

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

England & Wales · Charity number 1184622

Details

Status Registered

Legal form CIO

Registered 2019-07-26

Register [View on the Charity Commission register](#)

Contact

Address 28 Mount Pleasant Road
Newton Abbot
TQ12 1AS

Phone 01626331831

Email info@dartmoorcounselling.org

Website www.dartmoorcounselling.org

Activities

Objects: TO PROTECT AND PRESERVE THE PHYSICAL, MENTAL AND EMOTIONAL HEALTH OF PEOPLE LIVING IN NEWTON ABBOT, DEVON AND SURROUNDING AREAS BY PROVIDING, DEVELOPING AND MAINTAINING AN AFFORDABLE AND ACCESSIBLE COUNSELLING SERVICE.

Activities: Our organisation provides counselling and psychotherapy to people in our locality on an affordable basis. Our clients self refer before being assessed by experienced therapists. Our clients donate an amount based on their financial situation. Our therapists volunteer their time. The organisation undertakes training and supervision in support of the provision of therapy.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£30,229	£30,227	-	-
2024-03-31	£36,050	£38,681	-	-
2023-03-31	£31,331	£30,142	-	-
2022-03-31	£21,445	£20,351	-	-
2021-03-31	£24,640	£28,285	-	-

Trustees

Name	Role	Appointed
Susan Ann Gandy	Chair	2019-06-01
John Hade		2019-06-01
Phillip Millichap		2019-06-01

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

England & Wales - Charity number 1184622

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2024		31	March	2025

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

28 Mount Pleasant Road	
Newton Abbot	
Devon	
Postcode	TQ12 1AS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Susan Gandy	Chair		
2	John Hade			
3	Philip Millichap			
4				
5				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution Adopted July 2019
How the charity is constituted <small>(eg. trust, association, company)</small>	Unincorporated Association cio
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Trustees are adopted at AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees actively engage with the work of the management committee in overseeing the activities of the organisation. All trustees are psychotherapists with expertise and experience in providing therapy for complex and vulnerable clients.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

As in the previous years, our organisation has continued to provide therapy for, at any one time, one hundred plus clients. We continue to see an increase in the number of clients with complex therapeutic needs, many of whom can afford only a small amount towards the cost of their therapy.

The Trustees are in regular communication with representatives of the Management Committee, and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are ever grateful for the committed contribution of our volunteer counsellors and members of our management committee.

Summary of the main achievements of the charity during the year

We have maintained our rate of recruitment of volunteers through the year in order to respond to demand from clients.

We continue to benefit from the generosity of our volunteer counsellors and psychotherapists. We have maintained the number of therapists. Our volunteer therapists are either experienced psychotherapists wishing to serve this client base (unable to afford private therapy and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification.

Our therapists are supported by a team of six Clinical Supervisors who are paid fees at less than the normal rate. Two of our supervisors, who are also trustees, declined to charge fees this year. This was much appreciated as we had increased costs due to our move to new premises.

Having made a small loss last year, our financial position has slightly improved to a break-even situation. We are still in the process of creating more operating space in our new premises, so increasing our earning potential.

Section E Financial review

Brief statement of the charity's policy on reserves

Our policy is to establish a £5000.00 reserve to provide for three months costs. After the previous year's depletion of reserves, we are now in the position to work towards rebuilding our reserve.

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.


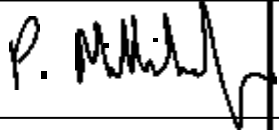
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Susan Gandy

Philip Millichap

Position (eg Secretary, Chair, etc)

Chair

Date

3/9/2025

	<u>Apr 24 - Mar 25</u>	<u>31-Mar-24</u>
Assets		
Accounts Receivable	£115.00	£60.00
Cash on Hand	£490.00	£0.00
Cheque Account	£3,116.04	£551.46
Prepayment	£0.00	£1,912.50
Transfer Acc	£968.45	£1,191.28
Total Assets	£4,689.49	£3,715.24
Liabilities		
Accounts Payable	£1,545.30	£2,715.04
Accruals	£992.06	£0.00
Loan	£1,150.00	£0.00
Total Liabilities	£3,687.36	£2,715.04
Net Assets	£1,002.13	£1,000.20
Equity		
Current Earnings	£1.93	£0.00
Retained Earnings	£3,630.74	£1,000.20
Total Equity	£3,632.67	£1,000.20

