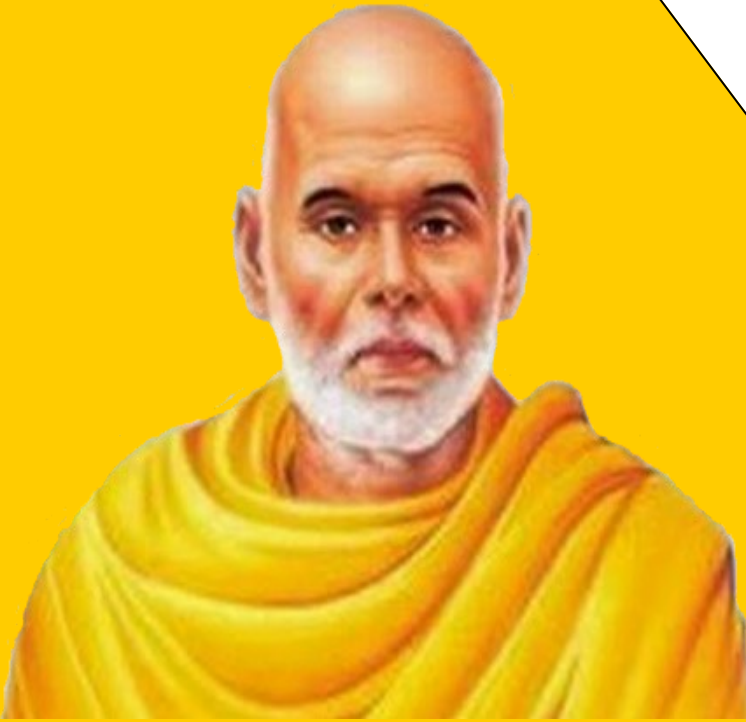


# **SREE NARAYANA GURU DHARMA SAMAJAM UK**

**Charity Reg No: 1184461**

## **Trustees's Annual Report & Accounts for the period**

**01-08-2021 to 31-07-2022**



[www.sngdsuk.org](http://www.sngdsuk.org)

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# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	08	2021		31	07	2022

## Section A Reference and administration details

Charity name

**SREE NARAYANA GURU DHARMA SAMAJAM UK**

Other names charity is known by

**SNGDSUK**

Registered charity number (if any)

1184461

Charity's principal address

40 Mayday Road

Thornton Heath

Surrey

**Postcode**

**CR7 7HL**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAJI SREEDHARAN	Secretary		SNGDSUK AGM
2	SAJEEV SA-DASIVAN	Chair		SNGDSUK AGM
3	SURESHKUMAR KARUNAKARAN	Treasurer		SNGDSUK AGM
4	KUMAR SURANDRAN	Trustee		SNGDSUK AGM
5	Dr SURESH SREEDHARAN	Assistant Secretary		SNGDSUK AGM
6	MUKESH NARAYANAN SIVARAJAN	Trustee		SNGDSUK AGM
7	SHAJI NATARAJAN	Trustee		SNGDSUK AGM
8				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

	Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address	
Name of chief executive or names of senior staff members (Optional information)			

Section B Structure, governance and management	
Description of the charity's trusts	
Type of governing document (eg. trust deed, constitution)	Constitution adopted at SNGDSUK's General body meeting held in Croydon on 08-07-2019
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Elected by Annual General Meeting yearly.
Additional governance issues (Optional information)	
<p>You <b>may choose</b> to include additional information, where relevant, about:</p> <p>policies and procedures adopted for the induction and training of trustees;</p> <p>the charity's organisational structure and any wider network with which the charity works;</p> <p>relationship with any related parties;</p> <p>trustees' consideration of major risks and the system and procedures to manage them.</p>	NONE

