

# SREE NARAYANA GURU DHARMA SAMAJAM UK

England & Wales · Charity number 1184461

## Details

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**Other names** SNGDSUK

**Status** Registered

**Legal form** CIO

**Registered** 2019-07-17

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 40 Mayday Road  
Thornton Heath  
CR7 7HL

**Phone** 07890910885

**Email** [info@sngdsuk.org](mailto:info@sngdsuk.org)

**Website** [www.sngdsuk.org](http://www.sngdsuk.org)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT

**Activities:** Health promotion talks, health awareness raising, Yoga Classes, community engagement workshops.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

## Geography

- Croydon

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£10,771	£3,968	-	-
2024-07-31	£1,316	£1,229	-	-
2023-07-31	£10,860	£7,099	-	-
2022-07-31	£10,045	£3,268	-	-
2021-07-31	£1,450	£167	-	-
2020-07-31	£9,794	£8,685	-	-

## Trustees

Name	Role	Appointed
<b>SAJEEV SADASIVAN</b>	Chair	2019-11-16
Dr SURESH SREEDHARAN		2019-11-16
SHAJI SREEDHARAN		2019-11-16
SURANDRAN SREEKUMAR		2019-11-16
SURESHKUMAR KARUNAKARAN		2019-11-16

**SREE NARAYANA GURU DHARMA SAMAJAM UK**

England & Wales - Charity number 1184461

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# Accounts

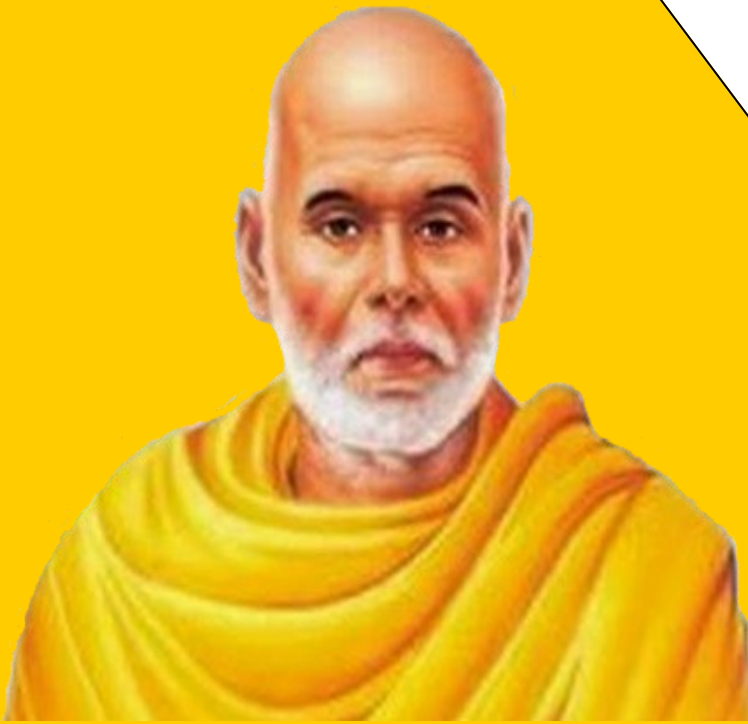
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# SREE NARAYANA GURU DHARMA SAMAJAM UK

Charity Reg No: 1184461

## Trustees's Annual Report & Accounts for the period

01-08-2024 to 31-07-2025



[www.sngdsuk.org](http://www.sngdsuk.org)

[info@sngdsuk.org](mailto:info@sngdsuk.org)

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# Contents

	<b>Page</b>
1. Trustees Annual Report	3
2. Structure Governance & Management	4
3. Objectives and activities	5
4. Achievements and performance	6
5. Accounts	8



# Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	01	08	2024		31	07	2025

## Section A Reference and administration details

Charity name **SREE NARAYANA GURU DHARMA SAMAJAM UK**

Other names charity is known by **SNGDSUK**

Registered charity number (if any) **1184461**

Charity's principal address **40 Mayday Road**  
**Thornton Heath**  
**Surrey**  
**Postcode CR7 7HL**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAJI SREEDHARAN	Secretary		SNGDSUK AGM
2	SAJEEV SA-DASIVAN	Trustee		SNGDSUK AGM
3	SURESHKUMAR KARUNAKARAN	Chair		SNGDSUK AGM
4	KUMAR SURANDRAN	Treasurer		SNGDSUK AGM
5	Dr SURESH SREEDHARAN	Assistant Secretary		SNGDSUK AGM
6				
7				
8				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)			
Type of adviser	Name	Address	
Name of chief executive or names of senior staff members (Optional information)			

## Section B Structure, governance and management

Description of the charity's trusts	
Type of governing document (eg. trust deed, constitution)	Constitution adopted at SNGDSUK's General body meeting held in Croydon on 08-07-2019
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Elected by Annual General Meeting yearly.
Additional governance issues (Optional information)	
You <b>may choose</b> to include additional information, where relevant, about:  policies and procedures adopted for the induction and training of trustees;  the charity's organisational structure and any wider network with which the charity works;  relationship with any related parties;  trustees' consideration of major risks and the system and procedures to manage them.	NONE

## Objectives and activities

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT.</p>
<p><b>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</b></p>	<p>As a charity, trustees of SNGDSUK recognises the requirements to clearly demonstrate the objects of the charity which are for the public benefit.</p> <p>In summary, the benefits to the public identified are as follows:</p> <p>We maintained our services consistently, just as we had in previous years.</p> <p><b>Increased Health Awareness:</b> We continue to support communities in the Croydon borough benefit from monthly drop-in sessions that include medical awareness talks . These sessions are held at the West Thornton Community Hall in Croydon and are funded by the Community Fund with increased participants</p> <p><b>Stress Reduction and Physical Fitness:</b> To help reduce stress and anxiety while improving balance, flexibility, and strength, we have organised social cohesion events and yoga sessions.</p> <p><b>Regular Yoga Sessions:</b> Yoga sessions are held twice a week, funded by the Community Fund. They take place at Haslemere Hall in Croydon every Saturday from 9:00 AM to 10:00 AM . Additionally, we have conducted online yoga sessions alongside our in-person classes.</p> <p>The community-funded project "Our Time" ran from Oct 2024 to July 2025. This project succeeded in bringing people together, fostering improved relationships, empowering life through yoga and health talks within our BAME communities.</p>
<p><b>Additional details of objectives and activities (Optional information)</b></p>	
<p>You <b>may choose</b> to include further statements, where relevant, about:</p> <p>policy on grantmaking;</p> <p>policy programme related investment;</p> <p>contribution made by volunteers.</p>	<p>None</p>

