodation & Subsistence       |      | 2,208                      | -                                  | 2,208              | 2,850              |
| Professional, Admin & Consulting Fees    |      | 186                        | -                                  | 186                | 2,476              |
| Telephone                                |      | 970                        | -                                  | 970                | 537                |
| Postage & Stationery                     |      | 629                        | -                                  | 629                | 333                |
| Design, Print & Media                    |      | 2,915                      | -                                  | 2,915              | 2,308              |
| Insurance                                |      | 686                        | -                                  | 686                | 645                |
| Software                                 |      | 415                        | -                                  | 415                | 275                |
| IT Costs                                 |      | 285                        | -                                  | 285                | 1,062              |
| Depreciation                             |      | 290                        | -                                  | 290                | 1,265              |
| Other Expenditure                        |      | 102                        | -                                  | 102                | -                  |
| <b>Total resources expended</b>          | 4    | <b>14,647</b>              | <b>3,439</b>                       | <b>18,087</b>      | <b>11,751</b>      |
| <b>Transfers between funds</b>           |      | <b>-</b>                   | <b>-</b>                           | <b>-</b>           | <b>-</b>           |
| <b>Net incoming/(outgoing) resources</b> |      | <b>2,443</b>               | <b>(3,439)</b>                     | <b>(997)</b>       | <b>(9,191)</b>     |
| Reconciliation of Funds                  |      |                            |                                    |                    |                    |
| <b>Net movement in funds</b>             |      | <b>2,443</b>               | <b>(3,439)</b>                     | <b>(997)</b>       | <b>(9,191)</b>     |
| <b>Total funds brought forward</b>       |      | <b>1,548</b>               | <b>3,439</b>                       | <b>4,987</b>       | <b>14,178</b>      |
| <b>Total funds carried forward</b>       |      | <b>3,990</b>               | <b>-</b>                           | <b>3,990</b>       | <b>4,987</b>       |

**SIKH RECOVERY NETWORK**  
**Balance Sheet as at 31 December 2023**

|  | Note | Total<br>2023<br>£ | Total<br>2022<br>£ |
|--|------|--------------------|--------------------|
| <b>Fixed Assets</b>                            |      |                    |                    |
| Tangible Assets                                | 2    | 289                | -                  |
| <b>Total Fixed Assets</b>                      |      | <b>289</b>         | <b>-</b>           |
| <b>Current Assets</b>                          |      |                    |                    |
| Cash at bank and in hand                       |      | 3,701              | 4,987              |
| <b>Total Current Assets</b>                    |      | <b>3,701</b>       | <b>4,987</b>       |
| <b>Liabilities</b>                             |      |                    |                    |
| Creditors: Amounts falling due within one year | 3    | -                  | -                  |
| <b>Net current assets/(liabilities)</b>        |      | <b>3,701</b>       | <b>4,987</b>       |
| <b>Total assets less current liabilities</b>   |      | <b>3,990</b>       | <b>4,987</b>       |
| <b>Net Assets</b>                              |      | <b>3,990</b>       | <b>4,987</b>       |
| <b>Funds of the Charity</b>                    |      |                    |                    |
| <i>Designated funds</i>                        |      | -                  | -                  |
| <i>Undesignated funds</i>                      |      | 3,990              | 1,548              |
| Total Unrestricted funds                       |      | 3,990              | 1,548              |
| Total Restricted income funds                  |      | -                  | 3,439              |
| <b>Total Funds</b>                             |      | <b>3,990</b>       | <b>4,987</b>       |

The financial statements were approved and authorised for issue by the Trustees on: 31st October 2024

Sign   
 Print Sukninder Poonia

Sign   
 Print Sarbjit Bitter

**SIKH RECOVERY NETWORK**  
**Notes to the Financial Statements**  
**for the year ending 31 December 2023**

**1. Accounting Policies**

**Basis for preparing financial statements**

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

**Incoming Resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

**Resources Expended and Liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

**Tangible Fixed Assets**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

## 2. Tangible Fixed Assets

|                              | Computer<br>Equipment<br>£ |
|------------------------------|----------------------------|
| <b><u>Cost</u></b>           |                            |
| At 31 December 2022          | 2,531                      |
| Additions                    | 579                        |
| Disposals                    | -                          |
| At 31 December 2023          | <u>3,110</u>               |
| <b><u>Depreciation</u></b>   |                            |
| At 31 December 2022          | 2,531                      |
| Charge for the year          | 290                        |
| Disposals                    | -                          |
| At 31 December 2023          | <u>2,821</u>               |
| <b><u>Net Book Value</u></b> |                            |
| At 31 December 2022          | <u>-</u>                   |
| At 31 December 2023          | <u>289</u>                 |

## 3. Creditors due within one year

|                            |          |
|----------------------------|----------|
| Other Creditors & Accruals | <u>-</u> |
|----------------------------|----------|

## 4. Trustees' Expenses

No trustees received any expenses during the period.

