

**REPORT OF THE TRUSTEES AND
UNAUDITED RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
ARTS DERBYSHIRE CIO**

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1. Objectives and Activities

Towards the end of the year 2022 - 23 the Trustees and staff of Arts Derbyshire, joined by Derbyshire County Council Arts Team, met for an in-depth planning day to re-visit, re-examine and reflect on our business plan (including our vision and mission, impact, aims and objectives) and discuss ideas, plans and structures for the coming years. We had a very interesting and productive day, resulting in a strong framework for our ideas on moving forwards, building on our work and continuing to fulfil our objectives.

Our overall statements of intent currently remain in place as they encapsulate our vision for the purpose and work of Arts Derbyshire:

Vision and mission

- Our vision is a vibrant, connected and resilient arts ecology that enriches the lives of people in Derbyshire.
- Our mission is to provide strategic direction for arts development in Derbyshire, building on the unique creative, cultural, natural and heritage assets of our county.
- We do this by acting as a central hub, harnessing the collective power of our membership to catalyse, produce, enable and amplify arts development best practice.

Impact, Aims and Objectives

There are three core impact goals that shape our aims and activities:

- Flourishing, creative communities with improved health and wellbeing
- A more vibrant and visible arts and cultural offer for the people of Derbyshire
- A more resilient and connected arts and creative ecology

Core beneficiaries of our work include:

- People that experience barriers to cultural participation, including:
 - Rural, isolated and deprived communities
 - Children & young people
 - Vulnerable adults
- Arts, cultural and heritage organisations
- Artists and creative practitioners

We will achieve this impact by:

1. Advocating for the arts

- Raise the profile of the arts and cultural offer in Derbyshire with both audiences and other stakeholders
- Demonstrate the value of the arts to the public, politicians, community leaders and other sectors through evidence and data
- Initiate and coordinate responses to regional and national agendas providing a collective, strong and coherent voice for the arts in Derbyshire

2. Building capacity

- Act as a central hub and meeting point, both on and offline for members, audiences and stakeholders
- Promote and enable collective working, information and skill sharing, and networking between our members
- Establish and maintain Arts Derbyshire as a robust and resilient organisation

3. Catalysing change

- Identify gaps in provision and initiate activities that meet these needs, avoiding duplication
- Lead activity that addresses barriers to participation that have the potential to benefit wide areas of the county
- Attract external funding for arts development in Derbyshire

During 2022 - 23 there have been significant and exciting developments that will enable us to meet our vision and aims, the first being a generous funding offer from Derbyshire Public Health to support the development and delivery of our Arts, Health and Well-being, and Cultural Prescribing Programmes.

This funding allows our officers to continue their wonderful work individually and collectively over the next three years - increasing participation amongst some of the most disadvantaged and / or vulnerable members of Derbyshire's population; improving health and well-being within vulnerable communities; advocating for the value of Arts and Health on wider local, regional and national platforms; and potentially attracting external funding for further development and projects.

The countywide tour of the beautiful quilt and expressive collection of poetry created collaboratively by participants of the Necklace of Stars Project has been another exciting and inspiring development in our Arts and Health work. Details of this can be read in the Project Reports (below) but the opportunity for the wider public to appreciate this wonderful work has been a true highlight and has meant that people all over the county have been able to engage with the project, and connect with emotional experiences of the participants as expressed through their creative work.

We have continued to develop the offer to our members, (as described in 4. Website and Newsletters, and 5. Members' Meetings below), especially through creating more inviting and impactful members' meetings. Furthermore, following review and planning discussions at the recent planning day, we feel that we have reached a place in the development of the organisation that allows us to move towards refining and improving the offer to our members. This will enable us to increase the resilience, connectivity and effectiveness of Derbyshire's arts ecology.

In a less positive, but highly pertinent area, Arts Derbyshire played a central role in supporting the county's arts organisations as they faced the end of annual core cost funding from Derbyshire County Council. Although, in respect to an appeal to reverse the council's decision, this did not eventually have a positive outcome, the support that Arts Derbyshire gave in coordinating responses, collective advocacy, and leading with a strong and coherent voice from the sector, was very valuable to all organisations going through this challenging period of change.

2. ARTS DERBYSHIRE BOARD

Arts Derbyshire Board meets monthly, online, to develop and guide the organisation and support the staff in their management and project work. As we gain experience, strength and resilience as an independent organisation, we have continued to work alongside Derbyshire County Council Arts Service, very much valuing support in the shaping of our vision, direction and work from Head of Arts, Ann Wright, and Arts Partnership Manager, Debbie Porter.

Much of the detailed management work is currently carried out within 4 sub-groups which each have a distinct focus on key areas of work:

- Finance (ongoing and annual accounting, payments, financial planning and monitoring)
- HR and EDI (recruitment, EDI strategy and action plan, policy development, staff management)
- Fundraising (seeking / supporting funding, application writing and submission)
- Marketing and Communications (website and newsletter support, marketing, communication with members, organisational branding).

Throughout the year Trustees (who collectively have a wide range of experience and skill in participatory arts, a variety of individual arts practices, the voluntary and statutory sectors, business and industry) have worked with commitment and energy in various roles and responsibilities within the sub-groups. We have continued the in-depth work to develop strong policies, structures and procedures to enable us to deliver our work and meet the charity's objectives, ensuring that the framework allows the organisation to stay relevant, effective, vibrant and forward-looking. Considerable work has also gone into seeking and applying for external funds in order to move towards appointing a Director to direct and manage the organisation.