## Achievements and performance

<b>Summary of the main achievements of the charity during the year</b>	<p>Enhanced health awareness among the communities in our borough.</p> <p>Higher participation in yoga classes, leading to significant improvements in attendees' physical and mental health.</p> <p>Greater public engagement and community cohesion through our drop-in sessions.</p>
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## Financial review

<b>Brief statement of the charity's policy on reserves</b>	Cash at bank at 31-07-2025 was £10906.00 and cash in hand £31. The main risk to charity is the loss of funding from Community Fund and volunteers' donations. The funds in the bank will cover one year hiring of hall, Yearly charity insurance and any other small unforeseen expenditure.
<b>Details of any funds materially in deficit</b>	
<b>Further financial review details (Optional information)</b>	
<p>You <b>may choose</b> to include additional information, where relevant about:</p> <p>the charity's principal sources of funds (including any fundraising);</p> <p>how expenditure has supported the key objectives of the charity;</p> <p>investment policy and objectives including any ethical investment policy adopted.</p>	<p>The main source of income was the grant from Community fund and general donations. The funds have been used for Medical awareness talks, Yoga classes and drop-in sessions in our hired hall.</p>

## Section F Other optional information

<p><b>Future Plans</b></p> <ul style="list-style-type: none"> <li>• Engage with more communities in our public events.</li> <li>• Expand our current activities to reach a broader audience.</li> <li>• Investigate additional services that align with our objectives to benefit the public.</li> </ul>
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# Declaration

<p>The trustees declare that they have approved the trustees' report above.</p> <p>Signed on behalf of the charity's trustees</p>		
<p>Signature(s)</p>		
<p> </p>		
<p>Full name(s)</p>	<p>SHAJI SREEDHARAN</p>	
<p> </p>		
<p>Position (eg Secretary, Chair, Trustee etc)</p>	<p>Trustee</p>	
<p> </p>		
<p>Date</p>	<p>02-05-2026</p>	



Charity Name SNGDSUK	No (if any)
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# Receipts and payments accounts

CC16a

For the period from	Period start date 01/08/2024	To	Period end date 31/07/2025
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## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Communityuy fund 2024-2025	0	10000.00	-	10000.00	
General Donation	360.00	0	-	360.00	642.00
Standing Order	389.00	0	-	389.00	660
Interest	22.00	0	-	22.00	14
	0	0	-	0	
	0	-	-	0	
	-	-	-	-	
	-	-	-	-	
<b>Sub total(Gross income for AR)</b>	<b>771.00</b>	<b>10000</b>	<b>0</b>	<b>10771.00</b>	<b>1316.00</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>771.00</b>	<b>10000.00</b>	<b>-</b>	<b>10771.00</b>	<b>1316.00</b>

## A3 Payments

Liability insurance renewable cost	0	0	-		
Other expenses	572.00	0	-	572.00	1229.00
Community Fund 2023-2024	0	0	-		9383.00
Community Fund 2024-2025	0	3396.00	-	3396.00	
	0	0	-		
	0	0	-		
	0	0	-		
	0	0	0		
Drop in sesion	-	-	-	-	
<b>Sub total</b>	<b>572.00</b>	<b>3396.00</b>	<b>-</b>	<b>3968.00</b>	<b>10612.00</b>

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<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>		-	-	-	-
<b>Total payments</b>	<b>771.00</b>	<b>10000.00</b>	<b>-</b>	<b>10771.00</b>	<b>10612.00</b>
<b>Net of receipts/(payments)</b>	<b>199.00</b>	<b>6603.00</b>	<b>-</b>	<b>6802.00</b>	<b>7336.00</b>
<b>A5 Transfers between funds</b>					
	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>3467.00</b>	<b>637.00</b>	<b>-</b>	<b>4104.00</b>	<b>9988.00</b>
<b>Cash funds this year end</b>	<b>3666.00</b>	<b>7240.00</b>	<b>-</b>	<b>10906.00</b>	<b>17324.00</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	3666.00	7240.00	-
	Cash	31.00	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3697.00</b>	<b>7240.00</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Shaji Sreedharan	Shaji Sreedharan	02/05/2026
Kumar Surandran	Kumar Surandran	02/05/2026

