

Caring Altogether on Romney Marsh



supporting older people in rural areas

Annual Report 2021/22

Our Mission:

"...to support people living on Romney Marsh and its surrounding rural areas who are socially isolated. Through this support we aim to improve people's well-being, to help people remain independent for longer and to enhance the quality of life of the rural communities where we operate. In pursuing this Mission we will treat people with dignity and respect."



THE DULVERTON TRUST



Caring Altogether on Romney Marsh

Sunflower House
Romney Marsh Community Hub, Rolfe Lane
New Romney KENT TN28 8JR
Tel: 01233 758122
office@carmromneymarsh.org.uk
www.carmromneymarsh.org.uk
Registered charity number 1184552

Management Committee 2021/22

Shuna Body MBE – Chair

Steve Croke – Treasurer

Susan Graydon

Ruth Smith – Vice Chair

Jean Jones

Wendy Body

CARM Staff

Helen Mattock

Manager

Sarah Williamson

Administration and Finance Officer

Fiona Godfrey

Reminiscence Co-ordinator

Katie Sokolowska

Meeting Points Co-ordinator

Benedict Potts to 28 February 2022, Kerry Fuller from 1 March 2022

Befriending Co-ordinator

Zena

Befriending Co-ordinator

Victoria Carmichael

Development, Funding and Marketing Officer

Chair's Report

Dear friends

It is wonderful to be back in the full flow of things again and seeing our core services up and running, as well as some events. Long may it continue.

As I reflect on the last few years, there are indeed some significant positives that have occurred. We were forced to reinvent the wheel during COVID 19 in terms of our activities, many of which involved crafts of some kind. I still find myself chuckling at some of those limericks that arrived at CARM. The inspiration of our staff and creativity of our volunteers and clients seemed to be a perfect match. So it seemed natural to carry on some of those activities. The NHS cite learning a new skill as key to supporting mental health, and I certainly think that is the way forward. If you have any ideas, please feel free to speak to any of our staff.

Our partners have continued to be great support to us. Firstly, I must thank the Romney Marsh Community Hub for being so welcoming to us as we moved into their premises in June this year. The Hub provides a wide range of services which include many of our clients. It seemed a natural progression to complement what they are doing there by including us within the mix. We very much look forward to working with them.

There has been some good progress with our Generations Connect project, in conjunction with the Romney Resource Centre.

SEK (Social Enterprise Kent) have completed a significant amount of work for us, looking at how we can better market ourselves. Whilst all the staff and volunteers regularly use digital technology – we felt we needed some expert advice when it comes to marketing via social media etc. They provided some comprehensive research for us as we set about progressing this piece of work. This will be vital in terms of attracting new volunteers as well as much needed funding.

We have also made some good advances in this respect of Musical Memory Matters. The equipment that we had been using was very bulky in terms of storage and transport. We are now in the process of moving across to being able to provide the same quality of service using tablets and laptops. Magic!

A huge thanks to all our clients and volunteers for their amazing support throughout the year. It is so very much appreciated. Thanks too for our lovely Trustees, for their continued enthusiasm and commitment to get the best for CARM in every aspect.

Finally, I am sure you will want to join me in thanking our incredible staff, led by the ever-enthusiastic Helen. I am always in awe of their energy and passion in all that they do.

So, as we march on into the next year, let us do so with the same spirit and energy – and please do try and promote the idea of volunteering with CARM, as that is key to our success.

Many thanks

Reverend Shuna Body MBE
Chair

Treasurer's Report

Our income for this reporting year was £232,503. Note that our accounts include our partnership funding with the Romney Resource Centre (we receive funds from the National Lottery and disburse RRC's share to them).

This headline figure is in line with the previous year. But I'd like to highlight the focus we've applied in changing how that figure is made up. In January 2021 we established a funding strategy. There were two aims behind this – firstly to supplement our grant income with other sources, and secondly to diversify the sources of our grant funding. The aim was to give us greater financial resilience by reducing our dependence on too few funding sources.