This year the Board have regrettably had to say goodbye to Jayne Marshall, David Symons, and Kathy Wilson, due to their own work commitments, and we thank them sincerely for all their hard work and insightful input during their time on the Board. Jayne Marshall has continued to support the charity through her new role as an Adviser to the Board. Following an open recruitment process informed by our Equalities, Diversity and Inclusion Strategy and Action Plan (as re-worked under the expert advice of Theresa Peltier) we were delighted to welcome Emma Oaks and Charlotte Collins to the Board as new Trustees. Debi Hedderwick and Sharon Brown have been re-elected to the Board for a further 3 year term.

3. ARTS DERBYSHIRE STAFF

Arts Derbyshire is fortunate to have an excellent and experienced team of part-time contracted staff to direct, develop and manage the different strands of our work - Arts, Health and Well-being, Cultural Prescribing, Website and Newsletters, Administration - each bringing their experience, insight, knowledge and commitment to achieve excellent outcomes (see Project Reports) and enable the organisation meets its aims. We extend our thanks to all members of the team for their hard work, dedication and expertise ensuring that Arts Derbyshire continues to thrive and that Derbyshire's cultural sector is supported and enriched. We are proud that the work, particularly within the Arts in Health and Well-being and Cultural Prescribing strands, is not only innovative but also to gains attention and recognition for excellence at a regional and national level.

The Board works closely with administrator Hannah Barker, who expertly and tirelessly manages the business and practical aspects of the organisation with the utmost efficiency, and we would like to thank her very sincerely for excellent work throughout the year.

In Administration, Hannah has been joined this year by Christine Thomas, who, having started as a graduate intern from the University of Derby, has joined the team as Newsletter Editor. This appointment has enabled us to improve our service to members through consistent newsletter delivery, which runs alongside the website in providing ongoing news and information on countywide arts events and activities, jobs, commissions and funding opportunities, and provides a digital noticeboard for members (individuals, arts organisations and venues) to publicise their events and art products.

Arts Derbyshire Staff Team:

- o Administrator, Hannah Barker
- o Arts, Health & Well-being Co-ordinator, Helena Reynolds
- o Cultural Prescriptions Manager, Deborah Munt
- o Cultural Prescriptions Artist, Kate Genever
- o Website Manager, Destination Digital
- o Newsletter Editor, Christine Thomas

With Nicky Bellenger continuing as Programme Manager for the Beyond Necklace of Stars touring exhibition.

The Board are indebted to the vision, support and commitment of Head of Arts, Ann Wright, who not only provides an essential link between Arts Derbyshire and Derbyshire County Council, but also continues to guide and direct the Board in respect to its current work, direction, vision and potential future pathways, and who brings comprehensive understanding and experience of the sector to help inform decision-making in the organisation. We would like express our sincere gratitude to Ann for all that she continues to do for Arts Derbyshire, and for her ongoing commitment and dedication to the arts sector across the county.

4. ARTS DERBYSHIRE WEBSITE AND NEWSLETTERS

The Arts Derbyshire website provides a focal point for information exchange on creative and cultural aspects of our county, acting as an important interface between both the organisation and our members, and between arts providers and the wider public. It is one of the key drivers in achieving Arts Derbyshire's aim to enable a connected arts ecology that enriches the lives of people in Derbyshire.

The website helps us fulfil our mission to act as a central hub and amplify arts practice in the county, providing a platform for people to:

- discover opportunity for participation and attendance
- advertise and share news on projects and programmes
- publicise individuals' and organisations' arts work in all genres
- connect with artists and arts organisations
- find information about arts and cultural events
- explore the richness and depth of the arts activity in Derbyshire.

In 2022 - 23 it achieved a footfall of 52,700 visits, having 1029 registered artists, arts organisations and venues, and 997 published news items throughout the year.

We would like to thank the team at Destination Digital for their fantastic work throughout the year in maintaining and populating the website, and ensuring that this vital link between Arts Derbyshire, its members and the public is pertinent and lively.

Arts Derbyshire has continued to use an online format to send regular newsletters to its membership, providing news and information within general and specialised art-form areas. The newsletters enable information and skill sharing, through giving opportunity to publicise and receive information on arts activity, products and events, training and work opportunities.

108 newsletters have been sent this year, within 6 categories:

- Arts Derbyshire Members
- Arts and Health
- Derbyshire Dance Artists
- Derbyshire Film
- Derbyshire Writers
- Festivity

5. MEMBERS' MEETINGS

Arts Derbyshire Members' Meetings provide an essential part of the offer to our members and are designed to give opportunity to art practitioners, arts organisations, venue holders and statutory post holders to:

- meet up and network
- share experiences and practise
- learn from one another and from inspirational projects and practise
- receive training and new information
- discuss issues and ideas
- hear about the current work of Arts Derbyshire

We held two online Members' Meetings during the year, in May 2022 and January 2023, both of which trialed a blended format, combining in-person attendance with an online option.

The May meeting represented the first opportunity to come together in person since the end of the pandemic and gave us the chance to discuss and assess the place, relevance and impact of Arts Derbyshire in relation to its membership, and the requirements, content and impact of Members' Meetings.

Following this discussion we decided to adapt the structure of meetings to increase the networking opportunity and allow more opportunity to show, share and discuss members' current work.

The subsequent meeting in January 2023, saw a large increase in uptake and gained positive feedback from attendees. Alongside an animated and useful panel discussion on Young People Working in the Arts, the meeting featured Speedy Networking, a Members' Pop-Up Exhibition and Members' Noticeboard. We all, in the arts sector, benefit hugely from being inspired by the wonderful work that is going on in Derbyshire, learning from each other, and having the opportunity to discuss ideas and issues with each other.

