



THE RAP FOUNDATION
Registered Charity, No: 1184576

**Trustees' Annual Report &
Statement of Financial Activity**

For the Financial Year Ended 31 March 2024

Trustees

Patricia Astley
Leo Cremonezi
Annabel Dumbell
Sara Gordon (Treasurer)
Tracey Marshall (Chair)
Judith Prinsley
Deana Puccio

**The RAP Foundation
Trustees' Annual Report for the year ended 31 March 2024**

Charity Name and Registration

The RAP Foundation is a CIO, registration no: 1184576, registered with the Charity Commission on 24 July 2019.

Charity's Address

Summit House, 170 Finchley Road, London NW3 6BP
www.therapfoundation.com

Trustees

The following trustees held office during the year:

Patricia Astley – appointed 24 July 2019
Leo Cremonesi – appointed 24 July 2019
Annabel Dumbell – appointed 24 July 2019
Sara Gordon (Treasurer) – appointed 21 September 2020
Tracey Marshall (Chair) – appointed 24 July 2019
Judith Prinsley – appointed 2 November 2020
Deana Puccio – appointed 24 July 2019

CEO

Allison Havey (until 31 March 2024), Jessica Hawley (from 1 April 2024)

Bankers

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ

Structure, Governance and Management

Type of Governing Document

The RAP Foundation is established by constitution as a Charitable Incorporated Organisation ("CIO") and its governing document is based on the Charity Commission's model governing document for a CIO. It was registered with the Charity Commission of England and Wales on 24 July 2019.

Charitable Objectives

As defined in The RAP Foundation's Constitution, the charity's objects are:

To preserve and protect the good physical and mental health of young people through the provision of workshops and presentations in the subject of relationship and sex education so that they are better able to make their own informed decisions about their relationships, behaviour, actions and safety.

Trustee Selection Methods

There must be at least three trustees and the maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience needed for the effective administration of the CIO.

Statutory Declaration

The trustees have ensured that they have complied with section 17 of the Charities Act 2022 with due regard to public benefit and are happy that they are continuing to provide Charitable services to the community.

Achievements and Performance

This financial year the RAP Foundation's presenters visited 45 schools, delivered 108 presentations and reached over 14,000 students. We watched growing concerns over how the consumption of social media and online pornography are impacting the mental and physical health of young people. The Andrew Tate effect quickly receded into the past. With the Royal College of Psychiatrists reporting a 53% increase in the number of children in mental health crisis as compared to four years ago, these are very valid concerns.

Primary school teachers are reaching out for support more frequently, as they try to manage inappropriate language and name calling in class. This year we also worked in a number of faith schools, in some cases delivering relevant content to students who had previous limited experience of RSHE education. We worked closely with senior staff as these sessions required sensitivity. We learned there was a fine balance between religious and cultural codes and the statutory RSHE guidelines outlined by the DfE.

From the anonymous surveys we distribute before and after our sessions with students, we can measure increased knowledge and confidence within RSE-related subjects. For example, 67% of Year 11 students attending a school in Tower Hamlets understood the laws defining rape, sexual assault and sexual harassment before the session. Afterwards, this increased to 97%. Only 32% of these same students knew what to do if private, sexual images were shared online without their permission. This increased to 75% afterwards, after they learned about the IWF's Right to Remove tool. 58% of Sixth form students at a state school outside of London responded they would know what to do and where to go if ever a victim of a sex crime. After the presentation, this increased to 96%. RAPF promotes the Active Bystander initiative, as long as the bystander feels safe to actively challenge or intervene to diffuse the situation. Prior to the session only 66% were familiar with the term, while 93% said they now understood the meaning afterwards.

The RAP Foundation has never been more relevant and many state schools and academies rely on us for presentations and smaller workshops to pupils, parents and teaching staff for inspiring discussions around the importance of practicing critical thinking online; the legal definitions of sex crimes; gender stereotypes; gender equality; personal safety advice with regards to alcohol, drugs, (including fentanyl); sexual citizenship and much more.

The following are some examples of the many excellent testimonials received during the course of the year:

"That was totally and utterly brilliant. One of the best sessions we have every had from an outside provider." Pastoral Lead, Sixth Form Cockermouth School

"We were fortunate to have a presenter from the RAP Foundation present our life skills session. The talk was incredibly engaging as it focused on rape culture, toxic behaviours and educated us on the laws regarding consent and sexual offences. The eye opening and frank delivery was crucial in dispelling myths, misconceptions and challenging

gender stereotypes as we were taught the necessity of practising "Mutual Respect and Mutual Consent". **Sixth Form student, Henrietta Barnett School**

"I hope to have you back again in the near future. You really were fantastic, and the students and the staff thought the sessions were brilliant."

PSHE Coordinator, Hasmonean High School for Girls

The coming financial year will see a new CEO in place and a focus on fundraising activity, in order that the valuable work of the CIO can continue.

Financial Review

Total income for the year was £15,663 (2023: £36,347), and total expenses for the year were £32,244 (2023: £31,884) resulting in a net deficit for the year of £16,581 (2023: net surplus £4,463). All receipts and expenditure were unrestricted funds.

At the year end, the CIO had net assets of £4,915 (2023: £21,496).

The trustees confirm that at the year end the CIO had no funds which are materially in deficit, no outstanding guarantees to third parties, nor any debts secured on the assets of the CIO.

Risk Management

The trustees are satisfied that the CIO does not face any significant risks.

Plans for the Future

The CIO plans to continue achieving its objects in accordance with its constitution.

Reserves Policy

The Charity's policy on reserves is to generate and maintain a balance which is sufficient to cover such items as working capital, unforeseen unavoidable expenditure or an unexpected cessation of income. At the present time, this is deemed to be a minimum of £1,000. As the CIO expands its activities, this figure will be reviewed.

The RAP Foundation
Receipts and Payments Account
for the Year ended 31 March 2024

	2024	2023
	£	£
Income		
Donations and Grants (all unrestricted)	15,663	36,347
Less Expenses		
Presenter costs	(19,958)	(20,827)
Administrative costs	(12,286)	(11,057)
Net (deficit)/surplus	(16,581)	4,463

Statement of Assets and Liabilities
At 31 March 2024

	2024	2023
	£	£
Cash at Bank	3,434	21,225
Accounts receivable	3,701	5,355
Total current assets	7,135	26,580
Less: Accounts payable	(2,220)	(5,884)
Net assets	4,915	21,496

All funds are unrestricted, and the net assets represent these unrestricted funds.

All of the above results are derived from continuing activities.

There were no other recognised gains or losses other than those stated above.

The Trustees declare that they have approved the above report and authorised that it be signed on their behalf by Tracey Marshall



22 January 2025