

AISHAH HELP

England & Wales · Charity number 1184050

Details

Other names	AISHAH HELP LTD
Status	Registered
Legal form	CIO
Registered	2019-06-21
Register	View on the Charity Commission register

Contact

Address 16 Queensberry Place
London
E12 6UN

Phone 02080887650

Email info@aishahhelp.com

Website www.aishahhelp.com

Activities

Objects: TO ADVANCE SUCH CHARITABLE PURPOSES (ACCORDING TO THE LAW OF ENGLAND AND WALES)AS THE BOARD MEMBERS SEE FIT FROM TIME TO TIME.

Activities: To advance such charitable purposes according to the law of England and Wales as the board members see fit from time to time, including: The prevention or relief of poverty, advancement of education, health or the saving of lives, citizenship or community development. The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Bangladesh
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£86,372	£66,113	-	-
2024-03-31	£233,686	£226,755	-	-
2023-03-31	£115,463	£114,050	-	-
2022-03-31	£161,682	£137,055	-	-
2021-03-31	£121,568	£113,917	-	-

Trustees

Name	Role	Appointed
Colsum Ara Akanjee-Khan	Chair	2023-09-17
Fabiha Hussain		2024-11-27
Khadija Khanom		2019-01-01

AISHAH HELP

England & Wales - Charity number 1184050

Accounts

Registered number
11902309

AISHAH HELP

Accounts

31 March 2025

AISHAH HELP
Report and accounts
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for the Year Ended 31 March 2025

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AISHAH HELP
Report of the Trustees
For the year ended 31 March 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report together with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees are satisfied with the performance of the charity during the year and with its financial position at 31 March 2025. They consider that the charity is in a strong position to continue its activities in the foreseeable future and that the charity's assets are adequate to meet its obligations as they fall due.

Objectives and Activities

Aishah Help is a women-led charitable organisation based in the UK, established to support individuals and families experiencing extreme need, hardship, disadvantage, isolation, or social exclusion. The charity's mission is to empower people to overcome barriers, improve wellbeing, and progress towards independence.

The charity delivers support through the following core activities:

- Information and advice
- Outreach and engagement
- Multilingual helpline
- Digital inclusion support
- Befriending services
- Employability and enterprise programmes
- Hardship and emergency support
- Health, wellbeing, and therapeutic services
- Tackling Pensioner Poverty

The charity operates across Greater London, with a particular focus on the London boroughs of Tower Hamlets, Newham, and Hackney.

Approach and Delivery

Aishah Help recognises that each individual and family faces unique challenges. Our approach is rooted in co-design and community engagement, ensuring that beneficiaries, volunteers, and key stakeholders are actively involved in shaping services.

Where appropriate, steering groups are established to inform the learning, design, delivery, review, and evaluation of projects. This approach enables the charity to tailor services effectively and ensures that programmes are responsive to real community needs. By fostering shared ownership and collective purpose, Aishah Help strengthens outcomes and long-term impact.

Activities and Achievements

During the year ended 31 March 2025, Aishah Help continued to deliver and expand a range of vital services in response to ongoing community need, particularly in the context of the cost-of-living crisis and increasing social isolation.

Key areas of activity included:

- Befriending and community support services, supporting older people and vulnerable adults to reduce loneliness and improve wellbeing
- Advice, advocacy, and outreach, assisting individuals and families facing financial hardship and social exclusion

- Digital inclusion programmes, supporting people with limited digital skills to access essential online services
- Employability and enterprise support, with a focus on women facing multiple disadvantages
- Health, wellbeing, and therapeutic interventions, delivered in partnership with specialist organisations

The charity continued its specialist Befriending services, working with local authorities and community partners to support older people, particularly those affected by poverty, isolation, and reduced mobility.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2025

Key Funded Programmes

During the reporting period, Aishah Help delivered programmes supported by the following funders:

- Islamic Relief – UK Programme, supporting community welfare and hardship interventions and skills development .
- GlaxoSmithKline (GSK), funding health promotion activities
- East End Community Foundation, supporting work to tackle pensioner poverty
- The McCarthy Stone Foundation, contributing towards core organisational costs
- Mayor’s Programme (Elevate), supporting employability and skills development
- Good Things Foundation, supporting digital inclusion initiatives
- Newham Council, funding befriending events and community engagement under the *Mind the Gap* programme
- Tower Hamlets Council, supporting community events

These programmes enabled the charity to respond directly to priority needs, including digital exclusion, pensioner poverty, health inequalities, and barriers to employment.

