

KINGSTON LGBT FORUM

England & Wales · Charity number 1184645

Details

Status Registered

Legal form CIO

Registered 2019-07-29

Register [View on the Charity Commission register](#)

Contact

Address 273 Walton Road
West Molesey
Surrey
KT8 2JN

Phone 07775434290

Email chair@kingstonlgbtforum.org.uk

Website <http://www.kingstonlgbtforum.org.uk>

Activities

Objects: THE OBJECTS OF THE CIO ARE:3.1 THE PROMOTION OF EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT IN THE ROYAL BOROUGH OF KINGSTON UPON THAMES BY:(A) THE ELIMINATION OF DISCRIMINATION ON THE GROUNDS OF GENDER IDENTITY, GENDER EXPRESSION AND SEXUAL ORIENTATION;(B) ADVANCING EDUCATION AND RAISING AWARENESS IN EQUALITY AND DIVERSITY AND THE NEEDS OF LGBT+ PEOPLE AND THE ISSUES AFFECTING THEIR LIVES AND THEIR COMMUNITIES;(C) PROMOTING ACTIVITIES TO FOSTER UNDERSTANDING BETWEEN PEOPLE FROM DIVERSE BACKGROUNDS; AND(D) CULTIVATING A SENTIMENT IN FAVOUR OF EQUALITY AND DIVERSITY.3.2 THE PROMOTION OF SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH PEOPLE IN THE ROYAL BOROUGH OF KINGSTON UPON THAMES WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF THEIR GENDER IDENTITY, GENDER EXPRESSION AND SEXUAL ORIENTATION (IN PARTICULAR LESBIAN, GAY, BISEXUAL AND TRANS ("LGBT+") PEOPLE) TO MEET THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO FULLY PARTICIPATE IN SOCIETY, IN PARTICULAR BY:(A) PROVIDING A LOCAL NETWORK GROUP THAT ENCOURAGES AND ENABLES LGBT+ PEOPLE TO PARTICIPATE MORE EFFECTIVELY WITH THE WIDER COMMUNITY; AND(B) INCREASING, OR CO-ORDINATING, OPPORTUNITIES FOR LGBT+ PEOPLE TO ENGAGE WITH SERVICE PROVIDERS, TO ENABLE THOSE PROVIDERS TO ADAPT SERVICES TO BETTER MEET THE NEEDS OF THOSE PEOPLE.3.3 THE ADVANCEMENT OF THE HEALTH AND WELLBEING OF LGBT+ PEOPLE IN THE ROYAL BOROUGH OF KINGSTON UPON THAMES BY PROMOTING ACTIVITIES THAT HAVE A PROVEN BENEFICIAL EFFECT ON HEALTH AND WELLBEING.

Activities: Kingston LGBT Forum provides services and activities for lesbian, gay, bisexual and trans (plus) people in the London borough of Kingston upon Thames.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Kingston Upon Thames
- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£14,093	£12,270	-	-
2024-04-05	£7,526	£7,260	-	-
2023-04-05	£1,405	£8,556	-	-
2022-04-05	£8,783	£12,458	-	-
2021-04-05	£22,545	£15,049	-	-

Trustees

Name	Role	Appointed
Oliver Lloyd Stredwick	Chair	2019-02-19
Aaron Marlowe		2023-02-04
Christopher Wray MA		2019-02-19
Dr Karl Aidan Rutledge		2022-02-08
Lewis Friend		2019-02-19
Richard Grainger		2024-09-27
Sharon Dann		2025-02-13

Accounts

Trustees' Annual Report for the period 6 April 2024 to 5 April 2025

Section A: Reference and administration details

Charity name: Kingston LGBT Forum
Other names charity is known by: Kingston LGBTQ+ Forum
Registered charity number: 1184645
Charity's principal address: 273 Walton Road, West Molesey
Postcode: KT8 2JN

Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year
	Lewis Friend		
	Kate Harrad		Resigned: 24 th April 2024
	Aaron Marlowe		
	Samuel Quinlan		
	Liam Rogers		
	Karl Rutledge	Treasurer	
	Oliver Lloyd Stredwick	Chair	
	Christopher Wray	Vice Chair	Vice Chair Appointed: 26 th June 2024
	Kirstie Buck		Appointed: 31 st May 2024
	Richard Grainger	Secretary	Appointed: 25 th September 2024
	Charlie Parker		Resigned: 18 th December 2024

There have been no trustees for the charity (for example, custodian trustees) during the period to which this Annual Report relates.