## 5. Staff Wages & Salaries

|                  | 2023<br>£ | 2022<br>£ |
|------------------|-----------|-----------|
| Wages & Salaries | <u>-</u>  | <u>-</u>  |

**SIKH RECOVERY NETWORK**

England & Wales - Charity number 1184884

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# Accounts

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# **SIKH RECOVERY NETWORK**

Charitable Incorporated Organisation

Charity Number:

1184884

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

Period of accounts

Start Date: 1st January 2022

End Date: 31st December 2022

**SIKH RECOVERY NETWORK**  
**Contents**  
**for the year ending 31 December 2022**

|                                   | <b>Page</b> |
|-----------------------------------|-------------|
| Trustees' Report                  | 2           |
| Independent Examiner's Report     | 6           |
| Statement of Financial Activities | 7           |
| Balance Sheet                     | 8           |
| Notes to the Accounts             | 9           |

Prepared by:



**Sunder & Thandi Accountants**  
Chartered Certified Accountants

## Section A Reference and administration details

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littleover

Derby

Postcode

DE23 3XB

### Names of the charity trustees who manage the charity

|   | Trustee name          | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|-----------------------|-----------------|-----------------------------------|---|
| 1 | SARBJIT BITTER        |                 |                                   |   |
| 2 | PARAMJIT SIDHU        |                 |                                   |   |
| 3 | SUKNINDER KAUR POONIA |                 |                                   |   |
| 4 |                       |                 |                                   |   |
| 5 |                       |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

### Name of chief executive or names of senior staff members

MR JASVINDER RAI

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Association

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

**Summary of the objects of the charity set out in its governing document**

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

**Summary of the main achievements of the charity during the year**

In addition to directly supporting people in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to deliver talks and presentations up and down the country with great responses from the community.

Weekly meetings continue to take place in Coventry, London, Leicester, Birmingham Derby, and Leamington Spa.

SRN launched a survey in the 2022 to engage with the Sikh Community specifically around their relationship with alcohol and substance misuse. This provided vital information, allowing the charity to better focus its support services. The findings of the survey were launched in Parliament on December 15th where MP's, Lords and service providers were present and supported the launch.

In September Jaz Rai CEO of the charity was nominated by University of Derby for the award of Honorary Master of the University in recognition of his outstanding work around alcohol and substance addiction issues. This was another proud moment for SRN.

2022 also saw the very first workshop to be delivered around the 'Sikh 12 Step' recovery program. This was very well received and something that will be repeated more in the future.

Existing partnerships with Turning Point, CGL, NHS Trusts, Local Authorities and various Police forces continued to be strong during the year. Healthy working relationships were maintained with all our partners. New partnerships have been formed with other faith groups, so we can support each other and learn how we can deliver more recovery solutions in the community.

TV work with the Sikh Channel has continued to be a success where our founder and CEO, Jaz Rai, hosts his show 'Alcohol and Beyond', giving the charity valuable exposure and helps reach out to those who need our support. The 'Under the Influence' Podcast, launched in November 2021, has continued to provide an opportunity to connect with people who may need help.

2022 brought some new challenges with having to adapt to post Covid-19 and new ways of working. SRN believe it's made valuable progress in the year. The charity is committed to building on this and looking towards funding streams to employ a dedicated team to deliver recovery solutions which will consist of full time and part time staff and an office to work from.

**Section E****Financial Review****Brief statement of the charity's policy on reserves**

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.