Susan Gandy

Chair of Trustees
 31/10/2025

	<u>Apr 24 - Mar 25</u>	<u>Apr 23 - Mar 24</u>
Income		
Bank Interest	£7.17	£16.97
Client Donation	£26,721.00	£27,855.97
Client Donation CAB	£360.00	£0.00
Client Donation Gift	£250.00	£0.00
Client Donation - Rotary	£150.00	£500.00
Donations Charitable	£1,460.50	£5,757.50
Room rent	£780.00	£1,100.00
Supervision provided	£500.00	£820.00
Total Income	£30,228.67	£36,050.44
Expenses		
Card Processing	£324.43	£241.40
H & S/ Safeguarding	£143.70	£39.60
Housekeeping & Refreshments	£0.00	£0.00
Insurance	£350.34	£957.05
Overheads		
Advertising and Entertainment	£210.00	£242.50
Bad debt	£0.00	£201.00
General Administrative Expenses		
General Office Costs	£939.90	£733.10
Premises Costs		
Business rates	£738.25	£0.00
Premises Maintenance	£2,924.24	£102.70
Rent	£7,771.89	£7,650.00
Services -Electricity, Power	£2,153.99	£3,217.63
Storage	£0.00	£936.00
Total Premises Costs	£13,588.37	£11,906.33
Total Overheads	£1,968.37	£2,414.65
Supervision	£14,670.00	£24,360.00
Total Expenses	£30,226.74	£38,680.98
Net Income	£1.93	-£2,630.54



Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name
The Dartmoor Centre for Counselling and Psychotherapy Cio

On accounts for the year ended

2025
31 MARCH 2025

Charity no (if any)

1184622

Set out on pages

3, 4.
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31.3.25.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: J M Michelmore

Date: 31. 10. 25

Name: JANNIFER M MICHELMORE

Relevant professional qualification(s) or body (if any):

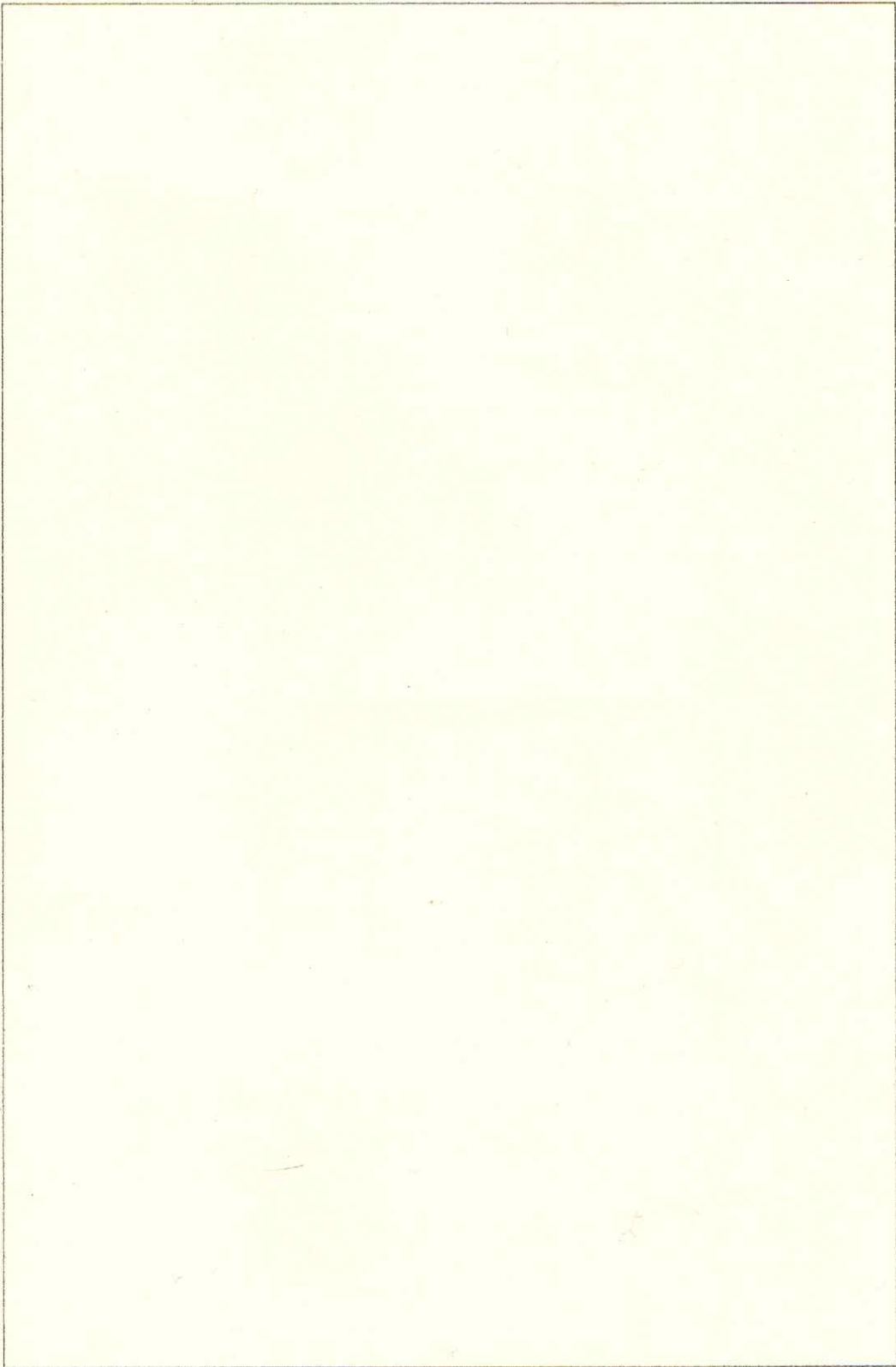
RETIRED CHARTERED ACCOUNTANT

Address:

