

# MANCSPIRIT

England & Wales · Charity number 1184128

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-06-27

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 30 Twinnies Road  
Wilmslow  
Cheshire  
SK9 4BT

**Phone** 07876505802

**Email** [contact@mancspirit.com](mailto:contact@mancspirit.com)

**Website** [www.mancspirit.com](http://www.mancspirit.com)

## Activities

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**Objects:** THE ADVANCEMENT AND PROMOTION FOR THE PUBLIC BENEFIT OF GOOD HEALTH AND EDUCATION IN THE ARTS, IN PARTICULAR BUT NOT EXCLUSIVELY AMONG THOSE WITH LONG-TERM MENTAL ILLNESS OR DISTRESS, BY THE PROVISION AND MAINTENANCE OF INSPIRATIONAL EVENTS AND THE PROVISION OF ART WORKSHOPS AND SUCH OTHER ACTIVITIES OR FORMS OF TRAINING/SUPPORT AS THE TRUSTEES SHALL FROM TIME TO TIME DETERMINE.

**Activities:** MancSpirit operates across Greater Manchester, Cheshire and the North West harnessing the regions creative scene in the Arts, Crafts and Digital Tech to improve mental health. We do this through providing workshops and events as well as developing projects that increase access to the Arts.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-05	-	-	-	-
2024-04-05	-	-	-	-
2023-04-05	-	-	-	-
2022-04-05	£66,049	£58,685	-	-
2021-04-05	£74,373	£52,334	-	-
2020-04-05	£12,234	£7,579	-	-

## Trustees

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Name	Role	Appointed
Mark Vincent Rowe		2019-10-24

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**MANCSPIRIT**

England & Wales - Charity number 1184128

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# Accounts

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# **Annual report and Accounts for the period ended 5<sup>th</sup> April 2022**

**MancSpirit Charity**

**Reg. No. 1184128**

## **INTRODUCTION & CHARITY INFORMATION**

### **Report of the Trustees for the period ended 5th April 2022**

The Trustees have pleasure in presenting their report and the financial statements for the period ended 5th April 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charities constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland published (FRS 102) (effective 1 January 2019).

#### **Reference and administrative information:**

Charity Name: MancSpirit

Charity Registration Number: 1184128

#### **Structure, governance and management**

The charity is governed by a constitution and became a registered charity on the 27th June 2019

#### **The Trustees who served during the period are as follows:**

Mark Forster (Chair)

Jessica Young

Mark Rowe

#### **Key Management Personnel**

Damian Carr – Charity manager on a sessional basis

Paul Ludden – Project Manager on a sessional basis

#### **Principal Office**

23 Leith Road Sale M33 2LR

#### **Bankers**

Yorkshire Bank (Manchester)

M1 1PW

#### **Independent Examiner**

Sugra Akbar FCCA

Accountex Pro

16 Cestrian Street

Bolton

BL3 2BD

## MANCSPIRIT

Year ended 05<sup>th</sup> April 2022

### Objectives and activities

#### The objects of the CIO are:

*The advancement and promotion for the public benefit of good health and education in the arts, in particular but not exclusively among those with long-term mental illness or distress, by the provision and maintenance of inspirational events and the provision of art workshops and such other activities or forms of training/support as the trustees shall from time to time determine.*

#### A review of our achievements and performance: How our activities delivered public benefit:

The charity trustees can confirm that they have complied with their duty to conduct and guide the charity to benefit the public using their powers, in accordance with the Objects and Charitable Aims outlined in the Constitution

## OBJECTIVES AND ACTIVITIES

The purpose of the charity is to provide:

*The advancement and promotion for the public benefit of good health and education in the arts, in particular but not exclusively among those with long-term mental illness or distress, by the provision and maintenance of inspirational events and the provision of art workshops and such other activities or forms of training/support as the trustees shall from time to time determine.*

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes, which are not charitable.

## Achievements and Performance

As we entered the third year of the Charity we are still recovering from the Covid-19 pandemic and people are still trying to figure out how best to adapt and move forward. As a Charity we were proud that we had continued to support people in whatever way we could but funding, donations and sponsorship are becoming increasingly more difficult to secure.

We continued to learn and grow through the GMCA supported 'Creative Festivals' and that provided a focus to expand our reach and collaborate with other groups and individuals doing positive work across Greater Manchester.

### #OurWigan Festival

In May 2021 we delivered a week-long online festival celebrating and promoting grassroots community work, creativity, culture and anything positive that was happening in the Borough of Wigan. The highlights were a series of photographs that had been taken by Petro Bekker, an ICU nurse, in the height of the pandemic showing the emotion, both good and bad, of her colleagues inside a busy ICU. We also commissioned a whole range of photographs of the Wigan area taken by local photographer, 'Holden Images'.

We also recorded special Wigan focused episodes of 'That Great Manc Pod' podcast with Petro Bekker and Sheena Wright who were both working in the ICU unit at Wigan hospital at the height of the

## **MANCSPIRIT**

**Year ended 05<sup>th</sup> April 2022**

pandemic. Sheena (ICU Matron) and Petro (ex-ICU nurse that volunteered to go back to help out) share the experiences of themselves and their colleagues and talk about the amazing photographs that Petro had taken of her colleagues at work during that scary and stressful time. We also recorded an episode with James Walton, a young writer from the Wigan area about his own experiences and struggles developing his creativity. Finally we featured Russ Winstanley, the founder and DJ of the famous Wigan Casino, as part of a special edition where Joe Walsh, the writer of the 'Casino' film had an opportunity to discuss all things 'Northern Soul' and hear some great stories about the infamous 'Wigan Casino' all-nighters.

In addition we commissioned a spoken word piece by Matt Concannon which became the opening piece for the 'Casino' film, another legacy project of the #OurWigan festival.

Overall the festival was a great success, new people joined social media to join in and support family and friends and it brought a real sense of community and inspiration into a very dark and distressing time for many people.

