

HELPING DISABILITIES TRUST

England & Wales · Charity number 1184724

Details

Other names	HELPING DISABILITIES
Status	Registered
Legal form	Trust
Registered	2019-08-01
Register	View on the Charity Commission register

Contact

Address	82 Filey Avenue London N16 6JJ
Phone	07383418819
Email	info@helpingdisabilities.org
Website	helpingdisabilities.org

Activities

Objects: THE TRUSTEES MUST APPLY THE INCOME OF THE CHARITY IN FURTHERING THE FOLLOWING OBJECTS ("THE OBJECTS"):THE RELIEF OF THOSE IN NEED BY REASON OF DISABILITY FOR THE PUBLIC BENEFIT, PARTICULARLY BUT NOT EXCLUSIVELY THROUGH THE PROVISION OF SPECIALLY DESIGNED TOYS, EQUIPMENT, AND LEISURE ACTIVITIES TO DISABLED CHILDREN AND YOUNG PEOPLE, WITH THE AIM OF IMPROVING THEIR CONDITIONS OF LIFE.

Activities: The charity assists the disabled through the free loan of toys and equipment designed for the use and development of the disabled.

Classification

- **How:** Other Charitable Activities
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£130,907	£84,968	-	-
2024-03-31	£53,038	£51,448	-	-
2023-03-31	£51,805	£44,735	-	-
2022-03-31	£45,316	£34,907	-	-
2021-03-31	£32,401	£16,731	-	-

Trustees

Name	Role	Appointed
Moishe Bodner	Chair	2018-08-28
Chaim Kluger		2018-08-28
Dovy Leaman		2018-08-28

HELPING DISABILITIES TRUST

England & Wales - Charity number 1184724

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
HELPING DISABILITIES TRUST**

HELPING DISABILITIES TRUST

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HELPING DISABILITIES TRUST

Report of the Trustees for the Year Ended 31 March 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees who served the company during the period were as follows:

M Bodner (Chair)
D Leaman
C Kluger

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Helping Disabilities Trust was set up to help children and young people with disabilities up to the age of 25 years old across the UK, through the provision of free loans of specialised toys & equipment. Children with disabilities lead very challenging lives. Many of them suffer from chronic pain and have trouble with the most basic daily tasks. They want to join in and take part in the same sorts of activities or lifestyle, within their capabilities, as other children.

Helping Disabilities is proud to support these children and young people by providing free loan of expensive specialised equipment such as full support swings, adapted trikes & sensory equipment, that they otherwise would not be able to access. These items and many more specialised aids are designed to improve and enhance the lives of children and young people with disabilities, helping them to become as independent as possible and to reach their potential.

Helping Disabilities service users are children and young people who suffer from physical, mental and emotional disabilities, such as Down syndrome, cerebral palsy & emotional issues and often remain excluded from a lifestyle which other people may take for granted. Many of them suffer from chronic pain and have ongoing difficulties in managing the most basic tasks.

Some are unaware of their surroundings and are very isolated. Many find it hard to relate to other people and struggle socially and emotionally, lacking basic life skills to survive and thrive in our fast-paced society. This often leads to emotional and motivational challenge.

Helping Disabilities' users are generally from low income families whose circumstances mean fewer opportunities to develop their potential.

The specialised equipment & toys that Helping Disabilities provides, empowers disabled young people to reach their individual and unique potential by making additional home therapy a reality and improving their life skills & life chances immensely. By providing them with expensive specialised equipment that they otherwise would not be able to access, at this early stage in their lives, they are given the opportunity to improve a range of skills in a relaxed setting at home. These include motor skills, balance, auditory & dexterity. Specialist advice from therapists is sought to determine the most suitable equipment for each child and to ensure that the families are taught how to maximise the child's benefit from each piece of equipment. Having access to the equipment at home also stimulates and improves their emotional health and well-being and enables users to be active and physically mobile - even when they may be limited due to illness or disability.

Public benefit

The Trustees confirm their compliance with the duty to have due regard to the Public Benefit guidance published by the Charity Commission as well as the Equalities Act 2010 when reviewing the Charity's aims and objectives and in planning future activities.

HELPING DISABILITIES TRUST

Report of the Trustees for the Year Ended 31 March 2025

ACHIEVEMENT AND PERFORMANCE

The year to 31 March 2025 was Helping Disabilities' fifth financial year. Helping Disabilities was able to raise funds to purchase specialist disability equipment to loan to families with children with disabilities. Less expensive equipment is given to families, whilst larger and more costly equipment is loaned. Funds raised to purchase equipment keep building the charity's assets which generally depreciate over several years and give benefit to several children in succession. The equipment held by the charity at the year end was worth of £80,000. The trustees aim to keep increasing and replenishing the equipment bank in order to provide the items to as many service users as possible. Helping Disabilities has received very positive feedback from families of service users regarding the significant benefits they receive from the charity. 90% of families report the specialised toys & equipment improved relationships. 92% of parents had a better understanding of their child's needs. 89% enjoyed quality time as a family though play with appropriate toys. Helping Disabilities also provided free leisure activities for the young people it services to further improve their lives.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold free reserves at a level sufficient to protect services and ensure adequate cashflow for the organisation's needs. The aspiration is for this to be at a level of at least 3 months (but no more than 12 months') equivalent of the charity's unrestricted operating costs. The Charity's free reserves at the year end were £72,657 which is more than 3 months' unrestricted operating costs. The trustees are confident that achieving this level of reserves has set the charity on firm financial footing, though as the charity expands, the level of reserves needs to increase to ensure this stability is maintained. **GOING CONCERN** The trustees believe that the charity is able to continue as a going concern.

The Trustees are happy to report that Helping Disabilities managed to continue developing its operations and obtaining significant funding. Turnover was over £130,000. Many grant funders took an interest in the charity and were generous in their response to our applications.

The year ended with a surplus (restricted and unrestricted) of over £45,000. The trustees gratefully acknowledge that the outstanding impact and achievement of the organisation was largely due to the substantial and generous support of charitable trusts and foundations and community donors.

We are grateful to the Tin Henman Foundation for the grant of £10,000 and all other grant making trusts who chose to partner with us this year, which has enabled us to expand our free loan equipment service for disabled children.

FUTURE PLANS

A new and exciting project which is currently still in its early planning stages is the setting up of a specialised sensory and soft play room designed to benefit the disabled children. This is based on the requests from disabled children and their parents/carers who have stated that this project will bring a multitude of benefits to the disabled children.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Organisational structure

A senior carer manages the daily running of activities, reporting weekly to the director of services. The Director reports regularly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

Risk management

The Trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity and safeguarding of its beneficiaries. The trustees are satisfied that these systems and procedures mitigate any perceived risks.