Women’s Empowerment and Digital Inclusion

Aishah Help remained committed to empowering women from Black and Minority Ethnic (BME) communities through its Worktop to Desktop digital inclusion and employability programme. This initiative focuses on building digital skills, confidence, and pathways into employment or self-employment, helping to address inequalities linked to education, access, and cultural barriers.

PUBLIC BENEFIT

The trustees confirm that they have had due regard to the Charity Commission’s guidance on public benefit when reviewing the charity’s aims and objectives and when planning and delivering activities during the year. The trustees believe that all activities undertaken by the charity during the period provided clear public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is governed by its Memorandum and Articles of Association and is a company limited by guarantee, incorporated under the Companies Act 2006. The directors of the company are also trustees for the purposes of charity law. There are no restrictions in the governing document on the operation of the charity or on its investment powers, other than those imposed by general charity law.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2025

Trustees

Eligibility for membership of the board of trustees is governed by the Memorandum and Articles of Association.

Recruitment and Appointment of Trustees

When new trustees are required, nominations may be sought from beneficiaries, partner organisations, or the wider community. All appointments are subject to compliance with the governing documents and approval by the board of trustees.

Management and Operations

The trustees meet regularly to provide strategic oversight, ensure compliance with legal and regulatory requirements, and maintain effective financial controls. Day-to-day operations are overseen by the trustees, supported by staff and volunteers.

Reserves Policy

The trustees aim to maintain a level of unrestricted reserves that ensures the charity can continue operating and manage unforeseen financial challenges. The target level of reserves is typically 1–3 months of core operating costs, reviewed annually. At year-end, unrestricted reserves were £16,223, which the trustees consider appropriate for the size and nature of the charity.

Going Concern Statement

The trustees have reviewed the charity's financial position, cash flow, and future income expectations. Based on this review, they are satisfied that the charity has adequate resources to continue its activities for the foreseeable future. The financial statements have therefore been prepared on a going concern basis.

Risk Management

The trustees regularly review the key risks facing the charity. The main areas of focus include:

- **Financial risk** – ensuring strong financial controls, regular monitoring, and diversified income.
- **Safeguarding risk** – maintaining appropriate policies, training, and reporting procedures.
- **Operational risk** – ensuring projects are delivered safely, effectively, and within capacity.
- **Data protection risk** – complying with GDPR through secure data handling and staff awareness.

The trustees are satisfied that appropriate systems and procedures are in place to mitigate these risks.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2025

FUTURE PLANS

The trustees anticipate continued demand for the charity's services and intend to build on existing programmes, strengthen partnerships, and further develop sustainable funding streams to ensure long-term impact.

FINANCIAL REVIEW

The charity received income of £86,372 (2024: £233,685) during the year. After outgoing expenses of £66,113 (2024: £226,755), the charity was left with a surplus of £20,259 (2024: £6,931) for the year.

During the year ended 31 March 2025, the charity's total income decreased compared to the previous year. This primarily reflects the completion of certain one-off or time-limited funding streams received in the prior period, as well as the timing of new grant awards. During the year, the charity prioritised the delivery and consolidation of its existing charitable activities, with a particular focus on developing and embedding its Tackling Pensioner Poverty projects, which required significant programme design, partnership working, and operational delivery. In parallel, the charity invested time and resources in establishing the systems, infrastructure, and delivery capacity required for the Worktop to Desktop digital inclusion programme, ensuring readiness to deliver charitable outcomes at scale in future periods. In addition, the charity undertook organisational restructuring and capacity-building to strengthen governance, service delivery, and long-term sustainability for the benefit of its beneficiaries.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number: 11902309 (England and Wales)

Registered Charity Number: 1184050

Registered office

124 City Road, London, England, EC1V 2NX

Trustees

Colsum Ara Akanjee-Khan

Khadija Khanom

Fabiha Hussain (Appointed on 27 November 2024)

Independent Examiner

Abdullah Al-Mamun

ACN Accountants

Chartered Certified Accountants

41 Orsett Road

Grays

RM17 5DS

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Report of the trustees, approved by order of the board of trustees, as the company directors, on 30 December 2025 and signed on the board's behalf by:

Khadija Khanom-Trustee

Independent Examiner's Report to the Trustees of Aishah Help

Independent examiner's report to the trustees of Aishah Help ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Abdullah Al-Mamun FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