Presentations on current funding opportunities and professional training sessions continue to be of great interest and value to members, and we are looking at providing more of these in the future.

Wanting the meetings to be of maximum use to all our members, we now send out detailed feedback forms that enable us to review the effectiveness of meetings' content and thus inform our planning; we also distributed an online questionnaire to all members to gain insight into their view of Arts Derbyshire as an organisation. We are currently still engaged in this programme of review to ensure that Arts Derbyshire maintains and improves its relevance and impact for all of its members

6. LOOKING TO THE FUTURE

Having acquired sufficient funds for the coming year, Arts Derbyshire's key aim in the near future is to establish the post of Arts Derbyshire Director. This part-time role will support the organisation to:

- fully develop within our stated aims and objectives
- develop our vision for the future
- secure external funding in order to continue both this post and to achieve Arts Derbyshire's objectives
- implement the business plan and direct financial planning and management
- manage staff and oversee project work
- build the offer to our members through strategies already identified by Trustees
- continue to work with the wider cultural sector, informing the strategic development of the organisation, and represent Arts Derbyshire at a regional and national level

We also envisage, dependent on achieving, the implementation of a part-time apprenticeship post to support and assist the Director in their role and to oversee the development of the membership offer.

Our work in Arts in Health and Well-being, and Cultural Prescribing, will continue to form the core of our participatory programme, using the arts as a vehicle for improving the quality of life, and the enhancing the health and well-being of participants across the county; and working with the wider health sector to build effective cross-sector frameworks to allow the development of innovatory and inspiring arts work that enriches people's lives.

Working with Destination Digital, Arts Derbyshire will also ensure that the website continues to provide information and inspiration to members of the public as well as arts practitioners and organisations, enabling information sharing across the county and widening participation in the arts.

Alongside our specific Arts and Health programme, Arts Derbyshire is a members' organisation that aims to ensure the continued growth of a connected and resilient arts ecology within the county. We seek to do this by acting as a central hub for the arts, harnessing the collective power of our membership to catalyse, produce, enable and amplify arts development best practice, and so we aim to continue to refine the offer to our members through relevant and effective meetings, useful and informative training, and opportunity for inspirational sharing of ideas and work. We welcome all members to be a part of the journey both through participating in Members' Meetings and through active engagement with the website, and we are grateful for members' experience, expertise and insight that helps the organisation grow as we move forward. It is through this collective working, support and training that we achieve our core aim to enrich the lives of Derbyshire people through their active engagement in the arts.

Achievements and Performance

This section gives a very brief overview of the programmes of work carried out by Arts Derbyshire over the last year. The Trustees would like to record their thanks to the Arts Derbyshire freelance staff team for all their hard work, which enabled these programmes to happen in what continued to be very challenging circumstances.

1. artsderbyshire website, social media and newsletters

1.1 Basic details

Aim:	To provide a trusted central hub for all arts information in the county
Project Manager:	Debbie Porter, Destination Digital
Funder:	Arts Derbyshire
Overall Budget:	£25,000
	All contracts and funding for this project are being held and managed by Arts Derbyshire CIO
Timeline:	June 2020 - June 2025
Website:	https://www.artsderbyshire.org.uk/

1.2 Activity

- The number of members continues to grow, and we now have 1,029 artists, arts organisations and venues as members of the site, up by 47% on last year.
- Since the launch of the website in 2021, we have maintained a steady presence on Google via the website, and on social media via Facebook (1,850 followers), Instagram (1,900 followers) and Twitter (14,000 followers).
- We also have a YouTube channel for publishing project videos, and a LinkedIn Company page to enable future business-to-business communications.
- To save money we switched from CharityMail to Mailchimp. This necessitated a re-engineering of the website to incorporate Mailchimp in the website.
- The charity hosted 3 students from the University of Sheffield and the University of Derby. One of these students has been offered regular part-time freelance work with Arts Derbyshire, writing newsletters for the charity. Another of the students has been offered a part-time PAYE position with Destination Digital to continue to maintain the Arts Derbyshire website and social media accounts, offering continuity to this role.
- During early 2023, the Amazon Smile account that was raising funds for Arts Derbyshire has been closed by Amazon as part of their strategic redirection of focus on charity fundraising and support. This leaves a gap that will hopefully be filled by the continued 'give as you shop' model via Give As You Live.
- The website has had a boost in input from the Arts & Health projects being run by that team, where the site is the main point of information about this stream of work, which includes Matinée, A Necklace of Stars, Social Prescribing.

2. Festivity

2.1 Basic Details

Aim:	To provide a forum for arts festivals to share their plans, exchange information and provide mutual support
Chair of Festivity:	Sharon Brown (Arts Derbyshire Trustee and Director of Melbourne Festival)
Funders:	All voluntary
Timeline:	Ongoing
Website:	https://www.artsderbyshire.org.uk/what-we-do/festivals-development/festivity-arts-festival-forum/

2.2 Activity

Festivity membership at the end of 2022/23 stands at 96 Festivals and 26 Associate Members which is close to pre-pandemic numbers. The majority of Festivals are small, volunteer-led organisations with limited reserves but passion and enthusiasm for what they do for their community. 2022 was a year for Festivals to regroup and make tentative steps back to normality. The majority of festivals went ahead in 2022, some still in a blended form, which may well continue now that we have embraced technology.