HELPING DISABILITIES TRUST

**Report of the Trustees
for the Year Ended 31 March 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helping Disabilities Trust is constituted under a deed dated 1st August 2019. It is a registered charity number 1184724. Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1184724

Principal address

82 Filey Avenue
London
N16 6JJ

Trustees

M Bodner
D Leaman
C Kluger

Independent Examiner

London Accounting Group Ltd

Approved by order of the board of trustees on and signed on its behalf by:

.....
Trustee

**Independent Examiner's Report to the Trustees of
HELPING DISABILITIES TRUST**

Independent examiner's report to the trustees of HELPING DISABILITIES TRUST

I report to the charity trustees on my examination of the accounts of HELPING DISABILITIES TRUST (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Samuel Feigenblatt ACCA

London Accounting Group Ltd

Date:

HELPING DISABILITIES TRUST

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		54,532	76,375	130,907	53,038
EXPENDITURE ON					
Raising funds		12,263	-	12,263	6,892
Charitable activities					
Costs of generating voluntary income		38,658	25,008	63,666	41,540
Other		9,039	-	9,039	3,016
Total		<u>59,960</u>	<u>25,008</u>	<u>84,968</u>	<u>51,448</u>
NET INCOME/(EXPENDITURE)		(5,428)	51,367	45,939	1,590
RECONCILIATION OF FUNDS					
Total funds brought forward		11,670	23,118	34,788	33,198
TOTAL FUNDS CARRIED FORWARD		<u><u>6,242</u></u>	<u><u>74,485</u></u>	<u><u>80,727</u></u>	<u><u>34,788</u></u>

The notes form part of these financial statements

HELPING DISABILITIES TRUST

**Balance Sheet
31 March 2025**

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	5	44,195	35,748	79,943	37,100
CURRENT ASSETS					
Cash at bank		-	38,737	38,737	14,002
CREDITORS					
Amounts falling due within one year	6	(37,953)	-	(37,953)	(16,314)
NET CURRENT ASSETS		<u>(37,953)</u>	<u>38,737</u>	<u>784</u>	<u>(2,312)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>6,242</u>	<u>74,485</u>	<u>80,727</u>	<u>34,788</u>
NET ASSETS		<u>6,242</u>	<u>74,485</u>	<u>80,727</u>	<u>34,788</u>
FUNDS					
Unrestricted funds	8			6,242	11,670
Restricted funds				74,485	23,118
TOTAL FUNDS				<u>80,727</u>	<u>34,788</u>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
Trustee

HELPING DISABILITIES TRUST

Notes to the Financial Statements for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

HELPING DISABILITIES TRUST

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Employees	2	3
	<u>2</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	40,038	13,000	53,038
	<u>40,038</u>	<u>13,000</u>	<u>53,038</u>
EXPENDITURE ON			
Raising funds	6,892	-	6,892
Charitable activities			
Costs of generating voluntary income	32,265	9,275	41,540
Other	3,016	-	3,016
	<u>35,281</u>	<u>9,275</u>	<u>44,556</u>
Total	<u>42,173</u>	<u>9,275</u>	<u>51,448</u>
NET INCOME/(EXPENDITURE)	(2,135)	3,725	1,590
RECONCILIATION OF FUNDS			
Total funds brought forward	13,805	19,393	33,198
	<u>13,805</u>	<u>19,393</u>	<u>33,198</u>
TOTAL FUNDS CARRIED FORWARD	<u>11,670</u>	<u>23,118</u>	<u>34,788</u>

HELPING DISABILITIES TRUST

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2024	64,721
Additions	62,828
	<u>127,549</u>
At 31 March 2025	127,549
DEPRECIATION	
At 1 April 2024	27,621
Charge for year	19,985
	<u>47,606</u>
At 31 March 2025	47,606
NET BOOK VALUE	
At 31 March 2025	<u>79,943</u>
At 31 March 2024	<u>37,100</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Bank loans and overdrafts (see note 7)	34,848	13,982
Other creditors	3,105	2,332
	<u>37,953</u>	<u>16,314</u>

7. LOANS

An analysis of the maturity of loans is given below:

	31.3.25 £	31.3.24 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>34,848</u>	<u>13,982</u>

8. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	11,670	(5,428)	6,242
Restricted funds			
Restricted funds	23,118	51,367	74,485
	<u>34,788</u>	<u>45,939</u>	<u>80,727</u>
TOTAL FUNDS	<u>34,788</u>	<u>45,939</u>	<u>80,727</u>

HELPING DISABILITIES TRUST

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	54,532	(59,960)	(5,428)
Restricted funds			
Restricted funds	76,375	(25,008)	51,367
TOTAL FUNDS	<u>130,907</u>	<u>(84,968)</u>	<u>45,939</u>

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	13,805	(2,135)	11,670
Restricted funds			
Restricted funds	19,393	3,725	23,118
TOTAL FUNDS	<u>33,198</u>	<u>1,590</u>	<u>34,788</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	40,038	(42,173)	(2,135)
Restricted funds			
Restricted funds	13,000	(9,275)	3,725
TOTAL FUNDS	<u>53,038</u>	<u>(51,448)</u>	<u>1,590</u>

HELPING DISABILITIES TRUST

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/23 £	Net movement in funds £	At 31/3/25 £
Unrestricted funds			
General fund	13,805	(7,563)	6,242
Restricted funds			
Restricted funds	19,393	55,092	74,485
TOTAL FUNDS	<u>33,198</u>	<u>47,529</u>	<u>80,727</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	94,570	(102,133)	(7,563)
Restricted funds			
Restricted funds	89,375	(34,283)	55,092
TOTAL FUNDS	<u>183,945</u>	<u>(136,416)</u>	<u>47,529</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

HELPING DISABILITIES TRUST

England & Wales - Charity number 1184724

Accounts

Charity Number 1184724

HELPING DISABILITIES TRUST
FINANCIAL STATEMENTS
31 MARCH 2024

HELPING DISABILITIES TRUST FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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HELPING DISABILITIES TRUST

TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name	HELPING DISABILITIES TRUST
Charity number	1184724
Principal office	6c Denver Road London N16 5JH
Trustees	M Bodner (Chair) D Leaman C Kluger
Accountant	JS & CO Accountants Ltd 26 Theydon Road London E5 9NA
Bankers	Barclays

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2024

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

M Bodner (Chair)

D Leaman

C Kluger

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helping disabilities Trust is constituted under a deed dated 1st August 2019. It is a registered charity number 1184724. Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation

OBJECTIVES AND ACTIVITIES

Helping Disabilities Trust was set up to help children and young people with disabilities up to the age of 25 years old across the UK, through the provision of free loans of specialised toys & equipment. Children with disabilities lead very challenging lives. Many of them suffer from chronic pain and have trouble with the most basic daily tasks. They want to join in and take part in the same sorts of activities or lifestyle, within their capabilities, as other children. Helping Disabilities is proud to support these children and young people by providing free loan of expensive specialised equipment such as full support swings, adapted trikes & sensory equipment, that they otherwise would not be able to access. These items and many more specialised aids are designed to improve and enhance the lives of children and young people with disabilities, helping them to become as independent as possible and to reach their potential.