30 December 2025

AISHAH HELP
Statement of Financial Activities
for the year ended 31 March 2025

	Unrestricted Fund £	Restricted Fund £	31.3.25 Total Funds £	31.3.24 Total Funds £
INCOME AND ENDOWMENTS FROM				
Grants and Donations	37,722	48,650	86,372	233,686
EXPENDITURE ON				
Raising funds	(29,785)	(3,310)	(33,095)	(47,020)
Charitable activities	(7,937)	(25,081)	(33,018)	(179,735)
NET INCOME	<u>-</u>	<u>20,259</u>	<u>20,259</u>	<u>6,931</u>
Reconciliation of funds :				
Total funds brought forward	16,223	26,692	42,915	35,984
TOTAL FUNDS CARRIED FORWARD	<u><u>16,223</u></u>	<u><u>46,951</u></u>	<u><u>63,174</u></u>	<u><u>42,915</u></u>

AISHAH HELP
Balance Sheet
as at 31 March 2025

	Notes	2025 £	2024 £
Fixed assets	5	1,425	1,900
Current assets		69,016	45,695
Creditors: amounts falling due within one year	6	<u>(5,827)</u>	<u>(3,360)</u>
Net current assets		<u>63,189</u>	<u>42,335</u>
Total assets less current liabilities		64,614	44,235
Accruals and deferred income	6	<u>(1,440)</u>	<u>(1,320)</u>
Net assets		<u>63,174</u>	<u>42,915</u>
Total Funds		<u>63,174</u>	<u>42,915</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 30 December 2025 and were signed on its behalf by:

Khadija Khanom-Trustee

AISHAH HELP
Notes to the Accounts
for the year ended 31 March 2025

8 Taxation

The charity is exempt from corporation tax on its charitable activities.

9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted Funds Movement (Summary)

Opening balance 1 April 2024: £26,692
Income received during the year: £48,650
Expenditure applied: (£28,391)
Closing balance 31 March 2025: £46,951

10 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025.

11 Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025.

12 STAFF COSTS

The average monthly number of employees during the year was as follows:

<u>31.3.25</u>	<u>31.3.24</u>
2	2

No employees received emoluments in excess of £60,000.

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

AISHAH HELP
Detailed Statement of Financial Activities
for the year ended 31 March 2025

This schedule does not form part of the statutory accounts

	2025	2024
	£	£
INCOME AND ENDOWMENTS FROM		
Grants and Donations	<u>86,372</u>	<u>233,686</u>
Staff costs		
Wages and salaries	22,672	16,000
Temporary staff and recruitment	600	7,916
Staff training and welfare	-	1,643
Travel and subsistence	<u>1,739</u>	<u>847</u>
	<u>25,011</u>	<u>26,406</u>
Depreciation and other amounts written off assets		
Depreciation	<u>475</u>	<u>634</u>
Other charges		
General administrative expenses:		
Telephone and internet	368	349
Postage	-	68
Stationery and printing	94	1,456
Information and publications	471	5,989
Subscriptions	750	671
Bank charges	199	189
Insurance	328	282
Equipment expensed	309	1,010
Software	1,334	1,296
Sundry expenses	<u>33,121</u>	<u>180,983</u>
	<u>36,974</u>	<u>192,293</u>
Legal and professional costs:		
Accountancy fees	1,440	1,480
Consultancy fees	125	2,050
Management fees	-	412
Advertising and PR	1,073	3,467
Other legal and professional	<u>1,014</u>	<u>13</u>
	<u>3,652</u>	<u>7,422</u>
	<u>40,626</u>	<u>199,715</u>

AISHAH HELP

England & Wales - Charity number 1184050

Accounts

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Charity Commission Annual Return 2024

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AISHAH HELP

Charity registration number: 1184050

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2024.

PART A - Charity information

Financial period

Financial period start date

01/04/2023

Financial period end date

31/03/2024

Income and spending

Income £

£ 233,686

Spending £

£ 226,755

Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

0

Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

6

Value of grants from government

What was the total value of the grants received from central government or a local authority during the financial period for this return?

£ 180,748

Corporate donations

What was the value of your charity's single highest value donation received from a corporate donor during the financial period of this return?

£ 0

Donations from individuals

What was the value of your charity's single highest value donation received from an individual during the financial period of this return?

£ 0

Donations from related parties

What was the value of your charity's single highest value donation received from a related party during the financial period of this return?

£ 0

Grantmaking

Is grant making the main way your charity carries out its purposes?

No

Recipients of grants

Please round all figures to the nearest pound (do not enter decimal points or commas).

Individuals

£ 0

Other charities

£ 0

Other organisations that are not charities

£ 0

Trustee payments

Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?

e. None of the trustees have been paid

Did any of the trustees resign and take up employment with your charity in the financial period of this return?

Yes

Income from outside the UK

Did your charity receive income from outside of the United Kingdom in the financial period of this return?

No

Delivering activities outside the United Kingdom

Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?