CRICKERTON, OAKLANDS ROAD
BUCKFASTLEIGH, TR11 0BL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Balance Sheet

DCCP Charity

	As of 31 Mar 25	As of 31 Mar 24
Assets		
Accounts Receivable	£115.00	£60.00
Cash On Hand		
Cash not Banked	£490.00	£0.00
Total Cash On Hand	£490.00	£0.00
Cheque Account	£3,116.04	£551.46
Pre-payment	£0.00	£1,912.50
Santander Reserve Account	£968.45	£1,191.28
Total Assets	£4,689.49	£3,715.24
Liabilities		
Accounts Payable	£1,545.30	£2,715.04
Accruals	£992.06	£0.00
Loan - Training/Sue	£1,150.00	£0.00
Total Liabilities	£3,687.36	£2,715.04
Net Assets	£1,002.13	£1,000.20
Equity		
Current Earnings	£1.93	£0.00
Retained Earnings	£1,000.20	£1,000.20
Total Equity	£1,002.13	£1,000.20

Profit and Loss

DCCP Charity

	Apr 24 - Mar 25	Apr 23 - Mar 24
Income		
Bank Interest	£7.17	£16.97
Donation		
Client Donation	£26,721.00	£27,855.97
Client Donation - CAB	£360.00	£0.00
Client Donation - Gift	£250.00	£0.00
Client Donatn, Rotary & AofK	£150.00	£500.00
Donations Charitable	£1,460.50	£5,757.50
Total Donation	£28,941.50	£34,113.47
Sales Income		
Room rent	£780.00	£1,100.00
Supervision provided	£500.00	£820.00
Total Sales Income	£1,280.00	£1,920.00
Total Income	£30,228.67	£36,050.44
Expenses		
Business Rates	£738.25	£0.00
Card Processing	£324.43	£241.40
H & S/ Safeguarding	£143.70	£39.60
Insurance	£350.34	£957.05
Overheads		
Advertising	£210.00	£242.50
Bad Debts Expense	£0.00	£201.00
General Administrative Expenses		
General Office Costs	£939.90	£733.10
Total General Administrative Expenses	£939.90	£733.10
Premises Costs		
Premises Maintenance	£2,924.24	£102.70
Rent	£7,771.89	£7,650.00
Services -Electricity, Power	£2,153.99	£3,217.63
Storage	£0.00	£936.00
Total Premises Costs	£12,850.12	£11,906.33
Total Overheads	£14,000.02	£13,082.93
Supervision	£14,670.00	£24,360.00
Total Expenses	£30,226.74	£38,680.98
Net income	£1.93	-£2,630.54

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

England & Wales - Charity number 1184622

Accounts



Trustees' Annual Report for the period

From **Period start date** 01 April 2023 **To** **Period end date** 31 March 2024

Section A Reference and administration details

Charity name The Dartmoor Centre for Counselling and Psychotherapy

Other names charity is known by DCCP Cio

Registered charity number (if any) 1184622

Charity's principal address 28 Mount Pleasant Road
 Newton Abbot
 Devon
 Postcode TQ12 1AS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Susan Gandy	Chair		
2	John Hade			
3	Philip Millichap			
4				
5				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution Adopted July 2019

How the charity is constituted
(eg. trust, association, company)

Unincorporated Association cio

Trustee selection methods
(eg. appointed by, elected by)

Trustees are adopted at AGM

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees actively engage with the work of the management committee in overseeing the activities of the organisation. All trustees are psychotherapists with expertise and experience in providing therapy for complex and vulnerable clients.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

As in the previous year, our organisation has continued to provide therapy for, at any one time, one hundred plus clients. We continue to see an increase in the number of clients with complex therapeutic needs, many of whom can afford only a small amount towards the cost of their therapy. We have again benefitted from financial donations from Rotary club as well as other welfare organisations.

The Trustees are in regular communication with representatives of the Management Committee, and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

We are ever grateful for the committed contribution of our volunteer counsellors and members of our management committee.

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We have maintained our rate of recruitment of volunteers through the year in order to respond to demand from clients.

We continue to benefit from the generosity of our volunteer counsellors and psychotherapists. We have increased the number of therapists. Our volunteer therapists are either experienced psychotherapists wishing to serve this client base (unable to afford private therapy and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification.

Our therapists are supported by a team of six Clinical Supervisors who are paid fees at less than the normal rate. Previously two of our supervisors volunteered their time but it was decided by management that all six supervisors should be remunerated at the same rate. This gave realistic information on our costs.

Significant client supported donations from Rotary and Acts of Kindness came to an end within the year. This, together with higher supervision expenses, has resulted in a small loss this year. As it would be very difficult to increase turnover in our present premises and as our lease has expired, we are now in negotiations to relocate, allowing for increased client numbers. This will enable us to return to an operating financial surplus.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy is to establish a £5000.00 reserve to provide for three months costs. This year has been financially challenging, and we have needed to draw on reserves.

Details of any funds materially in deficit

No funds in deficit.