During the past year we have kept in touch with Festivity members via the regular Festivity Newsletters and members have been sharing news about events and activities via the Newsletter and the Arts Derbyshire website.

We contacted all the Festivity members at Christmas 2022 to ask them to share their 2023 dates - actual or provisional - with us so that we could share them on the Arts Derbyshire website to build anticipation for the 2023 festivals and were relieved by the number of Festivals planning to go ahead with a “live” festival in 2023.

Festivals have been very supportive of each other by sharing information about other events, often audiences will visit a number of festivals throughout the year so promoting other festivals as well as our own helps spread the word and broaden audiences. Festivity members have also continued to support each other through sharing advice and resources. Many festivals have lost volunteers over the past few years but are hopeful that as fear of the pandemic diminishes new volunteers will emerge.

3. A Necklace of Stars

3.1 Basic Details

Aim	To work with housebound, isolated older people to re-ignite creativity, build confidence and wellbeing, reduce loneliness and forge new connections, through one-to-one work with artists in participants' own homes
Artists	Lois Blackburn, Philip Davenport, Matt Hill
Project Co-ordinators	Nicky Bellenger (from December 2021)
Funders:	Arts Council England, Arts Derbyshire, Derbyshire County Council Public Health
Overall Budget:	£81,003 cash + £18,547 in kind All contracts and funding for this project are held and managed by Derbyshire County Council
Timeline:	January 2020 - March 2024 (extension agreed with Arts Council England)
Website:	www.artsderbyshire.org.uk/necklaceofstars https://arthur-martha.com/category/necklace-of-stars/

3.2 Activity

Project Summary:

A project to reach, engage and inspire isolated older adults across Derbyshire in their own homes, working with an embroidery artist, creative writer or musician. The embroidered stars have been brought together from all participants to form a quilt which is now being exhibited and toured around Derbyshire's cultural venues, accompanied by the poetry/lullabies written by the creative writing participants.

Progress Report:

The exhibition has been viewed by nearly 70,000 people to date, and has received wonderful feedback, leading to demand from audiences, participants and venues for an extension to the exhibition. Arts Council England have therefore agreed to a new project end date of 31st March 2024.

The exhibition, which features the quilt and a catalogue of work from all participants, is currently on display at Derbyshire Record Office, until 12th June 2023. This was originally the final stop on the tour.

Below are all venues visited so far, with total visitor numbers during this year:

Venue	Dates	Visitor numbers
Ashbourne Library	27 April - 31 May 2022	100
Museum of Making	6 June - 31 August 2022	24,376
Erewash Museum	3 - 28 September 2022	433
Buxton Museum	28 September - 6 December 2022	5559
Chesterfield Library	8 December 2022 - 1 February 2023	38,364
Derbyshire Record Office	7 February 2023 - 12 June 2023 (figures until end March 2023 only)	345
	TOTAL 2022-2023	69177

Recent audience feedback includes:

- 'A stunning piece of artwork - a wonderful collation of individual reflections'
- 'An amazing thing to see when people come together and put heart and soul into it. Will try this at home'
- 'Very moving. Just looking at it makes me cry.'
- 'Beautiful individual pieces - stunning collective work which represents so much for our early pandemic times'
- 'Beautiful - just getting into embroidery myself. So very inspiring'

Two celebration events were held for participants, at Erewash Museum (20th September 2022) and Buxton Museum (8th November 2022). The events were an opportunity for participants and artists to come together for the first time, to see the work on display, and to celebrate the project's achievements together. The events featured readings of some of the poems, by participants and Phil Davenport, and live performances of the lullabies by Matt Hill, including singing from some of the participants. All three artists gave speeches and everyone enjoyed some cakes and refreshments. Both events were very moving and joyful.

Following the events, we have received some heartfelt thanks and positive feedback from participants, including:

- 'I can't thank you enough... I would not have missed it for the world. You made me feel like a film star... transport, reading, refreshments... for a few glorious hours my life was transformed/transported to a higher level.'
- 'Just had to say thank you for a lovely afternoon to celebrate A Necklace of Stars. It was wonderful to put faces to names, and meet so many interesting creative people, and to hear the poems and songs. The musical interludes were so touching. Again thank you all for the entire project and the

wonderful afternoon. It was so rewarding.'

- 'This is to say thank you for the presentation in Buxton... What a lovely afternoon. It was good to meet other contributors to the Necklace of Stars project and to hear the readings and songs... The quilt is superb. Thank you for your encouragement.'

The digital catalogue has been downloaded 26 times from the project page on Arts Derbyshire's website and the lullabies have been played on Soundcloud approx. 300 times collectively.

The extended exhibition will visit the following venues:

Dronfield Hall Barn, 26th June - 4th September 2023

Creative Melbourne Gallery, 5th - 25th September, including Melbourne Arts Festival on the 16th & 17th September

Level Centre, 27th September - 5th January 2024

We are also currently in conversation with local venues about providing the quilt with a final resting place, to ensure it is preserved and viewed by many more from January 2024.

We are extremely proud of the project, and the impact it has had on participants, artists and audiences. We would like to take this opportunity to thank everyone involved in making the project such a huge success.