Helping Disability's service users are children and young people who suffer from physical, mental and emotional disabilities, such as Down syndrome, cerebral palsy & emotional issues and often remain excluded from a lifestyle which other people may take for granted. Many of them suffer from chronic pain and have ongoing difficulties in managing the most basic tasks. Some are unaware of their surroundings and are very isolated. Many find it hard to relate to other people and struggle socially and emotionally, lacking basic life skills to survive and thrive in our fast-paced society. This often leads to emotional and motivational challenge. Helping Disabilities' users are generally from low income families whose circumstances mean fewer opportunities to develop their potential.

The specialised equipment & toys that Helping Disabilities provides, empowers disabled young people to reach their individual and unique potential by making additional home

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2024

therapy a reality and improving their life skills & life chances immensely. By providing them with expensive specialised equipment that they otherwise would not be able to access, at this early stage in their lives, they are given the opportunity to improve a range of skills in a relaxed setting at home. These include motor skills, balance, auditory & dexterity. Specialist advice from therapists is sought to determine the most suitable equipment for each child and to ensure that the families are taught how to maximise the child's benefit from each piece of equipment. Having access to the equipment at home also stimulates and improves their emotional health and well-being and enables users to be active and physically mobile - even when they may be limited due to illness or disability.

A REVIEW OF ACHIEVEMENTS AND PERFORMANCES

The year to 31 March 2024 was Helping Disabilities' fourth financial year. Helping Disabilities was able to raise funds to purchase specialist disability equipment to loan to families with children with disabilities. Less expensive equipment is given to families, whilst larger and more costly equipment is loaned. Funds raised to purchase equipment keep building the charity's assets which generally depreciate over several years and give benefit to several children in succession. The equipment held by the charity at the year end was worth over £35,000. The trustees aim to keep increasing and replenishing the equipment bank in order to provide the items to as many service users as possible. Helping Disabilities has received very positive feedback from families of service users regarding the significant benefits they receive from the charity. 90% of families report the specialised toys & equipment improved relationships. 92% of parents had a better understanding of their child's needs. 89% enjoyed quality time as a family though play with appropriate toys. Helping Disabilities also provided free leisure activities for the young people it services to further improve their lives.

FUTURE PLANS

A new and exciting project which is currently still in its early planning stages is the setting up of a specialised sensory and soft play room designed to benefit the disabled children. This is based on the requests from disabled children and their parents/carers who have stated that this project will bring a multitude of benefits to the disabled children.

FINANCIAL REVIEW

The Trustees are happy to report that Helping Disabilities managed to continue developing its operations and obtaining significant funding. Turnover was over £53,000. Many grant funders took an interest in the charity and were generous in their response to our applications. The year ended with a surplus (restricted and unrestricted) of over £34,000. The trustees gratefully acknowledge that the outstanding impact and achievement of the organisation was largely due to the substantial and generous support of charitable trusts and foundations and community donors.

RESERVES POLICY

The trustees aim to hold free reserves at a level sufficient to protect services and ensure adequate cashflow for the organisation's needs. The aspiration is for this to be at a level of at least 3 months (but no more than 12 months') equivalent of the charity's unrestricted operating costs. The Charity's free reserves at the year end were £11,670 which is more than 3 months' unrestricted operating costs. The trustees are confident that achieving this level of reserves has set the charity on firm financial footing, though as the charity expands, the level

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2024

of reserves needs to increase to ensure this stability is maintained. GOING CONCERN The trustees believe that the charity is able to continue as a going concern.

PUBLIC BENEFIT

The Trustees confirm their compliance with the duty to have due regard to the Public Benefit guidance published by the Charity Commission as well as the Equalities Act 2010 when reviewing the Charity's aims and objectives and in planning future activities.

RISK MANAGEMENT

The Trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity and safeguarding of its beneficiaries. The trustees are satisfied that these systems and procedures mitigate any perceived risks.

STRUCTURE AND MANAGEMENT

A senior carer manages the daily running of activities, reporting weekly to the director of services. The Director reports regularly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

Signed on behalf of the trustees

Trustee

22nd December 2024

HELPING DISABILITIES TRUST
INDEPENDENT EXAMINER REPORT
YEAR ENDED 31 MARCH 2024

I report on the accounts of the charity for the year ended 31 March 2024 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- a) which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with Section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

JS & Co Accountants Ltd
26 Theydon Road
London E5 9NA

22nd December 2024

HELPING DISABILITIES TRUST

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2024

	Notes	Unrestricted 2024 £	Restricted 2024 £	Total Funds 2024 £	Total Funds 2023 £
INCOMING RESOURCES					
Donations		40,038	13,000	53,038	51,805
Income from charitable activities				0	
		<u>40,038</u>	<u>13,000</u>	<u>53,038</u>	<u>51,805</u>
RESOURCES EXPENDED					
Fundraising Cost		6,892		6,892	5,891
Charitable activities		32,265	9,275	41,540	37,923
Governance costs		3,016		3,016	921
Total resources expended		<u>42,173</u>	<u>9,275</u>	<u>51,448</u>	<u>44,735</u>
NET INCOME FOR THE YEAR		-2,135	3,725	1,590	7,070
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>13,805</u>	<u>19,393</u>	<u>33,198</u>	<u>26,128</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>11,670</u></u>	<u><u>23,118</u></u>	<u><u>34,788</u></u>	<u><u>33,198</u></u>

The Notes form part of the financial statements

HELPING DISABILITIES TRUST

BALANCE SHEET
31-Mar-24

	Notes	£	2024 £	£	2023 £
FIXED ASSETS					
Fixtures & Fittings	4		37,100		32,664
CURRENT ASSETS:					
Cash at bank and in hand		20		2,812	
		<u>20</u>		<u>2,812</u>	
CREDITORS: amounts falling due within one year					
	5	<u>-2,332</u>		<u>-2,278</u>	
Net Current assets/(liabilities)			<u>34,788</u>		<u>33,198</u>
NET CURRENT ASSETS:			<u><u>34,788</u></u>		<u><u>33,198</u></u>
FUNDS					
Unrestricted funds	6		11,670		13,805
Restrcted funds			<u>23,118</u>		<u>19,393</u>
TOTAL FUNDS			<u><u>34,788</u></u>		<u><u>33,198</u></u>

Approved by the board of Trustees on:
And signed on their behalf by:

22 December 2024

.....
M Bodner - Trustee

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2024

1 ACCOUNTING POLICIES

Accounting convention

These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Taxation

The Charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 TRUSTEES REMUNERATION AND BENEFITS

No trustees received remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees Expenses

There were no trustees expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

3 EMPLOYEES

The charity had an average of 3 employees during the year ended 31 March 2024 (3 in 2023).

