



THE RAP FOUNDATION
Registered Charity, No: 1184576

**Trustees' Annual Report &
Statement of Financial Activity**

For the Financial Year Ended 31 March 2025

Trustees

Patricia Astley
Leo Cremonezi
Annabel Dumbell
Sara Gordon (Treasurer)
Tracey Marshall (Chair)
Judith Prinsley
Deana Puccio

The RAP Foundation
Trustees' Annual Report for the year ended 31 March 2025

Charity Name and Registration

The RAP Foundation is a CIO, registration no: 1184576, registered with the Charity Commission on 24 July 2019.

Charity's Address

Summit House, 170 Finchley Road, London NW3 6BP
www.therapfoundation.com

Trustees

The following trustees held office during the year:

Patricia Astley – appointed 24 July 2019
Leo Cremonezi – appointed 24 July 2019
Annabel Dumbell – appointed 24 July 2019
Sara Gordon (Treasurer) – appointed 21 September 2020
Tracey Marshall (Chair) – appointed 24 July 2019
Judith Prinsley – appointed 2 November 2020
Deana Puccio – appointed 24 July 2019

CEO

Jessica Hawley (from 1 April 2024)

Bankers

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

Structure, Governance and Management

Type of Governing Document

The RAP Foundation is established by constitution as a Charitable Incorporated Organisation ("CIO") and its governing document is based on the Charity Commission's model governing document for a CIO. It was registered with the Charity Commission of England and Wales on 24 July 2019.

Charitable Objectives

As defined in The RAP Foundation's Constitution, the charity's objects are:

To preserve and protect the good physical and mental health of young people through the provision of workshops and presentations in the subject of relationship and sex education so that they are better able to make their own informed decisions about their relationships, behaviour, actions and safety.

Trustee Selection Methods

There must be at least three Trustees and the maximum number of Trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity Trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience needed for the effective administration of the CIO.

Statutory Declaration

The Trustees have ensured that they have complied with section 17 of the Charities Act 2022 with due regard to public benefit and are happy that they are continuing to provide Charitable services to the community.

Achievements and Performance

This financial year was a year of review and change for The RAP Foundation. We welcomed Jessica Hawley as our new CEO and her initial focus was a reconsideration of our general strategy and approach, a refresh of our website, a review and redirection of our social media strategy and, as a consequence of this work, a full review and rework of our presentations.

Like many other small charities in the UK, it has been increasingly more difficult to secure funding due to both intense competition for a limited amount of funds and a challenging economic environment. In addition, we operate with limited resources, relying often on the goodwill of those who know and have experience of the charity. Furthermore, navigating the complex landscape of grant applications without experienced fundraisers or funds to dedicate to fundraising has been increasingly challenging. We are unbelievably grateful to the various individuals and foundations that continue to support our work and have made funds available to us in the 25/26 financial year, in order to enable us to continue our much-needed work.

In addition to this, our new CEO has worked hard to reconnect with our existing schools and build new relationships, focussing on the more deprived local London boroughs. In previous years, we regularly received donations from schools themselves, which contributed towards the costs of presenter fees. However, state-maintained schools are facing ever tighter budgets and have been unable to donate in the same way as previously. This has had the knock-on effect of an increased reliance on third party grant funding.

Whilst our direct activity in schools has been reduced this year, our social media presence has significantly increased. As well as enhancing our Instagram presence, The RAP Foundation now has a TikTok account. One of our posts alone, relating to the various discussions following the screening of the BBC drama Adolescence, had viewings in excess of 80k. Raising awareness through social media is very much part of our ongoing strategy.

Going forwards, we are excited to build on our contacts and relationships with London boroughs and London schools and are hopeful of growing our direct activity in schools once again. Our work continues to be highly relevant, and the following are examples of testimonials from schools we continue to work with:

“Thank you again for coming in and presenting to our students, it was a really valuable talk and they definitely got a lot out of it.”

“The RAP Foundation’s session at [our school] was highly engaging and impactful. Pupils responded thoughtfully to challenging topics around online behaviour, consent and digital wellbeing. Staff feedback confirmed that the workshops significantly enhanced students’ understanding and confidence in dealing with complex issues aligned to RSHE. We see clear benefit in making this offer available across more schools in our borough.”

"....Jess also made the session highly interactive, using a variety of activities to engage us and help us fully grasp the complexities of these topics. These exercises encouraged open discussion and allowed us to think critically about the importance of consent mutual respect and self-awareness."

Financial Review

Total income for the year was £5,650 (2024: £15,663), and total expenses for the year were £19,971 (2024: £32,244) resulting in a net deficit for the year of £14,321 (2024: £16,581). All receipts and expenditure were unrestricted funds.

At the year end, the CIO had net liabilities of £9,406 (2024: net assets £4,915).

The trustees confirm that whilst at the year end the CIO had net liabilities, this situation was reversed following the year end. In addition, there were no outstanding guarantees to third parties, nor any debts secured on the assets of the CIO.

Risk Management

The trustees are satisfied that the CIO does not face any significant risks.

Plans for the Future

The CIO plans to continue achieving its objects in accordance with its constitution.

Reserves Policy

The Charity's policy on reserves is to generate and maintain a balance which is sufficient to cover such items as working capital, unforeseen unavoidable expenditure or an unexpected cessation of income. At the present time, this is deemed to be a minimum of £1,000. As the CIO expands its activities, this figure will be reviewed.

The RAP Foundation
 Receipts and Payments Account
 for the Year ended 31 March 2025

	2025	2024
	£	£
Income		
Donations and Grants (all unrestricted)	5,650	15,663
Less Expenses		
Presenter costs	(2,802)	(19,958)
Administrative costs	(17,169)	(12,286)
Net (deficit)	(14,321)	(16,581)

Statement of Assets and Liabilities
 At 31 March 2025

	2025	2024
	£	£
Cash at Bank	1,294	3,434
Accounts receivable	400	3,701
Total current assets	1,694	7,135
Less: Accounts payable	(11,100)	(2,220)
Net (liabilities)/assets	(9,406)	4,915

All funds are unrestricted, and the net assets represent these unrestricted funds.

All of the above results are derived from continuing activities.

There were no other recognised gains or losses other than those stated above.

The Trustees declare that they have approved the above report and authorised that it be signed on their behalf by Tracey Marshall



29 January 2026