

The Wolfpack Project
(Registered charity, number 1184390)
Financial statements
for the period ended 31 July 2020

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**The Wolfpack Project
Trustees' annual report
for the period ended 31 July 2020**

Full name The Wolfpack Project

Organisation type Charitable incorporated organisation

Registered charity number 1184390

Principal address

Unit 39, Block D
Hartley Business Centre
Haydn Road
NOTTINGHAM
NG5 1FD

Trustees

Mr Paul Anthony Rowland, Chair
Mr Damien Reynolds, CEO
Mr Phillip Thomas Reynolds
Mr Michael Craig Brooksbank, from 25/11/2020
Mr Elliott Albert Lancaster, from 25/11/2020
Mr Robert Allen, from 27/07/2020
Ms Andrea Donovan, from 10/06/2020
Mr Gareth David Duffield, from 25/11/2020

Independent examiner

John O'Brien, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management

The charity is operated under the rules of its constitution adopted 12th July 2019.

Trustees are recruited via adverts placed on do-it.org, candidates are then interviewed by the CEO & Founder of the charity and also the Chair of Trustees. After initial interview candidates are invited to observe a Trustee meeting, after the Trustee meeting a discussion takes place with all Trustees to decide upon candidates to accept as a Trustee of The Wolfpack Project. Trustees will then agree upon the Code of Conduct for Trustees and their name placed on the Charity Commission website.

Objectives and activities

The charitable purposes of the charity are the advancement of health and the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage, especially those in need or at risk because of loneliness and social isolation by such charitable means the trustees think fit.

Our Vision: Connect and empower young people and adults; combatting isolation, loneliness and building resilience.

The Wolfpack Project

Our Mission: Collaborating with partners and engaging people with direct experience of loneliness; we will provide a network of projects where individuals can access support, build resilience, establish new friendships and form a wider support network.

Our objectives form four pillars.

Awareness: Raise awareness of loneliness and the substantial damage it poses to young adults; breaking down the stigma and providing an open forum, whereby anyone affected can recognise those feelings in themselves - as well as in their friends and family - at those early stages.

Prevention: Provide young adults with the means in which to prevent them from experiencing loneliness; promoting positive mental health resources, increased social connectivity & access to wellbeing tools.

Support: Support young adults who are experiencing loneliness as a result of isolation or poor mental health; providing them with access to one-to-one & group support, as well as a series of initiatives designed to help them increase their social contact and make friends.

Resilience: To equip young adults with the tools in which to recognise isolation and future feelings of loneliness, and to build the resilience in which to combat through self-care measures, or in accessing additional support.

Summary of the main activities undertaken for the public benefit

Wellbeing Wolf-Packs: Packs are available complimentary to young adults across Nottingham who feel they're experiencing isolation, feelings of loneliness or mental health problems, at which time they are referred to The Wolfpack Project. Individuals are invited into the Community Hub to collect their pack, at which point the charity would look to engage them in additional support, should that be required.

Creative Writing: Writing is a great way to process overwhelming emotions and help people find a healthy way to express themselves. The process of writing - be that journaling or in writing to others - helps manage anxiety, reduce stress and enable people to cope with depression. Through writing creatively individuals are able to prioritise problems, fears and anxieties, whilst also being able to reflect upon negative thoughts and behaviours, empowering those individuals to combat and challenge those feelings themselves.

Pen-Pals: Young adults have the opportunity to become a pen-pal, whereby they send & receive letters through the office of the charity. This process gives complete anonymity - if required - and ensures personal details can remain private; enabling every young adult who takes part to be safe in the knowledge that they are in complete control of the conversations and information they choose to share when writing to their pen-pal.

The Wolfpack Project

Making Links: Making Links is a way to connect young people and adults who want to challenge that behaviour, expand their network of connections and have the opportunity to make new friendships. It promotes a safe space for tolerance, cross-cultural learning and a culture of openness, whereby young adults can connect with their peers based upon shared interests, hobbies or passions. The connections young people make through Making Links, the relationships, the places or activities, build a safety net for their physical and mental health; preventing them from feeling lonely or isolated and enabling them to find a companion who can mutually listen to their problems and accept them for who they are. Those connections are meaningful and enable young adults to feel stronger, better supported and more grounded.

Drop-In Sessions: The Wolfpack Project offers information, advice and support via weekly one-to-one sessions at its Community Hub; delivered by Mental Health First Aid-accredited volunteers and support staff who possess enhanced DBS certification and a lived experience of loneliness. Sessions create a safe, inclusive and non-judgemental space for young adults to drop in for an informal chat and cup of tea. Fully-trained volunteers and support staff leading the sessions unlock the power of conversation; allowing young adults to discuss their concerns and anxieties in private, and receive the support they need to make their own choices. The Wolfpack Project takes a peer-led approach to support young adults; regularly working with a wide range of other local and national organisations, who may be able to offer the counselling service, medical advice or helpline, that we may otherwise be best placed collaborating with.

