



# Youth Shedz

**Charitable Incorporated Organisation (CIO)**

**Registered charity No: 1184146**

**[www.youthshedz.com](http://www.youthshedz.com)**

## **TRUSTEES ANNUAL REPORT**

**1 October 2021 to 30 September 2022**

### **Youth Shedz**

Youth Shedz aims to reach the most disconnected young people by providing a safe space for young people aged 11 to 18 and 17 to 25 to explore their identity and develop pro-social relationships, alongside positive role models. We also mentor young people aged 20 to 30 who have moved on from care or assisted accommodation and the associated support.

A key principle of the project is that there are no criteria to participation. This is underpinned by an asset based community development approach, leveraging the internal strengths within the community.

Each Youth Shed is co-produced by the participants who are supported and facilitated to test out a range of ideas and concepts which in turn help them to build healthier, fulfilling and more stable lives. Youth Shedz supports young people to develop resilience, improve confidence and self-esteem, reduce social isolation, and promote positive mental health and physical well-being.

Youth Shedz provides a nurturing, safe environment where young people can learn and test a range of both life and employability skills. These range from team working, planning, decision making, digital inclusion, entrepreneurship as well as a range of practical skills such as bike restoration and woodworking etc.

### **Who we work with and what are their needs**

Youth Shedz is about helping individual disconnected young people in a group social settings as well as in an individual social settings. It is about helping individuals and groups of individuals to reconnect with society.

Youth Shedz is not a youth club; we work with vulnerable and disconnected young people who would often, initially, be excluded from a youth club. We provide one to one attention as well as group attention. One of our Youth Shed models is to operate in partnership with a Youth Club.

The optimum size of a Youth Shed is 4 growing to 10 Shedders of either 13 to 18 year olds or 17 to 25 year olds. A full time Youth Shed Coordinator / manager can only realistically be involved with up to 4 sheds and 24 shedders. Above this number, they would be spread too thinly.

A lot of behaviour can be attributed to Adverse Childhood Experiences, so “bad behaviour” can be a trauma response to unprocessed grief, loss, dealing with family issues related to substance misuse, crime or poverty. We regard issues with an individual shedder or groups of shedders as opportunities for learning and training rather than a threat or a reason for exclusion.

All trustees, staff and volunteers go through in-depth vetting and safeguarding to ensure that they are suitable to work with vulnerable young people.

## **Objectives and Outcomes**

Youth Shedz does not have a formal set of objectives which we can measure, as most of our outcomes are either soft or result in something not happening, eg lack of anti-social behaviour or a young person not being excluded from the local school.

The Community Police and the local community will be the formal judges of the success, value and impact of the Youth Sheds and we work closely with them and other local partners to ensure that each Youth Shed is making a significant difference to the local young people.

The informal judges will be the shedders (young people) themselves as they continue to participate in the activities of their local Youth Shed and come to accept the Youth Shed Foundation Principles as their values in life.

## **Positive Partnerships**

A lot of the young people we help are referred to us by the local high schools, Community Police, church groups, other youth services (such as Youth Justice, Young Offenders, or Young Carers Groups), or local Housing Associations. We work with these other agencies to make contact with the young people, and offer input and support around ideas of how to make a difference for them and the community.

Schools, homeless prevention units, police, parents, and carers consistently report that over time, behavioural changes are positive, and that the young person is able to function in school or society more successfully following a time at Youth Shedz. We aim to develop excellent relationships and a good reputation across North Wales area with these agencies and groups.

## **Awards**

Clwyd High Sherriff Award 2019

UK Housing Award 2019 for Homeless Project of the Year

Runner-up, Steve Morgan Foundation award for Changing Young Lives

Police and Crime Commission Rehabilitation Award 2019

Your Community Your Choice awards in 2021 and 2022

High Sheriff Crime Beat ‘Project of the Year’ 2020

Street Games Wales Best Youth Lead Mental Health Award, National Inspire Awards 2022

## **Youth Shedz Foundation Principles**

### **Our Space, Our Place, Our Future!**

- 1 We beg, we borrow, but we DO NOT steal
- 2 Everybody matters – everybody is valued
- 3 There has to be give and take, it's not a one way street
- 4 We live for the moment, but we plan for tomorrow
- 5 We accept and we are accepted
- 6 We create a safe and secure space where people can turn to
- 7 We leave a legacy for other young people to be a part of
- 8 We serve our community not just ourselves
- 9 We might not have skills – but we will learn the skills we need
- 10 We eat together, we BE together
- 11 We enjoy the journey together, the highs and the lows

### **Review of activities undertaken for the Public Benefit, 2021 / 2022**

This past year has presented Youth Shedz with enormous opportunities to really make a difference to the young people in Wales and to help them to grow during these challenging times. The biggest issue with young people is mental health and Youth Shedz has helped considerably with this.