### **#OurBury Festival**

Our 4<sup>th</sup> 'Creative Festival' featured the individuals, groups and organisations of Bury and the highlight was providing a platform to the ladies who run and attend the 'BAME Project', which supports women from underprivileged communities particularly those from South Asian backgrounds. We had fantastic support from Bury Council and again featured many groups and organisations doing fantastic work across the borough from local cricket clubs to homeless film projects.

### **The Great Manc Pod**

As well as the festival specials we also continued to develop the reach of 'Greater Manchester's Community Podcast, That Great Manc Pod, by recording and sharing interviews with people who were out in our Greater Manchester communities "doing great things and getting stuff done". We are particularly proud of the range of individuals and organisations we have showcased through the podcast which has included organisations representing BAMER organisations, youth, health matters, local community groups and a whole range of 'Creatives' who we supported to develop their work by featuring on the podcasts.

### **'Behind Closed Doors' Exhibition**

As a legacy project of the #OurWigan festival in May 2022 we developed the 'Behind Closed Doors' exhibition and event we held in Manchester Central Library and at Wigan Life Centre, supporting staff, patients that had recovered from being intubated, and the loved ones of those who passed away during the pandemic; was incredible and far surpassed the outcomes we envisioned. We were honoured to give Our amazing NHS heroes an opportunity through photography and poetry to show the love, commitment and determination behind the masks when the pandemic first hit. This has also been showcased in Belfast and through a number of NHS conferences, events and publications.

## **MANCSPIRIT**

**Year ended 05<sup>th</sup> April 2022**

### **Pendleton College youth project**

We were approached by Pendleton College 'Pastoral Care' team to work with students to develop issues affecting them after the pandemic. We delivered a number of sessions encouraging students to talk and share some of their experiences and struggles and then gave them the support to develop two pieces of their choosing to express these issues to share with others. They chose to develop a dance piece and a short acting piece that explored the way that people perceived young people but also how hard they are on themselves. It was a real pleasure working with the young people and the 2 pieces they produced have been planned to be used for new entrants joining the college.

### **'A beautiful day' Fundraiser**

We were honoured to have been supported by 36 people from the professional community in Manchester who raised just over £14k for the charity by recording a special version of Elbow's 'A Beautiful Day'. Each person 'bought' a line from the song and then performed it in their own video which was then expertly edited to create a final piece that encouraged their friends and colleagues to donate to the appeal.

### **Welcome to Greater Manchester programme**

Recognising and appreciating the benefits that people moving to the region bring with them, we developed several workshops and online sessions exploring how Greater Manchester is seen from those 'drawn here, not born here'. This is an ongoing programme which we hope to develop further as the Charity grows and develops.

### **'Casino' Film**

As a feature of the #OurWigan festival we filmed 'Casino', a short film written by Joe Walsh which provided 8 actors an opportunity to develop something immediately after the end of the pandemic lock-downs. An experimental film (due to it being filmed as we came out of the second national UK Covid lockdown, the first time most of the actors had physically been in a room with another actor for months) which is filmed as part table read, part location shoot, with an original piece of spoken word, specially commissioned for the film, performed over the opening credits.

### **'The Runner' Film – women's health issues**

Following on from meeting James Walton, a young writer from Wigan who we featured on the podcast, we went on to support him in bringing one of his scripts to life in a short film called 'The Runner'. A young runner pushes herself to mental and physical exhaustion as she tries to deal with the effects of Amenorrhoea, an often unexplored and misdiagnosed medical condition in women that can have devastating long term consequences.

### **A review of our achievements and performance: How our activities delivered public benefit:**

The charity trustees can confirm that they have complied with their duty to conduct and guide the charity to benefit the public using their powers, in accordance with the Objects and Charitable Aims outlined in the Constitution.

## **MANCSPIRIT**

**Year ended 05<sup>th</sup> April 2022**

### **A financial review**

The accounts comply with current statutory requirements of the Charities Act 2011. The trustees have reviewed the accounts and confirm they are an accurate reflection of our financial status.

### **Investment powers and policy**

Aside from retaining a prudent amount in reserves, most of the charity's funds are to be spent in the short term so there are few funds for any long term investment.

### **Reserves policy and going concern**

The balance held in reserves at 5th April 2022 was £43,060 out of which unrestricted free reserves are £15,274 (restricted: £27,786). The trustees aim to build free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The charity's main source of income is grants.

The trustees consider that it is appropriate to prepare the accounts on a going concern basis, consequently, the accounts do not include any adjustments that would be necessary if these sources of income should cease.

### **Volunteers**

We have had a range of pro bono advice from people with specialisms in Finance, Legal, Charity development, Branding, Marketing and Fundraising. We have also received the support of a whole range of 'creative' professionals including artists, writers, performers, musicians and those involved in digital creativity. This would number around 60 people who have freely given their time and experience to the Charity. We also value the people who have taken the time to speak to us and give feedback for consultations as individuals and in group settings and we are organising formal working groups to further involve people in the development of the Charity.

### **Risk Management**

The trustees have assessed the risks to which the charity may be exposed with particular reference to those relating to the operations and finances of the charity. Systems are in place to ensure that all risks are recorded for subsequent monitoring and review. In the meantime the trustee's remain satisfied that all insurable risks have been identified and adequately dealt with and that the charities exposure to other risks is kept at a minimum by good working practice by the trustees and volunteers.

### **Plans for Future Periods**

MancSpirit plans to develop its activities by developing new projects, adapting our creative sessions to be delivered online and work with a range of partners to reach more vulnerable people.

We continue to work alongside Greater Manchester Combined Authority (GMCA), Trafford Council, Trafford Carers Centre, We Stand Together and many others to develop new projects that deliver online creative wellbeing sessions, improve digital inclusion and bring hope and

## **MANCSPIRIT**

**Year ended 05<sup>th</sup> April 2022**

inspiration in what will be a very challenging year ahead. This will be expanded further by the development of two more creative festivals in Tameside and Salford, where we will provide a platform and opportunities for a range of legacy projects for other community groups and organisations.

We will also continue to provide paid opportunities for Greater Manchester 'creatives' who have been hit particularly hard by the Covid-19 pandemic.

