

# **THE RECOVERY ADVOCATES AND CONSULTANTS UK**

*(A Charitable Incorporated Organisation)*

Charity Registration Number: 1184801

## **Trustees' Annual Report and Financial Statements**

For the year ended 06 August 2025

### **Reference and Administrative Details**

Registered Office: 15 Park View Terrace, Guisborough, Cleveland, TS14 6NU

Trustees: Annalice Argyle (Chair), Claudia Barber (Trustee), Kevin Michael Hunt (Trustee)

Bankers: Barclays Bank UK PLC, Churchill Place, London, E14 5HP

# Trustees' Annual Report

*For the year ended 06 August 2025*

The trustees present their annual report together with the financial statements of THE RECOVERY ADVOCATES AND CONSULTANTS UK (the "Charity") for the year ended 06 August 2025. The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's Constitution, the Charities Act 2011 and the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with FRS 102.

## Objectives and Activities

The Charity's objects, as set out in its Constitution, are:

The primary objective of TRAC UK is to promote Visible Recovery and Peer to Peer Support. Our work focuses on reducing Stigma, ABCD Asset Based Community Development, building recovery communities and promoting choice.

The trustees have had regard to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

## Achievements and Performance

During the year, the Charity continued to grow its profile and impact at both regional and national levels. A trustee, Annalice Argyle, was recognised in the Top 100 #IAAlso100 Business Britain Female Entrepreneur awards, reflecting the calibre of leadership supporting the organisation. The Charity's work was shortlisted for the EVAS National Awards, acknowledging its contribution to recovery support services. Our reach extended to national media, with coverage in the Daily Mail highlighting the realities of cocaine addiction, and to the highest levels of policy discussion, with representation at the House of Lords, Westminster, where the focus on drugs and women in recovery reinforced the Charity's voice in shaping the national conversation on visible recovery.

## Financial Review

Total income for the year was £2,750 (prior year: £24,377) and total expenditure was £6,201 (prior year: £22,847), giving a net deficit of £3,451 (prior year: surplus of £1,530).

The charity is expecting funding due within 3 months after the signing of these accounts, the obligations of the charity at year end are nil.

## Reserves policy

The trustees have reviewed the Charity's need for reserves in line with Charity Commission guidance.

## Structure, Governance and Management

THE RECOVERY ADVOCATES AND CONSULTANTS UK is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 07 August 2019. It was registered with the Charity Commission on 07 August 2019, registration number 1184801.

Trustees are appointed in accordance with the Charity's Constitution. New trustees receive an induction covering their duties under charity law, the Charity's activities and finances, and the Constitution. The trustees who served during the year and up to the date of this report are listed on the front of this report.

### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

Approved by the trustees on 05 August 2026 and signed on their behalf by:

[Annalice Argyle][Ms][05 June 2026]

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Annalice Argyle (Chair), Trustee

## Statement of Financial Activities

For the year ended 06 August 2025

	Unrestricted funds £	Restricted funds £	Endowment funds £	Total funds 2025 £	Total funds 2024 £
<b>Income and endowments from:</b>					
Donations and legacies	2,750	-	-	2,750	4,987
Grant Funding	-	-	-	-	19,480
<b>Total income</b>	<b>2,750</b>	<b>-</b>	<b>-</b>	<b>2,750</b>	<b>24,377</b>
<b>Expenditure on:</b>					
Charitable activities				5,674	22,847
Other				527	-
<b>Total expenditure</b>				<b>6,201</b>	<b>22,847</b>
<b>Net movement in funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(3,451)</b>	<b>1,530</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	-	-	-	3,451	1,921
<b>Total funds carried forward</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3,451</b>

Balance Sheet

As at 06 August 2025

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets		-	-
Investments		-	-
<b>Total fixed assets</b>		-	-
<b>Current assets</b>			
Cash at bank and in hand		-	5,992
<b>Total current assets</b>		-	5,992
<b>Liabilities</b>			
Creditors: amounts falling due within one year		-	-
<b>Net current assets/(liabilities)</b>		-	5,992
<b>Total assets less current liabilities</b>		-	5,992
Creditors: amounts falling due after more than one year		-	-
<b>Net assets</b>		-	5,992
<b>The funds of the Charity</b>			
Unrestricted funds	6	-	5,992
Restricted funds	6	-	-
Endowment funds	6	-	-
<b>Total funds</b>		-	5,992

The financial statements were approved by the trustees on 05 August 2026 and signed on their behalf by:

[Annalice Argyle][Ms][05 June 2026]

Annalice Argyle (Chair), Trustee

# Notes to the Financial Statements

*For the year ended 06 August 2025*

## 1. Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Charities Act 2011. The Charity is a public benefit entity.

The financial statements are prepared on the historical cost basis and in sterling, rounded to the nearest £1.

### Going concern

The trustees have considered the Charity's financial position and reserves and consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

### Income recognition

Income is recognised when the Charity is entitled to it, receipt is probable, and the amount can be measured reliably. Donations are recognised when received. Grants are recognised when entitlement arises and any performance conditions have been met. Legacies are recognised when probate has been granted and the executors have confirmed there are sufficient assets in the estate.

### Expenditure recognition

Expenditure is recognised when a liability is incurred. Expenditure is allocated to the relevant activity heading. Support costs are allocated to charitable activities on a basis consistent with the use of those resources.

### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the Charity's objects. Restricted funds are subject to specific conditions imposed by the donor or by the terms of an appeal. Endowment funds are funds where the donor has specified that the capital is to be retained.

### Tangible fixed assets

Tangible fixed assets costing more than £500 are capitalised and stated at cost less accumulated depreciation. Depreciation is provided on a straight-line basis over the estimated useful lives of the assets.

### Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price.

## 2. Analysis of income

	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Donations and legacies	2,750	-	2,750	4,987
Grant Funding	-	-	-	19,480
<b>Total income</b>	<b>2,750</b>	<b>-</b>	<b>2,750</b>	<b>24,377</b>

### 3. Analysis of expenditure

	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Charitable activities	5,674	-	5,674	22,847
Other	527	-	527	-
<b>Total expenditure</b>	<b>6,201</b>	<b>-</b>	<b>6,201</b>	<b>22,847</b>

### 4. Trustee remuneration, benefits and expenses

During the year, one trustee received remuneration in respect of services of £2,923 provided in the day-to-day management and operation of the Charity (prior year: £nil). Payment of this remuneration was authorised in advance by the remaining trustees.

In addition, expenses of £250 were reimbursed to the same trustee in respect of costs incurred in carrying out their duties on behalf of the Charity (prior year: £nil).

### 6. Movement in funds

	At 07 August 2024 £	Income £	Expenditure £	Transfers £	At 06 August 2025 £
<b>Unrestricted funds</b>	<b>3,451</b>	<b>2,750</b>	<b>(6,201)</b>	-	-
<b>Restricted funds</b>	-	-	-	-	-
<b>Endowment funds</b>	-	-	-	-	-
<b>Total funds</b>	<b>3,451</b>	<b>2,750</b>	<b>(6,201)</b>	-	-

### Purposes of restricted funds

There are no restricted funds in the year or prior year.

### 7. Related party transactions

See note 4 for details relating to transactions directly between trustees and the charity in the year.

During the year, the Charity incurred expenditure of £2,750 in connection with an awareness event, including the provision of a venue (teepee) and catering services. These services were procured through WOW! Women Only Wellness Ltd (company registration number 15862263), a private limited company registered in the United Kingdom,

of which a trustee of the Charity is a director. No other related party transactions occurred during the year (prior year: none).