Section B: Structure, governance and management

Description of charity's trusts

Type of governing document:	Constitution
How the charity is constituted:	Charitable Incorporated Organisation
Trustee selection methods:	Appointed by existing trustees

Section C: Objects and activities

Summary of the objects of the charity set out in its governing document

The objects of the charity are:

1. The promotion of equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by:
 - a. The elimination of discrimination on the grounds of gender identity, gender expression and sexual orientation;
 - b. Advancing education and raising awareness in equality and diversity and the needs of LGBT+ people and the issues affecting their lives and their communities;
 - c. Promoting activities to foster understanding between people from diverse backgrounds; and
 - d. Cultivating a sentiment in favour of equality and diversity.
2. The promotion of social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing a local network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
 - b. Increasing, or co-ordinating, opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people.
3. The advancement of the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing.

Summary of the main activities undertaken for the public benefit in relation to these objects

To further its objects, the charity has undertaken a programme of activities and events this year for the public benefit. Specifically, the charity has:

1. Promoted equality and diversity for the public benefit in Kingston upon Thames by providing activities for LGBTQ+ people, which took place in the local community, in venues accessible to all members of the local community, and online. The visibility of LGBTQ+ people in the community and their interaction with the wider local community cultivates a sentiment in favour of equality in diversity while also increasing LGBTQ+ people's confidence in accessing local venues and facilities.
2. Promoted social inclusion for the public benefit by working with people in Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBTQ+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing local peer support activities to build a network group that encourages and enables LGBTQ+ people to participate more effectively with the wider community; and
 - b. Increasing and co-ordinating opportunities for LGBTQ+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people. The charity has done this by signposting LGBTQ+ people to service providers where relevant.
3. Advanced the health and wellbeing of LGBTQ+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing. These activities included group peer support sessions as well as walking and yoga sessions. In further advancing the health and wellbeing of LGBTQ+ people in Kingston, the charity organised virtual events to tackle loneliness and isolation.

In planning these activities, the charity trustees have had regard to the guidance issued by the Charity Commission on public benefit, which each trustee received upon registration of the charity or prior to being elected as a trustee.

Section D: Achievements and performance

Summary of the achievements of the charity during the year

During the period of this annual report, the charity:

- Delivered 163 separate events for local LGBTQ+ people in Kingston upon Thames, made up of:
 - 35 online peer support sessions

- 38 physical activities, including yoga sessions, running, croquet, bowling and walking;
- 18 community development sessions for volunteers;
- 12 coffee mornings;
- 12 peer support sessions for LGBTQ+ women;
- 6 book club meetings;
- 42 other open ended peer support sessions or physical, including attending pub quizzes, Sunday lunch at a local pub, cinema trips, social events and other events devised by the volunteers in the community development sessions.

Section E: Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Section F: Other optional information

None

Section G: Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature	
Full name	Christopher Wray
Position	Vice Chair
Date	28/01/2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Kingston LGBT Forum

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
6th April 2024

To

Period end date
5th April 2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	472	-	-	472	487
Grants	13,235	-	-	13,235	6,520
Events Income	386	-	-	386	247
Gift Aid	-	-	-	-	271
Miscellaneous Income	-	-	-	-	2
Sub total (Gross income for AR)	14,092	-	-	14,092	7,526
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,092	-	-	14,092	7,526
A3 Payments					
Phone and Broadband	96	-	-	96	-
Hardware Purchases	1,825	-	-	1,825	607
Subscriptions	629	-	-	629	590
Events and Meetings	3,758	-	-	3,758	2,138
Equipment for Events and Activities	120	-	-	120	1,449
Food and Drink	2,572	-	-	2,572	1,515
Travel and Parking	25	-	-	25	61
Postage and Office Costs	-	-	-	-	18
Marketing and Publicity	-	-	-	-	-
Training	-	-	-	-	-
Banking and Insurance	254	-	-	254	256
Staffing Costs	2,812	-	-	2,812	625
Miscellaneous Expenditure	179	-	-	179	-
Sub total	12,270	-	-	12,270	7,260
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,270	-	-	12,270	7,260
Net of receipts/(payments)	1,822	-	-	1,822	266
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,712	-	-	4,712	4,446
Cash funds this year end	6,534	-	-	6,534	4,712