4. Arts, Health & Wellbeing Sector Support and Development

4.1 Basic details

Aim:	To provide information, support and training for those working in the culture and health field, to advocate widely for creative health, to develop projects and partnerships that further this work
Project Co-ordinator:	Helena Reynolds (Arts and Health Co-ordinator)
Funders:	Arts Derbyshire; Derbyshire County Council Public Health; Arts, Health & Wellbeing Alliance
Overall Budget:	£2,850 for regional CHWA events £60,000 Arts and Health Co-ordinator role and project expenses, from Derbyshire County Council Public Health
Timeline:	All contracts and funding are held and managed by Arts Derbyshire Ongoing
Website:	www.artsderbyshire.org.uk/artsandhealth www.culturehealthandwellbeing.org.uk

4.2 Activity

- This year we have sent out 16 Derbyshire and East Midlands Arts and Health Network newsletters; arts and health news has landed in inboxes 6387 times.
- In the newsletter we include Derbyshire, East Midlands or national news, events, resources, research, opportunities or funding most relevant to creative health practitioners or those with an interest in creative health.
- We have 462 followers, local and national, on Twitter @artshealthAD
- Project developments are uploaded onto the [arts and health pages](#) of the Arts Derbyshire website as well as being promoted as news items within the site.
- The Arts and Health Co-ordinator acts as the first point of contact for creative health at Arts Derbyshire, and engages in active advocacy for the work and the sector. She also manages and has strategic oversight for all arts and health projects and corresponding budgets, line-managing arts and health project workers.

- Additionally, the Arts and Health Co-ordinator provides personal support for the sector to get projects off the ground, link people up with partners or participants, offer funding or project planning advice, support with marketing, and much more. This year bespoke support has included but is not limited to supporting colleagues at Derbyshire County Council to develop creative health projects in schools; support to artists, as well as linking them in with community groups and participants; and supporting a creative health activity to link with potential participants on the ground across the county.

Culture, Health and Wellbeing Alliance

- Helena Reynolds, our Arts and Health Co-ordinator, is also the East Midlands Arts Champion for the Culture Health and Wellbeing Alliance, working alongside Laura Philips of Derby Museums, who is the Museums Champion. CHWA represents anyone who believes that cultural engagement and participation can transform our health and wellbeing. It is the sole free-to-join membership organisation for Creative Health across England, and provides networked, collaborative advocacy, support and resources, supporting health and wellbeing for all through creative and cultural practice.
- This year CHWA was successful in its bid to become an Investment Principles Support Organisation for 2023-6. This will enable the continuation and development of meaningful work at national, regional and local levels.
- CHWA East Midlands held 3 online events this year:

Creative Health Quality Framework Midlands Engagement Event, 15/11/22

We were thrilled to welcome more than 25 expert contributors from across the Midlands (East and West) to input into the Creative Health Quality Framework.

The Culture Health and Wellbeing Alliance, funded by Arts Council England, is working with arts, health and wellbeing consultant Jane Willis to develop a Quality Framework with the Creative Health sector. The aim is to develop an overarching quality framework which both individuals and organisations can use to guide them in deciding what quality looks like to them. The final phase of the project will support individuals and organisations to consider how they want to adopt and embody the framework by developing their own individual code of practice.

The Midlands event was part of a series of online workshops across the autumn attended by around 150 people in total. After a run through the Quality Framework concept and process, the key values and principles, and the 5 stages of the creative process to consider in our thinking, arts and health practitioners contributed their thoughts and ideas on the following questions:

What do you need in order to be able to deliver quality?

How can we ensure that the Quality Framework is accessible, engaging and useful?

The next stage for the team will be to redraft the framework based on these conversations and circulate with a survey to make sure they are getting as wide a set of thoughts and comments as possible. The evaluation process in 2023 will test the framework in use and they will continue to develop it based on what happens then. www.culturehealthandwellbeing.org.uk/resources/creative-health-quality-framework

Autumn Gathering, 28/11/22 - Wintering

At this online gathering of 13 CHWA East Midlands members, guest Rachel Howfield Massey invited us to consider 'wintering - a time for restoration and renewal'. Through a look at the latest research and some practical exercises, we learned that resilience is not about how we endure but about how we recharge. We saw that connecting with nature in any way that is accessible to us can help us rest and recharge more quickly and fully. Participants came together at the end to catch up with each other and share what is going on in the region, as well as exploring our needs as practitioners, which will be fed into future events and activities.

Spring Gathering, 27/3/23 - What We Feel

Oliver Alvin-Wilson and Ben Spiller from 1623 Theatre Company joined 12 East Midlands CHWA members online to explore their mini-series 'What We Feel'.

'What We Feel' follows an online peer support group who use Shakespeare speeches to unlock conversations around mental health and lived experiences. Co-created with mental health communities including professionals and survivors, the series is produced by 1623 Theatre Company and D&O productions and supported by Arts Council England.

Through this ground-breaking and challenging work we delved deeper into inclusion, diversity, co-creation, and good practice in care for all in the creative process, leading to rich and care-filled conversations. If you missed out on the gathering, you can catch the series here: *(Please take note of content warnings attached to each episode, which appear underneath each video, before viewing):* www.bit.ly/WhatWeFeelMiniseries

5. Arts in Social Prescribing

5.1 Basic details

Aim:	To ensure that all social prescribing clients have excellent access to the county's cultural offer in a way that is mutually beneficial for all parties involved, including health and culture sectors.
Artist:	Kate Genever
Project Co-ordinator:	Deborah Munt/Ministry of Others
Funders:	Derbyshire County Council Public Health
Overall Budget:	£203,500
Timeline:	All contracts and funding for this project are held and managed by Arts Derbyshire; previous funding agreement with Derbyshire County Council Public Health, up to end 2022, was held with Derbyshire County Council September 2019 - August 2025 (with option to extend until August 2027)
Website:	www.artsderbyshire.org.uk/socialprescribing www.kategenever.com/work/what-matters-to-you-matters-to-me/

5.2 Activity

Social prescribing is the process by which GPs and others refer someone to a Link Worker, who is a new professional in the health system who can spend more time with the patient identifying what matters to them and who can help put things in place to improve their health and wellbeing. This often involves referring the patient to social solutions such as arts and culture, sports, nature, financial support and housing.

