



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2024		31	March	2025

Section A Reference and administration details

Charity name The Dartmoor Centre for Counselling and Psychotherapy

Other names charity is known by DCCP Cio

Registered charity number (if any) 1184622

Charity's principal address 28 Mount Pleasant Road

Newton Abbot

Devon

Postcode TQ12 1AS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Susan Gandy	Chair		
2	John Hade			
3	Philip Millichap			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

--	--

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution Adopted July 2019
How the charity is constituted (eg. trust, association, company)	Unincorporated Association cio
Trustee selection methods (eg. appointed by, elected by)	Trustees are adopted at AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees actively engage with the work of the management committee in overseeing the activities of the organisation. All trustees are psychotherapists with expertise and experience in providing therapy for complex and vulnerable clients.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

As in the previous years, our organisation has continued to provide therapy for, at any one time, one hundred plus clients. We continue to see an increase in the number of clients with complex therapeutic needs, many of whom can afford only a small amount towards the cost of their therapy.

The Trustees are in regular communication with representatives of the Management Committee, and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are ever grateful for the committed contribution of our volunteer counsellors and members of our management committee.

Summary of the main achievements of the charity during the year

We have maintained our rate of recruitment of volunteers through the year in order to respond to demand from clients.

We continue to benefit from the generosity of our volunteer counsellors and psychotherapists. We have maintained the number of therapists. Our volunteer therapists are either experienced psychotherapists wishing to serve this client base (unable to afford private therapy and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification.

Our therapists are supported by a team of six Clinical Supervisors who are paid fees at less than the normal rate. Two of our supervisors, who are also trustees, declined to charge fees this year. This was much appreciated as we had increased costs due to our move to new premises.

Having made a small loss last year, our financial position has slightly improved to a break-even situation. We are still in the process of creating more operating space in our new premises, so increasing our earning potential.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy is to establish a £5000.00 reserve to provide for three months costs. After the previous year's depletion of reserves, we are now in the position to work towards rebuilding our reserve.

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

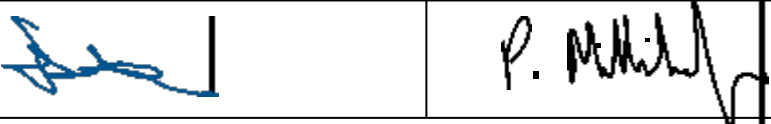
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Susan Gandy

Philip Millichap

Position (eg Secretary, Chair, etc)

Chair

Date

3/9/2025

	Apr 24 - Mar 25	31-Mar-24
Assets		
Accounts Receivable	£115.00	£60.00
Cash on Hand	£490.00	£0.00
Cheque Account	£3,116.04	£551.46
Prepayment	£0.00	£1,912.50
Transfer Acc	£968.45	£1,191.28
Total Assets	£4,689.49	£3,715.24
Liabilities		
Accounts Payable	£1,545.30	£2,715.04
Accruals	£992.06	£0.00
Loan	£1,150.00	£0.00
Total Liabilities	£3,687.36	£2,715.04
Net Assets	£1,002.13	£1,000.20
Equity		
Current Earnings	£1.93	£0.00
Retained Earnings	£3,630.74	£1,000.20
Total Equity	£3,632.67	£1,000.20

