



## Trustees' Annual Report for the period

**From**

Period start date

**To**

Period end date

26  
July  
2019

31  
March  
2020

Section A

Reference and administration details

**Charity name**

Dartmoor Centre for Counselling and Psychotherapy

**Other names charity is known by**

DCCP cio

**Registered charity number (if any)**

1184622

**Charity's principal address**

28 Mount Pleasant Road

**TAR**

Newton Abbot

Devon

**Postcode**

**TQ12 1AS**

**Names of the charity trustees who manage the charity**

**Trustee name**

**Office (if any)**

**Dates acted if not for whole year**

**Name of person (or body) entitled to appoint trustee (if any)**

Susan Gandy  
Chair

1

John Hade

2

Philip Millichap

3

4

5

6

7

8

9

10

11

12

13



**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

**Name**

**Dates acted if not for whole year**



**Names and addresses of advisers (Optional information)**

**Type of adviser**

**Name**

**Address**

**Name of chief executive or names of senior staff members (Optional information)**

**Section B                      Structure, governance and management**

## Description of the charity's trusts

Constitution Adopted July 2019

Unincorporated Association cio

Trustees are adopted at AGM

Type of governing document  
(eg. trust deed, constitution)

How the charity is constituted  
(eg. trust, association, company)

Trustee selection methods  
(eg. appointed by, elected by)

## Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Trustees work with the Management Committee in maintaining the procedures, policies, and financial aspects of the organisation. The Management Committee is responsible for day to day working and all clinical and supervisory aspects. The Management Committee oversees the application, induction and training, and clinical work of our volunteer therapists. Trustees all have experience of psychotherapeutic work and have oversight of policy, procedures, and non-clinical aspects of the organisation.

Within the year we have utilised the expertise of trustees to further our objectives in operational and financial aspects.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

### Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The organisation has provided counselling for one hundred plus clients in this timeframe. Clients are often complex in their therapeutic need and have not been eligible for NHS services and often benefit from longer-term therapy than most charitable organisations are able to offer. Clients donate an affordable amount towards the cost of their therapy.

The Trustees are in regular communication with representatives of the Management Committee and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

### Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

We have recruited volunteers through the year in order to respond to an ever increasing demand from clients. Clients self-refer either via internet searches, personal recommendations or by signposting by NHS Mental Health services or other charitable organisations.

Our volunteer therapists are either experienced psychotherapist wishing to serve this client base (unable to afford private fees and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification.

Our therapists are supported by a team of five Clinical Supervisors. Three of our supervisors are self-employed, and their fees are paid by DCCP. Two of our supervisors volunteer and receive no fees.

We are the only organisation in Teignbridge offering such services.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

We aim to establish a £5000.00 reserve to provide for three months costs. At present this reserve stands at £3000.00. We reduced the amount of our reserved balance requirement temporarily due to it being unrealisable in the covid period.

**Details of any funds materially in deficit**

No funds are in deficit except that the reserve is not yet reached our agreed amount.

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity is funded by donations from clients, from other charitable donations and from the provision of charged for related services (training and professional services). The income from the provision of rented space has dropped due to covid.

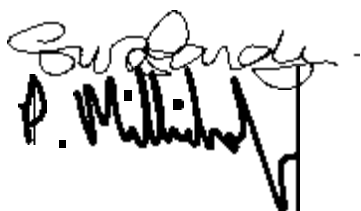
**Section G**

**Declaration**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)**

A handwritten signature in black ink, appearing to read 'P. Millington', with a stylized flourish at the end.

**Full name(s)**

March **2012**

Susan Gandy  
Phil Millichap

|            |         | Position (eg Secretary, Chair, etc) |
|------------|---------|-------------------------------------|
| Chair      |         |                                     |
|            | Trustee |                                     |
|            |         | Date                                |
| 16/02/2021 |         |                                     |