The main purpose of Youth Shedz is to support those Young People who are being rejected by or cannot cope with mainstream society, normally because of adverse childhood experiences.

We have carried out a review of what has happened to the original 21 shedders we first started to help 4 years ago. Most of these shedders were referred to us by the community police or the housing associations.

- The 5 Kinnel Bay shedders have now all left school and all have got full or part time jobs.
- The 6 Denbigh shedders are now in independent accommodation. Two are at college and 1 is starting an electrician's apprenticeship and 1 has a part time job. These original shedders are still involved with Youth Shedz as volunteers and recently helped at the Shedfest.
- Of the 5 Blaenau Ffestiniog shedders, 2 are in college, 1 has moved away and 2 are in part time jobs.
- Of the 5 original Abergele shedders, 2 are in college and 3 have part time jobs. One of the original shedders is now working for Youth Shedz and is obtaining counselling qualifications.

We have now moved onto the next generation of shedders, while still keeping in touch with the original shedders and supporting them when there is a need. The feedback that we have received indicates that Youth Shedz has had a significant and life changing effect on these young people and enabled them to re-join and cope with normal society, with a strong set of life principles.

We have gone mobile. We have been gifted, by Grwp Cynefin, a large Vauxhall Movano van which has been fully fitted out as a mobile meeting room with a diesel heater. This is our Betsi Mobile Youth Shedz.

We have gone down the licenced Youth Shedz route and have issued the Youth Shedz Toolkit. Llysfaen Youth Shed is now fully up and running. We have 3 licenced Youth Shedz at an advanced development stage and a further 10 serious enquiries for licenced Youth Shedz across Wales and the rest of the UK.

### **Individual Youth Shedz**

**Denbigh Youth Shed**, based in the Grwp Cynefin (Housing Association) assisted living building. Up to 6 residential, 8 non-residential 18 to 25 year old shedders. Part funded by Grwp Cynefin. Lots of activities going on (and lots of issues with the shedders). We need to look at the Social Prescribing Model for future activities. There is a massive anti-social behaviour problem in Denbigh at this time.

**Kinmel Bay Youth Shed**. Based in two sheds at Kinmel Bay Church (KBC). The original shedders now have jobs and the Youth Shed is moving onto the next generation, while continuing to support the original shedders. The sheds are being used by KBC and others for their local youth and looked after children activities, in conjunction with Youth Shedz. We are providing 4 shedders with weekly one to one mentoring after referrals from the local police and schools. We want to grow this shed as there is significant local need. We now have funding from January 2023 for 12 months.

**Blaenau Ffestiniog Youth Shed**. Based in two sheds at the Community Centre and run in conjunction with Gisda. This is a Welsh language shed and the 12 to 15 shedders (aged 18 to 25) are passionate about their local community and are delivering community based activities. We will need more local Welsh speaking volunteers.

**Llandudno Junction Youth Shed**. During the summer this Youth Shed was based around outdoor activities, using our van, Betsi Mobile. We have been working with the community police helping 15 of the more vulnerable young people (aged 11 to 16) with 7 core shedders.

**Betsi Mobile Youth Shed** is being well used and is a major asset to us as it enables initial engagement and ongoing outreach activities with other voluntary organisations, mainly using VR. We are also doing joint activities with Youth Justice in Rhos and Prestatyn.

### **School work**

**Excluded High School pupils**. Over the past year, we have helped small numbers of pupils from various local High Schools who are in danger of exclusion from the school. We have had some good successes with increased school attendance and significant reduction in disruptive behaviour. We are looking to expand this service to other high schools in the area.

**County Lines**. This is about drugs and gangs among young people. We have been active in various schools across North Wales and the Northwest of England. We are currently creating a VR interactive film with a small group of young people as part of our County Lines 4 Good project.

## Licenced Youth Shedz

**Abergele Youth Shed** is run under licence by Abergele Community Action (Itaca). There are up to 40 shedders as a youth club model attached to the High School, 13 to 18 years old.

