

EVERY MONTH

England & Wales · Charity number 1184223

Details

Other names EVERY MONTH MANCHESTER, EVERY MONTH MCR

Status Registered

Legal form CIO

Registered 2019-07-03

Register [View on the Charity Commission register](#)

Contact

Address 7 The Grove
Stockport
Cheshire
SK2 6QU

Phone 07775853001

Email info@everymonthcampaign.org

Website www.everymonthcampaign.org

Activities

Objects: THE OBJECT OF THE CIO IS:THE RELIEF OF POVERTY, IN PARTICULAR BUT NOT EXCLUSIVELY, OF PEOPLE LIVING IN GREATER MANCHESTER AND THE SURROUNDING AREA, THROUGH PROVIDING PERIOD PACKS CONTAINING MENSTRUAL HYGIENE PRODUCTS TO FOOD BANKS, SHELTERS AND OTHER SERVICES USED BY PEOPLE EXPERIENCING POVERTY AND BY RAISING AWARENESS ABOUT PERIOD POVERTY AND THE WIDER SOCIAL IMPACT OF THE SAME. MENSTRUAL HYGIENE PRODUCTS REFERS TO BOTH DISPOSABLE AND NON DISPOSABLE PRODUCTS.

Activities: The object of the charity is the relief of poverty, in particular but not exclusively, of people living in Greater Manchester and the surrounding area, through providing period packs containing menstrual hygiene products to food banks, shelters and other services used by people experiencing poverty and by raising awareness about period poverty and the wider social impact of the same.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Other Charities Or Voluntary Bodies

Geography

- Bolton
- Bury
- Manchester City
- Oldham
- Rochdale
- Salford City
- Stockport
- Tameside
- Trafford
- Wigan

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£2,833	£5,212	-	-
2023-10-31	£2,675	£5,131	-	-
2022-10-31	£3,968	£5,971	-	-
2021-10-31	£9,680	£7,309	-	-
2020-10-31	£24,856	£13,126	-	-

Trustees

Name	Role	Appointed
Anna Hall		2018-08-25
Ashleigh Davison		2025-06-09
Calum Wilson-Smith		2025-06-09
Hannah Aziz		2018-08-25

EVERY MONTH

England & Wales - Charity number 1184223

Accounts

Company registration number: CE018075

Charity registration number: 1184223

Every Month

(A Charitable Incorporated Organisation)

Trustees' Report and Financial Statements

31 October 2024

Carter Collins & Myer
Chichester House
2 Chichester Street
Rochdale
Lancashire
OL10 2BG

Every Month

Company registration number: CE018075

Charity registration number: 1184223

The Trustees present their annual report together with the financial statements of the charity, Every Month (the charity) for the year ended 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The charity is constituted as a CIO and became a registered charity (number 1184223) on 3 July 2019. The object and powers of the CIO are established in its governing document.

The charity is run by a board of Trustees. Day to day management is by the trustee team and a bank of volunteers. There are no paid members of staff.

The Trustees confirm that they have complied with section 17(5) of the Charities Act 2011 in having paid due regard to the Charities Commission guidance on public benefit.

Trustee selection method

Trustees are elected under the terms of the governing document. Regular reviews are held to identify any gaps in the expertise of the board of trustees and appointments are made subject to all trustees' approval.

When it is necessary to appoint new trustees due to a trustee stepping down or where a gap in board expertise is identified, recruitment begins initially through the networks of the board and volunteer team. Applicants are reviewed and interviewed. All trustees must approve the appointment.

Only the trustees may appoint a new trustee. No other person or external body is entitled to appoint any of the trustees of the charity.

Objectives and Activities

The objects of the charity are: (1) the relief of poverty, in particular but not exclusively, of people living in Greater Manchester and the surrounding area through providing period packs containing menstrual hygiene products to food banks, shelters and other services used by people experiencing poverty and (2) by raising awareness about period poverty and the wider social impact of the same. Menstrual hygiene products refers to both disposable and non-disposable products. We fulfil this purpose by creating and providing packs containing a selection of pads, applicator and non-applicator tampons and a chocolate bar to food banks, shelters, medical centres, drop in clinics and advice centres.

Significant developments

During the accounting period we:

- . Created and held quizzes to support our fundraising efforts.
- . Collaborated with local businesses and other charities to run fundraising events, including cinema nights.
- . Received product donations from corporates and local WI groups.
- . Expanded our publicity reach through continued support from comedians Kiri Pritchard-McLean and Rachel Fairburn.
- . Increased our presence in the community with a greater number of donation stations in city centre businesses.
- . Received donations from volunteers participating in sports events, including Manchester half marathon.
- . Celebrated five years as a registered charity.

Strategic approach

We are a volunteer-led organisation and this remained in place during this accounting period following the continued fallout from the Covid-19 pandemic and difficult economic times. In previous years, our normal volunteer community model rested on our packing parties which were an integral part of how we brought volunteers together. This approach has shifted to mainly volunteer-initiated fundraising events including hosting events in workplaces (by asking others to bring in products to go into our packs), by hosting quizzes, participating in sponsored sporting events on our behalf and through raising awareness about the work we do through engagement on our social media platforms.

Businesses are also able to purchase donation bins to collect products in the workplace, and this continued to be a popular way to support the charity. Our work continues to take us to local schools

where we have spoken about the work we do and students have collected products for us. We are grateful for the strong support we have in our local community.

During the accounting period and following on from last year, we see requests from local government facilities, such as libraries and also local medical centres, NHS trusts, and also from individuals who are unable to leave home for medical reasons. In comparison to last year, this accounting period saw an increase in the number of individuals fundraising for us through sporting challenges and also by hosting events in their individual workplaces. Overall, we continue to receive product donations over financial donations. Our view remains this is in response to increased budgeting people need to do during challenging economic times, when donating financially to a charity is not a priority.

Achievements and performance

Personnel movements continued to be a challenge during this accounting period whilst meeting continued demand for the charity's services.

As was the case last year, we continue to work to understand our users' needs and during the accounting period we supplied products on a standalone basis, without a pack. Where needed, we obtained and delivered products directly to those who contacted us. This has been necessary to meet specific individual needs, for example, those who struggle with mobility or health issues and cannot leave home. This has also been necessary as our volunteer and trustee level decreased, and direct delivery options ensured we could continue to meet users' needs.

Our social media presence during the accounting period remained stable and was greatly aided by an experienced volunteer who continues to create engaging content and showcase the charity's work. As seen in previous years, some trustees recruited in the last accounting period have also moved on.

However, given the commitment of our volunteers and the board, we remain adaptable and have structures in place to weather such changes.

Financial review

Our accounting process is based on an accruals basis.

During the period ended 31 October 2024, the charity received a total income of £2,833 (2023: £2,675). Expenditure totalled £5,212 (2023: £5,131).

Holding reserves

During this accounting period, no reserves policy was in place. However, we have now set a reserves policy of £2,000. In any event, were this reserves policy in place during the accounting period, it would have been met at all times.

What we want to see going forward

One of our charitable aims is to raise awareness about period poverty. Our social media presence has proven instrumental in achieving this. We have a template contact your local MP letter on our website so that people have an accessible and easy way to help effect change and raise awareness. In the future, we want to see England adopting the same law as in Scotland. We are encouraged by continued media discussion around periods generally (particularly in relation to women and sport) to alleviate the taboo that sadly still exists. However, further work remains and we want to see further normalisation of periods in wider society.

We would like greater campaigning to raise awareness about period poverty and to help empower people. In these challenging economic times, we have seen a distinct shift in requests for our assistance. Requests now come from established institutions such as NHS trusts and local government. We want to see period poverty being at the fore of the political agenda as part of a national commitment to address poverty at large. Although positive, the abolition of the tampon tax has not made a sizeable difference to affordability of products as companies instead raised the price of products.

Plans going forward

We hope to continue our work as an engaged, experienced and active board that is fully reflective of the society we live in and of those we serve. Our goal is to increase board numbers and experience so we remain on track to meet our charitable aims.

Our core ambition is that the people we serve will no longer require our service or need us to champion the issue of period poverty. Until everyone has access to period products we will not stop. We want to play a role in influencing the tackling of period poverty and ending the period stigma full stop.

We believe everyone should have access to period products. It is not right that a basic healthcare need is only open to those who can afford to buy period products.

