



# Trustees' Annual Report for the period

Period start date  
From 01 April 2023 To 31 March 2024  
Period end date

Section A

## Reference and administration details

Charity name The Dartmoor Centre for Counselling and Psychotherapy

Other names charity is known by DCCP Cio

Registered charity number (if any) 1184622

Charity's principal address 28 Mount Pleasant Road

Newton Abbot

Devon

Postcode TQ12 1AS

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Susan Gandy	Chair		
2	John Hade			
3	Philip Millichap			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

## Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution Adopted July 2019
How the charity is constituted (eg. trust, association, company)	Unincorporated Association cio
Trustee selection methods (eg. appointed by, elected by)	Trustees are adopted at AGM

### Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees actively engage with the work of the management committee in overseeing the activities of the organisation. All trustees are psychotherapists with expertise and experience in providing therapy for complex and vulnerable clients.

## Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

As in the previous year, our organisation has continued to provide therapy for, at any one time, one hundred plus clients. We continue to see an increase in the number of clients with complex therapeutic needs, many of whom can afford only a small amount towards the cost of their therapy. We have again benefitted from financial donations from Rotary club as well as other welfare organisations.

The Trustees are in regular communication with representatives of the Management Committee, and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are ever grateful for the committed contribution of our volunteer counsellors and members of our management committee.

**Summary of the main achievements of the charity during the year**

We have maintained our rate of recruitment of volunteers through the year in order to respond to demand from clients.

We continue to benefit from the generosity of our volunteer counsellors and psychotherapists. We have increased the number of therapists. Our volunteer therapists are either experienced psychotherapists wishing to serve this client base (unable to afford private therapy and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification.

Our therapists are supported by a team of six Clinical Supervisors who are paid fees at less than the normal rate. Previously two of our supervisors volunteered their time but it was decided by management that all six supervisors should be remunerated at the same rate. This gave realistic information on our costs.

Significant client supported donations from Rotary and Acts of Kindness came to an end within the year. This, together with higher supervision expenses, has resulted in a small loss this year. As it would be very difficult to increase turnover in our present premises and as our lease has expired, we are now in negotiations to relocate, allowing for increased client numbers. This will enable us to return to an operating financial surplus.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

Our policy is to establish a £5000.00 reserve to provide for three months costs. This year has been financially challenging, and we have needed to draw on reserves.

**Details of any funds materially in deficit**

No funds in deficit.

**Further financial review details (Optional information)**

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

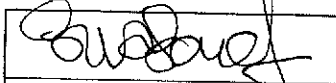
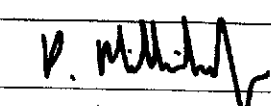
**Signed on behalf of the charity's trustees**

**Signature(s)**

**Full name(s)**

**Position (eg Secretary, Chair, etc)**

**Date**

	
Susan Gandy	Philip Millichap
Chair	

3/9/2025

	Apr 23 - Mar 24	31-Mar-23
<b>Assets</b>		
Accounts Receivable	£60.00	£0.00
Cash on Hand	£0.00	£201.00
Cheque Account	£551.46	£3,151.72
Prepayment	£1,912.50	£0.00
Transfer Acc	£1,191.28	£1,924.31
<b>Total Assets</b>	<b>£3,715.24</b>	<b>£5,277.03</b>
<b>Liabilities</b>		
Accounts Payable	£2,715.04	£1,646.29
Loan	£0.00	£0.00
<b>Total Liabilities</b>	<b>£2,715.04</b>	<b>£1,646.29</b>
<b>Net Assets</b>	<b>£1,000.20</b>	<b>£4,992.08</b>
<b>Equity</b>		
Current Earnings	-£2,630.54	£0.00
Retained Earnings	£3,630.74	£3,630.74
<b>Total Equity</b>	<b>£1,000.20</b>	<b>£3,630.74</b>