Arts Derbyshire are undertaking strategic development work, funded by Public Health, focused on how the culture, health and wellbeing sectors can work together to ensure that social prescribing clients have good access to the County's cultural offer. The Culture and Social Prescribing Development Manager, Deborah Munt of Ministry of Others, leads on this work.

The Link Worker Manifesto, created during phase one of the programme, was launched on the 20th May 2022 as part of Creativity and Wellbeing Week, to great national interest. We know from feedback that it has been used in places up and down the country to spark conversations about social prescribing should be all about. You can view a trailer and film short about the Cultural Prescriptions Link Worker support programme, as well as the film of the Link Worker Manifesto, a challenge to consider the needs of this new profession through practitioners' own voices, here:
https://www.youtube.com/playlist?list=PL_Mg1Ux7HSTGUiK14AGHEpL0v_L0WBdXe

This year we have secured significant further project funding of £203,500 from Public Health at Derbyshire County Council to build on previous developments as well as launch a second phase of the programme, working to embed creative and cultural social prescribing within systems as well as challenging and shifting inequalities in those systems and ensuring that provision is enabled for those who need it most.

Phase two involves three strands. The first of these strands has already begun: an artist-led cross-sector process, using an 'artist investigates' approach to reach out beyond the core cohort to generate conversations around the topic, increasing mutual understanding and bridging gaps between creative possibilities and health systems. Lead Artist Kate Genever has completed an initial scoping exploration via many conversations with people connected with Social Prescribing, ranging from admin staff to managers. She has made and sent out a limited edition artwork to all of these people, which they have shared in their offices and homes: 'work makes love visible'. These conversations and artworks/concepts are being used to inform the next tranche of work in 2023-2024 in an ongoing co-productive process.

The second strand will encompass a cultural prescriptions-type space for people in more strategic positions across the sectors involved in Social Prescribing. These different threads will culminate in an expressed vision/manifesto.

Thirdly, we will engage a Cultural Programmer; this role is a strategic intervention to address gaps or flaws in the system in order to create fairer access to health-creating activities in the culture and voluntary sector, for social prescribing clients in Derbyshire. We aim to shift the way that services commission in response to areas of inequality in social prescribing and the Cultural Programmer will also strategically commission into areas of highest need and poor provision in order to bridge gaps and challenge inequalities, opening up access to existing assets that are currently not available to those who need it most.

The arts and health team at Arts Derbyshire are currently fundraising to support and increase the potential for the other aspects to Phase 2, using the initial investment by Public Health as match. The project is pioneering in its ambition to work across the county, find solutions that have so far eluded the system, and affect system change. We hope its influence will reach right across the UK.

6. Matinée Outreach

6.1 Basic details

Aim:	To provide creative activity for people with dementia, helping to increase participants' sense of social connectedness, not only through developing a relationship with the artist remotely, but also knowing that they are part of a wider group of participants.
Artists:	Nicky Bellenger, Lindsay Carroll Warnes, Lisa Waugh
Project Co-ordinator:	Nicky Bellenger
Funders:	The Paul Hamlyn Foundation, Derbyshire County Council Public Health, Arts Derbyshire, with The Alzheimer's Society and Derbyshire Carers as key partners
Overall Budget:	£74,513
	All contracts and funding for this project are held and managed by Derbyshire County Council
Timeline:	August 2019 - June 2022
Website:	www.artsderbyshire.org.uk/matinee https://www.youtube.com/playlist?list=PL_Mg1Ux7HSTHNIzmoIhICQfpskQT_eOhBi

6.2 Activity

Matinée was originally a dementia-friendly film screening programme, running in community venues across the county since 2015 and due to finish in October 2021. However, the pandemic stopped all the screenings, so we launched Matinée Outreach as a response to the hugely damaging impact of the pandemic restrictions on those living with dementia, particularly the lack of social interaction and the lack of access to regular arts activities. Two artists were recruited to work creatively with individual

households of people living with dementia and their families and carers. The initial phase of work took place from October 2020 to April 2021. A third artist was recruited to work alongside the others in a second phase of the programme from May 2021, using creative writing, craft activities and visual arts.

Progress Report:

Following a project extension, the artists continued working with a number of participants until June 2022. Some further support was given to participants and their families, friends and carers over the following months, e.g. signposting to other activities or sources of information and support.