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	6,534	-	-
		-	-	-
		-	-	-
	Total cash funds	6,534	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Christopher Wray	28/01/2026	

Accounts

Trustees' Annual Report for the period 6 April 2023 to 5 April 2024

Section A: Reference and administration details

Charity name: Kingston LGBT Forum
Other names charity is known by: Kingston LGBTQ+ Forum
Registered charity number: 1184645
Charity's principal address: 273 Walton Road, West Molesey
Postcode: KT8 2JN

Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year
	Lewis Friend		
	Kate Harrad		
	Lisa Hughes		Resigned: 08 th Jan 2024
	Aaron Marlowe		
	Charlie Parker	Chair	Resigned Chair: 1 st Feb 2024
	Samuel Quinlan		
	Liam Rogers		
	Karl Rutlidge	Treasurer	
	Eliseu Samuel Silva Ferreira	Secretary	Resigned: 26 th July 2023
	Oliver Lloyd Stredwick	Chair	Appointed Chair: 1 st Feb 2024
	Christopher Wray		

There have been no trustees for the charity (for example, custodian trustees) during the period to which this Annual Report relates.

Section B: Structure, governance and management

Description of charity's trusts

Type of governing document:	Constitution
How the charity is constituted:	Charitable Incorporated Organisation
Trustee selection methods:	Appointed by existing trustees

Section C: Objects and activities

Summary of the objects of the charity set out in its governing document

The objects of the charity are:

1. The promotion of equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by:
 - a. The elimination of discrimination on the grounds of gender identity, gender expression and sexual orientation;
 - b. Advancing education and raising awareness in equality and diversity and the needs of LGBT+ people and the issues affecting their lives and their communities;
 - c. Promoting activities to foster understanding between people from diverse backgrounds; and
 - d. Cultivating a sentiment in favour of equality and diversity.
2. The promotion of social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing a local network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
 - b. Increasing, or co-ordinating, opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people.
3. The advancement of the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing.

Summary of the main activities undertaken for the public benefit in relation to these objects

To further its objects, the charity has undertaken a programme of activities and events this year for the public benefit. Specifically, the charity has:

1. Promoted equality and diversity for the public benefit in Kingston upon Thames by providing activities for LGBTQ+ people, which took place in the local community, in venues accessible to all members of the local community, and online. The visibility of LGBTQ+ people in the community and their interaction with the wider local community cultivates a sentiment in favour of equality in diversity while also increasing LGBTQ+ people's confidence in accessing local venues and facilities.
2. Promoted social inclusion for the public benefit by working with people in Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBTQ+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing local peer support activities to build a network group that encourages and enables LGBTQ+ people to participate more effectively with the wider community; and
 - b. Increasing and co-ordinating opportunities for LGBTQ+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people. The charity has done this by signposting LGBTQ+ people to service providers where relevant.
3. Advanced the health and wellbeing of LGBTQ+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing. These activities included group peer support sessions as well as walking and yoga sessions. In further advancing the health and wellbeing of LGBTQ+ people in Kingston, the charity organised virtual events to tackle loneliness and isolation.

In planning these activities, the charity trustees have had regard to the guidance issued by the Charity Commission on public benefit, which each trustee received upon registration of the charity or prior to being elected as a trustee.

