



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **01.04.2022** Period start date To **31.03.2023**  
Period end date

**Charity name: SKY POSITIVE MINDS**

**Charity registration number: 1184213**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	SKY Positive Minds aims to preserve and protect the physical and mental health of women and children in North Kirklees who have experienced domestic abuse, have anxiety, stress and other disadvantages, through one to one sessions or group workshops that will give them skills and techniques to improve their confidence and emotional resilience.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have continued providing one to one support to women and children and have been able to resume some of this face to face and over the phone. We continued our fundraising efforts for Bangladesh. We ran a number of different activities such as bake sales to raise the funds. We worked together with agencies in the community to bring together summer fair in the park. We held a stall promoting our services. In August 2021 we were awarded the Queen's Award for voluntary service. We held an event to celebrate this which involved all of our stakeholders including volunteers, service users as well as professionals we are working with.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm we have had regard to the guidance issued by the Charity Commission on public benefit.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The work carried out by the charity has been immensely valuable to the people we have worked with. We have working with societies most vulnerable women, girls and children and have dealt with complex issues such as domestic and sexual abuse and mental health. We have been able to share strategies to help them cope emotionally. These strategies have also had an immediate impact. We have supported any women and children who have been affected by long waiting lists for counselling, many of whom have not needed counselling after receiving our support. The wide impact has also been significant as our support has meant women and children have developed coping strategies which has meant they've managed better in their homes and family situations, they have developed healthier relationships etc.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We were successful in securing grants to meet the demand for one to one sessions and we received sufficient public donations to carry out essential relief work in Bangladesh.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We currently have £250 in our reserves. We are trying to build this so that we have some funds to fall back on if we need to in an emergency.
Amount of reserves held	Para 1.22	£250
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We send invites to our existing networks and nominations are carefully selected by our trustees and if suitable.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	SKY Positive Minds
Other name the charity uses	
Registered charity number	1184213
Charity's principal address	10 Bridle St Soothill Batley WF17 6LU

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sofia Khatun			
2	Khamida Hussain	Chair		
3	Rabia Khatun	Treasurer		
4	Irum Baber			
5	Farzana Dudwhala	Secretary		
6	Farzana Akhtar			
7				
8				
9				
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11				
12				
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14				
15				
16				
17				
18				
19				
20				

## Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A
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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Signature(s)**

K Hussain

**Full name(s)**

Khamida Hussain

**Position (eg Secretary,  
Chair, etc)**

Chair

**Date**

23/01/2024



# **SKY POSITIVE MINDS**

Report and Financial Statements

For the Year Ended 31 MARCH 2023

**Charity Number: 1184213**

# SKY POSITIVE MINDS

Annual report and financial statements for the period ended 31 March 2023.

## Trustees

Sofia Khatun  
Rabia Khatun  
Iram Baber  
Khamida Hussain (chairperson)  
Farzana Dudhwala  
Farjana Aktar

## Correspondence address

10 Bridle Street  
Batley  
West Yorkshire  
WF17 6LU

## Bankers

National Westminster Bank PLC  
250 Bishopsgate  
London  
EC2M 4AA

# SKY POSITIVE MINDS

## Annual report and financial statements for the period ended 31 March 2023.

### Report of the Trustees for the period ended 31 March 2023

The Trustees present their report along with the financial statements of the charity for the period ended 31 March 2023. The financial statements have been prepared in accordance with the accounting policies set out and fully comply with the Charity's trust Deed and applicable law.

### **Structure, Governance and Management**

The charity was registered with the charity commission on 2 July 2019.

### **Objectives and activities**

The Charity's objectives are:

TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF WOMEN AND CHILDREN IN NORTH KIRKLEES WHO HAVE EXPERIENCED DOMESTIC ABUSE, HAVE ANXIETY, STRESS AND OTHER DIFFICULTIES, THROUGH ONE TO ONE SESSIONS OR GROUP WORKSHOPS THAT WILL GIVE THEM SKILLS AND TECHNIQUES TO IMPROVE THEIR CONFIDENCE AND EMOTIONAL RESILIENCE AND TO PROVIDE FINANCIAL SUPPORT, SELF-SUSTAINABLE ASSISTANCE AND EMOTIONAL SUPPORT TO WOMEN AND CHILDREN IN THIRD WORLD COUNTRIES; AND 2) TO ADVANCE THE EDUCATION OF CHILDREN BY RUNNING WORKSHOPS THAT GIVE THEM THE SKILLS AND KNOWLEDGE, WHICH WILL ENABLE THEM ABLE TO COPE WITH CHALLENGES AND OVERCOME DIFFICULTIES