Our target for this year was to reduce our grant funding to 80% of our overall funding. Or put another way, to increase the funds we receive from other sources to 20% of our target. We have made excellent progress with this. Net of our RRC partnership, we have achieved our target – our reliance on grant funding is now down to 79%. This has been achieved through increased focus by the team on corporate donations and other funding streams.

The make-up of our grant income has also improved this year. As funding from our major supporters has reduced, we have been successful in achieving smaller grants from more sources. We have been able to secure grants from: the Masonic Charitable Trust, Dulverton Trust, Kent Community Foundation, Social Enterprise Kent and Little Cheyne Court Wind Farm as well as another small partnership grant from the National Lottery for a specific project, which amount to 28% of the overall grant funding.

Our expenses for the year totalled £189,235. Our expenses are well controlled, up only 2.7% from the year before. Net of our payment to RRC, our expenditure is below plan at 85% of our expected spend for the year. Throughout this reporting period COVID continued to influence the services that we provided, and the impact is seen in this underspend. Our largest expenditure remains staff costs, but these still only represent 56% of our total expenditure (or 76% net of RRC) and have also come in under plan this year as the team has restructured.

The net result is that we complete the year adding to our already healthy reserves. These comprise of a designated reserve should we need to wind down. We have some restricted reserves for specific allocations (such as Generations Connect), with the balance (39%) unrestricted.

Our financial controls are robust. Our financials are reviewed at each Management Committee meeting by the Trustees, and we run a dedicated financial resilience sub-committee. We celebrate our 25th year as a charity in good financial shape, well positioned to continue the great work that CARM does!

Steve Croke
Treasurer

Manager's Report

This was another challenging year as the team worked really hard to get our much-loved and needed services up and running again so that people could feel some sense of normality and have the chance to see people rather than just talk on the phone. Of course, it wasn't as easy as we would have liked with the restrictions and precautions changing on a regular basis. The team however, coped admirably and supported their volunteers and clients as ever, in a caring and understanding way.

Special mention must be made of the art exhibition that we hosted in November 2021, more of which you can read about in the following reports, suffice to say the exhibition was an outstanding success with some amazing submissions on display.

I would like to thank all individuals and organisations who have donated and funded us during the financial year that we are reporting on. The National Lottery has again been a key funder of CARM, Kent County Council gave us a reduced grant during the year and it was the final grant that we will receive from Social Services as they have now awarded large contracts for community well-being services. We received numerous other grants and donations for which we are grateful.

It has been good to see progress on our Generations Connect project with many activities and much learning having taken place during the year. See the Generations Connect report for more detail.

As Steve mentioned in his report, in 2022 we are celebrating 25 years of being a registered charity, this is a great achievement for a small, local charity that is not affiliated to a national charity and to survive so long is testament to the trustees, managers and staff throughout the last twenty five years. Here's to the next 25 years !

Finally, I always finish on the same note, but it is always so valid: **thank you** to our amazing volunteers, including our Trustees, for all that you do to help make someone's day – **you are all much appreciated**. The same applies to the staff team who give their all to support our clients, volunteers and CARM as a whole - **thank you !**

Helen Mattock
Manager



Reminiscence

Talking Reminiscence

CARM's talking Reminiscence journey began in 2006 with the introduction of the Our Memories Matter (OMM) service which is delivered by a team of volunteers. In 2015 Caring To Remember (CTR) was introduced, delivered with the help of a single volunteer the service aims to support care settings to deliver their own sessions. Both OMM and CTR are focused on talking reminiscence with an element of music included. These sessions normally operate in care homes, assisted living and day care facilities in 3 blocks of 8-10 weeks annually.

Each week volunteers arrive at their respective sessions ready to listen with genuine interest, warmth and humour encouraging stories and singing. At the end of the sessions those that attend are left feeling both valued and in touch with parts of their lives that they may not have recalled for many years.