**Details of any funds materially in deficit**

No funds in deficit

**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                     |   |   |
|---------------------|---|---|
| <b>Signature(s)</b> |  |  |
| <b>Full name(s)</b> | Sukninder Poonia  | Sarbjit Bitter  |
| <b>Position</b>     | Trustee   | Trustee   |
| <b>Date</b>         | 31/10/2023  |   |

**SIKH Recovery Network**  
**Independent Examiners Report to the trustees of Sikh Recovery Network**

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2022, which are set out on pages 7-10

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2023

**Sunder & Thandi Accountants Limited**

Association of Chartered Certified Accountants  
Union House, 111 New Union Street, Coventry, CV1 3NT


**SIKH RECOVERY NETWORK**  
**Statement of Financial Activities**  
**for the year ending 31 December 2022**


|  | Note | Unrestricted<br>funds<br>£ | Restricted<br>income<br>funds<br>£ | Total<br>2022<br>£ | Total<br>2021<br>£ |
|--|------|----------------------------|------------------------------------|--------------------|--------------------|
| <b><u>Incoming resources</u></b>         |      |                            |                                    |                    |                    |
| Donations                                |      | 2,560                      | -                                  | 2,560              | 1,234              |
| Fundraising Events                       |      | -                          | -                                  | -                  | -                  |
| Grant Funding                            |      | -                          | -                                  | -                  | 11,956             |
| <b>Total incoming resources</b>          |      | <b>2,560</b>               | <b>-</b>                           | <b>2,560</b>       | <b>13,190</b>      |
| <b><u>Resources expended</u></b>         |      |                            |                                    |                    |                    |
| Wages, Salaries, Pensions and NI         | 5    | -                          | -                                  | -                  | 710                |
| Travel, Accomodation & Subsistence       |      | 427                        | 2,422                              | 2,850              | 3,660              |
| Professional, Admin & Consulting Fees    |      | 2,225                      | 251                                | 2,476              | 712                |
| Telephone                                |      | 81                         | 457                                | 537                | 389                |
| Postage & Stationery                     |      | 50                         | 283                                | 333                | 436                |
| Design, Print & Media                    |      | 346                        | 1,962                              | 2,308              | 2,883              |
| Insurance                                |      | 97                         | 548                                | 645                | 176                |
| Software                                 |      | 41                         | 234                                | 275                | 1,901              |
| IT Costs                                 |      | 159                        | 903                                | 1,062              | 455                |
| Depreciation                             |      | 1,265                      | -                                  | 1,265              | 1,265              |
| Other Expenditure                        |      | -                          | -                                  | -                  | 213                |
| <b>Total resources expended</b>          | 4    | <b>4,692</b>               | <b>7,059</b>                       | <b>11,751</b>      | <b>12,801</b>      |
| <b>Transfers between funds</b>           |      | <b>-</b>                   | <b>-</b>                           | <b>-</b>           | <b>-</b>           |
| <b>Net incoming/(outgoing) resources</b> |      | <b>(2,132)</b>             | <b>(7,059)</b>                     | <b>(9,191)</b>     | <b>389</b>         |
| Reconciliation of Funds                  |      |                            |                                    |                    |                    |
| <b>Net movement in funds</b>             |      | <b>(2,132)</b>             | <b>(7,059)</b>                     | <b>(9,191)</b>     | <b>389</b>         |
| <b>Total funds brought forward</b>       |      | <b>3,679</b>               | <b>10,499</b>                      | <b>14,178</b>      | <b>13,789</b>      |
| <b>Total funds carried forward</b>       |      | <b>1,548</b>               | <b>3,439</b>                       | <b>4,987</b>       | <b>14,178</b>      |

**SIKH RECOVERY NETWORK**  
**Balance Sheet as at 31 December 2022**

|  | Note | Total<br>2022<br>£ | Total<br>2021<br>£ |
|--|------|--------------------|--------------------|
| <b>Fixed Assets</b>                            |      |                    |                    |
| Tangible Assets                                | 2    | -                  | 1,265              |
| <b>Total Fixed Assets</b>                      |      | <b>-</b>           | <b>1,265</b>       |
| <b>Current Assets</b>                          |      |                    |                    |
| Cash at bank and in hand                       |      | 4,987              | 12,912             |
| <b>Total Current Assets</b>                    |      | <b>4,987</b>       | <b>12,912</b>      |
| <b>Liabilities</b>                             |      |                    |                    |
| Creditors: Amounts falling due within one year | 3    | -                  | -                  |
| <b>Net current assets/(liabilities)</b>        |      | <b>4,987</b>       | <b>12,912</b>      |
| <b>Total assets less current liabilities</b>   |      | <b>4,987</b>       | <b>14,178</b>      |
| <b>Net Assets</b>                              |      | <b>4,987</b>       | <b>14,178</b>      |
| <b>Funds of the Charity</b>                    |      |                    |                    |
| Designated funds                               |      | -                  | -                  |
| Undesignated funds                             |      | 1,548              | 3,679              |
| Total Unrestricted funds                       |      | 1,548              | 3,679              |
| Total Restricted income funds                  |      | 3,439              | 10,499             |
| <b>Total Funds</b>                             |      | <b>4,987</b>       | <b>14,178</b>      |