**Holyhead High School.** This has been a 2 hour session once a week for 4 disruptive year 9 pupils. The outcomes have been good. The school is funding our involvement. We want this shed to become a licenced Youth Shed and to be run by the school. We are also discussing a potential Holyhead Youth Shed in the town, to be run under licence.

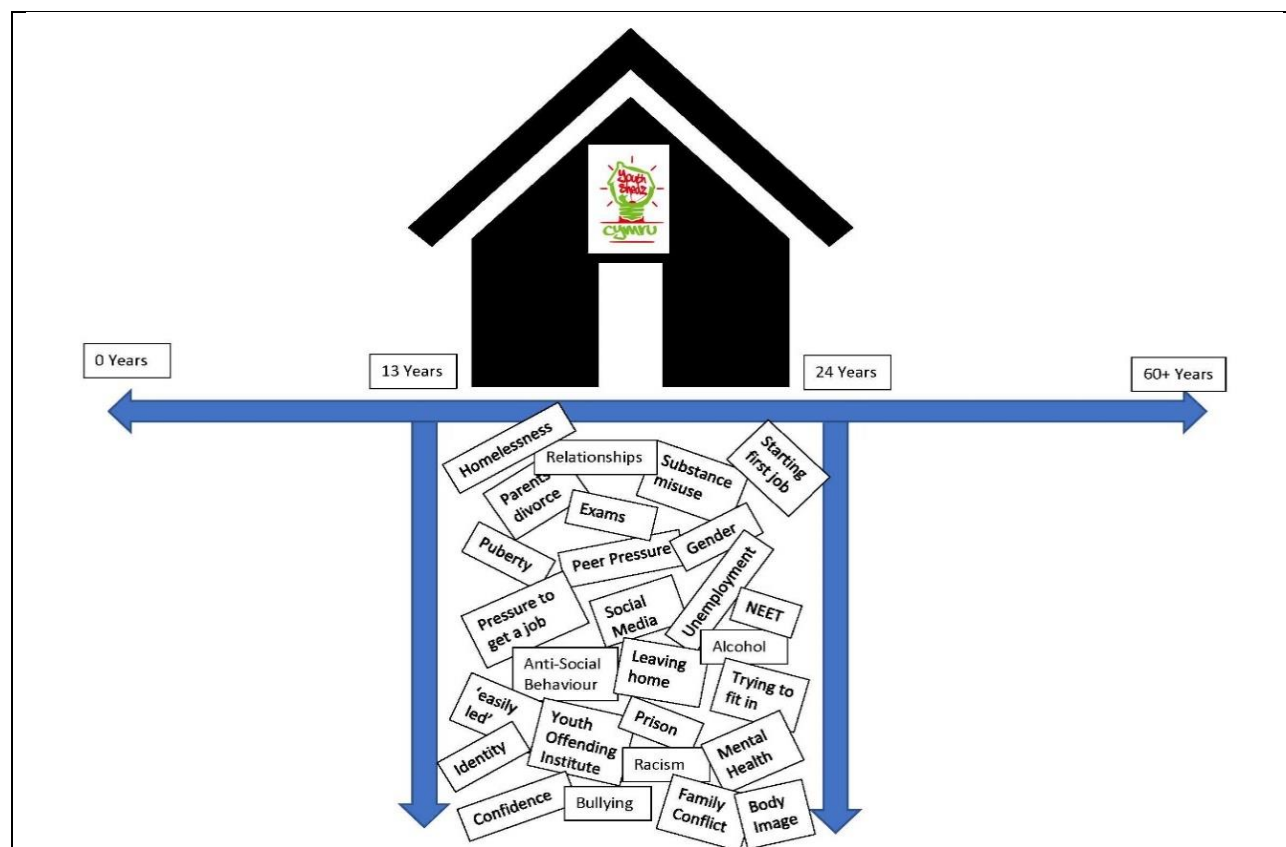
**Llysfaen Youth Shed** is run under licence by Llysfaen Football Club. The shed is now very active.

**Coleg y Cymoedd** has started two Shedz on different campuses in South Wales. We recently went down in Betsi to present Shedderz and Staff with their hoodies. It has been agreed to support via regular Zoom meetings as they establish themselves.

**Treorchy Primary School** has started to meet with small groups of youngsters identified as having significant ACES. This shed is at the early stages of development with ongoing zooms going forward.