### **Declaration**



Ms Khamida Hussain

Chairperson

This report was approved by the board on 18 December 2023

## SKY POSITIVE MINDS

### Independent examiner's report

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 43 of the 1993 Act,
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- (iii) to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention

1. Which gives me reasonable cause to believe that in, any material respect, and the requirements:

- (i) To keep accounting records in accordance with section 41 of the 1993 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr S A Hazi  
**S.A.H. ASSOCIATES**  
**Chartered Certified Accountants**  
40 Wakefield Road  
Dewsbury  
West Yorkshire, WF12 8AT

## SKY POSITIVE MINDS

Notes forming part of the financial statements for the Year ended 31 March 2023

### Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	Unrestricted	Restricted	<b><u>TOTAL</u></b>
<b>RECEIPTS</b>			
Grants received	-	70,999.00	70,999.00
Fundraising for Bangladesh	-	12,183.44	12,183.44
Private donors	567.10	-	567.10
Corporate donors	-	46,615.46	46,615.46
Gift Aid	9,997.45	-	9,997.45
Private clients	160.00	-	160.00
<b>Total Receipts</b>	<b>10,724.55</b>	<b>129,797.90</b>	<b>140,522.45</b>
<b>PAYMENTS</b>			
Sessional fees	21,964.35	23,448.20	45,412.55
Marketing	238.29	587.64	825.93
Supplier	6,785.81	1,923.00	8,708.81
Administration costs	-	-	-
Fuel	-	-	-
Insurance	388.68	-	388.68
Volunteer expenses	231.23	343.97	575.20
Bangladesh Relief work	-	31,798.60	31,798.60
Cost of Living work	20.00	15,050.00	15,070.00
<b>Total Payments</b>	<b>29,328.36</b>	<b>73,151.41</b>	<b>102,779.77</b>
<b>Net receipts / (payments)</b>	<b>(18903.81)</b>	<b>56,646.49</b>	<b><u>37,742.68</u></b>



# SKY POSITIVE MINDS

Annual report and financial statements for the Year ended 31 MARCH 2023

## Balance sheet as at 31 MARCH 2023

	Total 2023 £	Total 2022 £
<b>Fixed Assets</b>		
Buildings	-	-
Equipment	-	-
	-	-
<b>Current Assets</b>		
Cash at Bank and in hand	68,059	30,317
Net Current Assets	68,059	30,317
Creditors: amount falling due after more then one year	-	-
	-	-
Balance b/f	30,317	25,752
Net Incoming (Outgoing)	37,743	4,565
	68,059	30,317

Approved By Trustees on.....

**Ms Khamida Hussain**  
Trustee

# SKY POSITIVE MINDS

## Notes to the Accounts

for the year ended 31 MARCH 2023

### 1. Accounting policies

#### Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### Incoming resources

Income resources represent the receipt of grants, fundraising and private donations.

#### Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment 15% reducing balance

### 2. Tangible fixed assets

	Land and buildings	Equipment	Total
Cost	£	£	£
Balance B/fwd	-	-	-
Additions	-	-	-
At 31 March 2023	-	-	-
Depreciation			
Balance B/fwd	-	-	-
Charge for the year	-	-	-
Net Book Value as at 31 March 2023	-	-	-

### 3. Creditors

	2023 £	2022 £
Loans	-	-

### 4. Trustee Remuneration and benefits

There were no trustees' remuneration or other benefits for the period ended 31 March 2023.

# **SKY POSITIVE MINDS**

Report and Financial Statements

For the Year Ended 31 MARCH 2023

**Charity Number: 1184213**



# SKY POSITIVE MINDS

Annual report and financial statements for the period ended 31 March 2023.

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## SKY POSITIVE MINDS

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# SKY POSITIVE MINDS

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Trustee

# SKY POSITIVE MINDS

## Notes to the Accounts

for the year ended 31 MARCH 2023

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#### Incoming resources

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#### Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Equipment 15% reducing balance

### 2. Tangible fixed assets

	Land and buildings	Equipment	Total
<b>Cost</b>	£	£	£
Balance B/fwd	-	-	-
Additions	-	-	-
At 31 March 2023	-	-	-
<b>Depreciation</b>			
Balance B/fwd	-	-	-
Charge for the year	-	-	-
<b>Net Book Value as at 31 March 2023</b>	-	-	-

### 3. Creditors

	2023 £	2022 £
Loans	-	-

### 4. Trustee Remuneration and benefits

There were no trustees' remuneration or other benefits for the period ended 31 March 2023.