The financial statements were approved and authorised for issue by the Trustees on: 31st October 2023

Sign  \_\_\_\_\_  
 Print Sukninder Poonia \_\_\_\_\_

Sign  \_\_\_\_\_  
 Print Sarbjit Bitter \_\_\_\_\_

**SIKH RECOVERY NETWORK**  
**Notes to the Financial Statements**  
**for the year ending 31 December 2022**

**1. Accounting Policies**

**Basis for preparing financial statements**

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

**Incoming Resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

**Resources Expended and Liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

**Tangible Fixed Assets**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

## 2. Tangible Fixed Assets

|                              | Computer<br>Equipment<br>£ |
|------------------------------|----------------------------|
| <b><u>Cost</u></b>           |                            |
| At 31 December 2021          | 2,531                      |
| Additions                    | -                          |
| Disposals                    | -                          |
| At 31 December 2022          | <u>-</u>                   |
| <b><u>Depreciation</u></b>   |                            |
| At 31 December 2021          | 1,265                      |
| Charge for the year          | 1,265                      |
| Disposals                    | -                          |
| At 31 December 2022          | <u>2,531</u>               |
| <b><u>Net Book Value</u></b> |                            |
| At 31 December 2021          | <u>1,265</u>               |
| At 31 December 2022          | <u>-</u>                   |

## 3. Creditors due within one year

|                            |          |
|----------------------------|----------|
| Other Creditors & Accruals | <u>-</u> |
|----------------------------|----------|

## 4. Trustees' Expenses

No trustees received any expenses during the period.

## 5. Staff Wages & Salaries

|                  | 2022<br>£ | 2021<br>£  |
|------------------|-----------|------------|
| Wages & Salaries | <u>-</u>  | <u>710</u> |

**SIKH RECOVERY NETWORK**

England & Wales - Charity number 1184884

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# Accounts

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# **SIKH RECOVERY NETWORK**

Charitable Incorporated Organisation

Charity Number:

1184884

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

Period of accounts

Start Date: 1st January 2021

End Date: 31st December 2021

**SIKH RECOVERY NETWORK**  
**Contents**  
**for the year ending 31 December 2021**

|                                   | <b>Page</b> |
|-----------------------------------|-------------|
| Trustees' Report                  | 2           |
| Independent Examiner's Report     | 6           |
| Statement of Financial Activities | 7           |
| Balance Sheet                     | 8           |
| Notes to the Accounts             | 9           |

Prepared by:



**Sunder & Thandi Accountants**  
Chartered Certified Accountants

## Section A Reference and administration details

Charity name Sikh Recovery Network

Other names charity is known by SRN

Registered charity number (if any) 1184884

Charity's principal address 7 Squires Way

Littlelover

Derby

Postcode

DE23 3XB

### Names of the charity trustees who manage the charity

|   | Trustee name          | Office (if any) | Dates acted if not for whole year    | Name of person (or body) entitled to appoint trustee (if any) |
|---|-----------------------|-----------------|--------------------------------------|---|
| 1 | SARBJIT BITTER        |                 |                                      |   |
| 2 | PARAMJIT SIDHU        |                 |                                      |   |
| 3 | JASVINDER RAI         |                 | Up to 20 <sup>th</sup> December 2021 |   |
| 4 | SUKNINDER KAUR POONIA |                 | From 20 <sup>th</sup> December 2021  |   |
| 5 |                       |                 |                                      |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

### Name of chief executive or names of senior staff members

MR JASVINDER RAI

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Association

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by A Resolution Passed at A Meeting of Charity Trustees

**Summary of the objects of the charity set out in its governing document**

The relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular, but not exclusively by, the provision of advice, information and guidance.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Sikh Recovery Network (SRN), provides support and recovery solutions to addicts and their families, helping them to rehabilitate back into their families and into society.

In planning our activities over the year, during trustee meetings we kept in mind the Charity Commission's guidance on public benefit and ensured that it is the driving force behind all activities.