Final engagement numbers for the last financial year are as follows:

FY 2022-23 (1st April 2022 - 31st March 2023)	
Participant sessions (people living with dementia)	51
Participant sessions (family/friend/carer)	27
Further support e.g. signposting	34
Total no. of people living with dementia in this period	11

The total figures for the whole project are as follows:

	Phase 1 Oct 2020 - March 2021	Phase 2 April 2021 - June 2022	TOTALS
Participant sessions (people living with dementia)	153	442	595
Participant sessions (family/friend/carer)	55	335	390
Further support e.g. signposting	2	72	74
Total no. of people living with dementia who engaged in the project			30

We have received a lot of positive feedback from participants and carers, highlighting the impact that the project had on them:

- 'What an achievement Matinee Outreach has been. We both have happy memories of our chats with you. J regularly reads the poems and shows them to all visitors to our home.' - Participants' wife
- 'It gave me a new lease of life' - Participant
- 'Being part of this project, it's been a blessing to A' - Participants' husband
- 'We've had offers of help from others, but no one has been quite like you - no one else inspired me to write.' - Participant
- 'Many thanks for all you have done for me, it's made a great difference to have someone thinking of me and to talk to on the phone.' - Participant

Final outcomes:

Following the final sessions with participants, the following pieces of work were designed by the project artists:

- An A4 activity book titled 'Creativity at Home', suitable for anyone looking to explore their creativity from home, including care settings. A digital version is available to download from the project page on Arts Derbyshire's website
- A series of postcards, which are being used to promote the activity book
- An A5 participant artwork book, showcasing the creative writing, visual art and crafts created by participants throughout the project

Copies of the above were posted to all participants, with information on where to receive further support, or other activities they might like to engage with.

The activity book and postcards have also been sent to funders, project partners, libraries, care homes and Social Prescribing Link Workers.

Evaluation:

You can also see on our website the following documents:

- A detailed project report, in consultation with project artists, capturing key learning and observations.
- A reflective essay by project artist and coordinator Nicky Bellenger - 'View from a Window'. This sits alongside Phil Davenport's ['Artist in a Pandemic' essay](#), reflecting on the Necklace of Stars project.

Thank you to all who have supported this project, which provided crucial support to many isolated people living with dementia, and their carers and families, throughout the Covid-19 lockdowns.

7. Sing Viva!

7.1 Basic details

Aim:	To provide carers with a chance to sing together, performing seasonal favourites and learning a carefully selected repertoire, as well as having the opportunity to write and compose new music of their own.
Project Co-ordinator:	Sinfonia Viva
Funders:	Sinfonia Viva All contracts and funding for this project are held and managed by Sinfonia Viva
Timeline:	Ongoing
Website:	https://www.artsderbyshire.org.uk/what-we-do/arts-health-development/sing-viva-carers-choirs-project/ https://www.sinfoniaviva.co.uk/Pages/Category/carers-choir

7.2 Activity

Sing Viva, Sinfonia Viva's carers choir, initially started in Derby in 2017 and then from 2019 in Chesterfield, supported by Arts Derbyshire. The choirs met monthly, and during the COVID-19 lockdown, due to the clear importance of the choir in the lives of the carers, it was decided to run weekly online sessions for the choir. Following the relaxing of restrictions, the choir moved to a hybrid format in Derby, Chesterfield and online. The choir in Chesterfield tried two venues, one in central Chesterfield and one in the nearby village of Wingerworth. Struggling for members however, it moved to the Derbyshire Voluntary Action premises in Chesterfield in January 2023. Sinfonia Viva put on weekly sessions and pulled out all the stops to resource these sessions and to get the word out. Sadly, support was irregular despite this and Sinfonia Viva had to make the difficult decision to stop running in-person sessions in Chesterfield.

However, carers from all over Derbyshire can still join the online sessions, or attend the in person sessions in Derby, if that is possible for them. This year the choir have had the opportunity to perform at Derby Cathedral, at a concert at Darley Park, and at the Erewash Sound concert. The choir has worked with professional musicians including Preetha Narayanan, who worked with the choir to write a new piece called 'Becoming One', and sharing a rehearsal with Sinfonia Viva trumpet player, Ant Thompson.

Here are some examples of their work:

United in Song (written by the choir) - https://www.youtube.com/watch?v=YIWEbG68_BU

Lean On Me - <https://www.youtube.com/watch?v=K6-eY25cLIE>
Interviews with members - <https://www.youtube.com/watch?v=XLpamxAX1q8> and
<https://www.youtube.com/watch?v=JG0A5s-7DYw>

Quotes from participants:

- 'Knowing that no matter how long it's been since I last came the welcome is always warm and kind'
- 'Singing Makes Me Happy, I Look Forward to Meeting up and Singing with you all Together'
- 'We sang Becoming One which we had worked on and co-written with professional musician Preetha Narayanan. The whole experience was fantastic, but the performance at the Cathedral was truly magical and spine tingling. Everyone felt the same. Such a great opportunity for us all and we appreciated it.'
- 'Singing is very powerful and therapeutic, and for me it has lowered not only my anxiety also give me a great sense of well-being'. (Sharron, Sing Viva Member)

Attendance

Over the year Sing Viva has had 587 attendances over 49 sessions, averaging 12 members per session.

Financial review

Arts Derbyshire was successful in securing £151,089 (2022:£58,455) during this financial year through grants and donations. The Results for the year show net receipts of £118,753 (2022:£18,145) of which £13,453 (2022:£32,775) relates to unrestricted funds and £105,300 (2022:£14,630)) relates to restricted funds.

Reserves policy

Arts Derbyshire currently holds 3 months running cost in free reserves.

Over the coming year, we will endeavour to work towards free reserves at a level equivalent to at least 6 months' running costs.

Structure, Governance and Management

Arts Derbyshire is constituted as a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 15th July 2019, registered number 1184423, and plans its activities to ensure they meet the objects set out in its Constitution. The charity's trustees manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO.

Eligibility for trusteeship

Every charity trustee must be a natural person and no individual may be appointed as a charity trustee of the CIO if they are under the age of 16 years.

No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until they have expressly acknowledged their acceptance of the office of charity trustee.

At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees or appoint a new charity trustee.