### **Appointment of trustees**

The consultation states apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. The Charity will be managed by regular Trustee meetings

### **Trustee Induction and Training**

All trustees receive an induction into the organisation including an induction handbook.

### **Trustees responsibilities in relation to the financial statements**

The charity trustees are responsible for preparing a trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice. ) Law applicable to charities in England and Wales requires the Trustees to prepare accounts for each financial year, which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing accounts giving a fair and true view, the trustees should follow best practice and:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the accounts;
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the accounts comply with The Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on: 18<sup>th</sup> April 2023



And signed on its behalf by: Mark Forster

Chair of Trustees

## **Independent Examiners Report to the trustees of MancSpirit**

### **Registered Charity Number: 1184128**

I report on the accounts of the charity for the period ended 05th April 2022 which are set out on pages 8 to 17.

### **Respective Responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an Independent examination is needed.

### **It is my responsibility to:**

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- To state whether particular matters have come to my attention.

### **Basis of Independent Examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act,
- have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Signed:

Sugra Akbar FCCA  
Accountex Pro  
16 Cestrian Street, Bolton, BL3 2BD

Date: 21<sup>st</sup> April 2023

## MANCSPIRIT

	Notes	Unrestricted funds £	Restricted funds £	Total funds Period ended 05.04.2022 £	Total funds Period ended 05.04.2021 £
<b>Income from:</b>					
Donations and legacies	3	10,859	-	10,859	7,079
Charitable activities	4	-	66,049	66,049	67,294
Other	5	23	-	23	
<b>Total</b>		<b>10,882</b>	<b>66,049</b>	<b>76,931</b>	<b>74,373</b>
<b>Expenditure on:</b>					
Raising funds		-	-	-	
Charitable activities	7	1,880	58,685	60,565	52,334
Other					
<b>Total</b>		<b>1,880</b>	<b>58,685</b>	<b>60,565</b>	<b>52,334</b>
<b>Net income/(expenditure)</b>		9,002	7,364	16,366	22,039
Transfers between funds	15	-	-	-	-
<b>Net movement in funds</b>		9,002	7,364	16,366	22,039
<b>Reconciliation of funds</b>					
Total funds brought forward	15	6,272	20,422	26,694	4,655
<b>Total funds carried forward</b>	15	<b>15,274</b>	<b>27,786</b>	<b>43,060</b>	<b>26,694</b>

The statement of financial activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

The notes on pages 11 to 17 form part of these accounts.

## MANCSPIRIT

	Notes	2022 £	2021 £
<b>FIXED ASSETS</b>			
Tangible assets	10	2,465	1,661
Total fixed assets		2,465	1,661
<b>CURRENT ASSETS</b>			
Debtors	12	321	
Cash at in Bank & in Hand		40,674	28,533
Total current assets		40,995	28,533
<b>LIABILITIES</b>			
Creditors amounts falling due WITHIN one year	13	400	3,500
Net current assets or liabilities		40,595	25,033
Creditors falling due more than one year		-	-
Provisions for liabilities			
<b>Total net assets or liabilities</b>		43,060	26,694
<b>The funds of the charity</b>			
Restricted income funds	15	27,786	20,422
Unrestricted income funds	15	15,274	6,272
<b>Total charity funds</b>		43,060	26,694

Approved on behalf of the Trustees Management Committee

Print name

Sign



Date: 21st April 2023

The notes on pages 11 to 17 form part of these accounts

**MANCSPIRIT**  
**Statement of Cash Flows for the year ended 05 APRIL 2022**

	<b>Period Ended 05.04.2022</b>	<b>Period Ended 05.04.2021</b>
	<b>£</b>	<b>£</b>
Reconciliation of net movement in funds to net cash flow from operating activities		
Net cash used in operating activities	16,366	22,039
Add back depreciation	1,371	647
Decrease/(increase) debtors	-321	191
Increase/(decrease) creditors	-3,100	3,200
<b>Net cash used in operating activities</b>	<u>14,316</u>	<u>26,077</u>
<b>cashflows from investment activities</b>		
Interest		
Purchase of fixed assets	2,175	2,308
Net cash provided by investing activities	<u>12,141</u>	<u>23,769</u>
<b>Increase/(decrease) in cash and cash equivalents during the year</b>		
Cash and cash equivalents carried forward	28,533	4,764
<b>Cash and cash equivalents carried forward</b>	<u><u>40,674</u></u>	<u><u>28,533</u></u>

## MANCSPIRIT

### NOTES TO THE ACCOUNTS

#### 1. Accounting policies

##### (a) Basis of preparation and assessment of going concern

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16th July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### (b) Funds structure

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There are 4 restricted funds.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds

Further details of each fund are disclosed in note 17.

##### (c) Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

##### (d) Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings

. For more information on this attribution refer to note (f) below.

## MANCSPIRIT

### NOTES TO THE ACCOUNTS

#### **(e) Irrecoverable VAT**

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

#### **(f) Allocation of support and governance costs**

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on type of expense. The allocation of support and governance costs is analysed in note 8.

#### **(g) Costs of raising funds**

The costs of raising funds consists of advertising and marketing.

#### **(h) Charitable Activities**

Costs of charitable activities include governance costs and an apportionment of support costs as shown in note 7.

#### **(i) Tangible fixed assets and depreciation**

on the following basis:

Computers	33.33% on cost
Fixture and Fittings	25% on cost
Equipment	25% on cost

#### **(j) Realised gains and losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their varying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

#### **(k) Pensions**

The charity currently administers contributions to a pension scheme on behalf of individuals.

The charity has no liability beyond making its contributions and paying across the deductions for the employees' contributions.

#### **2. Related party transactions and trustees' expenses and remuneration**

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind. Expenses paid to the trustees in the period totalled £nil.