**Summary of the main achievements of the charity during the year**

In addition to directly supporting people in recovery from alcohol and drug addictions, the Sikh Recovery Network (SRN) continued to deliver talks and presentations up and down the country with great responses from the community.

Weekly meetings now take place in Coventry and Leamington Spa where the original planned commencement of these meetings was delayed in 2020 due to Covid-19. Weekly meetings are also taking place in Leicester, Birmingham, Southall, and Derby which were established before Covid-19.

Despite the challenges of Covid-19, SRN was able to reach out and provide much needed direct support to addicts and their families. Zoom was a very successful alternative to face-to-face meetings, allowing us to continue to provide support to individuals through two meetings a week via Zoom.

Existing partnerships with Turning Point, CGL, NHS Trusts, Local Authorities and various Police forces continued to be strong during the year. Healthy working relationships were maintained with all our partners. New partnerships have been formed with charities such as National Association of Children of Alcoholics (NACOA) as well as other NHS trusts.

TV work with the Sikh Channel has continued to be a success where our founder and CEO, Jaz Rai, hosts his show 'Alcohol and Beyond', giving the charity valuable exposure and helps reach out to those who need our support. The 'Under The Influence' Podcast was launched in November 2021 and has proved to be a great success; this is something SRN will continue to engage in which gives us another opportunity to connect with people who may need help.

In the Queens Birthday Honours for June 2021, our founder and CEO, Jaz Rai was awarded an OBE for the charity's services to the Sikh Community during Covid-19. This was a huge honour for the Charity and Jaz who was also awarded the Points of Light Award by the Prime Minister the year before.

SRN plan to launch a survey in the new year to engage with the Sikh Community specifically around their relationship with alcohol and substance misuse. This will provide vital information, allowing the charity to better focus its services.

Although 2021 brought its own challenges with Covid-19, SRN believe we made valuable progress in the year. We are committed to building on this and looking towards funding streams to employ a dedicated team to deliver recovery solutions which will consist of full time and part time staff.

**Section E****Financial Review****Brief statement of the charity's policy on reserves**

The Charity does not have a reserves policy.

However, trustees actively use a Designated Funds strategy to restrict and manage funds for certain projects. The total value of designated funds is displayed in the 'Funds of the Charity' section of the balance sheet.



**Details of any funds materially in deficit**

No funds in deficit

**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

|                     |   |   |
|---------------------|---|---|
| <b>Signature(s)</b> |  |  |
| <b>Full name(s)</b> | Sukninder Poonia  | Sarbjit Bitter  |
| <b>Position</b>     | Trustee   | Trustee   |
| <b>Date</b>         | 31/10/2022  |   |

**SIKH Recovery Network**  
**Independent Examiners Report to the trustees of Sikh Recovery Network**

I report on the accounts of the Charitable Incorporated Organisation, Sikh Recovery Network (Charity Number 1184884) for the year ended 31 December 2021, which are set out on pages 7-10

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr Rajinder Kumar (Director)**

Signed:  Date: 31 October 2022

**Sunder & Thandi Accountants Limited**

Association of Chartered Certified Accountants  
Union House, 111 New Union Street, Coventry, CV1 3NT