Due to the Pandemic face to face sessions were suspended for a period of 77 weeks and a weekly news sheet "CARM Catch Up" was introduced. Each edition was themed and intended to draw upon memories previously shared. This was then emailed each week to all the talking groups and copied to their respective volunteer(s) aiming to keep everyone in touch.

Adhering to our regular programme (a three-year rotation of themes), reminiscence sessions were delivered by both ZOOM and telephone to groups. Both innovations had their moments of technological issues but the desire to keep us together and reminiscing overcame these challenges!

September was a joyful month for our talking service seeing a return of face-to-face sessions for the first time in 18 months in several settings. Due to the vulnerability of our clients, volunteers have been required to be adaptable, flexible and



Fiona running a telephone reminiscence session



Christmas Sessions 2021

responsive to this ever-changing backdrop. For the team this has meant regular lateral flow tests, wearing PPE ranging from the obligatory masks and for some settings also

plastic, aprons, gloves sometimes in extreme temperatures. Volunteers have met with these requests with good humour and a renewed sense of determination patently aware of the time that has been missed due to restrictions. It's been heart-warming to be reunited with attendees and to share memories and laughter as ever! I want to add an acknowledgement to

our wonderful care partners for making sessions possible, we know first-hand what a challenging and difficult time this has been and their dedication to those they care for has been so inspiring.

Musical Reminiscence

Our musical reminiscence service Musical Memories Matter (MMM) established in 2014 is run with the support of volunteers working in pairs. Aligned to the talking service we aim to deliver 6 sessions each time. This service has been on hold since March 2020 due to COVID 19 restrictions. We have though been able to maintain the use of music within the talking sessions. Footnote – we started back again in May 2022 😊

Volunteer Meetings

These are held three times a year and offer an opportunity to share good practice, hear from relevant speakers and problem solve as we go along.

Thank You

It has certainly been a period of adaptation and change and not one easily forgotten. A heartfelt thanks to all our reminiscence volunteers both musical and talking for all that you do for CARM. Your dedication and devotion to CARM and our clients is truly amazing!



The March Volunteer Meeting

Fiona



Befriending

As the reporting year began our befriending volunteers were visiting their clients in gardens but as time passed, vaccinations became available, and we gradually eased back into pre-COVID befriending times of indoor visits where we feel safe without masks or lateral flow testing. Along the way to make visits safe there have been; many risk assessments, much misunderstood words whilst mask wearing and lots of swabbing and swirling of volunteers tonsils and nostrils for lateral flow tests.

One of the last virtual volunteer meetings was when Zena held a lunchtime meeting for the Givaudan telephone befriending volunteers. In June 2021 Givaudan staff were still working from home with limited access to their site. Two of the volunteers were due to begin maternity leave, so we held a fun 'baby shower' themed meeting with reminiscence style games including guess the famous baby game and complete the Nursery Rhyme. Thank you to Fiona for providing tips and props

which enabled the volunteers to see how the reminiscence service had continued over COVID 19 times.



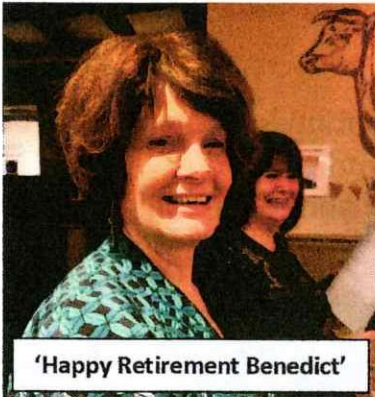
Both of new mums from Givaudan volunteers continued to call their clients during their maternity leave and shared baby photos with their clients who loved to hear about the ups and downs of new motherhood.



In September, the co-ordinators contacted creative clients and volunteers to collect exhibits for CARM's Remembering Lockdown: Creative Reflections art exhibition. One highlight was the posthumous display of befriending client Dusty's wrought iron work that at 95 he produced in lockdown 1 – his proud family visited the exhibition in New Romney.