Section D: Achievements and performance

Summary of the achievements of the charity during the year

During the period of this annual report, the charity:

- Delivered 147 separate events for local LGBTQ+ people in Kingston upon Thames, made up of:
 - 51 online peer support sessions, including virtual pub quizzes, and live feeds of our yoga sessions;

- 28 physical activities, including yoga sessions, running, croquet, bowling and walking;
- 12 community development sessions for volunteers;
- 10 coffee mornings;
- 9 peer support sessions for LGBTQ+ women;
- 5 book club meetings;
- 5 art and craft workshops
- 27 other open ended peer support sessions, including attending pub quizzes, Sunday lunch at a local pub, cinema trips, social events and other events devised by the volunteers in the community development sessions.

Section E: Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Section F: Other optional information

None

Section G: Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature	
Full name	Olly Stredwick
Position	Chair
Date	18 December 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Kingston LGBT Forum	No (if any)
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Receipts and payments accounts

CC16a

For the period from	Period start date 6th April 2023	To	Period end date 5th April 2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	487	-	-	487	767
Grants	6,520	-	-	6,520	-
Events Income	247	-	-	247	328
Gift Aid	271	-	-	271	-
Miscellaneous Income	2	-	-	2	310
Sub total (Gross income for AR)	7,526	-	-	7,526	1,405
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,526	-	-	7,526	1,405
A3 Payments					
Phone and Broadband	-	-	-	-	-
Hardware Purchases	607	-	-	607	-
Subscriptions	590	-	-	590	447
Events and Meetings	2,138	-	-	2,138	3,689
Equipment for Events and Activities	1,449	-	-	1,449	436
Food and Drink	1,515	-	-	1,515	3,312
Travel and Parking	61	-	-	61	163
Postage and Office Costs	18	-	-	18	9
Marketing and Publicity	-	-	-	-	-
Training	-	-	-	-	-
Banking and Insurance	256	-	-	256	229
Staffing Costs	625	-	-	625	-
Miscellaneous Expenditure	-	-	-	-	269
Sub total	7,260	-	-	7,260	8,556
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	7,260	-	-	7,260	8,556
Net of receipts/(payments)	266	-	-	266	- 7,150
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,942	-	-	4,942	12,092
Cash funds this year end	5,208	-	-	5,208	4,942

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	5,208	-	-
		-	-	-
		-	-	-
	Total cash funds	5,208	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
B3 Investment assets				
B4 Assets retained for the charity's own use				
B5 Liabilities				
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

Accounts

Trustees' Annual Report for the period 6 April 2022 to 5 April 2023

Section A: Reference and administration details

Charity name: Kingston LGBT Forum
Other names charity is known by: Kingston LGBTQ+ Forum
Registered charity number: 1184645
Charity's principal address: 3 Mountcombe Close, Surbiton
Postcode: KT6 6LJ

Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year
	Lewis Friend		
	Kate Harrad		
	Lisa Hughes		Elected: 14 October 2022
	Susan Jane Kent		Resigned: 18 December 2022
	Aaron Marlowe		Elected: 4 February 2023
	Charlie Parker	Chair	
	Samuel Quinlan		
	Liam Rogers	Vice Chair	
	Karl Rutlidge	Treasurer	
	Eliseu Samuel Silva Ferreira	Secretary	Elected: 4 April 2023
	Mark Stenhoff		Resigned: 18 December 2022
	Oliver Lloyd Stredwick		

	Christopher Wray		
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There have been no trustees for the charity (for example, custodian trustees) during the period to which this Annual Report relates.

Section B: Structure, governance and management

Description of charity's trusts

Type of governing document:	Constitution
How the charity is constituted:	Charitable Incorporated Organisation
Trustee selection methods:	Appointed by existing trustees

Section C: Objects and activities

Summary of the objects of the charity set out in its governing document

The objects of the charity are:

1. The promotion of equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by:
 - a. The elimination of discrimination on the grounds of gender identity, gender expression and sexual orientation;
 - b. Advancing education and raising awareness in equality and diversity and the needs of LGBT+ people and the issues affecting their lives and their communities;
 - c. Promoting activities to foster understanding between people from diverse backgrounds; and
 - d. Cultivating a sentiment in favour of equality and diversity.
2. The promotion of social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing a local network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
 - b. Increasing, or co-ordinating, opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people.