There must be at least 3 and no more than 12 charity trustees.

Appointment of charity trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

New Trustees will be required to view the current version of the constitution and the Trustees' annual Report and statement of accounts.

Reference and Administrative Details

Charity name	Arts Derbyshire CIO
Other name the charity uses	Arts Derbyshire
Registered charity number	1184423
Charity's principal address:	Alfreton Library Severn Square Alfreton Derbyshire, DE55 7BQ

The trustees who served the charity during the period were as follows:

Deborah Hedderwick	Appointed 15 July 2019 and re-elected 1 June 2022
Kalila Storey	Appointed 15 July 2019
Sharon Brown	Appointed 15 July 2019; re-elected 12 October 2021
Paul Steele	Appointed 15 July 2019; resigned 25 January 2022
Alice Marshall	Appointed 10 November 2020
Kathy Wilson	Appointed 10 November 2020; resigned 12 April 2022
Daniel Oakley	Appointed 10 November 2020
Matthew Black	Appointed 19 January 2022
Sanjoy Sen	Appointed 25 January 2022
David Symons	Appointed 25 January 2022; resigned 9 January 2023
Emma Oaks	Appointed 21 November 2022

Declarations

Approved by the board of trustees on 19 Oct 23 and signed on its behalf by:

Deborah Hedderwick

Deborah Hedderwick - Chair of Trustees

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ARTS DERBYSHIRE CIO**

FOR THE YEAR ENDED 31 MARCH 2023



Independent examiner's report to the trustees of Arts Derbyshire CIO

I report to the charity trustees on my examination of the accounts of Arts Derbyshire CIO for the period ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'J Tidsall', written over a horizontal line.

Johnson Tidsall Limited
Chartered Accountants
81 Burton Road
Derby
Derbyshire
DE1 1TJ

Date: 25 October 2023

RECEIPTS AND PAYMENTS ACCOUNTS
YEAR 1 APRIL 2022 TO 31 MARCH 2023

	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
RECEIPTS				
ACE Workshop	-	-	-	50
Annual contributions from DCC & district	10,192	-	10,192	10,192
Arts and Health Practitioner Training	-	-	-	2,000
D-dance	-	-	-	6,000
Derbyshire County Council	24,177	-	24,177	27,539
Derbyshire County Council - DBS Checks	-	-	-	100
Donations	220	-	220	374
Foundation Grant	-	2,000	2,000	-
CHWA Events	-	750	750	-
Presenter Fee	-	-	-	200
Public Health - Arts & Health Co-ordinator	-	113,750	113,750	12,000
TOTAL RECEIPTS	34,589	116,500	151,089	58,455
PAYMENTS				
Accounts Software	466	-	466	437
Administrator Costs	6,300	-	6,300	6,314
Beyond a Necklace of Stars expenses	-	-	-	7,134
Foundation Grant	-	2,000	2,000	-
Insurance	269	-	269	269
Members Meetings	298	-	298	-
Newsletter	1,875	-	1,875	-
Printing and Stationery	853	-	853	-
Professional fees - Accountancy	906	-	906	900
Professional fees - Business Planning	-	-	-	1,925
Professional fees - DBS Checks	-	-	-	150
Professional fees - Development & Fundraising	188	-	188	6,869
Professional fees - Initiator contract	-	-	-	525
Professional fees - Research & Development	-	-	-	-
Public Health - Arts & Health Co-ordinator	-	9,200	9,200	3,537
Sundries	9	-	9	-
Telephone	144	-	144	144
Website costs	9,828	-	9,828	12,106
SUBTOTAL	21,136	11,200	32,336	40,310
NET RECEIPTS /(PAYMENTS)	13,453	105,300	118,753	18,145
CASH FUNDS LAST PERIOD END	32,261	19,061	51,322	33,177
FUNDS TRANSFERRED	-	-	-	-
CASH FUNDS THIS YEAR END	45,714	124,361	170,075	51,322

STATEMENT OF ASSETS AND LIABILITIES
 AS AT 31 MARCH 2023

	Unrestricted funds £	Restricted funds £	2023 total funds £	2022 total funds £
CASH FUNDS				
Co-Op Business Account	45,714	124,361	170,075	51,322
TOTAL CASH FUNDS	<u>45,714</u>	<u>124,361</u>	<u>170,075</u>	<u>51,322</u>
 LIABILITIES				
Administrator Fees	906	-	906	900
TOTAL LIABILITIES	<u>906</u>	<u>-</u>	<u>906</u>	<u>2,275</u>

Signed by nominated trustee
on behalf of all the trustees



Deborah Hedderwick - Chair

Date 19 Oct 23

NOTES TO THE FINANCIAL STATEMENTS
 YEAR 1 APRIL 2022 TO 31 MARCH 2023
1 Restricted funds

Movement on restricted funds during the year was as follows:

		Balance at 01.04.22	Income	Expenditure	Balance at 31.03.23
(Alftreton Library)	Initiator Fee £5400	2,850			2,850
National Lottery Fund	Beyond a Necklace of Stars	1,748			1,748
Derbyshire County Council	D.Dance Fund	6,000			6,000
Derbyshire County Council	Public Health - Arts & Health Co-ordinator	8,463	113,750	(9,200)	113,013
Foundation Derbyshire	Foundation Grant		2,000	(2,000)	-
Culture Health and Wellbeing Alliance	Contribution for CHWA events in 2023		750		750
		<u>19,061</u>	<u>116,500</u>	<u>(11,200)</u>	<u>124,361</u>