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2024

4 FIXED ASSETS

	Fixture and fittings £	Totals £
COST:		
At 1 April 2023	51,010	51,010
Additions	13,711	13,711
At 31 March 2024	64,721	64,721
DEPRECIATION:		
At 1 April 2023	18,346	18,346
Charge for year	9,275	9,275
At 31 March 2024	27,621	27,621
NET BOOK VALUE:		
At 31 March 2024	37,100	37,100
At 31 March 2023	32,664	32,664

5 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other Creditors	2,332	2,278
	2,332	2,278

6 MOVEMENTS IN FUNDS

	At 1.4.2023 £	Net movement in funds £	At 31.03.2024 £
Restricted funds			
General fund	19,393	3,725	23,118
Unrestricted funds			
General fund	13,805	-2,135	11,670
TOTAL FUNDS	33,198	1,590	34,788

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
General fund	13,000	9,275	3,725
Unrestricted funds			
General fund	40,038	42,173	-2,135
TOTAL FUNDS	53,038	51,448	1,590

HELPING DISABILITIES TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2024

	Unrestricted 2024	Restricted 2024	Total Funds 2024	Total Funds 2023
	£	£	£	£
INCOMING RESOURCES				
Donations	40,038	13,000	53,038	51,805
Income from charitable activities			0	0
Total incoming resources	40,038	13,000	53,038	51,805
Fundraising Cost	6,892		6,892	5,891
Costs of generating voluntary income				
Charitable Activities	32,265		32,265	29,757
Depreciation		9,275	9,275	8,166
	32,265	9,275	41,540	37,923
Governance costs				
Accountancy	696		696	660
Professional fee	539		539	261
Telephone and softwares	1,781		1,781	0
	3,016	0	3,016	921
Total resources expended	42,173	9,275	51,448	44,735
NET INCOME FOR THE YEAR	-2,135	3,725	1,590	7,070
RECONCILIATION OF FUNDS				
NET INCOME FOR YEAR	-2,135	3,725	1,590	7,070
Total Funds Brought Forward	13,805	19,393	33,198	26,128
Total Funds Carried Forward	<u>11,670</u>	<u>23,118</u>	<u>34,788</u>	<u>33,198</u>

The charity had 3 employees during the year (4 in 2023)

HELPING DISABILITIES TRUST

England & Wales - Charity number 1184724

Accounts

Charity Number 1184724

HELPING DISABILITIES TRUST
FINANCIAL STATEMENTS
31 MARCH 2023

HELPING DISABILITIES TRUST FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

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HELPING DISABILITIES TRUST

TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name	HELPING DISABILITIES TRUST
Charity number	1184724
Principal office	6c Denver Road London N16 5JH
Trustees	M Bodner (Chair) D Leaman C Kluger
Accountant	JS & CO Accountants Ltd 26 Theydon Road London E5 9NA
Bankers	Barclays

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2023

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

M Bodner (Chair)

D Leaman

C Kluger

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helping disabilities Trust is constituted under a deed dated 1st August 2019. It is a registered charity number 1184724. Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation

OBJECTIVES AND ACTIVITIES

Helping Disabilities Trust was set up to help children and young people with disabilities up to the age of 25 years old across the UK, through the provision of free loans of specialised toys & equipment. Children with disabilities lead very challenging lives. Many of them suffer from chronic pain and have trouble with the most basic daily tasks. They want to join in and take part in the same sorts of activities or lifestyle, within their capabilities, as other children. Helping Disabilities is proud to support these children and young people by providing free loan of expensive specialised equipment such as full support swings, adapted trikes & sensory equipment, that they otherwise would not be able to access. These items and many more specialised aids are designed to improve and enhance the lives of children and young people with disabilities, helping them to become as independent as possible and to reach their potential.

Helping Disability's service users are children and young people who suffer from physical, mental and emotional disabilities, such as Down syndrome, cerebral palsy & emotional issues and often remain excluded from a lifestyle which other people may take for granted. Many of them suffer from chronic pain and have ongoing difficulties in managing the most basic tasks. Some are unaware of their surroundings and are very isolated. Many find it hard to relate to other people and struggle socially and emotionally, lacking basic life skills to survive and thrive in our fast-paced society. This often leads to emotional and motivational challenge. Helping Disabilities' users are generally from low income families whose circumstances mean fewer opportunities to develop their potential.

The specialised equipment & toys that Helping Disabilities provides, empowers disabled young people to reach their individual and unique potential by making additional home

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2023

therapy a reality and improving their life skills & life chances immensely. By providing them with expensive specialised equipment that they otherwise would not be able to access, at this early stage in their lives, they are given the opportunity to improve a range of skills in a relaxed setting at home. These include motor skills, balance, auditory & dexterity. Specialist advice from therapists is sought to determine the most suitable equipment for each child and to ensure that the families are taught how to maximise the child's benefit from each piece of equipment. Having access to the equipment at home also stimulates and improves their emotional health and well-being and enables users to be active and physically mobile - even when they may be limited due to illness or disability.

A REVIEW OF ACHIEVEMENTS AND PERFORMANCES

The year to 31 March 2023 was Helping Disabilities' third financial year. Helping Disabilities was able to raise funds to purchase specialist disability equipment to loan to families with children with disabilities. Less expensive equipment is given to families, whilst larger and more costly equipment is loaned. Funds raised to purchase equipment keep building the charity's assets which generally depreciate over several years and give benefit to several children in succession. The equipment held by the charity at the year end was worth over £30,000. The trustees aim to keep increasing and replenishing the equipment bank in order to provide the items to as many service users as possible. Helping Disabilities has received very positive feedback from families of service users regarding the significant benefits they receive from the charity. 90% of families report the specialised toys & equipment improved relationships. 92% of parents had a better understanding of their child's needs. 89% enjoyed quality time as a family though play with appropriate toys. In the past financial year, Helping Disabilities expanded its operations by introducing new initiatives. including the running leisure activities for the young people it services to further improve their lives.