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

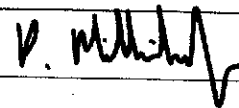
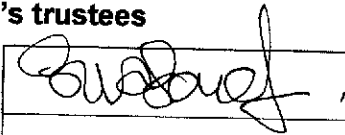
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Susan Gandy

Philip Millichap

Position (eg Secretary, Chair, etc)

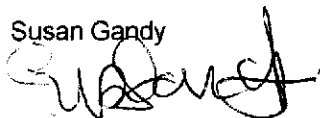
Chair

Date

3/9/2025

	Apr 23 - Mar 24	31-Mar-23
Assets		
Accounts Receivable	£60.00	£0.00
Cash on Hand	£0.00	£201.00
Cheque Account	£551.46	£3,151.72
Prepayment	£1,912.50	£0.00
Transfer Acc	£1,191.28	£1,924.31
Total Assets	£3,715.24	£5,277.03
Liabilities		
Accounts Payable	£2,715.04	£1,646.29
Loan	£0.00	£0.00
Total Liabilities	£2,715.04	£1,646.29
Net Assets	£1,000.20	£4,992.08
Equity		
Current Earnings	-£2,630.54	£0.00
Retained Earnings	£3,630.74	£3,630.74
Total Equity	£1,000.20	£3,630.74

Susan Gandy



Chair of Trustees
 16/09/2025

	Apr 23 - Mar 24	Apr 22 - Mar 23
Income		
Bank Interest	£16.97	£5.78
Client Donation	£27,855.97	£23,356.47
Donation - Rotary & A.of K.	£500.00	£5,394.60
Donations Charitable	£5,757.50	£547.50
Room rent	£1,100.00	£685.00
Supervision provided	£820.00	£1,550.00
Training Provided	£0.00	£300.00
Uncategorised income	£0.00	-£508.80
Total Income	£36,050.44	£31,330.55
Expenses		
Card Processing	£241.40	£177.91
H & S/ Safeguarding	£39.60	£153.60
Housekeeping & Refreshments	£0.00	-£7.20
Insurance	£957.05	£350.10
Overheads		
Advertising and Entertainment	£242.50	£180.00
Bad debt	£201.00	£0.00
General Administrative Expenses		
General Office Costs	£733.10	£684.62
Premises Costs		
Premises Maintenance	£102.70	£0.00
Rent	£7,650.00	£7,519.01
Services -Electricity, Power	£3,217.63	£2,864.78
Storage	£936.00	£273.74
Total Premises Costs	£11,906.33	£10,657.53
Total Overheads	£13,082.93	£11,522.15
Supervision	£24,360.00	£17,945.00
Total Expenses	£38,680.98	£30,141.56
Net Income	-£2,630.54	£1,188.99



Section A

Independent Examiner's Report

Report to the trustees/ members of

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

On accounts for the year ended

31. MARCH 2024

Charity no (if any)

1184622

Set out on pages

1-2 ATTACHED

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~*) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

J M Michelmore

Date:

7.9.25

Name:

J. M. MICHELMORE

Relevant professional qualification(s) or body (if any):

RETIRED CHARTERED ACCOUNTANT

Address:

CRICKERTON, OAKLAND ROAD,
BUCKFASTLEIGH DEVON

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.

Balance Sheet

DCCP Charity

As of 31 Mar 24 As of 31 Mar 23

	As of 31 Mar 24	As of 31 Mar 23
Assets		
Accounts Receivable	£60.00	£0.00
Cash On Hand		
Cash not Banked	£0.00	£201.00
Total Cash On Hand	£0.00	£201.00
Cheque Account	£551.46	£3,151.72
Pre-payment	£1,912.50	£0.00
Transfer Acc	£1,191.28	£1,924.31
Total Assets	£3,715.24	£5,277.03
Liabilities		
Accounts Payable	£2,715.04	£1,646.29
Total Liabilities	£2,715.04	£1,646.29
Net Assets	£1,000.20	£3,630.74
Equity		
Current Earnings	-£2,630.54	£0.00
Retained Earnings	£3,630.74	£3,630.74
Total Equity	£1,000.20	£3,630.74

DCCP**Apr 23 - Mar 24****Apr 22 - Mar 23****Income**

Bank Interest	£16.97	£5.78
Client Donation	£27,855.97	£23,356.47
Client Donatn, Rotary & AofK	£500.00	£5,394.60
Donations Charitable	£5,757.50	£547.50
Room rent	£1,100.00	£685.00
Supervision provided	£820.00	£1,550.00
Training Provided	£0.00	£300.00
Uncategorised Income	£0.00	-£508.80
Total Income	£36,050.44	£31,330.55

Expenses

Card Processing	£241.40	£177.91
H & S/ Safeguarding	£39.60	£153.60
Housekeeping & Refreshments	£0.00	-£7.20
Insurance	£957.05	£350.10
Overheads		
Advertising	£242.50	£180.00
Bad Debts Expense	£201.00	£0.00
General Administrative Expenses		
General Office Costs	£733.10	£684.62
Total General Administrative Expenses	£733.10	£684.62
Premises Costs		
Premises Maintenance	£102.70	£0.00
Rent	£7,650.00	£7,519.01
Services -Electricity, Power	£3,217.63	£2,864.78
Storage	£936.00	£273.74
Total Premises Costs	£11,906.33	£10,657.53
Total Overheads	£13,082.93	£11,522.15
Supervision	£24,360.00	£17,945.00
Total Expenses	£38,680.98	£30,141.56
Net Income	-£2,630.54	£1,188.99