We feel incredibly grateful to those who have supported us before, during and after this accounting period in continued challenging times. We look forward to building our existing relationships and forging new ones to help the charity go from strength to strength.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

CE018075 (England and Wales)

Registered Office

7 The Grove
Stockport

Cheshire
SK2 6QU

Trustees

Ms H Aziz Trustee

Ms A Hall Trustee

Ms E White Trustee

Ms C Thomas Trustee (Resigned 10 December 2023)

Ms L Konomoore Trustee (Resigned 28 October 2024)

Approved by order of the board of trustees on 28th August 2025 and signed on its behalf by:

Hannah Aziz

Ms Hannah Aziz - Trustee

28 Aug 2025

Independent Examiners' Report to the members of Every Month

I report on the unaudited accounts of Every Month for the year ended 31 October 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cashflow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Respective responsibilities of trustee and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I am qualified to undertake the examination, being a qualified member of the Association of International Accountants

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedure laid down in the general Directions given by the Charity Commission under section 145 (5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention

Basis of Independent Examiner's Report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement Report

No matters have come to my attention in the 2024 Financial Statements, which gives me

- (1) reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006, and to prepare accounts which accord with the accounting records, comply with the accounting requirement of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice – Accounting and Reporting by Charities
Have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Carter Collins and Myer Accountants

DATE: 28th August 2025

Every Month

Statement of Financial Activities for the Year Ended 31 October 2024

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total 2024 £	Total 2023 £
Incoming resources				
Donations and legacies	8,045		8,045	2,611
Income from charitable activities				64
Other income				
Total incoming resources	8,045		8,045	2,675
Resources expended				
Raising Funds	0	0	0	0
Charitable Activities	4,138	0	4,138	4,063
Other	1,074		1,074	1,068
Total resources expended	5,212	0	5,212	5,131
Net movement in funds	2,833	(0)	2,833	(2,456)
Transfers between funds				
Total funds brought forward	9,642		9,642	12,098
Total funds carried forward	12,475	(0)	12,475	9,642

The statement of financial activities includes all gains and losses in the year.
All incoming resources and resources expended derive from continuing activities.

Every Month

Balance Sheet as at 31 October 2024

	Unrestricted	Restricted	2024	2023
	£	£	£	£
Fixed Assets				
Tangible assets	0	0	(0)	0
	(0)	0	(0)	0
Current Assets				
Debtors	0	0	0	0
Cash at bank and in hand	13,549	0	13,549	9,642
	13,549	0	13,549	9,642
Creditors				
Amounts falling due in one year	(1,074)	0	(1,074)	0
	12,475	0	12,475	9,642
Net Current Assets				
Amounts falling due after more than one year	0	0	0	0
Net Assets	12,475	0	12,475	9,642
Funds of the Charity				
Unrestricted funds	12,475		12,475	9,642
Restricted funds		0	0	0
Total Funds	12,475	0	12,475	9,642

The charitable incorporated organisation is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2024.

The members have not required the charitable incorporated organisation to obtain an audit of its financial statements for the year ended 31 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable incorporated organisation keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable incorporated organisation as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable incorporated organisation.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Approved by the Board and signed on their behalf by:

Hannah Aziz

H Aziz

Trustee

Approved by the board on
28 Aug 2025

Every Month

Notes to the Financial Statements

Accounting policies

Basis of preparation

The financial statements of the charitable incorporated organisation, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on income and gains falling within S505 of the income & Corporation Taxes Act 1988 (ICTA 1998) or S256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial

Trustees remuneration and expenses

There were no trustees' remuneration or other benefits for the year ended 31 October 2024 nor for the year ended 31 October 2023.

There were no trustees' expenses paid for the year ended 31 October 2024 nor for the year ended 31 October 2023.

Notes to the statements of Financial Activities

Income from	Unrestricted £	Restricted £	2024 £
Donations and legacies	8,045	0	8,045
	<u>8,045</u>	<u>0</u>	<u>8,045</u>

Incoming from Charitable Activities	Unrestricted £	Restricted £	2024 £
Other Charitable Activities	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>

Expenditure on raising funds	Unrestricted £	Restricted £	2024 £
Advertising and Marketing	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>

Expenditure on charitable activities

	£	£	£
Rent / room hire	1,984	0	1,984
Purchases	1,374	0	1,374
Computer running costs	623	0	623
Printing, postage & stationery	157	0	157
	<u>4,138</u>	<u>0</u>	<u>4,138</u>

Governance costs

	Unrestricted £	Restricted £	2024 £
Accountancy services	1,074	0	1,074
	<u>1,074</u>	<u>0</u>	<u>1,074</u>

Net Income

	Unrestricted £	Restricted £	2024 £
Net Income	2,833		2,833
Funds brought forward	9642		9642
	<u>12475</u>	<u>0</u>	<u>12475</u>

Fund Movement	At 01.11.2023	Incoming resources	Outgoing resources	Transf ers
---------------	------------------	-----------------------	-----------------------	---------------

Unrestricted Funds

General Funds	9,642	8,045	(5,212)	
	9,642	8,045	(5,212)	0
Total Funds	9,642	8,045	(5,212)	0



Issuer Carter Collins & Myer

Document generated Thu, 28th Aug 2025 9:42:27 BST

Document fingerprint da6e450e3f5f26b156fafd3605746021

Parties involved with this document

Document processed	Party + Fingerprint
Thu, 28th Aug 2025 15:10:19 BST	Ms Hannah Aziz - Signer (231bf84bc297d4f06485b5f23ab86dd2)
Thu, 28th Aug 2025 15:10:20 BST	Christopher Crowe Crowe - Copied In (7c89f06557ebf83c5c4f79310fe4a7a6)

Audit history log

Date	Action
Thu, 28th Aug 2025 9:42:27 BST	Envelope generated with fingerprint e1de597a431345c0ae3407d0dd27faa7 (35.176.231.177)
Thu, 28th Aug 2025 9:42:27 BST	Document generated with fingerprint fb0751612c08a7152dd5070b62e29cf5. (35.176.231.177)
Thu, 28th Aug 2025 9:42:27 BST	Document generated with fingerprint da6e450e3f5f26b156fafd3605746021. (35.176.231.177)
Thu, 28th Aug 2025 9:42:27 BST	Ms Hannah Aziz has been assigned to this envelope. (35.176.231.177)
Thu, 28th Aug 2025 9:42:27 BST	Christopher Crowe Crowe has been assigned to this envelope. (35.176.231.177)
Thu, 28th Aug 2025 9:42:27 BST	Envelope has been set to automatically remind the active signer every 3 day(s). (35.176.231.177)
Thu, 28th Aug 2025 9:42:33 BST	Envelope generated
Thu, 28th Aug 2025 9:42:33 BST	Sent the envelope to Ms Hannah Aziz for signing
Thu, 28th Aug 2025 9:42:34 BST	Document emailed to party email
Thu, 28th Aug 2025 11:13:09 BST	Ms Hannah Aziz viewed the envelope (217.138.55.51)
Thu, 28th Aug 2025 15:05:47 BST	Ms Hannah Aziz viewed the envelope (217.138.55.51)
Thu, 28th Aug 2025 15:10:19 BST	Ms Hannah Aziz signed the envelope (217.138.55.51)
Thu, 28th Aug 2025 15:10:20 BST	Sent the envelope to Christopher Crowe Crowe for signing (217.138.55.51)
Thu, 28th Aug 2025 15:10:20 BST	This envelope has been signed by all parties (217.138.55.51)
Thu, 28th Aug 2025 15:10:21 BST	Document emailed to party email

EVERY MONTH

England & Wales - Charity number 1184223

Accounts

Company registration number: CE018075

Charity registration number: 1184223

Every Month

(A Charitable Incorporated Organisation)

Trustees' Report and Financial Statements

31 October 2023

Carter Collins & Myer
Chichester House
2 Chichester Street
Rochdale
Lancashire
OL10 2BG

Every Month

Company registration number: CE018075

Charity registration number: 1184223

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of the charity, Every Month (the charity) for the year ended 31 October 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The charity is constituted as a CIO and became a registered charity (number 1184223) on 3 July 2019. The object and powers of the CIO are established in its governing document.

The charity is run by a board of Trustees. Day to day management is by the trustee team and a bank of volunteers. There are no paid members of staff.