FINANCIAL REVIEW

The Trustees are happy to report that Helping Disabilities managed to continue developing its operations and obtaining significant funding. Turnover was over £51,000. Many grant funders took an interest in the charity and were generous in their response to our applications. The year ended with a surplus (restricted and unrestricted) of over £33,000. The trustees gratefully acknowledge that the outstanding impact and achievement of the organisation was largely due to the substantial and generous support of charitable trusts and foundations and community donors.

RESERVES POLICY

The trustees aim to hold free reserves at a level sufficient to protect services and ensure adequate cashflow for the organisation's needs. The aspiration is for this to be at a level of at least 3 months (but no more than 12 months') equivalent of the charity's unrestricted operating costs. The Charity's free reserves at the year end were £13,085 which is more than 3 months' unrestricted operating costs. The trustees are confident that achieving this level of reserves in the first year has set the charity on firm financial footing, though as the charity expands, the level of reserves needs to increase to ensure this stability is maintained. GOING CONCERN The trustees believe that the charity is able to continue as a going concern. The charity was able to continue operating during the Covid-19 lockdown, with the commitment and support from funders and stakeholders who invest in our work. PUBLIC BENEFIT The Trustees confirm their compliance with the duty to have due regard to the Public Benefit

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2023

guidance published by the Charity Commission as well as the Equalities Act 2010 when reviewing the Charity's aims and objectives and in planning future activities.

RISK MANAGEMENT

The Trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity and safeguarding of its beneficiaries. The trustees are satisfied that these systems and procedures mitigate any perceived risks.

STRUCTURE AND MANAGEMENT

A senior carer manages the daily running of activities, reporting weekly to the director of services. The Director reports regularly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

Signed on behalf of the trustees

Trustee

24th December 2023

HELPING DISABILITIES TRUST
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

I report on the accounts of the charity for the year ended 31 March 2023 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- a) which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with Section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

JS & Co Accountants Ltd
26 Theydon Road
London E5 9NA

24 December 2023

HELPING DISABILITIES TRUST

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2023

		Unrestricted	Restricted	Total Funds	Total Funds
	Notes	2023	2023	2023	2022
		£	£	£	£
INCOMING RESOURCES					
Donations		30,089	21,716	51,805	45,316
Income from charitable activities				0	
		30,089	21,716	51,805	45,316
RESOURCES EXPENDED					
Fundraising Cost		5,891		5,891	5,012
Charitable activities		24,537	13,386	37,923	28,681
Governance costs		921		921	1,214
Total resources expended		31,349	13,386	44,735	34,907
NET INCOME FOR THE YEAR		-1,260	8,330	7,070	10,409
RECONCILIATION OF FUNDS					
Total funds brought forward					
		15,065	11,063	26,128	15,719
TOTAL FUNDS CARRIED FORWARD		13,805	19,393	33,198	26,128

The Notes form part of the financial statements

HELPING DISABILITIES TRUST

BALANCE SHEET
31-Mar-23

	Notes	£	2023 £	£	2022 £
FIXED ASSETS					
Fixtures & Fittings	4		32,664		25,634
CURRENT ASSETS:					
Cash at bank and in hand		<u>2,812</u>		<u>1,094</u>	
		2,812		1,094	
CREDITORS: amounts falling due within one year					
	5	<u>-1,260</u>		<u>-600</u>	
Net Current assets/(liabilities)			<u>34,216</u>		<u>26,128</u>
NET CURRENT ASSETS:			<u>34,216</u>		<u>26,128</u>
FUNDS					
Unrestricted funds	6		13,805		15,065
Restrcted funds			<u>19,393</u>		<u>11,063</u>
TOTAL FUNDS			<u>33,198</u>		<u>26,128</u>

Approved by the board of Trustees on:
And signed on their behalf by:

24 December 2023

.....
M Bodner - Trustee

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2023

1 ACCOUNTING POLICIES

Accounting convention

These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Taxation

The Charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 TRUSTEES REMUNERATION AND BENEFITS

No trustees received remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees Expenses

There were no trustees expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

3 EMPLOYEES

The charity had an average of 3 employees during the year ended 31 March 2023.

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2023

4 FIXED ASSETS

	Fixture and fittings £	Totals £
COST:		
At 1 April 2022	35,814	35,814
Additions	15,196	15,196
At 31 March 2023	51,010	51,010
DEPRECIATION:		
At 1 April 2022	10,180	10,180
Charge for year	8,166	8,166
At 31 March 2023	18,346	18,346
NET BOOK VALUE:		
At 31 March 2023	32,664	32,664
At 31 March 2022	25,634	25,634

5 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other Creditors	1,260	600
	1,260	600

6 MOVEMENTS IN FUNDS

	At 1.4.2022 £	Net movement in funds £	At 31.03.2023 £
Restricted funds			
General fund	11,063	8,330	19,393
Unrestricted funds			
General fund	15,065	-1,260	13,805
TOTAL FUNDS	26,128	7,070	33,198

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
General fund	21,716	13,386	8,330
Unrestricted funds			
General fund	30,089	31,349	-1,260
TOTAL FUNDS	51,805	44,735	7,070

HELPING DISABILITIES TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2023

	Unrestricted 2023	Restricted 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
INCOMING RESOURCES				
Donations	30,089	21,716	51,805	45,316
Income from charitable activities			0	0
Total incoming resources	30,089	21,716	51,805	45,316
Fundraising Cost	5,891		5,891	5,012
Costs of generating voluntary income				
Charitable Activities	24,537	5,220	29,757	22,273
Depreciation		8,166	8,166	6,408
	24,537	13,386	37,923	28,681
Governance costs				
Accountancy	660		660	600
Professional fee	261		261	614
	921	0	921	1,214
Total resources expended	31,349	13,386	44,735	34,907
NET INCOME FOR THE YEAR	-1,260	8,330	7,070	10,409
RECONCILIATION OF FUNDS				
NET INCOME FOR YEAR	-1,260	8,330	7,070	10,409
Total Funds Brought Forward	7,690	8,029	10,458	49
Total Funds Carried Forward	<u>6,430</u>	<u>16,359</u>	<u>17,528</u>	<u>10,458</u>

The charity had 4 employees during the year.