**SIKH RECOVERY NETWORK**  
**Statement of Financial Activities**  
**for the year ending 31 December 2021**


|  | Note | Unrestricted<br>funds<br>£ | Restricted<br>income<br>funds<br>£ | Total<br>2021<br>£ | Total<br>2020<br>£ |
|--|------|----------------------------|------------------------------------|--------------------|--------------------|
| <b><u>Incoming resources</u></b>         |      |                            |                                    |                    |                    |
| Donations                                |      | 1,234                      |                                    | 1,234              | 3,122              |
| Fundraising Events                       |      | -                          |                                    | -                  | 511                |
| Grant Funding                            |      | 2,000                      | 9,956                              | 11,956             | 18,700             |
| <b>Total incoming resources</b>          |      | <b>3,234</b>               | <b>9,956</b>                       | <b>13,190</b>      | <b>22,333</b>      |
| <b><u>Resources expended</u></b>         |      |                            |                                    |                    |                    |
| Wages, Salaries, Pensions and NI         | 5    | -                          | 710                                | 710                | -                  |
| Travel, Accomodation & Subsistence       |      | 549                        | 3,111                              | 3,660              | 3,464              |
| Professional, Admin & Consulting Fees    |      | 107                        | 605                                | 712                | 622                |
| Telephone                                |      | 58                         | 331                                | 389                | -                  |
| Postage & Stationery                     |      | 65                         | 371                                | 436                | 2,042              |
| Design, Print & Media                    |      | 542                        | 2,341                              | 2,883              | -                  |
| Insurance                                |      | -                          | 176                                | 176                | -                  |
| Software                                 |      | 285                        | 1,616                              | 1,901              | -                  |
| IT Consumables                           |      | 69                         | 387                                | 455                | 780                |
| Depreciation                             |      | 1,265                      |                                    | 1,265              | -                  |
| Other Expenditure                        |      | 213                        |                                    | 213                | 1,657              |
| <b>Total resources expended</b>          | 4    | <b>3,154</b>               | <b>9,647</b>                       | <b>12,801</b>      | <b>8,565</b>       |
| <b>Transfers between funds</b>           |      | <b>-</b>                   | <b>-</b>                           | <b>-</b>           | <b>-</b>           |
| <b>Net incoming/(outgoing) resources</b> |      | <b>80</b>                  | <b>309</b>                         | <b>389</b>         | <b>13,768</b>      |
| Reconciliation of Funds                  |      |                            |                                    |                    |                    |
| <b>Net movement in funds</b>             |      | 80                         | 309                                | 389                | 13,768             |
| <b>Total funds brought forward</b>       |      | 3,599                      | 10,190                             | 13,789             | 21                 |
| <b>Total funds carried forward</b>       |      | <b>3,679</b>               | <b>10,499</b>                      | <b>14,178</b>      | <b>13,789</b>      |

**SIKH RECOVERY NETWORK**  
**Balance Sheet as at 31 December 2021**

|  | Note | Total<br>2021<br>£ | Total<br>2020<br>£ |
|--|------|--------------------|--------------------|
| <b>Fixed Assets</b>                            |      |                    |                    |
| Tangible Assets                                | 2    | 1,265              | -                  |
| <b>Total Fixed Assets</b>                      |      | <b>1,265</b>       | <b>-</b>           |
| <b>Current Assets</b>                          |      |                    |                    |
| Cash at bank and in hand                       |      | 12,912             | 13,789             |
| <b>Total Current Assets</b>                    |      | <b>12,912</b>      | <b>13,789</b>      |
| <b>Liabilities</b>                             |      |                    |                    |
| Creditors: Amounts falling due within one year | 3    | -                  | -                  |
| <b>Net current assets/(liabilities)</b>        |      | <b>12,912</b>      | <b>13,789</b>      |
| <b>Total assets less current liabilities</b>   |      | <b>14,178</b>      | <b>13,789</b>      |
| <b>Net Assets</b>                              |      | <b>14,178</b>      | <b>13,789</b>      |
| <b>Funds of the Charity</b>                    |      |                    |                    |
| Designated funds                               |      | -                  | -                  |
| Undesignated funds                             |      | 3,679              | 3,599              |
| Total Unrestricted funds                       |      | 3,679              | 3,599              |
| Total Restricted income funds                  |      | 10,499             | 10,190             |
| <b>Total Funds</b>                             |      | <b>14,178</b>      | <b>13,789</b>      |

The financial statements were approved and authorised for issue by the Trustees on: 31st October 2022

Sign  \_\_\_\_\_  
 Print Sukninder Poonia \_\_\_\_\_

Sign  \_\_\_\_\_  
 Print Sarbjit Bitter \_\_\_\_\_

**SIKH RECOVERY NETWORK**  
**Notes to the Financial Statements**  
**for the year ending 31 December 2021**

**1. Accounting Policies**

**Basis for preparing financial statements**

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008) and in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2005.

**Incoming Resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

**Resources Expended and Liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

**Tangible Fixed Assets**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is provided as follows:

Computer Equipment: over 2 years

## 2. Tangible Fixed Assets

|                              | Computer<br>Equipment<br>£ |
|------------------------------|----------------------------|
| <b><u>Cost</u></b>           |                            |
| At 31 December 2020          | -                          |
| Additions                    | 2,530                      |
| Disposals                    | -                          |
| At 31 December 2021          | <u>2,531</u>               |
| <b><u>Depreciation</u></b>   |                            |
| At 31 December 2020          | -                          |
| Charge for the year          | 1,265                      |
| Disposals                    | -                          |
| At 31 December 2021          | <u>1,265</u>               |
| <b><u>Net Book Value</u></b> |                            |
| At 31 December 2020          | <u>-</u>                   |
| At 31 December 2021          | <u>1,265</u>               |

## 3. Creditors due within one year

|                            |          |
|----------------------------|----------|
| Other Creditors & Accruals | <u>-</u> |
|----------------------------|----------|

## 4. Trustees' Expenses

No trustees received any expenses during the period.

