

REGISTERED COMPANY NUMBER:11902309 (England and Wales)
REGISTERED CHARITY NUMBER: 1184050

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 MARCH 2021
for
Aishah Help

ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

AISHAH HELP

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AISHAH HELP
Report of the Trustees
For the year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The board of trustees are satisfied with the performance of the charity during the year and the position at 31st March 2021 and consider that the charity is in a strong position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligations.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Aishah Help is a non-profit organisation working across the globe to strengthen humanity's fight against poverty, social injustice and natural disaster. Our objective is to advance such charitable purposes as the board members see fit from time to time.

Aishah Help believes that we can end the injustice of poverty forever. Through the provision of immediate relief and establishment of self-sustaining development programmes, we aim to invest in real and effective solutions. By establishing firm and loyal grassroots relationships with local, national and international partners we are able to access some of the most hard-to-reach places in the world at the most vulnerable of times.

Aishah Help believes that our programmes pave the way for empowered, self-serving communities. We also recognise that the provision of food, medical aid and emergency shelter in times of humanitarian crisis is essential for the immediate preservation of life. As such, we value the importance of a multi-dimensional aid approach and dedicate our time between emergency relief and long-term development.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The directors of the company are also trustees of the charity. Eligibility for membership of the charity, and membership of the board of trustees is governed by the memorandum and articles of association. There are no restrictions in the governing document on the operation of the charity or on its investment powers, other than those imposed by general charity law.

Recruitment and appointment of new trustees

When new or additional trustees are required then beneficiaries and client organisations are invited to submit nominations and subject to their compliance with the Memorandum and Articles of Association they are considered by the governing body of trustees for election.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
11902309 (England and Wales)

Registered Charity Number
1184050

Registered office

PO Box 73530
London
E12 9DZ

Trustees

Fatima Wahid
Khadija Khanom
Salma Khanam

Independent Examiner

Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

This report has been prepared in accordance with the special provisions of Part 15 of Companies Act 2006 relating to small companies.

Report of the trustees, approved by order of the board of trustees, as the company directors, on 15 November 2021 and signed on the board's behalf by:



Fatima Wahid-Trustee

Independent Examiner's Report to the Trustees of Aishah Help

Independent examiner's report to the trustees of Aishah Help ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

15 November 2021

AISHAH HELP
Statement of Financial Activities
for the year ended 31 March 2021

	31.3.21 Restricted Fund £	2020 Restricted Fund £
INCOME AND ENDOWMENTS FROM		
Grants and Donations	121,568	6,928
EXPENDITURE ON		
Other	(113,917)	(4,635)
NET INCOME	7,651	2,293
Total funds	7,651	2,293
TOTAL FUNDS CARRIED FORWARD	7,651	2,293

AISHAH HELP
Balance Sheet
as at 31 March 2021

	Notes	31.3.21 Restricted Fund £	31.3.20 Restricted Fund £
Current assets			
Cash at bank and in hand	10,644		2,293
Creditors: amounts falling due within one year	(700)		-
		9,944	
Net current assets		<u>9,944</u>	<u>2,293</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		9,944	2,293
		<u>9,944</u>	<u>2,293</u>
 Restricted funds		 9,944	 2,293
		<u>9,944</u>	<u>2,293</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 15 November 2021 and were signed on its behalf by:

Fatima Wahid-Trustee



AISHAH HELP
Notes to the Accounts
for the year ended 31 March 2021

Accounting policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021.

STAFF COSTS

There were no employee for the year ended 31 March 2021.

RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

List of Grants and Funders Name

E1 Food Bank
Independant Food Aid Network
Canary Wharf Group Groundwork-Tesco
East End Community Foundation-NET 1
East End Community Foundation-NET 2
The National Lottery Community Fund Wave 3
City Bridge Trust Wave 4
East End Community Foundation- Co-Op
East End Community Foundation-O&E

AISHAH HELP
Detailed profit and loss account
for the year ended 31 March 2021

This schedule does not form part of the statutory accounts

	31.3.21	2020
	£	£
Donations and legacies		
Donations	121,568	6,928
Total incoming resource	121,568	6,928
EXPENDITURE		
Support costs Management		
Employee costs:		
Temporary staff and recruitment	2,396	-
Travel and subsistence	1,564	166
Motor expenses	1,592	-
	5,552	166
General administrative expenses:		
Telephone and fax	518	-
Postage	561	183
Stationery and printing	2,677	252
Courier services	125	-
Information and publications	534	79
Subscriptions	527	5
Bank charges	252	153
Equipment expensed	3,296	-
Software	95	-
Charitable Activities	95,431	2,850
	104,016	3,522
Legal and professional costs:		
Accountancy fees	700	400
Advertising and PR	3,636	547
Other legal and professional	13	-
	4,349	947
Total resources expended	113,917	4,635
Net income	7,651	2,293