The Trustees confirm that they have complied with section 17(5) of the Charities Act 2011 in having paid due regard to the Charities Commission guidance on public benefit.

Trustee selection method

Trustees are elected under the terms of the governing document. Regular reviews are held to identify any gaps in the expertise of the board of trustees and appointments are made subject to all trustees' approval.

When it is necessary to appoint new trustees due to a trustee stepping down or where a gap in board expertise is identified, recruitment begins initially through the networks of the board and volunteer team. Applicants are reviewed and interviewed. All trustees must approve the appointment.

Only the trustees may appoint a new trustee. No other person or external body is entitled to appoint any of the trustees of the charity.

Objectives and Activities

The objects of the charity are: (1) the relief of poverty, in particular but not exclusively, of people living in Greater Manchester and the surrounding area through providing period packs containing menstrual hygiene products to food banks, shelters and other services used by people experiencing poverty and (2) by raising awareness about period poverty and the wider social impact of the same. Menstrual hygiene products refers to both disposable and non-disposable products. We fulfil this purpose by creating and providing period packs (containing tampons, sanitary towels and a chocolate bar) to food banks, shelters, medical centres, drop in clinics and advice centres.

Significant developments

During the accounting period we:

- Strengthened our partnership with Manchester United girls and RTC.
- Received donations from local sports teams.
- Created and held quizzes to support our fundraising efforts.
- Collaborated with local businesses and other charities to run fundraising events, including cinema nights and packing parties.
- Held packing parties in local venues and schools.
- Expanded our publicity reach through media interviews, including Mancunian Matters.
- Increased our presence in the community with a greater number of donation stations in local businesses.

- Gave talks in local schools and women's groups to raise awareness of period poverty and ways to help alleviate it.

Strategic approach

We are a volunteer-led organisation and this remained in place during this accounting period following the continued fallout from the Covid-19 pandemic. Our normal volunteer community model rests on our packing parties which are an integral part of how we bring volunteers together and help in a practical way to produce the packs that we ultimately distribute. Our volunteers also host fundraising events including in their individual workplaces (by asking others to bring in products to go into our packs), by hosting quizzes either in-person or online, participating in sponsored sporting events on our behalf (including the Manchester Marathon) and through raising awareness about the work we do through engagement on our social media platforms. Similar to last year, during this accounting period we have been able to host and be part of more in person events. This helps us to maintain our presence within the community and affords us the opportunity to develop new partnerships and donation opportunities. We also work with various community groups including larger corporates and smaller local businesses such as Afflecks Palace who provide us with products to put into our packs and house our donation bins. Our donation bins continue to be a popular way for businesses to help us. Our work continues to take us to local schools where we have spoken about the work we do and the students have collected products for us. We are grateful for the strong support we have in our local community.

During the accounting period, we continued to receive support from local businesses and have been able to hold more in person events, including local pub quizzes, cinema nights and packing parties. Following on from last year, we have seen a further increase in requests from local government facilities, such as libraries and also local medical centres, including NHS trusts, food banks ran by hospital staff for hospital staff and also from individuals who are unable to leave home for medical reasons. As outlined last year, we continue to see greater product donations, as opposed to financial donations. We believe this to be in response to the increased budgeting people need to do during challenging economic times, when donating financially to a charity is not a priority.

Achievements and performance

This accounting period was a time of change, with further personnel movements and continued demand for our help in the post-pandemic world and in economically challenging times.

Our robust operations systems have been further refined to enable us to track supplies and meet increasing demand for our services. We continue to work to understand our users' needs and have honed our ability to meet such demand, for example in supplying pad-only packs. Where needed, we obtained and delivered products direct to those who contact us. This has been necessary to meet specific individual needs, for example, those who struggle with mobility or health issues and cannot leave home.

Our social media presence during the accounting period slowed mainly due to personnel changes, but we continue to work on ways to improve our social media presence and we hope to see results in the next accounting period. Some trustees recruited in the last accounting period have also moved on. However, given the commitment of our volunteers and the board, we remain adaptable and have structures in place to weather such changes.

Financial review

Our accounting process is based on an accruals basis. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

During the period ended 31 October 2023, the charity received a total income of £2,675 (2022: £3,968,). Expenditure totaled £5,131 (2022: £5,971).

Holding reserves

There is currently no reserves policy in place. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

What we want to see going forward

One of our charitable aims is to raise awareness about period poverty. Our social media presence has proven instrumental in achieving this. We also have a template contact your local MP letter on our website so that people have an accessible and easy way to help effect change and raise awareness.

In the future, we want to see England adopting the same law as in Scotland, to make period products free for all. We are encouraged by continued media discussion around periods generally (particularly in relation to women and sport) to alleviate the taboo that sadly still exists. However, further work remains and we want to see further normalisation of periods in wider society.

We would like greater campaigning to raise awareness about period poverty and to help empower people to overcome poverty through greater access to products and services to support people in need. In these challenging economic times, we have seen a distinct shift in requests for our assistance. Requests now come from established institutions such as NHS trusts and local government. We want to see period poverty being at the fore of the political agenda as part of a national commitment to address poverty at large. Although positive, the abolition of the tampon tax has not made a sizeable difference to affordability of products as companies instead raised the price of products.

Plans going forward

We hope to continue our work as an engaged, experienced and active board that is fully reflective of the society we live in and of those we serve.

We will also aim to meet the increasing demands on our services. We continuously assess and interrogate expenditure for areas in which it can be reduced. To this end, we also aim to increase our applications for funding and grants where they are available. This will help cement long-term operations and ensure we can serve those most in need.

Our core ambition is that the people we serve will no longer require our service or need us to champion the issue of period poverty. Until everyone has access to period products we will not stop. We want to play a role in influencing the tackling of period poverty and ending the period stigma full stop.

We believe everyone should have access to period products. It is not right that a basic healthcare need is only open to those who can afford to buy period products.

We feel incredibly grateful to those who have supported us before, during and after this accounting period in continued challenging times. We look forward to building our existing relationships and forging new ones to help the charity go from strength to strength.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number

CE018075 (England and Wales)

Registered Office

7 The Grove

Stockport

Cheshire

SK2 6QU

Trustees

Ms H Aziz Trustee

Ms A Hall Trustee

Ms R Candlin Trustee (Resigned 10 July 2023)

Ms L Konomoore Trustee

Ms C Thomas Trustee

Ms E Kennedy Trustee (Resigned 13 June 2023)

Ms E White Trustee (Appointed 24 July 2023)

Approved by order of the board of trustees on 23rd August 2024 and signed on its behalf by:

H Aziz

Ms Hannah Aziz - Trustee

Independent Examiners' Report to the members of Every Month

I report on the unaudited accounts of Every Month for the year ended 31 October 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cashflow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Respective responsibilities of trustee and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

I am qualified to undertake the examination, being a qualified member of the Association of International Accountants

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedure laid down in the general Directions given by the Charity Commission under section 145 (5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention

Basis of Independent Examiner's Report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement Report

No matters have come to my attention in the 2023 Financial Statements, which gives me

- (1) reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006, and to prepare accounts which accord with the accounting records, comply with the accounting requirement of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice – Accounting and Reporting by Charities
Have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Carter Collins and Myer Accountants

DATE: 27 August 2024

Every Month

Statement of Financial Activities for the Year Ended 31 October 2023

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £	Total 2022 £
Incoming resources				
Donations and legacies	2,611		2,611	3,918
Income from charitable activities	64		64	50
Other income				
Total incoming resources	2,675		2,675	3,968
Resources expended				
Raising Funds				
Charitable Activities	4,063	0	4,063	5,227
Other	1,068		1,068	744
Total resources expended	5,131	0	5,131	5,971
Net movement in funds	(2,456)	(0)	(2,456)	(2,002)
Transfers between funds				
Total funds brought forward	12,098		12,098	14,101
Total funds carried forward	9,642	(0)	9,642	12,098

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

Every Month

Balance Sheet as at 30 April 2023

	Unrestricted £	Restricted £	2023 £	2022 £
Current Assets				
Debtors	0	0	0	0
Cash at bank and in hand	9,642	0	9,642	12,098
	<u>9,642</u>	<u>0</u>	<u>9,642</u>	<u>12,098</u>
Creditors				
Amounts falling due in one year	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Net Current Assets	<u>9,642</u>	<u>0</u>	<u>9,642</u>	<u>12,098</u>
Amounts falling due after more than one year	0	0	0	0
Net Assets	<u>9,642</u>	<u>0</u>	<u>9,642</u>	<u>12,098</u>
Funds of the Charity				
Unrestricted funds	9,642		9,642	12,098
Restricted funds		0	0	0
	<u>9,642</u>	<u>0</u>	<u>9,642</u>	<u>12,098</u>
Total Funds	<u>9,642</u>	<u>0</u>	<u>9,642</u>	<u>12,098</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Approved by the Board and signed on their behalf by:

H Aziz

H Aziz
Trustee

Approved by the board on 23 August 2024

Every Month

Notes to the Financial Statements

Accounting policies

Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on income and gains falling within S505 of the income & Corporation Taxes Act 1988 (ICTA 1998) or S256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial

Trustees remuneration and expenses

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2022.