## 5. Staff Wages & Salaries

|                  | 2021<br>£  | 2020<br>£ |
|------------------|------------|-----------|
| Wages & Salaries | <u>710</u> | <u>-</u>  |

**SIKH RECOVERY NETWORK**

England & Wales - Charity number 1184884

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# Accounts

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**SIKH RECOVERY NETWORK**

**FINANCIAL STATEMENTS**

**FOR**

**1 AUGUST 2019 to 31 DECEMBER 2020**

**Charity Number 1184884**

**Derby Community Accountancy Service**

Babington Lodge  
128 Green Lane  
Derby

# **SIKH RECOVERY NETWORK**

## **FINANCIAL STATEMENTS**

**TO 31 DECEMBER 2020**

| <b>Contents</b>                                | <b>Page</b> |
|--|-------------|
| Members of the board and professional advisers | <b>1</b>    |
| Trustees' annual report                        | <b>2-3</b>  |
| Independent Examiner's report                  | <b>4</b>    |
| Receipts and Payments Account                  | <b>5</b>    |
| Statement of Assets and Liabilities            | <b>6</b>    |
| Notes to the financial statements              | <b>7</b>    |

# **SIKH RECOVERY NETWORK**

## **MEMBERS OF THE BOARD AND PROFESSIONAL ADVISERS**

### **The board of trustees**

Jasvinder Rai - Chair  
Sarbjit Bitter  
Paramijt Singh Sadhu

### **Registered office**

7 Squires Way  
Littleover  
Derby  
DE23 3XB

### **Independent Examiner**

Mark Newey ACMA  
Derby Community Accountancy Service  
Babington Lodge  
128 Green Lane  
DE1 1RY

# **SIKH RECOVERY NETWORK**

## **TRUSTEES' ANNUAL REPORT**

**1 AUGUST 2019 to 31 DECEMBER 2020**

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the period ended 31 December 2020.

### **OBJECTIVES AND ACTIVITIES**

The objectives of the charity are the relief of people in need by reason of addiction to drugs or alcohol and associated psychological difficulties, including support for their families and co-dependents, in particular but not exclusively by provision of advice information and guidance.

### **SUMMARY OF THE MAIN ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT IN RELATION TO THESE OBJECTS**

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustees meetings and ensure that this is the driving force behind our activities

### **ACHIEVEMENTS AND PERFORMANCE**

Since the Sikh recovery Network (SRN) registered as a Charity, we have continued to deliver recovery solutions to addicts and their families, helping them rehabilitate back into their families and into society.

SRN have delivered Presentations and talks up and down the country with great responses which have led to other recovery groups planned in the Panjabi Sikh Community. Unfortunately, due to Covid-19 we could not start these meetings which were planned for Coventry, Leamington Spa, Gravesend and Wolverhampton.

New partnerships were formed with Turning Point and Dear Albert in Leicester. TV work with the Sikh Channel and Jaz presenting "Alcohol & Beyond" has continued to give the charity more exposure but also more clients are coming forward for help which is also good. I

An invitation to the Black Police Associations annual conference and feature in the magazine was especially useful and gave SRN the opportunity with our information stall to showcase our work in the community.

February 2020 saw SRN launch the Sikh Recovery Helpline which would give telephone support to addicts and their families.

Despite a challenging start to 2020 SRN still managed to reach out to addicts who wanted help. Due to lockdown restrictions recovery meetings were facilitated through Zoom and have been very successful.

During Alcohol Awareness week in November SRN launched daily podcasts talking to addicts in recovery and service providers, these proved extremely popular and will continue when lockdown restrictions ease.

Despite 2020 being a challenging year we believe SRN made a great progress and can build on this in 2021.

# **SIKH RECOVERY NETWORK**

## **TRUSTEES' ANNUAL REPORT**

**1 AUGUST 2019 to 31 DECEMBER 2020**

### **FINANCIAL REVIEW**

#### **Reserves Policy**

The reserves policy is to build up reserves to sustain our activities.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The Charity is a CIO based at 7 Squires Way, Littleover, Derby, DE23 3XB and became a Registered Charity on 13<sup>th</sup> August 2019 (Registered Charity No. 1184884).