On 1st November 2021 we held our first face to face volunteers' meeting in over 18 months, it was attended by twenty volunteers. Liz Taylor from the Alzheimer's Society led a very engaging and practical session on how to interact with, and support a client with dementia. The session was enjoyed by all, with volunteers saying they had gained tips to help with complex visits. It was lovely to be able to chat to our volunteers in person and hear how they have been faring.



After many years as the stalwart coordinator of the befriending service, in February 2022, Benedict retired to spend time with her family and new grandson 😊. She is still involved with CARM as both a Meeting Point volunteer and a much-valued befriender. Kerry Fuller returned to CARM and has taken over the Tenterden & Ashford villages area from Benedict. We had a lovely evening out in the White Lion, Tenterden to bid farewell to Benedict.

During the year we topped the face-to-face befriending match figures with a peak of over 60 active matches. At a similar time, we peaked at about 50 telephone matches; that number has now decreased to about 35 telephone matches as life has resumed to somewhat 'normal'. The figures for the period also reflect just how much we need good volunteers; over that time the befriending service had 60 new client referrals whilst we had 22 new volunteer expressions of interests. Recruitment of volunteers continues to be one of our main challenges.

So, in March 2022 we ended a second year of many changes to befriending visits requirements, whether it be carrying out lateral flow tests, sitting in the garden, wearing a mask indoors or checking the window was open in December – one thing that did not change was how wonderful and adaptable our volunteers are. We thank you CARM's amazing befriending volunteers you are real champions making a difference to the lives of local people.



Zena and Benedict/ Kerry

Meeting Points

On 1 April 2021 the UK had not long reopened its schools. Outdoor gatherings of either six people or two households were to be allowed, but no indoor mixing between different households. We were tentatively planning to reopen our Meeting Points after 14 June when Step 4 of the roadmap, which removed most legal limits on social contact, was to come into place.

Socially distanced planning meetings took place in volunteer's gardens all through May, where we discussed sanitisation, the requirement for lateral flow testing, wearing masks, contact tracing, nominating refreshment volunteers to minimise contact, and much more. We were poised to restart only to have this delayed by four weeks until 19 July as the vaccination programme was rolled out. Ten days later, undeterred by the delay, Lydd Meeting Point were the first to open their doors, followed in swift succession over the next month by Tenterden, Greatstone, Wittersham, Rolvenden, Woodchurch, Appledore, Brookland and Dymchurch. The Shepherd and Crook pub where Burmarsh MP was held was in the process of being sold at that point, and there was no alternative venue in the village, so sadly they could not reopen, and members were directed to nearby Dymchurch.

Amazingly, we managed to open a new Meeting Point too, in New Romney: The Bridge Meeting Point opened in August 2021 and already feels well-established. It is taking on the Generations Connect initiative with gusto and has had three younger volunteers helping to host the meetings.



Lydd Meeting Point shortly after reopening its doors at The Hardy Hall

It was an incredible effort by our volunteers. In many ways, the volunteering role they had signed up for and had been enjoying for years was unrecognisable. Some village halls had been unused for a year and a half. Some members had passed away, gone into care, or were nervous about mixing in public again. Other members didn't want to wear masks.

For those who are hard of hearing, trying to make conversation whilst wearing face coverings is a difficult and often unsatisfactory experience. Volunteers were now required to swab their tonsils and noses before attending, clean venues before and after meetings, to ask their members to sanitise their hands, to put their masks on/put them on unless seated, according to whichever rule was in place at that time and to keep their distance, and do a bit more admin.

18 MP volunteers left the service during the COVID-19 break, some due to health reasons, others feeling that the break signalled the right time for them to retire. It was a busy time then for recruitment, but with the help of CARM staff, volunteers, and social media advertisements, 22 new volunteers joined the Meeting Point ranks and we now have 42 wonderful volunteers keeping the Meeting Point doors open and tea flowing for about 150 members.