# SNGDSUK

## Trustees of SNGDSUK 2024-25

**Mr. Shaji Sreedharan**

**Mr Kumar Surandran**

**Mr Sajeey Sadasivan**

**Dr. Suresh Sreedharan**

**Mr Sureshkumar Karunakaran**

**SREE NARAYANA GURU DHARMA SAMAJAM UK**

England & Wales - Charity number 1184461

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# Accounts

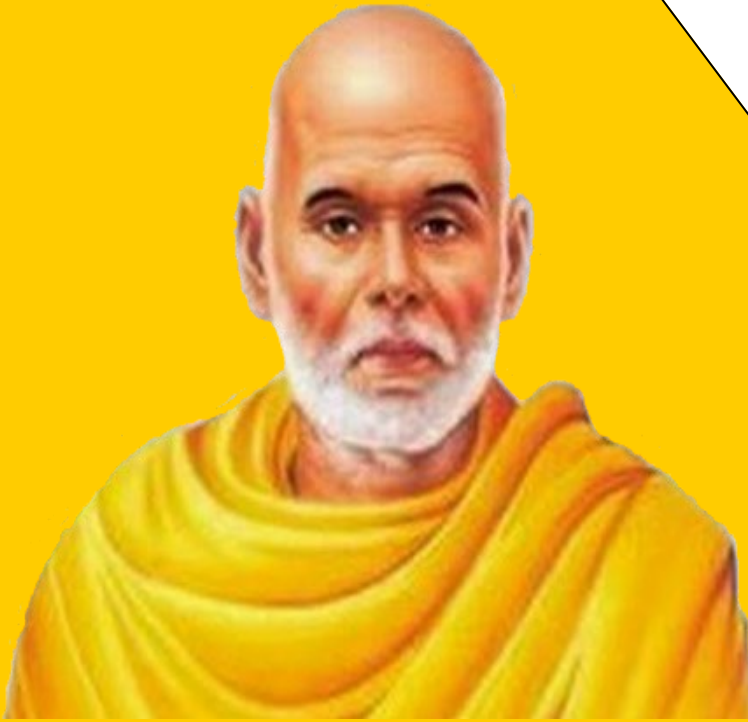
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# **SREE NARAYANA GURU DHARMA SAMAJAM UK**

**Charity Reg No: 1184461**

## **Trustees's Annual Report & Accounts for the period**

**01-08-2023 to 31-07-2024**



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07890910885

# Contents

	<b>Page</b>
1. Trustees Annual Report	3
2. Structure Governance & Management	4
3. Objectives and activities	5
4. Achievements and performance	6
5. Accounts	8



# Trustees' Annual Report for the period

	Period start date				Period end date		
<b>From</b>	01	08	2023	<b>To</b>	31	07	2024

## Section A Reference and administration details

Charity name **SREE NARAYANA GURU DHARMA SAMAJAM UK**

Other names charity is known by **SNGDSUK**

Registered charity number (if any) **1184461**

Charity's principal address **40 Mayday Road**  
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### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAJI SREEDHARAN	Secretary		SNGDSUK AGM
2	SAJEEV SA-DASIVAN	Trustee		SNGDSUK AGM
3	SURESHKUMAR KARUNAKARAN	Chair		SNGDSUK AGM
4	KUMAR SURANDRAN	Treasurer		SNGDSUK AGM
5	Dr SURESH SREEDHARAN	Assistant Secretary		SNGDSUK AGM
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)			
Type of adviser	Name	Address	
Name of chief executive or names of senior staff members (Optional information)			

## Section B Structure, governance and management

Description of the charity's trusts	
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Trustee selection methods (eg. appointed by, elected by)	Elected by Annual General Meeting yearly.
Additional governance issues (Optional information)	
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## Objectives and activities

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT.</p>
<p><b>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</b></p>	<p>As a charity, trustees of SNGDSUK recognises the requirements to clearly demonstrate the objects of the charity which are for the public benefit.</p> <p>In summary, the benefits to the public identified are as follows:</p> <p><b>Increased Health Awareness:</b> We continue to support communities in the Croydon borough benefit from monthly drop-in sessions that include medical awareness talks . These sessions are held at the West Thornton Community Hall in Croydon and are funded by the National Lottery with increased participants</p> <p><b>Stress Reduction and Physical Fitness:</b> To help reduce stress and anxiety while improving balance, flexibility, and strength, we have organized social cohesion events and yoga sessions.</p> <p><b>Regular Yoga Sessions:</b> Yoga sessions are held twice a week, funded by the Community Fund. They take place at Haslemere Hall in Croydon every Saturday from 8:30 AM to 9:30 AM and at Queens Community Centre Hall in Croydon every Tuesday from 7:00 PM to 8:00 PM. Additionally, we have conducted online yoga sessions alongside our in-person classes.</p> <p>The community-funded project "Renewed Engagement" ran from July 2023 to June 2024. This project succeeded in bringing people together, fostering improved relationships, empowering life through yoga and health talks within our BAME communities.</p>
<p><b>Additional details of objectives and activities (Optional information)</b></p>	
<p>You <b>may choose</b> to include further statements, where relevant, about:</p> <p>policy on grantmaking;</p> <p>policy programme related investment;</p> <p>contribution made by volunteers.</p>	<p>None</p>

## Achievements and performance

<b>Summary of the main achievements of the charity during the year</b>	<p>Enhanced health awareness among the communities in our borough.</p> <p>Higher participation in yoga classes, leading to significant improvements in attendees' physical and mental health.</p> <p>Greater public engagement and community cohesion through our drop-in sessions.</p>
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## Financial review

<b>Brief statement of the charity's policy on reserves</b>	Cash at bank at 31-07-2024 was £4104.00 and cash in hand £31. The main risk to charity is the loss of funding from Community Fund and volunteers' donations. The funds in the bank will cover one year hiring of hall, Yearly charity insurance and any other small unforeseen expenditure.
<b>Details of any funds materially in deficit</b>	
<b>Further financial review details (Optional information)</b>	
<p>You <b>may choose</b> to include additional information, where relevant about:</p> <p>the charity's principal sources of funds (including any fundraising);</p> <p>how expenditure has supported the key objectives of the charity;</p> <p>investment policy and objectives including any ethical investment policy adopted.</p>	<p>The main source of income was the grant from Community fund and general donations. The funds have been used for Medical awareness talks, Yoga classes and drop-in sessions in our hired hall.</p>

## Section F Other optional information

<p><b>Future Plans</b></p> <ul style="list-style-type: none"> <li>• Engage with more communities in our public events.</li> <li>• Expand our current activities to reach a broader audience.</li> <li>• Investigate additional services that align with our objectives to benefit the public.</li> </ul>
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# Declaration

The trustees declare that they have approved the trustees' report above.		
Signed on behalf of the charity's trustees		
Signature(s)		
Full name(s)	SHAJI SREEDHARAN	
Position (eg Secretary, Chair, Trustee etc)	Trustee	
Date	12-04-2025	



Charity Name SNGDSUK	No (if any)
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# Receipts and payments accounts

