



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From Period start date 01/02/2023 To Period end date 31/01/2024

Charity name: Cavernoma Society

Charity registration number: 1184406

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide information and support to those affected by cavernoma, and raise awareness of the condition.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To raise awareness of cavernoma and support those affected through information and support groups and services.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have run the charity as proposed in the governing document and have therefore met all of the key objectives set out by the charity.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A

Contribution made by volunteers	Para 1.38	We are grateful to all of our volunteers who have worked hard to help us to run the charity and continue supporting members through our vital services. As a small charity with no paid employees we rely on volunteers and our trustees to run our charity. In particular thank you to Hannah Westbury, Karen Smallman, Paul, James and Lizzie Murray, Lisa Goldapple, Jessica Jones, Chloe Robson, Cena Jovanovska, Wayne and Michelle Wright, and all of our trustees.

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Other		<p>We'd like to extend our thanks and gratitude to the following organisations and people for their generous donations.</p> <ul style="list-style-type: none"> <li>• Thank you to Beth Dixon and The King James Academy for their fundraising.</li> <li>• Thank you to Hannah Westbury and the Cummins Family for raising funds in the Bradford Dragon Boat Race.</li> <li>• Thank you to Paul Smallman, Suzan Smallman, Karen Smallman, Gary Miller, Nigel Lawry, and Tracy Lawry for the Cornwall Trek and raising funds.</li> <li>• Thank you to JC Decaux for donating billboards for Raspberry Day</li> </ul> <p>Thank you to Michelle Bartholomew for your donation.</p> <ul style="list-style-type: none"> <li>• Thank you to Wayne Wright, coffee artist for donating Christmas card designs.</li> </ul>
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## Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Cavernoma Society had another successful year supporting its members and providing services that really made a difference.</p> <p>We attended several PIP tribunals with members and WON all of them, meaning that our members have the right support in place.</p> <p>We also spoke with Manira Wilson, Lib Dem MP about working with DWP so that they understand cavernoma better. Ms Wilson did take this to DWP but sadly they have refused to consider this as there are many 'rare' conditions.</p> <p>We are incredibly proud of our free counselling service. This year we took on two new trainee therapists and said goodbye to three. We also started working with a new external supervisor, who supervises all of our trainees.</p> <p>We ran two Heal Your Brain Retreats in Scotland and In Lincolnshire, helping more than 50 people.</p> <p>In January we once again ran our January Wellness month, which included online yoga, meditation, and hypnotherapy.</p> <p>Throughout the year we also ran free online Reiki courses, as well as yoga and Pilates.</p> <p>We once again celebrated our annual awareness day – Raspberry Day in September and were supported by JC Decaux, who donated more than 1,000 billboard marketing across the UK.</p> <p>We also wrote over 20 GP referral letters and helped members to get a second opinion, genetic testing, and neuro rehab services.</p>
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		<p>We helped to design the Cavernoma on My Mind Garden at the 2023 RHS Chelsea Flower show, which won a Silver Award. We fundraised for this and came up with the story behind it - trying to raise awareness for our members.</p> <p>We also took part in several fundraising events, including the London Landmarks half marathon, and The Bradford Dragon Boat race.</p>

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We met our objectives, as we provided information, support, events, and raised awareness.
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Performance of fundraising activities against objectives set	Para 1.41	The funds raised were similar to last year. We have been affected by COVID as well as Facebook donate changing over to Paypal, so we've struggled to set up the new Facebook donate and therefore are losing many donations as a result.
Investment performance against objectives	Para 1.41	<b>N/A</b>
Other		<b>N/A</b>

## **Financial Review**

Review of the charity's financial position at the end of the period	Para 1.21	The Charity is performing consistently and sustainably. We are incredibly grateful to our members for fundraising and keeping the charity going, as well as our volunteers and trustees who dedicate their time to the charity to make sure that it is delivering its objectives.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Because we are only a small charity, we try to only hold back £500 in reserves to cover our website costs and annual insurance.
Amount of reserves held	Para 1.22	£500
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have no uncertainties about the charity continuing to operate as we are in a stable financial position.

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	At the moment, our principal source of funds is monies raised by our members.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	We need to continue to encourage our members to keep fundraising.
Other		

## **Structure, Governance and Management**

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our Trustees are reviewed annually and we have to vote in a new trustee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Each trustee is sent the governing document and information from the Charity Commission.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are run by trustees and have no employees.
Relationship with any related parties	Para 1.51	<b>N/A</b>
Other		

### Reference and Administrative details

Charity name	Cavernoma Society
Other name the charity uses	

Registered charity number	1184406
Charity's principal address	5 Riverdale Gardens, Twickenham, TW1 2BX

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's	



objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser      Name      Address


#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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### Other optional information


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### Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Marie Robinson
Trustee

Full name(s)

Position (eg Secretary, Chair, etc)

Date: 29/11/2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Cavernoma Society

1184406

## Receipts and payments accounts

CC16a

For the period  
from

01/02/2023

To

31/01/2024

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Member fundraising	16,741	14,950	-	31,691	15,932
Retreat deposits		500	-	500	420
Merchandise Sales	1,006	-	-	1,006	560
Savings	5,715	-	-	5,715	5,715
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	23,462	15,450	-	38,912	22,627
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	23,462	15,450	-	38,912	22,627

### A3 Payments

Running costs	2,146	-	-	2,146	2,096
Therapy	2,920	-	-	2,920	1,705
Postage	328	-	-	328	100
Services		-	-	-	4,334

Retreats	17,687	-	-	17,687	3,137
Chelsea Flower Show		15,827	-	15,827	5,536
misc	2,862	-	-	2,862	126
Merchandise	438	-	-	438	488
	-	-	-	-	-
<b>Sub total</b>	<b>26,381</b>	<b>15,827</b>	<b>-</b>	<b>42,208</b>	<b>17,522</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	
<b>Total payments</b>	<b>26,381</b>	<b>15,827</b>	<b>-</b>	<b>42,208</b>	<b>17,522</b>
<b>Net of receipts/(payments)</b>	<b>- 2,919</b>	<b>- 377</b>	<b>-</b>	<b>- 3,296</b>	<b>5,105</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>- 2,919</b>	<b>- 377</b>	<b>-</b>	<b>- 3,296</b>	<b>5,105</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>8,401</b>		<b>-</b>
	(agree balances with receipts and payments account (s))	Agreement Error	Agreement Error	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Endowment funds</b>

**B2 Other monetary assets**

Details	to nearest £	to nearest £	to nearest £
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-



**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

## B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Simona Stankovska	29/11/2025
	Dr Marie Robinson	29/11/2025



Report to the trustees/  
members of

The Cavernoma Society

On accounts for the year  
ended

31/01/2024

Charity no  
(if any)

1184406

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date:

29/11/2025

Name:

Ann O'Driscoll

	<b>Relevant professional qualification(s) or body (if any):</b>	
	<b>Address:</b>	15 South Vale
		Northallerton
		DL6 1DQ
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Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

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Give here brief details of any items that the examiner wishes to disclose.