Yes

Select the countries your charity delivered charitable activities outside the United Kingdom

Bangladesh

Written agreements with partners outside UK

Does your charity have formal written agreements in place with any partners delivering charitable activities on its behalf outside of the United Kingdom?

No

Spending outside England & Wales

Did your charity spend funds outside of the United Kingdom in the financial period of this return?

Yes

Select countries/territories your charity operated in during the financial period covered by this annual return

Bangladesh

We recommend you select "Save" regularly to avoid losing any values entered.

Bangladesh

£ 31,033

Total Spending outside England & Wales

£ 31,033

Methods of money transfer

How much money did your charity send in total outside of the United Kingdom using a method other than the regulated banking system in the financial period for this return?

£ 0

Trading subsidiaries

Does the charity have any trading subsidiaries?

No

Charity contact details correct

Is the contact address displayed from the Register of Charities, correct?

Yes

Charity headquarters details correct

Is this the same address that you use as your charity's administrative headquarters?

Yes

Charity contact address

Address Line 1

16 QUEENSBERRY PLACE

Address Line 2

LONDON

Address Line 3

Address Line 4

Address Line 5

Postcode

Country

Charity Headquarters address

Address Line 1

Address Line 2

Address Line 3

Address Line 4

Address Line 5

Postcode

Country

Membership type

Is your charity part of a wider group structure with a parent body and subsidiary bodies?

Employment contract types

People were permanently employed by your charity

People were on fixed-terms contracts with your charity

Self-employed people were working for your charity

Total overseas employees

How many of the people above work on behalf of your charity outside of the United Kingdom?

Total employee payroll

What was the total amount spent on employee payroll during the financial period relating to this return?

Employees' salaries

Did any of your charity's employees receive total employment benefits of £60,000 or more in the financial period of this annual return?

No

Governance policies

Internal charity financial controls policy and procedures

Yes

Safeguarding policy and procedures

Yes

Financial reserves policy and procedures

Yes

Complaints policy and procedures

Yes

Serious incident reporting policy and procedures

Yes

Internal risk management policy and procedures

Yes

Trustee expenses policy and procedures

Yes

Trustee conflicts of interest policy and procedures

Yes

Investing charity funds policy and procedures

Yes

Campaigns and political activity policy and procedures

Yes

Bullying and harassment policy and procedures

Yes

Social media policy and procedures

Yes

Engaging external speakers at charity events policy and procedures

Yes

Safeguarding

Has your charity provided services to children and/or adults at risk in the financial period of the return?

No

Serious Incidents

Has your charity reported all Serious Incidents (including any historical incidents) that the charity became aware of during the financial period of this return?

There were no incidents to report

External risk and impact

Donations**Other income - grants****Other income - contracts****Other income - investment****Expenditure on charitable activities****Expenditure on overheads****Number of volunteers****Number of employees****Number of trustees****Fundraising activities****Capacity to deliver services****Total service demand****Volunteers**

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- **you have consented to their release; or**
- **we are legally obliged to disclose them; or**
- **we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.**

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- **we can lawfully do so; and**

· we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

(a) update, consolidate, and improve the accuracy of our records;

(b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;

(c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

This annual return has not been submitted and no Declaration has been made

AISHAH HELP

England & Wales - Charity number 1184050

Accounts

REGISTERED CHARITY NUMBER: 1184050
REGISTERED COMPANY NUMBER:11902309 (England and Wales)

Report of the Trustees and
Unaudited Financial Statements for the Year ended 31 March 2023
for
Aishah Help

AISHAH HELP

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AISHAH HELP
Report of the Trustees
For the year ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The board of trustees are satisfied with the performance of the charity during the year and the position at 31st March 2023 and considers that the charity is in a strong position to continue its activities during the coming year and that the charity's assets are adequate to fulfil its obligations.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Aishah Help, a charitable organisation led by women in the UK, focuses on supporting individuals and families experiencing extreme need, enduring hardships, facing disadvantages, or being marginalised and isolated from society. The mission is to guide them towards independence and empower them to overcome their challenges. We address the community's requirements through the provision of the following services:

- Information and advice
- Outreach and engagement
- Multilingual helpline
- Digital inclusion
- Employability and enterprise programme
- Befriending
- Hardship fund
- Health and wellbeing
- Therapeutic services

Operating throughout Greater London, we specifically concentrate on the London boroughs of Tower Hamlets, Newham, and Hackney. Our extensive experience collaborating with the communities we serve has underscored the uniqueness of each situation. Our approach involves open engagement, where service users, volunteers, and key stakeholders actively participate in the design and implementation of projects.