There were no trustees' expenses paid for the year ended 31 October 2023 nor for the year ended 31 October 2022.

Notes to the statements of Financial Activities

Income from	Unrestricted £	Restricted £	2023 £	2022 £
Donations and legacies	2,611	0	2,611	3,918
	<u>2,611</u>	<u>0</u>	<u>2,611</u>	<u>3,918</u>
Incoming from Charitable Activities	Unrestricted £	Restricted £	2023 £	2022 £
Other Charitable Activities	64	0	64	50
	<u>64</u>	<u>0</u>	<u>64</u>	<u>50</u>
Expenditure on raising funds	Unrestricted £	Restricted £	2023 £	2022 £
Rent / room hire	2,322	0	2,322	2,702
Purchases	674	0	674	1,099
Computer running costs	936	0	936	1,305
Printing, postage & stationery	130	0	130	121
	<u>4,063</u>	<u>0</u>	<u>4,063</u>	<u>5,227</u>
Governance costs	Unrestricted £	Restricted £	2023 £	2022 £
Accountancy services	1,068	0	1,068	744
	<u>1,068</u>	<u>0</u>	<u>1,068</u>	<u>744</u>
Net Income	Unrestricted £	Restricted £	2023 £	
Net Income	(2,456)		(2,456)	
Funds brought forward	12,098		12,098	
	<u>9,642</u>	<u>0</u>	<u>9,642</u>	

Fund Movement	At 01.04.2022	Incoming resources	Outgoing resources	Transfers	At 31.03.2023
Unrestricted Funds					
General Funds	12,098	2,675	(5,131)		9,642
	<u>12,098</u>	<u>2,675</u>	<u>(5,131)</u>	<u>0</u>	<u>9,642</u>
Total Funds	<u>12,098</u>	<u>2,675</u>	<u>(5,131)</u>	<u>0</u>	<u>9,642</u>



Issuer Carter Collins & Myer

Document generated Wed, 28th Aug 2024 9:03:47 BST

Document fingerprint e9a03a6f54b8bc3c2310bee41138aef7

Parties involved with this document

Document processed	Party + Fingerprint
Wed, 28th Aug 2024 11:56:42 BST	Ms Hannah Aziz - Signer (ff63a305fc4d5d7a2b61fdec0d9e5f53)
Wed, 28th Aug 2024 11:56:42 BST	Catheryn Day - Copied In (07a0b44490523ec15d9c67f8a177ee9b)

Audit history log

Date	Action
Wed, 28th Aug 2024 9:03:47 BST	Envelope generated with fingerprint 1c12e85fdd5c822339fed574704af6f035.176.231.177
Wed, 28th Aug 2024 9:03:48 BST	Document generated with fingerprint e9a03a6f54b8bc3c2310bee41138aef7.35.176.86.230
Wed, 28th Aug 2024 9:03:48 BST	Envelope generated.35.176.86.230
Wed, 28th Aug 2024 9:03:48 BST	Ms Hannah Aziz has been assigned to this envelope.35.176.86.230
Wed, 28th Aug 2024 9:03:48 BST	Catheryn Day has been assigned to this envelope.35.176.86.230
Wed, 28th Aug 2024 9:03:48 BST	Envelope has been set to automatically remind the active signer every 3 day(s).35.176.86.230
Wed, 28th Aug 2024 9:03:48 BST	Sent the envelope to Ms Hannah Aziz for signing.35.176.86.230
Wed, 28th Aug 2024 9:03:56 BST	Document emailed to party email3.8.189.253
Wed, 28th Aug 2024 9:12:02 BST	Ms Hannah Aziz viewed the envelope220.253.147.111
Wed, 28th Aug 2024 11:54:23 BST	Ms Hannah Aziz viewed the envelope220.253.147.111
Wed, 28th Aug 2024 11:56:42 BST	Ms Hannah Aziz signed the envelope220.253.147.111
Wed, 28th Aug 2024 11:56:42 BST	Sent the envelope to Catheryn Day for signing220.253.147.111
Wed, 28th Aug 2024 11:56:42 BST	This envelope has been signed by all parties220.253.147.111
Wed, 28th Aug 2024 11:56:42 BST	Document emailed to party email13.42.33.147
Wed, 28th Aug 2024 11:56:43 BST	Ms Hannah Aziz viewed the envelope220.253.147.111

EVERY MONTH

England & Wales - Charity number 1184223

Accounts

Document Details:

Filename:	E0197 - Accounts 2022.10.pdf
Client of:	Carter Collins & Myer Ltd

Signature Details

Name:	Hannah Aziz
Email:	hannah.aziz@everymonthcampaign.org
Date & Time:	06/08/2023 06:48:09 AM (BST)
IP Address:	203.208.103.147
Signing Statement:	Every Month confirms that the information is correct and complete to the best of their knowledge and belief.

Digital Certificate

The approved PDF file has been digitally certified. Please check the Digital Certificate information in your PDF viewer to verify the Digital Certificate authenticity and the PDF has not been tampered with.

On behalf of:	Carter Collins & Myer Ltd
PDF digital certificate:	IRIS Software Group Limited
Digital certificate issued by:	GlobalSign

Please keep a copy of this document for your records. Carter Collins & Myer Client Portal is powered by IRIS OpenSpace.

Every Month
(A Charitable Incorporated Organisation)

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 October 2022

Carter Collins & Myer Limited
Chichester House
2 Chichester Street
Rochdale
Lancashire
OL16 2AX

Every Month

**Contents of the Financial Statements
for the Year Ended 31 October 2022**

	Page
Report of the Trustees	1
Statement of Financial Activities	2
Balance Sheet	3
Notes to the Financial Statements	4 to 6
Detailed Statement of Financial Activities	7

Every Month

Report of the Trustees for the Year Ended 31 October 2022

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of the charity, Every Month (the charity) for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS 102) (effective 1 January 2019)

Structure, Governance and Management

The charity is constituted as a CIO and became a registered charity (number 1184223) on 3 July 2019. The object and powers of the CIO are established in its governing document.

The charity is run by a board of Trustees. Day to day management is by two directors who draw on the support and expertise of the board of trustees as needed. There are no paid members of staff.

The Trustees confirm that they have complied with section 17(5) of the Charities Act 2011 in having paid due regard to the Charities Commission guidance on public benefit.

Trustee selection method

Trustees are elected under the terms of the governing document. Regular reviews are held to identify any gaps in the expertise of the board of trustees and appointments are made subject to all trustees' approval.

When it is necessary to appoint new trustees due to a trustee stepping down or where a gap in board expertise is identified, recruitment begins initially through the networks of the board and director team. Applicants are reviewed and interviewed. All trustees must approve the appointment.

Only the trustees may appoint a new trustee. No other person or external body is entitled to appoint any of the trustees of the charity.

Objectives and Activities

The objects of the charity are: (1) the relief of poverty, in particular but not exclusively, of people living in Greater Manchester and the surrounding area through providing period packs containing menstrual hygiene products to food banks, shelters and other services used by people experiencing poverty and (2) by raising awareness about period poverty and the wider social impact of the same. Menstrual hygiene products refers to both disposable and non-disposable products. We fulfil this purpose by creating and providing period packs (containing tampons, sanitary towels and a chocolate bar) to food banks, shelters, medical centres, drop in clinics and advice centres.