3. The advancement of the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing.

Summary of the main activities undertaken for the public benefit in relation to these objects

To further its objects, the charity has undertaken a programme of activities and events this year for the public benefit. Specifically, the charity has:

1. Promoted equality and diversity for the public benefit in Kingston upon Thames by providing activities for LGBTQ+ people, which took place in the local community, in venues accessible to all members of the local community, and online. The visibility of LGBTQ+ people in the community and their interaction with the wider local community cultivates a sentiment in favour of equality in diversity while also increasing LGBTQ+ people's confidence in accessing local venues and facilities.
2. Promoted social inclusion for the public benefit by working with people in Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBTQ+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing local peer support activities to build a network group that encourages and enables LGBTQ+ people to participate more effectively with the wider community; and
 - b. Increasing and co-ordinating opportunities for LGBTQ+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people. The charity has done this by signposting LGBTQ+ people to service providers where relevant.
3. Advanced the health and wellbeing of LGBTQ+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing. These activities included group peer support sessions as well as walking and yoga sessions. In further advancing the health and wellbeing of LGBTQ+ people in Kingston, the charity organised virtual events to tackle loneliness and isolation.

In planning these activities, the charity trustees have had regard to the guidance issued by the Charity Commission on public benefit, which each trustee received upon registration of the charity or prior to being elected as a trustee.

Section D: Achievements and performance

Summary of the achievements of the charity during the year

During the period of this annual report, the charity:

- Delivered 145 separate events for local LGBTQ+ people in Kingston upon Thames, made up of:
 - 64 online peer support sessions, including virtual pub quizzes, live feeds of our yoga sessions, and a virtual music appreciation discussion;
 - 34 physical activities, including yoga sessions, running, croquet, bowling and walking;
 - 12 community development sessions for volunteers;
 - 12 coffee mornings;
 - Nine peer support sessions for LGBTQ+ women;
 - Six book club meetings;
 - Five art and craft workshops
 - Two peer support sessions for transgender and intersex people;
 - Three peer support sessions for bisexual people
 - Three events to celebrate Black history and explore liberation for LGBTQ+ People of Colour
 - 30 other open ended peer support sessions, including attending pub quizzes, Sunday lunch at a local pub, cinema trips, social events and other events devised by the volunteers in the community development sessions.

Section E: Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Section F: Other optional information

None

Section G: Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature	
Full name	Charlie Parker
Position	Chair
Date	20 December 2023

Section G: Declaration

The trustee(s) designated below have approved the enclosed report above.

Signed on behalf of the client's trustee(s)

Signature	
Print Name (Print Name)	
Position	
Date	20 December 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Kingston LGBT Forum

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 6th April 2022	To	Period end date 5th April 2023
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	767	-	-	767	3,771
Grants	-	-	-	-	5,000
Events Income	328	-	-	328	-
Miscellaneous Income	310	-	-	310	12
Sub total (Gross income for AR)	1,405	-	-	1,405	8,783
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,405	-	-	1,405	8,783
A3 Payments					
Phone and Broadband	-	-	-	-	162
Hardware Purchases	-	-	-	-	1,531
Subscriptions	447	-	-	447	1,353
Events and Meetings	3,689	-	-	3,689	4,753
Equipment for Events and Activities	436	-	-	436	155
Food and Drink	3,312	-	-	3,312	3,306
Travel and Parking	163	-	-	163	159
Postage and Office Costs	9	-	-	9	19
Marketing and Publicity	-	-	-	-	45
Training	-	-	-	-	256
Banking and Insurance	229	-	-	229	415
Miscellaneous Expenditure	269	-	-	269	307
Sub total	8,556	-	-	8,556	12,458
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,556	-	-	8,556	12,458
Net of receipts/(payments)	- 7,150	-	-	- 7,150	- 3,675
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11,591	-	-	11,591	15,266
Cash funds this year end	4,440	-	-	4,440	11,591