Some of our new MP volunteers in 2021!

The changes in rules and recommendations continued through Christmas, when the festive season, like the face masks, was on – then off – then on again. Thankfully the hospitality industry was still open for business and most of our Meeting Points were able to pull crackers, don paper hats and tell jokes with one another in pubs and restaurants across the area. These were much enjoyed, and came at a good time before our Meeting Points were forced to close again in January in response to a spike in COVID-19 in the community.



The Bridge MP, Tenterden MP and Woodchurch MP Christmas parties

Again, it didn't take long for our MPs to bounce back. Members were keen to get out and see one another again, and the volunteers were keen to welcome them back. Dymchurch Meeting Point organised a trip to Beach48 in February for fish and chips, and another to Westwood Cross in March. Lydd, Wittersham, The Bridge and Brookland MPs took part in a TikTok dance challenge, where members were taught to dab and floss and hand-jive and hitch-hike for inclusion in an intergenerational dance video. (If you haven't seen this joyful video, head over to our CARM Romney Marsh Facebook page). HiKent resumed its three-monthly hearing clinics in six of our Meeting Points, and several Meeting Points have had visits from Connect Well East Kent to offer practical information and support, as well as the 'Tax, Care and Toy Boys' talk from the Co-Op.



TikTok dance video movers and shakers at Lydd MP and The Bridge MP

It has been an eventful and difficult year, but thanks to the ongoing good humour, resilience and commitment of our incredible volunteers, we are in good shape and looking forward to whatever challenges may lay ahead.

Katie



Development, Funding and Marketing Officer

Networking

I have been regularly attending network groups throughout the year, in particular The Marsh Network and the Brunch Network. Both groups are great supporters of CARM. The Marsh network continue to fundraise for CARM as one of their chosen charities.

Social Media

Alongside in person networking, social media has been used to build a network of followers online. Followers on all 3 sites (Facebook, Twitter, Instagram) have increased. We have also used the Nextdoor app to communicate more locally. We have successfully used social media to recruit both volunteers and a member of staff, Facebook, in particular, provides a good platform to both advertise and recruit. Social media helps to connect us to the community allowing us to share news, ask for support and show off our community links to schools, and other local groups.

Newsletters

Starting in Autumn 2021 we moved to quarterly Newsletters. Newsletters are still popular with clients and volunteers as well as our supporters who receive an electronic version. Articles have included a review of the Art Exhibitions, an insight into volunteering from one of our younger volunteers and a few delicious recipes.



Funding

We have been very lucky to receive some wonderful support from community fundraisers over the last year. In April 2021 The Rotary Club of Romney Marsh held a Golf day to raise money for CARM. The final donation was an amazing £2871.

Littlestone Golf Club also chose CARM as their charity of the year, their fantastic donation totalled over £10 000.

The Ship Inn in Dymchurch held a quiz night for CARM in February raising awareness of the charity as well as some funds.

In March 2022 the Ashford Community Lottery began. CARM is one of the charities and groups that can be supported by players. This should provide CARM with a small amount of regular funding whilst also giving the players a chance of winning prizes.

Art Exhibition

In November 2021 we held our art exhibition, Creative Reflections – Remembering Lockdown, in both Tenterden and New Romney. Showcasing the artworks created in lockdown, it really was a true reflection of life in lockdown. Art works included: a Suffolk Puffs quilt, poems, paint by numbers, photography and many others. We also displayed the 'My World' project pictures produced by local schools and some examples of the Happy Post that we sent out in lockdown.



The exhibition was a huge success, we received some excellent feedback, it was visited by 200 people.

A photo book of the art works has also been created to act as a record of that moment in time but to also allow the artwork to tour Meeting Points and other groups so it can be enjoyed and used as a reminiscence tool in the future.