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

England & Wales - Charity number 1184622

Accounts



Trustees' Annual Report for the period

	Period start date			Period end date			
From	01	April	2011	To	31	March	2012

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

28 Mount Pleasant Road	
Newton Abbot	
Devon	
Postcode	TQ12 1AS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Susan Gandy	Chair		
2	John Hade			
3	Philip Millichap			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution Adopted July 2019
How the charity is constituted <small>(eg. trust, association, company)</small>	Unincorporated Association cio
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Trustees are adopted at AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees actively engage with the work of the management committee in overseeing the activities of the organisation. All trustees are psychotherapists with expertise and experience in providing therapy for complex and vulnerable clients.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The organisation has continued to provide counselling for one hundred plus clients in this timeframe. Year on year, we have seen an increase in the number of clients with complex therapeutic needs who are able to contribute only a small amount towards the cost of their therapy. As this is below what is needed to sustain a surplus in income, we have again benefitted from financial donations from Rotary club as well as other welfare organisations.

The Trustees are in regular communication with representatives of the Management Committee and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are ever grateful for the committed contribution of our volunteer counsellors and members of our management committee.

Summary of the main achievements of the charity during the year

We have increased our recruitment of volunteers through the year in order to respond to an ever increasing demand from clients.

Our volunteer therapists are either experienced psychotherapist wishing to serve this client base (unable to afford private fees and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification. We are thankful to our counsellors and appreciate especially those that continue to volunteer after their qualification and contracted commitment – currently a minimum of one year.

Our therapists are supported by a team of six Clinical Supervisors, four of which are paid fees. Two of our supervisor's volunteer and receive no fees.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy is to establish a £5000.00 reserve to provide for three months costs. This year has been financially challenging and we have been unable to increase our reserves.

Details of any funds materially in deficit

No funds are in deficit except that the reserve is not yet reached our agreed amount.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

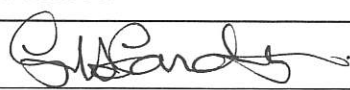
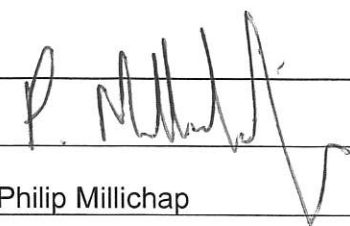
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

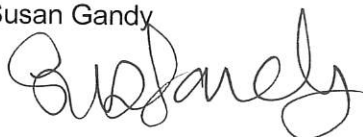
Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Susan Gandy	Philip Millichap
Position (eg Secretary, Chair, etc)	Chair	
Date	21/8/2024	

Balance Sheet

	March 31st 2023	March 31st 2022	Notes to 2023 Accounts
Assets			
Accounts Receivable	£0.00	£0.00	
Cheque Account	£3,151.72	£851.02	
Transfer Acc	£1,924.31	£2,768.53	
Cash held	£201.00	£8.00	
Total Assets	£5,277.03	£3,627.55	
Liabilities			
Accounts Payable	£1,646.29	£216.80	Water bill paid in installments
Loan (Training)	£0.00	£969.00	Used for storage
Total Liabilities	£1,646.29	£1,185.80	
Net Assets	£3,630.74	£2,441.75	
Equity			
Current Earnings	£1,232.71	£1,094.45	
Retained Earnings	£2,398.03	£1,347.30	
Total Equity	£3,630.74	£2,441.75	

Susan Gandy



Chair of Trustees
21/08/2024

Profit & Loss

	<u>March 31st 2023</u>	<u>March 31st 2022</u>
Income		
Bank Interest	£5.78	£0.33
Client Donation (Client)	£22,847.67	£11,361.05
Client Donation (Vouchr Schm)	£5,394.60	£1,144.80
Donation - From Training	£0.00	£6,663.97
Donations Charty & Fndrsg)	£547.50	£0.00
Room rent	£685.00	£985.00
Training provided	£300.00	£0.00
Supervision provided	£1,550.00	£1,290.00
Total Income	£31,330.55	£21,445.15
Expenses		
Insurance	£350.10	£350.10
General Administrative Expenses		
Card payment porocessing	£177.91	£3.93
Housekeeping & Refreshments	-£7.20	£675.00
Advertising (Web site)	£180.00	£231.00
General Office Costs	£838.22	£621.80
Total General Administrative Expenses	£1,188.93	£1,531.73
Premises Costs		
Premises Maintenance	£0.00	£0.00
Rent	£7,519.01	£6,519.24
Services -Electricity, Power, Water	£2,864.78	£309.63
Storage	£273.74	-£1,500.00
Total Premises Costs	£10,657.53	£5,328.87
Counsellor related Costs		
Supervision	£17,945.00	£13,140.00
Total Expenses	£30,141.56	£20,350.70
Net Income	£1,188.99	£1,094.45

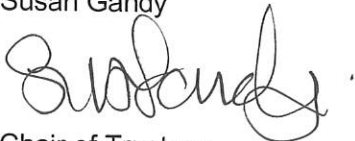
Training now closed.