**Rhos on Sea** – Youth Shedz continues with weekly Betsi outreach whilst Creating Enterprise tries to secure land for a physical shed.

**Flintshire (Buckley, Broughton and Connors Quay).** We have been organising meetings with local councillors, Police and potential partnership organisations who have expressed an interest in establishing their own licenced Youth Shed using the toolkit. This is funded by the Police and Crime Commissioner, Andy Dunbobbin.



## Activities Report

The Virtual Reality (VR) projects are going well and are very popular with the shedders (and the trustees and volunteers). Youth Shedz is creating our own VR experience and has built an interactive VR meeting and activities suite as well as developing a strong Safeguarding policy and principles for use in the VR environment. Our VR projects aim to remove barriers to engagement of young people who may not be able to visit the traditional Youth Shed due to disability and other factors.

The Creative Writing project was very popular with the 12 participating shedders as they learnt to express themselves in poetry and prose. We are looking to expand this into other creative arts and activities.

We have purchased digital sign making equipment and a 3D digital printer in order to encourage the creative abilities of our shedders. Our shedders are now also making all of their own merchandise, printing Youth Shedz mugs and hoodies etc, creating enterprise, and developing employability skills. We have purchased a drone and camera equipment to expand the range of creative opportunities.

We have been carrying out mobile outreach to the community and providing 1 to 1 support for those shedders that need it. This 1 to 1 support is vitally needed and is now a major part of our activities.

The ethos of helping our local communities continues; we have supported Youth Shedderz in their projects to reach the community, including fund raising activities, creating Winter Warm packs for youngsters living in temporary accommodation and a new Free Bicycle Lights project and security marking in Llandudno Junction in partnership with North Wales Police.

We have carried out a range of outdoor activities with the specific aim of getting young people outside away from the Xbox. These include evening football matched and barbeques, fishing, sailing, and paddle boarding at the local sailing club, etc. We are organising another Shedfest for March 2023 which will be a day of mainly outdoor activities for over 60 shedders.

We are hoping that this year we will be able to focus on the Employability Skills delivery as a Traineeship, especially for the 17 to 25 age range.

We have raised over £81,000 in grant funding, contracts, and awards, including £5,000 from the Your Community Your Choice award. We have received various awards. On the 30 September 2022 we had £38,000 in the bank account with a budgeted annual expenditure of £87,000.

We now employ or contract the Youth Shedz General Manager, two excellent part time staff who started as volunteers and 10 active volunteers. One of our staff started as a Youth Shedder. We are looking to extend their work and to recruit an additional two more youth workers.

We have had wonderful feedback and testimony from our shedders (and their parents) of how important Youth Shedz has been for them this year. The local community police have commented that the level of anti-social behaviour has significantly decreased. Various pupils are now attending High School full or part time, rather than being excluded.

A recent email from the school Deputy Head has this to say:

*“Having reviewed our first full term with Youth Shedz we could not be happier with the effect the provision has had on the pupils overall behaviour and wellbeing. The pupils identified for the project were at risk of exclusion from school, and the vast majority of them have a sibling who was excluded from the setting, but are now looking to push forward on the back of this brief spell of success and become active and responsible member of our school and community.”*

Tristian Griffiths, Associate Assistant Headteacher and Transition Co-ordinator

Street Games Wales has awarded us the Best Youth Lead Mental Health Award in their National Inspire Awards for the Mental Health Football Tournament held this year.

Please see our website [www.youthshedz.com](http://www.youthshedz.com) and our Facebook page @youthshedzcymru for pictures and more details.

### **Youth Shedz Cymru - Objectives for the next 12 months from 1 October 2022**

There is a massively increased need across the UK for Youth Shedz and the services we offer. Our main role is to concentrate on the mental health needs of the individual young person in a social setting rather than the needs of the many.

The overall concept for the future growth of Youth Shedz is the licenced Youth Shedz model, with six local Youth Shedz managed by the centre and at least an additional ten licenced Youth Shedz per year across the UK managed by other charities and youth based organisations. No two Youth Shedz are the same as they develop based on the needs of the young people or ‘Shedders’.

The 6 local Youth Shedz managed by the centre are our four local sheds plus two local Youth Shedz which we are managing prior to them becoming licenced Youth Shedz. We presently have two licenced Youth Shedz fully operational, two about to start in early 2023, and advanced enquiries from a further eight youth based organisations to set up Youth Shedz in their location.