HELPING DISABILITIES TRUST

England & Wales - Charity number 1184724

Accounts

Charity Number 1184724

HELPING DISABILITIES TRUST
FINANCIAL STATEMENTS
31 MARCH 2022

HELPING DISABILITIES TRUST

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

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HELPING DISABILITIES TRUST

TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name HELPING DISABILITIES TRUST

Charity number 1184724

Principal office 6c Denver Road
London
N16 5JH

Trustees D Leaman
C Kluger
M Bodner

Independent examiner JS & Co Accountant Ltd
26 Theydon Road
London
E5 9NA

Bankers Barclays

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2022

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

D Leaman
C Kluger
M Bodner

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helping disabilities Trust is constituted under a deed dated 1st August 2019. It is a registered charity number 1184724.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

OBJECTIVES AND ACTIVITIES

Helping Disabilities Trust was set up to help children and young people with disabilities up to the age of 25 years old across the UK, through the provision of free loans of specialised toys & equipment. Children with disabilities lead very challenging lives. Many of them suffer from chronic pain and have trouble with the most basic daily tasks. They want to join in and take part in the same sorts of activities or lifestyle, within their capabilities, as other children. Helping Disabilities is proud to support these children and young people by providing free loan of expensive specialised equipment such as full support swings, adapted trikes & sensory equipment, that they otherwise would not be able to access. These items and many more specialised aids are designed to improve and enhance the lives of children and young people with disabilities, helping them to become as independent as possible and to reach their potential.

Helping Disability's service users are children and young people who suffer from physical, mental and emotional disabilities, such as Down syndrome, cerebral palsy & emotional issues and often remain excluded from a lifestyle which other people may take for granted. Many of them suffer from chronic pain and have ongoing difficulties in managing the most basic tasks. Some are unaware of their surroundings and are very isolated. Many find it hard to relate to other people and struggle socially and emotionally, lacking basic life skills to survive and thrive in our fast-paced society. This often leads to emotional and motivational challenge. Helping Disabilities' users are generally from low-income families whose circumstances mean fewer opportunities to develop their potential.

The specialised equipment & toys that Helping Disabilities provides, empowers disabled young people to reach their individual and unique potential by making additional home therapy a reality and improving their life skills & life chances immensely. By providing them with expensive specialised equipment that they otherwise would not be able to access, at this early stage in their lives, they are

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2022

given the opportunity to improve a range of skills in a relaxed setting at home. These include motor skills, balance, auditory & dexterity. Specialist advice from therapists is sought to determine the most suitable equipment for each child and to ensure that the families are taught how to maximise the child's benefit from each piece of equipment. Having access to the equipment at home also stimulates and improves their emotional health and well-being and enables users to be active and physically mobile - even when they may be limited due to illness or disability.

A REVIEW OF ACHIEVEMENTS AND PERFORMANCES

The year to 31 March 2022 was Helping Disabilities' second financial year. Helping Disabilities was able to raise funds to purchase specialist disability equipment to loan to families with children with disabilities. Less expensive equipment is given to families, whilst larger and more costly equipment is loaned. Funds raised to purchase equipment keep building the charity's assets which generally depreciate over several years and give benefit to several children in succession. The equipment held by the charity at the year end was worth over £25,000. The trustees aim to keep increasing and replenishing the equipment bank in order to provide the items to as many service users as possible. Helping Disabilities has received very positive feedback from families of service users regarding the significant benefits they receive from the charity.

90% of families report the specialised toys & equipment improved relationships.

92% of parents had a better understanding of their child's needs.

89% enjoyed quality time as a family though play with appropriate toys.

In the past financial year, Helping Disabilities expanded its operations by introducing new initiatives, including the running leisure activities for the young people it services to further improve their lives.

FINANCIAL REVIEW

The Trustees are happy to report that Helping Disabilities managed to continue developing its operations and obtaining significant funding. Turnover was over £45,000. Many grant funders took an interest in the charity and were generous in their response to our applications. The year ended with a surplus (restricted and unrestricted) of over £26,000. The trustees gratefully acknowledge that the outstanding impact and achievement of the organisation and our ability to continue providing our services during Covid-19, was largely due to the substantial and generous support of charitable trusts and foundations and community donors.

RESERVES POLICY

The trustees aim to hold free reserves at a level sufficient to protect services and ensure adequate cashflow for the organisation's needs. The aspiration is for this to be at a level of at least 3 months (but no more than 12 months') equivalent of the charity's unrestricted operating costs. The Charity's free reserves at the year end were £15,065 which is more than 3 months' unrestricted operating costs. The trustees are confident that achieving this level of reserves in the first year has set the charity on firm financial footing, though as the charity expands, the level of reserves needs to increase to ensure this stability is maintained.

GOING CONCERN

The trustees believe that the charity is able to continue as a going concern. The charity was able to continue operating during the Covid-19 lockdown, with the commitment and support from funders and stakeholders who invest in our work.

PUBLIC BENEFIT

The Trustees confirm their compliance with the duty to have due regard to the Public Benefit guidance published by the Charity Commission as well as the Equalities Act 2010 when reviewing the Charity's aims and objectives and in planning future activities.

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2022

RISK MANAGEMENT

The Trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity and safeguarding of its beneficiaries. The trustees are satisfied that these systems and procedures mitigate any perceived risks.

STRUCTURE AND MANAGEMENT

A senior carer manages the daily running of activities, reporting weekly to the director of services. The Director reports regularly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

Signed on behalf of the trustees

Trustee

21st December 2022

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

I report on the accounts of the charity for the year ended 31 March 2022 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- a) which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with Section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

JS & Co Accountants Ltd
26 Theydon Road
London E5 9NA

21 December 2022

HELPING DISABILITIES TRUST

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2022

		Unrestricted	Restricted	Total Funds	Total Funds
	Notes	2021	2021	2021	2020
		£	£	£	£
INCOMING RESOURCES					
Donations		31,138	14,178	45,316	20,600
Income from charitable activities				0	11,801
		<u>31,138</u>	<u>14,178</u>	<u>45,316</u>	<u>32,401</u>
RESOURCES EXPENDED					
Fundraising Cost		5,012		5,012	2,988
Charitable activities		17,537	11,144	28,681	13,067
Governance costs		1,214		1,214	676
Total resources expended		<u>23,763</u>	<u>11,144</u>	<u>34,907</u>	<u>16,731</u>
NET INCOME FOR THE YEAR		7,375	3,034	10,409	15,670
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>7,690</u>	<u>8,029</u>	<u>15,719</u>	<u>49</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>15,065</u></u>	<u><u>11,063</u></u>	<u><u>26,128</u></u>	<u><u>15,719</u></u>