MANCSPIRIT

NOTES TO THE ACCOUNTS

3. Donations and Legacies

	Unrestricted funds	Restricted funds	Total funds	Total funds
	Period ended 05.04.2022	Period ended 05.04.2022	Period ended 05.04.2022	Period ended 05.04.2021
	£	£	£	£
Donations	10,859	-	10,859	7,079
	<b>10,859</b>	<b>-</b>	<b>10,859</b>	<b>7,079</b>

4. Income from charitable activities

	Unrestricted funds	Restricted funds	Total funds	Total funds
	Period ended 05.04.2022	Period ended 05.04.2022	Period ended 05.04.2022	Period ended 05.04.2021
	£	£	£	£
Restricted and unrestricted grants:				
Onward housing	-	-	-	5,000
Trafford carers	-	-	-	5,900
GMCA	-	44,774	44,774	44,756
Trafford MBC	-	4,860	4,860	-
Awards For All	-	10,000	10,000	10,000
Forever Manchester	-	-	-	144
Other	-	6,415	6,415	1,494
	<b>-</b>	<b>66,049</b>	<b>66,049</b>	<b>67,294</b>

5. Income from other activities

	Unrestricted funds	Restricted funds	Total funds	Total funds
	Period ended 05.04.2022	Period ended 05.04.2022	Period ended 05.04.2022	Period ended 05.04.2021
	£	£	£	£
Other	23	-	23	-
	<b>23</b>	<b>-</b>	<b>23</b>	<b>-</b>

MANCSPIRIT

NOTES TO THE ACCOUNTS

6. Expenditure on raising funds

	Period ended 05.04.2022	Period ended 05.04.2021
	£	£
Activity costs	-	-
	-	-

7. Expenditure on charitable activities

	Activities	Period ended 05.04.2022	Period ended 05.04.2021
	£	£	£
Expenditure on charitable activities:			
Printing	- 547	547	-
Materials	- -	-	2,265
Depreciation	1371 -	1,371	647
Project coordination	- 52,590	52,590	41,200
Software	- 1,244	1,244	316
Other charitable expenditure	109 4,304	4,413	6,749
Governance	400 -	400	300
Support	- -	-	857
	<b>1880 58,685</b>	<b>60,565</b>	<b>52,334</b>

8. Allocation of governance and support costs

The breakdown of support costs and how these were allocated between governance and other support costs is shown below

	2022	2022	2021
	£	£	£
	Support	Total	Total
Consultancy		-	-
Insurance	321	321	833
Postage, Printing & Stationary	-	-	24
Accountancy	400	400	300
	<b>721</b>	<b>721</b>	<b>1157</b>

**MANCSPIRIT**

**NOTES TO THE ACCOUNTS**

**7. Analysis of expenditure on charitable activities**

As per note 6

**8. Analysis of staff costs**

There was no employees in the period. The charity paid project managers to run the project on a self employed basis.

**9. Independent examiner Fees**

	Period Ended 05.04.2022	Period Ended 05.04.2021
	£	£
Independent examination fees	400	300
	<b>400</b>	<b>300</b>
	<b>400</b>	<b>300</b>

**10. Tangible Fixed Assets**

	Equipment £	Computer £	Total £
<b>Cost</b>			
As at 06.04.2021	1,458	850	2,308
Additions		2,175	2,175
As at 05.04.2022	1,458	3,025	2,308
	1,458	3,025	2,308
<b>Depreciation</b>			
As at 06.04.2021	364	283	647
Charge for year	364	1,007	1,371
As at 05.04.2022	728	1,290	2,018
	728	1,290	2,018
<b>NET BOOK VALUE</b>			
As at 06.05.2021	1,094	567	1,661
As at 05.04.2022	730	1,735	2,465

**11. Stocks**

The charity does not hold any stocks

**12. Analysis of debtors**

	Period ended 2022	Period ended 2021
	£	-
Prepayments	321	-
	<b>321</b>	<b>-</b>
	<b>321</b>	<b>-</b>

Debtors and prepayments relate to restricted funds in 2021(£0)

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**MANCSPIRIT**

**NOTES TO THE ACCOUNTS**

<b>13. Creditors: amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Short-term compensated absences (holiday pay)		-
Overspent Cash	-	-
Other creditors and accruals	400	3,500
Deferred income	-	-
Taxation and social security costs		
	<u>400</u>	<u>3,500</u>

<b>14 Creditors: amounts falling due after more than one year</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>
Provision for liabilities		-
		<u>-</u>

**15. Analysis of charitable activities**

Analysis of movements in unrestricted funds

	<b>Balance at 06/04/2021</b>	<b>Incoming resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Balance at 05/04/2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
General Fund	6,272	10,882	1,880	-	15,274
	<u>6,272</u>	<u>10,882</u>	<u>1,880</u>	<u>-</u>	<u>15,274</u>

<b>Name of unrestricted fund:</b>	<b>Description, nature and purpose of fund</b>
General Fund	The "free reserves" after allowing for all designated funds

**Analysis of movements in restricted funds**

	<b>Balance at 06/04/2021</b>	<b>Incoming resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Balance at 05/04/2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Awards For All	-	10,000	-	-	10,000
GMCA	13,515	44,774	40,503	-	17,786
Onward housing	5,000	-	5,000	-	-
Trafford carers	1,907	-	1,907	-	-
Trafford MBC	-	4,860	4,860	-	-
Other	-	6,415	6,415	-	-
	<u>20,422</u>	<u>66,049</u>	<u>58,685</u>	<u>-</u>	<u>27,786</u>

<b>Name of restricted fund:</b>	<b>Description, nature and purpose of the fund</b>
Awards For All	To furtherance the activities of the charity
GMCA	To furtherance the activities of the charity
Onward housing	To furtherance the activities of the charity
Trafford carers	To furtherance the activities of the charity
Trafford MBC	To furtherance the activities of the charity
Other small grants	To furtherance the activities of the charity

## MANCSPIRIT

### NOTES TO THE ACCOUNTS

#### 16. Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets			2,465	2,465
Cash at bank and in hand	40,674	-	-	40,674
Other net current assets/(liabilities)	-79	-	-	-79
Creditors of more than one year	-	-	-	0
<b>Total</b>	<b>40,595</b>	<b>-</b>	<b>2,465</b>	<b>43,060</b>

#### 17. Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised on a transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at an amortised cost using the effective interest method.