Our expenditure to September 2022 was £87,703 with 1 full time and 2 part time staff. We expect to grow to £120,000 in 2023 with 1 full time and 4 part time staff. This equates to at least 20 person days per week for paid manager / coordinators / assistants / administrator supported by 10 person days per week of volunteers’ time.

We expect the funding to be split £100,000 in grants, £10,000 in awards and donations and £10,000 in contracts (schools and housing associations etc). We will apply for some larger grants spread over two years or more, as well as some smaller grants.

We will continue to develop the following services:

- Youth Shedz at more housing association supported accommodation units and in prisons
- Engagement programs and employability skills training with Career Wales
- Helping High Schools with pupils in danger of exclusion

We will develop close working relationships with other organisations, including Youth Services. We will develop the partnership model and aim to have an active partner at each Youth Shed.

We will continue to develop the Youth Shedz Online activities including Face Book and zoom meetings etc. We expect that about 20% of Youth Shedz activities will take place online rather than physically meeting. We will issue the Youth Shedz Online Policy.

We will continue to develop the VR experience as this is a very popular way of interacting with the young people.

We have a large responsibility as the licensor to support the licensed Youth Shedz including:

- Issuing and updating the Youth Shedz Franchise Toolkit, Model Policies and Procedures, Risk Assessments and Method Statements, and Safeguarding processes.
- Ensuring that the Youth Shedz Principles are embedded and conducting a yearly audit of them.
- Helping with and moderating as appropriate with Social Media.
- Running the annual Shedfest for all of the sheds.
- Being available to mentor the licenced Youth Shedz and to take a more active role if need be.

We have started to recognise an increase in need for those who have moved on from temporary accommodation and/or care, and the support that comes with it. We hope to offer more wrap around care and targeted work including access to volunteering and employability. The age range is 20 to 30 year olds.

### **Sources of funds**

Youth Shedz principal sources of funds at present are donations, grants, and contracts with Housing Associations. We are looking in the future for at least 30% of funding to come from contracts and commercial activities.

### **Principal risks**

The principal risks facing Youth Shedz are based around safeguarding which we discuss at each trustees meeting. We train all trustees, staff, and volunteers on the need to ensure good safeguarding at all times.

### **Trustees and meetings**

The charity trustees are appointed by the existing trustees in accordance with the Youth Shedz constitution. The Board of Trustees meet regularly throughout the year to carry out their responsibilities.

### **Statement of Responsibility**

The trustees will continue to ensure good governance of the charity and will make the necessary arrangements for the proper control and administration of its financial affairs and to ensure that the resources for the administration of those affairs are available.



## **Responsible People**

Martin Harrison	Chairman, Youth Shedz Board of Trustees
Peter Caldwell	Trustee
Anthony Jeremy	Trustee
Alex Webster	Trustee

Scott Jenkinson	General Manager
Michaela Margreaves	Independent Financial Examiner



**Signature of the Chair of Board of Trustees**

Date: 14 February 2023

# **YOUTH SHEDZ**

**Charitable Incorporated Organisation (CIO)**

**Registered charity No: 1184146**

**[www.youthshedz.com](http://www.youthshedz.com)**

## **FINANCIAL STATEMENT**

**1 October 2021 to 30 September 2022**

# **YOUTH SHEDZ CIO**

## **ADMINISTRATION INFORMATION**

### **History**

Youth Shedz was started in 2017 by 4:28 Training (sole trader) / Scott Jenkinson as a training project and in October 2018 we set up the Youth Shedz Board of Trustees and Youth Shedz Ltd (company limited by guarantee). In June 2019 we became a registered charity and started operating as Youth Shedz CIO on the 3 September 2020. Youth Shedz Ltd is now a dormant company.

Our expenditure to September 2022 was £87,703 with 1 full time and 2 part time staff. We expect to grow to £120,000 in 2023 with 1 full time and 4 part time staff.

### **Status**

Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 28 June 2019, number 1184146

### **Principal address**

37 Bryn Marl Road, Mochdre, Colwyn Bay, Conwy, LL28 5EA

### **Charity Objects**

To advance in life and help young people in the UK through the provision of facilities in which they can meet to undertake, jointly or individually, creative, physical, or recreational activities and learn to pass on skills and knowledge so as to develop their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.