Public benefit statement

The Wolfpack Project has strong partnerships and referral links with 50+ organisations, including; the YMCA, British Red Cross, National Citizen Service and local authorities; Nottingham City Council and Nottingham County Council. Partnerships will be developed with further organisations that come into contact with young adults; specifically across hard-to-reach communities so the charity can continue to engage a wide cross-section of society. This will create access to hundreds of young adults across the BAME, LGBTQ+ and Asylum Seeker & Refugee communities, as well as others. Organisations will include; Notts Refugee Forum, Framework Housing Association, Notts Deaf Society, The Carers Federation and Nottingham Community Housing Association. As we know, loneliness can have significant effects; physically, emotionally and be detrimental to our mental health & wellbeing. It can also become chronic if it is seen to be something we cannot change, or whereby we believe that loneliness is part of who we are, or where we are to blame for it in some way. Becoming isolated and experiencing feelings of loneliness can affect young adults in different ways and to differing degrees. It can lead to depression, anxiety and affect sleep patterns, eating habits, social skills, personal hygiene and physical fitness, in addition to a range of mental health problems. Due to their isolation, young adults can be hard to reach and may not always engage with support services or local authorities if they feel that accessing support could be more or less intrusive than they would like, increase their anxiety or require a commitment from them to take part in a programme for any given period.

The Wolfpack Project

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Summary of the main achievements during the period

750+ individuals gained Access to One-to-One & Group Support.

4,250+ individuals attended Events & Meet-ups.

The Wolfpack Project opened an Office & Community Hub in mid-2020 to mark its 1st Anniversary; providing a space for hundreds of young people and adults to attend Drop-In Sessions and access one-to-one and group support, as well as have the use of recreational facilities.

The Wolfpack Project was named Nottingham Trent Student Unions' Charity of the Year within 6 months of operating.

350+ individuals received hand-delivered Wellbeing Wolf-Packs.

5000+ individuals follow and engage with The Wolfpack Project via social media, online communities and through email marketing, 87% of which felt The Wolfpack Project helped them feel less lonely, isolated and improved their mental health.

100% of participants felt they were more likely to make friends.

Financial Review

Cash at bank at end of the financial year £26,393.

At the end of our financial year we remain in a strong position to remain operational as a charity for at least the next 12 months. We have a higher cost in the financial year coming associated with project management, office costs, marketing etc. as we grow our charity further. As a charity after our first year of operation and the funding we have received, generated and applied for the year ahead we remain optimistic that we can deliver our objectives for the year ahead.

The Covid-19 pandemic may impact the charity with costs – such as personal protective equipment - for the year ahead for volunteers and service users of the charity.

The charity's policy on reserves

The charity currently has no specific policy with regard to the level of reserves, however The Wolfpack Project has developed a policy on reserves and this is due to be formally adopted at the next available Trustee meeting.

Signed on behalf of the charity's trustees:

Signed 

Paul Anthony Rowland, Trustee

Date 22/02/2021

**Independent examiner's report to the trustees of
The Wolfpack Project
for the period ended 31 July 2020**

I report to the trustees on my examination of the accounts of The Wolfpack Project (the charity) for the period ended 31 July 2020.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

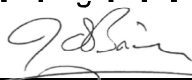
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 26/02/2021
John O'Brien MSc, FCCA, FCIE
Employee of Community Accounting Plus

The Wolfpack Project
Receipts & payments account
for the period ended 31 July 2020

	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £
Receipts			
Grants & donations	9072	29520	38592
Fundraising	692	-	692
Activities contributions	96	-	96
Sundry receipts	25	-	25
Total receipts	9885	29520	39405
Payments			
Equipment, repairs & renewals	202	1199	1401
Fundraising & publicity	37	230	267
Office/General administrative expenses	595	593	1188
Legal & professional	-	6912	6912
Advertising & promotional	-	272	272
Volunteer expenses	1239	1449	2688
Volunteer training	-	65	65
Volunteer travel	19	-	19
Sundry payments	200	-	200
Total payments	2292	10720	13012
Net receipts/(payments)	7593	18800	26393
Cash funds at start of this period	-	-	-
Cash funds at end of this period	7593	18800	26393

**The Wolfpack Project
Statement of assets and liabilities
at 31 July 2020**

	<i>2020</i>
Cash assets	£
Bank accounts	26393
	<u>26393</u>
 Assets retained for the charity's own use	
Laptop, purchased in June 2020, cost £1,199	
 Liabilities	
Creditors - Professional Fees	480
	<u>480</u>

These financial statements are accepted on behalf of the charity by:

Signed  _____ Dated 25/02/2021
Damien Reynolds, Trustee

The Wolfpack Project

Notes to the accounts

for the period ended 31 July 2020

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Funds analysis

	Opening balance	Receipts (Payments)		Closing balance
	£	£	£	£
Restricted funds				
Restricted 1	-	5600	(869)	4731
Restricted 2	-	10000	(8330)	1670
Restricted 3	-	8520	-	8520
Restricted 4	-	400	(65)	335
Restricted 5	-	5000	(1456)	3544
	<u>-</u>	<u>29520</u>	<u>(10720)</u>	<u>18800</u>
Unrestricted funds				
General fund	-	9885	(2292)	7593
	<u>-</u>	<u>9885</u>	<u>(2292)</u>	<u>7593</u>

The specific purposes for which the funds are to be applied are as follows:

- Restricted 1 - to be allocated to Salary costs, Volunteer Expenses and Office & Marketing costs.
- Restricted 2 - to be allocated to Project Management costs, Marketing costs, IT costs and Volunteer Expenses.
- Restricted 3 - to be allocated to Project Management costs, Volunteer Expenses, Marketing costs and IT costs.
- Restricted 4 - to be allocated to Training costs.
- Restricted 5 - to be allocated to Project Management costs, Volunteer Expenses, and Office and Marketing costs.

3. Trustees' remuneration

During this period, a total of £6,912.00 was reimbursed to 1 trustee for project management services.

4. Previous period comparison

The previous period's figures have not been included for comparison because this is the charity's first accounting period.

The Wolfpack Project

5. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.