To tailor our projects to the specific needs of the target group, we establish a steering group. This group plays a crucial role in learning, developing, designing, reviewing, and evaluating projects, ultimately shaping the service to better serve the community. Through a co-design approach, we gain valuable insights into beneficiaries' perspectives on the best outcomes and how to achieve them.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2023

Our aim is to foster a sense of ownership, shared purpose and accomplishment in our projects, enabling us to gather valuable insights on how to successfully attain the intended outcomes.

Throughout the year, we persevered in providing a range of services, including befriending services, community support advocacy and advice, employment and social enterprise, and therapeutic services aimed at alleviating social isolation. Additionally, we extended our efforts to deliver specialised services catering to the unique needs of the elderly, families facing hardships, and women experiencing multiple disadvantages.

Our commitment also extended to the continuous provision of our specialised Befriending service. Over a span of 24 months, in collaboration with partner organisations across Greater London, we supported 54 senior individuals and provided training for over 54 young people. This concerted effort played a pivotal role in aiding the elderly members of our community in recovering from the impact of the COVID-19 pandemic.

Furthermore, Aishah Help is dedicated to empowering women of black and minority ethnic communities in London through the Worktop to Desktop program. With a focus on skills development and confidence-building, our holistic approach aids women in returning to work or launching their own businesses. The Business Enterprise and Employment workshops provide essential insights and information, addressing inequalities faced by BAME communities. Over a span of 24 months this programme supported 64 women in tackling barriers like schooling disparities and cultural challenges, all from the convenience of the participants' homes.

Our management committee convenes regularly to uphold compliance and exercise financial control. These meetings involve trustees and volunteers, ensuring the continuous alignment with the charity's aims and objectives through systematic and regular monitoring and evaluation. The day-to-day operations are overseen by the trustees, with valuable support from dedicated volunteers.

The past 12 months have underscored the increasing necessity of Aishah Help's work. Like many organisations, we've faced challenges due to the cost-of-living crisis. In navigating these difficulties, we extend our heartfelt appreciation to our funders, consultants, and volunteers. Their response to the crisis, along with their unwavering determination, resilience, and commitment, has been truly commendable.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2023

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The directors of the company are also trustees of the charity. Eligibility for membership of the charity and membership of the board of trustees is governed by the memorandum and articles of association. There are no restrictions in the governing document on the operation of the charity or on its investment powers, other than those imposed by general charity law.

Recruitment and appointment of new trustees

When new or additional trustees are required then beneficiaries and client organisations are invited to submit nominations and subject to their compliance with the Memorandum and Articles of Association they are considered by the governing body of trustees for election.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
11902309 (England and Wales)

Registered Charity Number
1184050

Registered office
16 Queensberry Place
London
E12 6UN

Trustees
Fatima Wahid
Khadija Khanom
Salma Khanam (Resigned on 17 September 2023)
Colsum Ara Akanjee-Khan (Appointed on 17 September 2023)

Independent Examiner
Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

FINANCIAL REVIEW

The charity received income of £115,463 (2022: £161,682) during the year. After outgoing expenses of £114,050 (2022: £137,055), the charity was left with a surplus of £1,413 (2022: £24,627) for the year.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Report of the trustees, approved by order of the board of trustees, as the company directors, on 30 December 2023 and signed on the board's behalf by:

Fatima Wahid-Trustee

Independent Examiner's Report to the Trustees of Aishah Help

Independent examiner's report to the trustees of Aishah Help ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

30 December 2023

AISHAH HELP
Statement of Financial Activities
for the year ended 31 March 2023

	Unrestricted Fund £	Restricted Fund £	31.3.23 Total Funds £	31.3.22 Total Funds £
INCOME AND ENDOWMENTS FROM				
Grants and Donations	21,573	93,890	115,463	161,682
EXPENDITURE ON				
Raising funds	(20,160)	(8,189)	(28,349)	(36,685)
Charitable activities	-	(85,701)	(85,701)	(100,370)
NET INCOME	1,413	-	1,413	24,627
Reconciliation of funds :				
Total funds brought forward	9,380	25,191	34,571	24,627
TOTAL FUNDS CARRIED FORWARD	<u>10,793</u>	<u>25,191</u>	<u>35,984</u>	<u>24,627</u>

AISHAH HELP
Balance Sheet
as at 31 March 2023

	Notes	31.3.23 £	31.3.22 £
Fixed assets			
Equipment, Fixture & Fittings	5	1,535	1,919
Current assets			
Debtors	6	3,546	3,398
Cash at bank and in hand		31,943	30,054
		-	
Creditors: amounts falling due within one year	7	(1,040)	(800)
Net current assets		<u>35,984</u>	<u>34,571</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		35,984	34,571
Net Assets		<u>35,984</u>	<u>34,571</u>
Unrestricted		1,413	9,380
Restricted funds		34,571	25,191
		<u>35,984</u>	<u>34,571</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 30 December 2023 and were signed on its behalf by:

Fatima Wahid-Trustee

AISHAH HELP
Notes to the Accounts
for the year ended 31 March 2023

8 Taxation

The charity is exempt from corporation tax on its charitable activities.