Significant developments

During the accounting period we:

- Strengthened our partnership with Manchester United girls and RTC.
- Received donations from Lancashire County Cricket Club.
- Created and held quizzes to support our fundraising efforts.
- Were successful in securing a large product donation from Hey Girls UK.
- Held packing parties in local venues and schools.
- Expanded our publicity reach through media interviews, including BBC North West.
- Provided postgraduate students with information and data on our work to assist in period poverty research.
- Gave talks in local schools to raise awareness of period poverty and ways to help alleviate it.

Strategic approach

We are a volunteer-led organisation and this remained in place during this accounting period following the continued fallout from the Covid-19 pandemic. Our normal volunteer community model rests on our packing parties which are an integral part of how we bring volunteers together and help in a practical way to produce the packs that we ultimately distribute. Our volunteers also host fundraising events including in their individual workplaces (by asking others to bring in products to go into our packs), by hosting quizzes either in-person or online, participating in sponsored sporting events on our behalf (including the Manchester Marathon) and through raising awareness about the work we do through engagement on our social media platforms. During this accounting period we have been able to host and be part of more in person events. This helps us to maintain our presence within the community and affords us the opportunity to develop new partnerships and donation opportunities. We also work with various community groups including larger corporates and smaller local businesses such as Afflecks Palace who provide us with products to put into our packs and house our donation bins. Our work continues to take us to local schools where we have spoken about the work we do and the students have collected products for us.

We have also strengthened our partnerships with commercial groups such as Hey Girls UK and we are grateful for their continued support in providing us with products. Similarly, our relationships with local sports clubs (most notably football clubs) goes from strength to strength.

During the accounting period, we continued to receive support from local businesses and have been able to hold more in person events following lockdown, including local pub quizzes and packing parties. We have seen a surge in requests from local government facilities, such as libraries

and also local medical centres, including NHS trusts. We have also seen greater product donations, as opposed to financial donations. We believe this to be in response to the increased budgeting people need to do during challenging economic times, when donating financially to a charity is not a priority.

Achievements and performance

This accounting period was a time of change, with personnel movements and continued demand for our help in the post-pandemic world and in economically challenging times.

Our robust operations systems have been further refined to enable us to track supplies and meet increasing demand for our services. We continue to work to understand our users' needs and have honed our ability to meet such demand, for example in supplying pad-only packs.

Our social media presence has flourished with the onboarding of a passionate and engaged social media volunteer. Similarly, new trustees were recruited to bring fresh ideas and experience and support the evolution of the charity.

Financial review

Our accounting process is based on an accruals basis. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

During the period ended 31 October 2022, the charity received a total income of £3,968 (2021: £9,680). Expenditure totaled £5,971 (2021: £7,309).

Holding reserves

There is currently no reserves policy in place. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

What we want to see going forward

One of our charitable aims is to raise awareness about period poverty. Our social media presence has proven instrumental in achieving this. We also have a template contact your local MP letter on our website so that people have an accessible and easy way to help effect change and raise awareness. In the future, we want to see England adopting the same law as in Scotland, to make period products free for all. We also note Spain has introduced period leave for employees. Legislation such as this helps to ensure discussion around periods is no longer taboo.

We would like greater campaigning to raise awareness about period poverty and to help empower people to overcome poverty through greater access to products and services to support people in need. In these challenging economic times, we have seen a distinct shift in requests for our assistance. Requests now come from established institutions such as NHS trusts and local government. We want to see period poverty being at the fore of the political agenda as part of a national commitment to address poverty at large.

Plans going forward

We hope to continue our work as an engaged, experienced and active board that is fully reflective of the society we live in and of those we serve.

We will also aim to meet the increasing demands on our services. We continuously assess and interrogate expenditure for areas in which it can be reduced. To this end, we also aim to increase our applications for funding and grants where they are available. This will help cement long-term operations and ensure we can serve those most in need.

Our core ambition is that the people we serve will no longer require our service or need us to champion the issue of period poverty. Until everyone has access to period products we will not stop. We want to play a role in influencing the tackling of period poverty and ending the period stigma full stop.

We believe everyone should have access to period products. It is not right that a basic healthcare right is only open to those who can afford to buy period products.

We feel incredibly grateful to those who have supported us before, during and after this accounting period in particularly challenging times. We look forward to building our existing relationships and forging new ones to help the charity go from strength to strength.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE018075 (England and Wales)

Registered Charity number

1184223

Registered office

7 The Grove

Stockport

Cheshire

SK2 6QU

Trustees

Ms H Aziz Trustee

Ms I Southgate (resigned 31.7.22)

Ms E Hampson (resigned 17.12.21)

Ms C Atkinson (resigned 4.9.22)

Ms A Hall Trustee

Ms R Candlin Trustee (appointed 5.9.22)

Ms L Konomoore Trustee (appointed 5.9.22)

Ms C Thomas Trustee (appointed 5.9.22)

Ms E Kennedy Trustee (appointed 5.9.22)

Company Secretary

Approved by order of the board of trustees on and signed on its behalf by:

.....
Ms H Aziz - Trustee

Every Month

Statement of Financial Activities
for the Year Ended 31 October 2022

	Notes	31.10.22 Unrestricted fund £	31.10.21 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>3,968</u>	<u>9,680</u>
EXPENDITURE ON			
Raising funds		1,305	1,154
Charitable activities			
General		3,922	5,681
Other		<u>744</u>	<u>474</u>
Total		<u>5,971</u>	<u>7,309</u>
NET INCOME/(EXPENDITURE)		(2,003)	2,371
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>14,101</u>	<u>11,730</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>12,098</u></u>	<u><u>14,101</u></u>

The notes form part of these financial statements

Every Month

Balance Sheet
31 October 2022

	Notes	31.10.22 Unrestricted fund £	31.10.21 Total funds £
CURRENT ASSETS			
Cash at bank		12,098	14,101
		<hr/>	<hr/>
NET CURRENT ASSETS		<u>12,098</u>	<u>14,101</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		12,098	14,101
		<hr/>	<hr/>
NET ASSETS		<u>12,098</u>	<u>14,101</u>
FUNDS	4		
Unrestricted funds		<u>12,098</u>	<u>14,101</u>
TOTAL FUNDS		<u>12,098</u>	<u>14,101</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
H Aziz - Trustee

Every Month

Notes to the Financial Statements for the Year Ended 31 October 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2022 nor for the year ended 31 October 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the year ended 31 October 2021.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>9,680</u>
EXPENDITURE ON	
Raising funds	1,154
Charitable activities	
General	5,681
Other	<u>474</u>
Total	<u>7,309</u>
NET INCOME	2,371
RECONCILIATION OF FUNDS	
Total funds brought forward	11,730

Every Month

Notes to the Financial Statements - continued
for the Year Ended 31 October 2022

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

Unrestricted
fund
£

TOTAL FUNDS CARRIED FORWARD

14,101

4. MOVEMENT IN FUNDS

	At 1.11.21 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	14,101	(2,003)	12,098
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>14,101</u>	<u>(2,003)</u>	<u>12,098</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,968	(5,971)	(2,003)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>3,968</u>	<u>(5,971)</u>	<u>(2,003)</u>

Comparatives for movement in funds

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	11,730	2,371	14,101
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>11,730</u>	<u>2,371</u>	<u>14,101</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,680	(7,309)	2,371
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>9,680</u>	<u>(7,309)</u>	<u>2,371</u>

Every Month

Notes to the Financial Statements - continued
for the Year Ended 31 October 2022

4. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.20 £	Net movement in funds £	At 31.10.22 £
Unrestricted funds			
General fund	11,730	368	12,098
	_____	_____	_____
TOTAL FUNDS	<u>11,730</u>	<u>368</u>	<u>12,098</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,648	(13,280)	368
	_____	_____	_____
TOTAL FUNDS	<u>13,648</u>	<u>(13,280)</u>	<u>368</u>

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2022.