CC16a

For the period from	Period start date 01/08/2023	To	Period end date 31/07/2024
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## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Communityuy fund 2023-2024	0	0.00	-	0.00	9275
General Donation	642.00	0	-	642.00	430
Standing Order	660.00	0	-	660.00	540
Interest	14.00	0	-	14.00	3.45
	0	0	-	0	
	0	-	-	0	
	-	-	-	-	
	-	-	-	-	
<b>Sub total(Gross income for AR)</b>	<b>1316.00</b>		<b>0</b>	<b>1316.00</b>	<b>10860.45</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>					
<b>Total receipts</b>		<b>0</b>	<b>-</b>		
<b>A3 Payments</b>					
Liability insurance renewable cost	0	0	-		
Other expenses	1229	0	-	1229	533.00
	0	0	-		
Community Fund 2023-2024	0	9383	-		6565.00
Hall rent	0	0	-		237.00
	0	0	-		
	0	0	-		
Venue Drop in sesion	0	0	0		
	-	-	-	-	
<b>Sub total</b>	<b>1229</b>	<b>9383</b>	<b>-</b>	<b>1229.00</b>	<b>7335.00</b>

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<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>		-	-	-	-
<b>Total payments</b>	<b>1229.00</b>	<b>9383.00</b>	<b>-</b>	<b>10612.00</b>	<b>166.80</b>
<b>Net of receipts/(payments)</b>	<b>87.00</b>	<b>(9383.00)</b>	<b>-</b>	<b>(9296.00)</b>	<b>6933.00</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>3380.00</b>	<b>10020.00</b>	<b>-</b>	<b>13400.00</b>	<b>3055.00</b>
<b>Cash funds this year end</b>	<b>3467.00</b>	<b>637.00</b>	<b>-</b>	<b>4104.00</b>	<b>9988.00</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	3467.00	637.00	-
	Cash	31.00	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3498.00</b>	<b>637.00</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Shaji Sreedharan	Shaji Sreedharan	12/04/2025
Kumar Surandran	Kumar Surandran	12/04/2025

# **SNGDSUK**

## **Trustees of SNGDSUK 2023-24**

**Mr. Shaji Sreedharan**

**Mr Kumar Surandran**

**Mr Sajeey Sadasivan**

**Dr. Suresh Sreedharan**

**Mr Sureshkumar Karunakaran**

**SREE NARAYANA GURU DHARMA SAMAJAM UK**

England & Wales - Charity number 1184461

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# Accounts

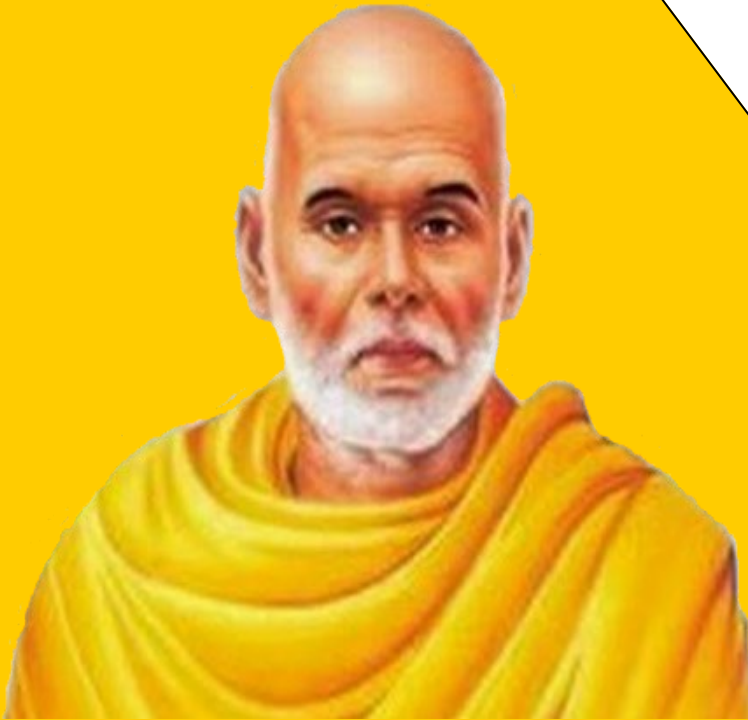
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# SREE NARAYANA GURU DHARMA SAMAJAM UK

Charity Reg No: 1184461

## Trustees's Annual Report & Accounts for the period

01-08-2022 to 31-07-2023



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07890910885

# Contents

	<b>Page</b>
1. Trustees Annual Report	3
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3. Objectives and activities	5
4. Achievements and performance	6
5. Accounts	8



# Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	01	08	2022		31	07	2023

## Section A Reference and administration details

Charity name **SREE NARAYANA GURU DHARMA SAMAJAM UK**

Other names charity is known by **SNGDSUK**

Registered charity number (if any) **1184461**

Charity's principal address **40 Mayday Road**  
**Thornton Heath**  
**Surrey**  
**Postcode CR7 7HL**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAJI SREEDHARAN	Assistant Secretary		SNGDSUK AGM
2	SAJEEV SA-DASIVAN	Chair		SNGDSUK AGM
3	SURESHKUMAR KARUNAKARAN	Treasurer		SNGDSUK AGM
4	KUMAR SURANDRAN	Trustee		SNGDSUK AGM
5	Dr SURESH SREEDHARAN	Secretary		SNGDSUK AGM
6				
7				
8				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)			
Type of adviser	Name	Address	
Name of chief executive or names of senior staff members (Optional information)			

## Section B Structure, governance and management

Description of the charity's trusts	
Type of governing document (eg. trust deed, constitution)	Constitution adopted at SNGDSUK's General body meeting held in Croydon on 08-07-2019
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Elected by Annual General Meeting yearly.
Additional governance issues (Optional information)	
You <b>may choose</b> to include additional information, where relevant, about:  policies and procedures adopted for the induction and training of trustees;  the charity's organisational structure and any wider network with which the charity works;  relationship with any related parties;  trustees' consideration of major risks and the system and procedures to manage them.	NONE