**MANCSPIRIT**

England & Wales - Charity number 1184128

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# Accounts

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**CHARITY NUMBER 1184128**

**MANCSPIRIT**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED**

**05 April 2021**

# MANCSPIRIT

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## MANCSPIRIT

### **Report of the Trustees for the year ended 05th April 2021.**

The trustees present their annual report and financial statements of the charity for the year ended 05th April 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland published (FRS 102) (effective 1 January 2019).

### **Reference and administrative information**

Charity Name: MancSpirit CIO

Charity Registration Number: 1184128

The charity is governed by a constitution and became a registered charity on the 27<sup>th</sup> June 2019

### **Trustees (Management Committee)**

#### **The Trustees who served during the period are as follows:**

Mark Forster (Chair)

Jessica Young

Mark Vincent Rowe

### **Key Management Personnel**

Damian Carr – Charity manager on a sessional basis

Paul Ludden – Project Manager on a sessional basis

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes, which are not charitable.

### **Principal Office**

23 Leith Road

Sale

M33 2LR

### **Bankers**

Yorkshire Bank (Manchester)

M1 1PW

### **Independent Examiners**

Accountex Pro

16 Cestrian Street

Bolton

BL3 2BD

## MANCSPIRIT

### Objectives and activities

#### The objects of the CIO are:

*The advancement and promotion for the public benefit of good health and education in the arts, in particular but not exclusively among those with long-term mental illness or distress, by the provision and maintenance of inspirational events and the provision of art workshops and such other activities or forms of training/support as the trustees shall from time to time determine.*

#### A review of our achievements and performance: How our activities delivered public benefit:

The charity trustees can confirm that they have complied with their duty to conduct and guide the charity to benefit the public using their powers, in accordance with the Objects and Charitable Aims outlined in the Constitution

#### The main achievements during the year were:

As we entered the second year of the Charity the World was in turmoil and the Covid-19 pandemic had just taken hold. Nothing was certain, a full lockdown had been put in place and everyone we spoke to was struggling with fear, anxiety and at a real loss how to keep going. As a team we kept in touch and were adamant that as a Charity we would do whatever we could to support whoever we could.

Initially all of the work we'd done in the previous year was immediately closed down through no fault of our own and we quickly adapted by utilising new technology such as Zoom and Microsoft Teams. We had just started planning the first of our Creative festivals in Trafford and all our plans to organise and arrange events and activities throughout the region were now impossible due to restrictions, but we knew that people needed opportunity to connect with each other, share positive stories and have hope that they would get through this together. Therefore we decided that the festival would become a week long online festival using whatever means we had to share the stories from the amazing people of Trafford. This meant using a blend of Twitter, Facebook, YouTube, Instagram and any other network we had at our disposal.

In planning the festival we reached out to Trafford Council and other Trafford based community organisations to see how we could collaborate to help them and their beneficiaries. We made great progress with Trafford Carers Centre, Trafford Housing Association and the team responsible for home care services working within Trafford Council.

#### Homeless creative sessions

Although it was really difficult to maintain we continued to deliver some creative sessions in Homeless centres by delivering materials and then running the sessions online. These carried on for some time but without the opportunity to have face-to-face engagement the attendances soon dropped and we had real difficulty gaining access to the people we were working with. This work has been put temporarily 'on hold' until we are able to reinvigorate the project safely and sustainably.

#### Trafford Carers Centre – Young Carers

This began almost immediately supporting the Trafford Carers Centre with their weekly 'young carers' online sessions where they were struggling with content and ways to keep the young carers engaged. We self-funded and arranged sessions with a range of 'creatives' that delivered a weekly session in creative mediums including TV presenters, Visual Artists, Spoken word, Musicians, Improvisation and we even organised an online session with a therapy dog!

This then developed into a whole range of regular online sessions where we secured small pots of funding from Trafford council, the National Lottery and continued to use our own resources wherever needed. The sessions were a great success with some of the young carer sessions reaching attendances of over 20 young people.

## MANCSPIRIT

### Trafford Carers Centre – older unpaid Carers

We went on to also trial a range of creative sessions for older unpaid carers to help them with their mental wellbeing and improve their digital skills. This became a programme of 10 themed sessions where we explored the ‘Carer Hero’s Journey’ through painting, poetry, improvisation, writing and regular discussion for the participants to share their own stories, strategies and celebrate success. The huge progress made by the participants over the 10 sessions was amazing and they produced some incredible work. Their use of technology improved significantly, and they grew in confidence. But most of all, they took the creative practice we introduced them to and expanded it further in their own time and with their loved ones.

### #OurTrafford Festival

In October 2020 we delivered a week-long online festival celebrating and promoting grassroots community work, creativity, culture and anything positive that was happening in the Borough. The centrepiece of this festival was the inclusion of short videos created by the young carers we had been working with through our creative sessions. They had full control of what they wanted to showcase and share and we had a fantastic poem about Anne Frank, by a young Jewish lad proud of his culture and faith that was viewed by around 6,600 people (87,400 impressions on social media), there was a young girl who sent in a video of her signing BSL to her favourite song and the most heart wrenching was a video sent in by a young man who wrote and performed a monologue capturing his feelings about how his Mum’s cancer had returned. The greatest achievement with this was that his Mum told us that he hadn’t talked to anyone about it at home and she set up a Twitter account and joined in the comments which then started the process using whatever means we had to share the stories from the a

As well as the young Carers we commissioned a new song by Trafford based singer/songwriter, Scott Lloyd, that became the theme for the festival, and helped produce and premiered a short film by Trafford writer, Dave Viney, called Love Bugged, which also provided first time experience for a new female director and a new female BAME actor.

We also recorded special Trafford focused episodes of ‘That Great Manc Pod’ podcast with Tony Collier (provost of Altrincham) about his campaigning and fundraising work on prostate cancer, his own struggles living with a terminal diagnosis and his community based work throughout Altrincham and across Trafford. We also recorded an episode with Aileen Edmunds, Social Impact lead for Trafford Housing Trust (THT), discussing all the great work that THT do supporting people in the Borough.