Credit from Biffa

Water leak

Adjusted via Training.

Susan Gandy



Chair of Trustees
24/08/2024



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name THE DARTMOOR CENTRE FOR COUNSELLING & PSYCHOTHERAPY

On accounts for the year ended

31 MARCH 2023 Charity no (if any) 1184622

Set out on pages

1 - 2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: J M Michmore

Date: 15.8.24

Name: J. M. MICHELMORE

Relevant professional qualification(s) or body (if any):

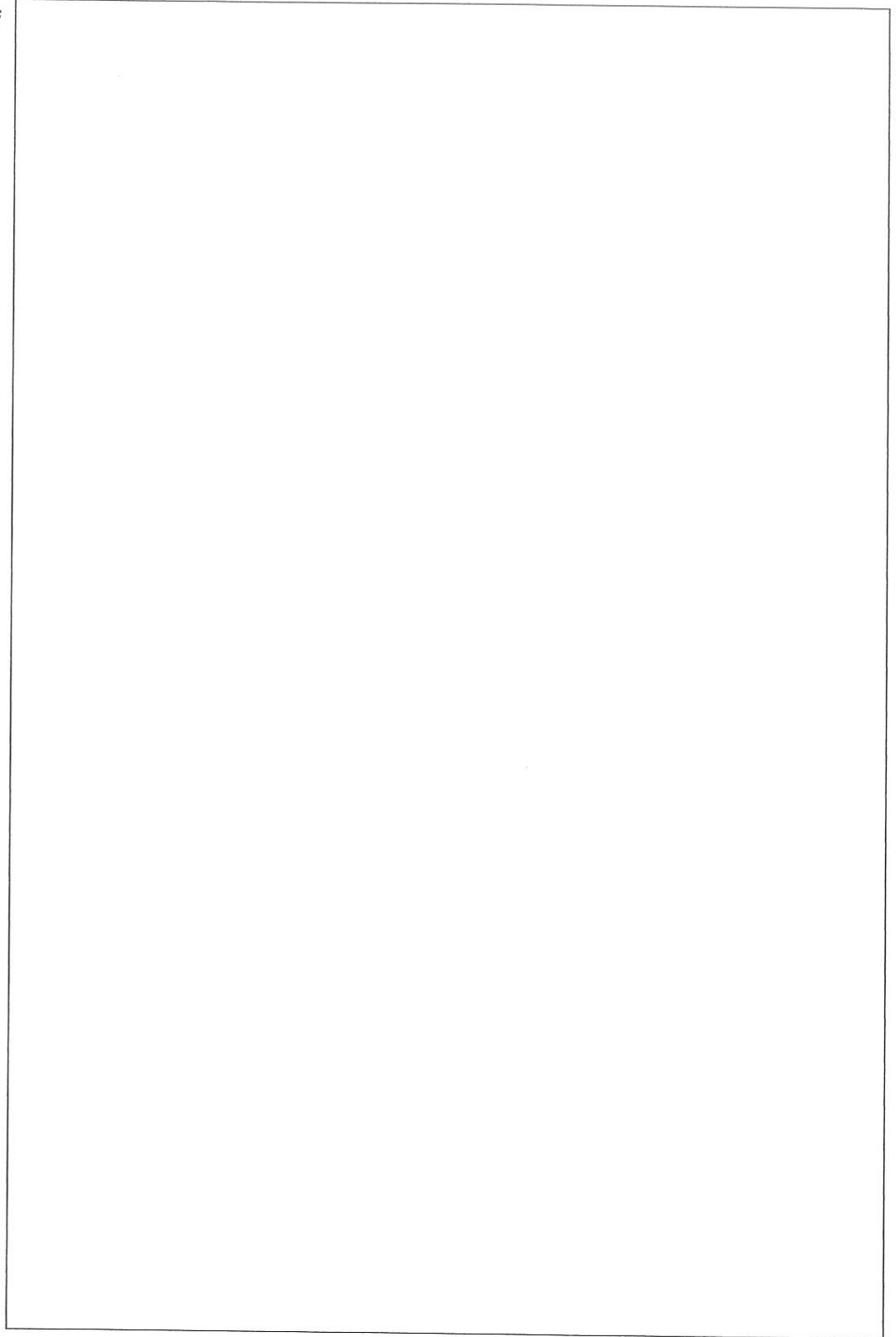
[Empty box for professional qualification]

Address:

CRICKERTON, OAKLANDS ROAD, BUCKFASTLEIGH, TQ11 0BL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Profit and Loss