## Objectives and activities

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT.</p>
<p><b>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</b></p>	<p>As a charity, trustees of SNGDSUK recognises the requirements to clearly demonstrate the objects of the charity which are for the public benefit.</p> <p>In summary, the benefits to the public identified are as follows:</p> <p><b>Increased Health Awareness:</b> Communities in the Croydon borough benefit from monthly drop-in sessions that include medical awareness talks. These sessions are held at the West Thornton Community Hall in Croydon and are funded by the National Lottery.</p> <p><b>Stress Reduction and Physical Fitness:</b> To help reduce stress and anxiety while improving balance, flexibility, and strength, we have organized social cohesion events and yoga sessions. Social cohesion events include Christmas celebrations and inviting guests for yoga demonstrations.</p> <p><b>Regular Yoga Sessions:</b> Yoga sessions are held twice a week, funded by the Community Fund. They take place at Haslemere Hall in Croydon every Saturday from 8:30 AM to 9:30 AM and at Queens Community Centre Hall in Croydon every Tuesday from 7:00 PM to 8:00 PM. Additionally, we have conducted online yoga sessions alongside our in-person classes.</p> <p>The community-funded project "Recovery" ran from April 2022 to March 2023. This project succeeded in bringing people together, fostering improved relationships within our BAME communities.</p>
<p><b>Additional details of objectives and activities (Optional information)</b></p>	
<p>You <b>may choose</b> to include further statements, where relevant, about:</p> <p>policy on grantmaking;</p> <p>policy programme related investment;</p> <p>contribution made by volunteers.</p>	<p>None</p>

## Achievements and performance

<b>Summary of the main achievements of the charity during the year</b>	<p>Enhanced health awareness among the communities in our borough.</p> <p>Higher participation in yoga classes, leading to significant improvements in attendees' physical and mental health.</p> <p>Greater public engagement and community cohesion through our drop-in sessions.</p>
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## Financial review

<b>Brief statement of the charity's policy on reserves</b>	Cash at bank at 31-07-2023 was £13400.63 and cash in hand £31. The main risk to charity is the loss of funding from Community Fund and volunteers' donations. The funds in the bank will cover one year hiring of hall, Yearly charity insurance and any other small unforeseen expenditure.
<b>Details of any funds materially in deficit</b>	
<b>Further financial review details (Optional information)</b>	
<p>You <b>may choose</b> to include additional information, where relevant about:</p> <p>the charity's principal sources of funds (including any fundraising);</p> <p>how expenditure has supported the key objectives of the charity;</p> <p>investment policy and objectives including any ethical investment policy adopted.</p>	<p>The main source of income was the grant from Community fund and general donations. The funds have been used for Medical awareness talks, Yoga classes and drop-in sessions in our hired hall.</p>

## Section F Other optional information

<p><b>Future Plans</b></p> <ul style="list-style-type: none"> <li>• Engage with more communities in our public events.</li> <li>• Expand our current activities to reach a broader audience.</li> <li>• Investigate additional services that align with our objectives to benefit the public.</li> </ul>
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# Declaration

<b>The trustees declare that they have approved the trustees' report above.</b>	
<b>Signed on behalf of the charity's trustees</b>	
<b>Signature(s)</b>	
<b>Full name(s)</b>	SHAJI SREEDHARAN
<b>Position (eg Secretary, Chair, etc)</b>	Secretary
<b>Date</b>	28-05-2024



Charity Name SNGDSUK	No (if any)
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/08/2022	To	Period end date 31/07/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Communityuy fund 2023-2024	0	9887.00	-	9887.00	9275
Standing Order	475.00	0	-	430.00	720.08
General Donation	540.00	0	-	540.00	
Interest	3.45	0	-	3.45	50.00
	0	0	-	0	
	0	-	-	0	
	-	-	-	-	
	-	-	-	-	
<b>Sub total(Gross income for AR)</b>	<b>1018.45</b>	<b>9887.00</b>	<b>0</b>	<b>10860.45</b>	<b>10045.08</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	-	-	-	-	
<b>Total receipts</b>	<b>1018.45</b>	<b>9887.00</b>	<b>-</b>	<b>10860.45</b>	<b>10045.08 -</b>

### A3 Payments

Liability insurance renewable cost	0	0	-		101.00
Other expenses	533.80	0	-	533.80	548.00
Community Fund 2021-22	0	0	-		
Community Fund 2022-2023	0	6565.88	-	6565.88	2576.00
Hall Rent	237.00	0	-	237.00	
	0	0	-		
	0	0	-		
Venue	0	0	0		
Drop in sesion	-	-	-	-	
<b>Sub total</b>	<b>770.80</b>	<b>6565.88</b>	<b>-</b>	<b>7099.88</b>	<b>3268.55</b>

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<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>		-	-	-	-
<b>Total payments</b>	<b>770.80</b>	<b>9887.00</b>	<b>-</b>	<b>10657.80</b>	<b>166.80</b>
<b>Net of receipts/(payments)</b>	<b>247.65</b>	<b>3321.00</b>	<b>-</b>	<b>3502.77</b>	<b>6933.00</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>3133.00</b>	<b>6699.00</b>	<b>-</b>	<b>9832.00</b>	<b>3055.00</b>
<b>Cash funds this year end</b>	<b>3380.65</b>	<b>10020.20</b>	<b>-</b>	<b>10034.65</b>	<b>3086.63</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	3380.65	10020.20	-
	Cash	31.00	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3411.65</b>	<b>10020.20</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Shaji Sreedharan	Shaji Sreedharan	28/05/2024
Suresh Kumar Karunakaran	Suresh Kumar Karunakaran	28/05/2024