Overall the festival was a great success, new people joined social media to join in and support family and friends and it brought a real sense of community and inspiration into a very dark and distressing time for many people.

### The Great Manc Pod

As well as the festival specials we also continued to develop the reach of ‘Greater Manchester’s Community Podcast, That Great Manc Pod, by recording and sharing interviews with people who were out in our Greater Manchester communities “doing great things and getting stuff done”. We had interviews with Vic Tunbull, MIC media CIC, about creating podcasts and how they can give community groups a real voice and increase their reach and potential. We interviewed Ian McKay, artist and co-ordinator for Gorton Visual Arts Group, talking about his 20 years of experience delivering community arts based projects. There was also an episode featuring Liam Collins, an actor and writer that had developed a film focusing on the struggles of Men’s mental health against a backdrop of a boxing gym called ‘My Toughest Battle’.

## MANCSPIRIT

### **Great Manc Pod ‘The Carling Sessions’**

Thanks to the support of the Carling fund we expanded ‘That Great Manc Pod’ podcast to support a range of creatives who were struggling in lockdown and having no opportunities to perform or develop their art. We organised, recorded and produced 9 sessions featuring a mix of Greater Manchester performers in either spoken word or music. Each session focused on each performer and included performances by Sam Lyon, Jack Hyphen, Marcus Christopherson, Dave Smith, Anthony Parker, Reece Williams, Matt Concannon, Gemma Whiteley and Mark Forster. As well as the performances we covered issues affecting the sector such as mental health, Black Lives Matter, Funding, Collaboration and how the pandemic had affected the industry.

### **Trafford Housing Trust – Digital Inclusion for Older people**

Elderly customers at Trafford Housing Trust’s Independent Living and extra care schemes benefited from a digital inclusion programme designed to help reduce loneliness through the challenging winter of 2020. The programme was made available to all 1,100 residents across the Trust’s twenty-two schemes, for residents who are the most vulnerable and have become isolated due to the pandemic.

We delivered a programme of activities, which have been created for and with the residents in mind: from crafting to quizzing, singing to festive fun. The activities were engaging, creative and of shared interests. We also produced and delivered ‘digital inclusion packs’ to all 22 housing schemes, as well as Christmas craft materials, which contained information on how to access a range of online services and how to stay safe online.

### **MancMade / Acts of Hope Charity album**

This is an 18 track compilation album created & curated by Ben Guy from the band Narcissus and brought to life by Manchester’s record label, 42’s Records, to raise funds for the charity. It contains contributions from: Johnny Marr, Maxine Peake, Peter Hook, Gaz Whelan and Rowetta (Happy Mondays), Brix Smith, Mark Radcliffe and many more. The album features a diverse array of talent, at all levels of the Manc music scene, from bona fide Legends through to new artists and including many genres. We are incredibly proud that Manchester’s music scene rallied around the work they saw we doing to help people across Greater Manchester communities.

### **The impact of Covid-19**

At the time of writing this report we are still in the midst of the pandemic but incredibly proud of the way we adapted and developed as a team and an organisation. The restrictions really held back the work we had planned to do by delivering a range of programmes that relied heavily on face to face sessions and events, but we are also thankful that we were forced to rethink and that enabled us to expand our community offer by being creative and utilising technology to deliver online sessions, digital festivals and increased our portfolio of films and podcasts. Moving forward we see the benefits of using both face to face and online to ensure that more people can access what we deliver as a Charity

Additionally, we have adapted our creative sessions to be delivered online, reached out to other organisations to explore positive collaborations and applied for several funding grants to put this plan into place as quickly as possible.

### **Appointment of trustees**

The consultation states apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. The Charity will be managed by regular Trustee meetings. All trustees receive an induction into the organisation including an induction handbook.

## MANCSPIRIT

### **A review of our achievements and performance: How our activities delivered public benefit:**

The charity trustees can confirm that they have complied with their duty to conduct and guide the charity to benefit the public using their powers, in accordance with the Objects and Charitable Aims outlined in the Constitution.

### **A financial review**

The accounts comply with current statutory requirements of the Charities Act 2011. The trustees have reviewed the accounts and confirm they are an accurate reflection of our financial status.

### **Investment powers and policy**

Aside from retaining a prudent amount in reserves, most of the charity's funds are to be spent in the short term so there are few funds for any long term investment.

### **Reserves policy and going concern**

The balance held in reserves at 5th April 2020 was £26,694 out of which unrestricted free reserves are £6,272 (restricted: £20,422). The trustees aim to build free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The charity's main source of income is grants.

The trustees consider that it is appropriate to prepare the accounts on a going concern basis, consequently, the accounts do not include any adjustments that would be necessary if these sources of income should cease.

### **Volunteers**

We have had a range of pro bono advice from people with specialisms in Finance, Legal, Charity development, Branding, Marketing and Fundraising. We have also received the support of a whole range of 'creative' professionals including artists, writers, performers, musicians and those involved in digital creativity. This would number around 60 people who have freely given their time and experience to the Charity. We also value the people who have taken the time to speak to us and give feedback for consultations as individuals and in group settings and we are organising formal working groups to further involve people in the development of the Charity.

### **Risk Management**

The trustees have assessed the risks to which the charity may be exposed with particular reference to those relating to the operations and finances of the charity. Systems are in place to ensure that all risks are recorded for subsequent monitoring and review. In the meantime the trustee's remain satisfied that all insurable risks have been identified and adequately dealt with and that the charities exposure to other risks is kept at a minimum by good working practice by the trustees and volunteers.

### **Plans for Future Periods**

MancSpirit plans to develop its activities by developing new projects, adapting our creative sessions to be delivered online and work with a range of partners to reach more vulnerable people.

We continue to work alongside Greater Manchester Combined Authority (GMCA), Trafford Council, Trafford Carers Centre and Trafford Housing Trust to develop new projects that deliver online creative wellbeing sessions, improve digital inclusion and bring hope and inspiration in what will be a very challenging year ahead. This will be expanded further by the development of two more creative festivals in Wigan and Bury, where we will provide a platform and opportunities for a range of legacy projects for other community groups and organisations.