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	4,440	-	-
		-	-	-
		-	-	-
	Total cash funds	4,440	-	-
(agree balances with receipts and payments account(s))				

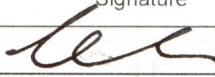
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	CHARLIE PARICER	20/12/23
	KARL RUTLEDGE	20/12/23

Accounts

Trustees' Annual Report for the period 6 April 2021 to 5 April 2022

Section A: Reference and administration details

Charity name: Kingston LGBT Forum
Other names charity is known by: Kingston LGBTQ+ Forum
Registered charity number: 1184645
Charity's principal address: 3 Mountcombe Close, Surbiton
Postcode: KT6 6LJ

Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Lewis Friend		
2	Kate Harrad		
3	Susan Jane Kent		
4	Anne-Marie McIntyre		Resigned: 26 June 2021
5	Charlie Parker	Chair	
6	Samuel Quinlan		
7	Liam Rogers	Vice Chair	
8	Karl Rutlidge	Treasurer	Elected: 8 February 2022
9	Michail Sarafidis	Treasurer	Resigned: 20 December 2021
10	Mark Stenhoff		
11	Oliver Lloyd Stredwick		
12	Christopher Wray		

There have been no trustees for the charity (for example, custodian trustees) during the period to which this Annual Report relates.

Section B: Structure, governance and management

Description of charity's trusts

Type of governing document:	Constitution
How the charity is constituted:	Charitable Incorporated Organisation
Trustee selection methods:	Appointed by existing trustees

Section C: Objects and activities

Summary of the objects of the charity set out in its governing document

The objects of the charity are:

1. The promotion of equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by:
 - a. The elimination of discrimination on the grounds of gender identity, gender expression and sexual orientation;
 - b. Advancing education and raising awareness in equality and diversity and the needs of LGBT+ people and the issues affecting their lives and their communities;
 - c. Promoting activities to foster understanding between people from diverse backgrounds; and
 - d. Cultivating a sentiment in favour of equality and diversity.
2. The promotion of social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing a local network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
 - b. Increasing, or co-ordinating, opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people.
3. The advancement of the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing.

Summary of the main activities undertaken for the public benefit in relation to these objects

To further its objects, the charity has undertaken a programme of activities and events this year for the public benefit. Specifically, the charity has:

1. Promoted equality and diversity for the public benefit in Kingston upon Thames by providing activities for LGBTQ+ people, which took place in the local community, in venues accessible to all members of the local community, and online where necessary, in response to the restrictions placed on physical meetings due to the COVID-19 pandemic. The visibility of LGBTQ+ people in the community and their interaction with the wider local community cultivates a sentiment in favour of equality in diversity while also increasing LGBTQ+ people's confidence in accessing local venues and facilities.
2. Promoted social inclusion for the public benefit by working with people in Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBTQ+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing local peer support activities to build a network group that encourages and enables LGBTQ+ people to participate more effectively with the wider community; and
 - b. Increasing and co-ordinating opportunities for LGBTQ+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people. The charity has done this by signposting LGBTQ+ people to service providers where relevant.
3. Advanced the health and wellbeing of LGBTQ+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing. These activities included group peer support sessions as well as fitness, walking and yoga sessions. In further advancing the health and wellbeing of LGBTQ+ people in Kingston, the charity organised an extensive programme of virtual events to tackle loneliness and isolation during the period of quarantine and distancing implemented by the government in response to COVID-19.

In planning these activities, the charity trustees have had regard to the guidance issued by the Charity Commission on public benefit, which each trustee received upon registration of the charity or prior to being elected as a trustee.