DCCP Charity

	Apr 22 - Mar 23	Apr 21 - Mar 22
Income		
Bank Interest	£5.78	£0.33
Client Donation	£22,847.67	£11,361.05
Client Donatn, Rotary & AofK	£5,394.60	£1,144.80
Donation - From Training	£0.00	£6,588.97
Donations Charitable	£547.50	£0.00
Room rent	£685.00	£985.00
Supervision provided	£1,550.00	£1,290.00
Training Provided	£300.00	£0.00
Viva Fees	£0.00	£75.00
Total Income	£31,330.55	£21,445.15
Expenses		
Card Processing	£177.91	£3.93
H & S/ Safeguarding	£153.60	£0.00
Housekeeping & Refreshments	-£7.20	£675.00
Insurance	£350.10	£350.10
Overheads		
Advertising	£180.00	£231.00
General Administrative Expenses		
General Office Costs	£684.62	£621.80
Total General Administrative Expenses	£684.62	£621.80
Premises Costs		
Rent	£7,519.01	£6,519.24
Services -Electricity, Power	£2,864.78	£309.63
Storage	£273.74	-£1,500.00
Total Premises Costs	£10,657.53	£5,328.87
Total Overheads	£11,522.15	£6,181.67
Supervision	£17,945.00	£13,140.00
Total Expenses	£30,141.56	£20,350.70
Net Income	£1,188.99	£1,094.45

2

Balance Sheet

DCCP Charity

As of 31 Mar 23

Assets

Cash On Hand	
Money To Be Banked	£201.00
Total Cash On Hand	£201.00
Cheque Account	£3,151.72
Transfer Acc	£1,924.31
Total Assets	£5,277.03

Liabilities

Accounts Payable	£1,646.29
Total Liabilities	£1,646.29

Net Assets	£3,630.74
-------------------	------------------

Equity

Current Earnings	£1,232.71
Retained Earnings	£2,398.03
Total Equity	£3,630.74

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

England & Wales - Charity number 1184622

Accounts



Trustees' Annual Report for the period

Period start date

From

Period end date

To

26
July
2019

31
March
2020

Section A

Reference and administration details

Charity name

Dartmoor Centre for Counselling and Psychotherapy

Other names charity is known by

DCCP cio

Registered charity number (if any)

1184622

Charity's principal address

28 Mount Pleasant Road

TAR

Newton Abbot

Devon

Postcode

TQ12 1AS

Names of the charity trustees who manage the charity

Trustee name

Office (if any)

Dates acted if not for whole year

Name of person (or body) entitled to appoint trustee (if any)

Susan Gandy
Chair

1

John Hade

2

Philip Millichap

3

4

5

6

7

8

9

10

11

12

13

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name
Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

Section B

Structure, governance and management

Description of the charity's trusts

	Type of governing document (eg. trust deed, constitution)
Constitution Adopted July 2019	
	How the charity is constituted (eg. trust, association, company)
Unincorporated Association cio	
	Trustee selection methods (eg. appointed by, elected by)
Trustees are adopted at AGM	

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Trustees work with the Management Committee in maintaining the procedures, policies, and financial aspects of the organisation. The Management Committee is responsible for day to day working and all clinical and supervisory aspects. The Management Committee oversees the application, induction and training, and clinical work of our volunteer therapists. Trustees all have experience of psychotherapeutic work and have oversight of policy, procedures, and non-clinical aspects of the organisation.

Within the year we have utilised the expertise of trustees to further our objectives in operational and financial aspects.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The organisation has continued to provide counselling for one hundred plus clients in this timeframe. This year we have an increased number of clients with complex therapeutic needs. Clients donate an affordable amount towards the cost of their therapy. We have also benefitted from financial donations from Rotary club who cover the costs of a limited number of sessions who refer through the support of other charity welfare organisations.

The Trustees are in regular communication with representatives of the Management Committee and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have continued to recruit volunteers through the year in order to respond to an ever increasing demand from clients.

Our volunteer therapists are either experienced psychotherapist wishing to serve this client base (unable to afford private fees and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification. We are thankful to our counsellors and appreciate especially those that continue to volunteer after their qualification and contracted commitment - currently a minimum of one year.

Our therapists are supported by a team of six Clinical Supervisors. Three of our supervisors are self-employed, and their fees are paid by DCCP. Two of our supervisor's volunteer and receive no fees.

Section E

Financial review

Brief statement of the charity's policy on reserves

We aim to establish a £5000.00 reserve to provide for three months costs. At present this reserve stands at £2000.00. We intend increasing the number of counsellors to enable more clients. This provides for more effective use of premises and overhead costs.

Details of any funds materially in deficit

No funds are in deficit except that the reserve is not yet reached our agreed amount.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity is funded by donations from clients, from other charitable donations and from the provision of charged for related services (training and professional services). The income from the provision of rented space has dropped as we utilise more space for client work..

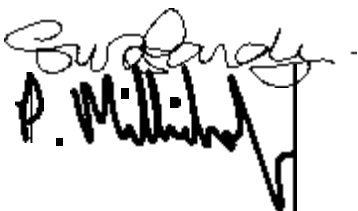
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



A handwritten signature in black ink, appearing to read 'P. Millington', with a horizontal line above it.