We will also continue to provide paid opportunities for Greater Manchester 'creatives' who have been hit particularly hard by the Covid-19 pandemic.

## MANCSPIRIT

### Trustees responsibilities in relation to the financial statements

The charity Trustees are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity Trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the Trustees are required to:

- ~ Select suitable accounting principles and then apply them consistently;
- ~ Observe the methods and principles in the applicable Charities SORP;
- ~ Make judgments and estimates that are reasonable and prudent;
- ~ State whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- ~ Prepare the financial statements on a going concern basis unless it is appropriate to presume that the charity will not continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provision of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 05th February 2022 and signed on their behalf by:



Mark Forster  
CHAIR OF TRUSTEES

## Independent Examiners Report to the trustees of MancSpirit

### Registered Charity Number: 1184128

I report on the accounts of the charity for the period ended 05th April 2021 which are set out on pages 8 to 17.

### Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011Act) and that an Independent examination is needed.

### It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- To state whether particular matters have come to my attention.

### Basis of Independent Examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act,

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 05th February 2022



Sugra Akbar FCCA  
Accountex Pro  
16 Cestrian Street  
Bolton BL3 2BD

## MANCSPIRIT

	Notes	Unrestricted funds £	Restricted funds £	Total funds Period ended 05.04.2021 £	Total funds Period ended 05.04.2020 £
<b>Income from:</b>					
Donations and legacies	3	7,079	-	7,079	1,685
Charitable activities	4	-	67,294	67,294	10,000
Other	5	-	-	-	549
<b>Total</b>		<b>7,079</b>	<b>67,294</b>	<b>74,373</b>	<b>12,234</b>
<b>Expenditure on:</b>					
Raising funds		-	-	-	130
Charitable activities	7	2,517	49,817	52,334	7,449
Other					
<b>Total</b>		<b>2,517</b>	<b>49,817</b>	<b>52,334</b>	<b>7,579</b>
<b>Net income/(expenditure)</b>		<b>4,562</b>	<b>17,477</b>	<b>22,039</b>	<b>4,655</b>
Transfers between funds	15	-	-	-	-
<b>Net movement in funds</b>		<b>4,562</b>	<b>17,477</b>	<b>22,039</b>	<b>4,655</b>
<b>Reconciliation of funds</b>					
Total funds brought forward	15	1,710	2,945	4,655	-
<b>Total funds carried forward</b>	15	<b>6,272</b>	<b>20,422</b>	<b>26,694</b>	<b>4,655</b>

The statement of financial activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

The notes on pages 11 to 17 form part of these accounts.

**MANCSPIRIT**

	Notes	2021 £	2020 £
<b>FIXED ASSETS</b>		1,661	-
Tangible assets	10	-	-
Total fixed assets		<u>1,661</u>	<u>-</u>
<b>CURRENT ASSETS</b>			
Debtors	12	-	191
Cash at in Bank & in Hand		28,533	4,764
Total current assets		<u>28,533</u>	<u>4,955</u>
<b>LIABILITIES</b>			
Creditors amounts falling due WITHIN one year	13	3,500	300
Net current assets or liabilities		<u>25,033</u>	<u>4,655</u>
Creditors falling due more than one year		-	-
Provisions for liabilities			
<b>Total net assets or liabilities</b>		<u>26,694</u>	<u>4,655</u>
<b>The funds of the charity</b>			
Restricted income funds	15	20,422	2,945
Unrestricted income funds	15	6,272	1,710
<b>Total charity funds</b>		<u>26,694</u>	<u>4,655</u>

Approved on behalf of the Trustees Management Committee

Mark Forster (Chair of Trustees)



Date: 05th February 2022

The notes on pages 11 to 17 form part of these accounts

**MANCSPIRIT**  
**Statement of Cash Flows for the year ended 05 APRIL 2020**

	<b>Period Ended 05.04.2021 £</b>	<b>Period Ended 05.04.2020 £</b>
Reconciliation of net movement in funds to net cash flow from operating activities		
Net cash used in operating activities	22,039	4,655
Add back depreciation	647	-
Decrease/(increase) debtors	191	-191
Increase/(decrease) creditors	3,200	300
<b>Net cash used in operating activities</b>	<u>26,077</u>	<u>4,764</u>
<b>cashflows from investment activities</b>		
Interest		
Purchase of fixed assets	2,308	-
Net cash provided by investing activities	<u>23,769</u>	<u>-</u>
<b>Increase/(decrease) in cash and cash equivalents during the year</b>		
Cash and cash equivalents carried forward	4,764	-
<b>Cash and cash equivalents carried forward</b>	<u><u>28,533</u></u>	<u><u>4,764</u></u>

**MANCSPIRIT****NOTES TO THE ACCOUNTS****1. Accounting policies****(a) Basis of preparation and assessment of going concern**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16th July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**(b) Funds structure**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There are 4 restricted funds.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds

Further details of each fund are disclosed in note 17.

**(c) Income recognition**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

**(d) Expenditure Recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings

. For more information on this attribution refer to note (f) below.

## MANCSPIRIT

### NOTES TO THE ACCOUNTS

#### **(e) Irrecoverable VAT**

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

#### **(f) Allocation of support and governance costs**

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on type of expense. The allocation of support and governance costs is analysed in note 8.

#### **(g) Costs of raising funds**

The costs of raising funds consists of advertising and marketing.

#### **(h) Charitable Activities**

Costs of charitable activities include governance costs and an apportionment of support costs as shown in note 7.

#### **(i) Tangible fixed assets and depreciation**

on the following basis:

Computers	33.33% on cost
Fixture and Fittings	25% on cost
Equipment	25% on cost

#### **(j) Realised gains and losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their varying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

#### **(k) Pensions**

The charity currently administers contributions to a pension scheme on behalf of individuals.

The charity has no liability beyond making its contributions and paying across the deductions for the employees' contributions.

#### **2. Related party transactions and trustees' expenses and remuneration**

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind. Expenses paid to the trustees in the period totalled £nil.