#### **Induction and training of trustees**

A skills audit has been undertaken to discover those skills which are required by the trustee body. Efforts are made to recruit trustees who meet the skill requirement. The overall composition of the trustee body aims to be as representative of the community as is possible

#### **Risk management policy**

The trustees examine the major risks that the charity faces each financial year when preparing and updating the strategic plan. The charity has developed systems to monitor and control these risks to mitigate any impact that they may have on the charity in the future.

#### **Independent Examiner**

Mark Newey of Derby Community Accountancy Service will continue in office as independent examiner for the ensuing year.

Registered office:

7 Squires Way  
Littleover  
Derby  
DE23 3XB

Signed on behalf of the trustees:

J. Rai  
Trustee

Approved by the trustees on:

# SIKH RECOVERY NETWORK

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

1 AUGUST 2019 to 31 DECEMBER 2020

### Independent Examiner's Report to the Trustees of Sikh Recovery Network

I report on the accounts of the charity for the year ended 31 December 2020 which are set out on pages 5 to 7.

#### Respective responsibilities of trustees and the examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under charity law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, as amended); and state whether particular matters have come to my attention.

#### Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention other than that disclosed below:

- 1 Which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with section 130 of the Act; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Act; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mark Newey ACMA  
Derby Community Accountancy Service  
Babington Lodge  
128 Green Lane  
Derby

# SIKH RECOVERY NETWORK

## RECEIPTS AND PAYMENTS ACCOUNT

1st AUGUST 2019 TO 31<sup>st</sup> DECEMBER 2020

|   | Unrestricted<br>Funds | Restricted<br>Funds | 2020         |
|---|-----------------------|---------------------|--------------|
|   | £                     | £                   | £            |
| <b>Opening Balances</b>                   | 21                    | 0                   | 21           |
| <b>Receipts</b>                           |                       |                     |              |
| Grants                                    | note 2<br>4350        | 14350               | 18700        |
| Donations                                 | 3122                  | 0                   | 3122         |
| Sundry                                    | 512                   | 0                   | 512          |
|   | <b>7983</b>           | <b>14350</b>        | <b>22333</b> |
| <b>Payments</b>                           |                       |                     |              |
| Travel expenses                           | 1953                  | 1512                | 3464         |
| Office costs                              | 1137                  | 905                 | 2042         |
| Fees                                      | 437                   | 185                 | 622          |
| Equipment                                 | 280                   | 500                 | 780          |
| Events and delivery costs                 | 599                   | 1059                | 1658         |
|   | <b>4405</b>           | <b>4160</b>         | <b>8565</b>  |
| Transfer between funds                    | 0                     | 0                   | 0            |
| <b>Net Movement of Funds for the year</b> | <b>3578</b>           | <b>10190</b>        | <b>13768</b> |
| Closing Balances                          | <b>3599</b>           | <b>10190</b>        | <b>13789</b> |



# SIKH RECOVERY NETWORK

## NOTES TO THE ACCOUNTS

### Note 1

The Sikh Recovery Network became a registered charity on the 13th August 2019

### Note 2

Grants consisted of:-

|                                 | Unrestricted<br>Grants | Restricted<br>Grants | <b>Total<br/>2020</b> |
|---------------------------------|------------------------|----------------------|-----------------------|
|                                 | £                      | £                    | £                     |
| National Lottery Community Fund | 0                      | 14350                | 14350                 |
| Turning Point                   | 2350                   | 0                    | 2350                  |
| Derby City Council              | 1000                   | 0                    | 1000                  |
| Community Action Derby          | 750                    | 0                    | 750                   |
| Masonic Trust                   | 250                    | 0                    | 250                   |
|                                 | <b>4350</b>            | <b>14350</b>         | <b>18700</b>          |

### Note 3

Restricted Funds consisted of :-

|                                 | Opening<br>Balance | Income       | Expenditure | Transfer<br>between<br>funds | Closing<br>Balance |
|---------------------------------|--------------------|--------------|-------------|------------------------------|--------------------|
|                                 | £                  | £            | £           | £                            | £                  |
| National Lottery Community Fund | 0                  | 14350        | 4160        | 0                            | 10190              |
|                                 | <b>0</b>           | <b>14350</b> | <b>4160</b> | <b>0</b>                     | <b>10190</b>       |