Susan Gandy

Chair of Trustees
31/10/2025

	Apr 24 - Mar 25	Apr 23 - Mar 24
Income		
Bank Interest	£7.17	£16.97
Client Donation	£26,721.00	£27,855.97
Client Donation CAB	£360.00	£0.00
Client Donation Gift	£250.00	£0.00
Client Donation - Rotary	£150.00	£500.00
Donations Charitable	£1,460.50	£5,757.50
Room rent	£780.00	£1,100.00
Supervision provided	£500.00	£820.00
Total Income	£30,228.67	£36,050.44
Expenses		
Card Processing	£324.43	£241.40
H & S/ Safeguarding	£143.70	£39.60
Housekeeping & Refreshments	£0.00	£0.00
Insurance	£350.34	£957.05
Overheads		
Advertising and Entertainment	£210.00	£242.50
Bad debt	£0.00	£201.00
General Administrative Expenses		
General Office Costs	£939.90	£733.10
Premises Costs		
Business rates	£738.25	£0.00
Premises Maintenance	£2,924.24	£102.70
Rent	£7,771.89	£7,650.00
Services -Electricity, Power	£2,153.99	£3,217.63
Storage	£0.00	£936.00
Total Premises Costs	£13,588.37	£11,906.33
Total Overheads	£1,968.37	£2,414.65
Supervision	£14,670.00	£24,360.00
Total Expenses	£30,226.74	£38,680.98
Net Income	£1.93	-£2,630.54



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

The Dartmoor Centre for Counselling and Psychotherapy Cio

On accounts for the year
ended

2025

31 MARCH 2025

Charity no
(if any)

1184622

Set out on pages

3 - 4.

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31.3.25.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

J M Michelson

Date:

31.10.25

Name:

JANNIKER M MICHELMORE

Relevant professional
qualification(s) or body
(if any):

RETIRED CHARTERED ACCOUNTANT

Address:

CRICKERTON, OAKLANDS ROAD
BUCKFASTLEIGH, TR11 0BL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Balance Sheet

DCCP Charity

	As of 31 Mar 25	As of 31 Mar 24
Assets		
Accounts Receivable	£115.00	£60.00
Cash On Hand		
Cash not Banked	£490.00	£0.00
Total Cash On Hand	£490.00	£0.00
Cheque Account	£3,116.04	£551.46
Pre-payment	£0.00	£1,912.50
Santander Reserve Account	£968.45	£1,191.28
Total Assets	£4,689.49	£3,715.24
Liabilities		
Accounts Payable	£1,545.30	£2,715.04
Accruals	£992.06	£0.00
Loan - Training/Sue	£1,150.00	£0.00
Total Liabilities	£3,687.36	£2,715.04
Net Assets	£1,002.13	£1,000.20
Equity		
Current Earnings	£1.93	£0.00
Retained Earnings	£1,000.20	£1,000.20
Total Equity	£1,002.13	£1,000.20

Profit and Loss

DCCP Charity

	Apr 24 - Mar 25	Apr 23 - Mar 24
Income		
Bank Interest	£7.17	£16.97
Donation		
Client Donation	£26,721.00	£27,855.97
Client Donation - CAB	£360.00	£0.00
Client Donation - Gift	£250.00	£0.00
Client Donatn, Rotary & AofK	£150.00	£500.00
Donations Charitable	£1,460.50	£5,757.50
Total Donation	£28,941.50	£34,113.47
Sales Income		
Room rent	£780.00	£1,100.00
Supervision provided	£500.00	£820.00
Total Sales Income	£1,280.00	£1,920.00
Total Income	£30,228.67	£36,050.44
Expenses		
Business Rates	£738.25	£0.00
Card Processing	£324.43	£241.40
H & S/ Safeguarding	£143.70	£39.60
Insurance	£350.34	£957.05
Overheads		
Advertising	£210.00	£242.50
Bad Debts Expense	£0.00	£201.00
General Administrative Expenses		
General Office Costs	£939.90	£733.10
Total General Administrative Expenses	£939.90	£733.10
Premises Costs		
Premises Maintenance	£2,924.24	£102.70
Rent	£7,771.89	£7,650.00
Services -Electricity, Power	£2,153.99	£3,217.63
Storage	£0.00	£936.00
Total Premises Costs	£12,850.12	£11,906.33
Total Overheads	£14,000.02	£13,082.93
Supervision	£14,670.00	£24,360.00
Total Expenses	£30,226.74	£38,680.98
Net income	£1.93	-£2,630.54