### **Charity Trustees**

Martin Harrison (Chairman)

Peter Caldwell

Anthony Jeremy

Alex Webster

### **Bankers**

HSBC UK, Llandudno

## **Independent Examiner's Report on the accounts to the Trustees of Youth Shedz**

I report to the trustees on my examination of the accounts for Youth Shedz CIO (Charity No 1184146) for the 12 months to 30 September 2022.

### **Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination and that:

- the accounting records were kept in accordance with section 130 of the Charities Act;
- the accounts did accord with the accounting records;
- the accounts did comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signature 

Name Michaela Margreaves

Date 13th February 2023

Qualifications HND in Business and Finance, AAT, and Diploma in Internal Auditing (PIIA)

Address 4 Dinerth Park, Rhos on Sea, Conwy, LL28 4EZ

**Youth Shedz CIO****Financial Statements****1 October 2021 to 30 September 2022****Income & Expenditure**

<b>Income</b>	<b>Notes</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total funds to 30 Sept 22</b>
<b>Income carried forward</b>				
Awards & donations		£13,464	£8,917	<b>£22,381</b>
Gwynt y Mor Community Fund			£9,240	<b>£9,240</b>
Moondance			£9,572	<b>£9,572</b>
Other grants and donations			£3,977	<b>£3,977</b>
<b>Net income carried forward</b>	<b>1</b>	<b>£13,464</b>	<b>£31,706</b>	<b>£45,170</b>
<b>New income during period</b>				
Awards & donations		£12,981		
Steve Morgan Foundation			£6,667	£6,667
South Wales Police Commissioner			£10,000	£10,000
Gwynt y Mor Community Fund			£10,000	£10,000
Your Community Your Choice			£5,000	£5,000
North Wales Police Commissioner			£3,230	£3,230
Comic Relief			£9,975	£9,975
Streetgames Wales			£8,397	£8,397
Other grants and donations			£14,910	£14,910
<b>Sub total new income</b>		<b>£12,981</b>	<b>£68,179</b>	<b>£81,160</b>
<b>Total income</b>		<b>£26,445</b>	<b>£109,885</b>	<b>£126,330</b>
<b>Expenditure during period</b>	<b>Notes</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total funds to 30 Sept 22</b>
HQ expenses		£11,599		£11,599
HQ & Shed salaries and contractors			£54,072	£54,072
Van, ICT, VR & equipment			£2,776	£2,776
Shed expenses			£18,255	£18,255
Transfers to licenced Shedz			£1,000	£1,000
<b>Total expenditure</b>		<b>£11,599</b>	<b>£76,103</b>	<b>£87,703</b>
<b>Net income carried forward</b>	<b>1</b>	<b>£14,846</b>	<b>£23,782</b>	<b>£38,628</b>

**Balance Sheet as at 30 September 2022**

	<b>Notes</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total funds to 30 Sept 22</b>
Net income carried forward	1, 2	£14,846	£23,782	£38,628
Cash in bank		£14,846	£23,782	£38,628
Fixed assets	3		£12,500	

Youth Shedz has no other realisable assets, creditors or debtors.

## **The attached notes form part of these financial statements**

- 1 The Financial Statements include all income and expenditure for the 12 months to 30 September 2022.
- 2 These accounts have been prepared in accordance with SORP FRS 102 regulations using the accrual basis which in our accounts is the same as the income and expenditure basis, see notes 3 and 4 below.
- 3 Youth Shedz has been given, either directly or via grant funding various fixed assets with an estimated realisable value of £12,500. A separate Fixed Asset Register has been issued and independently examined. These assets cannot be sold without written permission from the donor and any proceeds have to be used for charitable purposes.
- 4 Any other assets owned by Youth Shedz are of no significant realisable value. Youth Shedz has no significant debtors or creditors at the end of each month and all financial transactions go through the main bank account.
- 5 Youth Shedz policy for holding reserves is to ensure that the cash reserves after all liabilities does not drop below 3 months expenditure or £22,000 and that Youth Shedz does not take on any long term liabilities, loan, debts, or overdrafts.
- 6 Youth Shedz holds the restricted funds on behalf of the donors and ensures that these funds are only used for their intended and stated purpose. A separate Restricted Funding Report has been issued and independently examined.
- 7 These accounts were independently examined and then approved by the Board of Trustees on the 14 February 2023 and signed on their behalf by Martin Harrison, Chairman.

A handwritten signature in blue ink, appearing to read 'Martin Harrison', is located at the bottom left of the page.