# **SNGDSUK**

## **Trustees of SNGDSUK 2022-23**

**Mr. Shaji Sreedharan**

**Mr Kumar Surandran**

**Mr Sajeey Sadasivan**

**Dr. Suresh Sreedharan**

**Mr Sureshkumar Karunakaran**

**SREE NARAYANA GURU DHARMA SAMAJAM UK**

England & Wales - Charity number 1184461

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# Accounts

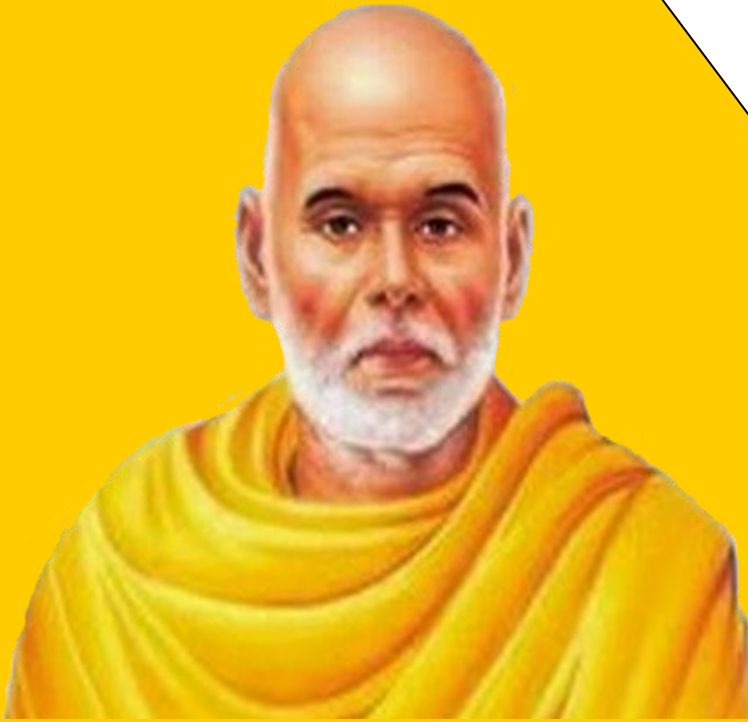
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# **SREE NARAYANA GURU DHARMA SAMAJAM UK**

**Charity Reg No: 1184461**

## **Trustees's Annual Report & Accounts for the period**

**01-08-2021 to 31-07-2022**



[www.sngdsuk.org](http://www.sngdsuk.org)

[info@sngdsuk.org](mailto:info@sngdsuk.org)

07890 910885

# Contents

	<b>Page</b>
1. Trustees Annual Report	3
2. Structure Governance & Management	4
3. Objectives and activities	5
4. Achievements and performance	6
5. Accounts	8



# Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	01	08	2021		31	07	2022

## Section A Reference and administration details

Charity name **SREE NARAYANA GURU DHARMA SAMAJAM UK**

Other names charity is known by **SNGDSUK**

Registered charity number (if any) **1184461**

Charity's principal address **40 Mayday Road**  
**Thornton Heath**  
**Surrey**  
**Postcode CR7 7HL**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAJI SREEDHARAN	Secretary		SNGDSUK AGM
2	SAJEEV SA-DASIVAN	Chair		SNGDSUK AGM
3	SURESHKUMAR KARUNAKARAN	Treasurer		SNGDSUK AGM
4	KUMAR SURANDRAN	Trustee		SNGDSUK AGM
5	Dr SURESH SREEDHARAN	Assistant Secretary		SNGDSUK AGM
6	MUKESH NARAYANAN SIVARAJAN	Trustee		SNGDSUK AGM
7	SHAJI NATARAJAN	Trustee		SNGDSUK AGM
8				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)			
Type of adviser	Name	Address	
Name of chief executive or names of senior staff members (Optional information)			

## Section B Structure, governance and management

Description of the charity's trusts	
Type of governing document (eg. trust deed, constitution)	Constitution adopted at SNGDSUK's General body meeting held in Croydon on 08-07-2019
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Elected by Annual General Meeting yearly.
Additional governance issues (Optional information)	
You <b>may choose</b> to include additional information, where relevant, about:  policies and procedures adopted for the induction and training of trustees;  the charity's organisational structure and any wider network with which the charity works;  relationship with any related parties;  trustees' consideration of major risks and the system and procedures to manage them.	NONE

## Objectives and activities

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT</p>
<p><b>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</b></p>	<p>As a charity, trustees of SNGDSUK recognises the requirements to clearly demonstrate the objects of the charity which are for the public benefit.</p> <p>In summary, the identified benefits to the public are: Increased health awareness to communities living in Croydon borough by conducting monthly drop-in sessions which includes medical awareness talks in our hired hall at West Thornton Community Hall, Croydon. To reduce stress, anxiety, and develop better balance, flexibility and strength, we have carried out social cohesion events, yoga sessions and Christmas celebration. Organisation also carried out yoga sessions twice a week at Haslemere Hall, Croydon for every Saturdays from 8:30AM to 9:30AM and at Queens Community Centre Hall, Croydon for every Tuesdays from 7:00PM to 8:00PM. SNGDSUK have conducted online yoga sessions as well to promote health awareness. The community funded project “Recovery” began on April 2022 , and expecting to end by March 2023. The project met in bringing people together that led to better relationships in our BAME communities. The drop-in sessions activities supported participants to their reengagement with our community life.</p>
<p><b>Additional details of objectives and activities (Optional information)</b></p>	
<p>You <b>may choose</b> to include further statements, where relevant, about:</p> <p>policy on grantmaking;</p> <p>policy programme related investment;</p> <p>contribution made by volunteers.</p>	<p>None</p>

## Achievements and performance

<b>Summary of the main achievements of the charity during the year</b>	Increased health awareness to economically disadvantaged communities living in our borough. Increased participation for yoga classes with significant improvement in physical and mental health for these attendees. Increased public participation and community cohesion through our drop-in sessions in the BAME communities.

## Financial review

<b>Brief statement of the charity's policy on reserves</b>	Cash at bank at 31-07-2022 was £9831.86 and cash in hand £31. The main risk to charity is the loss of funding from Lottery fund and volunteers' donations. The funds in the bank will cover one year hiring of hall, Yearly charity insurance and any other small unforeseen expenditure.