9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

10 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023.

11 Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023.

12 STAFF COSTS

There were no employee for the year ended 31 March 2023.

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

14 Acknowledgement

We would like to acknowledge and thank the following organisations for their in kind and financial assistance during the year 2022/2023;

1. National Lottery-Platinum Jubilee
2. Ground Work
3. Muslim Charities Forum
4. East End Community Foundation
5. The Neighbourly Foundation
6. London Community Foundation

AISHAH HELP
Detailed profit and loss account
for the year ended 31 March 2023

This schedule does not form part of the statutory accounts

	31.3.23	31.3.22
	£	£
Donations and legacies		
Grants and Donations	115,463	161,682
	<hr/>	<hr/>
Total incoming resource	115,463	161,682
	<hr/>	<hr/>
EXPENDITURE		
Support costs Management		
Employee costs:		
Wages and salaries	6,400	-
Temporary staff and recruitment	1,779	4,800
Staff training and welfare	1,926	326
Travel and subsistence	269	4,939
Motor expenses	-	426
	<hr/>	<hr/>
	10,374	10,491
General administrative expenses:		
Telephone and fax	431	594
Postage	572	525
Stationery and printing	1,142	1,424
Information and publications	240	1,016
Subscriptions	1,182	914
Bank charges	211	389
Insurance	281	230
Equipment expensed	516	1,239
Software	2,113	911
Depreciation	384	480
Charitable Activities	85,701	100,370
	<hr/>	<hr/>
	92,773	108,092
Legal and professional costs:		
Accountancy fees	1,200	800
Consultancy fees	6,607	7,800
Management fees	141	-
Advertising and PR	2,942	8,359
Other legal and professional	13	1,513
	<hr/>	<hr/>
	10,903	18,472
	<hr/>	<hr/>
Total resources expended	114,050	137,055
	<hr/>	<hr/>
Net income	1,413	24,627
	<hr/>	<hr/>

AISHAH HELP

England & Wales - Charity number 1184050

Accounts

REGISTERED CHARITY NUMBER: 1184050
REGISTERED COMPANY NUMBER:11902309 (England and Wales)

Report of the Trustees and
Unaudited Financial Statements for the Year ended 31 March 2022
for

Aishah Help

AISHAH HELP

Contents of the Financial Statements for the Year Ended 31 March 2022

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AISHAH HELP
Report of the Trustees
For the year ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The board of trustees are satisfied with the performance of the charity during the year and the position at 31st March 2022 and consider that the charity is in a strong position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligations.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Aishah Help is a UK-based women-led charity. Aishah Help works with individuals and families who are in the greatest need, suffering hardship, disadvantaged, isolated or marginalised from society and help them become independent. We are responding to the needs of the community with the following services :

- Information and advice
- Outreach and engagement
- Multilingual helpline
- Digital inclusion
- Employability and enterprise programme
- Befriending programme
- Health and wellbeing
- Hardship fund

Our management committee meet on a regular basis to ensure compliance and financial control. The meetings take place with the trustees and volunteers to ensure that the aims and objectives of the charity are constantly being met with systematic and regular monitoring and evaluation. Day-to-day running is managed by the trustees with the support from volunteers.

The last 12 months have shown that Aishah Help's work is needed more than ever. Like so many other organisations, we have been navigating the challenges as a result of the coronavirus pandemic and cost-of-living crisis.

We especially like to thank our funders, consultants and volunteers for the way they have responded to the crisis and for their determination, resilience and commitment.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2022

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The directors of the company are also trustees of the charity. Eligibility for membership of the charity, and membership of the board of trustees is governed by the memorandum and articles of association. There are no restrictions in the governing document on the operation of the charity or on its investment powers, other than those imposed by general charity law.

Recruitment and appointment of new trustees

When new or additional trustees are required then beneficiaries and client organisations are invited to submit nominations and subject to their compliance with the Memorandum and Articles of Association they are considered by the governing body of trustees for election.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
11902309 (England and Wales)

Registered Charity Number
1184050

Registered office
16 Queensberry Place
London
E12 6UN

Trustees
Fatima Wahid
Khadija Khanom
Salma Khanam

Independent Examiner
Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

This report has been prepared in accordance with the special provisions of Part 15 of Companies Act 2006 relating to small companies.