The Notes form part of the financial statements

HELPING DISABILITIES TRUST

BALANCE SHEET
31-Mar-22

	Notes	£	2022 £	£	2021 £
FIXED ASSETS					
Fixtures & Fittings	3		25,634		15,089
CURRENT ASSETS:					
Cash at bank and in hand		1,094		1,205	
		<u>1,094</u>		<u>1,205</u>	
CREDITORS: amounts falling due within one year					
	4	<u>-600</u>		<u>-575</u>	
Net Current assets/(liabilities)			<u>26,128</u>		<u>15,719</u>
NET CURRENT ASSETS:			<u><u>26,128</u></u>		<u><u>15,719</u></u>
FUNDS					
Unrestricted funds	5		15,065		7,690
Restrcted funds			<u>11,063</u>		<u>8,029</u>
TOTAL FUNDS			<u><u>26,128</u></u>		<u><u>15,719</u></u>

Approved by the board of Trustees on:
And signed on their behalf by:

21 December 2022

.....
M Bodner - Trustee

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2022

1 ACCOUNTING POLICIES

Accounting convention

These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Taxation

The Charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 TRUSTEES REMUNERATION AND BENEFITS

No trustees received remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees Expenses

There were no trustees expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2022

3 FIXED ASSETS

	Fixture and fittings £	Totals £
COST:		
At 1 April 2021	18,861	18,861
Additions	16,953	16,953
At 31 March 2022	35,814	35,814
DEPRECIATION:		
At 1 April 2021	3,772	3,772
Charge for year	6,408	6,408
At 31 March 2022	10,180	10,180
NET BOOK VALUE:		
At 31 March 2022	25,634	25,634
At 31 March 2021	15,089	15,089

4 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other Creditors	600	575
	600	575

5 MOVEMENTS IN FUNDS

	At 1.4.2021 £	Net movement in funds £	At 31.03.2022 £
Restricted funds			
General fund	8029	3,034	11,063
Unrestricted funds			
General fund	7,690	7,375	15,065
TOTAL FUNDS	15,719	10,409	26,128

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
General fund	14,178	11,144	3,034
Unrestricted funds			
General fund	31,138	23,763	7,375
TOTAL FUNDS	45,316	34,907	10,409

HELPING DISABILITIES TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2022

	Unrestricted 2022	Restricted 2022	Total Funds 2022	Total Funds 2021
	£	£	£	£
INCOMING RESOURCES				
Donations	31,138	14,178	45,316	20,600
Income from charitable activities			0	11,801
Total incoming resources	31,138	14,178	45,316	32,401
Fundraising Cost	5,012		5,012	2,988
Costs of generating voluntary income				
Charitable Activities	17,537	4,736	22,273	9,295
Depreciation		6,408	6,408	3,772
	17,537	11,144	28,681	13,067
Governance costs				
Accountancy	600		600	576
Professional fee	614		614	100
	1,214	0	1,214	676
Total resources expended	23,763	11,144	34,907	16,731
NET INCOME FOR THE YEAR	7,375	3,034	10,409	15,670
RECONCILIATION OF FUNDS				
NET INCOME FOR YEAR	7,375	3,034	10,409	15,670
Total Funds Brought Forward	7,690	8,029	15,719	49
Total Funds Carried Forward	15,065	11,063	26,128	15,719

The charity had 4 employees during the year.

HELPING DISABILITIES TRUST

England & Wales - Charity number 1184724

Accounts

Charity Number 1184724

HELPING DISABILITIES TRUST
FINANCIAL STATEMENTS
31 MARCH 2021

HELPING DISABILITIES TRUST

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

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HELPING DISABILITIES TRUST

TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name HELPING DISABILITIES TRUST

Charity number 1184724

Principal office 6c Denver Road
London
N16 5JH

Trustees D Leaman
C Kluger
M Bodner

Independent examiner JS & Co Accountant Ltd
26 Theydon Road
London
E5 9NA

Bankers Barclays

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2021

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

D Leaman
C Kluger
M Bodner

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helping disabilities Trust is constituted under a deed dated 1st August 2019. It is a registered charity number 1184724.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

OBJECTIVES AND ACTIVITIES

Helping Disabilities Trust was set up to help children and young people with disabilities up to the age of 25 years old across the UK, through the provision of free loans of specialised toys & equipment. Children with disabilities lead very challenging lives. Many of them suffer from chronic pain and have trouble with the most basic daily tasks. They want to join in and take part in the same sorts of activities or lifestyle, within their capabilities, as other children. Helping Disabilities is proud to support these children and young people by providing free loan of expensive specialised equipment such as full support swings, adapted trikes & sensory equipment, that they otherwise would not be able to access. These items and many more specialised aids are designed to improve and enhance the lives of children and young people with disabilities, helping them to become as independent as possible and to reach their potential.

Helping Disability's service users are children and young people who suffer from physical, mental and emotional disabilities, such as Down syndrome, cerebral palsy & emotional issues and often remain excluded from a lifestyle which other people may take for granted. Many of them suffer from chronic pain and have ongoing difficulties in managing the most basic tasks. Some are unaware of their surroundings and are very isolated. Many find it hard to relate to other people and struggle socially and emotionally, lacking basic life skills to survive and thrive in our fast-paced society. This often leads to emotional and motivational challenge. Helping Disabilities' users are generally from low-income families whose circumstances mean fewer opportunities to develop their potential.

The specialised equipment & toys that Helping Disabilities provides, empowers disabled young people to reach their individual and unique potential by making additional home therapy a reality and improving their life skills & life chances immensely. By providing them with expensive specialised equipment that they otherwise would not be able to access, at this early stage in their lives, they are

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2021

given the opportunity to improve a range of skills in a relaxed setting at home. These include motor skills, balance, auditory & dexterity. Specialist advice from therapists is sought to determine the most suitable equipment for each child and to ensure that the families are taught how to maximise the child's benefit from each piece of equipment. Having access to the equipment at home also stimulates and improves their emotional health and well-being and enables users to be active and physically mobile - even when they may be limited due to illness or disability.

A REVIEW OF ACHIEVEMENTS AND PERFORMANCES

The year to 31 March 2021 was Helping Disabilities' first financial year. Helping Disabilities was able to raise funds to purchase specialist disability equipment to loan to families with children with disabilities. Less expensive equipment is given to families, whilst larger and more costly equipment is loaned. Funds raised to purchase equipment keep building the charity's assets which generally depreciate over several years and give benefit to several children in succession. The equipment held by the charity at the year end was worth over £15,000. The trustees aim to keep increasing and replenishing the equipment bank in order to provide the items to as many service users as possible. Helping Disabilities has received very positive feedback from families of service users regarding the significant benefits they receive from the charity.

87% of families report the specialised toys & equipment improved relationships.

89% of parents had a better understanding of their child's needs.

92% enjoyed quality time as a family though play with appropriate toys.

In the next financial year, Helping Disabilities plans to expand its operations by introducing new initiatives. One of these is to start running leisure activities for the young people it services to further improve their lives.