Every Month

Detailed Statement of Financial Activities
for the Year Ended 31 October 2022

	31.10.22 £	31.10.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	<u>3,968</u>	<u>9,680</u>
Total incoming resources	3,968	9,680
EXPENDITURE		
Raising donations and legacies		
Computer running costs	1,305	1,154
Charitable activities		
Rent	2,702	2,268
Postage and stationery	121	15
Purchases	<u>1,099</u>	<u>3,398</u>
	3,922	5,681
Other		
Accountancy	744	420
Subscriptions	<u>-</u>	<u>54</u>
	<u>744</u>	<u>474</u>
Total resources expended	<u>5,971</u>	<u>7,309</u>
Net (expenditure)/income	<u>(2,003)</u>	<u>2,371</u>

This page does not form part of the statutory financial statements

EVERY MONTH

England & Wales - Charity number 1184223

Accounts

Every Month
Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2021

Carter Collins & Myer Limited
Chichester House
2 Chichester Street
Rochdale
Lancashire
OL16 2AX

Every Month

**Contents of the Financial Statements
for the Year Ended 31 October 2021**

	Page
Report of the Trustees	1
Statement of Financial Activities	2
Balance Sheet	3
Notes to the Financial Statements	4 to 5
Detailed Statement of Financial Activities	6

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of the charity, Every Month (the charity) for the year ended 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The charity is constituted as a CIO and became a registered charity (number 1184223) on 3 July 2019. The object and powers of the CIO are established in its governing document.

The charity is run by a board of Trustees. Day to day management is by two directors who draw on the support and expertise of the board of trustees as needed. There are no paid members of staff.

The Trustees confirm that they have complied with section 17(5) of the Charities Act 2011 in having paid due regard to the Charities Commission guidance on public benefit.

Trustee selection method

Trustees are elected under the terms of the governing document. Regular reviews are held to identify any gaps in the expertise of the board of trustees and appointments are made subject to all trustees' approval.

When it is necessary to appoint new trustees due to a trustee stepping down or where a gap in board expertise is identified, recruitment begins initially through the networks of the board and director team. Applicants are reviewed and interviewed. All trustees must approve the appointment.

Only the trustees may appoint a new trustee. No other person or external body is entitled to appoint any of the trustees of the charity.

Objectives and Activities

The objects of the charity are: (1) the relief of poverty, in particular but not exclusively, of people living in Greater Manchester and the surrounding area through providing period packs containing menstrual hygiene products to food banks, shelters and other services used by people experiencing poverty and (2) by raising awareness about period poverty and the wider social impact of the same. Menstrual hygiene products refers to both disposable and non disposable products. We fulfil this purpose by creating and providing period packs (containing tampons, sanitary towels and a chocolate bar) to food banks, shelters, medical centres, drop in clinics and advice centres.

Significant developments

During the accounting period we:

- Continued working with Manchester United Women's' network through director connections to provide free pads and tampons in all available toilets at the Old Trafford stadium. Free vend machines were installed as a result.
- Strengthened our partnership with Manchester United girls and RTC. The team collected chocolate for us all season long to put in our packs.
- Awarded £1,000 community project forward award by the Daily Mirror Pride of Britain Fund.
- Held our first in person packing party since the pandemic, making over 700 packs.
- Held an in person film screening event to help raise funds and re-energise our fundraising efforts once it was safe to hold in-person events
- Updated our template 'write to your MP' campaign letter to highlight current economic and social conditions following the Covid-19 pandemic.

Strategic approach

We are a volunteer-led organisation and this remained in place during this accounting period following the fallout from the Covid-19 pandemic. Our normal volunteer community model rests on our packing parties which are an integral part of how we bring volunteers together and help in a practical way to produce the packs that we ultimately distribute. Our volunteers also host fundraising events including in their individual workplaces (by asking others to bring in products to go into our packs), by hosting quizzes either in-person or online, participating in sponsored sporting events on our behalf (including the Manchester Marathon) and through raising awareness about the work we do through engagement on our social media platforms. We also work with various community groups including Manchester United Girls RTC who provide us with chocolate bars and products to put into our packs. Our work has also taken us to local schools where we have spoken about the work we do and the students have collected products for us.

We have also strengthened our partnerships with commercial groups such as Hey Girls UK and Lilets UK and we are grateful for their continued support in providing us with products. Similarly, our relationship with Lush UK goes from strength to strength as they continue to support our work and provide us with products to use in our raffles and other fundraising prizes. We have also received support from Never Fully Dressed, Missguided, Co-op UK, Greggs and local pubs and restaurants.

During the accounting period, we continued to receive support from local businesses and have been able to hold more in person events following lockdown, including local pub quizzes and packing parties.

Achievements and performance

2020 was a time to help consolidate and hone our organisation as a still newly registered charity.

Our robust operations systems were refined to enable us to track supplies and meet increasing demand for our services. We worked to understand our users' needs and are in the process of increasing our offering of pad only packs to ensure we cater to everyone in our community.

We have strengthened our social media presence with the onboarding of a new social media volunteer and we are in the process of expanding our trustee board with high-skilled trustees who are passionate about meeting our charitable aims.

Financial review

Our accounting process is based on an accruals basis. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

During the period ended 31 October 2021, the charity received a total income of £9,680 (2019: £24,856). Expenditure totaled £7,309 (2019: £13,126).

Holding reserves

There is currently no reserves policy in place. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

What we want to see going forward

One of our charitable aims is to raise awareness about period poverty. Our social media presence has proven instrumental in achieving this. We also have a template contact your local MP letter on our website so that people have an accessible and easy way to help effect change and raise awareness. In the future, we want to see England adopting the same law as in Scotland, to make period products free for all. We would like greater campaigning to raise awareness about period poverty and to help empower people to overcome poverty through greater access to products and services to support people in need.

Plans going forward

We hope to build upon the experience of our board and have actively recruited new trustees with expertise to ensure we have a diverse board that is fully reflective of the society we live in and of those we serve.

We will continue our campaigning efforts and we hope to see further changes occur in England as they have in Scotland with the introduction of the Period Products (Free Provision) Scotland Bill. We will also continue to work in a Covid-19-safe way and we are mindful of the challenges the pandemic presents and will continue to present in the future both on an operational and demand-level basis.

We are keen to obtain greater funding to look to cement more long-term operations with perhaps the acquisition of tangible assets such as a delivery van. This will help us reach more people and also reduce our reliance on voluntary assistance in this regard which cannot always be guaranteed in this era of Covid-19.

Our core ambition is that the people we serve will no longer require our service or need us to champion the issue of period poverty. Until everyone has access to period products we will not stop. We want to play a role in influencing the tackling of period poverty and ending the period stigma full stop.

We believe everyone should have access to period products. It is not right that a basic healthcare

right is only open to those who can afford to buy period products.

We feel incredibly grateful to those who have supported us before, during and after this accounting period in particularly challenging times. We look forward to building our existing relationships and forging new ones to help the charity go from strength to strength.

ON BEHALF OF THE TRUSTEES

.....
Hannah Aziz
Dated: 10 July 2022

Every Month

**Report of the Trustees
for the Year Ended 31 October 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is constituted as a CIO and became a registered charity (number 1184223) on 3 July 2019. The object and powers of the CIO are established in its governing document.

The charity is run by a board of Trustees. There are no paid members of staff.

The Trustees confirm that they have complied with section 17(5) of the Charities Act 2011 in having paid due regard to the Charities Commission guidance on public benefit.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE018075 (England and Wales)

Registered Charity number

1184223

Registered office

7 The Grove
Stockport
Cheshire
SK2 6QU

Trustees

Ms H Aziz
Ms I Southgate
Ms E Hampson
Ms C Atkinson
Ms A Hall

Company Secretary

Approved by order of the board of trustees on 21 July 2022 and signed on its behalf by:

Ms H Aziz - Trustee

Every Month

Statement of Financial Activities
for the Year Ended 31 October 2021

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies		9,680
EXPENDITURE ON		
Raising funds		1,154
Charitable activities		
General		5,681
Other		474
Total		<u>7,309</u>
NET INCOME		<u>2,371</u>
RECONCILIATION OF FUNDS		
Total funds brought forward		11,730
TOTAL FUNDS CARRIED FORWARD		<u><u>14,101</u></u>

The notes form part of these financial statements

Every Month

Balance Sheet
31 October 2021

	Notes	Unrestricted fund £
CURRENT ASSETS		
Cash at bank		14,101
		<hr/>
NET CURRENT ASSETS		<u>14,101</u>
		<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES		14,101
		<hr/>
NET ASSETS		<u>14,101</u>
		<hr/>
FUNDS	3	
Unrestricted funds		14,101
		<hr/>
TOTAL FUNDS		<u>14,101</u>
		<hr/>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 July 2022 and were signed on its behalf by:

H Aziz - Trustee

**Notes to the Financial Statements
for the Year Ended 31 October 2021**

1. ACCOUNTING POLICIES**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2021.

3. MOVEMENT IN FUNDS

	At 1.11.20 £	Net movement in funds £	At 31.10.21 £
Unrestricted funds			
General fund	11,730	2,371	14,101
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>11,730</u>	<u>2,371</u>	<u>14,101</u>

Notes to the Financial Statements - continued
for the Year Ended 31 October 2021

3. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,680	(7,309)	2,371
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>9,680</u>	<u>(7,309)</u>	<u>2,371</u>

4. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 October 2021.