Susan Gandy

Chair of Trustees  
16/09/2025

	Apr 23 - Mar 24	Apr 22 - Mar 23
<b>Income</b>		
Bank Interest	£16.97	£5.78
Client Donation	£27,855.97	£23,356.47
Donation - Rotary & A.of K.	£500.00	£5,394.60
Donations Charitable	£5,757.50	£547.50
Room rent	£1,100.00	£685.00
Supervision provided	£820.00	£1,550.00
Training Provided	£0.00	£300.00
Uncategorised income	£0.00	-£508.80
<b>Total Income</b>	<b>£36,050.44</b>	<b>£31,330.55</b>
<b>Expenses</b>		
Card Processing	£241.40	£177.91
H & S/ Safeguarding	£39.60	£153.60
Housekeeping & Refreshments	£0.00	-£7.20
Insurance	£957.05	£350.10
Overheads		
Advertising and Entertainment	£242.50	£180.00
Bad debt	£201.00	£0.00
General Administrative Expenses		
General Office Costs	£733.10	£684.62
Premises Costs		
Premises Maintenance	£102.70	£0.00
Rent	£7,650.00	£7,519.01
Services -Electricity, Power	£3,217.63	£2,864.78
Storage	£936.00	£273.74
Total Premises Costs	£11,906.33	£10,657.53
Total Overheads	£13,082.93	£11,522.15
Supervision	£24,360.00	£17,945.00
<b>Total Expenses</b>	<b>£38,680.98</b>	<b>£30,141.56</b>
<b>Net Income</b>	<b>-£2,630.54</b>	<b>£1,188.99</b>





Section A

Independent Examiner's Report

Report to the trustees/  
members of

THE DARTMOOR CENTRE FOR COUNSELLING AND  
PSYCHOTHERAPY

On accounts for the year  
ended

31. MARCH 2024

Charity no  
(if any)

1184622

Set out on pages

1-2 ATTACHED

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above  
charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees, you are responsible for the preparation of the  
accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out  
under section 145 of the 2011 Act and in carrying out my examination, I  
have followed all the applicable Directions given by the Charity Commission  
under section 145(5)(b) of the Act.

Independent  
examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to~~  
~~undertake the examination by being a qualified member of [insert name of~~  
~~applicable listed body]]. Delete [ ] if not applicable.~~

I have completed my examination. I confirm that no material matters have  
come to my attention (~~other than that disclosed below~~\*) in connection with  
the examination which gives me cause to believe that in, any material  
respect,:

- the accounting records were not kept in accordance with section 130  
of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements  
concerning the form and content of accounts set out in the Charities  
(Accounts and Reports) Regulations 2008 other than any requirement  
that the accounts give a 'true and fair' view which is not a matter  
considered as part of an independent examination.

I have no concerns and have come across no other matters in connection  
with the examination to which attention should be drawn in this report in  
order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

J M Michelmore

Date:

7.9.25

Name:

J. M. MICHELMORE

Relevant professional  
qualification(s) or body  
(if any):

RETIRED CHARTERED ACCOUNTANT

Address:	CRICKERTON, OAKLAND ROAD,
	BUCKFASTLEIGH DEVON

**Section B****Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here details of any items that the examiner wishes to disclose.**

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# Balance Sheet

DCCP Charity

	As of 31 Mar 24	As of 31 Mar 23
Assets		
Accounts Receivable	£60.00	£0.00
Cash On Hand		
Cash not Banked	£0.00	£201.00
Total Cash On Hand	£0.00	£201.00
Cheque Account	£551.46	£3,151.72
Pre-payment	£1,912.50	£0.00
Transfer Acc	£1,191.28	£1,924.31
Total Assets	£3,715.24	£5,277.03
Liabilities		
Accounts Payable	£2,715.04	£1,646.29
Total Liabilities	£2,715.04	£1,646.29
Net Assets	£1,000.20	£3,630.74
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Current Earnings	-£2,630.54	£0.00
Retained Earnings	£3,630.74	£3,630.74
Total Equity	£1,000.20	£3,630.74

<b>DCCP</b>	<b>Apr 23 - Mar 24</b>	<b>Apr 22 - Mar 23</b>
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