Full name(s)

March **2012**

Susan Gandy
Phil Millichap

Chair

Trustee

Position (eg Secretary, Chair, etc)

25/01/2023

Date

Apr 21 - Mar 22 31-Mar-21

Apr 21 - Mar 22

Assets		
Accounts Receivable	£0.00	£0.00
Cheque Account	£851.02	£292.10
Transfer Acc	£2,768.53	£3,318.20
Cash held	£8.00	£0.00
Total Assets	£3,627.55	£3,610.30
Liabilities		
Accounts Payable	£216.80	£763.00
Loan (Training)	£969.00	£1,500.00
Total Liabilities	£1,185.80	£2,263.00
Net Assets	£2,441.75	£1,347.30
Equity		
Current Earnings	£1,094.45	£0.00
Retained Earnings	£1,347.30	£1,347.30
Total Equity	£2,441.75	£1,347.30

Income	
Bank Interest	£0.33
Client Donation	£11,869.85
Covid Support	£0.00
Donation - From Training	£5,663.97
Donations Charitable	£1,636.00
Room rent	£985.00
Supervision provided	£1,290.00
Total Income	£21,445.15
Expenses	
Business Rates	£0.00
Card payment porocessing	£3.93
Housekeeping & Refreshments	£675.00
Insurance	£350.10
Overheads	
Advertising	£231.00
General Administrative Expenses	
General Office Costs	£621.80
Total General Administrative Expenses	£1,881.83
Premises Costs	
Premises Maintenance	£0.00
Rent	£6,519.24
Services -Electricity, Power	£309.63
Storage	-£1,500.00
Total Premises Costs	£5,328.87
Total Overheads	£6,181.67
Supervision	£13,140.00
Total Expenses	£20,350.70
Net Income	£1,094.45

Susan Gandy

Chair of Trustees

31-Mar-21

£8.87
£10,545.50
£1,495.00
£9,385.12
£763.45
£1,417.50
£1,025.00

£24,640.44

£170.00
£0.00
£1,352.20
£599.86

£180.00

£513.80

£2,815.86

£1,500.00
£7,650.00
£839.36
£1,500.00

£11,489.36

£12,183.16

£13,980.00

£28,285.22

£4,992.08

THE DARTMOOR CENTRE FOR COUNSELLING AND PSYCHOTHERAPY

England & Wales - Charity number 1184622

Accounts



Trustees' Annual Report for the period

Period start date

From

Period end date

To

26
July
2019

31
March
2020

Section A

Reference and administration details

Charity name

Dartmoor Centre for Counselling and Psychotherapy

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DCCP cio

Registered charity number (if any)

1184622

Charity's principal address

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Newton Abbot

Devon

Postcode

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Names of the charity trustees who manage the charity

Trustee name

Office (if any)

Dates acted if not for whole year

Name of person (or body) entitled to appoint trustee (if any)

Susan Gandy
Chair

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John Hade

2

Philip Millichap

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name
Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

Section B

Structure, governance and management

Description of the charity's trusts

Constitution Adopted July 2019

Unincorporated Association cio

Trustees are adopted at AGM

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

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- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Within the year we have utilised the expertise of trustees to further our objectives in operational and financial aspects.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide counselling and psychotherapy on an affordable and accessible basis to people in the locality who are unable to afford therapy from private therapists.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The organisation has provided counselling for one hundred plus clients in this timeframe. Clients are often complex in their therapeutic need and have not been eligible for NHS services and often benefit from longer-term therapy than most charitable organisations are able to offer. Clients donate an affordable amount towards the cost of their therapy.

The Trustees are in regular communication with representatives of the Management Committee and all are mindful of the guidance issued by the Charity Commission on Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have recruited volunteers through the year in order to respond to an ever increasing demand from clients. Clients self-refer either via internet searches, personal recommendations or by signposting by NHS Mental Health services or other charitable organisations.

Our volunteer therapists are either experienced psychotherapist wishing to serve this client base (unable to afford private fees and often with complex psychological issues) or are placement counsellors working towards their qualifying hours for accreditation/qualification.

Our therapists are supported by a team of five Clinical Supervisors. Three of our supervisors are self-employed, and their fees are paid by DCCP. Two of our supervisors volunteer and receive no fees.

We are the only organisation in Teignbridge offering such services.

Section E

Financial review

Brief statement of the charity's policy on reserves

We aim to establish a £5000.00 reserve to provide for three months costs. At present this reserve stands at £3000.00. We reduced the amount of our reserved balance requirement temporarily due to it being unrealisable in the covid period.

Details of any funds materially in deficit

No funds are in deficit except that the reserve is not yet reached our agreed amount.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity is funded by donations from clients, from other charitable donations and from the provision of charged for related services (training and professional services). The income from the provision of rented space has dropped due to covid.

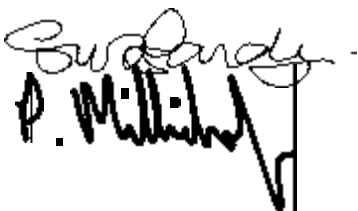
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



A handwritten signature in black ink, appearing to read 'P. Millington', with a horizontal line above it.

Full name(s)

March **2012**

Susan Gandy
Phil Millichap

	Position (eg Secretary, Chair, etc)	Date
Chair	Trustee	16/02/2021