Every Month

Detailed Statement of Financial Activities
for the Year Ended 31 October 2021

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations 9,680

Total incoming resources 9,680

EXPENDITURE

Raising donations and legacies

Computer running costs 1,154

Charitable activities

Rent 2,268

Postage and stationery 15

Purchases 3,398

5,681

Other

Accountancy 420

Subscriptions 54

474

Total resources expended 7,309

Net income 2,371

This page does not form part of the statutory financial statements

EVERY MONTH

England & Wales - Charity number 1184223

Accounts

Registered charity number
1184223

Every Month
(A Charitable Incorporated Organisation)
Trustees' Report and Financial Statements

31 October 2020

**Every Month
Report and accounts
Contents**

	Page
Charity information	1
Trustees' report	2
Statement of financial activities	6
Balance sheet	7
Statement of cash flows	8
Notes to the financial statements	9

**Every Month
Charity Information**

Trustees

Anna Hall (appointed 25 August 2018)
Charlotte Atkinson (appointed 28 May 2020)
Emillie Hampson (appointed 25 August 2018)
Isobel Southgate (appointed 28 May 2020)
Hannah Aziz (appointed 25 August 2018)

Independent Examiner

Stephanie Stevens
Hobday-Stevens Limited
Shaw House
1 Shaw Street
Ashton-under-Lyne
OL6 6QJ

Registered office

7 The Grove
Stockport
Cheshire
SK2 6QU

Charity number

1184223

Every Month
Registered number:
Trustees' Report

The trustees present their report and financial statements for the period ended 31 October 2020.

Welcome to our first Trustees' Annual Report. Every Month started as a grass-roots, volunteer-led group in 2015 after our former CEO founded the group. The aim of Every Month was and remains to this day, to provide those experiencing period poverty with a practical means of assistance through the provision of our period packs. Our former CEO asked for volunteers to help make the period packs and also assist with meeting the growing demands of running the group. Many of those original 2015 volunteers now serve as our dedicated trustees.

Demand for Every Month's services quickly grew and thanks to some fantastic fundraising efforts, Every Month was able to apply to become a registered charity. Every Month officially became a CIO on 3 July 2019. Registration enabled us to expand our operations and supply many more of our packs. Alongside the provision of period packs, raising awareness about period poverty has been central to our aims. We do this through our social media channels and through our network of approximately 500 volunteers. We are extremely fortunate to have a committed and active bank of volunteers who help fundraise, make period packs, spread awareness and generally donate their time for any task that we may need assistance with.

In January 2020 our former CEO left the charity and two directors were installed in her stead. They remain in their roles which are director of fundraising and communications and director of operations respectively. Some of our original trustees left the charity and additional trustees were put in place. Not long after the directors took on their roles, the Covid-19 pandemic hit.

Our first year as a registered charity presented a steep learning curve coupled with the personnel changes noted above. We now have a better understanding of how to support our frontline community partners and we continued to work at a challenging pace, particularly in light of the Covid-19 pandemic. Like many charities, we were forced to rethink our approach to running the charity. We had to cancel our in-person packing parties where we make our period packs, as well as suspending any planned fundraising events such as our charity quizzes which have always proved popular. We are proud to have pivoted our normal way of working to new ways as a result of the pandemic. We still require significant funding to enable us to help more people and to become a driver for change by raising awareness of period poverty.

Our core ambition is that the people we serve will no longer require our service or need us to champion the issue of period poverty. Until everyone has access to period products we will not stop. We want to play a role in influencing the tackling of period poverty and ending the period stigma full stop.

We believe everyone should have access to period products. It is not right that a basic healthcare right is only open to those who can afford to buy period products.

What we want to see going forward

One of our charitable aims is to raise awareness about period poverty. Our social media presence has proven instrumental in achieving this. We also have a template contact your local MP letter on our website so that people have an accessible and easy way to help effect change and raise awareness. In the future, we want to see England adopting the same law as in Scotland, to make period products free for all. We would like greater campaigning to raise awareness about period poverty and to help empower people to overcome poverty through greater access to products and services to support people in need.

Every Month

Registered number:

Trustees' Report

Objectives and activities

The objects of the charity are: (1) the relief of poverty, in particular but not exclusively, of people living in Greater Manchester and the surrounding area through providing period packs containing menstrual hygiene products to food banks, shelters and other services used by people experiencing poverty and (2) by raising awareness about period poverty and the wider social impact of the same. Menstrual hygiene products refers to both disposable and non disposable products. We fulfil this purpose by creating and providing period packs (containing tampons, sanitary towels and a chocolate bar) to food banks, shelters, medical centres, drop in clinics and advice centres.

Significant developments 2019/2020

During the accounting period we:

- Strengthened our commercial partnerships with Lil-lets and Hey Girls UK, receiving pallet loads of period products for distribution
- Featured in Positive News UK in a piece on period poverty in the UK
- Strengthened our partnership with Manchester United RTC
- Kiri Pritchard-McLean appeared on Celebrity Mastermind, raising our profile and choosing us as her nominated charity
- Had our first birthday celebrations. We created Every Month party packs that were sold for people to celebrate at home and the proceeds from the packs helped us to purchase products
- Raised funds during 'Menstrual miles' where people could participate in sporting activities covering the distance of 14.7 miles (representing the length of all the products we supplied in 2020)

Strategic approach

We are a volunteer-led organisation and this remained in place during this accounting period even during the pandemic. Our normal volunteer community model rests on our packing parties which are an integral part of how we bring volunteers together and help in a practical way to produce the packs that we ultimately distribute. Our volunteers also host fundraising events including in their individual workplaces (by asking others to bring in products to go into our packs), by hosting quizzes either in-person or online, participating in sponsored sporting events on our behalf (including the Manchester Marathon) and through raising awareness about the work we do through engagement on our social media platforms.

We also work with various community groups including Manchester United Girls RTC who provide us with chocolate bars and products to put into our packs. Our work has also taken us to local schools where we have spoken about the work we do and the students have collected products for us.

We have also strengthened our partnerships with commercial groups such as Hey Girls UK and Lil-lets UK and we are grateful for their continued support in providing us with products. Similarly, our relationship with Lush UK goes from strength to strength as they continue to support our work and provide us with products to use in our raffles and other fundraising prizes. We have also received support from Never Fully Dressed, Missguided, Co-op UK, Greggs and local pubs and restaurants.

Achievements and performance

2019 was a time of growth and learning as a newly registered charity. A greater core organisational structure was implemented, particularly in the early part of 2020 with the introduction of our two new directors and the departure of our then CEO. More robust systems of operation (including storage, inventory and stock-taking) were developed to enable us to track supplies and meet increasing demand for our services.

Every Month

Registered number:

Trustees' Report

Part of this rigorous approach was captured in our first Annual Impact Report 2020/2021 which was published outside this accounting period (February 2021) but we consider it demonstrates the progress and achievements made that are relevant to the accounting period. The report highlighted that we had created and distributed 6,000 period packs to over 44 organisations across Greater Manchester in the previous year.

Financial review

Our accounting process is based on an accruals basis. We have recently purchased accounting software to help make this task easier.

Our income for the accounting period of 3 July 2019 to 31 October 2020 was £24,856. Our total expenditure for this period was £13,126.

Prior to becoming a registered charity, we had a pre-registration balance of £4,479.

As a newly registered charity, our options to seek funding were limited due to many funders requiring a first set of accounts to be filed as a pre-requisite to making an application. One of our goals in the next year is to increase our applications to secure funding to help us to meet our charitable aims.

Despite the impact of Covid-19, the Trustees consider the Charity to be a going concern.

Holding reserves

There is currently no reserves policy in place. At this stage, and given that the charity is in its infancy, we will be seeking appropriate advice on the level of reserve to maintain going forward in order to adequately meet our statutory obligations. This will be regularly reviewed by the trustees as part of assessing our strategic needs going forward.