Victoria

Generations Connect

Despite the varying and ever-changing COVID 19 restrictions and precautions, good progress was made with the Generations Connect project during the year, in conjunction with the Romney Resource Centre our partner for this National Lottery community fund project.

Students from the Romney Resource Centre made six beautiful bird tables that were delivered to randomly selected CARM clients, they also potted up over 100 geraniums that were delivered to our Meeting Points as they reopened last year.

Great links were made with the Marsh Academy and Homewood School with various activities taking place which enhanced students learning and gave opportunities for different generations to learn together and socialise.



Examples being, students hosted a Christmas party at Springwood Court (New Romney) for the residents; students learnt reminiscence skills from CARM staff and were then able to put their learning into practice at home with relatives and also at a local care home; students entered art competitions with the winning entries being turned into a very large knitted wall hanging and a mosaic; a group of students were taught to knit by some of the craft group.

Various crafting courses were delivered to two generations and many older people benefitted from one to one IT training from a young volunteer from the Romney Resource Centre.



A craft group has been set up in New Romney with the group making lots of knitted and crocheted Christmas decorations that were distributed to CARM clients in time for Christmas.

As mentioned in the Meeting Point report, an amazing Generations Connect film as was made which we posted on to TikTok.

Helen



Caring Altogether on Romney Marsh (CARM)

Annual Accounts

For the year 1 April 2021 to 31st March 2022

Registered Charity Number: 1184552

Charity name: Caring Altogether on Romney Marsh (CARM)

Registered Charity Number: 1184552

Charity's principal address until 31 May 2022:

Unit 12
Mountfield Road
New Romney
Kent TN28 8LH

Charity's principal address from 1 June 2022:

Sunflower House
Rolfe Lane
New Romney
Kent TN28 JR

Current trustees:

| | |
|--------------|------------------|
| Shuna Body | Chairperson |
| Ruth Smith | Vice Chairperson |
| Steven Croke | Treasurer |
| Wendy Body | |
| Sue Graydon | |
| Jean Jones | |

Manager: Helen Mattock

Structure, governance and management

CARM is a Charitable Incorporated Organisation (CIO) and registered charity with a maximum of ten trustees who have overall responsibility for the charity's business.

CARM became a registered charity in 1997 (charity number 1067189) and changed to a CIO in 2019. CARM is governed by a constitution dated 23 July 2019, amended 30 September 2020.

Charity objectives and activities

To relieve persons on Romney Marsh and the surrounding areas who are in need by reason of their age or disability, in particular by providing a range of services and activities which promotes their social inclusion and good health and wellbeing.

CARM's Mission and Services

CARM's mission is to support older people living across Romney Marsh, Tenterden and its surrounding rural areas who are socially isolated. Through this support, we aim to improve people's wellbeing, to help people remain independent for longer and to enhance the quality of life of the rural communities where we operate. In pursuing this mission, we will treat people with dignity and respect.

Please see our separate Annual Report for 2021/22 for full details of services and activities that were carried out during the period.

Report of the Management Committee for the year ended 31st March 2022

The Management Committee presents its report in a separate document entitled Annual Report 2021/22 and the independently examined financial statements for the year-end 31st March 2022.

Results:

The incoming resources for the year amounted to £232,503 expenditure was £189,235 resulting in a net surplus of £43,268. Reserves stand at £229,952

Reserves Policy

The trustees consider it prudent that general reserves should be sufficient:

[a] to cover six month's administration and support costs;

[b] to provide a pool equal to 10% of the average charitable expenditure over the preceding two years, from which funds can be designated to specific projects.

Administration and support costs include the salary costs of CARM's day to day administration, the rent for CARM's office base, and the costs of meeting the legal obligations relating to staff redundancy and termination of contracts should sufficient funds be unavailable or unlikely to become available to continue specific projects or pieces of work or the charity be dissolved.