<b>Details of any funds materially in deficit</b>	
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### Further financial review details (Optional information)

<p>You <b>may choose</b> to include additional information, where relevant about:</p> <p>the charity's principal sources of funds (including any fundraising);</p> <p>how expenditure has supported the key objectives of the charity;</p> <p>investment policy and objectives including any ethical investment policy adopted.</p>	The main source of income was the grant from lottery fund and general donations. The funds have been used for Medical awareness talks, Yoga classes and drop-in sessions in our hired hall.
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## Section F Other optional information

<p>Future plans</p> <p>Participation with more communities in our public events.</p> <p>Strengthen the current activities to wider audience.</p> <p>Explore additional services for public benefits within our objectives.</p>	
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# Declaration

The trustees declare that they have approved the trustees' report above.		
Signed on behalf of the charity's trustees		
Signature(s)		
Full name(s)	SHAJI SREEDHARAN	
Position (eg Secretary, Chair, etc)	Secretary	
Date	15-04-2023	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name SNGDSUK	No (if any) 1184461
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/08/2021	To	Period end date 31/07/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
lottery fund	0	9275	-	9275	0
Yoga Colletion	0	0	-	0	0
standing order	720.00	0	-	720.00	700
Return payment	0	0	-	0	750
General donation	50	0	-	50	0
Community donation	156	-	-	0	0
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>926.00</b>	<b>9275</b>	<b>0</b>	<b>10045.00</b>	<b>1450</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>926.00</b>	<b>9275</b>	<b>-</b>	<b>10045.00</b>	<b>-</b>
<b>A3 Payments</b>					
Liablity insurance renewable cost	101.00	0	-	144.00	100.80
Other expenses	447.00	0	-	548.00	66.00
Zoom cost for Online Yoga	144.00	2576	-	2576.00	
<b>Sub total</b>	<b>692.00</b>	<b>2576</b>	<b>-</b>	<b>3268.00</b>	<b>167.00</b>

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**A4 Asset and investment purchases, (see table)**

	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>		-	-	-	-

**Total payments**

<b>692</b>	<b>2576</b>	<b>-</b>	<b>3268.00</b>	<b>167.00</b>
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**Net of receipts/(payments)**

<b>234.00</b>	<b>6699.00</b>	<b>-</b>	<b>6933.00</b>	<b>1283.00</b>
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**A5 Transfers between funds**

<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
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**A6 Cash funds last year end**

<b>2899.00</b>	<b>156</b>	<b>-</b>	<b>3055.00</b>	<b>1803.00</b>
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**Cash funds this year end**

<b>3133.00</b>	<b>6699</b>	<b>-</b>	<b>9832.00</b>	<b>3086.00</b>
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# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	3133.00	6699.00	-
	Cash	31.00	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3164.00</b>	<b>6699.00</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Suresh Sreedharan	Suresh Sreedharan	15/04/2023
Suresh Kumar Karunakaran	Suresh Kumar Karunakaran	15/04/2023

# SNGDSUK

## **Trustees of SNGDSUK 2021-22**

**Mr. Shaji Sreedharan**

**Mr Kumar Surandran**

**Mr Sajeev Sadasivan**

**Dr. Suresh Sreedharan**

**Mr Sureshkumar Karunakaran**

**Mr Mukesh Narayanan**

**Mr Shaji Natarajan**

**SREE NARAYANA GURU DHARMA SAMAJAM UK**

England & Wales - Charity number 1184461

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# Accounts

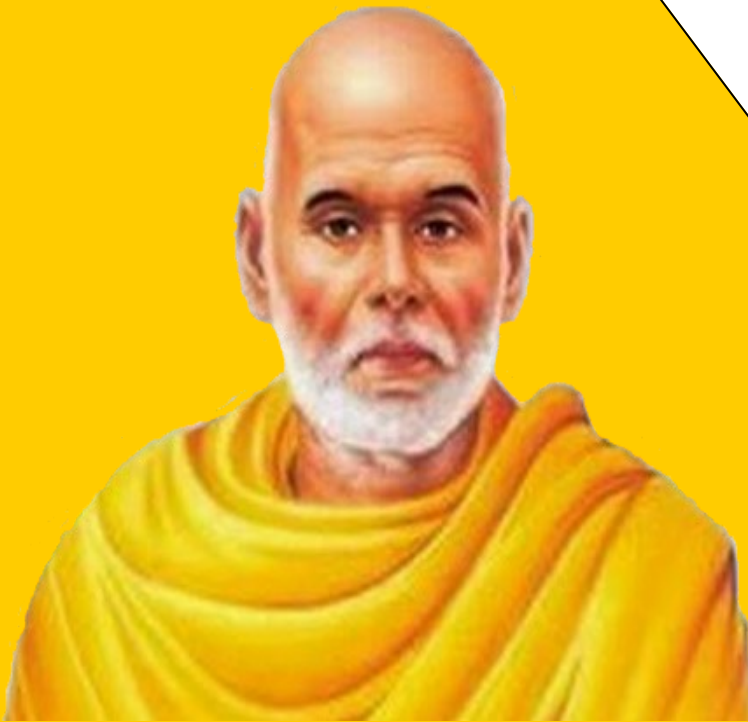
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# SREE NARAYANA GURU DHARMA SAMAJAM UK

Charity Reg No: 1184461

## Trustees's Annual Report & Accounts for the period

01-08-2020 to 31-07-2021



[www.sngdsuk.org](http://www.sngdsuk.org)

[info@sngdsuk.org](mailto:info@sngdsuk.org)

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# Contents

	<b>Page</b>
1. Trustees Annual Report	3
2. Structure Governance & Management	4
3. Objectives and activities	5
4. Achievements and performance	6
5. Accounts	8



# Trustees' Annual Report for the period

	Period start date				Period end date		
<b>From</b>	01	08	2020	<b>To</b>	31	07	2021