Structure, governance and management

The charity is constituted as a CIO and became a registered charity (number 1184223) on 3 July 2019. The object and powers of the CIO are established in its governing document.

The charity is run by a board of Trustees. There are no paid members of staff.

The Trustees confirm that they have complied with section 17(5) of the Charities Act 2011 in having paid due regard to the Charities Commission guidance on public benefit.

Plans for 2021 and beyond

Since its inception the charity has been running to catch up with the enthusiasm of its volunteers and the demands for its services. The charity runs on a shoestring and in the first year of registration, it has been largely reactive particularly in light of the global pandemic. This is slowly changing to ensure that we can continue to fully service the needs of those we assist in line with our charitable objectives. We hope to build upon the experience of our board and look to recruit new trustees with expertise to ensure we have a diverse board that is fully reflective of the society we live in and of those we serve.

We will continue our campaigning efforts and we hope to see further changes occur in England as they have in Scotland with the introduction of the Period Products (Free Provision) Scotland Bill. We will also continue to work in a Covid-19-safe way and we are mindful of the challenges the pandemic presents and will continue to present in the future both on an operational and demand-level basis.

Every Month
Registered number:
Trustees' Report

We are keen to obtain greater funding to look to cement more long-term operations with perhaps the acquisition of tangible assets such as a delivery van. This will help us reach more people and also reduce our reliance on voluntary assistance in this regard which cannot always be guaranteed in this era of Covid-19. Our first year of filing accounts will enable us to expand the types of grants we can apply for as well as expand our network of prospective funders and corporate partners.

We feel incredibly grateful to those who have supported us before, during and after this accounting period in particularly challenging times. We look forward to building our existing relationships and forging new ones to help the charity go from strength to strength.

Disclosure of information to independent examiners

Each person who was a director at the time this report was approved confirms that:

- so far as he is aware, there is no relevant information of which the charity's independent examiner is unaware; and
- he has taken all the steps that he ought to have taken as a director in order to make himself aware of any relevant information and to establish that the charity's independent examiner is aware of that information.

This report was approved by the board on 13th August 2021.
and signed on its behalf.

Hannah Aziz
Trustee

Every Month
Statement of financial activities
for the period from 3 July 2019 to 31 October 2020

	Notes	Unrestricted £	Restricted £	Total 2020 £
Donations and legacies	3	22,274	-	22,274
Other trading activities	4	2,582	-	2,582
Total		24,856	-	24,856
Expenditure on:				
Charitable activities	6	10,622	-	10,622
Other	7	2,264	-	2,264
Total		13,126	-	13,126
Net income		11,730	-	11,730
Transfers between funds		-	-	-
Net movement in funds		11,730	-	11,730
Reconciliation of funds:				
Total funds brought forward	11	-	-	-
Total funds carried forward		11,730	-	11,730

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

**Every Month
Balance sheet
as at 31 October 2020**

	Notes	Unrestricted	Restricted	2020
		£	£	£
Current assets:				
Cash at bank and in hand		12,193	-	12,193
		<hr/> 12,193	-	<hr/> 12,193
Liabilities:				
Creditors: amounts falling due within one year	10	(463)	-	(463)
Net current assets		<hr/> 11,730	-	<hr/> 11,730
Net assets		<hr/> 11,730	-	<hr/> 11,730
The funds of the charity:				
Unrestricted income funds	11	11,730	-	11,730
Restricted income funds	11	-	-	-
Total charity funds		<hr/> 11,730	-	<hr/> 11,730

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit or independent examination is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act).

Hannah Aziz
Trustee
Approved by the board on 13th August 2021

Every Month
Statement of Cash Flows
for the period from 3 July 2019 to 31 October 2020

	Notes	2020 £
Cash flows from operating activities:		
<i>Net cash provided by/ (used in) operating activities</i>		12,193
Cash flows from investing activities:		
Payments to acquire tangible fixed assets		-
<i>Net cash provided by/ (used in) investing activities</i>		12,193
Cash and cash equivalents at the beginning of the reporting period		-
Cash and cash equivalents at the end of the reporting period		12,193
Net income/ (expenditure) for the reporting period		11,730
Adjustments for:		
Depreciation		-
Decrease in debtors		-
Increase/(decrease) in creditors	10	463
<i>Net cash provided by/ (used in) operating activities</i>		12,193
Analysis of cash and cash equivalents		
Cash at bank		12,193
Total cash and cash equivalents		12,193

Every Month
Notes to the Accounts
for the period from 3 July 2019 to 31 October 2020

1 Summary of significant accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Income

The financial statements are presented in Sterling.

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of specified services it is deferred until the criteria for income recognition is met.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Charity's work or for specific projects being undertaken by the Charity.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Legal status of the Charity

The Charity is a Charitable Incorporated Organisation.

Every Month
Notes to the Accounts
for the period from 3 July 2019 to 31 October 2020

3	Income from donations and legacies	Unrestricted	Restricted	Total 2020
		£	£	£
	Donations	22,274	-	22,274
		<hr/>		
		22,274	-	22,274
4	Income from other trading activities	Unrestricted	Restricted	Total 2020
		£	£	£
	Fundraising	1,000	-	1,000
	Jewellery sales	1,582	-	1,582
		<hr/>		
		2,582	-	2,582
5	Expenditure on raising funds	Unrestricted	Restricted	Total 2020
		£	£	£
	Fundraising expenses	24	-	24
	Computer running costs	216	-	216
		<hr/>		
		240	-	240
6	Expenditure on charitable activities	Unrestricted	Restricted	Total 2020
		£	£	£
	Purchases	5,701	-	5,701
	Printing, postage and stationery	344	-	344
	Rent	300	-	300
	Storage unit	4,268	-	4,268
	Travelling expenses	9	-	9
		<hr/>		
		10,622	-	10,622
7	Other expenditure	Unrestricted	Restricted	Total 2020
		£	£	£
	Accountancy	463	-	463
	Bank charges	244	-	244
	Subscriptions	1,096	-	1,096
	Sundry expenses	461	-	461
		<hr/>		
		2,264	-	2,264

Every Month
Notes to the Accounts
for the period from 3 July 2019 to 31 October 2020

8	Net income/ (expenditure) for the year	2020
		£
	This is stated after charging:	
	Other accounting services	463
		<hr/>

9	Staff costs	Unrestricted	Restricted	Total 2020
		£	£	£
	Wages and salaries	-	-	-
		<hr/>	<hr/>	<hr/>
		-	-	-

The charity did not have any employees during the period.

The charity trustees were not paid, nor received any other benefits from employment with the charity in the year. No charity trustee received payment for professional or other services supplied to the charity.

10	Creditors: amounts falling due within one year	Unrestricted	Restricted	Total 2020
		£	£	£
	Accruals	463	-	463
		<hr/>	<hr/>	<hr/>
		463	-	463

11 Analysis of charitable funds

Analysis of movements in unrestricted funds

	At 3 July 2019	Incoming resources	Resources expended	Transfers	At 31 October 2020
General fund	-	24,856	(13,126)	-	11,730
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	-	24,856	(13,126)	-	11,730

Name of unrestricted fund	Description, nature and purpose of the fund
General fund	The 'free reserves' after allowing for all designated funds.

12 Principal place of business

The address of the charity's principal place of business and registered office is:

7 The Grove
 Stockport
 Cheshire
 SK2 6QU

Every Month
Detailed statement of financial activities
for the period from 3 July 2019 to 31 October 2020

	Unrestricted 2020 £	Restricted 2020 £	TOTAL 2020 £
Income			
Grants	-	-	-
Donations	22,274	-	22,274
Fundraising	1,000	-	1,000
Jewellery sales	1,582	-	1,582
	<hr/> 24,856	-	<hr/> 24,856
Expenses			
Purchases	5,701	-	5,701
Accountancy	463	-	463
Advertising	-	-	-
Bank charges	244	-	244
Computer running costs	216	-	216
Fundraising expenses	24	-	24
Printing, postage and stationery	344	-	344
Rent	300	-	300
Storage unit	4,268	-	4,268
Subscriptions	1,096	-	1,096
Sundry expenses	461	-	461
Travelling expenses	9	-	9
	<hr/> 13,126	-	<hr/> 13,126
Net income	<hr/> 11,730	<hr/> -	<hr/> 11,730