Report of the trustees, approved by order of the board of trustees, as the company directors, on 11 November 2022 and signed on the board's behalf by:



Fatima Wahid - Trustee

Independent Examiner's Report to the Trustees of Aishah Help

Independent examiner's report to the trustees of Aishah Help ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

11 November 2022

AISHAH HELP
Statement of Financial Activities
for the year ended 31 March 2022

	Unrestricted Fund £	Restricted Fund £	31.3.22 Total Funds £	31.3.21 Total Funds £
INCOME AND ENDOWMENTS FROM				
Grants and Donations	11,779	149,903	161,682	121,568
EXPENDITURE ON				
Raising funds	(2,399)	(34,286)	(36,685)	(18,486)
Charitable activities	-	(100,370)	(100,370)	(95,431)
NET INCOME	9,380	15,247	24,627	7,651
Total funds	9,380	15,247	24,627	7,651
TOTAL FUNDS CARRIED FORWARD	9,380	15,247	24,627	7,651

AISHAH HELP
Balance Sheet
as at 31 March 2022

	Notes	31.3.22 £	31.3.21 £
Fixed assets			
Equipment, Fixture & Fittings	5	1,919	-
Current assets			
Debtors	6	3,398	-
Cash at bank and in hand		30,054	10,644
Creditors: amounts falling due within one year	7	(800)	(700)
		<u>32,652</u>	
Net current assets		<u>34,571</u>	<u>9,944</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		34,571	9,944
Net Assets		<u>34,571</u>	<u>9,944</u>
Unrestricted		9,380	-
Restricted funds		25,191	9,944
		<u>34,571</u>	<u>9,944</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 11 November 2022 and were signed on its behalf by:

Fatima Wahid-Trustee



AISHAH HELP
Notes to the Accounts
for the year ended 31 March 2022

8 Taxation

The charity is exempt from corporation tax on its charitable activities.

9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

10 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022.

11 Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022.

12 STAFF COSTS

There were no employees for the year ended 31 March 2022.

13 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

14 Acknowledgement

We would like to acknowledge and thank the following organisations for their kind and financial assistance during the year 2021/2022;

1. Independent Food Aid Network
2. Virgin Media
3. Comic Relief
4. Mayor's Covid Recovery Fund
5. Global Majority Fund
6. Education and Skills Funding Agency
7. Aston Mansfield Seed Grant
8. Faith and Belief Forum

AISHAH HELP
Detailed profit and loss account
for the year ended 31 March 2022

This schedule does not form part of the statutory accounts

	31.3.22	31.3.21
	£	£
Donations and legacies		
Grants and Donations	161,682	121,568
	<hr/>	<hr/>
Total incoming resource	161,682	121,568
	<hr/>	<hr/>
EXPENDITURE		
Support costs Management		
Employee costs:		
Temporary staff and recruitment	4,800	2,396
Staff training and welfare	326	-
Travel and subsistence	4,939	1,564
Motor expenses	426	1,592
	<hr/>	<hr/>
	10,491	5,552
General administrative expenses:		
Telephone and fax	594	518
Postage	525	561
Stationery and printing	1,424	2,677
Courier services	-	125
Information and publications	1,016	534
Subscriptions	914	527
Bank charges	389	252
Insurance	230	-
Equipment expensed	1,239	3,296
Software	911	95
Depreciation	480	-
Charitable Activities	100,370	95,431
	<hr/>	<hr/>
	108,092	104,016
Legal and professional costs:		
Accountancy fees	800	700
Consultancy fees	7,800	-
Advertising and PR	8,359	3,636
Other legal and professional	1,513	13
	<hr/>	<hr/>
	18,472	4,349
	<hr/>	<hr/>
Total resources expended	137,055	113,917
	<hr/>	<hr/>
Net income	24,627	7,651
	<hr/>	<hr/>

AISHAH HELP

England & Wales - Charity number 1184050

Accounts

REGISTERED COMPANY NUMBER:11902309 (England and Wales)
REGISTERED CHARITY NUMBER: 1184050

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 MARCH 2021
for
Aishah Help

ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

AISHAH HELP

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AISHAH HELP
Report of the Trustees
For the year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The board of trustees are satisfied with the performance of the charity during the year and the position at 31st March 2021 and consider that the charity is in a strong position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligations.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Aishah Help is a non-profit organisation working across the globe to strengthen humanity's fight against poverty, social injustice and natural disaster. Our objective is to advance such charitable purposes as the board members see fit from time to time.