## MANCSPIRIT

## NOTES TO THE ACCOUNTS

## 3. Donations and Legacies

	Unrestricted funds	Restricted funds	Total funds	Total funds
	Period ended 05.04.2021	Period ended 05.04.2021	Period ended 05.04.2021	Period ended 05.04.2020
	£	£	£	£
Donations	7,079	0	7,079	1,685
	<u>7,079</u>	<u>0</u>	<u>7,079</u>	<u>1,685</u>

## 4. Income from charitable activities

	Unrestricted funds	Restricted funds	Total funds	Total funds
	Period ended 05.04.2021	Period ended 05.04.2021	Period ended 05.04.2021	Period ended 05.04.2020
	£	£	£	£
Restricted and unrestricted grants:				
Onward housing	-	5000	-	-
Trafford carers	-	5900	-	-
GMCA	-	44,756	-	-
Awards For All	-	10,000	10,000	10,000
Forever Manchester	-	144	-	-
Other	-	1,494	-	-
	-	<u>67,294</u>	<u>10,000</u>	<u>10,000</u>

## 5. Income from other activities

	Unrestricted funds	Restricted funds	Total funds	Total funds
	Period ended 05.04.2021	Period ended 05.04.2021	Period ended 05.04.2021	Period ended 05.04.2020
	£	£	£	£
Fundraising	-	-	-	549
	-	-	-	<u>549</u>

## MANCSPIRIT

## NOTES TO THE ACCOUNTS

## 6. Expenditure on raising funds

	Period ended 05.04.2021	Period ended 05.04.2020
	£	£
Activity costs	-	130
	-	130

## 7. Expenditure on charitable activities

Activities	Period ended 05.04.2021	Period ended 05.04.2020
£	£	£
Expenditure on charitable activities:		
Bank charges	-	2
DBS	-	32
Materials	2,265	23
Travel	-	24
Depreciation	647	
Project coordination	41,200	5,500
Publicity	-	55
Refreshments	-	2
Software	316	80
Other charitable expenditure	6,749	39
Governance	300	300
Support	857	1,392
	<b>52,334</b>	<b>7,449</b>

## 8. Allocation of governance and support costs

The breakdown of support costs and how these were allocated between governance and other support costs is shown below

	£ Support	£ Total	£ Total
Consultancy	-	-	-
Insurance	833	833	833
Postage, Printing & Stationary	24	24	24
Accountancy	-	300	300
	<b>857</b>	<b>857</b>	<b>1714</b>

## MANCSPIRIT

## NOTES TO THE ACCOUNTS

**7. Analysis of expenditure on charitable activities**

As per note 6

**8. Analysis of staff costs**

There was no employees in the period. The charity paid project managers to run the project on a self employed basis.

**9. Independent examiner Fees**

	Period Ended 05.04.2021	Period Ended 05.04.2020
	£	£
Independent examination fees	300	300
	<u>300</u>	<u>300</u>

**10. Tangible Fixed Assets**

	Computer £	Equipment £	Total £
At 06.04.2020	-	-	-
Additions	850	1458	2308
At 05.04.2021	<u>850</u>	<u>1458</u>	<u>2308</u>
Accumulated Depreciation			
At 06.04.2020	-	-	-
Additions	283	364	647
At 05.04.2021	<u>283</u>	<u>364</u>	<u>647</u>
Net Book Value			
At 06.04.2020	-	-	-
At 06.04.2021	<u>567</u>	<u>1094</u>	<u>1661</u>

**11. Stocks**

The charity does not hold any stocks

	Period ended 2021 £	Period ended 2020 £
<b>12. Analysis of debtors</b>		
Prepayments	-	191
	<u>-</u>	<u>191</u>

Debtors and prepayments relate to unrestricted funds in 2021 and 2020,

## MANCSPIRIT

## NOTES TO THE ACCOUNTS

<b>13. Creditors: amounts falling due within one year</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Short-term compensated absences (holiday pay)		-
Overspent Cash	-	-
Other creditors and accruals	3,500	300
Deferred income	-	-
Taxation and social security costs		
	<u>3,500</u>	<u>300</u>

<b>14 Creditors: amounts falling due after more than one year</b>	<b>2020</b>
	<b>£</b>
Provision for liabilities	-
	<u>-</u>

**15. Analysis of charitable activities**

Analysis of movements in unrestricted funds

	<b>Balance at 06/04/2020</b>	<b>Incoming resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Balance at 05/04/2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
General Fund	1,710	7,079	2,517	-	6,272
	<u>1,710</u>	<u>7,079</u>	<u>2,517</u>	<u>-</u>	<u>6,272</u>

<b>Name of unrestricted fund:</b>	<b>Description, nature and purpose of fund</b>
General Fund	The "free reserves" after allowing for all designated funds

**Analysis of movements in restricted funds**

	<b>Balance at 06/04/2020</b>	<b>Incoming resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Balance at 05/04/2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Awards For All	2,945	10,000	12,945	-	0
GMCA		44,756	31,241		13,515
Onward housing		5,000			5,000
Trafford carers		5,900	3,993		1,907
Forever Manchester		144	144		0
Other		1,494	1,494		0
	<u>2,945</u>	<u>67,294</u>	<u>49,817</u>	<u>-</u>	<u>20,422</u>

<b>Name of restricted fund:</b>	<b>Description, nature and purpose of the fund</b>
Awards For All	To furtherance the activities of the charity
GMCA	To furtherance the activities of the charity
Onward housing	To furtherance the activities of the charity
Trafford carers	To furtherance the activities of the charity
Forever Manchester	To furtherance the activities of the charity
Other small grants	To furtherance the activities of the charity

## MANCSPIRIT

## NOTES TO THE ACCOUNTS

**16. Analysis of net assets between funds**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets			1,722	1,722
Cash at bank and in hand	28,533	-	-	28,533
Other net current assets/(liabilities)	-300	-	-3,200	-3,500
Creditors of more than one year	-	-	-	-
<b>Total</b>	<b>28,833</b>	<b>-</b>	<b>-1,478</b>	<b>26,755</b>

**17. Financial Instruments**

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised on a transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at an amortised cost using the effective interest method.