## Objectives and activities

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT</p>
<p><b>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</b></p>	<p>As a charity, trustees of SNGDSUK recognises the requirements to clearly demonstrate the objects of the charity which are for the public benefit.</p> <p>In summary, the identified benefits to the public are: Increased health awareness to communities living in Croydon borough by conducting monthly drop-in sessions which includes medical awareness talks in our hired hall at West Thornton Community Hall, Croydon. To reduce stress, anxiety, and develop better balance, flexibility and strength, we have carried out social cohesion events, yoga sessions and Christmas celebration. Organisation also carried out yoga sessions twice a week at Haslemere Hall, Croydon for every Saturdays from 8:30AM to 9:30AM and at Queens Community Centre Hall, Croydon for every Tuesdays from 7:00PM to 8:00PM. SNGDSUK have conducted online yoga sessions as well to promote health awareness. The community funded project “Recovery” began on April 2022 , and expecting to end by March 2023. The project met in bringing people together that led to better relationships in our BAME communities. The drop-in sessions activities supported participants to their reengagement with our community life.</p>
<p><b>Additional details of objectives and activities (Optional information)</b></p>	
<p>You <b>may choose</b> to include further statements, where relevant, about:</p> <p>policy on grantmaking;</p> <p>policy programme related investment;</p> <p>contribution made by volunteers.</p>	<p>None</p>

## Achievements and performance

<b>Summary of the main achievements of the charity during the year</b>	Increased health awareness to economically disadvantaged communities living in our borough. Increased participation for yoga classes with significant improvement in physical and mental health for these attendees. Increased public participation and community cohesion through our drop-in sessions in the BAME communities.

## Financial review

<b>Brief statement of the charity's policy on reserves</b>	Cash at bank at 31-07-2022 was £9831.86 and cash in hand £31. The main risk to charity is the loss of funding from Lottery fund and volunteers' donations. The funds in the bank will cover one year hiring of hall, Yearly charity insurance and any other small unforeseen expenditure.

<b>Details of any funds materially in deficit</b>	
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### Further financial review details (Optional information)

<p>You <b>may choose</b> to include additional information, where relevant about:</p> <p>the charity's principal sources of funds (including any fundraising);</p> <p>how expenditure has supported the key objectives of the charity;</p> <p>investment policy and objectives including any ethical investment policy adopted.</p>	The main source of income was the grant from lottery fund and general donations. The funds have been used for Medical awareness talks, Yoga classes and drop-in sessions in our hired hall.
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## Section F

## Other optional information

<p>Future plans</p> <p>Participation with more communities in our public events.</p> <p>Strengthen the current activities to wider audience.</p> <p>Explore additional services for public benefits within our objectives.</p>
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## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

SHAJI SREEDHARAN

Position (eg Secretary, Chair, etc)

Secretary

Date

15-04-2023



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name

SNGDSUK

No (if any)

1184461

# Receipts and payments accounts

CC16a

For the period  
from

Period start date

01/08/2021

To

Period end date

31/07/2022

## Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
lottery fund	0	9275	-	9275	0
Yoga Colletion	0	0	-	0	0
standing order	720.00	0	-	720.00	700
Return payment	0	0	-	0	750
General donation	50	0	-	50	0
Community donation	156	-	-	0	0
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	926.00	9275	0	10045.00	1450
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	926.00	9275	-	10045.00	-

## A3 Payments

Liablity insurance renewable cost	101.00	0	-	144.00	100.80
Other expenses	447.00	0	-	548.00	66.00
Zoom cost for Online Yoga	144.00	2576	-	2576.00	
<b>Sub total</b>	692.00	2576	-	3268.00	167.00



<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<i>Sub total</i>		-	-	-	-
<i>Total payments</i>	692	2576	-	3268.00	167.00
<i>Net of receipts/(payments)</i>	234.00	6699.00	-	6933.00	1283.00
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	2899.00	156	-	3055.00	1803.00
<i>Cash funds this year end</i>	3133.00	6699	-	9832.00	3086.00

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	3133.00	6699.00	-
	Cash	31.00	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3164.00</b>	<b>6699.00</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Suresh Sreedharan	Suresh Sreedharan	15/04/2023
Suresh Kumar Karunakaran	Suresh Kumar Karunakaran	15/04/2023

# SNGDSUK

## **Trustees of SNGDSUK 2021-22**

**Mr. Shaji Sreedharan**

**Mr Kumar Surandran**

**Mr Sajeew Sadasivan**

**Dr. Suresh Sreedharan**

**Mr Sureshkumar Karunakaran**

**Mr Mukesh Narayanan**

**Mr Shaji Natarajan**