Aishah Help believes that we can end the injustice of poverty forever. Through the provision of immediate relief and establishment of self-sustaining development programmes, we aim to invest in real and effective solutions. By establishing firm and loyal grassroots relationships with local, national and international partners we are able to access some of the most hard-to-reach places in the world at the most vulnerable of times.

Aishah Help believes that our programmes pave the way for empowered, self-serving communities. We also recognise that the provision of food, medical aid and emergency shelter in times of humanitarian crisis is essential for the immediate preservation of life. As such, we value the importance of a multi-dimensional aid approach and dedicate our time between emergency relief and long-term development.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The directors of the company are also trustees of the charity. Eligibility for membership of the charity, and membership of the board of trustees is governed by the memorandum and articles of association. There are no restrictions in the governing document on the operation of the charity or on its investment powers, other than those imposed by general charity law.

Recruitment and appointment of new trustees

When new or additional trustees are required then beneficiaries and client organisations are invited to submit nominations and subject to their compliance with the Memorandum and Articles of Association they are considered by the governing body of trustees for election.

AISHAH HELP
Report of the Trustees
For the year ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
11902309 (England and Wales)

Registered Charity Number
1184050

Registered office

PO Box 73530
London
E12 9DZ

Trustees

Fatima Wahid
Khadija Khanom
Salma Khanam

Independent Examiner

Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

This report has been prepared in accordance with the special provisions of Part 15 of Companies Act 2006 relating to small companies.

Report of the trustees, approved by order of the board of trustees, as the company directors, on 15 November 2021 and signed on the board's behalf by:



Fatima Wahid-Trustee

Independent Examiner's Report to the Trustees of Aishah Help

Independent examiner's report to the trustees of Aishah Help ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anwar F Chowdhury FCCA
ACN Accountants
Chartered Certified Accountants
41 Orsett Road
Grays
RM17 5DS

15 November 2021

AISHAH HELP
Statement of Financial Activities
for the year ended 31 March 2021

	31.3.21 Restricted Fund £	2020 Restricted Fund £
INCOME AND ENDOWMENTS FROM		
Grants and Donations	121,568	6,928
EXPENDITURE ON		
Other	(113,917)	(4,635)
NET INCOME	7,651	2,293
Total funds	7,651	2,293
TOTAL FUNDS CARRIED FORWARD	7,651	2,293

AISHAH HELP
Balance Sheet
as at 31 March 2021

	Notes	31.3.21 Restricted Fund £	31.3.20 Restricted Fund £
Current assets			
Cash at bank and in hand		10,644	2,293
Creditors: amounts falling due within one year		(700)	-
		9,944	
Net current assets		9,944	2,293
TOTAL ASSETS LESS CURRENT LIABILITES			
		9,944	2,293
		9,944	2,293
Restricted funds		9,944	2,293
		9,944	2,293

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 15 November 2021 and were signed on its behalf by:

Fatima Wahid-Trustee



AISHAH HELP
Notes to the Accounts
for the year ended 31 March 2021

Accounting policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021.

STAFF COSTS

There were no employee for the year ended 31 March 2021.

RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

List of Grants and Funders Name

E1 Food Bank
Independant Food Aid Network
Canary Wharf Group Groundwork-Tesco
East End Community Foundation-NET 1
East End Community Foundation-NET 2
The National Lottery Community Fund Wave 3
City Bridge Trust Wave 4
East End Community Foundation- Co-Op
East End Community Foundation-O&E

AISHAH HELP
Detailed profit and loss account
for the year ended 31 March 2021

This schedule does not form part of the statutory accounts

	31.3.21	2020
	£	£
Donations and legacies		
Donations	121,568	6,928
	<hr/>	<hr/>
Total incoming resource	121,568	6,928
	<hr/>	<hr/>
EXPENDITURE		
Support costs Management		
Employee costs:		
Temporary staff and recruitment	2,396	-
Travel and subsistence	1,564	166
Motor expenses	1,592	-
	<hr/>	<hr/>
	5,552	166
General administrative expenses:		
Telephone and fax	518	-
Postage	561	183
Stationery and printing	2,677	252
Courier services	125	-
Information and publications	534	79
Subscriptions	527	5
Bank charges	252	153
Equipment expensed	3,296	-
Software	95	-
Charitable Activities	95,431	2,850
	<hr/>	<hr/>
	104,016	3,522
Legal and professional costs:		
Accountancy fees	700	400
Advertising and PR	3,636	547
Other legal and professional	13	-
	<hr/>	<hr/>
	4,349	947
	<hr/>	<hr/>
Total resources expended	113,917	4,635
	<hr/>	<hr/>
Net income	7,651	2,293
	<hr/>	<hr/>