## Section A Reference and administration details

Charity name **SREE NARAYANA GURU DHARMA SAMAJAM UK**

Other names charity is known by **SNGDSUK**

Registered charity number (if any) **1184461**

Charity's principal address **40 Mayday Road**  
**Thornton Heath**  
**Surrey**  
**Postcode CR7 7HL**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAJI SREEDHARAN	Assistant Secretary		SNGDSUK AGM
2	SAJEEV SA-DASIVAN	Chair		SNGDSUK AGM
3	SURESHKUMAR KARUNAKARAN	Treasurer		SNGDSUK AGM
4	KUMAR SURANDRAN	Trustee		SNGDSUK AGM
5	Dr SURESH SREEDHARAN	Secretary		SNGDSUK AGM
6	SHAJI NATARAJAN	Trustee		SNGDSUK AGM
7	MUKESH NARAYANAN SIVARAJAN	Trustee		SNGDSUK AGM
8				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)			
Type of adviser	Name	Address	
Name of chief executive or names of senior staff members (Optional information)			

## Section B Structure, governance and management

Description of the charity's trusts	
Type of governing document (eg. trust deed, constitution)	Constitution adopted at SNGDSUK's General body meeting held in Croydon on 08-07-2019
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Elected by Annual General Meeting yearly.
Additional governance issues (Optional information)	
You <b>may choose</b> to include additional information, where relevant, about:  policies and procedures adopted for the induction and training of trustees;  the charity's organisational structure and any wider network with which the charity works;  relationship with any related parties;  trustees' consideration of major risks and the system and procedures to manage them.	NONE

## Objectives and activities

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN CROYDON AND THE SURROUNDING AREAS THROUGH THE PROVISION OF MEDICAL AWARENESS TALKS (MATS), YOGA CLASSES AND ANY OTHER WAYS IN WHICH THE TRUSTEES SEE FIT</p>
<p><b>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</b></p>	<p>As a charity, trustees of SNGDSUK recognises the requirements to clearly demonstrate the objects of the charity which are for the public benefit.</p> <p>During this accounting year charity disengaged in any activities to the reason of covid lockdown in UK.</p>
<p><b>Additional details of objectives and activities (Optional information)</b></p>	
<p>You <b>may choose</b> to include further statements, where relevant, about:</p> <p>policy on grantmaking;</p> <p>policy programme related investment;</p> <p>contribution made by volunteers.</p>	<p>None</p>

## Achievements and performance

<b>Summary of the main achievements of the charity during the year</b>	None—Covid Lockdown
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## Financial review

<b>Brief statement of the charity's policy on reserves</b>	Cash at bank at 31-07-2021 was £3055.63 and cash in hand £31. The main risk to charity is the loss of funding from Lottery fund and volunteers' donations. The funds in the bank will cover one year hiring of hall, Yearly charity insurance and any other small unforeseen expenditure.
<b>Details of any funds materially in deficit</b>	
<b>Further financial review details (Optional information)</b>	
<p>You <b>may choose</b> to include additional information, where relevant about:</p> <p>the charity's principal sources of funds (including any fundraising);</p> <p>how expenditure has supported the key objectives of the charity;</p> <p>investment policy and objectives including any ethical investment policy adopted.</p>	The main source of income was general donations.

## Section F Other optional information

<p>Future plans</p> <p>Participation with more communities in our public events.          Strengthen the current activities to wider audience.          Continue to strengthen our volunteer Doctors.          Explore additional services for public benefits within our objectives.</p>
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# Declaration

The trustees declare that they have approved the trustees' report above.		
Signed on behalf of the charity's trustees		
Signature(s)		
Full name(s)	Dr SURESH SREEDHARAN	
Position (eg Secretary, Chair, etc)	Secretary	
Date	15-05-2022	



# Receipts and payments accounts

CC16a

For the period from	Period start date 01/08/2020	To	Period end date 31/07/2021
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## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
lottery fund	0	0	-	0	5947
Yoga Colletion	0	0	-	0	390
standing order	700.00	0	-	700.00	640
Return payment	750.00	0	-	750	200
General donation	0	0	-	0	607
Community donation	0	-	-	0	2010
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>1450.00</b>	<b>0</b>	<b>0</b>	<b>1450.00</b>	<b>9774</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	<b>1450.00</b>	<b>0</b>	<b>-</b>	<b>1450.00</b>	<b>-</b>
<b>A3 Payments</b>					
Liability insurance renewable cost	100.80	0	-	100.80	100.80
Other expenses	66.00	0	-	66.00	1092.20
Yoga	0	0	-	-	2280
Telephone & Postage	0	0	-	-	249
Promotional material	0	0	-	-	62
Community get togther	0	0	-	-	1371
Yoga expense	0	-	-	-	330
Venue	0	0	0	-	2580
Drop in sesion	-	-	-	-	620
<b>Sub total</b>	<b>166.80</b>	<b>0</b>	<b>-</b>	<b>167.00</b>	<b>8685</b>



<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>		-	-	-	-
<b>Total payments</b>	<b>166.80</b>		-	<b>166.80</b>	<b>9794</b>
<b>Net of receipts/(payments)</b>	<b>1283.35</b>		-	<b>1283.35</b>	<b>8685</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>1647.28</b>	<b>156</b>	-	<b>1803.28</b>	<b>694</b>
<b>Cash funds this year end</b>	<b>2930.63</b>	<b>156</b>	-	<b>3086.63</b>	<b>1803</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	2899.63	156	-
	Cash	31.00	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2930.63</b>	<b>156</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>	
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Shaji Sreedharan	Shaji Sreedharan	23/05/2022
Suresh Kumar Karunakaran	Suresh Kumar Karunakaran	23/05/2022

# **SNGDSUK**

## **Trustees of SNGDSUK 2020-21**

**Mr. Shaji Sreedharan**

**Mr Kumar Surandran**

**Mr Sajeey Sadasivan**

**Dr. Suresh Sreedharan**

**Mr Sureshkumar Karunakaran**

**Mr Shaji Natarajan**

**Mr Mukesh Narayanan**