



Trustees' Annual Report for the period

From

Period start date

To

Period end date

26
July
2019

31
March
2020

Section A

Reference and administration details

Charity name

Dartmoor Centre for Counselling and Psychotherapy

Other names charity is known by

DCCP cio

Registered charity number (if any)

1184622

Charity's principal address

28 Mount Pleasant Road

TAR

Newton Abbot

Devon

Postcode

TQ12 1AS

Names of the charity trustees who manage the charity

Trustee name

Office (if any)

Dates acted if not for whole year

Name of person (or body) entitled to appoint trustee (if any)

Susan Gandy
Chair

John Hade

Philip Millichap

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name

Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

Section B

Structure, governance and management

Description of the charity's trusts

Constitution Adopted July 2019

Type of governing document
(eg. trust deed, constitution)

Unincorporated Association cio

How the charity is constituted
(eg. trust, association, company)

Trustees are adopted at AGM

Trustee selection methods
(eg. appointed by, elected by)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Trustees work with the Management Committee in maintaining the procedures, policies, and financial aspects of the organisation. The Management Committee is responsible for day to day working and all clinical and supervisory aspects. The Management Committee oversees the application, induction and training, and clinical work of our volunteer therapists. Trustees all have experience of psychotherapeutic work and have oversight of policy, procedures, and non-clinical aspects of the organisation.

Within the year we have utilised the expertise of trustees to further our objectives in operational and financial aspects.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The organisation has continued to provide counselling for one hundred plus clients in this timeframe. This year we have an increased number of clients with complex therapeutic needs. Clients donate an affordable amount towards the cost of their therapy. We have also benefitted from financial donations from Rotary club who cover the costs of a limited number of sessions who refer through the support of other charity welfare organisations.

The Trustees are in regular communication with representatives of the Management Committee and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have continued to recruit volunteers through the year in order to respond to an ever increasing demand from clients.

Our volunteer therapists are either experienced psychotherapist wishing to serve this client base (unable to afford private fees and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification. We are thankful to our counsellors and appreciate especially those that continue to volunteer after their qualification and contracted commitment – currently a minimum of one year.

Our therapists are supported by a team of six Clinical Supervisors. Three of our supervisors are self-employed, and their fees are paid by DCCP. Two of our supervisor's volunteer and receive no fees.

Section E

Financial review

Brief statement of the charity's policy on reserves

We aim to establish a £5000.00 reserve to provide for three months costs. At present this reserve stands at £2000.00. We intend increasing the number of counsellors to enable more clients. This provides for more effective use of premises and overhead costs.

Details of any funds materially in deficit

No funds are in deficit except that the reserve is not yet reached our agreed amount.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity is funded by donations from clients, from other charitable donations and from the provision of charged for related services (training and professional services). The income from the provision of rented space has dropped as we utilise more space for client work..

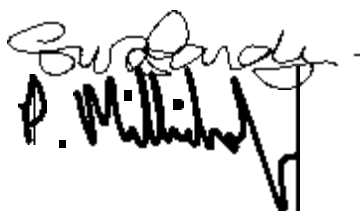
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

A handwritten signature in black ink, appearing to read 'P. Millington', with a stylized flourish at the end.

Susan Gandy
Phil Millichap

		Position (eg Secretary, Chair, etc)
Chair		
	Trustee	
		Date
25/01/2023		

Apr 21 - Mar 22 31-Mar-21

Assets		
Accounts Receivable	£0.00	£0.00
Cheque Account	£851.02	£292.10
Transfer Acc	£2,768.53	£3,318.20
Cash held	£8.00	£0.00
Total Assets	£3,627.55	£3,610.30
Liabilities		
Accounts Payable	£216.80	£763.00
Loan (Training)	£969.00	£1,500.00
Total Liabilities	£1,185.80	£2,263.00
Net Assets	£2,441.75	£1,347.30
Equity		
Current Earnings	£1,094.45	£0.00
Retained Earnings	£1,347.30	£1,347.30
Total Equity	£2,441.75	£1,347.30

Susan Gandy

Chair of Trustees

Apr 21 - Mar 22

Income	
Bank Interest	£0.33
Client Donation	£11,869.85
Covid Support	£0.00
Donation - From Training	£5,663.97
Donations Charitable	£1,636.00
Room rent	£985.00
Supervision provided	£1,290.00
Total Income	£21,445.15
Expenses	
Business Rates	£0.00
Card payment porocessing	£3.93
Housekeeping & Refreshments	£675.00
Insurance	£350.10
Overheads	
Advertising	£231.00
General Administrative Expenses	
General Office Costs	£621.80
Total General Administrative Expenses	£1,881.83
Premises Costs	
Premises Maintenance	£0.00
Rent	£6,519.24
Services -Electricity, Power	£309.63
Storage	-£1,500.00
Total Premises Costs	£5,328.87
Total Overheads	£6,181.67
Supervision	£13,140.00
Total Expenses	£20,350.70
Net Income	£1,094.45

1/25/2023

31-Mar-21

£8.87
£10,545.50
£1,495.00
£9,385.12
£763.45
£1,417.50
£1,025.00

£24,640.44

£170.00
£0.00
£1,352.20
£599.86

£180.00

£513.80

£2,815.86

£1,500.00
£7,650.00
£839.36
£1,500.00

£11,489.36

£12,183.16
£13,980.00

£28,285.22

£4,992.08