FINANCIAL REVIEW

The Trustees are happy to report that in Helping Disabilities' first financial year, it managed to set up and develop its operations and obtain significant funding. Turnover was over £32,000. Many grant funders took an interest in the charity and were generous in their response to our applications. The year ended with a surplus (restricted and unrestricted) of over £15,000. The trustees gratefully acknowledge that the outstanding impact and achievement of the organisation and our ability to set up and establish this charity during Covid-19 was largely due to the substantial and generous support of the following charitable trusts and foundations:

The Big Lottery Fund,
Rank Foundation,
Joan Wilkinson Charitable Trust,
Leeds Building Society Charitable Foundation,
Tesco Charity Trust,
Souter Charitable Trust,
David Lister Charitable Trust,
Mrs Yvonne Flux Charitable Trust,
John R. Murray Charitable Trust,
Rowney Trust,
Truemark Trust,
Gordon Sanders Charitable Foundation,
David Solomons Charitable Trust,
29th May 1961 Charitable Trust,
Lord Barnby's Foundation

and other anonymous supporters and community donors.

HELPING DISABILITIES TRUST

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 MARCH 2021

RESERVES POLICY

The trustees aim to hold free reserves at a level sufficient to protect services and ensure adequate cashflow for the organisation's needs. The aspiration is for this to be at a level of at least 3 months (but no more than 12 months') equivalent of the charity's unrestricted operating costs. The Charity's free reserves at the year end were £7,690 which is more than 3 months' unrestricted operating costs. The trustees are confident that achieving this level of reserves in the first year has set the charity on firm financial footing, though as the charity expands, the level of reserves needs to increase to ensure this stability is maintained.

GOING CONCERN

The trustees believe that the charity is able to continue as a going concern. The charity was able to continue operating during the Covid-19 lockdown, with the commitment and support from funders and stakeholders who invest in our work.

PUBLIC BENEFIT

The Trustees confirm their compliance with the duty to have due regard to the Public Benefit guidance published by the Charity Commission as well as the Equalities Act 2010 when reviewing the Charity's aims and objectives and in planning future activities.

RISK MANAGEMENT

The Trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity and safeguarding of its beneficiaries. The trustees are satisfied that these systems and procedures mitigate any perceived risks.

STRUCTURE AND MANAGEMENT

A senior carer manages the daily running of activities, reporting weekly to the director of services. The Director reports regularly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

Signed on behalf of the trustees

Trustee

13 May 2021

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

I report on the accounts of the charity for the year ended 31 March 2021 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- a) which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with Section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

JS & Co Accountants Ltd
26 Theydon Road
London E5 9NA

13 May 2021

HELPING DISABILITIES TRUST

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2021

		Unrestricted	Restricted	Total Funds	Total Funds
	Notes	2021	2021	2021	2020
		£	£	£	£
INCOMING RESOURCES					
Donations		20,600		20,600	5,000
Income from charitable activities			11,801	11,801	
		20,600	11,801	32,401	5,000
RESOURCES EXPENDED					
Fundraising Cost		2,988		2,988	
Charitable activities		9,295	3,772	13,067	4,951
Governance costs		676	0	676	
Total resources expended		12,959	3,772	16,731	4,951
NET INCOME FOR THE YEAR		7,641	8,029	15,670	49
RECONCILIATION OF FUNDS					
Total funds brought forward					
		49	0	49	0
TOTAL FUNDS CARRIED FORWARD		7,690	8,029	15,719	49

The Notes form part of the financial statements

HELPING DISABILITIES TRUST

BALANCE SHEET 31-Mar-21

	Notes	£	2021 £	£	2020 £
FIXED ASSETS					
Fixtures & Fittings	3		15,089		0
CURRENT ASSETS:					
Cash at bank and in hand			<u>1,205</u>	<u>49</u>	
			1,205	49	
CREDITORS: amounts falling due within one year	4	<u>575</u>		<u>0</u>	
Net Current assets/(liabilities)			<u>15,719</u>	<u>49</u>	
NET CURRENT ASSETS:			<u>15,719</u>	<u>49</u>	
FUNDS	5				
Unrestricted funds			7,690		49
Restrcted funds			<u>8,029</u>		
TOTAL FUNDS			<u>15,719</u>	<u>49</u>	

Approved by the board of Trustees on:
And signed on their behalf by:

13 May 2021

.....
M Bodner - Trustee

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2021

1 ACCOUNTING POLICIES

Accounting convention

These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Taxation

The Charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2 TRUSTEES REMUNERATION AND BENEFITS

No trustees received remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees Expenses

There were no trustees expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

HELPING DISABILITIES TRUST

NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2021

3 FIXED ASSETS

	Fixture and fittings £	Totals £
COST:		
At 1 April 2020	0	0
Additions	18,861	18,861
At 31 March 2021	18,861	18,861
DEPRECIATION:		
At 1 April 2020	0	0
Charge for year	3,772	3,772
At 31 March 2021	3,772	3,772
NET BOOK VALUE:		
At 31 March 2021	15,089	15,089
At 31 March 2020	0	0

4 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Other Creditors	-575	0
	-575	0

5 MOVEMENTS IN FUNDS

	At 1.4.2020 £	Net movement in funds £	At 31.03.2021 £
Restricted funds			
General fund	0	8,029	8,029
Unrestricted funds			
General fund	49	7,641	7,690
TOTAL FUNDS	49	15,670	15,719

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
General fund	11,801	3,772	8,029
Unrestricted funds			
General fund	20,600	12,959	7,641
TOTAL FUNDS	32,401	16,731	15,670

HELPING DISABILITIES TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2021

	Unrestricted 2021 £	Restricted 2021 £	Total Funds 2021 £	Total Funds 2020 £
INCOMING RESOURCES				
Donations	20,600		20,600	5,000
Income from charitable activities		11,801	11,801	5,000
Total incoming resources	20,600	11,801	32,401	5,000
Fundraising Cost	2,988		2,988	0
Costs of generating voluntary income				
Charitable Activities	9,295		9,295	4,951
Depreciation		3,772	3,772	0
	9,295	3,772	13,067	4,951
Governance costs				
Accountancy	576		576	0
Professional fee	100		100	0
	676	0	676	0
Total resources expended	12,959	3,772	16,731	4,951
NET INCOME FOR THE YEAR	7,641	8,029	15,670	49
RECONCILIATION OF FUNDS				
NET INCOME FOR YEAR	7,641	8,029	15,670	49
Total Funds Brought Forward	49	0	49	0
Total Funds Carried Forward	7,690	8,029	15,719	49

The charity had 0 employees during the year.