Section D: Achievements and performance

Summary of the achievements of the charity during the year

During the period of this annual report, the charity:

- Delivered 121 separate events for local LGBTQ+ people in Kingston upon Thames, made up of:
 - 43 online peer support sessions, including virtual pub quizzes, virtual coffee mornings, virtual discos, and a peer support session on Christmas Day;
 - 26 physical activities, including yoga sessions, running, croquet and bowling;
 - 12 community development sessions for volunteers;
 - Nine peer support sessions for transgender and intersex people;
 - Four peer support sessions for LGBTQ+ People of Colour;
 - Eight coffee mornings
 - Two peer support sessions for bisexual people;
 - Three social events for LGBTQ+ women;
 - Four arts and craft sessions including a pumpkin carving workshop for Halloween and life drawing classes; and
 - 16 other open ended peer support sessions, including attending pub quizzes, Sunday lunch at a local pub, cinema trips, social events, and other events devised by the volunteers in the community development sessions.
- Other events of note:
 - A tour of Hampton Court Palace;
 - A 'Pride' tour of the Royal Opera House;
 - A service at the West London Synagogue for World AIDS Day; and
 - The launch of a new book club.
- Successfully maintained a series of online events and group meetings in response to quarantine and distancing measures implemented by the government in response to COVID-19.

Section E: Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Section F: Other optional information

None

Section G: Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature	
Full name	Charlie Parker
Position	Chair
Date	18 December 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Kingston LGBT Forum

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
6th April 2021

To

Period end date
5th April 2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,771	-	-	3,771	865
Grants	5,000	-	-	5,000	21,500
Miscellaneous Income	12	-	-	12	180
Sub total (Gross income for AR)	8,783	-	-	8,783	22,545
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,783	-	-	8,783	22,545
A3 Payments					
Phone and Broadband	162	-	-	162	170
Hardware Purchases	1,531	-	-	1,531	8,065
Subscriptions	1,353	-	-	1,353	1,363
Events and Meetings	4,753	-	-	4,753	3,030
Equipment for Events and Activities	155	-	-	155	200
Food and Drink	3,306	-	-	3,306	264
Travel and Parking	159	-	-	159	172
Postage and Office Costs	19	-	-	19	25
Marketing and Publicity	45	-	-	45	428
Training	256	-	-	256	962
Banking and Insurance	415	-	-	415	240
Miscellaneous Expenditure	307	-	-	307	130
Sub total	12,458	-	-	12,458	15,049
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,458	-	-	12,458	15,049
Net of receipts/(payments)	- 3,675	-	-	- 3,675	7,496
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,278	-	-	15,278	8,815
Cash funds this year end	11,603	-	-	11,603	16,311

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	11,603	-	-
		-	-	-
		-	-	-
	Total cash funds	11,603	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	C. Parker	CHARLIE PARKER	18 DEC 2022	
	K. Rutledge	KARL RUTLIDGE	21 DEC 2022	

Accounts

Trustees' Annual Report for the period 6 April 2020 to 5 April 2021

Section A: Reference and administration details

Charity name: Kingston LGBT Forum
Other names charity is known by: Kingston LGBTQ+ Forum
Registered charity number: 1184645
Charity's principal address: 3 Mountcombe Close, Surbiton
Postcode: KT6 6LJ

Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Lewis Friend		
2	Kate Harrad		
3	Susan Jane Kent		
4	Anne-Marie McIntyre		
5	Charlie Parker	Chair	
6	Samuel Quinlan		
7	Liam Rogers	Vice Chair	
8	Michail Sarafidis	Treasurer	
9	Mark Stenhoff		
10	Oliver Lloyd Stredwick	Secretary	
11	Christopher Wray		

There have been no trustees for the charity (for example, custodian trustees) during the period to which this Annual Report relates.

Section B: Structure, governance and management

Description of charity's trusts

Type of governing document:	Constitution
How the charity is constituted:	Charitable Incorporated Organisation
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The objects of the charity are:

1. The promotion of equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by:
 - a. The elimination of discrimination on the grounds of gender identity, gender expression and sexual orientation;
 - b. Advancing education and raising awareness in equality and diversity and the needs of LGBT+ people and the issues affecting their lives and their communities;
 - c. Promoting activities to foster understanding between people from diverse backgrounds; and
 - d. Cultivating a sentiment in favour of equality and diversity.
2. The promotion of social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing a local network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
 - b. Increasing, or co-ordinating, opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people.
3. The advancement of the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing.