Specific projects include services deemed by the trustees to be necessary in order to continue to support the beneficiaries of the charity so that the objects of the charity are met.

Currently reserves stand at £229,952 of which £75,000 is a designated reserve to cover the above items [a] and [b], £65,647 are restricted funds with the remaining £89,305 being unrestricted reserves.

Independent Examiner

This report has been prepared in accordance with the Charities Act 2011 and the examination was carried out under section 145 of the Act.

Approved by the Management Committee and signed on its behalf by:

Reverend Shuna Body MBE (Chair)

Date:

3/9/22

Steven Croke (Treasurer)

Date:

3/9/22



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name **CARING ALTOGETHER ON ROMNEY MARSH**

**On accounts for the year
ended**

31 March 2022

**Charity no
(if any)**

1184552

Set out on pages

4 and 5

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: **S.G. Wood-Brignall**

Date: **2/9/2022**

Name: **SANDRA GILIAN WOOD-BRIGNALL**

**Relevant professional
qualification(s) or body
(if any):**

Address: **47 Poplar Lane**
Lyd
Kent TN29 9LA

Caring Altogether on Romney Marsh

Receipts and Payments Accounts

For the period from

1 April 2021 to
31 March 2022

1 April 2020 to
31 March 2021

Total funds

Last year

£

£

Receipts

| | | |
|---|----------------|----------------|
| Grants | 193,355 | 217,594 |
| Gift Aid | - | 138 |
| In memoriam donations | 1,144 | 205 |
| Art Project fundraised income / donations | | 3,352 |
| Corporate donations | 23,937 | 3,391 |
| Individual donations | 3,035 | 5,358 |
| Meeting Points | 9,115 | 54 |
| MP Income transfer | 1,411 | - |
| Sponsors | 50 | 135 |
| Fundraised Income / donations | 356 | 1,916 |
| Interest earned | 100 | 52 |
| Sub total | 232,503 | 232,195 |

Payments

| | | |
|---------------------------------------|----------------|----------------|
| Partnership Payments - joint projects | 50440 | 55,914 |
| Salaries | 101362 | 99,435 |
| Staff pension scheme | 4745 | 4,284 |
| Props and client activities | 1119 | 793 |
| Premises overheads | 5463 | 6,718 |
| Staff and volunteers expenses | 4565 | 1,917 |
| Training: staff and volunteers | 377 | 18 |
| Volunteer Thank you event / expenses | 77 | 385 |
| Telephone | 488 | 728 |
| Printing, publicity and stationery | 1283 | 1,251 |
| Postage | 856 | 3,222 |
| AGM | 760 | |
| Subscriptions | 831 | 1,061 |
| Newsletter production | 154 | 565 |
| Computer and general maintenance | 858 | 222 |
| Insurances | 901 | 696 |
| Sundry costs | 1645 | 406 |
| Office moving costs | 0 | 2,468 |
| Meeting Points | 7645 | 504 |
| Donation - Meeting Points | 4277 | 10 |
| New computer equipment | 573 | 2,111 |
| Accounts and payroll costs | 800 | 1,330 |
| Bank charges / interest paid | 16 | 100 |
| Sub total | 189,235 | 184,139 |

| | | |
|------------------------------------|----------------|---------|
| Net of receipts/(payments) | 43,268 | 48,056 |
| Transfers between funds | - | - |
| Balance from 2020/21 | 186,684 | 138,628 |
| Cash funds this year end | 229,952 | 186,684 |
| Restricted funds | | |
| Total funds - cash and bank | 229,952 | 186,684 |
| Total cash funds | 229,952 | 186,684 |

Breakdown of Reserves as at 31 March 2022

| | | |
|----------------|---------------------|-----------------|
| Restricted: | Meeting Points | £16,393 |
| | Generations Connect | £49,254 |
| Designated: | Closure planning | £75,000 |
| Unrestricted: | balance | £89,305 |
| Total reserves | | £229,952 |