Summary of the main activities undertaken for the public benefit in relation to these objects

To further its objects, the charity has undertaken a programme of activities and events this year for the public benefit. Specifically, the charity has:

1. Promoted equality and diversity for the public benefit in the Royal Borough of Kingston upon Thames by providing activities for LGBT+ people, which took place in the local community, in venues accessible to all members of the local community, and online where necessary, in response to the restrictions placed on physical meetings due to the COVID-19 pandemic. The visibility of LGBT+ people in the community and their interaction with the wider local community cultivates a sentiment in favour of equality in diversity while also increasing LGBT+ people's confidence in accessing local venues and facilities.
2. Promoted social inclusion for the public benefit by working with people in the Royal Borough of Kingston upon Thames who are socially excluded on the grounds of their gender identity, gender expression and sexual orientation (in particular lesbian, gay, bisexual and trans ("LGBT+") people) to meet the needs of such people and assist them to fully participate in society, in particular by:
 - a. Providing local peer support activities to build a network group that encourages and enables LGBT+ people to participate more effectively with the wider community; and
 - b. Increasing and co-ordinating opportunities for LGBT+ people to engage with service providers, to enable those providers to adapt services to better meet the needs of those people. The charity has done this by signposting LGBT+ people to service providers where relevant and working with local service providers to advise them on how to improve their services for local LGBT+ people.
3. Advanced the health and wellbeing of LGBT+ people in the Royal Borough of Kingston upon Thames by promoting activities that have a proven beneficial effect on health and wellbeing. These activities included group peer support sessions as well as fitness, yoga and meditation sessions. Additionally, the charity ran a one-to-one peer support service to connect LGBT+ people so they can work together to solve problems in their lives. In further advancing the health and wellbeing of LGBT+ people in Kingston, the charity organised an extensive programme of virtual events to tackle loneliness and isolation during the period of quarantine and distancing implemented by the government in response to COVID-19.

In planning these activities, the charity trustees have had regard to the guidance issued by the Charity Commission on public benefit, which each trustee received upon registration of the charity.

Section D: Achievements and performance

Summary of the achievements of the charity during the year

During the period of this annual report, the charity:

- Delivered 128 separate events for local LGBTQ+ people in Kingston upon Thames, made up of:
 - Four peer support sessions for people aged 50+;
 - 12 community development sessions for volunteers;
 - 25 yoga sessions;
 - Seven other physical fitness sessions;
 - Four group meditation sessions; and
 - 76 other open ended peer support sessions, including coffee mornings (online and in the community), online quizzes, and other events devised by the volunteers in the community development sessions.
- Successfully transferred events and group meetings to online activities in response to quarantine and distancing measures implemented by the government in response to COVID-19. One charity trustee, Oliver Stredwick, received an award from the Mayor of Kingston upon Thames for his contribution to public life during the COVID-19 pandemic.

Section E: Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Section F: Other optional information

None

Section G: Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature	
Full name	Charlie Parker
Position	Chair
Date	20 December 2021

Catering	-	264	-	264	1,347
Insurance	-	168	-	168	-
Sundries	-	130	-	130	25
Bank charges	-	72	-	72	54
Venue hire	-	-	-	-	635
Sub total	-	15,049	-	15,049	4,826

A4 Asset and investment purchases. (see table)	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	-	15,049	-	15,049	4,826
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Net of receipts/(payments)	1,045	6,451	-	7,496	8,816
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,317	6,498	-	8,815	-
Cash funds this year end	3,362	12,949	-	16,311	8,816

Section B Statement of assets and liabilities at the end of the period

Categories

Details

Unrestricted funds to nearest £

Restricted funds to nearest £

Endowment funds to nearest £

B1 Cash funds

Cash at bank	3,362	12,949	-
	-	-	-
Total cash funds	3,362	12,949	-

(agree balances with receipts and payments account(s))

OK

OK

OK

Details

Unrestricted funds to nearest £

Restricted funds to nearest £

Endowment funds to nearest £

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	-	-	

Signed by one or two trustees on
behalf of all the trustees

Signature



Print Name

Liam Rogers
Charlie Parker

Date of
approval

20/12/21
20/12/21